

Better Off Case Study: Action 1.1



Action Lead:

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Action

1.1(1) Increase uptake of physical and leisure activity programmes across all age groups and amongst under-represented groups

Best Idea being delivered

Develop and Delivery “Active Together Strategy”

Progress to date

- Strategy & Action Plan developed
- Everybody Active Programme being Implemented
- Targeting under-represented Groups to participate in physical and leisure activity programmes: Women & Girls, People from Areas of High Social Need, People with disabilities
- Specifically targeting those people who do not take part in any activity by providing more opportunities throughout the community
- A more joined up approach to develop a more sustainable model which engages with community and voluntary organisations

Performance Data: (for period 1st April 2019 until 30th September 2019)

1911 # ‘women and girls’ engaged in physical and leisure activity

408 # ‘people from areas of High Social Need’ engaged in physical and leisure activity programmes

655 # ‘people with disabilities’ engaged in physical and leisure activity programmes

Is Anyone Better Off?

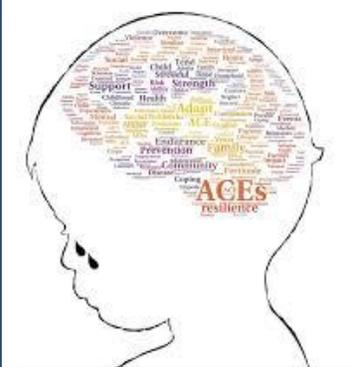
“The children just love the coaches coming into the school to keep them active! It gives them energy and helps their concentration!”

“The council has developed a series of 47 walking guides to promote walking opportunities, trails and routes across the district. Challenge – these are so well used and giving people access to our beautiful countryside”

“Nancy, aged 97, attributes her longevity and independence to keeping fit and active. She attends a variety of exercise, dance and keep fit classes up to 3 or 4 times per week”



Better Off Case Study: Action 1.2



Action Lead:

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Action

1.2 Increase awareness amongst community partners of the impacts of adverse childhood experiences on life outcomes and expectancy and develop targeted initiatives to address these

Best Idea Being Delivered

Working in partnership with CAWT, as they roll out MACE (Multiple Adverse Childhood Experiences) across the border regions

Progress to Date

- Multiple Adverse Childhood Experiences Working Group Established
- Workshop with practitioners held on 09/09/19
- Generic data collection tools being developed

Performance Data: (for period 1st April 2019 until 30th September 2019)

323 # Families referred through the Family Support Hubs

562 # Children referred through the Family Support Hubs

228 # Practitioners viewed 'Resilience Documentary' re ACE's Research

Is Anyone Better Off?

"I never knew about Adverse Childhood Experiences and their impact on people's lives. I will be so mindful when I speak to others from now on"

"The Resilience Documentary was absolutely eye-opening. Very interesting and sad, we must do something, and use our collective understanding and ability to help society"

"I work with many different people in my role and it has given me a greater understanding of what may be a cause/s of people who seem unhappy & stressed"

"So powerful. Really highlights the neurological impact ACE has on the child. A great aid to promote hope."



Better Off Case Study: Action 2.1



Action Lead:
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Action

2.1 Establish Fermanagh and Omagh as an Age Friendly District

Best Idea being delivered

Develop a communications plan which will identify how to transform the perception of older people's groups and encourage 'new members' or the development of additional groups for younger people.

Progress to date

- Positive Ageing Month (October): A month long celebration of positive ageing and many events for older people
- "Age Friendly Officer" employed by FODC funded by PHA
- Generic evaluation form developed and being used by all partners to collate aggregated data d

Performance Data: (for period 1st April 2019 until 30th September 2019)

1002 # people currently 'registered' to membership groups

4.5/5 Average satisfaction score of 'Positive Ageing Events' attendees

4/5 Average rate of 'positivity' about getting older

52 % event/activity attendees informed about the events digitally

Is Anyone Better Off?

