



THE INCLUSION CALENDAR 2019



January 2019

Martin Luther King Jr.



15th January marks 90 years since the birth of Martin Luther King Jnr. He sought equality and human rights for African Americans, the economically disadvantaged and all victims of injustice through peaceful protest. He was awarded the Nobel Peace Prize in 1964.

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1		1	2	3	4	5	6
Week 2	7	8	9	10	11	12	13
Week 3	14	15	16	17	18	19	20
Week 4	21	22	23	24	25	26	27 °
Week 5	28	29	30	31			

January is Cervical Health Awareness Month | Celebration of Life Month | Alcohol Concern Dry January | Thyroid Awareness Month



Last Quarter







Special Days

1st Mary, Mother of God – Catholic Christian
Cantan agi (New Yoar) Shipto

Gantan-sai (New Year) – Shinto Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI New Year's Day/Hogmanay World Day of Peace

2nd Bank Holiday – Scotland

4th World Braille Day

5th Twelfth Night – Christian

6th Epiphany – Christian

7th Feast of the Nativity – Orthodox Christian

13th Baptism of the Lord Jesus – Christian Saint Hilary's Day – Christian Birthday of Guru Gobind Singh – Sikh

14th New Year – Orthodox Christian
Seijin no hi (Coming of Age Day)
– Shinto

Maghi – Sikh

15th Makar Sankranti – Hindu

18th 18–25 Week of Prayer for Christian Unity

– Christian

19th Timkat – Ethiopian Orthodox Christian Feast of the Theophany – Orthodox Christian

20th World Religion Day - Baha'i

21st Martin Luther King Jnr Day
21–23 Mahayana New Year – Buddhist
Saint Agnes' Day – Christian
Tu BiShvat – Jewish

25th Robert Burns Night (Burns Night)
Conversion of Saint Paul – Christian

27th Holocaust Memorial Day

28th Saint Thomas Aquinas Day – Christian Data Privacy Day

31st Birthday of Guru Har Rai – Sikh





February 2019

Tawakkol Karman



Tawakkol Karman turns 40 on 7th February and is a Yemeni journalist, politician and human rights activist leading the group "Women Journalists Without Chains" which she co-founded in 2005. She became the first Arab woman and the second Muslim woman to win a Nobel Prize as well as the second youngest Nobel Peace Laureate to date.

The solution to women's issues can only be achieved in a free and democratic society in which human energy is liberated, the energy of both women and men together.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 5					1	2	3
Week 6	4	5	6	7	8	9	10
Week 7	11	12°	13	14	15	16	17
Week 8	18	19°	20	21	22	23	24
Week 9	25	26	27	28			

Special Days

- 1st World Hijab Day Imbolc – Lughnasadh – Wicca/Pagan Northern and Southern hemispheres
- 2nd Candlemas (Presentation of Christ in the Temple) Christian
- 3rd Saint Blaise's Day Christian Setsubun-sai – Shinto Four Chaplains Sunday – Interfaith
- 4th World Cancer Day
- **5th Chinese New Year** Confucian, Daoist, Buddhist
 - Safer Internet Day
- 10th Autism Sunday
 Vasant Panchami Hindu
 Zacchaeus Sunday Orthodox
 Christian
- 11th Our Lady of Lourdes Christian International Day of Women and Girls in Science World Day of the Sick
- 12th Red Hand Day for Child Soldiers
- 14th Saint Valentine's Day
- 15th Nirvana Day Buddhist, Jain International Childhood Cancer Day
- 17th World Human Spirit Day
 Triodion begins Orthodox Christian
- 20th World Day of Social Justice
- 26th Intercalary Days (start) Baha'i

February is UK National Heart Month | Lesbian Gay Bisexual Trans History Month | Raynaud's Awareness Month | Youth Leadership Month



Compare the second of the s





r (

O Full Moon



March

Angela Berners-Wilson



It's 25 years on 12th March since the first 32 women were ordained as Church of England priests. They were ordained in alphabetical order, so Angela Berners-Wilson is considered the very first. It wasn't until late January 2015 that the Right Reverend Libby Lane was made Bishop of Stockport following the Church's legislation to allow women bishops.

