

Fermanagh & Omagh District Council Community Support News – August 2022

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for the next Newsletter is Tuesday 23 August

Council News & Events

[COVID-19 \(Coronavirus\) Information, advice & Council services – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/covid-19-information-advice-and-council-services)

For a list of events across the District visit
<https://www.fermanaghomagh.com/events-and-festivals/>

Summer Bands Programme

Performances continue at the Round O, Enniskillen from 2.30-4pm on the following Sundays:

7 August	Letterbreen Silver Band
14 August	Church Hill Silver Band
21 August	Dromore CCE
28 August	Fermanagh Concert Band

Join our Big Butterfly Count in Omagh!

Would you like to be part of the Big Butterfly Count? Why not join us on **5 August 2022** at St Julian's Park, Omagh and see how many native butterflies you can identify?

For more information and to book your place email biodiversity@fermanaghomagh.com

Public consultation on the draft Visitor Experience Development Plan (VEDP) for Fermanagh Lakelands and Omagh and the Sperrins has opened

The draft VEDP, jointly funded and developed by Fermanagh and Omagh District Council, Tourism NI and Waterways Ireland following engagement with representatives from the public, private and community and voluntary sectors, is a 10-year roadmap which recognises the tourism potential of the Fermanagh Lakelands and Omagh and the Sperrins visitor destinations.

It aims to improve the tourism and visitor experience within the area for the benefit of our visitors, local communities, businesses and the environment through an ambitious framework and action plan that supports sustainable and regenerative tourism.

We are currently consulting on the draft VEDP for Fermanagh Lakelands and Omagh and the Sperrins and welcome your views.

Your views and comments will let us know if there is anything else that should be considered and will help to shape the final plan.

To find out more about the draft VEDP for Fermanagh Lakelands and Omagh and the Sperrins and to have your say, [please visit the consultations section of the Fermanagh and Omagh District Council website or click on this link.](#)

Consultation remains open until 4pm, Friday 30 September 2022.

Enniskillen Place-Shaping Plan

Fermanagh and Omagh District Council (FODC) has appointed KPMG to assist in preparing a Place Shaping Plan for Enniskillen.

Place Shaping looks at how we can make our communities stronger and more resilient in the future through understanding what we have in terms of assets, i.e., our buildings, our green spaces, our brownfield sites, our skills and knowledge, our community groups, and our public services. We want to build on our history, our strategic geographic and economic location; our tourism potential to secure a sustainable social, economic, and physical regeneration.

As part of this process, KPMG are engaging with you! We want to hear from the public, from our community and voluntary organisations, from our sports, leisure & cultural organisations as well as from our local businesses, property owners and representatives from statutory agencies and government departments to agree the aspirations, direction, and proposals for Enniskillen.

What do you want to see in an Enniskillen Place Shaping Plan?

What do you think would make Enniskillen a better place to live, a better place to work, a better place to shop, a better place to visit, a better place to enjoy?

Your participation in these surveys will help inform and guide the development of the Enniskillen Place Shaping Plan to 2035, the overall vision and the key actions and outcomes to make that vision a reality.

Submit your views here:

- ♦ Public Survey please click >>> [Enniskillen-Public-Survey](#)
- ♦ Business Survey please click >>> [Enniskillen-Business-Survey](#)
- ♦ Community & Voluntary Sector please click >>> [Enniskillen-Community-Voluntary-Sector-Survey](#)
- ♦ Young Peoples please click >>> [Enniskillen-Young-Peoples-Survey](#)

Surveys will run until Friday 26 August 2022

For further information visit <https://www.fermanaghomagh.com/your-council/consultations/place-shaping-plan-for-enniskillen-consultation/>

Draft Omagh Place Shaping Plan open for consultation

FODC and KPMG have launched the Draft Place Shaping Plan for Omagh Town.

To view the document visit bit.ly/3HQaZoK and let us know what you think of the proposed plan - this is your opportunity to get involved – complete the short survey at bit.ly/3yWTO2e

The consultation will run to 13 September 2022.

Events and Festivals Sponsorship - Paused

Applications to Events Sponsorship are currently paused.

<https://www.fermanaghomagh.com/services/sponsorship-grants-bursaries/sponsorship/events-sponsorship/>

A final call for sponsorship applications for this financial year will open on 2 August 2022 and close on 2 September 2022.

The focus of this final call will be Christmas events that have the potential to increase visitation to the district and deliver positive community benefits.

For more information, please email sponsorship@fermanaghomagh.com

The 2022 FEARmanagh Adventure Race is now open for entries

The FEAR is a multi-sport competition consisting of three sporting disciplines cycling, trail running and kayaking

Saturday 24 September 2022

Book Here: https://www.sientries.co.uk/event.php?elid=Y&event_id=10119

For more info visit www.FEARmanagh.com

Feel the FEAR and do it anyway!

