

Fermanagh and Omagh
Community Planning Partnership



Fermanagh and Omagh 2030 Community Plan Population Indicators - Overview

December 2025



Introduction

- This report provides the baseline, source, 'story behind the baseline' and short narrative for each of the proposed population indicators in the Fermanagh and Omagh 2030 Community Plan.
- These 18 population indicators were agreed in 2023 following a widespread engagement with partner organisations. They have been revised in the autumn of 2025 in light of data availability. However, the ethos of what is being tracked remains consistent and in line with regional developments.
- This report is laid out on an outcome-by-outcome basis, covering the story behind the baseline, baseline, projection, source and narrative for each of the indicator.
- This Overview of Population Indicators document gets updated on an annual basis and will next be updated in Autumn 2026. However, the underlying data, drawn from a variety of sources, may be updated in advance of Autumn 2026.

Outcome 1: Our people are healthy and well – physically, mentally and emotionally

Outcome 1

Story Behind the Baseline

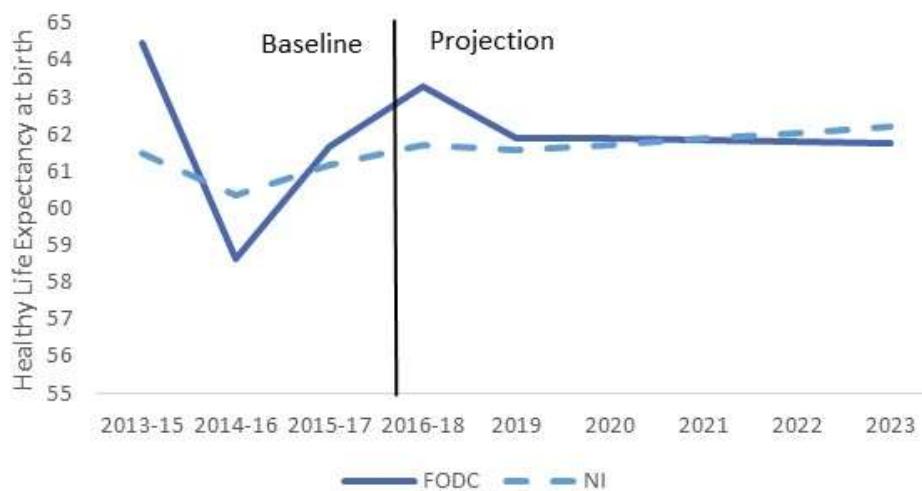
- The health of the population of the Fermanagh and Omagh district is generally better than that of other areas in NI: people are living longer and self-reported health levels suggest that almost 4 out of 5 people consider their health to be at least good.
- However, good health is not ubiquitous across the district. There are pockets where life expectancy is lower, the prevalence of certain diseases is higher and health levels generally poorer. These pockets tend to correlate with Multiple Deprivation.
- There are also a myriad of factors that contribute to health. Physical health and mental health can differ, with the latter potentially more difficult to diagnose and measure.
- The actions under this outcome will seek to address a range of determinants of health – such as, but not limited to - substance abuse, preventative medicine, early intervention and supporting individuals to make healthier choices and be more confident.

Indicator 1a: Healthy Life Expectancy

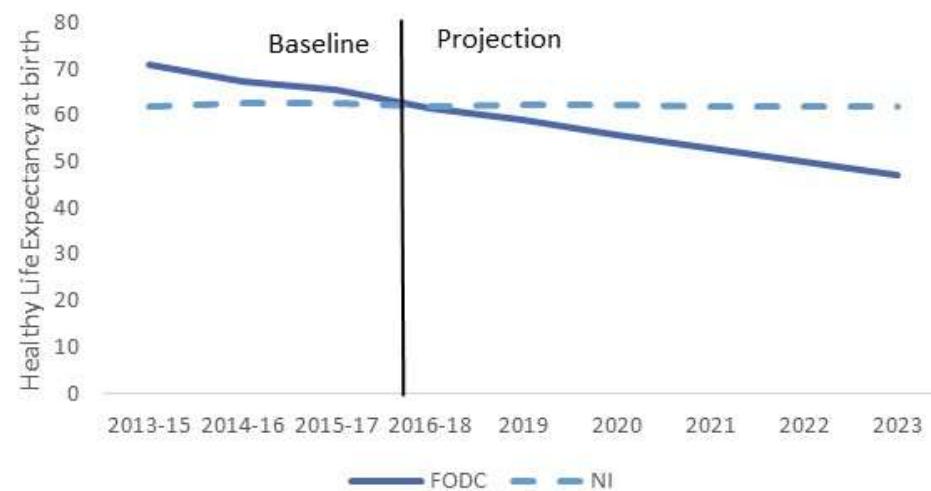
Turn the Curve



Healthy Life Expectancy - Males, FODC & NI



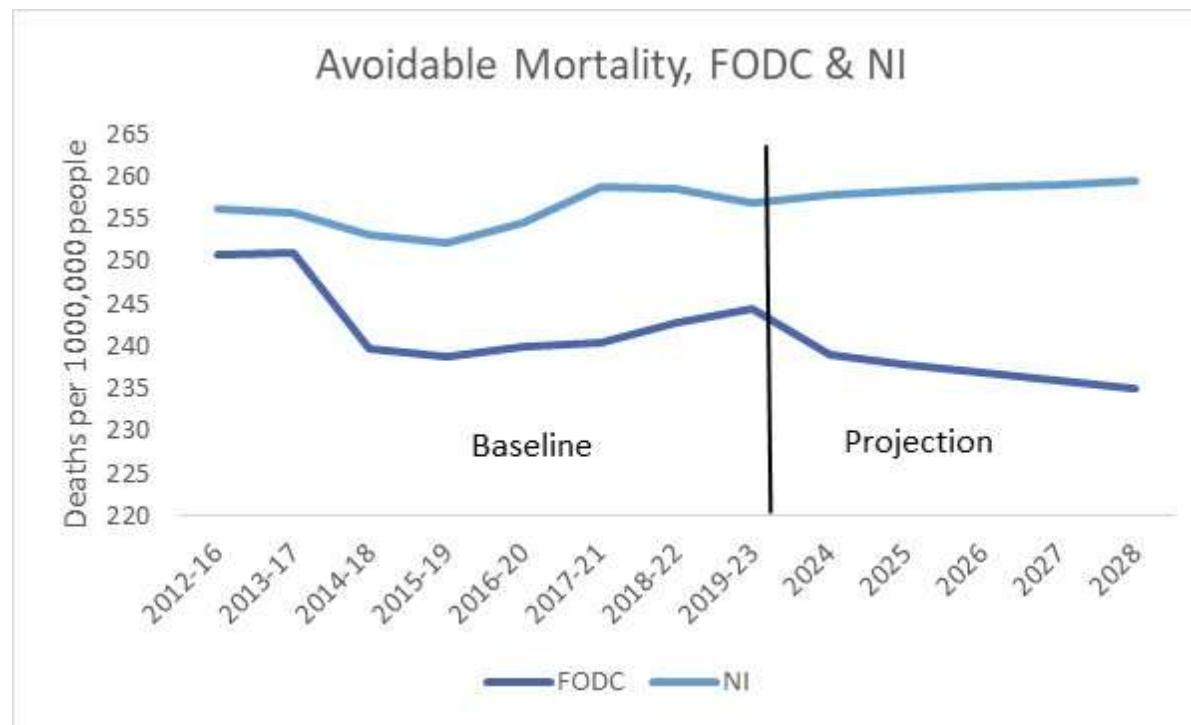
Healthy Life Expectancy - Females, FODC & NI



Healthily life expectancy for males in Fermanagh and Omagh is 63.3 years and 61.7 years for females. The average life expectancy is 79.2 years for males and 83.2 years for females. Thus, it can be surmised that the average person could have almost 20 years of life during which they are in poor health. Increasing healthy life expectancy is increasingly the focus, as opposed to overall life expectancy.

