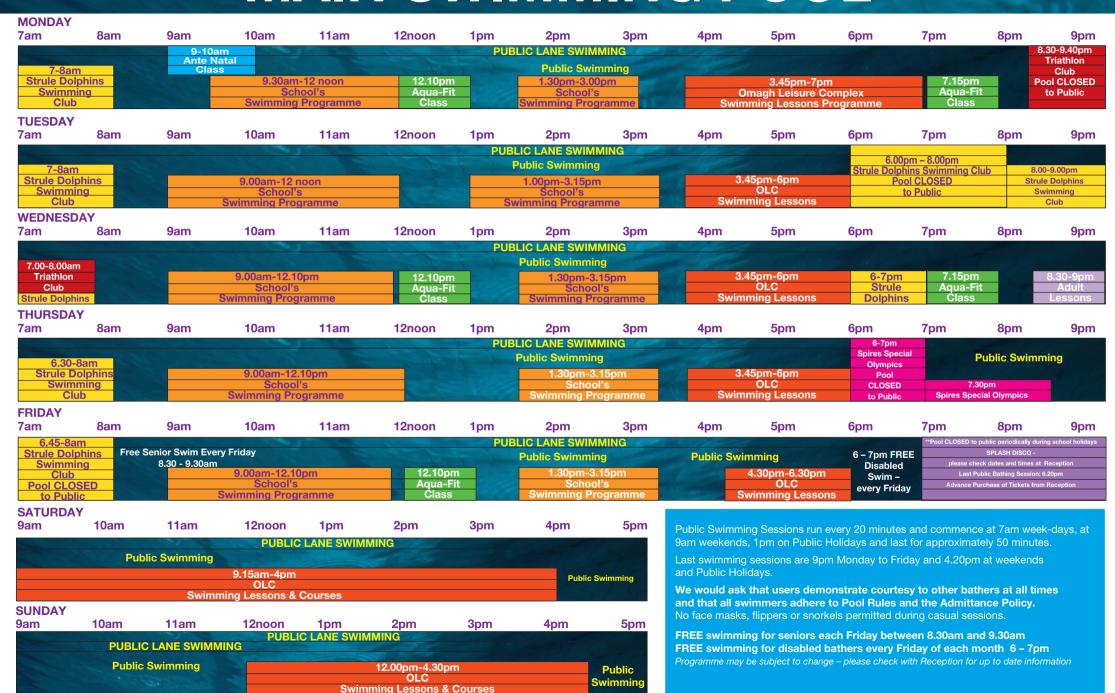


Omagh Leisure Complex SPLASH PROGRAMME MAIN SWIMMING POOL





Omagh Leisure Complex SPLASH PROGRAMME

LEARNER SWIMMING POOL

MONDA 7am	Y 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
	Public Swimming		5		m – 2.30pm mming Prog	ıramme		S		-6.00pm ure Complex son Program			Public vimming	-
TUESDA 7am	\Y 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
	Public Swimming		School's	– 12.00pm Swimming gramme	12.00pm-1.3 OLC Swim Less		1.00pm-3.15pm School's Swimmi Programme			3.30-6.15pm agh Leisure Con n Lesson Progra		Public Swimming		
WEDNES 7am	SDAY 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
	Public Swimming			Scho	9.30am – ool's Swimm		amme		Omagh	45pm-6.15pn Leisure Co g Lesson Pro	mplex		ublic mming	
THURSE 7am	DAY 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
	Public Swimming			Schoo	9.30am – 3.15pm School's Swimming Programme				3.45pm-8.15pm Public Swim Swim Swimming Lesson Programme				Public Swim	
FRIDAY 7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
	Public Swimming			Schoo	9.30am – 3 oľ's Swimmi		amme		Public Swim		7.15pm sure Comple son Prograr		Swim & Fa	mily Swim
SATURE 9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	Are you	ı a regul	ar pool	user? 🖜	Di	We per
	9.00am-2.00pm Omagh Leisure Complex Swimming Lesson Programme				Public Swimming & Family S Available for Pool Parties 2.30pm-3.30pm of				Why not avail of our Aqua Membership Package?					ash 5
SUNDAY 9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	Unlimited usa	nge of all aquatic	facilities + up	to 7 fitness		
9.15am-12.30pm Omagh Leisure Complex Swimming Lesson Programme					Public Swimming & Family Swim Available for Pool Parties 2.30pm-3.30pm only							HAVE	FUN	*

We deliver Omaquatics Swimming Lesson progression programme ranging from Baby/Tots,

Children's Levels 1 to 8, Advanced Stroke Development, Adult Beginners & Adult Improvers.. For information on swimming lesson enrolment please ask a member of our Reception team. Fast Track and One-to-One; Two-to-One; Three-to-One Lessons also available - please ask at Reception for further details.

For Rookie Lifeguard, Survive and Save, National Pool Lifeguard courses and other special aquatic courses/programmes - please ask/register your interest at Reception. Please observe our Pool Admissions Policy - copies available at Reception or view on line: www.fermanaghomagh.com

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