Those of us in the first group of female priests had to prove ourselves. You do the very best you can, because if something goes wrong, then they might say, 'What do you expect? She's a woman'.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 9					1	2	3
Week 10	4	5	6	7	8	9	10
Week 11	11	12	13	14	15	16	17
Week 12	18	19	20	21	22	23	24
Week 13	25	26	27	28	29	30	31
			cer Awareness A				

New Moon

First Quarter

O Full Moon

Compart Annual Com

Special Days

- 1st Zero Discrimination Day
 Saint David's Day Christian
 Intercalary Days (end) Baha'i
 Self Injury Awareness Day
 International Wheelchair Day
- **3rd** Meatfare Sunday Orthodox Christian
- 4th Maha Shivaratri Hindu
- **5th Shrove Tuesday** Christian
- 6th Ash Wednesday Christian
- 8th International Women's Day
- **10th Cheesefare Sunday** Orthodox Christian
- 11th Great Lent begins Clean Monday
 Orthodox Christian
- 14th Nanakshahi (New Year) Sikh
- 17th Saint Patrick's Day Christian
- **18th Bank Holiday** Northern Ireland and ROI
- 19th Saint Joseph's Day Christian
- 20th Spring Equinox
 - Ostara Mabon Wicca/Pagan Northern and Southern hemispheres
- 21st Naw-Rúz (New Year) Baha'i International Day for the Elimination of Racial Discrimination Norooz (New Year) — Persian/Zoroastrian

Holi - Hindu

Purim – Jewish

World Down Syndrome Day Magha Puja (Sangha Day) – Buddhist Lord's Evening Meal – Jehovah's

Witness Christian

Hola Mohalla – Sikh

22nd World Water Day

24th World TB Day

25th Annunciation to the Theotokos

- Orthodox Christian

Annunciation of the Lord – Catholic Christian

28th Khordad Sal (Birth of Prophet Zarathushtra) – Zoroastrian

31st Mothering Sunday
British Summer Time begins



April 2019

Jens Stoltenberg – current NATO Secretary General



April marks the anniversary of 70 years since the signing of the North Atlantic Treaty. The North Atlantic Treaty Organization (NATO) is an intergovernmental military alliance between 29 North American and European countries. NATO constitutes a system of collective defence whereby its independent member states agree to mutual defence in response to an attack by any external party.

Evil can kill a person but never conquer a people.

Fermanagh & Omagh District Council

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 14	1	2	3	4	5	6	7
Week 15	8	9	10	11	12°	13	14
Week 16	15	16	17	18	19	20	21
Week 17	22	23	24	25	26	27	28
Week 18	29	30					

April is Autism Awareness Month | Alcohol Awareness Month | Stress Awareness Month | Bowel Cancer Awareness Month | Parkinson's Awareness Month



Last Quarter

New Moon

First Quarter

O Full Moon

Special Days

1st April Fool's Day

2nd World Autism Awareness Day

3rd Lailat al Miraj – Islam

7th World Health Day

8th International Romani Day

14th Birth of the Khalsa (Vaisakhi) – Sikh Rama Navami – Hindu Palm Sunday – Christian

17th Mahavir Jayanti – Jain

18th Birthday of Guru Tegh Bahadur – Sikh Birthday of Guru Angad Dev – Sikh

Maundy Thursday – Christian

19th Good Friday – Christian

Bank Holiday – England, Wales,
Scotland and Northern Ireland

Theravada New Year – Buddhist Hanuman Jayanti – Hindu

20th Holy Saturday – Christian
Passover – Jewish
Lailat al Bara'ah – Islam
Lazarus Saturday – Orthodox Christian

21st Easter Sunday – Christian
First Day of Ridvan – Baha'i

Palm Sunday - Orthodox Christian

22nd Easter Monday - Christian

Park Holiday - England Wales

Bank Holiday – England, Wales, Northern Ireland and ROI

Earth Day

23rd Saint George's Day – Christian

25th World Malaria Day

26th Holy Friday – Orthodox Christian

28th World Day for Health & Safety at Work Pascha (Easter) – Orthodox Christian

29th Ninth Day of Ridvan – Baha'i

30th Saint James the Great's Day

- Orthodox Christian



May 2019

Madam C. J. Walker



Sarah Breedlove, known as Madam C. J. Walker, was the first female self-made millionaire in the US. She became one of the most successful women and African-American business owners ever. She made her fortune by developing and marketing a line of beauty and hair products. 25th May marks 100 years since her death.