Source: ONS; Latest Data: 2016-18; Next Update: Autumn 2026

Indicator 1b: Avoidable Mortality



Avoidable mortality in Fermanagh and Omagh is 244 deaths per 100,000 population

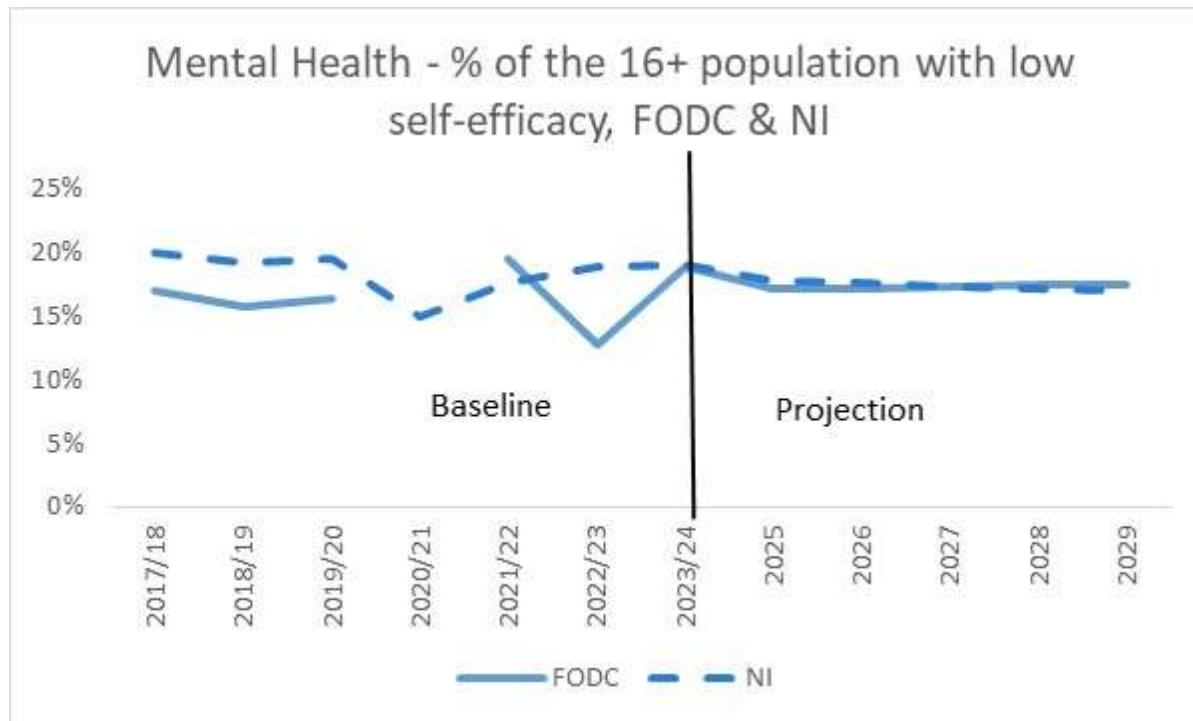
The comparable figure for NI is 257 deaths per 100,000 population

Figures for deprived areas tend to be higher

Avoidable deaths are categorised as those that are either preventable or treatable. A death is considered preventable if it can be avoided through effective public health and primary prevention interventions. On the other hand, a treatable death is a premature death which could be avoided through timely and effective health care interventions, including secondary prevention. While preventable deaths indicate the state of public health, treatable deaths reflect on the availability, accessibility, or quality of health care interventions. They can provide a starting point to assess the quality and effectiveness of health care systems.



Indicator 1c: Mental Health - % of the 16+ population with low self-efficacy



The latest data (2023/24) suggests that 19% of people living in Fermanagh and Omagh have low self-efficacy. This is consistent with the NI average.

People with low self-efficacy have low self-confidence and thus feeling they have a minimal ability to control their own lives.

Self-efficacy is considered as a pre-cursor to mental health; a person who has low self-efficacy doubts their abilities, are less ambitious and give up on their aims when challenged.

Outcome 2: Older people lead more independent, engaged and socially connected lives

Outcome 2

Story Behind the Baseline

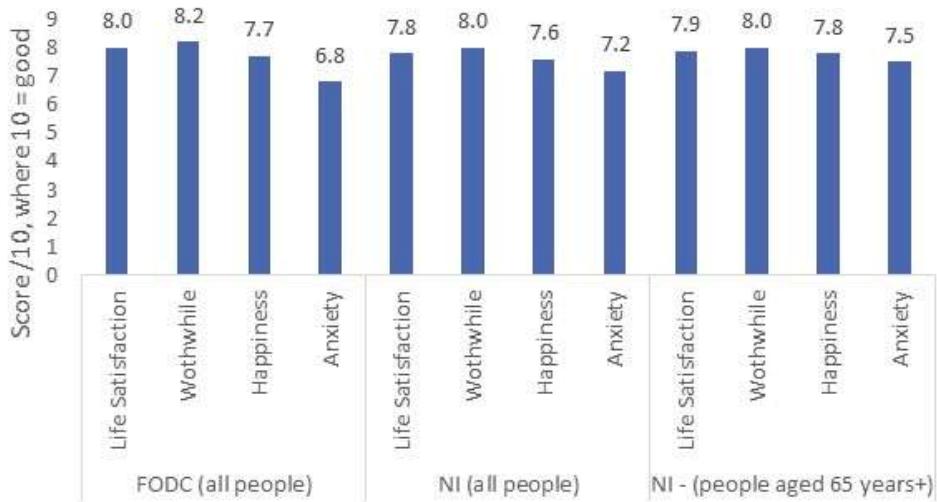
- The population of the western world is ageing. In Fermanagh and Omagh, there are currently 21,000 people aged 65 and over, representing 18% of the population.
- Population projections suggest this could increase to 22% of the population by 2030 and 25% by 2040.
- It is important to ensure that the older population, who will have different needs, are looked after. From a practical perspective, this is likely to have a profound impact on public services.
- The Fermanagh and Omagh District was accredited with WHO Age Friendly Status in 2019.
- This outcome contributed to the accreditation, with the Community Plan seeking to ensure there is a dedicated outcome to improve the wellbeing of the older population.
- To do this, the population indicators will monitor a basket of measures of wellbeing for the older population and one of the biggest contributors to the decline in health and living standards of the older population – hospitalisations due to a fall.

Indicator 2a: Wellbeing

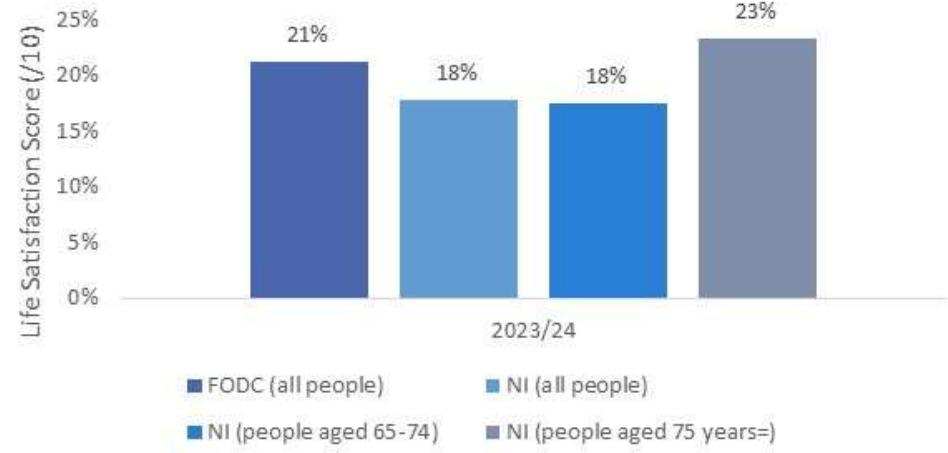
Turn the Curve

Turn the Curve

Wellbeing - Older People, FODC and NI, 2023/24



% of people who feel lonely at least some of the time, FODC & NI, 2023/24



This indicator represents a basket of measures in relation to the individual wellbeing of older people.

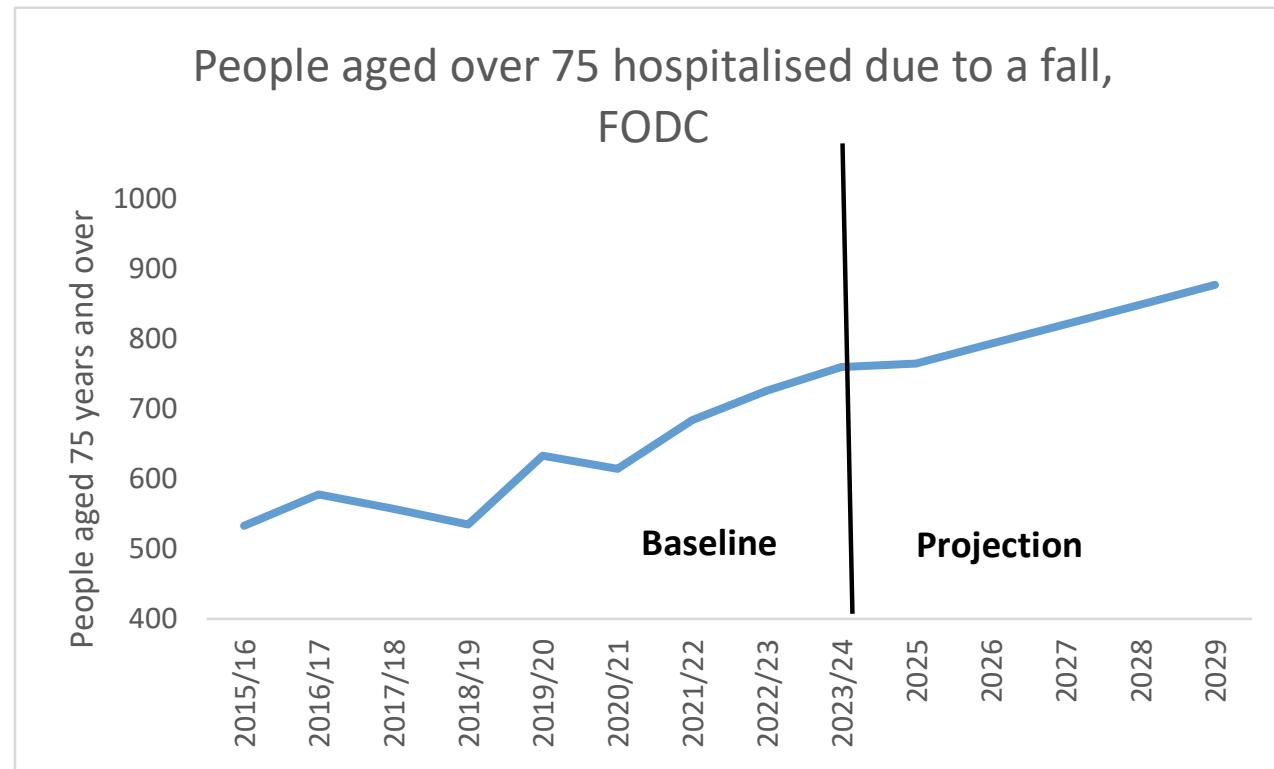
It demonstrates that whilst measures of personal wellbeing, such as life satisfaction, worthwhile, happiness, and anxiety are not different for the older population, those aged 75+ are more likely to feel lonely at least some of the time.

