

Fermanagh & Omagh District Council Community Support News – November 2022

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for the next Newsletter is Thursday 24 November

Council News & Events

[COVID-19 \(Coronavirus\) Information, advice & Council services – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/covid-19-information-advice-and-council-services)

For a list of events across the District visit
<https://www.fermanaghomagh.com/events-and-festivals/>

PEACEPLUS

Public Consultation Events

Fermanagh and Omagh District Council wish to invite you to attend a public consultation event to hear your views on the development of a Fermanagh and Omagh PEACEPLUS Local Action Plan.

The Plan will be based on community needs and will seek to overcome challenges/barriers on a wide range of areas that will promote peace and prosperity across the district.

To get involved please attend one of the following events:

Date and Time	Venue
Thursday 10 November at 12.00pm to 1.30pm	Fermanagh House, Enniskillen
Tuesday 15 November at 12.00pm to 1.30pm	Strule Arts Centre, Omagh
Tuesday 15 November at 7.00pm to 8.30pm	Dromore Sports Complex, Dromore
Thursday 17 November at 7.00pm to 8.30pm	Online Event
Thursday 26 November at 7.00pm to 8.30pm	Online Event

There is no requirement to register your interest to attend an event and refreshments will be available.

To attend the online event or for further information on the consultation process please contact Deborah McCartan by email on peace@fermanaghomagh.com or by telephone at 0300 303 1777.

Autism Café

Friday 4 November, 10am-1pm, Fermanagh Lakeland Forum

Friday 9 December, 10am-1pm, Omagh Leisure Complex

Fermanagh and Omagh District Council and the Western Health and Social Care Trust are organising two Autism Café Events during November and December. The events aim to help provide parents, family members and practitioners with more information on the early intervention support available to children and young people who are diagnosed or waiting on an autism assessment. The events are being supported by the Public Health Agency.

For more information, please telephone 07880 723076 / 0300 303 1777

Email Priscilla.magee@westerntrust.hscni.net or disability@fermanaghomagh.com

Coffee, Conversation and Interfaith Quiz

Tuesday 8 November, 10am-11.30am

Mahon's Hotel, Irvinestown

An event to learn more about each other's faith over a cuppa and a chat

For more information and to register email goodrelations@fermanaghomagh.com

Tel: 0300 303 177

Footprints for the Future

Tuesday 15 November, 11am-12pm

St Julian's Park, Omagh

Fermanagh and Omagh District Council will host a ceremony to celebrate the diversity of cultures and faiths that exist in the area by planting trees and burying a time capsule for future generations to enjoy and learn from. The trees will be planted in a diversity garden by Fermanagh and Omagh District Council staff, members of Fermanagh and Omagh Interfaith group and local volunteers. Following the tree planting a time capsule, which contains artefacts from a variety of faiths and cultures in the district will be buried to be opened in 100 years' time.

For more information and to register email goodrelations@fermanaghomagh.com

Tel: 0300 303 177

Greener Outdoor Sports Workshop

Wednesday 16 November, 7pm

Fermanagh House

If you are interested in Greener Outdoor Sports in Fermanagh, come along to an interactive workshop, aimed at representatives of outdoor sports groups, clubs and outdoor recreation providers operating in the natural environment in the Fermanagh & Omagh area.

At the workshop you will hear about the outcomes of the pan European SEE research project researching the impacts and what type of training is offered by sports as well as having a wider discussion to gauge your views, ideas and input into training availability and opportunities within the area.

To register or for more information, visit <https://lelp.org.uk/greener-outdoor-sports-in-fermanagh/>

Winter Woolly Rally

FODC is delighted to partner with [South West Age Partnership](#) again this year for the “Winter Woolly” Rally.

The competition is aimed at encouraging residents to get knitting with a prize for the most cheerful winter woolly. Items can include, knee blankets, hats, scarves or gloves and entries can be knit or crocheted. When the competition has closed, each adult “Winter Woolly” item that has been entered will be gift wrapped and donated to an older person living within our community.

Closing date for submission of completed entries, Friday 18 November 2022

Winners will be announced on Fuel Poverty Awareness Day, Friday 2 December 2022 with a prize of Oil Stamps

For more information contact Health Improvement Team at Fermanagh and Omagh District Council on 0300 303 1777.

Celebrating Christmas in our Community – Fermanagh & Omagh Community Christmas Countdown

It's that time of year again for the FODC Community Christmas Countdown and we aim to make this year even bigger and better!

Would your school or community group like to spread some Christmas cheer around the district? If so, it's time to get those vocal cords warmed up, dust off your Santa hats and let's bring the magic of Christmas to Fermanagh & Omagh.