I want to say to every Negro woman present, don't sit down and wait for Get up and make them!





New Moon

First Quarter

Full Moon

C Last Quarter

Special Days

- Beltane Samhain Wicca/Pagan Northern and Southern hemispheres
- 2nd Twelfth Day of Ridyan Baha'i Birthday of Guru Arjan Dev – Sikh Yom HaShoah (Holocaust Remembrance Day) – Jewish
- 3rd World Press Freedom Day 6th Bank Holiday - England, Wales, Scotland, Northern Ireland and ROI
 - Ramadan beains Islam
- 7th Akshaya Tritiya Hindu, Jain 8th World Red Cross Red Crescent Day
- Yom HaZikaron (Israeli Memorial Day) - Jewish
- 9th Yom Ha'Atzmaut (Israeli Independence Day) – Jewish
- 12th International Nurses Day
- 13th Our Lady of Fatima Christian
- 15th International Day of Families
- 17th International Day Against Homophobia, Transphobia and Biphobia
- 19th Vesak Buddha Day Buddhist
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological **Diversity**
- 23rd Birthday of Guru Amar Das Sikh Laa B'Omer – Jewish
- 24th Declaration of the Báb Baha'i
- 27th Bank Holiday England, Wales, Scotland and Northern Ireland
- 29th Ascension of Baha'u'llah Baha'i **International Day of United Nations Peacekeepers**
- **30th Ascension of Jesus** Christian
- 31st World No Tobacco Day Lailat al-Qadr – Islam Quds Day - Islam



The Inclusion Calendar 2019



June 2019

Stonewall Riots



28th June is the 50th anniversary of the Stonewall riots, a series of spontaneous, violent demonstrations by members of the LGBT community against a police raid that occurred early morning at the Stonewall Inn, a gay club, located in Greenwich Village in New York. They served as a catalyst for the gay rights movement and the modern fight for LGBT rights.

This was the Rosa Parks moment, the time that gay people stood up and said no.

Fermanagh & Omagh District Council

Comhairle Ceantair

Fhear Manach agus na hÓmaí

Monday Tuesday Wednesday Thursday Friday Saturday Sunday Week 22 Week 23 0 Week 24 18 19 Week 25 Week 26



Special Days

- 1st Global Day of Parents
- 2nd Yom Yerushalayim (Jerusalem Day)
 Jewish
- 3rd Bank Holiday ROI
- 4th International Day of Innocent Children Victims of Aggression
- 5th World Environment Day Eid al Fitr – Islam
- **6th Ascension of the Lord** Orthodox Christian
- 9th Pentecost Christian Shavuot – Jewish Race Unity Day – Baha'i
- 12th World Day against Child Labour
- 14th World Blood Donor Day
- 15th World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev Sikh Trinity Sunday – Christian Pentecost – Orthodox Christian Father's Day
- 17th World Day to Combat Desertification and Drought
- 20th World Refugee Day
 Corpus Christian
- 21st Summer Solstice
 Litha Yule Wicca/Pagan Northern
 and Southern hemispheres
 - World Humanist Day
- 24th Nativity of Saint John the Baptist

 Christian
- **28th Sacred Heart of Jesus** Christian
- 29th Feast of Saints Peter and Paul

Christian

June Motor Neurone Disease Awareness Month | Stillbirth & Neonatal Death Awareness Month | LGBT Pride Month | Men's Health Awareness Month | Gypsy, Roma and Traveller History Month





July 2019

Marie Skłodowska Curie



4th July marks 85 years since the death of Marie Curie, a Polish and naturalized-French physicist and chemist who conducted pioneering research on radioactivity. She was the first woman to win a Nobel Prize, the first person and only woman to win twice and the only person to win a Nobel Prize in 2 different sciences.

I have frequently been questioned, especially by women, of how I could reconcile family life with a scientific career. Well, it has not been easy.

