

Fermanagh & Omagh District Council Community Support News – September 2022

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for the next Newsletter is Tuesday 27 September

Council News & Events

[COVID-19 \(Coronavirus\) Information, advice & Council services – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com)

For a list of events across the District visit
<https://www.fermanaghomagh.com/events-and-festivals/>

Have your say on 10-year plan for tourism in Fermanagh and Omagh at drop-in consultation sessions

Drop-in consultation sessions on a new 10-year roadmap for tourism in Fermanagh and Omagh are taking place in Enniskillen and Omagh in September.

The draft Visitor Experience Development Plan (VEDP) for Fermanagh Lakelands and Omagh and the Sperrins sets out an ambitious 10-year framework and action plan to improve the tourism and visitor experience to benefit the local economy, communities and the environment through sustainable and regenerative tourism.

Jointly funded and developed by Fermanagh and Omagh District Council, Tourism NI and Waterways Ireland following input from the public, private and community sectors.

The draft VEDP is currently open for public consultation.

Drop-in consultation sessions

Drop-in consultation sessions for members of the public to find out more and to have their say on the draft VEDP will take place on:

- **Thursday 8 September 2022, 9am - 5pm**
Connect Centre, Strule House, 16 High Street, Omagh
- **Thursday 8 September 2022, 7pm - 9pm**
Strule Arts Centre, café area, Omagh
- **Wednesday 14 September 2022, 9am – 5pm**
Connect Centre, County Buildings, East Bridge Street, Enniskillen
- **Wednesday 14 September 2022, 7pm - 9pm**
The Ardhowen, reception area, Enniskillen

Your views and comments will let us know if there is anything else that should be considered and will help to shape the final plan.

To find out more about the draft VEDP for Fermanagh Lakelands and Omagh and the Sperrins [please visit the consultations section of the Fermanagh and Omagh District Council website or click on this link.](#)

If you are unable to attend a drop-in session you can still share your views by completing an online survey available at <https://www.surveymonkey.co.uk/r/draftVEDP>

Consultation remains open until 4pm, Friday 30 September 2022.

Events & Festivals Sponsorship

Fermanagh and Omagh District Council are now inviting online applications for sponsorship from Event and Festival organisers that deliver events across the district.

The focus of support will be **Christmas Events and Festivals** that have the potential to increase visitation to the district, deliver positive community benefits and meet Sponsorship criteria.

For more details or to apply online please visit bit.ly/SponsorshipFODC

Please note that part of the criteria is that events/festivals will have over 2500 attendees

Closes on Sunday 4 September 2022 at 5pm

Place Shaping Plans

These look at how we can make our communities stronger and more resilient in the future through understanding what we have in terms of assets, i.e. our buildings, our green spaces, our skills and knowledge, our community groups, and our public services. We want to build on our history, our strategic geographic and economic location and our tourism potential to secure a sustainable social, economic and physical regeneration.

We need to make sure we have it right. We want to hear from anyone that lives in/near, works in/near or visits Enniskillen and Omagh. The plans will be effective up until 2035 when approved. It's a significant document.

Draft Omagh Place Shaping Plan open for consultation

FODC and KPMG have launched the Draft Place Shaping Plan for Omagh Town.

To view the document visit bit.ly/3HQaZoK and let us know what you think of the proposed plan - this is your opportunity to get involved – complete the short survey at bit.ly/3yWTO2e

The consultation will run to 13 September 2022.

Place Shaping Plan for Enniskillen

Check the following link for regular updates on progress and details of further workshops, pop ups and online engagement to further input into continuous development of the Place Shaping Plan for Enniskillen.

<https://www.fermanaghomagh.com/your-council/consultations/place-shaping-plan-for-enniskillen-consultation/>

Calendar of Events	
Sunday 4 September	Closing date for Events and Festivals Sponsorship
Thursday 8 September	Drop-in Consultations for Visitor Experience Development Plan (VEDP)
10-18 September	Festival Lough Erne
Tuesday 13 September	Consultation Ends - Draft Omagh Place Shaping Plan
19-25 September	Good Relations Week
Friday 30 September	Consultation Ends - Visitor Experience Development Plan (VEDP)
Thursday 6 October	CVS Representatives Forum

Good Relations Week
19 – 25 September 2022

Events Taking Place in Fermanagh and Omagh District

Monday 19 September 2022, 7.30pm

'Green and Blue' drama

The award-winning dramatic play explores the painful and humorous reality faced by the individuals who patrolled the border during the height of the conflict.

The performance will last approximately one hour followed by a facilitated discussion.

Tickets: £12/£10 concession

StruleArtsCentre.co.uk/ 028 8224 7831

Tuesday 20 September 2022, 8.00pm

'Green and Blue' drama

The award-winning dramatic play explores the painful and humorous reality faced by the individuals who patrolled the border during the height of the conflict.

The performance will last approximately one hour followed by a facilitated discussion.

Tickets: £12/£10 concession

Ardhowen.com/ 028 6632 5440

Tuesday 20 September 2022, 11.00am – 1.00pm

Belfast City Cemetery Tour

Free guided tour of Belfast City Cemetery by former Belfast Mayor and author, Tom Hartley.

Places are limited and will be allocated on a first come first served basis. Transport will be provided, with a pick-up in both Omagh and Enniskillen.

To register: E: goodrelations@fermanaghomagh.com or T: 0300 303 1777

Wednesday 21 September 2022, 10.00am – 1.00pm

'Ireland in 1922: from Conflict and Civil War to Partition'

Free shared history conference exploring the key historical events of 1922 with guest speakers Dr Éamon Phoenix, Jim McDermott and Dr Russell Rees.

Please click on the link below to register:

<https://www.eventbrite.co.uk/e/ireland-in-1922-from-treaty-to-civil-war-and-partition-tickets-399442442097?aff=ebdssbdestsearch>

Wednesday 21 September 2022, 7.00pm – 8.30pm

'Republican Internment and the ship Argenta 1922'

Online talk by author Denise Kleinricht on her book 'Republican Internment and the ship Argenta 1922'. An important historical reflection, this book tells the story of prisoners aboard the ship and includes interviews with former internees and countless descendants of internees.

The talk will include a local focus on Fermanagh and Omagh histories and will be followed by a facilitated Q & A session.

To register E: goodrelations@fermanaghomagh.com or T: 0300 303 1777

Thursday 22 September 2022, 12.00pm – 3.00pm

'The Future of Democracy'

Intergenerational conference with guest speaker Dr Johnston McMaster, Irish School of Ecumenics.

For further information and to register, contact Eileen Gallagher, Fermanagh Churches' Forum:

E: eccgallagher@yahoo.co.uk

Good Relations Week is a high-profile initiative aimed at celebrating all aspects of our culture and heritage, challenging sectarianism and racism and promoting understanding and respect among all sections of our community.