Other measures such as locus of control and self-efficacy suggest, in the latest data at least, that older people are broadly comparable to the overall population. However, this is not ubiquitous. Older people are a vulnerable group and require enhanced support to ensure they lead independent, engaged and socially connected lives.

Source: TEO – Individual Wellbeing in NI; Latest Data: 2023/24; Next Update: Autumn 2026

Indicator 2b:

Over 75s hospitalised due to a fall



The risk of falling and being hospitalised due to a fall increases with age.

In the 2023/24 year, there were 760 hospitalisations of people aged over 75 years who reside in the Fermanagh and Omagh district.

This includes those who were diagnosed as 'tendency to fall' and 'falls causing injury'.

The trend has been increasing year-on-year and is projected to continue to increase.

For those aged over 75, falls greatly increase the risk of reduced mobility and loss of independence as well as potential premature death.

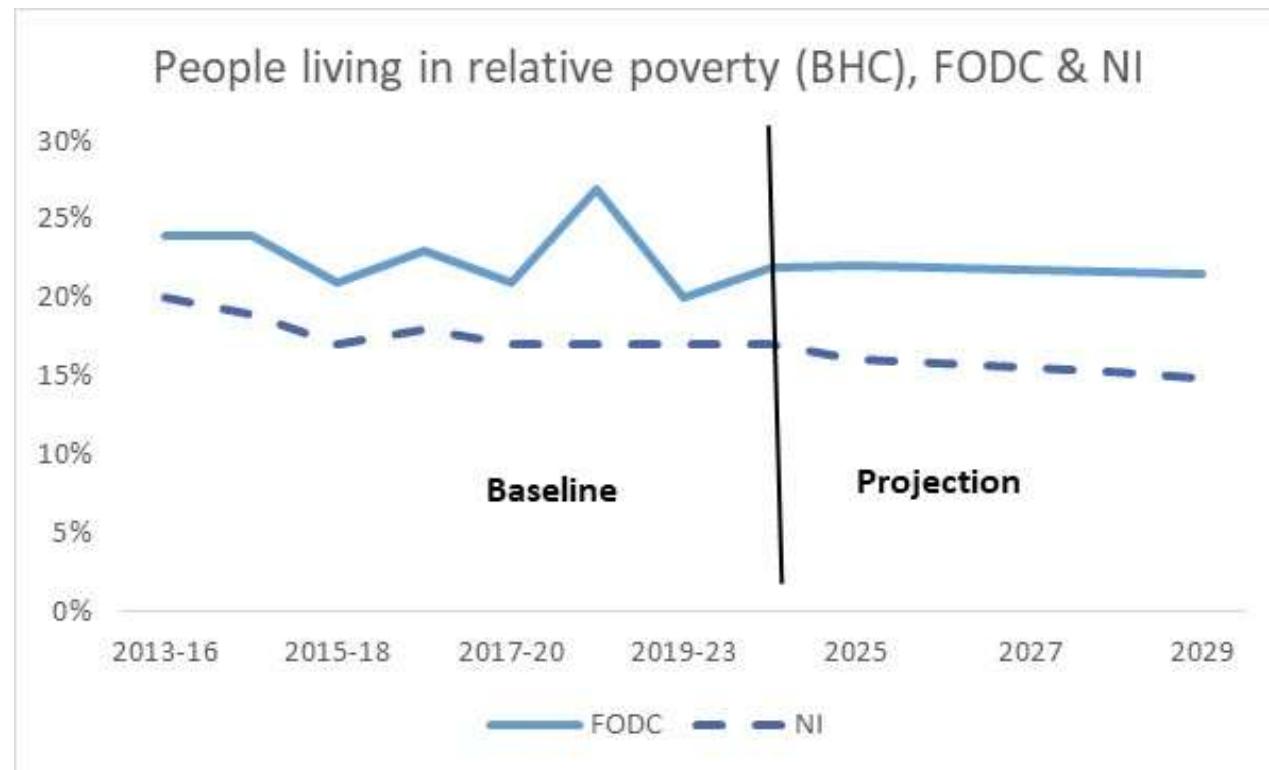
Outcome 3: Our communities are inclusive, safe, resilient, and empowered

Outcome 3

Story Behind the Baseline

- The Fermanagh and Omagh district is home to a diverse range of communities. This includes minority groups and those who may feel marginalised by wider society, thus impacting their quality of life.
- In particular, the indicators will monitor those living in relative poverty, cultural identity / heritage and those who are likely to have a lower life satisfaction, such as people with a disability / limiting long term illness.
- The actions arising from this will seek to alleviate the underlying issues in the longer term, and where required, co-ordinate short term support for pressing issues, such as the current cost-of-living crises.
- Addressing the long standing issues will be a strategic priority, but is likely to be a long term ambition, as these issues are deep-rooted.
- The focus is to consider what can best be achieved by collaborative working, through a partnership of statutory partners, the CVS and others.

Indicator 3a: Relative Poverty

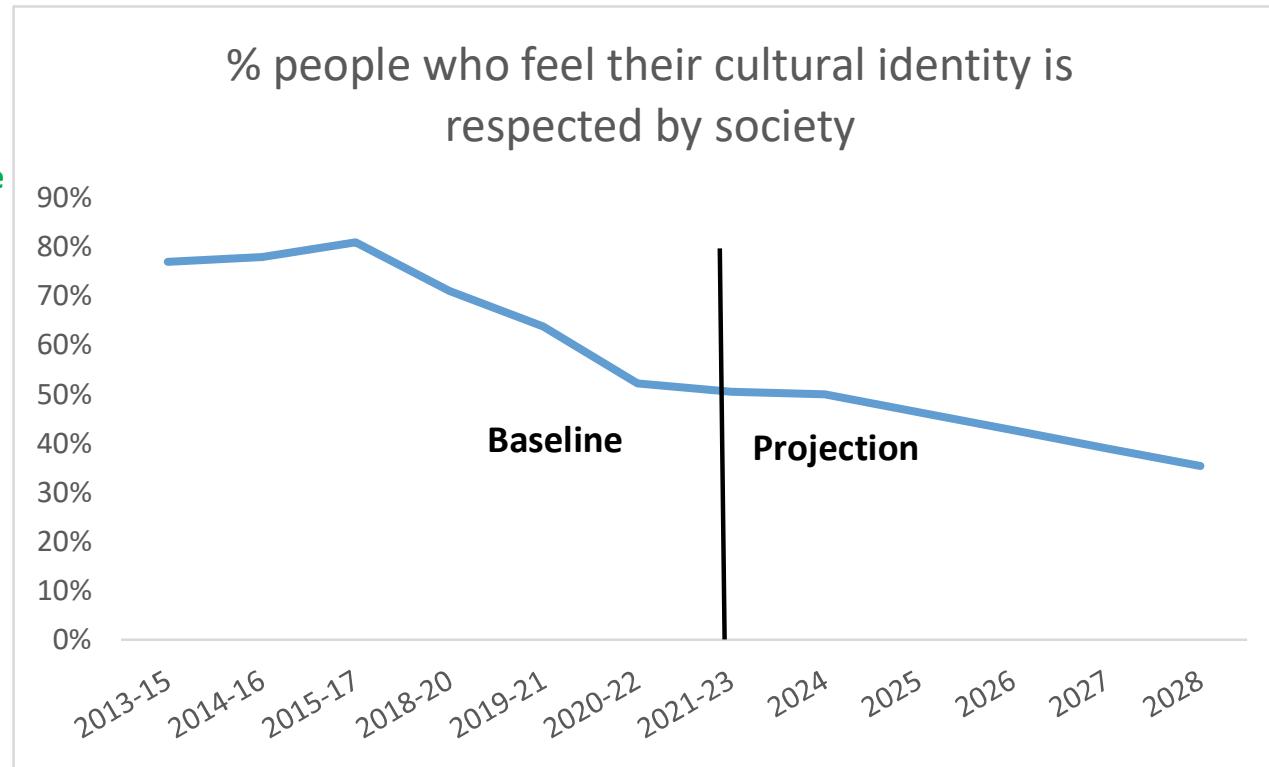


Relative Poverty is best analysed looking at a longer-term trend. Over the past 6 years (2018-2024), 23% of people living in Fermanagh and Omagh are living in relative poverty.