Are you interested in setting up a Neighbourhood Watch Scheme?

Neighbourhood Watch is a partnership between local communities, the PSNI and the PCSP. It is a scheme developed to help people protect themselves, their properties and their communities and to reduce the fear of crime and anti-social behaviour.

Benefits of Neighbourhood Watch include:

- Reducing the risk of crime from occurring by reporting suspicious and criminal activity.
- Improved safety of communities.
- Promoting cooperation between the police and communities.
- Developing and enhancing community spirit.

There are currently 84 Neighbourhood Watch Schemes active in the Fermanagh and Omagh Council area with several new schemes at set-up stage.

The most important thing Scheme members do is look out for activity in their area that seems unusual or suspicious and then inform the police and tell each other.

Being a part of the Neighbourhood Watch Scheme is easy and there is little work for you to do. It just means if you need someone to keep an eye on your house when you are away, or you see something that is suspicious and you do not want to call the police you can contact your local Neighbourhood Watch Scheme Coordinator who will be someone known and trusted in your local community. The Coordinator will keep their scheme members informed, through leaflet drops, text or social media messages for example, if there are crimes in the area so that you can protect your house and property.

The PCSP Community Safety Officer works with groups or communities interested in setting up a new Neighbourhood Watch Scheme to help gauge local interest and guide them through the application process.

If you are interested in establishing a Neighbourhood Watch Scheme contact PCSP on 0300 303 1777 or email PCSP at pcsp@fermanaghomagh.com

Calls for a Century of Sporting Stories 1912 – 1923

Fermanagh and Omagh District Council's Museum and Heritage Service is delighted to be a partner in an exciting new project being led by Co-operation Ireland to bring people together to learn about their local heritage. The 'People, Places, Events – Exploring Our Heritage' project is funded by The National Lottery Heritage Fund and involves a series of four regional themed programmes. The Fermanagh and Omagh theme is 'Your Sport, Your Family, Your Community: Decade of Centenaries'.

The local theme offers opportunities for interactive workshops and activities for people interested in exploring the varied stories and rich sporting heritage within their communities. Focusing on the years of great change between 1912 to 1923, the emphasis is on cross community and cross border audience engagement. The programme will run from June and lead into a final Showcase Event, scheduled to take place in September 2022.

In the first instance, 'Your Sport, Your Family, Your Community' will be launched online with developing resources at <https://collectionsonline.fermanaghomagh.com/your-sporting-heritage> and through the Museum and Heritage Service's social media channels including facebook.com/EnniskillenCastle and twitter.com/ECMFCM. In particular, the project is keen to

hear from anyone with a sporting story to tell with connections to Roslea, Cornagague, Newtownbutler, Donagh, Derrylin, Kinawley, Teemore, Belcoo, Boho, Derrygonnelly, Garrison, Belleek, Kesh, Trillick, Dromore, Irvinestown, Fintona and Drumquin.

For anyone with an interest in sport heritage locally, please get in touch with sarah.mchugh@fermanaghomagh.com

Grant Aid – Rolling Programmes

Community Services – Project Development

Applications for Community Services – Project Development are open on a rolling basis and can be accepted throughout the year. Applicants must first contact a Community Support Officer of the Council to discuss their project/proposal prior to an application being made available

For further information visit [Grant Aid - Project Development – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/grant-aid/project-development)

Seeding Grant Aid

Applications for Seeding Grant Aid are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information visit [Microsoft Word - Seeding \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/microsoft-word-seeding)

Sports Bursary

Applications will be received on an on-going basis but will not be assessed until the next available grant programme is closed. For the Sports Bursary, applications **must** be submitted **prior** to the Tournament, Competition or Event taking place. Applications cannot be made retrospectively after the Tournament, Competition or Event in which the applicant is seeking the bursary for.

The Bursary Guidance Notes should be read in conjunction with Fermanagh & Omagh District Council's Grant Aid Code of Practice

<https://www.fermanaghomagh.com/services/sponsorship-grants-bursaries/bursary-programme/>

Have your say.....

'Lived Experience of Poverty' Consultation – Now live.

FODC want to hear from people who are struggling on a low income.

Help us develop interventions that will support those most in need.

Please provide feedback via <https://bit.ly/LivingInPovertyConsultation>

Project Stratum - Superfast Broadband for NI

Public Review for additional eligible premises

A number of premises were not identified as eligible due to claims made by infrastructure providers about NGA coverage that has either changed or which have not been substantiated sufficiently.

DfE now wishes to identify eligible premises to ensure that any cost savings that may arise through Project Stratum, such as removing derelict premises or from other sources, can be used to connect eligible premises that will benefit from an NGA broadband connection.

For more details on this visit <https://consultations.nidirect.gov.uk/.../discrete...>

This consultation will be open until 3pm on Monday 15 August

If you have any questions, please contact the Department for the Economy by email, at

stratum@economy-ni.gov.uk

Consultations

<https://www.fermanaghomagh.com/your-council/consultations/>

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district.