If you wish to take part please submit a short video, of 5 minutes maximum in length, something such as a carol, poetry or maybe a short film. Something that will bring a little cheer during this festive time. The recordings need to be formatted as either a MOV or MP4 video (which is available on most smartphones) and taken landscape as this works better on YouTube. You can attach a jpeg of the school logo etc. and we will include this on the YouTube video.

The deadline for this submission is Wednesday 30 November and we will advise you of your scheduled date and time which will allow parents, grandparents, family and friends to tune in and join the fun.

Data Protection

Please ensure you have the correct third-party parental/guardian permissions for any pupils involved before submitting content to the Council; any school/nursery submitting content will imply correct permissions are in place.

In accordance with the Data Protection Act 2018, Fermanagh and Omagh District Council has a duty to protect any information we hold on you. The personal information you submit to us will only be used for the purpose of sharing some Christmas joy and will be on the Council's YouTube channel. For further guidance on how we hold your information please visit the Privacy section at www.fermanaghomagh.com/your-council/privacy-statement/

For YouTube privacy information please visit <https://policies.google.com/privacy?gl=GB&hl=en>

Please ensure that any material you choose is not subject to copyright.

Please contact Leza Cleary at leza.cleary@fermanaghomagh.com to submit your entries or if you require any additional information.

Access and Inclusion

As part of the Bounce Festival 2022, members of the Council's Access Advisory Group have produced a few videos to help raise awareness of disabilities.

To view the videos please visit the Council's Youtube Channel on bit.ly/3VdNE88

Physical Activity Referral Scheme (PARS)

A 12 week exercise programme for people with specific health conditions.

For details please visit

[Physical Activity Referral Scheme \(PARS\) – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://fermanaghomagh.com/Physical-Activity-Referral-Scheme-PARS-Fermanagh-Omagh-District-Council)

MacMillan Move More (MM)

An exercise and support programme for those living with and beyond cancer.

For details please visit

[Macmillan Move More Project – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://fermanaghomagh.com/Macmillan-Move-More-Project-Fermanagh-Omagh-District-Council)

Cainteanna | Talks

Community Groups can request an Irish Language Officer to deliver a talk in their area. The talks take approximately 1 hour and groups must provide the venue.

Townlands Talk – An insight into place names in the Fermanagh and Omagh District Council area, encouraging everyone to learn about their own Townlands and use them in their daily lives.

Irish Taster Session – A brief overview of some elements of the Irish Language, showcasing greetings, animal names, poetry, Townlands and seanfhocail (proverbs).

To book a talk for your group [click here](#)

Carbon Literacy Training for community groups

- **Thursday 3 November 2022:** In-person at Bawnacre, Irvinestown, 10am - 4pm.
Max. 20 people (lunch provided)
- **Friday 9 December 2022:** Online 10am - 4pm.
Up to 50 people.

Are you a member of a local community or youth group, keen to learn more about climate change? Do you want to know the climate science facts as well as learn how we can all work together to make a change? Come along to this accessible, 1-day programme and learn with people from your council area to find the ways that local communities can make a difference together and become part of the solution.

The link for signup is below and the courses are now live for booking;

<https://keepnorthernirelandbeautiful.etinu.net/cgi-bin/generic?instanceID=73>

This is a link to a short 2-minute video with details of the programme and a response from a local community member. It may be useful:

[Begin Climate Action with Carbon Literacy Programmes - YouTube](#)

For further information please contact the Council's Biodiversity Assistant,

emma.denton@fermanaghomagh.com Tel 0300 303 1777 Ext: 20502

On **Friday 11 November**, Keep NI Beautiful will be running a COP 27 Carbon Smart Communities – Your Carbon Future NI training event.

This is a 1-day online training session open to all community groups NI wide.

Consultations

<https://www.fermanaghomagh.com/your-council/consultations/>

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district.

Are you choosing between heating your home or eating adequate meals?

Do you worry how you are going to make ends meet?

If so, please consider calling the Council's Health Improvement Team on 0300 303 1777 who can offer energy efficiency advice, determine if you are eligible for an energy efficiency grant, refer you to a specialist organisation for a benefit entitlement check or signpost you to other resources where you can get information regarding making delicious low-cost nutritious meals.

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](http://fermanaghomagh.com)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163>

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	Ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Leza Cleary	leza.cleary@fermanaghomagh.com	Ext 21234
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Billie-Jo Irwin	billie-jo.irwin@fermanaghomagh.com	Ext 20220
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275

Community News

“Tackle the rising cost of Living!”

