

Fact Sheet

Mental Health in Northern Ireland

- Northern Ireland is reported to have a **25% higher overall prevalence of mental health problems** compared to England. (Mental Health in Northern Ireland: Fundamental Facts 2016)
- According to the Northern Ireland Health Survey in 2014/15, **19% of individuals show signs of a possible mental health problem.**
- **Women** (20%), on average, are **more likely than men** (16%) **to report** signs of mental health problems.
- On average, there are 115 anti-depressant prescriptions per 100 patients in Northern Ireland (source: Department of Health).

Mental Health Hospital and Compulsory Admission Statistics

Statistics issued by the Department of Health shows that there are **630 patients being treated as inpatients, in mental health hospitals** in Northern Ireland. Of these 630 individuals:

- **78.6%** (495 individuals) were **resident** within the hospital for **less than six months.**
- **2.5%** (16 individuals) had been **resident** for **10 years or more.**

More locally, within the Western HSC Trust area, there were **120 compulsory admissions** to hospital under the Mental Health (NI) Order 1986 with 60 of these admissions being to the local Tyrone and Fermanagh Hospital.

The 60 admissions to the Tyrone and Fermanagh Hospital represents 6% of the total admissions for Northern Ireland.

Suicide Statistics

- **In 2016**, there were **15 deaths** within the Fermanagh and Omagh District attributed to suicide.
- There have been **156 unfortunate deaths** between **2008 and 2016.**