

Fermanagh & Omagh District Council Community Support News – June 2022

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for the next Newsletter is Tuesday 28 June

Council News & Events

<u>COVID-19 (Coronavirus) Information, advice & Council services – Fermanagh & Omagh District Council (fermanaghomagh.com)</u>

Platinum Jubilee Celebration Events

- Our Coronation Story
- Proclamation of Beacon Lighting
- Platinum Jubilee Service of Thanksgiving and National Beacon Lighting Company
- Family Fun Day and Armed Forces Display
- Beating Retreat
- The Big Jubilee Lunch
- Platinum Jubilee Service of Thanksgiving and Civic Parade

Visit https://www.fermanaghomagh.com/event/queens-platinum-jubilee-celebration-events/ for further information

FODC Summer Schemes are back!

We have a whole host of great summer schemes ready and waiting. If you have children aged 5-12 then we have summer sorted for you! For all the options, times, locations and booking details visit bit.ly/FODCSummer2022Programme

Public Consultation

Cuilcagh Lakelands Geopark will host the following public consultation evenings to inform and engage with the local community about proposed developments at Shannon Pot and Cavan Burren Park as funded under Failte Ireland's capital investment programme, Platforms for Growth

Tuesday 7 June St Patrick's Hall, Glangevlin Wednesday 8 June Market House, Blacklion

Thursday 9 June Swanlinbar Community Hall, Swanlinbar

Each consultation evening will take place from 7pm-9pm. Refreshments will be served on arrival.

Unique outdoor theatre experiences in Fermanagh and Omagh district this Summer

An exciting new outdoor theatre programme supported by Fermanagh and Omagh District Council will take place in June and July at a range of new and unusual settings in towns and villages across the district.

This is the first time such a large scale programme of outdoor theatre has been planned for the district and it means that the whole family can pack up a picnic, go to an outdoor venue near them and enjoy a fun open air show.

The productions which will be undertaken by Heartbreak Theatre Company and Chapterhouse Theatre Company feature a mix of classic and modern authors featuring works by Jane Austen, William Shakespeare and David Walliams, an eclectic mix which have a broad appeal for a range of ages. From literary masterpieces such as Pride and Prejudice to the Shakespearean classic, Twelfth Night with a bit of a modern day twist, what's not to enjoy.

The productions will take place at football pitches at Fermanagh Lakeland Forum, Enniskillen; Bawnacre Centre, Irvinestown; Castle Park Centre, Lisnaskea; Omagh Leisure Complex and Drumquin Soccer Pitch as well as against the stunning backdrop of Enniskillen Castle. Book your place now for the whole family and friends for a theatre experience like no other. Bookings for shows at all locations can be made by visiting the Council website at www.fermanaghomagh.com/services/arts-and-culture/outdoor-theatre-summer-2022/

Please note that all performances will go ahead regardless of the weather. Please bring your own low-back chair, rug, picnic and dress appropriately for the day. Seating areas are on a first-come, first-served basis.

Chapterhouse Theatre Company

Enniskillen Castle

Tuesday 21 June 5.30pm 'Pride and Prejudice'

Friday 1 July 'Cinderella'

Heartbreak Theatre Company

Lakeland Forum

Saturday 9 July - Much Ado About Murder (10 yrs +) - 3pm & 7.30pm

Sunday 10 July - Twelfth Night (8 yrs +) - 2pm & 6.30pm

Friday 15 July - Awful Auntie (7 yrs +) - 6pm

Friday 22 July - Jane Eyre (10 yrs +) - 7.30pm

Bawnacre Centre

Saturday 16 July - Awful Auntie (7 yrs +) - 4.30pm

Saturday 23 July - Jane Eyre (10 yrs +) - 7.30pm

Castle Park Leisure Centre

Sunday 17 July - Awful Auntie (7 yrs +) - 12 noon & 4.30pm

Omagh Leisure Centre

Thursday 14 July - Twelfth Night (8 yrs +) - 7.30pm

Tuesday 19 July - Awful Auntie (7 yrs +) - 7.30pm

Drumquin Soccer Pitch

Monday 18 July - Awful Auntie (7 yrs +) - 7.30pm

Full details of the above performances are available on the Council website at www.fermanaghomagh.com/services/arts-and-culture/outdoor-theatre-summer-2022/

Forest Schools Programme now open

Our Forest Schools Programme has reopened in partnership with the <u>Cuilcagh Lakelands Geopark</u> and Lough Erne Landscape Partnership.