Are you worried about the ever-rising costs of food and fuel?

Would you benefit from tips and advice on how to make your money go further?

The Community Family Support Programme are running a workshop to help with this!

The content will include good money management, budget friendly grocery shopping and energy efficiency tips for your home, to help your food and energy bills stay as low as possible this winter.

Limited places available and booking is essential by calling 07739 651536

T & C's apply

Monday 7 November, 11am-12.30pm

CFSP Office, East Bridge Street, Enniskillen

Tuesday 15 November, 11am-12.30 pm

CFSP B18 Omagh Enterprise Centre, Great Northern Road.

Advice and Support with the Cost of Living

[nidirect](https://www.nidirect.gov.uk/cost-of-living) has issued important information & advice about support available to help with the cost of living, including:

- help with energy costs
- help with your income
- help for families and children
- help for older people
- help with housing
- help with other costs

To find out more visit <https://www.nidirect.gov.uk/cost-of-living>

“Beyond the Call” Project

Provision of telephone, home and “out and about” buddy befriending for older people aged 60 and over living in Omagh, Fermanagh and Strabane. We are currently open for referrals. We have a coordinator in each of the areas, Laurence Harte (Omagh) and Rita O’Loughlin (Fermanagh). Contact us at Omagh Volunteer Centre on 028 8224 0772 for further information.

Fermanagh Rural Community Network

‘Level 2 Award in Food Safety in Catering’ (Basic Food Hygiene) Course

Saturday 19 November, 9.30am-4pm

Derryvullan South Parish Hall, Gola Road, Tamlaght, Co Fermanagh

Places are limited on this free course and must be booked in advance.

Please book a place by Friday 4 November with Fermanagh Rural Community Network on 028 6632 7006 or by email: info@fermanaghrcn.org

Tea & Coffee will be provided but we ask that participants bring their own lunch

Fermanagh Gardening Society

Tuesday 15 November, 7.30pm (change of time this month only)

in the Killyhevlin Hotel, Lisgoole Suite.

The guest this month is John Smyth, Head Gardener from Belvedere Gardens, Mullingar.

John will speak on ‘The Secrets of Belvedere Gardens’.

This promises to be a great night. Everyone welcome. Visitors £5

For more information or any questions email us on fermanaghgarden@outlook.com or find us on facebook @ Fermanagh Garden

Inspire Wellbeing

Free Drop in Breakfast

Tuesdays 10.30am-11.30am

Archdale Hall, Lisnaskea

Enter through the Corn Market

A selection of breads, cereals, yoghurts, fruits, tea and coffee will be provided. All welcome

Enniskillen and District Soroptimist Club

Fundraiser for Enniskillen Foodbank and Women's Aid

Enniskillen & District Soroptimist Club are hosting a Fundraising Dinner in the Westville Hotel on Friday 4 November 2022. Welcome drinks Reception at 7pm, followed by dinner and Guest Speaker Ian McElhinney.

Tickets are £45 and available from Philomena Cleary 028 6632 2963/07791 513048 or

Hazel Allen 028 6862 1839/07813 176560, The Westville Hotel or any Soroptimist.

All proceeds for Soroptimist charities to include Enniskillen Foodbank and Women's Aid

Parenting NI

Tuesday 8 November, 7.00 – 8.30pm x 6 weeks via zoom

Sink or Swim (Positive Mental Health Programme for Parents)

Parents who wish to reserve a space just need to call the Parenting NI Support Line on 0808 8010 722.

Falls Awareness Survey

www.surveymonkey.co.uk/r/3S98KLP

As part of the Western Health and Social Care Trust's Falls Awareness Campaign, we aim to increase public awareness on ways to prevent falls. We are inviting members of the public to complete a short Falls Awareness Survey which will take 5 minutes to complete. People are encouraged to use the survey to have a falls prevention conversation with family, friends, carers, GP or healthcare professional.

St Patrick's Day Fermanagh 2023 – Back To The Future

This week the volunteers of Project St Patrick announced the theme for next year's comeback event: Back To The Future!

We have limited amounts of grants of up to £500 for non-profit taking organisations who would like help to create their float under our theme, which should allow great scope for interpretation and creativity. These will be issued on a first come first served basis and are limited. If you are interested, please request an expression of interest from info@projectstpatrick.com and return **before Monday 7 November 2022**. *Before approval for a grant we would expect an outline of your proposed entry and it will also be subject to some small T&C's.

As the big day falls on a Friday, we're hoping to make it a massive homecoming and reward your patience with our biggest party ever, trust us...you're not going to miss this one!