629	Fermanagh & Omagh District Council
	Comhairle Ceantair Fhear Manach agus na hÓmaí

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 27	1	2	3	4	5	6	7
Week 28	8	9	10	11	12	13	14
Week 29	15	16	17	18	19	20	21
Week 30	22	23	24	25	26	27	28
Week 31	29	30	31				

July is UV Safety Month | Make a Difference to Children Month | International Women with Alopecia Month | Group B Strep Awareness Month | Scams Awareness Month

O Last Quarter

New Moon

First Quarter

O Full Moon

Special Days

4th US Independence Day

5th Birthday of Guru Hargobind – Sikh

10th Martyrdom of the Báb – Baha'i

11th Saint Benedict's Day – Christian

World Population Day 12th Orangemen's Day

Bank Holiday – Northern Ireland

15th Saint Vladimir the Great's Day
– Orthodox Christian

World Youth Skills Day

16th Asalha Puja (Dharma Day) – Buddhist

17th World Day for International Justice

18th Nelson Mandela International Day

22nd Feast Day of Saint Mary Magdalene

- Christian

23rd Birthday of Guru Har Krishan – Sikh Birthday of Emperor Haile Selassie

– Rastafari

24th Pioneer Day – Mormon Christian

25th Saint James the Great's Day – Christian

28th World Hepatitis Day

30th World Day against Trafficking Persons International Day of Friendship



August 2019

Anne Frank



Annelies Marie Frank was a German-born Jewish diarist who gained fame posthumously following the publication of "The Diary of a Young Girl" in which she documents her life in hiding from 1942 to 1944. 4th August marks 75 years from the arrest of Anne and her family by the Gestapo in a secret annex in the building where Anne's father, Otto Frank, worked in Amsterdam.

We all live with the objective of being happy; our lives are all different and yet the same.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Week 31				1	2	3	4			
Week 32	5	6	7	8	9	10	11			
Week 33	12	13	14	15	16	17	18			
Week 34	19	20	21	22	23 °	24	25			
Week 35	26	27	28	29	30 [•]	31				
August is Health & Safety Month Psoriasis Awareness Month Black Business Month Children's Eye Health & Safety Month										
	O Last Quarter ■ New Moon ● First Quarter ○ Full Moon									

Special Days

- 1st Lammas Christian
 Fast in honour of Holy Mother of Lord
 Jesus Orthodox Christian
 Lughnasadh Imbolc Wicca/Pagan
 Northern and Southern hemispheres
- 5th Summer Bank Holiday Scotland and ROI
- **6th Transfiguration of the Lord** Orthodox Christian
- Transfiguration Sunday Christian
 9th International Day of the World's
 Indigenous Peoples
- 10th Waqf al Arafa Islam
- 11th Tish'a B'av Judaism
- 12th International Youth Day
 Eid al Adha Islam
- 15th Assumption of Blessed Virgin Mary
 - Catholic Christian

Dormition of the Theotokos – Orthodox Christian

Raksha Bandhan – Hindu

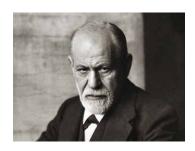
- 19th World Humanitarian Day
- **22nd Queenship of Mary** Catholic Christian
- **23rd Krishna Janmashtami** Hindu
- **26th Summer Bank Holiday** England, Wales and Northern Ireland
- **27th Paryushana Parvarambha begins** Jain
- 29th Beheading of Saint John the Baptist