Festival Lough Erne returns for 2022!

10-18 September

Save the Date!

Festival Lough Erne will return for its 7th year and promises to bring fun, adventure and lots of activity. Visit <http://www.festivallougherne.com/> for further information.

Are you choosing between heating your home or eating adequate meals?

Do you worry how you are going to make ends meet?

If so, please consider calling the Council's Health Improvement Team on 0300 303 1777 who can offer energy efficiency advice, determine if you are eligible for an energy efficiency grant, refer you to a specialist organisation for a benefit entitlement check or signpost you to other resources where you can get information regarding making delicious low-cost nutritious meals.

Have you signed the Everybody Belongs pledge?

Everybody Belongs was developed in line with the Council's Good Relations Programme. It strives to oppose racism, sectarianism and discrimination against any resident, regardless of background, identity or ethnicity and ensures that everyone feels they belong in a District that is welcoming.

The Good Relations Team is encouraging all Staff to sign the Everybody Belongs pledge. For more information and to sign the pledge, visit the [Everybody Belongs](#) page on the Council website.

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](#)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163>

Community News

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

Many thanks for your continuing support - it is greatly appreciated.

Check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions.

Free School Meals and Uniform Allowance

2022/23 Applications now open!

Visit <https://www.eani.org.uk/financial-help/free-school-meals-uniform-grants>

Free Live Events

Fermanagh Fun Farm (social enterprise not for profit making organisation) has recently been given funding from Fermanagh and Omagh District Council to put on **free** concerts for all the community to enjoy, 3.30pm-5pm. Attending the concert is free.

Normal farm attraction prices apply if visiting the farm attraction area.

Sun 7 Aug Robbie Pearson Country Singer

Sun 28 Aug Ciaran Carson & Samantha Breslin Country Singers

AWARE NI

6 week face to face Living Life to the Full programme in **Omagh Library:**

Dates Thursdays 20th, 27th October, 3rd, 10th, 17th, 24th November

Time 10am-12pm

Note: we can accommodate 16 people on this training programme, which is **free** to attend, and full attendance on all dates is necessary.

To find out more visit <https://aware-ni.org/living-life-to-the-full>

To register for a place please visit <https://aware-ni.org/booking-living-life-to-the-full/>

Building our Children's Developing Brain

Tuesday 23 August, 10am-1pm via Zoom

Are you interested in assisting parents/carers in understanding how they can positively be there for their children or young people's big emotions?

Building Our Children's Developing Brain is about supporting parents/carers to strengthen their children's emotional awareness and self-regulation. The workshop is designed with an early intervention ethos and focuses on how the different parts of a child's brain work together from birth through to the teenage years. The session will equip you with a range of tools, simple techniques and practical strategies which you can then use with confidence. Additionally, you will have access to a booklet and page tiger platform which can be shared with families.

Click below link to register

<https://www.eventbrite.co.uk/e/building-our-childrens-developing-brain-tickets-377919777227?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=esch>

Breastival

Breastival is a unique, award-winning festival running from the 1-7 August which aims to support, normalise and celebrate breastfeeding as part of everyday life.

For all the info visit breastival.co.uk/2022-programme

Return to Work Breastfeeding Packs

The Health Improvement, Equality and Involvement Department of the Western Health & Social Care Trust would like to remind you of an initiative currently rolling out in support of breastfeeding mothers returning to work.

Breastfeeding is fundamental to public health as it promotes health, prevents disease and helps contribute to reducing health inequalities.

In support of creating environments where mothers can return to work and continue to breastfeed, the Western Health & Social Care Trust have updated their policy for supporting breastfeeding employees. As part of this policy, any employee returning to work and breastfeeding will be able to avail of a free 'Return to Work' pack.

We have extended this 'Return to work' pack initiative to the employees of all organisations throughout the WHSCT area (Limavady to Fermanagh).

This pack contains; a cool bag, ice block, reusable water bottle and breastmilk storage bottles to assist staff in continuing their breastfeeding journey. The pack also contains additional information on safe storage of breastmilk.

Any staff member or organisations wishing to avail of this on behalf of a staff member, should contact the Health Improvement Equality and Involvement Department on 028 7186 35127 or email health.improvement@westerntrust.hscni.net

RNID Face to Face support session for NHS hearing aid users.

Help with:

- New batteries
- Cleaning and retubing of earmoulds
- Information on how to look after and fit hearing aids
- Signposting to other Services

Hearing Aid Support Session in Fermanagh House, Enniskillen

1st Thursday Monthly - Next session- **Thursday 4 August**, 10-11.30am

Oral History Roadshow

Saturday 6 August, 10am to 6pm

Fermanagh House, Enniskillen

Lough Erne Landscape Partnership in partnership with QUB are gathering memories (oral histories/stories and photographs) to populate and produce a memory map of Fermanagh and its rich heritage.