So, if you're in a band, school, business or community group get in touch with us to see how you can take part in the celebrations and showcase your project - we could even match you with another group and will provide your transport.

Note: The fun day and parade will take place on Friday 17 March.

This event is sponsored by Fermanagh and Omagh District Council, funded by Department for Communities

Free Planning Advice Clinic

Wednesday 9 November, 12 noon -4pm

Fermanagh House, Enniskillen

To book an appointment tel 028 9023 9444 or Email info@communityplaces.info

[Community Places](#) is an independent charity that provides free planning advice to people and communities who cannot afford private consultants.

Carbon Smart Communities Training

with [Keep Northern Ireland Beautiful](#)

Thursday 3 November, 10am – Bawnacre Centre, Irvinestown

Friday 9 December, 10am - Online

Are you interested in learning more about Climate Change?

Do you belong to a community / youth group?

If so, sign up to learn what action you can take to be part of the solution!

For more information and to register visit bit.ly/3VIN5Ug

Eden Project Communities Virtual Community Camp

Applications Welcome

Eden Project Communities next virtual Community Camps will be held in November 2022 and January 2023.

Designed to connect and support volunteers and people with community ideas, the Virtual Community Camp is an immersive learning experience, offering a mix of practical activities, workshop sessions and networking opportunities for people from across the UK.

Fully funded by National Lottery Community Fund. This year applicants may also attend a series of in person, optional sessions held in a range of communities across Northern Ireland.

Participation in the Community camp opens up access to the UK wide Eden Project Communities Network as well as optional attendance at any of our Northern Ireland gatherings and a network of connected community people online.

To find out more and apply visit: <https://www.edenprojectcommunities.com/community-camps>

Libraries NI Heritage from Home Series 3 - November online talks

These are online zoom events - further details and information on how to book are available on the Heritage from Home 3 page on Libraries NI website [Heritage from Home 3 \(librariesni.org.uk\)](https://librariesni.org.uk)

The Oak Healthy Living Centre

Healthy Families Programme

12 week programme starting on

Friday 18 November, 10am – 12 noon

4 weeks personal development

4 weeks healthy eating

4 weeks physical activity/self care

Free and open to parents of all ages to attend.

Places will be limited so please contact Patricia on 07593 446202

Crèche and Transport Provided

Stepping on Programme

The Stepping on Programme offers balancing & strengthening exercises for Older People which can help to reduce falls and at the same time increase self confidence in situations where they are at risk of falling.

Falls are a serious problem and can even on occasions be fatal, however falls can be prevented at any age.

Stepping on presents an evidence based exercise programme called OTAGO which aims to strengthen muscles and improve balance which helps reduce falls.

Programmes are being held in the following locations:

ARC Healthy Living Centre, Irvinestown.

Contact peggy.carty@archlc.com Tel 028 6862 8741 for programmes starting on 17 January 2023

St Columba's Hall, Omagh.

Contact michael@dergvalleycare.com Tel 028 8167 0764 for programmes starting on 26 January 2023

Aisling Centre

Counselling - A reminder that Aisling Centre accept self-referrals. You can download a self-referral form from our website www.theaislingcentre.com or phone us on **028 6632 5811** and we will post one out to you. Or, if you want to speak to someone on the phone before filling out a form please do feel free to get in contact with us.

Email info@theaislingcentre.com or telephone 028 6632 5811

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

Many thanks for your continuing support - it is greatly appreciated.

Check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions.

Breastfeeding Return to Work Packs

This pack contains; a cool bag, ice block, reusable water bottle and breastmilk storage bottles to assist staff in continuing their breastfeeding journey. The pack also contains additional information on safe storage of breastmilk.

Any organisation wishing to avail of this on behalf of a staff member, should contact the Health Improvement Equality and Involvement Department on 028 718 635127

or health.improvement@westerntrust.hscni.net

The Creative Lives Awards - formerly the Epic Awards

An annual celebration of the achievements of voluntary and community-led creativity.

Each year, we invite creative groups across the UK and Ireland to share their achievements with us, so we can give you a well-deserved moment in the spotlight.

If your group did something really special between September 2021 and September 2022, and voluntary participants played a key role in both planning and delivery, then fill out the online application form [here](#) or download a Word version [here](#).

Visit <https://www.creative-lives.org/awards> to find out more

Entry closes Monday 19 December 2022.

Rethink Programme

**Monday 7 November at the Ardhoven Theatre, Enniskillen
every Monday for six weeks**

Ready to make a healthy change in your life? Sign up for a new **free** Resilience Building programme:

- Adjusting the way we think
- Think Well – Maintaining a healthier mind
- Feel Well – Maintaining a healthier you
- Plan Well – Keeping Active – Setting SMART Goals
- Connect Well
- Explore problem solving and reflecting on our learning

Each participant will receive an information learning pack for each session.