Christian



September 2019

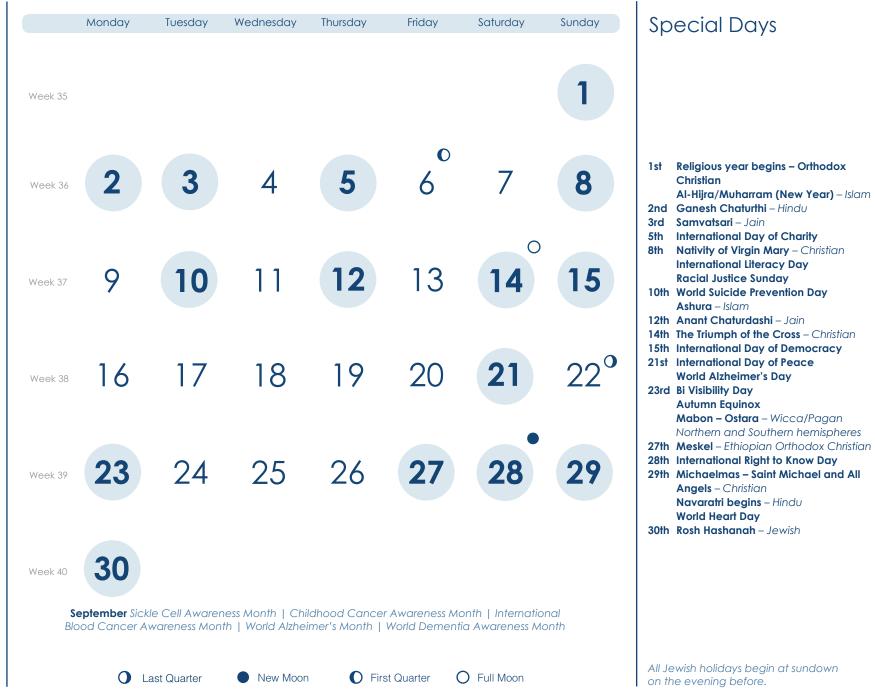
Sigmund Freud



Sigmund Freud was an Austrian neurologist and the founder of psychoanalysis who died 80 years ago on 23rd September. His work and theories helped shape our views of childhood, personality, memory, sexuality and therapy. He is regarded as one of the most influential, and controversial, minds of the 20th century.

Most people do not really want freedom, because freedom involves responsibility, and most people are frightened of responsibility.

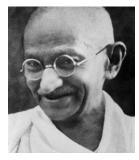






October 2019

Mahatma Gandhi



2nd October marks 150 years since the birth of Mohandas Karamchand Gandhi, an Indian activist. Employing nonviolent civil disobedience, Gandhi led India to independence and inspired movements for civil rights and freedom across the world. Gandhi was shot to death in Delhi in January 1948.

The day the power of love overrules the love of power, the world will know peace.



Monday Tuesday Wednesday Thursday Friday Saturday Sunday 0 Week 40 13 8 Week 41 Week 42

October is Breast Cancer Awareness Month | Down Syndrome Awareness Month | Black History Month (UK) | Lupus Awareness Month | Global Diversity Awareness Month





Special Days

- 1st International Day of Older
- 2nd International Day of Non-Violence Feast of the Guardian Angels

- Christian

- 4th Saint Francis' Day Christian **Blessing of the Animals** – Christian
- **Dussehra Dasara** Hindu
- 9th Birthday of Guru Ram Das Sikh Yom Kippur – Jewish
- 10th World Mental Health Day **World Sight Day**
- 11th International Day of the Girl Child
- 14th Sukkot Jewish
- 15th International Day of Rural Women
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Saint Luke, Apostle & Evangelist - Christian
- 21st Shemini Atzeret Jewish
- **22nd Simchat Torah** Jewish
- 24th United Nations Day
- 26th Intersex Awareness Day
- 27th Diwali Deepavali Hindu, Sikh, Jain Bandi Chhor Divas – Sikh **British Summer Time ends**
- 28th Bank Holiday ROI New Year - Jain
- 29th World Stroke Day Birth of the Báb – Baha'i
- 30th Birth of Baha'u'llah Baha'i
- 31st All Hallows' Eve Christian Samhain (Halloween) - Beltane
 - Wicca/Pagan Northern and Southern hemispheres
 - **Reformation Day** Protestant Christian





November 2019

George Eliot



22nd November is 200 years since the birth of George Elliot, the pen name for Mary Anne Evans, an English novelist, poet, journalist, translator and one of the leading writers of the Victorian era. Her novels are set in provincial England and known for their realism and psychological insight. Mary Anne used a male pen name, she said, to ensure that her works would be taken seriously.

No story is the same to us after a lapse of time; or rather we who read it are no longer the same interpreters.