This level of over 1-in-5 residents living in poverty has remained consistent over time. Is this acceptable?

Relative poverty is consistently above the NI average in Fermanagh and Omagh. Poverty (and deprivation) contributes negatively to a wide range of issues, including health, education and economic outcomes.

Indicator 3b: Cultural Identity



The latest data (2021-23) show that 51% of people living in Fermanagh and Omagh believe their 'cultural identity is respected by society'.

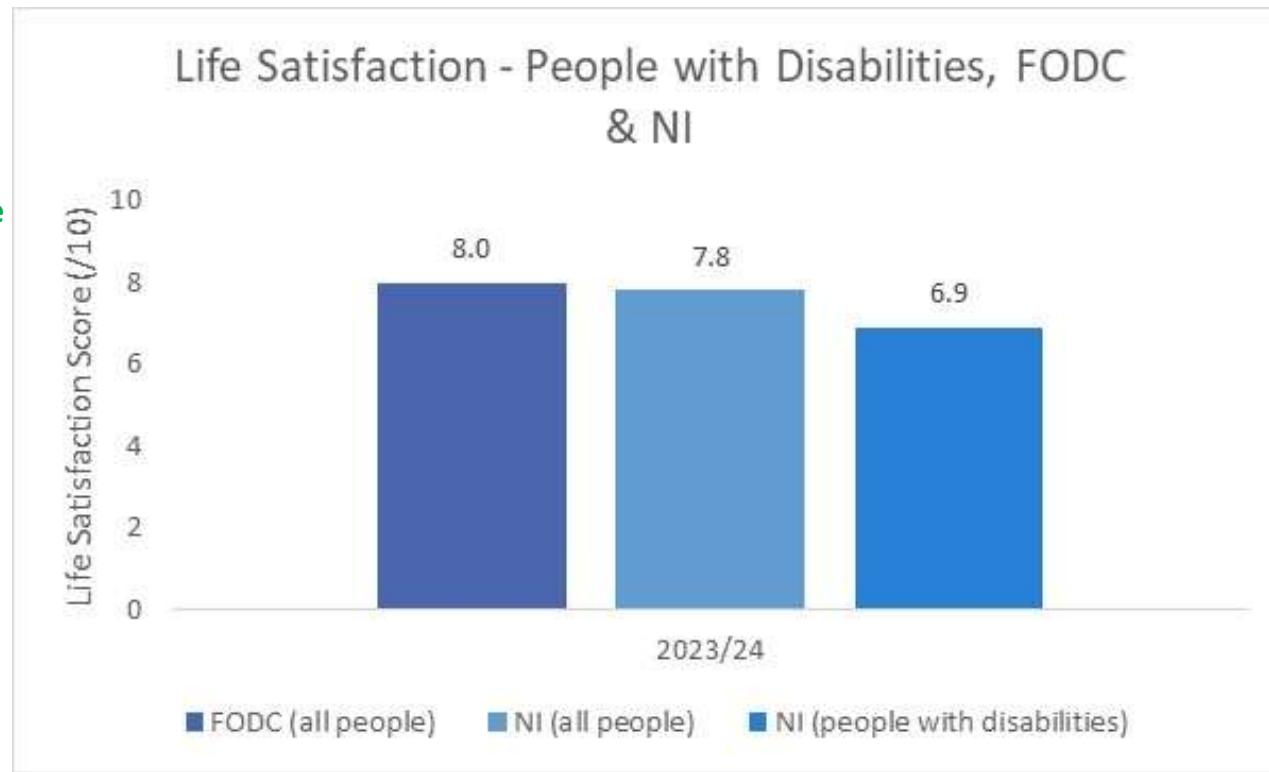
This indicator is broad, covering ethnic cultures, a persons identity and good relations issues.

There has been a notable decrease in those who feel their cultural identity is respected by society.

The key to improving this figure is to focus on embracing quality, inclusivity and diversity.

The long term risk of allowing this indicator to decline could be an increase in hate crimes.

Indicator 3c: Life Satisfaction



Life satisfaction data is sourced from the Executive Office's Individual Wellbeing in NI publication.

It is based on a score /10, where higher is better.

Life satisfaction relates to an individual's satisfaction with their life overall.

The evidence suggests that at the NI level, people with disabilities are more likely to have a lower life satisfaction.

Whilst there is no specific data on this for the Fermanagh and Omagh district, there is no reason to think that the situation would be any different in Fermanagh and Omagh.

Outcome 4: Our children and young people have the best start in life

Outcome 4

Story Behind the Baseline

- The headline evidence suggests that children and young people in Fermanagh and Omagh fare well:
 - Public health early years indicators, such as 'mothers smoking during pregnancy', 'babies born at a low birth weight' and 'breastfeeding on discharge' all tend to be more positive in Fermanagh and Omagh than the NI average
 - The NI Youth Wellbeing Survey suggests that children in Fermanagh and Omagh are significantly less likely to have any mood or anxiety disorder, or have experienced an Adverse Childhood Experience. (Conversely, they are more likely to have experienced multiple Positive Childhood Experiences)
 - Educational outcomes are favourable, with a higher proportion of students achieving 5 GCSEs (inc Eng and Maths) and proportionately more students flowing into higher education following school

Outcome 4

Story Behind the Baseline

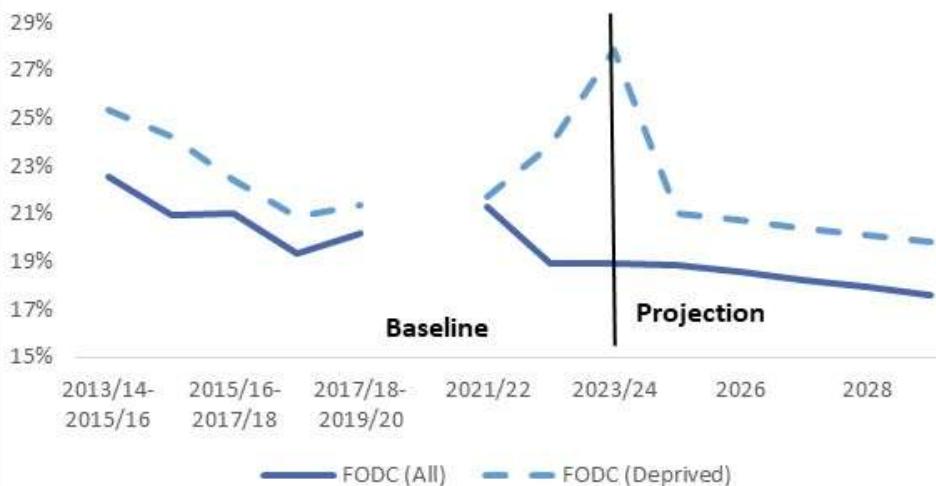
- However, this is not equitable for all cohorts. There are children and young people who do not have the best start in life. These may include, but are not limited to, those living in impoverished homes, in areas of high deprivation and potentially, those with special education needs.
- Therefore, efforts to address this inequality, and ensure all children have the best start in life, will take a targeted approach. The principal and shared value of 'an evidence led approach' will underpin this, with data and evidence used to develop and target actions.
- Monitoring progress against this outcome will follow 4 broad topics: Health, Safety, Education and Resilience.
- The indicators used to proxy these are:
 - Health: Childhood obesity (including overweight)
 - Safety: Children on the child protection register (pending)
 - Education: GCSE attainment
 - Resilience: will take an action orientated approach, ensuring the voice of young people is heard when and where relevant