For further information or to book your place contact Wendy on 07849 086711 or Roley on 07921 399544

Hourglass

Hourglass is the only charity dedicated to calling time on the harm, abuse and exploitation of older people across the United Kingdom. With more than 25 years' experience and expertise, our mission is to listen, advise and support vulnerable older people and all those affected by abuse and neglect throughout the UK.

Every year, more than a million older people are physically, psychologically, financially or sexually abused, or neglected in the UK. That's one in six older people who are victims of abuse.

Hourglass has developed traction in the Northern Ireland Assembly to achieve our primary goal of implementing an Adult Safeguarding Bill, bringing Northern Ireland in line with legislative protections across the wider UK.

Our Community Hub is a one-stop-shop for anyone who is concerned about the abuse of older people, or needs advice about safer ageing. With a strong community presence, our focus is to provide an immediate and localised response to the abuse of older people building on our own expertise, as well as working with a range of partner agencies in local communities across Northern Ireland.

For more information, please view our website on <https://www.wearehourglass.org/ni> or contact us via email nireland@wearehourglass.org

Online Stress Control Classes

Dates of the next free online Stress Control classes in November / December

- Session One: 9am Monday 14 November (available until 8am 17th)
Session Two: 9am Thursday 17 November (available until 8am 21st)
Session Three: 9am Monday 21 November (available until 8am 24th)
Session Four: 9am Thursday 24 November (available until 8am 28th)
Session Five: 9am Monday 28 November (available until 8am 1st December)
Session Six: 9am Thursday 1 December (available until 8am 5th)

Further information can be found at <https://ni.stresscontrol.org/dates/>

Erne Paddlers

Kayaking continues through the winter months with our indoor pool courses. Running from October to mid-December, with more to follow in 2023. We have courses for complete beginners, courses for anyone seeking to improve the skills they already have, and courses for kids, 8yrs+. These are taking place in Enniskillen at the Lakeland Forum pool and in Fivemiletown College Youth Annex. Highly qualified paddlesport instructors, progressive coaching and development, and all equipment provided. Individuals can book directly online at www.ernepaddlers.org.uk/events

Find us on Facebook, Instagram and Twitter for regular updates.

Erne Paddlers is your local paddlesports club, a community organisation and a not for profit registered charity. We have experience over many years, coaching individuals and groups of all ages and abilities, developing staff and volunteers' skills, and facilitating tailor made courses and programmes for local organisations, including schools. We are committed to providing access to paddlesport for all and to the 'Take 5' steps to wellbeing approach, making these a central part of the club's ethos. If you would like to find out more about the club please get in touch, email@ernepaddlers.org.uk or call 07468 911398

Omagh Volunteer Centre

For a copy of our latest newsletter visit <https://omaghvolunteercentre.org/opportunities>

Share Village on Ice returns to Share Discovery Village

From school groups, to families and couples, to corporate breaks and team building nights, Share Village on Ice is sure to create a fun-filled, memorable night for everyone. Themed sessions are also planned to get the party started, from 80's night, country night and Disney sessions, skaters of all ages are guaranteed a good time.

Customers can enjoy seasonal food and drinks with some bites on the side. From hot chocolate and tea and coffee, to slushies, ice cream and hot food takeaway, there's something for everyone. Need a break from the frozen fun? Take yourself off the ice and onto the inflatable bouncy castle or have a go on the new curling lane.

Booking is open via www.sharevillage.org. Hurry! Spaces are filling up fast!

Public Health Agency –

Flu and COVID-19 winter vaccination campaign launched

A planned and targeted winter vaccination campaign to help protect those most at risk from respiratory illnesses has been launched by the Public Health Agency (PHA).

The campaign will see free flu and COVID-19 vaccines offered to over 1 million people in Northern Ireland within eligible groups over the coming months.

The programme will be implemented using a combination of GPs, community pharmacies and Health and Social Care Trusts, with the majority of vaccinations expected to be administered by GPs and community pharmacies.

Flu vaccine - If you are eligible for flu vaccination, you need to be vaccinated every year as the antibodies that protect you from flu decline over time, and flu strains change from year to year. It can take up to two weeks for your immunity to build up fully after you have had your flu vaccine.

COVID-19 autumn booster - The COVID-19 autumn booster is being offered to people at higher risk from coronavirus. By taking up the booster vaccine this autumn, you will increase your protection ahead of the winter months, when respiratory viruses are typically at their peak.