To find out more about these events and to register please visit the Council website at www.fermanaghomagh.com or T: 0300 303 1777
E: goodrelations@fermanaghomagh.com

Omagh Music Festival - The Showband Era

Put those dancing shoes on and dust off those glad rags for Omagh Music Festival which takes place in [Strule Arts Centre, Omagh](#) and Omagh town centre from **Thursday 29 September until Sunday 2 October 2022.**

The Omagh Music Weekend will transport you back to the heady days of the Showbands and celebrates the tradition of ballads and music that makes Omagh unique.

Visit bit.ly/OmaghShowbands for all the information.

Traveller Living History Exhibition in Strule Arts Centre

Wednesday 21 September, 1pm-4pm.

This interactive exhibition provides a real insight in the lives of Irish Travellers, their history, culture and traditions, by the side of the road in the 1950s. It will feature a restored life-size Traveller barrel top wagon, a canvas tent and a campfire; the facilitators will offer live demonstrations of the traditional craft of tin-smithing and story-telling.

This public event is an opportunity to learn more about the Irish Traveller identity and culture. It promotes respect and cultural diversity in the spirit of Good Relations Week's motto of '[Change Starts with Us](#)' and Council's '[Everybody Belongs](#)' Campaign.

For further information, contact Good Relations by telephone on 0300 303 1777 or email goodrelations@fermanaghomagh.com

The 2022 FEARmanagh Adventure Race is now open for entries

The FEAR is a multi-sport competition consisting of three sporting disciplines cycling, trail running and kayaking

Saturday 24 September 2022

Book Here: https://www.sientries.co.uk/event.php?elid=Y&event_id=10119

For more info visit www.FEARmanagh.com

Feel the FEAR and do it anyway!

The Sperrins Walking Programme - September 2022

Get your walking boots ready for the first Sperrins Walking Programme taking place September 2022 and March 2023 across Sperrin Area of Outstanding Natural beauty (AONB). The programme, developed and delivered by The Sperrins Partnership and outdoor experts Far and Wild, is designed to help walkers of all abilities to enjoy this beautiful landscape as well as promoting health, physical, mental and emotional wellbeing.

Sperrins Walking participants will not only enjoy discovering a destination filled with unique tourism experiences, but a great choice of walks ranging from leisurely strolls to more demanding longer walks, all in small groups, guided by experienced leaders.

For further information and a list of dates visit <https://www.fermanaghomagh.com/article/the-sperrins-walking-programme-taking-place-september-2022/>

Cainteanna | Talks

Community Groups can request an Irish Language Officer to deliver a talk in their area. The talks take approximately 1 hour and groups must provide the venue.

Townlands Talk – An insight into place names in the Fermanagh and Omagh District Council area, encouraging everyone to learn about their own Townlands and use them in their daily lives.

Irish Taster Session – A brief overview of some elements of the Irish Language, showcasing greetings, animal names, poetry, Townlands and seanfhocail (proverbs).

To book a talk for your group [click here](#)

Are you interested in setting up a Neighbourhood Watch Scheme?

Neighbourhood Watch is a partnership between local communities, the PSNI and the PCSP. It is a scheme developed to help people protect themselves, their properties and their communities and to reduce the fear of crime and anti-social behaviour.

Benefits of Neighbourhood Watch include:

- Reducing the risk of crime from occurring by reporting suspicious and criminal activity.
- Improved safety of communities.
- Promoting cooperation between the police and communities.
- Developing and enhancing community spirit.

There are currently 84 Neighbourhood Watch Schemes active in the Fermanagh and Omagh Council area with several new schemes at set-up stage.

The most important thing Scheme members do is look out for activity in their area that seems unusual or suspicious and then inform the police and tell each other.

Being a part of the Neighbourhood Watch Scheme is easy and there is little work for you to do. It just means if you need someone to keep an eye on your house when you are away, or you see something that is suspicious and you do not want to call the police you can contact your local Neighbourhood Watch Scheme Coordinator who will be someone known and trusted in your local community. The Coordinator will keep their scheme members informed, through leaflet drops, text or social media messages for example, if there are crimes in the area so that you can protect your house and property.

The PCSP Community Safety Officer works with groups or communities interested in setting up a new Neighbourhood Watch Scheme to help gauge local interest and guide them through the application process.

If you are interested in establishing a Neighbourhood Watch Scheme contact PCSP on 0300 303 1777 or email PCSP at pcsp@fermanaghomagh.com

Calls for a Century of Sporting Stories 1912 – 1923

Fermanagh and Omagh District Council's Museum and Heritage Service is delighted to be a partner in an exciting new project being led by Co-operation Ireland to bring people together to learn about their local heritage. The 'People, Places, Events – Exploring Our Heritage' project is funded by The National Lottery Heritage Fund and involves a series of four regional themed programmes. The Fermanagh and Omagh theme is 'Your Sport, Your Family, Your Community: Decade of Centenaries'.

The local theme offers opportunities for interactive workshops and activities for people interested in exploring the varied stories and rich sporting heritage within their communities. Focusing on the years of great change between 1912 to 1923, the emphasis is on cross community and cross border audience engagement. The programme will run from June and lead into a final Showcase Event, scheduled to take place in September 2022.

In the first instance, 'Your Sport, Your Family, Your Community' will be launched online with developing resources at <https://collectionsonline.fermanaghomagh.com/your-sporting-heritage> and through the Museum and Heritage Service's social media channels including

[facebook.com/EnniskillenCastle](https://www.facebook.com/EnniskillenCastle) and twitter.com/ECMFCM . In particular, the project is keen to hear from anyone with a sporting story to tell with connections to Roslea, Cornagague, Newtownbutler, Donagh, Derrylin, Kinawley, Teemore, Belcoo, Boho, Derrygonnelly, Garrison, Belleek, Kesh, Trillick, Dromore, Irvinestown, Fintona and Drumquin.

For anyone with an interest in sport heritage locally, please get in touch with sarah.mchugh@fermanaghomagh.com

Grant Aid – Rolling Programmes

Community Services – Project Development

Applications for Community Services – Project Development are open on a rolling basis and can be accepted throughout the year. Applicants must first contact a Community Support Officer of the Council to discuss their project/proposal prior to an application being made available

For further information visit [Grant Aid - Project Development – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/grant-aid-project-development)

Seeding Grant Aid

Applications for Seeding Grant Aid are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information visit [Microsoft Word - Seeding \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/microsoft-word-seeding)

Sports Bursary

Applications will be received on an on-going basis but will not be assessed until the next available grant programme is closed. For the Sports Bursary, applications **must** be submitted **prior** to the Tournament, Competition or Event taking place. Applications cannot be made retrospectively after the Tournament, Competition or Event in which the applicant is seeking the bursary for.

The Bursary Guidance Notes should be read in conjunction with Fermanagh & Omagh District Council's Grant Aid Code of Practice

<https://www.fermanaghomagh.com/services/sponsorship-grants-bursaries/bursary-programme/>

Consultations

<https://www.fermanaghomagh.com/your-council/consultations/>

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district.

Festival Lough Erne returns for 2022!

10-18 September

Save the Date!

Festival Lough Erne will return for its 7th year and promises to bring fun, adventure and lots of activity. Visit <http://www.festivallougherne.com/> for further information.

