

Omagh Leisure Complex SPLASH PROGRAMME 2017/18 MAIN SWIMMING POOL



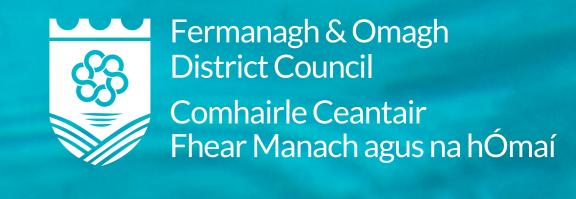




9.15am-12.30pm

Omagh Leisure Complex

Omagh Leisure Complex SPLASH PROGRAMME 2017/18 LEARNER SWIMMING POOL District Council Comhairle Ceantair Fhear Manach agus na hÓmaí



MONDA 7am	Y 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	
	Public Swimming				.30am – 3.15pm Swimming Programme			Omag	3.30pm-6.30pm Omagh Leisure Complex Swimming Lesson Programme			Public Swimming			
TUESDA 7am	AY 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	
	Public Swimming			Schoo	9.30am – 3 ol's Swimmir		me		CALLEDO MARIE DE LA CALLED DE L	3.50-6.15pi Omagh Leisure C vim Lesson Proc	omplex	Public Swimmin	9		
WEDNE 7am	SDAY 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	
	Public Swimming			Scho	9.30am – ool's Swimm		nme		Omagl	45pm-6.15p h Leisure Co g Lesson Pro	mplex	S	Public wimming		
THURSI 7am	DAY 8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	
	Public Swimming		9.30 School's St	ogramma	mme 12.30pm-1.30pm OLC Swim Lessons 1.30pm-3 School's Sv Program		Swimming	Public Swim	3.50pm-8.15pm Omagh Leisure Cor Swimming Lesson Pro		nplex		Public Swim		
FRIDAY 7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	
	Public Swimming			Scho		30am – 3.15pm Swimming Programme			4.30-7.15pm Omagh Leisure Complex Swimming Lesson Programme 4.30-7.15pm Public Swim & Family Swim Public Swim & Family Swim						
SATURE 9am	DAY 10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	Are you	ı a regu	lar pool	user?•		4	
9.00am-2.00pm Omagh Leisure Complex Swimming Lesson Programme						Public Swimming & Family Swim Available for Pool Parties 2.30pm-3.30pm only				Why not avail of our					

Swimming Lesson Programme **SUNDAY** 9am **10am 11am** 12noon 1pm 2pm 3pm 4pm Aqua Membership Package?

Unlimited usage of all aquatic facilities + up to 7 fitness classes of your choice per week from just £21/mth!

WATER WAY TO HAVE FUN!

Swimming Lesson Programme We adopt the Swim Ireland Swimming Programme of progression (levels 1 to 8). For information on swimming lesson enrolment please ask a member of our Reception team. Child or Senior (60+) Lessons (set of 8) Cost £48; Adult Lessons (set of 8) Cost £56. Fast Track and One-to-One; Two-to-One Lessons also available - please ask at Reception for further details. For Rookie Lifeguard, Survive and Save, National Pool Lifeguard courses and other special aquatic courses/programmes – please ask/register your interest at Reception.

Public Swimming & Family Swim

Available for Pool Parties 2.30pm-3.30pm only

Please observe our Pool Admissions Policy – copies available at Reception or view on line: www.fermanaghomagh.com