Vaccine programme arrangements

Given that the two vaccination programmes will be running at the same time, with slightly different arrangements and eligible groups for each, we are urging people to work with our health service, whether it is the school nursing service, your GP surgery, community pharmacy or another route of vaccination, so that both programmes can be delivered in a timely and well-managed way.

Some people may be offered the flu jab and COVID-19 booster vaccine at the same appointment. It is safe and effective to receive it in this way.

For further information please visit <https://www.publichealth.hscni.net/news/years-winter-vaccination-programme-gets-under-way>

Training Opportunities

Get Set for Construction Jobs

Thursday 3 November, 8.30am-5.30pm

Fermanagh House, Broadmeadow Place, Enniskillen

Free for 16-24 year old school leavers and unemployed young people who are looking for jobs in construction. **Free** CSR Card – Lunch provided

To book your **free** place, please email Lee Hamilton lee@youthaction.org

Prince's Trust

Online Courses

Suitable for those not in full-time work or full-time education

Support for Starting a Business, Age 18-30

Information Session, 3 November 11am-12pm online

Programme Dates 8-11 November, 10am-12.30pm online

Unlock Skills for Work, Age 16-30 – help you gain the skills to find a job
9 and 10 November online

Get Started in Photography, Age 16-30

Taster 23 November, Course dates 28 November – 2 December online

Want to work from home? Age 18-30

6 and 7 December, online

For more info call free on 0800 842 842

Email outreachni@princes-trust.org.uk

Free Social Media Training

As part of the “New Beginnings – Community Voices” project, Omagh Community House are offering free training on Social Media.

The training is aimed at all levels of capacity on Social Media (whether you are a long-time user or a complete newcomer) and will increase awareness of social media and its uses whilst also gaining a qualification via OCN.

The training is OCN Accredited – Level 1 & Level 2 (equivalent to an A-level) and will be run over the course of 5 full days in Omagh Community House.

The Training begins on Wednesday 16 November from 10am – 4pm (Lunch provided) and runs for 5 weeks consecutively.

If you (or other staff/volunteers) wish to secure a place on the training please email communityvoicesoch@gmail.com (spaces are limited and are reserved on a first-come basis)

Investing in Community Winter Programme

Working or Volunteering in the Community / Voluntary sector?

Are you volunteering in a mother and toddler group, a sports club, a women’s group, community centre, men’s shed or befriending service?

Are you sitting on a Committee or Board and want to improve your knowledge or skills? Working or Volunteering for years, have the experience but want to meet others and build connections in your area?

Then please take a look at what’s currently on offer for **free** on our Investing in Community Programme!

Allow us to help you improve your knowledge and skills and enable you to serve your community or group to the best of your ability!

Link to Full Winter Programme:

[Training Programme Sept - Dec 2022 \(fermanaghtrust.org\)](https://fermanaghtrust.org/training-programme-sept-dec-2022)

WHSCT Recovery College

The WHSCT is running **free workshops on mental health and emotional wellbeing** throughout the Trust area - Derry/Londonderry, Enniskillen, Limavady, Omagh and Strabane. All courses are written and delivered by people who have the lived experience of mental health issues alongside mental health professionals. Course topics range from Understanding Psychosis, to Getting a Good Night’s Sleep, to Learning to Like Yourself and are all designed to give people the skills and confidence to better manage their mental health and emotional wellbeing.

Our new Autumn 2022 Prospectus is available to download from the WHSCT website: <https://westerntrust.hscni.net/service/recovery-services/recovery-college/>

Alternatively you can contact the Recovery College on 028 8225 2079 or email recoverycollege@westerntrust.hscni.net and they will send you a copy of the prospectus.

Upcoming Mental Health and Self Care Courses

The Health Improvement, Equality and Involvement Team (WHST) still have some spaces remaining on upcoming mental health/self care courses advertised in our departmental training brochure. For full details on each course and to register, see below:

Bend Don't Break Workshop

Wednesday 16 November 2022, via Zoom

Central to supporting well-being and resilience are positive thinking skills, support and self-care. This workshop uses the 'Bend Don't Break' self-help guide as a tool for participants to cope with stressful situations and build their own resilience. Participants will be invited to work through the guide at their own pace and the only requirement is that they provide feedback on the benefits of the workshop on their well-being. For further information and to register click [HERE](#)

Wellness Workshop

Tuesday 15 November 2022, via Zoom

Taking care of our emotional wellbeing can help us become more resilient and enhance our feelings of self-worth. This course will introduce some easy evidence based activities that can be incorporated into daily and weekly routines to help us maintain emotional wellbeing and improve outlook on life. For further information and to register click [HERE](#)

Manifest: Connecting Men With Mind Fitness

Thursday 17 & Friday 18 November 2022 (2 Day Course), via Zoom

This course explores the key issues that impact on men and their mental wellbeing. It also considers what works in order to be able to effectively engage with men and signpost them to a range of services. For further information and to register click [HERE](#)

Health Improvement Training Brochure, October to December 2022

The WHST Health Improvement Equality & Involvement Department is delighted to share their latest training brochure for the period October to December 2022.