Are you choosing between heating your home or eating adequate meals?

Do you worry how you are going to make ends meet?

If so, please consider calling the Council's Health Improvement Team on 0300 303 1777 who can offer energy efficiency advice, determine if you are eligible for an energy efficiency grant, refer you to a specialist organisation for a benefit entitlement check or signpost you to other resources where you can get information regarding making delicious low-cost nutritious meals.

Have you signed the Everybody Belongs pledge?

Everybody Belongs was developed in line with the Council's Good Relations Programme. It strives to oppose racism, sectarianism and discrimination against any resident, regardless of background, identity or ethnicity and ensures that everyone feels they belong in a District that is welcoming.

The Good Relations Team is encouraging all Staff to sign the Everybody Belongs pledge. For more information and to sign the pledge, visit the [Everybody Belongs](#) page on the Council website.

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](http://fermanaghomagh.com/Community-Fermanagh-Omagh-District-Council)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163>

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	Ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275

Community News

Fermanagh Gardening Society

Plant Sale in Stuart's car park from 10.00 am to 12.00 noon on Saturday 17 September.

A rare opportunity to gain perennial plant divisions, seedlings, young plants.

New season of 2022/2023 commences on Tuesday 20 September at 8.00pm in the Killyhevlin Hotel, Enniskillen (Lisgoole Suite) when 'The Insomniac Gardener (Rosie Maye) will speak on 'The Greedy Gardener' and how to have colour in every season'. This promises to be a wonderful night. Rosie herself, as well as being a talented plantswoman, has spoken many times on Gardeners Corner on a Saturday morning, and also writes in 'The Irish Garden' magazine, along with many weekly journals. New members welcome. Non members £3 for the night.

Lisnaskea Historical Society

Saturday 10 September 2022 - our volunteers will be giving two guided tours of local historic sites as part of European Heritage Open Days 2022.

(1) Sheebeg Henge Enclosure at 12.30pm;

(2) Aghalurcher old graveyard at 3.00pm.

Suitable footwear should be worn. Parking is limited. Booking is required for both tours by emailing lisnaskea-history@hotmail.com - entry is free.

Monday 19 September 2022 - Seamas McAnaidh will be giving a heritage talk at 8pm in the Studio Room, Castle Park Centre, Lisnaskea. Topic is "Local Women's Stories from the Bureau of Military History in Dublin 1918-1922." There is an entry fee of £4.00 per person for the talk. Refreshments will be served after and talk is open to all.

Conservation Volunteers

Join us and get mucky in the Bog at **Ulster American Folk Park on Saturday 10 September!**

Save our bog by helping us with the removal of invasive species that threaten this very special eco-system in the heart of the Ulster American Folk Park. This event has two sessions;

10AM - 12:30PM and 1:30PM to 3PM

Please come prepared with layers, waterproof clothes and suitable footwear as this will be mucky fun. Refreshments of tea and coffee will be provided. Please meet at the Ulster American Folk Park visitor centre and check in your ticket as normal. All ages welcome.

Book your tickets through the link below.

[Book Tickets – European Heritage Open Day: Get Mucky in the Bog – Ulster American Folk Park, Multiple dates and times \(tickettailor.com\)](#)

Mencap NI

We are recruiting young people in the Fermanagh / Omagh Area!

The FIVE Project is seeking young people aged 13 – 18 with a learning disability / special educational needs. The Programme will begin in September and end in December.

On the FIVE Project you will:

- Learn new skills
- Build confidence
- Meet new people and make new friends
- Try exciting new activities
- Learn about mindfulness and have fun and feel good.

If you are interested or just want to know more please contact seanpaul.curry@mencap.org.uk

The five project is funded through the RTE Late Late Show and Community Foundation Ireland

Omagh Young Persons Support Group

AWARE is launching its young persons support group in Omagh on **Thursday 1 September**. The free-to-attend group is facilitated by AWARE's trained volunteers, many of whom have personal experience of depression. Anyone aged 18-30 who is experiencing low mood, depression, anxiety or bipolar disorder is welcome to come along.

The group provides a safe space to meet others going through similar experiences and discuss coping strategies. It will take place at The Hub on Market Street in Omagh and will start at 7pm. This group will run fortnightly.

For more information or to attend a group, please email Sarah on sarah@aware-ni.org.

Ps. On opening night we'll have pizza!

Carers sought to participate in Ulster University digital technology research project

Researchers at Ulster University have launched eCareWell (Enhancing CARErs WELLbeing), a new research project to understand how digital technology can best meet the needs of carers whilst supporting their health and wellbeing.

For full details of the project, please visit <https://www.ulster.ac.uk/news/2022/january/carers-sought-to-participate-in-ulster-university-digital-technology-research-project>

Please note that this project has been extended to include the Fermanagh and Omagh District Council area and will run until mid October.

Aisling Centre Event

Cuilcagh Mountain Dawn Trek - World Suicide Prevention Day

Second annual Cuilcagh Mountain Dawn Trek on Saturday 10 September at 7am.

The event has been organised to raise awareness for World Suicide Prevention Day.

Tickets are on sale now and early Registration is advised for the event.

Registration costs £25 and includes T-Shirt, Medal, and Certificate.

You can register via Eventbrite using the link below

shorturl.at/EHK79

NIHE Rural Community Awards 2022

For full details, click on <https://www.nihe.gov.uk/.../rural.../Rural-Community-Awards>

Completed application forms and supporting information should be returned to the Housing Executive by **4pm on Friday 30 September 2022**.

Back to school? HMRC can help with childcare costs

Please look at the [news release](#) link.

With children going back to school, HM Revenue and Customs (HMRC) is reminding families in Northern Ireland about Tax-Free Childcare (TFC).

In June 2022, more than 9,240 working families in Northern Ireland benefitted from TFC which can help with the cost of approved childcare schemes.

Stepping on Programme

The Stepping on Programme offers balancing & strengthening exercises for Older People which can help to reduce falls and at the same time increase self confidence in situations where they are at risk of falling.

Falls are a serious problem and can even on occasions be fatal, however falls can be prevented at any age.

Stepping on presents an evidence based exercise programme called OTAGO which aims to strengthen muscles and improve balance which helps reduce falls.

Programmes are being held in the following locations:

ARC Healthy Living Centre, Irvinestown.

Contact peggy.carty@archlc.com Tel 028 6862 8741 for programmes starting on 20 September 2022 and 17 January 2023

St Columba's Hall, Omagh.

Contact michael@dergvalleycare.com Tel 028 8167 0764 for programmes starting on 29 September 2022 and 26 January 2023

Oak Healthy Living Centre, Lisnaskea.

Contact davina.coulter@oakhlc.com Tel 028 6772 3843 for programme starting on 26 September 2022

Fermanagh Young Leaders Forum 2022-23,

commencing October 2022 for 16-25 year olds

Currently open for Applications, closing date: 12 Noon, Thursday 29 September.