Special Days Monday Tuesday Wednesday Thursday Friday Saturday Sunday Week 44 All Saints' Day – Christian 2nd All Souls' Day – Christian 0 Coronation of Emperor Haile Selassie I – Rastafari Week 45 5th Guy Fawkes Night 8th Intersex Day of Solidarity 9th Dedication of the Lateran Basilica - Catholic Christian 10th Mawlid al-Nabi – Islam Remembrance Sunday 16 11th Armistice Day – Interfaith Week 46 12th Birthday of Guru Nanak Dev - Sikh 13th World Kindness Day 14th World Diabetes Day 15th Nativity Fast begins – Orthodox Christian 17th International Students' Day 19th International Men's Day 20th Universal Children's Day Transgender Day of Remembrance 21st Presentation of the Theotokos - Orthodox Christian 24th Martyrdom of Guru Teah Bahadur - Sikh 30 Feast of Christ the Kina – Christian Week 48 25th International Day for the Elimination of Violence against Women **26th Day of the Covenant** – Baha'i 28th Ascension of Abdu'l-Bahá – Baha'i **Thanksgiving** – Interfaith USA **30th Saint Andrew's Day** – Christian **November** is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month | Mouth Cancer Action Month | COPD Awareness Month | Movember Men's Health Awareness Month All Jewish holidays begin at sundown Cast Quarter New Moon First Quarter Tull Moon on the evening before.



December 2019

Irving Zola



1st December is the 25th anniversary since the death of Irving Zola, an American activist and writer in medical sociology and disability rights. He came from a working-class Jewish family and at the age of 16 was stricken by polio. He was a founding member of the Society for Disability Studies.

Until we own our disability as an important part of our identity, any attempt to create a meaningful pride, social movement or culture is doomed.



Special Days

- 1st World AIDS Day Advent Sunday – Christian
- 2nd Bank Holiday Scotland International Day for the Abolition of Slavery
- 3rd International Day of Persons with Disabilities
- 6th Saint Nicholas' Day Christian
- 8th Feast of the Immaculate Conception
 Christian
- Rohatsu (Bodhi Day) Buddhist

 9th International Anti-Corruption Day
- 10th Human Rights Day
- 12th Feast Day of Our Lady of Guadalupe

 Catholic Christian
- 18th International Migrants Day
- 20th International Human Solidarity Day
- 21st Yule Litha Wicca/Pagan Northern and Southern hemispheres Yule – Christian
- 22nd Winter Solstice
- 23rd Chanukah Jewish
- 24th Christmas Eve Christian
- 25th Christmas Day Christian
 - Bank Holiday England, Wales, Scotland, Northern Ireland and ROI Feast of the Nativity – Orthodox
 - Feast of the Nativity Orthodox Christian
- 26th Saint Stephen's Day Christian Boxing Day
 - **Bank Holiday** England, Wales, Scotland, Northern Ireland and ROI
 - Zarathosht Diso (Death of Prophet Zarathushtra) Zoroastrian
- 28th Holy Innocents Christian
- **29th Feast of the Holy Family** Catholic Christian
- 31st New Year's Eve/Hogmanay Watch Night – Christian



The Inclusion Workshop

Practical half day training session for all staff

Fresh thinking! Innovative perspectives! Packed with new concepts and ways of working. Highly relevant for all organisations.

Key Points

- From diversity to inclusion how the workplace is changing.
- Recognising and building on individual strengths.
- Unleashing the potential of all of your staff
- Top 10 business benefits of inclusion and how to measure them.
- Turning team meetings into drivers of inclusion 5 point checklist.
- How to leverage untapped individual potential for organisational success.
- Creating an inclusion strategy for your organisation, department or team.
- The daily language and individual behaviours of inclusion.
- Collective coaching a practical management framework for building inclusion in the workplace.
- How inclusion can unlock creativity questions to ask all staff!
- Going beyond engagement and empowerment to inclusion follow the inclusion process.
- How to build inclusion benefits into every encounter and engagement.
- Inclusion training for all managers and staff how you can make it happen.
- Building Inclusion in the Workplace personal action plans.

Book your in-house workshops now

Suitable for groups of 10 – 50 individuals Choose Morning (9:30am - 12:30pm) or Afternoon (2pm - 5pm) sessions.

Trainer Training Development Opportunities

Trainer training programme available to enable your staff to deliver The Inclusion Workshop in-house.

Licensed Trainers

Become an approved Inclusion trainer in your area (p/t & f/t roles).

Further information on The Inclusion Workshop

Book online at www.diversiton.com

Contact Des McCabe to discuss - diversiton@gmail.com / 07717 203325



Inclusion Partners 2019











































































































































THE INCLUSION CALENDAR 2019