Indicator 4a: Health Childhood obesity

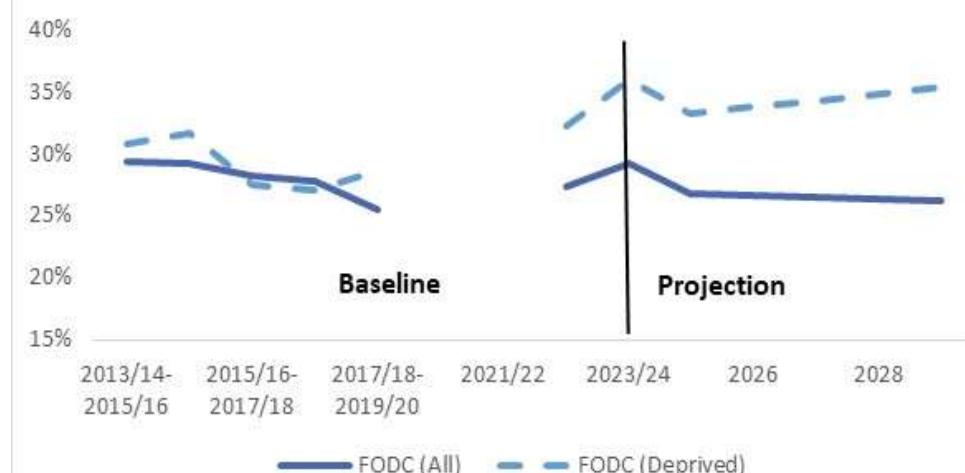
Turn the Curve



Children overweight or obese (P1), FODC



Children overweight or obese (Y8), FODC



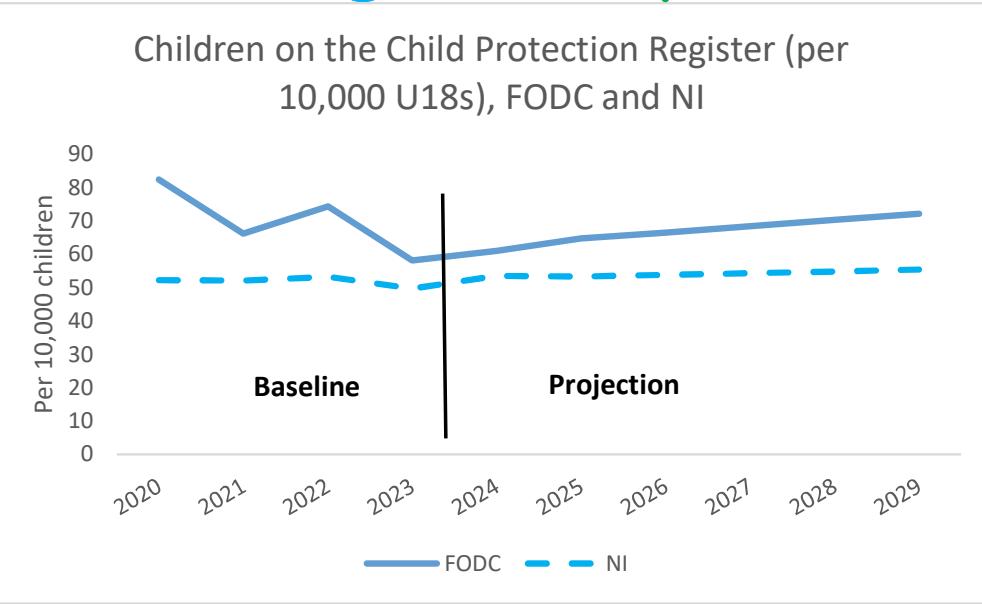
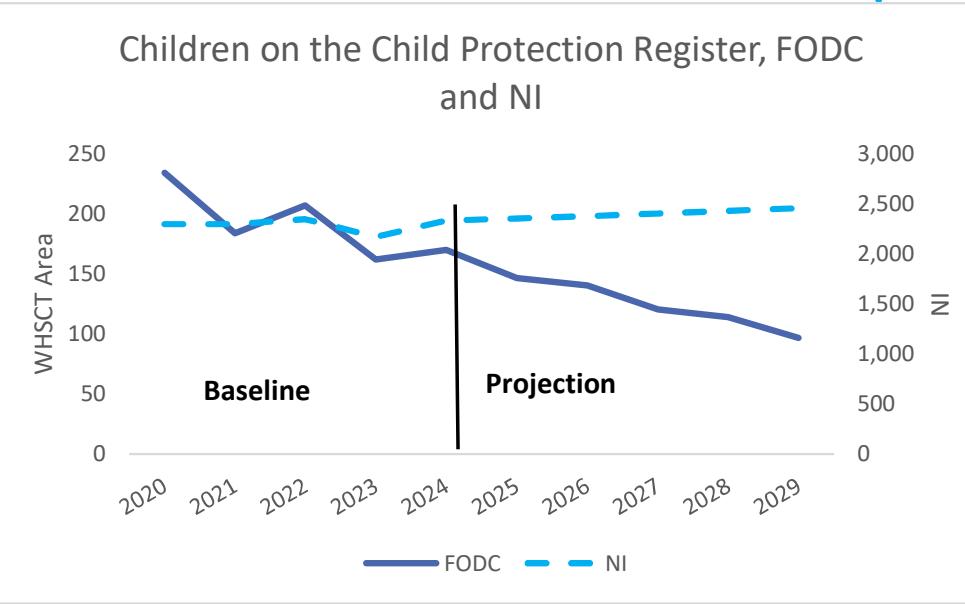
In Fermanagh and Omagh, 19% of P1 children and 29% of Y8 children are overweight or obese. This is higher in deprived areas (28% and 36% respectively).

These figures relate to the 2023/24 year. Data was unavailable for 2020/21 and 2021/22 (Y8 only) due to Covid-19 restrictions.

The trend suggests a continuation of the (marginal) downward trend; however, the issue is whether it is acceptable to have over 1 in 5 children overweight and how this may impact future health outcomes.

Indicator 4b: Safety Children on the child protection register

Turn the Curve



There are 170 children on the child protection register located in the Fermanagh and Omagh District on 31st March 2024. This equates to 61 children per 10,000 children (those aged under 18).

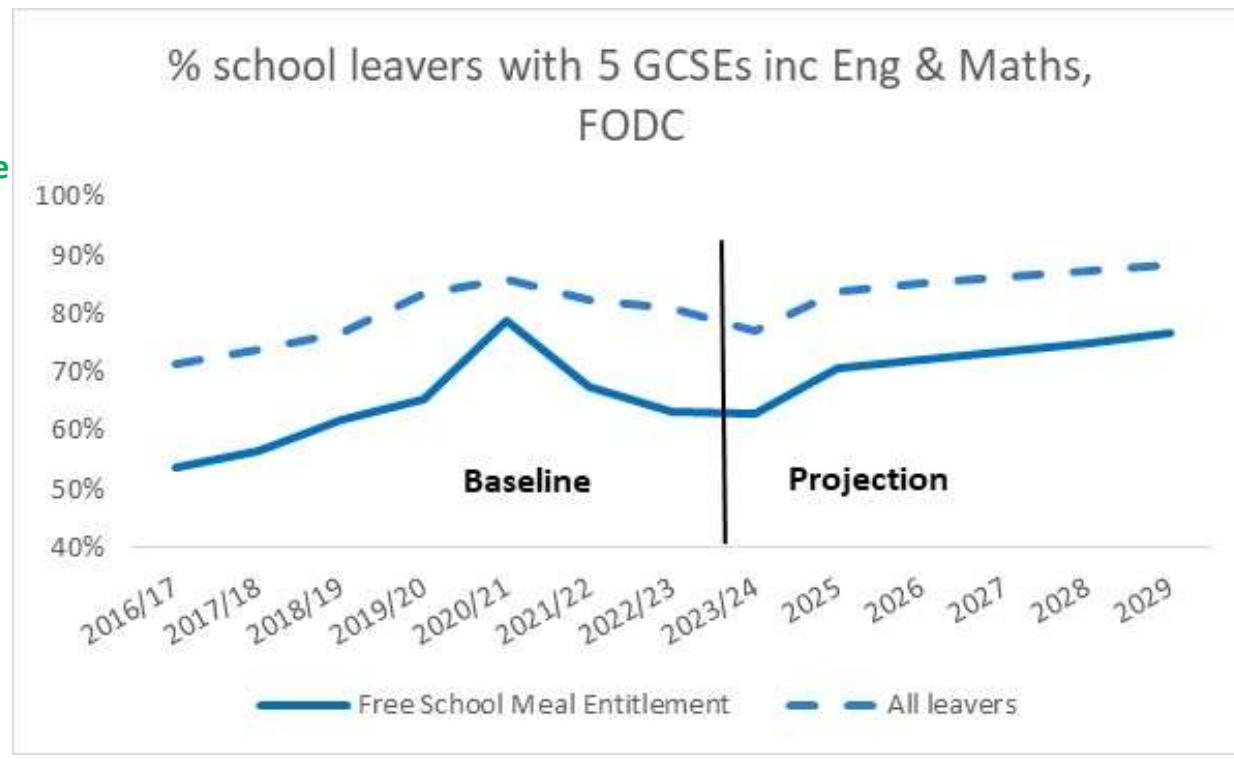
The comparative rates for the WHSCT area and the NI average are 75.6 and 53.5 respectively.

Thus, there is an above average rate of children on the child protection register in Fermanagh and Omagh vis-à-vis the NI average.

Source: WHSCT; DoH Child Social Care Tables; Latest Data: 2024; Next Update: Autumn 2026



Indicator 4c: Education GCSE attainment



In Fermanagh and Omagh, 77% of school leavers achieve at least 5 GCSEs including English and Maths.

Those who are entitled to free school meals (FSME) traditionally do less well, with 63% in the latest data achieving 5 GCSEs including English and Maths.

The impact of the Covid-19 pandemic is evident, with the return of traditional examination methods contributing to a fall in GCSE attainment since 2020/21.

This has impacted free-school meal entitled children more severely.