Information and Application Forms can be accessed by visiting the Fermanagh Trust Website via this link:

<https://www.fermanaghtrust.org/community-support/fermanagh-young-leaders-forum>

We asked last year's participants to describe in their own words what they had been involved in and enjoyed, below are a few of their thoughts:

- Targeting an issue and working towards developing and giving out grants to organisations helping this area.
- Agreeing with others in the group a cause to create a grant around, creating an application form and other aspects for people to apply to, shortlisting candidates for the grant, interview candidates, pick groups to get the grants.
- Developing leadership skills by working with others to develop a grant.
- Team building, role finding, decision-making and developing our grant

Enjoyed....

- Seeing the ideas come together
- Getting to take a lead on something
- Getting the opportunity to personally make an impact on our Community
- Meeting people developing new skills
- Giving back to the community
- Getting to know each other, team building, addressing issues, creating project.

Please feel free to email sonya@fermanaghtrust.org or Tel 028 6632 0210 if you have any questions. Sonya is also very happy to go out and talk about the programme to any individual or group.

Electoral Office

Are you registered to vote?

As a student you are able to register at home and at your term-time address. So wherever you are on election day, you can have your say. Also you may be able to vote at your home and term-time address for Local Council Elections in 2023.

Join the Electoral Register Online at www.gov.uk/register-to-vote

It only takes 5 minutes, it's quick and easy!

There are good reasons to register; it is used by credit reference agencies to confirm your address. So not being registered may impact your ability to get credit or a mobile phone contract, open a bank account or even a mortgage.

Ever Considered Working At Elections?

The Electoral Office have a variety of roles both within polling stations and at the count centres.

To join our reserve pool of staff please complete an application form at

www.eoni.org.uk/Utility/About-EONI/Recruitment

Phone us on 028 9044 6680 to check you are registered or if you have a query. www.eoni.org.uk

Omagh Volunteer Centre

For our latest newsletter and details of volunteering opportunities, please visit

<https://omaghvolunteercentre.org/opportunities>

Action Mental Health

Free Mental & Emotional Wellbeing Training

A 3 hour programme delivered to either young people 14 to 17 years or adults 14+ in Schools, Colleges and Community Groups.

The programme can be delivered in either a one off session or over two sessions and can be delivered either face to face or on-line. The programme aims to assist participants ;

- raise awareness and increase knowledge and understanding of Mental and Emotional Health and Wellbeing
- raise awareness of signs and symptoms of mental ill health
- promote self-help/resilience techniques and how to maintain a safe level of positive mental/emotional health and wellbeing
- promote self-care
- provide information and/or resources on mental health support organisations available (locally and regionally)

Our only requirement is that we have around 12 participants (upper number limit is around 30 participants). Funded by the PHA until the end of March 2023 - no cost to host organisation.

If you have any queries please contact mmclean@amh.org.uk Tel 07976 639909

The State of Caring Survey 2022 is now live!

State of Caring is the most comprehensive research into the lives and experiences of carers in the UK. It shapes our campaigns and the support and services we provide

Take part and share your views today <https://surveymonkey.co.uk/r/YR93X7L>

Fermanagh House

Broadmeadow, Enniskillen BT74 7HR Tel 028 6632 0210 www.fermanaghhouse.org

Bridge Club

Monday nights from 7pm to 10pm from 5 September.

Visitors are always welcome. Enjoy the company over a cup of tea or coffee.

Self-Care for Carers

Learn new Yarn/Textile based skills and self-advocacy skills.

Find out about support services in your area

Meet others for support in person or via zoom

Learn how to support your mental health and how to take time for yourself.

Book a place on www.inspiringyarns.co.uk/events or email hello@inspiringyarns.co.uk for more information.

St Johns Ambulance

First Aid at Work requalification 30/08/22, 06/09/22

Emergency First Aid at Work 27/09/22

First Aid at Work 04/10/22, 11/10/22, 18/10/22

First Aid at Work requalification 25/10/22, 01/11/22

First Aid at Work 15/11/22, 22/11/22, 29/11/22

Emergency First Aid at Work 13/12/22

For more information or to register visit <https://sjani.org/training-courses>

Enniskillen Macular Support Group

Third Wednesday of every month from 11am to 1pm.

Meetings are open to anyone affected by central vision loss.

Family, friends and carers are welcome.

For more information visit www.macularsociety.org or contact Dorris on 028 6634 1404

Erne U3A

For people no longer in full time employment who like learning with and from one another.

U3A is an international network which began in France. Over 342,000 people are members of 950 U3A groups in the U.K. Over 20 groups are flourishing in Northern Ireland. All groups are linked by the U3A Trust and each U3A group is a local self-governing voluntary body. The U3A organise and share educational, creative and leisure activities.

Erne U3A holds a monthly meeting and different activity groups. Current activities include singing, walking, book club, drama, storytelling, scrabble, lunches, iPad training, heritage and trips. These are subject to change. Members receive regular newsletters via email and post. All Erne U3a work is voluntary.

For more info or to join the group, do pop into Fermanagh House for an application form.

Trad Acad

Friday night is music night in Fermanagh House. In term time, from 4pm to 9pm, Trad Acad run Traditional Irish Music classes on a wide range of instruments including tin-whistle, fiddle, flute, accordion, concertina, banjo, bodhran, guitar, uilleann pipes and many more. Classes are delivered in small groups and according to ability individual lessons are also available. The tutors represent some of the best names in traditional music education from across Ireland. For further details go to <https://www.facebook.com/tradacad1/> or contact: Maggie on 07704 487447

Email: tradacad1@gmail.com

Odyssey Parenting Your Teen

Tuesday 4 October 2022 - Tuesday 22 November 2022, 7pm-9pm via Zoom

An 8-week evidence based, structured programme designed for parents/carers of teenagers. The programme aims to improve the relationship and communication between parent and teen whilst supporting parents to navigate their way through raising an adolescent. The programme covers a range of themes including teen development, self-esteem, rules and consequences, dealing with conflict, risk taking behaviour and problem solving. The programme promotes the authoritative parenting approach which has been proven to be the most effective parenting style. Parenting Your Teen has also been found to improve outcomes for parents, their teenage children and the family as a whole.

Call 0808 8010722 to Register.

This programme is open to all parents/carers of teenagers living within the Western Trust area. For any further information, contact Lisa.storey@westerntrust.hscni.net

Volunteer - Ulster American Folk Park Way-finder

You will support our Visitor Services team to help create a warm welcome to our visitors.

Tasks include:

- Engaging with our visitors by means of 'Meeting and greeting', providing directions and orientation on available facilities, providing a friendly point of contact for visitors throughout the site
- Assisting with set up and break down of any events or activities

Please contact Omagh Volunteer Centre if interested

Tel 028 8224 0772

<https://omaghvolunteercentre.org/>

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

Many thanks for your continuing support - it is greatly appreciated.

Check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions.

Free School Meals and Uniform Allowance

2022/23 Applications now open!

Visit <https://www.eani.org.uk/financial-help/free-school-meals-uniform-grants>

AWARE NI

6 week face to face Living Life to the Full programme in **Omagh Library:**

Dates Thursdays 20th, 27th October, 3rd, 10th, 17th, 24th November

Time 10am-12pm

Note: we can accommodate 16 people on this training programme, which is **free** to attend, and full attendance on all dates is necessary.