Choose from a range of courses with topics including Autism Spectrum Disorder (ASD) awareness, mental health & suicide prevention, digital safeguarding and child sexual exploitation. The majority of courses will be delivered via zoom with some courses delivered face to face in a range of locations across the WHST.

The brochure has been created using Page Tiger, an interactive document. To navigate please use the blue arrows on the left and right of each page. If you would like more information or to book a place on the course please click on the icon 'click here for more information' which will take you to the Eventbrite registration page. Please note that some courses offer a choice of dates and locations therefore it is important to click the icon beside the date you wish to register for.

To view the training brochure click on this link [Training Brochure Oct-Dec 2022](#)

If you have any issues or queries in relation to our training brochure, please email health.improvement@westerntrust.hscni.net or telephone 028 7186 5127 for further information.

Free Keeping Adults Safe Online Training

**For community, voluntary, faith and independent sector organisations
in the Western Trust Area**

Keeping Adults Safe: Training for Staff and Volunteers

Suitable for staff/volunteers who have regular and/or direct contact with adults at risk (e.g. leader, coach, carer or support worker), this certificated training programme covers: key definitions; legal context of adult safeguarding; awareness of abuse issues; procedures for reporting concerns; procedures for planning activities and assessing and managing risk; confidentiality issues; and code of behaviour for staff/volunteers.

12 January 2023, 10.00am - 3.30pm

[Keeping Adults Safe: Training for Staff and Volunteers \(Western Trust area\) - Volunteer Now](#)

All Keeping Adults Safe training is supported by the Health and Social Care Board.

All training is delivered by accredited trainers.

Funding Opportunities

2023/24 Department of Health Core Grant Funding Scheme.

£3.6 million Scheme Opens

In recognition of the important role the community and voluntary sector plays in supporting the work of the health and social care system, necessary funds will be identified as a priority for the Scheme.

This is the first time in nearly two decades that the Scheme has been opened up to applications from previously unfunded organisations.

Subject to the necessary funding being made available to the Department in 2023/24, a total of £3.615million will be allocated to the Scheme.

Organisations have until 6pm on Friday 18 November 2022 to apply for funding.

Further information, including the application form and guidance, can be found online at: <https://www.health-ni.gov.uk/articles/core-grant-funding-scheme>

Arts Council NI

A range of funding support schemes to arts organisations in Northern Ireland is currently available <http://artscouncil-ni.org/funding/funding-for-organisations>

£500k Rural Social Enterprise Investment Scheme

DAERA have launched this scheme for existing Social Enterprises to apply for funding of between £50-£100k, objective to increase profitability, capacity and sustainability.

Capital scheme with 80% of eligible costs applicable, 20% match funding.

For full details please visit <https://www.daera-ni.gov.uk/news/poots-launches-ps500k-rural-social-enterprise-investment-scheme>

The funding call will close at 3.00pm on Monday 14 November 2022

Community Relations Council Core Funding Scheme

The Core Funding Scheme contributes towards salary and organisational running costs.

For full details visit <https://www.community-relations.org.uk/core-funding-scheme>

Please note applications close on Wednesday 16 November at 4pm

Power NI

The Brighter Communities programme energises innovative and emerging community groups, teams and projects with £1000 of funding awarded each month. Since 2018 we have contributed over £40,000 to our communities and we are still going! Applications for the month are now open, and we welcome all communities to apply. Successful communities will receive £1000 of funding to help make their community shine a little brighter. All applications must comply with the Brighter Communities terms & conditions.

Please visit [Brighter Communities | Community Funding | Power NI](#)

Climate Action Fund

This funding aims to help communities across the UK to address climate change.

We're looking for projects that focus on the link between nature and climate. We want to fund projects that use nature to encourage more community-led climate action. We expect these projects to bring other important social and economic benefits. Like the creation of strong, resilient and healthy communities or the development of 'green' skills and jobs.