Older People's Group Attendees said: "The classes that run in our hall have the added benefit of providing a healthy activity, in a safe friendly environment, especially for our older members who love to socialise but have limited opportunities in our rural area at this time of year"

"we have such good fun, trying new activities we would never think to do. Circus skills made us laugh which is so important"

"I get to meet old friends and new friends, I'm comfortable in the group, enjoying the cup of tea and a chat"

"I'm enjoying taking part, it gives me somewhere to go and all the updates from SWAP keep me informed about what is happening across the area I live in. I can pick and choose what I go to."



Better Off Case Study: Action 3.7



Action Lead:

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Action

Support and improve the life opportunities of those living in poverty in Fermanagh and Omagh through enhanced partnership approaches

Best Idea being delivered

Tackling Fuel Poverty: Home Assessments carried out by Heat Improvement Officers aim to reduce home accidents, tackle fuel poverty and improve energy efficiency

Progress to date

- FODC's Health Improvement Team aims to reduce home accidents, fuel poverty and improve energy efficiency in homes in addition to improving the physical and mental health and wellbeing of residents in our district by linking them to a range of services available within their local communities.
- Priority geographic areas have been identified for officers to target the service provision.
- 2 officers are employed by Fermanagh and Omagh District Council. 639 home visits were carried out in the last financial year 1st April 2018 - 31st March 2019.

Performance Data: (for period 1st April 2019 until 30th September 2019)

40 (65%) clients report a changed attitude towards home safety

480 referrals to partner agencies were made

Is Anyone Better Off?

John made an initial request for Affordable Warmth (boiler was over 15 years old) and a home safety visit was completed. During the home safety visit John talked about how he was also blind in one eye and how it has affected his life. The Officer said 'I knew from completing the application after the income check that John was not claiming any disability benefit' so I informed him that he may be entitled to it. I told him about RNIB and how they may be able to support him, and about the group in Enniskillen. He expressed an interest, and with his permission, I referred him to RNIB. A few months later, John contacted me to thank me and told me that due to his referral to RNIB he was now in receipt of DLA and has received a disabled parking badge. He is now a participant of the RNIB group meetings. Equipment issued: Falls prevention pack, winter warm bag. *Affordable Warmth Officer*



How safe is your home?

The checks offer tips on all aspects of home safety

Reduce your risk from...

- Falls in the home
- Burns or Scalds
- Choking or Ingestion
- Poisoning
- Danger from Carbon Monoxide

Better Off Case Study: Action 3.8



Action Lead:



Kim McLaughlin,
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District Council



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Action

Identify and introduce more interactive and joined up processes to communicate and engage with service users

Best Idea being delivered

Introduce a participatory budgeting pilot in Fermanagh and Omagh as a means of directly involving communities in decisions which affect them

Progress to date

- A unique pilot project to assess the use of participatory budgeting as a new way to fund community groups was rolled out in the Lisnaskea area by Fermanagh and Omagh Policing and Community Safety Partnership (PCSP).
- 5 Participatory Budgeting voting events in the 5 DEAS (excluding Erne East and Mid Tyrone) took place in this reporting period.
- £20,000 funding was disseminated.
- 85 applications were received.
- 41 projects funded were successful in receiving funding up to £500. Average attendance at voting events was 120 people.

Performance Data: (for period 1st April 2019 until 30th September 2019)

41 (48%) community groups applying for participatory budgeting funding and have been successful

Is Anyone Better Off?