To find out more visit <https://aware-ni.org/living-life-to-the-full>

To register for a place please visit <https://aware-ni.org/booking-living-life-to-the-full/>

Cyber Security Resources

NICVA have developed the following three resources on cyber security. They are also available on the NICVA website nicva.org

[Cyber Security Guide - Introduction | NICVA](#)

[Cyber Security Guide - Actions | NICVA](#)

[Cyber Security Guide - Managing | NICVA](#)

Census 2021

The first results from Census 2021 were published in May 2022.

Further results from Census 2021 will be published on 20 September 2022. The results will be available on the [NISRA website](#). This release will consist of statistics on; demography, households, ethnicity, identity, language and religion at both Northern Ireland and Local Government District level.

Other main Census 2021 statistics will be released in stages up to summer 2023. The [Census 2021 outputs prospectus](#) provides more information on the release schedule.

Further information on the census will also be published online on the NISRA website at www.nisra.gov.uk/census2021.

If you have any queries please do not hesitate to email us at census@nisra.gov.uk.

Erne Paddlers

A paddlesports club based in Enniskillen, providing courses, trips, events, and development opportunities. We are a community organisation and a not for profit registered charity, aiming to provide access to paddlesports for everyone. Our coaches and instructors are all fully qualified and our dedicated team of volunteers are very experienced. The block of courses coming up in September will be the last outdoor courses for the year. We will move our activities indoors from October, using the Fermanagh Lakeland Forum Pool and the pool at Fivemiletown College Youth Annex.

Progressive Courses: Kayaks, Sea Kayaks, Standup Paddleboards. 4-week course in September for beginners and improvers, Tuesday, and Thursday evenings.

Friday Family Fun: Four weekly sessions, perfect for family and friends to learn to paddle together, suitable for kids aged 7yrs+.

Inclusive Paddling: Wednesday and Thursday evenings at the Broadmeadow. Gentle and inclusive paddling sessions for people with and without disabilities, and for anyone who needs a little support to be involved in paddlesport. Using rafted canoes for extra stability and kayaks where appropriate.

Junior Leader Programme: Beginning with a four week course on Friday evenings in September, our very successful and highly regarded Junior Leader programme will include in-house training, mentored volunteering opportunities and official National Governing Body training courses and awards. We start with skills development through fun "games with aims" leading to NGB personal proficiency awards. Then, throughout the year, official training and assessment courses which will include safeguarding awareness, First Aid and Paddlesport Instructor training, and other development and learning opportunities.

Love to Paddle Trips: Lough trips around Fermanagh, Wednesday and Saturday mornings, 7th, 10th and 17th.

Full details of all current courses and events, including the sea paddles, are here

www.ernepaddlers.org.uk/events Any queries please contact us at email@ernepaddlers.org.uk or via our social media pages on Facebook, Instagram or Twitter, or call 07468 911398.

Oak Healthy Living Centre

Innovation Recovery – Education for Mental Wellbeing

Wellness Recovery Action Plan training

WRAP is a personalised wellness and recovery tool / system, which is rooted on the principle of self-determination. It is a mental health recovery and wellness process that anyone can use to get well, stay well and make their life more the way they want it to be through tools and action plans called a WRAP. This is a process for anyone who wants to make positive changes in the way they feel and the way they react to life.

WRAP is designed to:

- increase the personal choices we make about how we live our lives;
- improve our quality of life and help us achieve our goals and dreams;
- help identify our stressors and early warning signs;
- decrease and prevent unwanted or troubling feelings or behaviours;
- assist identify what wellness tools work best for you and gain knowledge about new wellness opportunities;
- help you develop a crisis plan and post crisis plan; and
- help you establish your own Personalised Wellness Recovery Action Plan.

WRAP is delivered by trained WRAP facilitators.

Starting Wednesday 14 September for 4 weeks, 1-5pm

Open to Staff & Volunteers & Community

Western Health and Social Care Trust

Virtual Dementia Tour

The Virtual Dementia Tour is a scientifically proven method of helping you to understand what people with dementia experience every day and is 'your window into their world'. The virtual dementia tour is perfect for anyone coming into contact with or caring for people with dementia including health care staff.

The mobile virtual dementia tour is coming to Oak Healthy Living Centre on Wednesday 21 September

To register a place please email Davina.Coulter@oakhlc.com Tel 028 6772 3843

Climate Change Awareness Talks

Free Online Sessions Available

<https://keepnorthernirelandbeautiful.etinu.net/cgi-bin/generic?instanceID=73>

Interested in becoming more climate smart in your home, business, local interest group or workplace? Wondering where to start? Why not join one of our free online Climate Change Awareness talks, available across Northern Ireland?

We can offer this in repeatable sessions virtually for groups of up to 50 attendees at a time. This stand-alone training, delivered virtually in under two hours, offers valuable insight into climate change, and an awareness of the impacts and risks for Northern Ireland. Attendees can then choose to extend the training if they wish to gain certification. Please contact Scott Howes at scott.howes@keepnorthernirelandbeautiful.org to organise this for your staff/group at no cost.

Additional information on the accredited training is available on the [Keep Northern Ireland Beautiful website](#).

RNID Face to Face support session for NHS hearing aid users.

Help with:

- New batteries
- Cleaning and retubing of earmoulds
- Information on how to look after and fit hearing aids
- Signposting to other Services

Hearing Aid Support Session in Fermanagh House, Enniskillen
1st Thursday Monthly, 10-11.30am

Capacity and Social Enterprise Training

Better Together Project

Ballinamore Area Community Council's Peace Impact Project, Better Together – Níos Fearr Le Chéile, funded through the International Fund for Ireland.

We are particularly interested in hearing from and engaging with groups that share a common interest in peace building and community development throughout the border counties, north and south. We are keen to establish long-lasting, sustainable relationships and partnerships with these groups and projects with a focus on cooperation and collaboration for the betterment of people living in these areas.

Please contact our Project Coordinator Michael Mullin on 00 353 8946 35009 or email Michaelmullin884@gmail.com.

Money Helper

MoneyHelper is the new consumer brand from the Money and Pensions Service (MaPS) to help people make the most of their money and pensions.

Launched in June 2021, we've brought three legacy consumer brands into one (Money Advice Service, The Pensions Advisory Service and Pension Wise). MoneyHelper delivers clear guidance straight to consumers through our digital channels, printed guides and consumer helplines.

So you can be sure they're getting the right money and pensions guidance if they need it. We signpost people with money troubles to the debt help they need provided by our trusted debt advice partners. We also support organisations like yours to help your customers, clients and employees make the most of their money and pensions. Call us on 0800 138 7777 Webchat – www.moneyhelper.org.uk/moneychat What'sApp - 07701342744

Child Trust Fund

Children born within the UK between 1 September 2002 and 2 January 2011 have access to a Child Trust Fund when they turn 18 years old, which could be worth anything between £1,000 and £1,500.