If you have a memory or story that you are willing to share, as part of the memory map project, please contact Hazel Long, Heritage Project Manager – email hazel.long@rspb.org.uk

Places can be booked for Saturday 6 August by also contacting Hazel as above.

For further information visit <https://help.org.uk/event-directory/>

Money Helper

MoneyHelper is the new consumer brand from the Money and Pensions Service (MaPS) to help people make the most of their money and pensions.

Launched in June 2021, we've brought three legacy consumer brands into one (Money Advice Service, The Pensions Advisory Service and Pension Wise). MoneyHelper delivers clear guidance straight to consumers through our digital channels, printed guides and consumer helplines.

So you can be sure they're getting the right money and pensions guidance if they need it. We signpost people with money troubles to the debt help they need provided by our trusted debt advice partners. We also support organisations like yours to help your customers, clients and employees make the most of their money and pensions. Call us on 0800 138 7777 Webchat – www.moneyhelper.org.uk/moneychat What'sApp - 07701342744

Child Trust Fund

Children born within the UK between 1 September 2002 and 2 January 2011 have access to a Child Trust Fund when they turn 18 years old, which could be worth anything between £1,000 and £1,500.

When Child Trust Funds became available, HMRC sent parents/guardians of qualifying children a starting payment voucher of £250 (or £500 if parents were on a low income). This voucher was then used to set up a Child Trust Fund account in the child's name.

In Fermanagh and South Tyrone 11,262 vouchers became available, 7,390 parents/guardian opened a Child Trust Fund. For those 3,872 vouchers, that were not set up in their child's name, HMRC set up a Child Trust Fund account, in the child's name, which a child will be able to start tracing, after they obtain their NIC number at 16 years but only able to access, their Child Trust Fund, when they become 18 years plus.

A Child Trust Fund (CTF) is a long-term tax-free saving account for children. They were designed to encourage children to become savers for their future adult life.

All money earned on the CTF is tax-free, including capital gains, interest payments and any other money earned on the account. This means all the money in the fund belongs to the account holder and none of it will be lost in tax deductions.

The first CTFs matured in September 2020, when the oldest account holders turned 18. The last CTFs will mature in 2029. On maturity, CTFs can either be cashed in or transferred into an adult ISA.

To read more about Child Trust Funds, including tracing a lost Child Trust Fund – please read the MoneyHelper link –

<https://www.moneyhelper.org.uk/en/savings/types-of-savings/child-trust-funds>

Inspire's Regional Advocacy Service

Advocacy for All will support people who are over 18 with mild/moderate mental health needs e.g. Low mood or motivation, anxiety, poor coping skills, loss of control, stress, isolation, who have no access to any other statutory commissioned advocacy support. Advocacy for All supports and empowers people to have their voice heard and resolve any issues they are having.

By creating an advocacy service for people at Steps 1 and 2, we broaden the scope of advocacy and peer support helping to develop resilience and self-help which is consistent with early intervention and prevention and reduces the need for more intensive mental health support.

Advocacy for All offers:

- One to one support to resolve advocacy issues available to every person with mild to moderate mental health issues around Northern Ireland.
- Information and signposting for family members and carers.
- Access to i-connect, a unique digital wellbeing platform enabling participants to monitor and improve their mental health and wellbeing.

Referrals will be widely accepted, including from;

- Individuals.
- GPs and primary health and social care.
- Local political representatives.
- NIHE, Probation Board and other relevant statutory services.

For more information contact the team hello@inspirewellbeing.org

Telephone 0808 189 0036 Monday to Friday 10am-4pm

Action Mental Health – Input for Summer Schemes

We are offering **free** 90-minute sessions for:

- children aged 4-11 years
 - young people aged 11-14 years
- attending summer schemes or in educational settings based around the 5 Ways to Well-being.

Activities include games, crafts, discussions and fun!

If you would like to register your group, please contact our AMH MensSana team

Email amhmenssanani@amh.org.uk Tel 028 9442 5356

Healthy Child Healthy Future Workshop

Healthy Child, Healthy Future (HCHF) is a framework for the Universal Child Health Promotion Programme in Northern Ireland, from pregnancy to 19 years, published by the DHSSPS in 2010.

In 2018, the Department of Health agreed a review and update of the HCHF Programme in October 2018 to take account of new evidence since its publication.

The Department of Health would now like to engage with the Voluntary and Community Sector to capture views about the programme.

Workshop details: **Tuesday 23 August 2022**, 10am-11:30am via Zoom

Chaired by:

Debbie Sterritt, Department of Health

Maurice Meehan, Public Health Agency

Siobhan Slavin, Public Health Agency

Zoom link:

<https://us06web.zoom.us/j/81534501708?pwd=RVBmLzNEVXdHQ1RObVE1aG9SZDNpUT09>

Meeting ID: 815 3450 1708

Passcode: 049656

Please confirm your attendance by Monday 15 August 2022.