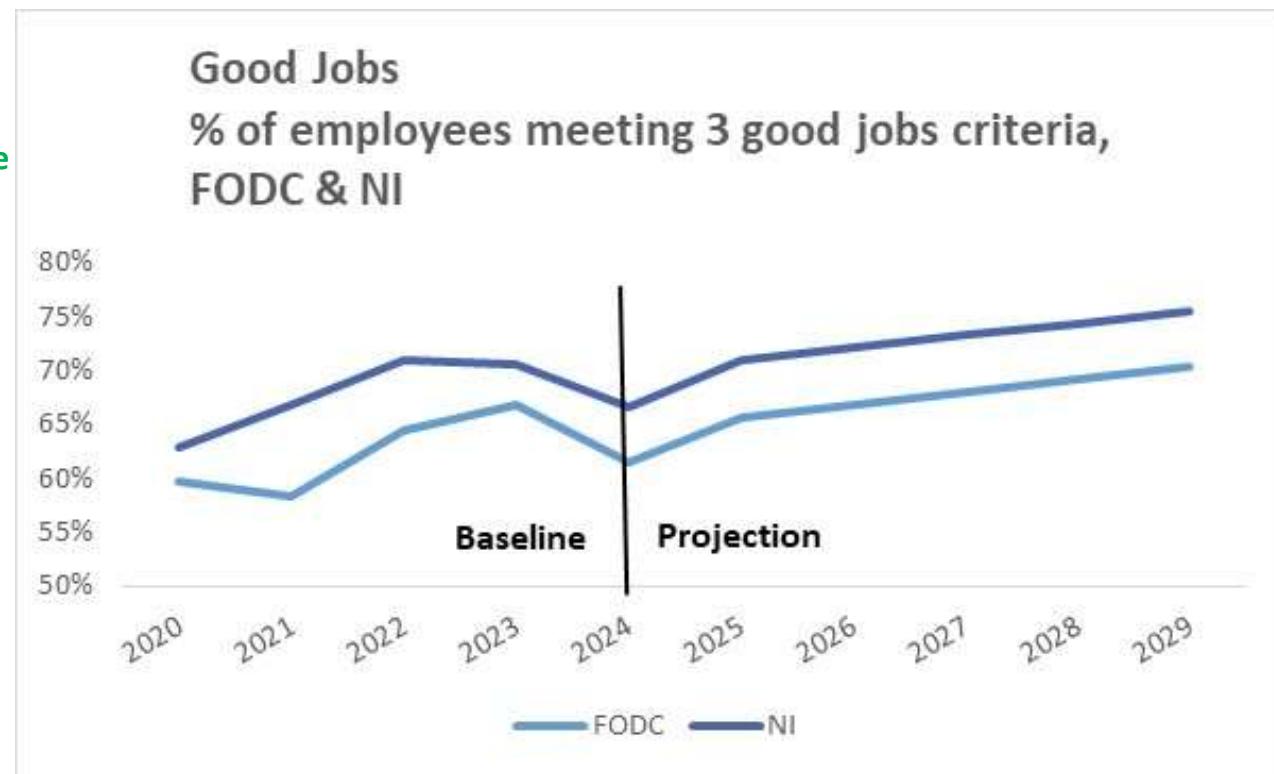
Outcome 5: Our economy is thriving, expanding and outward looking

Outcome 5

Story Behind the Baseline

- The Fermanagh and Omagh economy is comprised of micro-businesses, more dependent on primary and secondary industry and has a greater emphasis on self-employment.
- Productivity levels remain below the NI average (9% gap), but in the bigger picture, NI is 17% less productive than the UK and 29% less productive than ROI.
- In Fermanagh and Omagh, employment growth tends to be sluggish in comparison to the NI average, there is a lower proportion of jobs classed as 'good jobs' and economic inactivity remains a long-term issue (at both the NI and local level).
- This outcome will focus on these three big issues: good jobs, economic inactivity and productivity.
- Actions will examine why the economy is as it is, seeking to address key issues such as a lack of physical infrastructure, variable but improving broadband connectivity and lower skill levels.
- Important sectors to the local economy, such as tourism, agriculture, construction and manufacturing will be supported and smaller industries such as IT and professional services will continue to be promoted.

Indicator 5a: Good Jobs

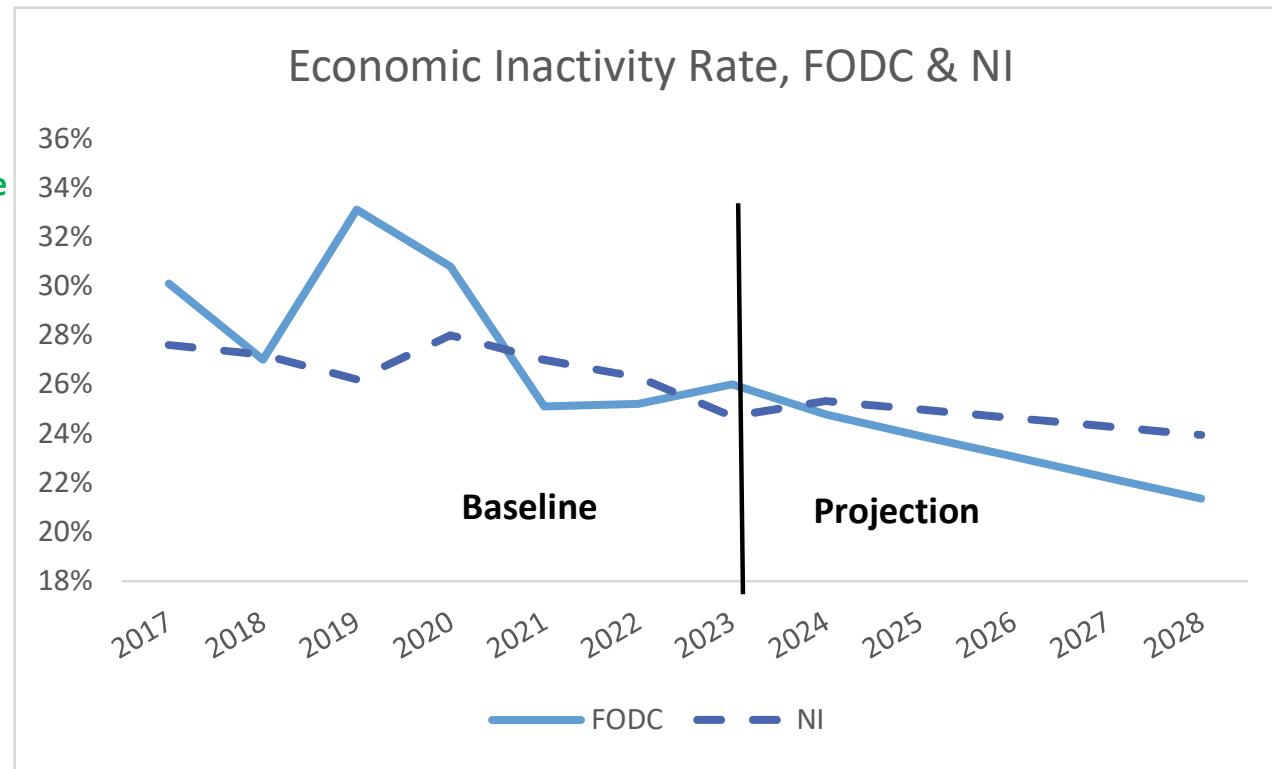


A job is considered a 'good job' if it meets 3 criteria:

- The employee has a permanent contract
- The employee is on a non zero-hour contract
- The employee is earning the Real Living Wage (RLW) or more

In Fermanagh and Omagh, in 2024, 61% of employees are in a good job. This has been consistently below the NI average (67% in 2024), with little change over time.

Indicator 5b: Economic Inactivity



Economic inactivity is a well-known issue within the Northern Ireland economy.

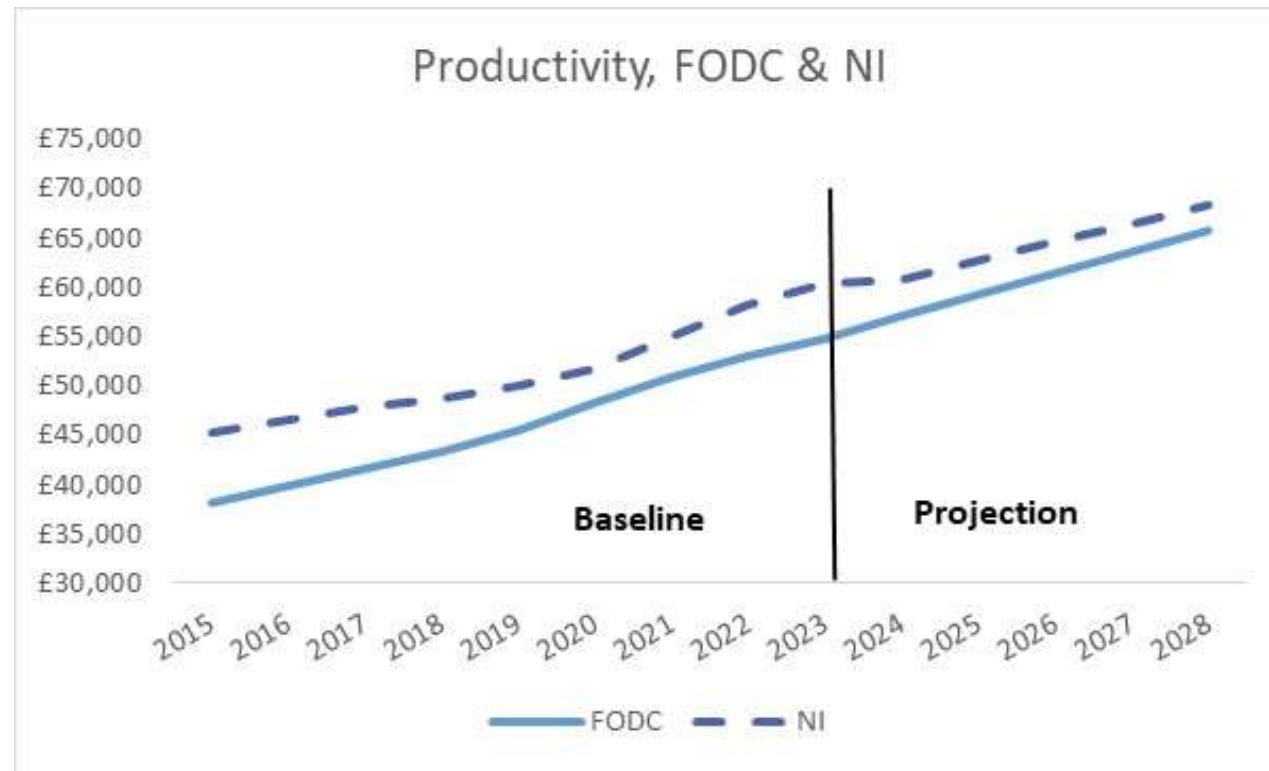
The economic inactivity rate in Fermanagh and Omagh is 26% (2023), compared to the NI average of 25%.