When Child Trust Funds became available, HMRC sent parents/guardians of qualifying children a starting payment voucher of £250 (or £500 if parents were on a low income). This voucher was then used to set up a Child Trust Fund account in the child's name.

In Fermanagh and South Tyrone 11,262 vouchers became available, 7,390 parents/guardian opened a Child Trust Fund. For those 3,872 vouchers, that were not set up in their child's name, HMRC set up a Child Trust Fund account, in the child's name, which a child will be able to start tracing, after they obtain their NIC number at 16 years but only able to access, their Child Trust Fund, when they become 18 years plus.

A Child Trust Fund (CTF) is a long-term tax-free saving account for children. They were designed to encourage children to become savers for their future adult life.

All money earned on the CTF is tax-free, including capital gains, interest payments and any other money earned on the account. This means all the money in the fund belongs to the account holder and none of it will be lost in tax deductions.

The first CTFs matured in September 2020, when the oldest account holders turned 18. The last CTFs will mature in 2029. On maturity, CTFs can either be cashed in or transferred into an adult ISA.

To read more about Child Trust Funds, including tracing a lost Child Trust Fund – please read the MoneyHelper link –

<https://www.moneyhelper.org.uk/en/savings/types-of-savings/child-trust-funds>

European Heritage Open Days

10-11 September 2022

Join in the fun with European Heritage Open Days (EHOD), Northern Ireland's annual celebration of local architecture, history and culture! EHOD offers an exciting line up of events with over 200 physical events from 10 - 11 September and digital events throughout the week of 5-11 September.

Visit Discover N.I for a full range of events and activities right across Northern Ireland for EHOD:

<https://discovernorthernireland.com/.../european-heritage...>

Please note whilst all events are free some require pre-booking.

A new App has also been launched which is mobile and Web friendly and allows users to explore events by each area. The Map viewer can be used to find out what's on.

The link to the app is as follows [EHOD 2022 \(arcgis.com\)](https://arcgis.com)

Inspire's Regional Advocacy Service

Advocacy for All will support people who are over 18 with mild/moderate mental health needs e.g. Low mood or motivation, anxiety, poor coping skills, loss of control, stress, isolation, who have no access to any other statutory commissioned advocacy support. Advocacy for All supports and empowers people to have their voice heard and resolve any issues they are having.

By creating an advocacy service for people at Steps 1 and 2, we broaden the scope of advocacy and peer support helping to develop resilience and self-help which is consistent with early intervention and prevention and reduces the need for more intensive mental health support.

Advocacy for All offers:

- One to one support to resolve advocacy issues available to every person with mild to moderate mental health issues around Northern Ireland.
- Information and signposting for family members and carers.
- Access to i-connect, a unique digital wellbeing platform enabling participants to monitor and improve their mental health and wellbeing.

Referrals will be widely accepted, including from;

- Individuals.
- GPs and primary health and social care.
- Local political representatives.
- NIHE, Probation Board and other relevant statutory services.

For more information contact the team hello@inspirewellbeing.org

Telephone 0808 189 0036 Monday to Friday 10am-4pm

2022 Allingham Poetry & Flash Fiction Competitions

Now open for Entries!

Writers worldwide are invited to enter flash fiction pieces up to 700 words, and poems up to 40 lines.

First-place winners in each category will receive €300, and First-, Second- and Third-place winners will be invited to read their work in a webcast Awards Ceremony on 4 November during the 2022 Allingham Festival.

Novelist Mia Gallagher will judge the 2022 Flash Fiction Competition, and poet Kate Ennals will judge the Poetry Competition.

Previous winners have included entries from Canada, Australia, and Brazil.

Deadline for entries is Friday 16 September 2022. Competition rules, entry forms and winning entries from previous years are on the Allingham Festival website www.allinghamfestival.com.

The 2022 Allingham Festival (2 – 6 November) will include a performance by BIRD ON THE WIRE, a musical ensemble featuring Pauline Scanlon and The Whileaways, performing fresh, haunting interpretations of the songs of Leonard Cohen in a live stage show.

For additional information contact Tom Sigafoos, PRO 087 946 0584

tomsigafoos@gmail.com

allinghamfest@gmail.com

www.allinghamfestival.com

Nutrition webinars & recipe videos

The 'Public Health Dietitians' YouTube channel has now went live. It features short nutrition webinars on a wide range of topics throughout the lifecycle – we've got everything from good nutrition for kids under 5, to fuelling for sport and exercise, to eating well during menopause, how to save money on your food shop and everything in-between! There's something for everyone.

The channel also hosts over 30 short step-by-step recipe videos to create healthy and low cost family meals.

It is a partnership between the Public Health Dietitians Group (PHDG) and the Public Health Agency. We have built this channel to provide factual, evidenced based nutrition information for the general public from qualified nutrition professionals (Registered Nutritionists and Dietitians). We hope this will go some way to combat the wealth of false and misleading nutrition information that's available out there and online.

To access the site content, it's as simple as searching 'Public Health Dietitians' on YouTube, or using this link: [Public Health Dietitians - YouTube](#).

The following webinar titles are available at present with more to follow in future:

Adults

- | | |
|---------------------------------------|---|
| o Food and Mood | o Eating Well as You Age |
| o How to Save Money on Your Food Shop | o Healthy Diet, Healthier You |
| o Menopause & Diet | o Sustainable Diets |
| o Gut Health | o Nutrition for Sport |
| o Top Tips for a Healthier Weight | o Fact or Fiction – Nutrition myths and fad diets |

Children & Young People

- | | |
|---------------------------|--|
| o Feeding the Under 5s | o Lunchbox and Snacks Ideas |
| o Fussy Eating | o Nutrition for the Primary School Years |
| o Nutrition for Teenagers | |

Training Opportunities

New Term, New Career!

Community Family Support Programme are offering a Childcare qualification and skills package - Do you enjoy motivating and encouraging children to reach their potential?

Beginning September, CFSP will run **Level 1 in Foundation Skills in Working with Children**.

This course will prepare you for working with children in different childcare settings.

Interactive group classes!

One to one support!

Fun Learning!

Meet new people!

Package includes Safeguarding, Health & Safety and Healthy Eating.

Employment mentor support with your CV and interview skills.

Health & wellbeing support included.

Email mdonaghy@21.training or call us now on 07739 651536 to book your place.

T&C's apply. The spirit of our programme is to support those that are **not** in Education, Training or Employment to achieve their career goals by addressing any barriers they may be facing.

Want to improve your Personal Development?

Good news, the Community Family Support Programme Fermanagh & Omagh are now enrolling for the following course starting in September 2022:

Level 1 Award in Personal Success and Well-being

This award is an opportunity to develop self-growth strategies and explore ways to strengthen our resilience.

Great opportunity to add to your Health and Well-Being.

The Community Family Support Programme is here to address any barriers you may face entering into Education, Training or Full-time Employment.