Email nursingandmidwifery@health-ni.gov.uk

The State of Caring Survey 2022 is now live!

State of Caring is the most comprehensive research into the lives and experiences of carers in the UK. It shapes our campaigns and the support and services we provide

Take part and share your views today <https://surveymonkey.co.uk/r/YR93X7L>

Erne Paddlers

A paddlesports club based in Enniskillen, providing courses, trips, events and development opportunities. We are a community organisation and a not for profit registered charity, aiming to provide access to paddlesports for all. Our coaches and instructors are all fully qualified and our dedicated team of volunteers is very experienced. We have a full summer programme, providing people with an opportunity to try a range of paddling activities.

Summer Camps for Kids: Four camps running during the first two weeks of August, AM and PM sessions, suitable for children aged 7yrs+. Fully supervised, lots of fun and learning, no paddling experience needed, all paddling equipment provided.

Progressive Courses: Kayaks, Sea Kayaks, Standup Paddleboards. 5 week courses for beginners and improvers, Tuesday and Wednesday evenings.

Inclusive Paddling: Thursday evenings at the Broadmeadow. Gentle and inclusive paddling sessions for anyone who needs a little support to be involved in paddlesport. A great way to get started paddling.

Love to Paddle Trips: Lough trips around Fermanagh, and sea paddles off the Donegal coast. Suitable for beginners upwards, a range of dates and times available.

Paddle and Overnight Camp at Crom: Sat 6th–Sun 7th August. Paddling trips each day, tailored to suit everyone's abilities. Overnight camp at Crom Castle, where there are excellent facilities.

Sports Day: Sat 13th August, 1:30pm. A (paddle) sports day for everyone. Perfect for families, groups, friends, work colleagues etc. This Clash of Clans event will see teams of 4 to 8 people competing in a range of activities and challenges such as orienteering around the town, canoe relays, tug of water. This fun afternoon is open to all, members and non-members and all abilities. Qualified instructors available to support all the teams, all paddling and safety equipment provided. Bring your own team or join a team on the day.

Full details of all current courses and events at www.ernepaddlers.org.uk/events

Any queries please contact us at email@ernepaddlers.org.uk

or via our social media pages on Facebook, Instagram or Twitter, or call 07468 911398.

Infant Mental Health Awareness Week 2022

Understanding Early Trauma

The Best Start in Life Group at the Western Health & Social Care Trust are delighted to share this resource to support Infant Mental Health Awareness Week 2022, focusing on this year's theme Understanding Early Trauma.

We have a link to our short survey on the back page and would appreciate all feedback.

For more information, please contact Lisa Storey, Child Development Intervention Coordinator at lisa.storey@westerntrust.hscni.net
[read more](#)

2022 Allingham Poetry & Flash Fiction Competitions

Now open for Entries!

Writers worldwide are invited to enter flash fiction pieces up to 700 words, and poems up to 40 lines.

First-place winners in each category will receive €300, and First-, Second- and Third-place winners will be invited to read their work in a webcast Awards Ceremony on 4 November during the 2022 Allingham Festival.

Novelist Mia Gallagher will judge the 2022 Flash Fiction Competition, and poet Kate Ennals will judge the Poetry Competition.

Previous winners have included entries from Canada, Australia, and Brazil.

Deadline for entries is Friday 16 September 2022. Competition rules, entry forms and winning entries from previous years are on the Allingham Festival website www.allinghamfestival.com.

The 2022 Allingham Festival (2 – 6 November) will include a performance by BIRD ON THE WIRE, a musical ensemble featuring Pauline Scanlon and The Whileaways, performing fresh, haunting interpretations of the songs of Leonard Cohen in a live stage show.

For additional information contact Tom Sigafoos, PRO 087 946 0584

tomsigafoos@gmail.com

allinghamfest@gmail.com

www.allinghamfestival.com

Climate Change Awareness Talks

Free Online Sessions Available

<https://keepnorthernirelandbeautiful.etinu.net/cgi-bin/generic?instanceID=73>

Interested in becoming more climate smart in your home, business, local interest group or workplace? Wondering where to start? Why not join one of our free online Climate Change Awareness talks, available across Northern Ireland?

We can offer this in repeatable sessions virtually for groups of up to 50 attendees at a time. This stand-alone training, delivered virtually in under two hours, offers valuable insight into climate change, and an awareness of the impacts and risks for Northern Ireland. Attendees can then choose to extend the training if they wish to gain certification. Please contact Scott Howes at scott.howes@keepnorthernirelandbeautiful.org to organise this for your staff/group at no cost.

Additional information on the accredited training is available on the [Keep Northern Ireland Beautiful website](http://KeepNorthernIrelandBeautiful.com).