For further information please visit

<https://www.tnlcommunityfund.org.uk/funding/programmes/climate-action-fund-programme#section-3>

£145,000 funding available for community play projects

Community engagement platform ChangeX, supported by the LEGO Foundation, has launched a £145,000 fund to enable communities across the UK to start proven learning through play projects. The UK Community Play Fund aims to support up to 60 teams across the UK to start new community projects. Groups can choose from a carefully-curated portfolio of 14 proven play ideas. Find out more and apply: <https://bit.ly/UKCommunityPlayFund>
Any queries, please contact support@changex.org

National Lottery Community Fund Grants

Details of funding opportunities via The National Lottery Community Fund can be found here <https://www.tnlcommunityfund.org.uk/funding/northern-ireland>

If anyone would like further information or to discuss any of grant programmes, please do not hesitate to contact Charlie Thomas, Funding Officer on 07929 872482 or 028 9055 1424

The National Lottery Heritage Fund UK

Grants for projects that connect people and communities to the national, regional and local heritage of the UK. Grants from £3,000 - £5million; Rolling Deadlines

For further information visit <https://www.heritagefund.org.uk/funding>

Community Finance Ireland: Sports Fund

Community Finance Ireland (previously UCIT), one of the UK's largest providers of social finance, has already provided £7M to 70 clubs across Ireland, helping deliver new training facilities, clubhouses and state-of-the-art pitches. The new fund will commit a further £4m to the local sporting sector over the next five years. Click on the above link for further information.

Community Relations Council: Small Grants Scheme

The Community Relations Council, with the support of Government, has established a fund to spend each year on community relations projects. This funding is intended to help community/voluntary groups throughout Northern Ireland develop their capacity to engage in community relations work and to enhance the community relations potential of projects they undertake. Grants are up to £10K maximum and for project costs only. Average grant is £2K – £5K
For further information visit <https://www.community-relations.org.uk/community-relations-cultural-diversity>
Closing date: Friday 16 December 2022

Community Relations Council

Core Funding Scheme NOW OPEN (3rd Oct – 16th Nov) Salaries and running costs. For more information go to our website or contact Deirdre O’Loan, Core Funding Officer, email address DOLoan@nicrc.org.uk

CRCD (Community Relations and Cultural Diversity) Grant Scheme OPEN (1st April – 16th Dec) Project costs up to £10k per application (Average award £2k - £5k). For more information go to our website or contact Helen DiDuca. Please note, the CRCD grant scheme is currently oversubscribed, low budget remaining. Any potential applicants please encourage them to apply when the CRCD grant scheme re-opens for the next round of funding in April 2023 – Dec 2023 for project delivery in the next financial year up to the end of March 2024.

Publications Grant Scheme OPEN (Closing 27th January 2023). Up to £5K to encourage the production and dissemination of better community relations in NI. Applications must come directly from publishers. For more information go to our website or contact Paul Jordan, Funding & Development Director, email address pjordan@nicrc.org.uk

Media Grant Scheme – Opening date to be announced. This grant scheme offers financial support to a range of media projects designed to underpin peace building and/or support the development of good relations in our diverse society. The scheme is designed to fund new material but may also support the development of existing resources to increase use by new audiences. For more information go to our website or contact Paul Jordan, Funding & Development Director, email address pjordan@nicrc.org.uk

Pathfinder Grant Scheme – Emergency fund for urgent diversionary projects, or to temporarily fill a gap in funding for groups if critical to peace in the community and the survival of the organisation, and any other urgent issues that threaten peace and stability as they arise. This scheme is not promoted on our website. Before an application can be made, interested groups must contact Paul Jordan to discuss their proposal pjordan@nicrc.org.uk or call Paul Jordan via 028 9022 7500.

Please click on our website link which has all the information about the grant schemes: [Funding | Community Relations Council \(community-relations.org.uk\)](http://community-relations.org.uk)

Planned Interventions Programme

PIP provides groups with up to £6k per application to fund projects to prevent young people engaging in anti-social behaviour/risk taking behaviour which impacts in community tensions at interfaces. Interfaces being not just physical, but anywhere where an interface exists possibly only known to local community. The programme aims to improve how young people see people from other communities, and to reduce the number of incidents and young people engaging in these behaviours

<https://www.executiveoffice-ni.gov.uk/planned-interventions-news-stories#:~:text=TEO%E2%80%99s%20Planned%20Interventions%20Programme%20funds%20community%20activity%20to,within%20their%20communities%20administered%20by%20the%20Education%20Authority>

Contact Tommy McLaughlin, Good Relations Officer if your group is interested
Tel: 0300 303 1777 Extension: 21174 Mobile 07841 215407
Participation from the PUL communities has been particularly low.
No applications were received from the Fermanagh and Omagh Area this year.