T & C's apply

Book your place:

PM the CFSP facebook page Community Family Support programme-Fermanagh and Omagh

Call 07739 651536

Dementia Awareness Training

Monday 5 September, 7-9pm

The Hub, Campsie, Omagh

To secure your place, please get in touch with Kathryn McDonagh, Health Co-ordinator

Via Tel: 028 8283 5026 ext 232701 Mobile: 07775 226923

or email Kathryn.McDonagh@westerntrust.hscni.net

First Aid Training

Omagh Ethnic Communities Support Group is pleased to announce that we are organizing a First Aid Training Course to be delivered by the Order of Malta

Training will take place in the Omagh Community House on Monday 26 and Thursday 29 September 2022, from 7pm to 10pm.

Each participant completing the course will receive an official accreditation valid for 3 years

In order to register your interest please get in touch with our office by phone at 028 8224 9750 or by messaging our Facebook page Omagh Ethnic

There is no charge for this training, which is supported by Fermanagh & Omagh District Council.

Upcoming Walk Leader Training Dates

The Health Improvement, Equality and Involvement Department (WHSET) have spaces remaining on a Walk Leader Training course on **Tuesday 13 September** - 10am to 1pm
This will be delivered via Zoom.

If you wish to apply please email health.improvement@westerntrust.hscni.net

The Prince's Trust

<https://www.princes-trust.org.uk/about-the-trust/where-we-work/northern-ireland>

The Prince's Trust supports young people to transform their lives by developing their skills to live, learn and earn. We work with partners and volunteers to offer a variety of programmes to help young people build their confidence, get a job or start a business.

Foundations for work:

Team is a 12-week personal development programme, giving young people the chance to gain new life and employability skills, work experience and to meet new people. Young people will also take on a community project and take part in an action-packed residential trip.

The Explore programme is often for young people who are furthest away from employment, education, or training. The programme offers a mix of group activities and one-to-one support to young people develop the skills and confidence they need to move forward.

Young people aged 16 to 30, who want to get back into education, can apply for our **Development Award Grants**. The awards can cover the cost of course fees, tools, or equipment to help young people achieve their goals.

A week in length, **Get Started** is an intensive course providing young people with the skills they need to succeed in a specific industry such as music or technology.

Ready for Work:

Get Hired is an interactive event that allows young people the opportunity to interview with several potential employers.

Unlock Skills for Work is a two-day programme aimed to give young people a head start with their job search. During the course participants take part in a range of interactive workshops including confidence building, interview advice and CV development.

Run for two days to a few weeks at a time, Get Into allows young people to work with top employees such as Tesco, M&S and Lidl. Throughout the course young people will be given the opportunity to improve their CV and interview skills.

Interested in Self Employment:

A 3-stage programme designed to help young people from idea to launch, our Enterprise programme helps 18 to 30-year-olds turn their big ideas into a business reality.

The Google Programme:

Young people will be able to choose from one of FOUR Google Career Certificates - IT Support, Project Management, UX Design or Data Analytics, which will equip them with the skills they need to secure a great job in IT. **The programme taster day will be on Tuesday 20 September. This is a 3-month programme running from 27 September and will be held online. Access to a laptop/desktop will be required.** If you need any more info, please get in touch

Mental Health First Aid:

This is such an informative programme and a great opportunity for young people to join and gain some knowledge on how to help someone in a crisis!

The course will cover: Mental health awareness of depression, anxiety, and more, How to provide first aid for someone having a panic attack, How to support someone in crisis and ways to get help. Young people will receive a certificate upon completion. The programme taster day will be on **Thursday 22 September**, then Wednesday 28 to Friday 30 September.

**For further details on any of the above contact Aine McAuley, Youth Development Lead
Tel 07866 897782 or Freephone 0800 842 842 Email outreachni@princes-trust.org.uk**

Community Leadership Training Programme

<https://www.fermanaghtrust.org/community-support/training-programme>

This programme includes 3 workshops on attracting, recruiting, retaining, supporting & rewarding volunteers. We also have Facilitating Effective Meetings, Income Generation, Communicating with Funders, a Charity Commission Reporting workshop, highly sought-after 1:1 Canva sessions and a few other workshops on the programme which will particularly help people on management committees or working/volunteering in the community and voluntary sector develop their skills and knowledge.

Attendance at the various workshops also gives participants an opportunity for networking and forming partnerships; a place for participants to share knowledge and learn from each other too.

Please have a look and share widely as all the **courses are free** to anyone working or Volunteering in the West.

Due to the costs involved in the Volunteer Now workshops and the venue/refreshment costs we are taking a **returnable** £20.00 deposit. These courses are usually around £90 per participant so this is offering a great affordable opportunity for people who may not usually have the funds available to attend.

If anyone has any questions please contact Sonya Johnston, Manager, Fermanagh Trust.

Tel: 028 6632 0210 sonya@fermanaghtrust.org

Gambling Harm Prevention Training

YWA (Youth Work Alliance) has been working with YGAM (Young Gamers and Gamblers Education Trust) [Homepage - YGAM](#) and GamCare [Young People's Support Service - GamCare](#) in delivering an education and support programme to Northern Ireland to practitioners from various fields, with the mission of safeguarding future generations from gambling and gaming related harms.

Gambling-related harms have been presented as a hidden issue in Northern Ireland for many years, which makes it even more vital for us to ensure children and vulnerable people are informed, educated and safeguarded against the potential harms associated with gambling and increasingly, gaming too.

We offer free online workshops to equip you with the knowledge and tools to inform, educate and safeguard the young people you work with in relation to gaming and gambling and the associated risks. Our City and Guilds assured training runs in 2 parts or as 1 bespoke session at the request of your school/organisation.

The aims are to:

- Increase your knowledge and understanding of gaming and gambling-related harm in the UK

- Provide you with resources to deliver sessions directly to children and young people to prevent future harm
- Support you with information on how to spot signs of harm and how to sign post young people for support

You will receive:

- A City & Guilds certificate and digital credential Access to over 450 free resources.

The training is delivered free and currently online, offered in 2 options:

- 1) Full session taking up to 3 hours
 - 2) Delivered in 2 parts - Introduction taking 2 hours and Follow-up taking 1 hour
- Upon completion of the training, you will be given log in details to YGAMS resource section.

For further information please contact helen@youthworkalliance.com Mobile: 07950 471553

Free Elevate training on using community development approaches to reduce health inequalities.

These interactive training workshops will explore topics such as the social determinants of health, poverty and health, the impact of Covid-19, community development values and how community development approaches can be used to reduce health inequalities. Elevate training will highlight the importance of meaningful engagement with communities where you live and work.

All our sessions are open and interdisciplinary allowing for discussion based learning with good opportunities to build connections across sectors.

Remaining sessions run from 10am to 1pm and 1.30pm to 3.30pm. Participants must be available to attend both morning and afternoon sessions.

- Thursday 15 September (Belfast)
- Tuesday 27 September (online)

Please note there are limited places on each training programme and booking is essential.

You can book your place here <https://elevateni.org/training/training-dates/>

Autism and Sports Coaching Course

Tuesday 20 September, 1pm-3.30pm.

The course is aimed at people who deliver sports and physical activity.