Nutrition webinars & recipe videos

The 'Public Health Dietitians' YouTube channel has now went live. It features short nutrition webinars on a wide range of topics throughout the lifecycle – we've got everything from good nutrition for kids under 5, to fuelling for sport and exercise, to eating well during menopause, how to save money on your food shop and everything in-between! There's something for everyone.

The channel also hosts over 30 short step-by-step recipe videos to create healthy and low cost family meals.

It is a partnership between the Public Health Dietitians Group (PHDG) and the Public Health Agency. We have built this channel to provide factual, evidenced based nutrition information for the general public from qualified nutrition professionals (Registered Nutritionists and Dietitians). We hope this will go some way to combat the wealth of false and misleading nutrition information that's available out there and online.

To access the site content, it's as simple as searching 'Public Health Dietitians' on YouTube, or using this link: [Public Health Dietitians - YouTube](#).

The following webinar titles are available at present with more to follow in future:

Adults

- o Food and Mood
- o Eating Well as You Age
- o How to Save Money on Your Food Shop
- o Healthy Diet, Healthier You
- o Menopause & Diet
- o Sustainable Diets
- o Gut Health
- o Nutrition for Sport
- o Top Tips for a Healthier Weight
- o Fact or Fiction – Nutrition myths and fad diets

Children & Young People

- o Feeding the Under 5s
- o Lunchbox and Snacks Ideas
- o Fussy Eating
- o Nutrition for the Primary School Years
- o Nutrition for Teenagers

August Craft Month is Back and Bigger than Before

Get involved in an incredible celebration of local craft in NI this August

Plan your celebrations by visiting www.craftni.org/augustcraftmonth2022/

For the full August Craft Month programme, showcasing events taking place across the island, visit www.augustcraftmonth.org

Training Opportunities

Calling all Care Home/Setting Staff!

Register your interest for LGNI's next Accredited Care Home Training!

Get the intergenerational knowledge, skills and ideas you need to develop intergenerational activities in your Care Setting!

Are you interested in developing intergenerational connections but just aren't sure how to do it, need ideas and support to help you develop links? Linking Generations NI's 4.75 hour CPD accredited Intergenerational training is a great start.

LGNI are planning on running another bespoke training programme for Care Homes & Settings via Zoom and we would love to have you on board. If this sounds like something that you would like to take part in, please fill out and return the expression of interest form **by the end of July** via the link: [EXPRESS YOUR INTEREST NOW!](#)

We can deliver training in 3 x 1.5 hour sessions, usually around lunchtime, to facilitate staff.

- The sessions cover:
What is Intergenerational practice?
- Good practice in preparing and bringing generations together (plus activity ideas for virtual and at a distance)
- Evaluation methods and sustainability

Training dates: End of August/Early September – date tbc

There will be lots of opportunities to ask questions, good practice and examples of tried and tested activity ideas for residents to enjoy with local school pupils etc.

You will also receive LGNI's 'An Intergenerational Practice Toolkit for Care Homes and Settings' to refer back to - full of ideas, best practice and do's and don'ts!

Cost: £25 for 4.75 hours CPD accreditation

For more information on the training visit our website page [here](#)

Suse+ Young People's Summer Programme

Suse+ are now offering a Summer Programme in Enniskillen and Omagh Campuses for young people aged 16+. This is open to young people who may have finished school or college and are unsure of their next steps with education or need support to identify and apply for employment opportunities. As part of the programme young people will complete an OCN Level 1 Award in Community Independence focusing mainly on personal health and wellbeing and teamwork skills. Young people will also have the opportunity to complete short, accredited training in First Aid, money management etc. Help will be provided with making CVs, applying for jobs or further education courses and interview skills. Lunch and travel costs will be covered and some young people will be entitled to EMA.

Call Shelle in Enniskillen on 07557 178194 or Nuala in Omagh on 07464 539195 for information

Upcoming Walk Leader Training Dates

The Health Improvement, Equality and Involvement Department (WHSCT) have spaces remaining on a Walk Leader Training course on **Tuesday 13 September** - 10am to 1pm
This will be delivered via Zoom.

If you wish to apply please email health.improvement@westerntrust.hscni.net

The Prince's Trust

<https://www.princes-trust.org.uk/about-the-trust/where-we-work/northern-ireland>

The Prince's Trust supports young people to transform their lives by developing their skills to live, learn and earn. We work with partners and volunteers to offer a variety of programmes to help young people build their confidence, get a job or start a business.

Foundations for work:

Team is a 12-week personal development programme, giving young people the chance to gain new life and employability skills, work experience and to meet new people. Young people will also take on a community project and take part in an action-packed residential trip.

The Explore programme is often for young people who are furthest away from employment, education, or training. The programme offers a mix of group activities and one-to-one support to young people develop the skills and confidence they need to move forward.