This means that one-in-four of those aged between 16-64 are not available to work.

Economic inactivity has tended to be higher in Fermanagh and Omagh than the NI average.

Current economic inactivity levels are low by historical standards.

Indicator 5c: Productivity



Source: ONS – GVA per filled job; Latest Data: 2023; Next Update: Autumn 2026

Productivity – economic output per employee – currently sits at £53,068 in Fermanagh and Omagh (2022) and £60,285 in Northern Ireland (2023).

Productivity levels are correlated with wage levels (as productivity is classed as the sum of wages and profits), with productive economies tending to have better paid employees.

Sluggish productivity levels are a UK wide problem. The gap between FODC and NI has narrowed to 9% (from 16% in 2015), but NI's productivity remains below UK levels and significantly below the ROI average.

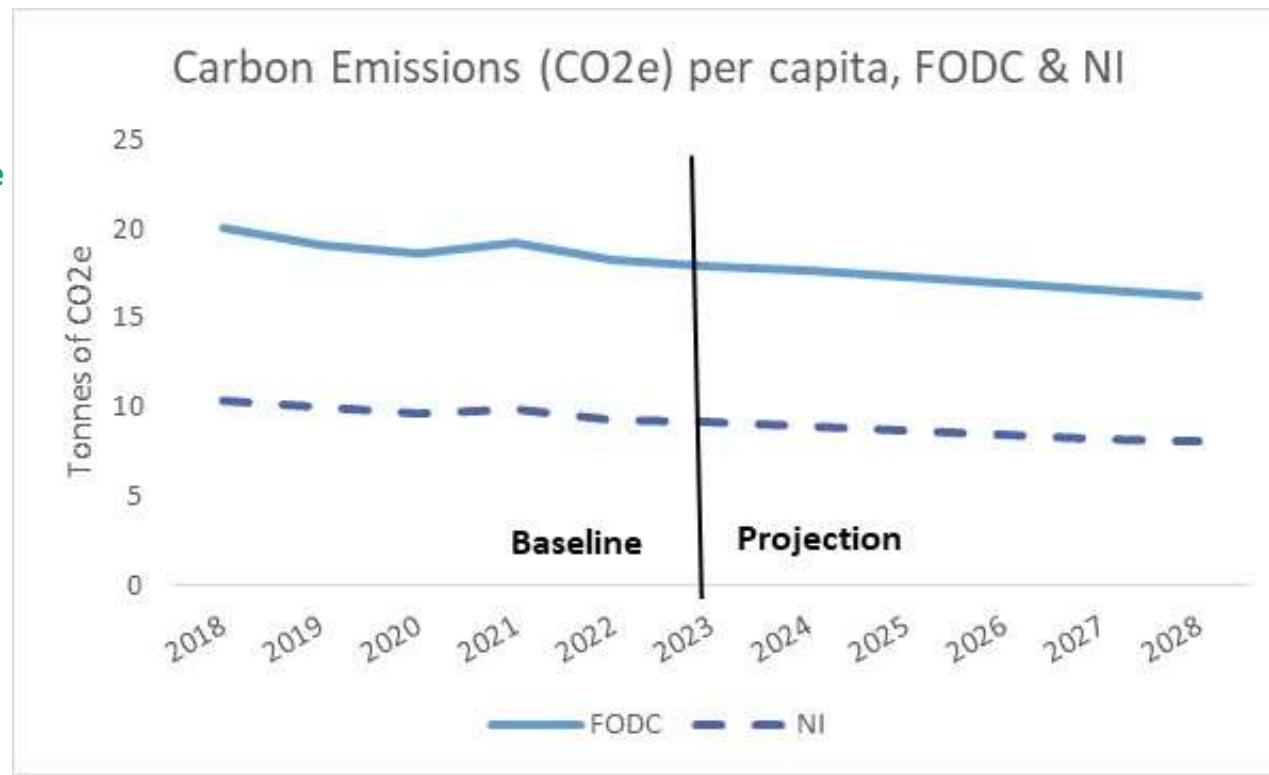
Outcome 6: Our outstanding natural and built environment is sustainably managed, and where possible, enhanced

Outcome 6

Story Behind the Baseline

- The Fermanagh and Omagh district is a large, predominantly rural district with a significantly beautiful and valuable natural environment and a proud array of built heritage.
- Sustainably managing the environment is an issue of upmost importance, both to the local population and as part of the wider global movement which has grown in prominence following the Covid-19 period.
- There are a large range of things which need to be considered to protect the environment. This outcome will measure 3 prominent, strategic level population indicators. They are:
 - Carbon emissions
 - Heritage at risk
 - Commercial vacancy rates
- Actions will focus on protecting the natural environment (by seeking to lower greenhouse gas emissions locally), preserving heritage (by tracking the heritage at risk register) and sustainably managing town centres (by decreasing commercial vacancy rates) to ensure urban heritage is recognised and promoted.

Indicator 6a: Carbon emissions



The average resident of the Fermanagh and Omagh district emits 17.9 tonnes of CO2e per annum.

This is significantly higher than the average NI resident (9.1 tonnes CO2e).

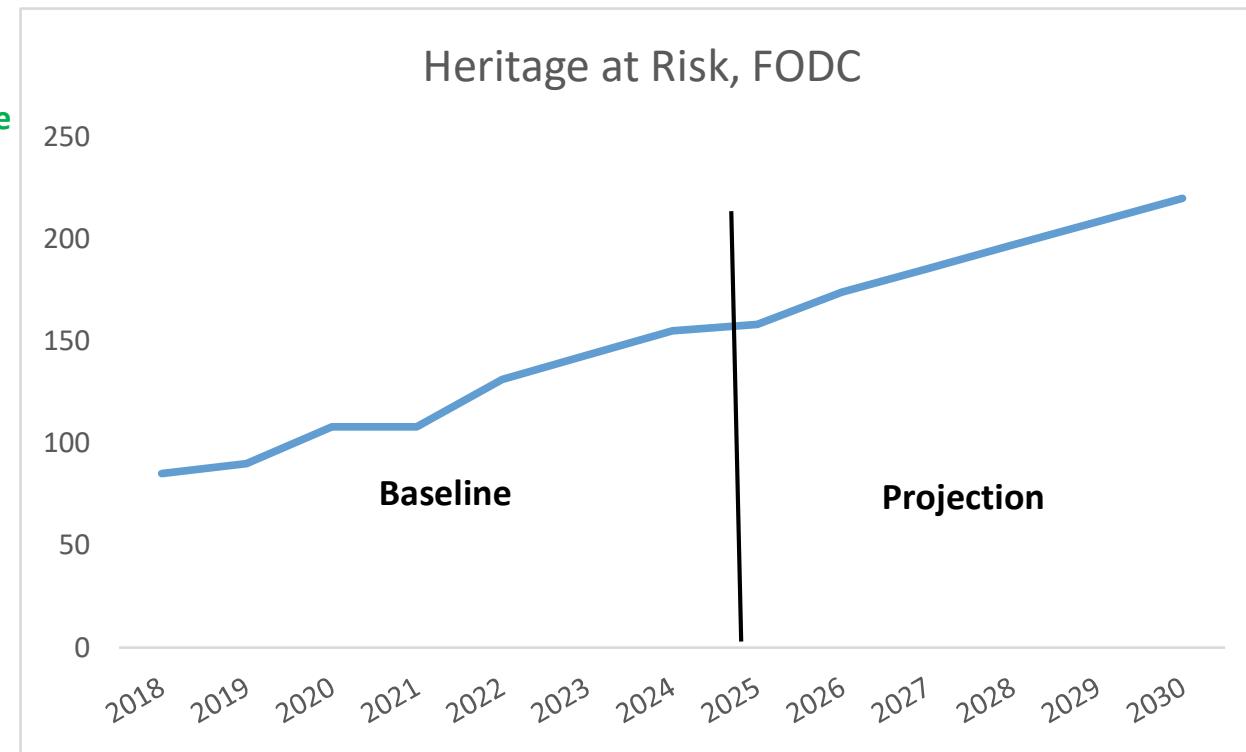
The CO2e emissions in FODC comprise of:

8.2 tonnes of CO2 (46%)
7.9 tonnes of methane (CH4) (44%)
1.8 tonnes of nitrous oxide (N2O) (10%)

These are all above the NI average, but are likely to be driven in part by the km of roads in the (large) Fermanagh and Omagh district and the large agriculture industry.