If you would like to apply please contact health.improvement@westerntrust.hscni.net

Tel 028 7186 5127/Ext 217161

Health Improvement Training Brochure, October to December 2022

The WHSCT Health Improvement Equality & Involvement Department is delighted to share their latest training brochure for the period October to December 2022.

Choose from a range of courses with topics including Autism Spectrum Disorder (ASD) awareness, mental health & suicide prevention, digital safeguarding and child sexual exploitation. The majority of courses will be delivered via zoom with some courses delivered face to face in a range of locations across the WHSCT.

The brochure has been created using Page Tiger, an interactive document. To navigate please use the blue arrows on the left and right of each page. If you would like more information or to book a place on the course please click on the icon 'click here for more information' which will take you to the Eventbrite registration page. Please note that some courses offer a choice of dates and locations therefore it is important to click the icon beside the date you wish to register for.

To view the training brochure click on this link [Training Brochure Oct-Dec 2022](#)

If you have any issues or queries in relation to our training brochure, please email health.improvement@westerntrust.hscni.net or telephone 028 7186 5127 for further information.

Free Keeping Adults Safe Online Training

For community, voluntary, faith and independent sector organisations in the Western Trust Area

Keeping Adults Safe: Training for Staff and Volunteers

Suitable for staff/volunteers who have regular and/or direct contact with adults at risk (e.g. leader, coach, carer or support worker), this certificated training programme covers: key definitions; legal context of adult safeguarding; awareness of abuse issues; procedures for reporting concerns; procedures for planning activities and assessing and managing risk; confidentiality issues; and code of behaviour for staff/volunteers.

6 October 2022, 10.00am - 3.30pm

[Keeping Adults Safe: Training for Staff and Volunteers \(Western Trust area\) - Volunteer Now](#)

12 January 2023, 10.00am - 3.30pm

[Keeping Adults Safe: Training for Staff and Volunteers \(Western Trust area\) - Volunteer Now](#)

Keeping Adults Safe: Implementing Standards for Good Practice

A half-day session designed to help organisations implement the required standards of practice for adult safeguarding, as outlined in Keeping Adults Safe: A Shared Responsibility. This training looks at each of the 8 standards individually and considers the procedures and guidelines that need developed within your organisation in order to implement the standards, allowing organisations to identify areas for improvement and action required.

22 September 2022, 10.00am – 1.00pm

[Keeping Adults Safe: Implementing Standards for Good Practice \(Western Trust area\) - Volunteer Now](#)

All Keeping Adults Safe training is supported by the Health and Social Care Board.
All training is delivered by accredited trainers.

Funding Opportunities

Power NI

The Brighter Communities programme energises innovative and emerging community groups, teams and projects with £1000 of funding awarded each month. Since 2018 we have contributed over £40,000 to our communities and we are still going! Applications for the month are now open, and we welcome all communities to apply. Successful communities will receive £1000 of funding to help make their community shine a little brighter. All applications must comply with the Brighter Communities terms & conditions.

Please visit [Brighter Communities | Community Funding | Power NI](#)

Climate Action Fund

This funding aims to help communities across the UK to address climate change.

We're looking for projects that focus on the link between nature and climate. We want to fund projects that use nature to encourage more community-led climate action. We expect these projects to bring other important social and economic benefits. Like the creation of strong, resilient and healthy communities or the development of 'green' skills and jobs.

For further information please visit

<https://www.tnlcommunityfund.org.uk/funding/programmes/climate-action-fund-programme#section-3>

£145,000 funding available for community play projects

Community engagement platform ChangeX, supported by the LEGO Foundation, has launched a £145,000 fund to enable communities across the UK to start proven learning through play projects. The UK Community Play Fund aims to support up to 60 teams across the UK to start new community projects. Groups can choose from a carefully-curated portfolio of 14 proven play ideas.

Find out more and apply: <https://bit.ly/UKCommunityPlayFund>

Any queries, please contact support@changex.org

National Lottery Community Fund Grants

Details of funding opportunities via The National Lottery Community Fund can be found here <https://www.tnlcommunityfund.org.uk/funding/northern-ireland>

If anyone would like further information or to discuss any of grant programmes, please do not hesitate to contact Charlie Thomas, Funding Officer on 07929 872482 or 028 9055 1424

The National Lottery Heritage Fund UK

Grants for projects that connect people and communities to the national, regional and local heritage of the UK.

Grants from £3,000 - £5million; Rolling Deadlines

For further information visit <https://www.heritagefund.org.uk/funding>

Community Finance Ireland: Sports Fund

Community Finance Ireland (previously UCIT), one of the UK's largest providers of social finance, has already provided £7M to 70 clubs across Ireland, helping deliver new training facilities, clubhouses and state-of-the-art pitches. The new fund will commit a further £4m to the local sporting sector over the next five years. Click on the above link for further information.

King George VI Youth Awards

Now accepting applications for youth work activities with young people aged 14-21. Your group must be based in Northern Ireland and your project must be part of a curriculum based youth work programme.

Applications are also accepted from individual young people. The maximum grant available is £500.

Click on the link to find out more <https://www.volunteernow.co.uk/king-george-vi-youth-awards-open-for-applications/>

Village Catalyst Grant Scheme

Applications are invited once again from charities, social enterprise and other not for profit groups in rural villages of less than 5,000 people who want to tackle rural poverty and social isolation in their area by developing a sustainable use for disused historic buildings in their village. To be eligible, the building must be listed or within a conservation area.

The 3 available funding routes and details on how to apply are listed below;

- **Viability Grant** – To carry out viability work and support is offered up to £10,000. For enquiries and application, please complete the enquiry form via <https://ahfund.org.uk/enquiry/>. This is a rolling scheme.
- **Development Grant** – To develop your plans and support is offered up to £20,000. For enquiries and applications for this scheme, please contact Villagecatalystsupport@communities-ni.gov.uk. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.
- **Delivery Grant** – To deliver your project and support is offered up to £200,000. For enquiries and applications for this scheme, please contact Villagecatalystsupport@communities-ni.gov.uk. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.

For a copy of the guidance notes please click on the link below

<https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-village-catalyst-guidance-for-applicants.pdf>

Community Relations Council: Small Grants Scheme

The Community Relations Council, with the support of Government, has established a fund to spend each year on community relations projects. This funding is intended to help community/voluntary groups throughout Northern Ireland develop their capacity to engage in community relations work and to enhance the community relations potential of projects they undertake. Grants are up to £10K maximum and for project costs only. Average grant is £2K – £5K. For further information visit <https://www.community-relations.org.uk/community-relations-cultural-diversity> **Closing date: Friday 16 December 2022**

Older People's Fund to assist with Cost of Living crisis

Help address the Cost of Living crisis for groups working with older people or projects run by older people, for older people.

The Older People's Fund will see applicants being able to seek support for projects aimed at assisting with two of the main elements of the cost of living crisis – Food and Fuel.

For further information visit <https://communityfoundationni.org/news/older-peoples-fund-to-assist-with-cost-of-living-crisis/>