Young people aged 16 to 30, who want to get back into education, can apply for our **Development Award Grants**. The awards can cover the cost of course fees, tools, or equipment to help young people achieve their goals.

A week in length, **Get Started** is an intensive course providing young people with the skills they need to succeed in a specific industry such as music or technology.

Ready for Work:

Get Hired is an interactive event that allows young people the opportunity to interview with several potential employers.

Unlock Skills for Work is a two-day programme aimed to give young people a head start with their job search. During the course participants take part in a range of interactive workshops including confidence building, interview advice and CV development.

Run for two days to a few weeks at a time, Get Into allows young people to work with top employees such as Tesco, M&S and Lidl. Throughout the course young people will be given the opportunity to improve their CV and interview skills.

Interested in Self Employment:

A 3-stage programme designed to help young people from idea to launch, our Enterprise programme helps 18 to 30-year-olds turn their big ideas into a business reality.

For further details on any of the above contact Aine McAuley, Youth Development Lead
Tel 07866 897782 or Freephone 0800 842 842 Email outreachni@princes-trust.org.uk

Community Leadership Training Programme

<https://www.fermanaghtrust.org/community-support/training-programme>

This programme includes 3 workshops on attracting, recruiting, retaining, supporting & rewarding volunteers. We also have Facilitating Effective Meetings, Income Generation, Communicating with Funders, a Charity Commission Reporting workshop, highly sought-after 1:1 Canva sessions and a few other workshops on the programme which will particularly help people on management committees or working/volunteering in the community and voluntary sector develop their skills and knowledge.

Attendance at the various workshops also gives participants an opportunity for networking and forming partnerships; a place for participants to share knowledge and learn from each other too.

Please have a look and share widely as all the **courses are free** to anyone working or Volunteering in the West.

Due to the costs involved in the Volunteer Now workshops and the venue/refreshment costs we are taking a **returnable** £20.00 deposit. These courses are usually around £90 per participant so this is offering a great affordable opportunity for people who may not usually have the funds available to attend.

If anyone has any questions please contact Sonya Johnston, Manager, Fermanagh Trust.

Tel: 028 6632 0210 sonya@fermanaghtrust.org

Gambling Harm Prevention Training

YWA (Youth Work Alliance) has been working with YGAM (Young Gamers and Gamblers Education Trust) [Homepage - YGAM](#) and GamCare [Young People's Support Service - GamCare](#) in delivering an education and support programme to Northern Ireland to practitioners from various fields, with the mission of safeguarding future generations from gambling and gaming related harms.

Gambling-related harms have been presented as a hidden issue in Northern Ireland for many years, which makes it even more vital for us to ensure children and vulnerable people are informed, educated and safeguarded against the potential harms associated with gambling and increasingly, gaming too.

We offer free online workshops to equip you with the knowledge and tools to inform, educate and safeguard the young people you work with in relation to gaming and gambling and the associated risks. Our City and Guilds assured training runs in 2 parts or as 1 bespoke session at the request of your school/organisation.

The aims are to:

- Increase your knowledge and understanding of gaming and gambling-related harm in the UK
- Provide you with resources to deliver sessions directly to children and young people to prevent future harm
- Support you with information on how to spot signs of harm and how to sign post young people for support

You will receive:

- A City & Guilds certificate and digital credential Access to over 450 free resources.

The training is delivered free and currently online, offered in 2 options:

- 1) Full session taking up to 3 hours
 - 2) Delivered in 2 parts - Introduction taking 2 hours and Follow-up taking 1 hour
- Upon completion of the training, you will be given log in details to YGAMS resource section.

For further information please contact helen@youthworkalliance.com Mobile: 07950 471553

Western Health and Social Care Trust Training Brochure

The WHSCT Health Improvement Equality & Involvement Department is delighted to announce the launch of its training brochure for **March – September 2022**.

Free courses are available via online zoom delivery on many topics including nutrition, physical activity, mental health & gender identity awareness.

The brochure is available for download [HERE](#) and includes links to Application Forms which should be submitted to health.improvement@westerntrust.hscni.net or via post to Health Improvement, Equality and Involvement (HIEI), Maple Villa B, Gransha Park, BT47 6WJ unless otherwise stated in the brochure.

Telephone Number for queries: 028 7186 5127

Free Keeping Adults Safe Online Training

**For community, voluntary, faith and independent sector organisations
in the Western Trust Area**

Keeping Adults Safe: Training for Staff and Volunteers

Suitable for staff/volunteers who have regular and/or direct contact with adults at risk (e.g. leader, coach, carer or support worker), this certificated training programme covers: key definitions; legal context of adult safeguarding; awareness of abuse issues; procedures for reporting concerns; procedures for planning activities and assessing and managing risk; confidentiality issues; and code of behaviour for staff/volunteers.