Our First Responder Scheme had 15 additional volunteers trained in September by NI Ambulance Service. I am very grateful for this contribution that will be used towards equipment needed for the new responders. Participatory budgeting is recognised internationally now as a way for people to have a direct say in how local money is spent. It was very competitive on the night but quite humbling when other community groups also hoping for funding, decided to vote for our group. Their trust in our group could be rewarded in the future if one of our responders saves the life of someone in their community. This way of accessing funding is very open and transparent." *Representing a successful group, Stephen Mulligan, Community Cohesion Coordinator, Erne East*

Better Off Case Study: Action 3.1



NIFRS, Emergency Department SWAH, and PSNI on 18/06/19 at Rossorry,



Action

Deliver road safety programmes (both safe driving and wider road safety) across a range of age groups

Best Idea being delivered

Your Choices and Consequences programme – currently piloted in NIFRS – PSNI /Emergency Department staff/PCSP

Progress to date

- Programme devised with input from all agencies
- Specific target of Young Drivers at event in Rossorry and Enniskillen – June 2019
- Elements of programme integrated into elderly group events in Omagh & Fermanagh – October 2019
- Agencies to plan way forward to roll out programme across Fermanagh & Omagh to a range of groups

Performance Data: (for period 1st April 2019 until 30th September 2019)

25 (100%) of Participants reported improved knowledge of road safety

Is Anyone Better Off?

'All the officers interacted very effectively with the young people, did the A&E team and feedback from the young drivers was extremely positive in every respect.'

Clogher Diocesan Youth Officer



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Better Off Case Study: Action 5.4



Action Lead:

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Action

Develop tourism Infrastructure and deliver projects to support tourism growth

Best Idea being delivered

Preparation of feasibility studies for potential capital/ experience development projects to be informed by data and intelligence

Progress to date

- Meetings with support partners of this action and other cross-cutting actions which could directly align
- Tourism NI has agreed to part fund and support a new FODC Tourism Strategy
- Significant number of tourism businesses from FODC attended TNI Experience Brand Workshop which led to two new Demonstrator Visitor Experiences among 21 other experiences being showcased
- Huge efforts being made to gather data and intelligence amongst partners
- Next steps, all partners review performance to date and identify cross-cutting themes

Performance Data: (for period 1st April 2019 until 30th September 2019)

20 Tourism providers applied to Tourism NI website Improvement Programme

3 New visitor experiences have been created and internationally market tested by TNI and are being showcased as “Signature Experience Brand” at World Travel Market, London on 5 November (a number of ‘new experiences’ are at developmental stage)

Is Anyone Better Off?

“Tourism NI’s newly launched Experience Brand “ NI Embrace a Giant Spirit” gives us a chance to showcase one of the most unspoilt, beautiful waterways in the world, and tell stories of a unique landscape full of history and folklore” – *Barry Flanagan, Erne Water Taxi, Co Fermanagh*

Better Off Case Study: i-can Fest



Action Lead:



Robert Gibson,
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Council



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Action

Expand and develop activities for people living with a disability across the District's Culture/Arts and Leisure venues.

Best Idea being delivered

Deliver a Disability Festival across the District.

Progress to date

- 45 Activities programmed over a Week in March 2019
- 5 Training Opportunities/ Information Talks
- 1 Health Fayre
- Omagh Volunteer Centre provided a Mood Matters Training Course.
- Waterways Ireland, Sports NI & Disability Sports NI organised a 'Disability Inclusion Workshop'.
- Organisations such as Action on Hearing Loss, Disability Action, Department for Communities (Make the Call Service), Mencap, Volunteer Now, Fermanagh Talking Newspapers, Shopmobility, Western Health & Social Care Trust, Positive Futures and Cedar Foundation took part in the Health Fayre.
 - Cross Service Delivery: Leisure, Recreation & Sport organised 4 activities during the week. Environmental Health facilitated 3 talks – Home Safety and Healthy Eating.
- Funding Secured for a Festival in 2020

Performance Data: (for period 1st March 2019 until 30th March 2019)

100% agreed that the festival had a positive effect on their physical and mental health

75% of which said that workshops had a 'big effect' on their wellbeing.

Is Anyone Better Off?

'Our service users certainly enjoyed the week. It was an amazing programme – with such variety and opportunity for new experiences. We had so much fun and would like to thank our local Council ... on facilitating such a wonderful inclusive program of fun activities in our area.' *Western Health & Social Care Trust*