Indicator 6b:

Heritage at Risk



There are 158 items on the heritage at risk register located in the Fermanagh and Omagh district, as of 13th February 2025.

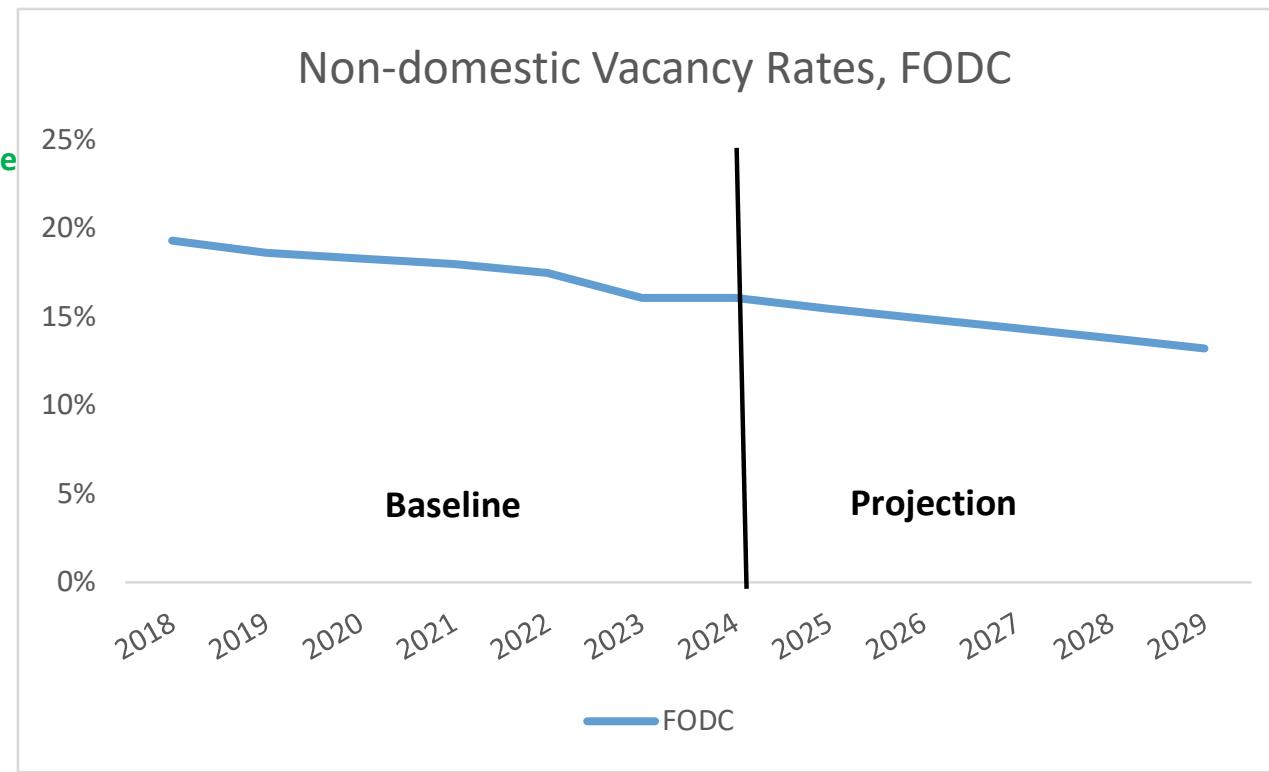
This includes items on the list which are classed as 'Heritage at Risk', 'Demolished' and 'Completed'.

An increase to Heritage at Risk may be desirable in the short term, as this demonstrates a recognition that a piece of heritage is at risk.

However, the goal in the long term is to decrease heritage at risk, as heritage becomes preserved.

(It should be noted that the definition of 'Heritage at Risk' has changed / widened over time).

Indicator 6c: Commercial vacancies



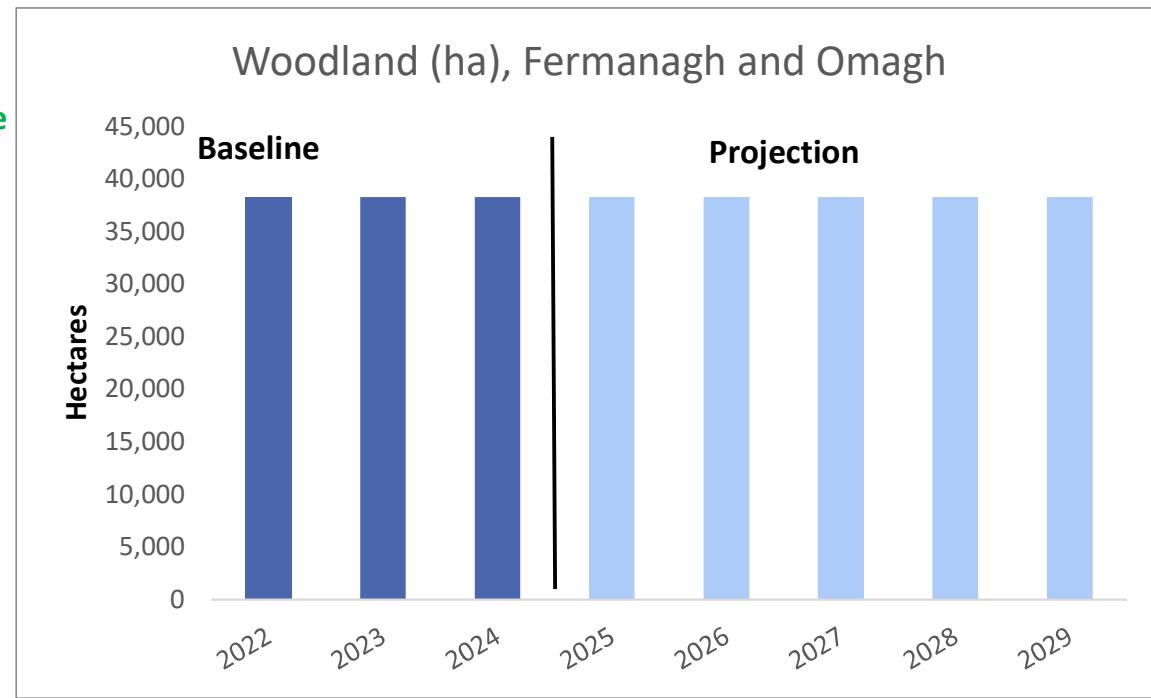
The commercial vacancy rate – otherwise known as the non-domestic vacancy rate – was 16.1% on 30th September 2024.

This shows that over 1 in 6 commercial premises in the Fermanagh and Omagh District were vacant.

The commercial vacancy rate has been decreasing marginally over time, but remains higher than desired.

These figures vary on a location-by-location basis, with the towns of Enniskillen and Omagh tending to have slightly lower vacancy rates.

Indicator 6d: Natural Environment Woodland



There are 38,286 hectares of woodland in the Fermanagh and Omagh District

This includes conifer, broadleaf, mixed, short rotation coppice, regenerating woodland and types unknown.

Approximately 1/3 of NI's woodland is located in Fermanagh and Omagh.

The provision and good maintenance of woodland is vital to ensuring a thriving range of wildlife, flowers and fauna. It is also a key contributor to carbon sequestration

Community Planning Indicators Summary

Ref	Indicator
Outcome 1: Our people are healthy and well - physically, mentally and emotionally	
1a	Healthy Life Expectancy
1b	Avoidable Mortality
1c	Mental Health - Low Self-Efficacy
Outcome 2: Older people lead more independent, engaged and socially connected lives	
2a	Wellbeing
2b	Over 75s Hospitalised due to a fall
Outcome 3: Our communities are inclusive, safe, resilient and empowered	
3a	Relative poverty
3b	Cultural identity
3c	Life Satisfaction - People with disabilities
Outcome 4: Our children and young people have the best start in life	
4a	Children who are overweight or obese
4b	Children on the child protection register
4c	Educational attainment
Outcome 5: Our economy is thriving, expanding and outward looking	
5a	Good Jobs
5b	Economic Inactivity
5c	Productivity
Outcome 6: Our outstanding natural and built environment is sustainably managed and, where possible, enhanced	
6a	Carbon emissions
6b	Heritage at Risk
6c	Commercial Vacancy Rates
6d	Woodland

Fermanagh and Omagh
Community Planning Partnership



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