6 October 2022, 10.00am - 3.30pm

[Keeping Adults Safe: Training for Staff and Volunteers \(Western Trust area\) - Volunteer Now](#)

12 January 2023, 10.00am - 3.30pm

[Keeping Adults Safe: Training for Staff and Volunteers \(Western Trust area\) - Volunteer Now](#)

Keeping Adults Safe: Implementing Standards for Good Practice

A half-day session designed to help organisations implement the required standards of practice for adult safeguarding, as outlined in Keeping Adults Safe: A Shared Responsibility. This training looks at each of the 8 standards individually and considers the procedures and guidelines that need developed within your organisation in order to implement the standards, allowing organisations to identify areas for improvement and action required.

22 September 2022, 10.00am – 1.00pm

[Keeping Adults Safe: Implementing Standards for Good Practice \(Western Trust area\) - Volunteer Now](#)

All Keeping Adults Safe training is supported by the Health and Social Care Board.
All training is delivered by accredited trainers.

Funding Opportunities

£145,000 funding available for community play projects

Community engagement platform ChangeX, supported by the LEGO Foundation, has launched a £145,000 fund to enable communities across the UK to start proven learning through play projects. The UK Community Play Fund aims to support up to 60 teams across the UK to start new community projects. Groups can choose from a carefully-curated portfolio of 14 proven play ideas. Find out more and apply: <https://bit.ly/UKCommunityPlayFund>

Any queries, please contact support@changex.org

Funding Advice Sessions

Friday 12 August from 9am to 2pm in the form of half-hour slots.

Charlie Thomas from The National Lottery Community Fund will be holding advice sessions in Fermanagh House, Broadmeadow, Enniskillen regarding Big Lottery Funding.

To book an appointment email Charlie.Thomas@tnlcommunityfund.org.uk or tel 07929 872482.

National Lottery Community Fund Grants

Details of funding opportunities via The National Lottery Community Fund can be found here <https://www.tnlcommunityfund.org.uk/funding/northern-ireland>

If anyone would like further information or to discuss any of grant programmes, please do not hesitate to contact Charlie Thomas, Funding Officer on 07929 872482 or 028 9055 1424

The National Lottery Heritage Fund UK

Grants for projects that connect people and communities to the national, regional and local heritage of the UK.

Grants from £3,000 - £5million; Rolling Deadlines

For further information visit <https://www.heritagefund.org.uk/funding>

King George VI Youth Awards

Now accepting applications for youth work activities with young people aged 14-21. Your group must be based in Northern Ireland and your project must be part of a curriculum based youth work programme.

Applications are also accepted from individual young people. The maximum grant available is £500.

Click on the link to find out more <https://www.volunteernow.co.uk/king-george-vi-youth-awards-open-for-applications/>

Village Catalyst Grant Scheme

Applications are invited once again from charities, social enterprise and other not for profit groups in rural villages of less than 5,000 people who want to tackle rural poverty and social isolation in their area by developing a sustainable use for disused historic buildings in their village. To be eligible, the building must be listed or within a conservation area.

The 3 available funding routes and details on how to apply are listed below;

- **Viability Grant** – To carry out viability work and support is offered up to £10,000. For enquiries and application, please complete the enquiry form via <https://ahfund.org.uk/enquiry/>. This is a rolling scheme.
- **Development Grant** – To develop your plans and support is offered up to £20,000. For enquiries and applications for this scheme, please contact Villagecatalystsupport@communities-ni.gov.uk. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.
- **Delivery Grant** – To deliver your project and support is offered up to £200,000. For enquiries and applications for this scheme, please contact Villagecatalystsupport@communities-ni.gov.uk. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.

For a copy of the guidance notes please click on the link below

<https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-village-catalyst-guidance-for-applicants.pdf>

Community Relations Council: Small Grants Scheme

The Community Relations Council, with the support of Government, has established a fund to spend each year on community relations projects. This funding is intended to help community/voluntary groups throughout Northern Ireland develop their capacity to engage in community relations work and to enhance the community relations potential of projects they undertake. Grants are up to £10K maximum and for project costs only. Average grant is £2K – £5K. For further information visit <https://www.community-relations.org.uk/community-relations-cultural-diversity>

Closing date: Friday 16 December 2022

Community Finance Ireland: Sports Fund

Community Finance Ireland (previously UCIT), one of the UK's largest providers of social finance, has already provided £7M to 70 clubs across Ireland, helping deliver new training facilities, clubhouses and state-of-the-art pitches. The new fund will commit a further £4m to the local sporting sector over the next five years. Click on the above link for further information.

Older People's Fund to assist with Cost of Living crisis

Help address the Cost of Living crisis for groups working with older people or projects run by older people, for older people.

The Older People's Fund will see applicants being able to seek support for projects aimed at assisting with two of the main elements of the cost of living crisis – Food and Fuel.

For further information visit <https://communityfoundationni.org/news/older-peoples-fund-to-assist-with-cost-of-living-crisis/>