This FREE programme is open to ten organisations in the FODC area to support schools and youth organisations to embrace an outdoor learning environment

To find out more and be in with a chance to take part in this exciting programme visit bit.ly/3wB02Fb

Closing date: Friday 24 June 2022

Grant Aid – Rolling Programmes

Community Services - Project Development

Applications for Community Services – Project Development are open on a rolling basis and can be accepted throughout the year. Applicants must first contact a Community Support Officer of the Council to discuss their project/proposal prior to an application being made available For further information visit Grant Aid - Project Development – Fermanagh & Omagh District Council (fermanaghomagh.com)

Seeding Grant Aid

Applications for Seeding Grant Aid are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information visit Microsoft Word - Seeding (fermanaghomagh.com)

Sports Bursary

Applications will be received on an on-going basis but will not be assessed until the next available grant programme is closed. For the Sports Bursary, applications **must** be submitted **prior** to the Tournament, Competition or Event taking place. Applications cannot be made retrospectively after the Tournament, Competition or Event in which the applicant is seeking the bursary for.

The Bursary Guidance Notes should be read in conjunction with Fermanagh & Omagh District Council's Grant Aid Code of Practice

https://www.fermanaghomagh.com/services/sponsorship-grants-bursaries/bursary-programme/

Events and Festivals Sponsorship

https://www.fermanaghomagh.com/services/sponsorship-grants-bursaries/sponsorship/events-sponsorship/

Fermanagh and Omagh District Council are now inviting online applications for Sponsorship from Event and Festival organisers that deliver events within the district.

Apply online using the Grant Manager

Events and Festivals Sponsorship will be continually **open** until March 2023. During this **open** roll out there will be designated closing dates so applications received can be moderated and approved through Council procedures.

Closing dates and times:

Monday 5 September 2022 12 noon

Monday 7 November 2022 12 noon

All Events & Festivals must be applied for in advance to the actual commencement event date(s) and prior to closing dates highlighted above.

For more information, please email: sponsorship@fermanaghomagh.com

Tel: 0300 303 1777 Textphone: 028 8225 6216

Have your say......

'Lived Experience of Poverty' Consultation - Now live.

FODC want to hear from people who are struggling on a low income.

Help us develop interventions that will support those most in need.

Please provide feedback via https://bit.ly/LivingInPovertyConsultation

Consultations

https://www.fermanaghomagh.com/your-council/consultations/

Current consultations being undertaken by Fermanagh and Omagh District Council include:

Public Consultation on the Draft Linguistic Diversity Policy 2022-2025

closes 5pm on Tuesday 5 July 2022.

Festival Lough Erne returns for 2022!

10-18 September

Save the Date!

Festival Lough Erne will return for its 7th year and promises to bring fun, adventure and lots of activity. Visit http://www.festivallougherne.com/ for further information.

Are you choosing between heating your home or eating adequate meals? Do you worry how you are going to make ends meet?

If so, please consider calling the Council's Health Improvement Team on 0300 303 1777 who can offer energy efficiency advice, determine if you are eligible for an energy efficiency grant, refer you to a specialist organisation for a benefit entitlement check or signpost you to other resources where you can get information regarding making delicious low-cost nutritious meals.

Everybody Belongs Pledge

We pledge to oppose racism, sectarianism and discrimination against any people regardless of their background, identity or ethnicity. We condemn hate speech and oppose prejudice. We recognise that diversity and difference enrich us all and enrich this District.

The Everybody Belongs pledge is available for signing online by clicking here.

For further information and how to get involved in the campaign, contact Good Relations by telephone on 0300 303 1777 or by email goodrelations@fermanaghomagh.com.

https://www.fermanaghomagh.com/services/community/good-relations-2/everybody-belongs-campaign/

Sport and Countryside Recreation Facebook page

Details regarding all Fermanagh and Omagh District Council programmes, activities, events and any other relevant information will be uploaded to this page.

Sport and Countryside Recreation at Fermanagh and Omagh District Council - Home | Facebook We suggest that you like / follow the page to keep up to date with all details of programmes etc across the District Council area.

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour. Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered. For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit <u>Community – Fermanagh & Omagh District Council</u> (fermanaghomagh.com)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163

Enniskillen Steven Ormsby steven.ormsby@fermanaghomagh.com Erne East Joanne Cunningham joanne.cunningham@fermanaghomagh.com Erne North Steven Ormsby steven.ormsby@fermanaghomagh.com Erne West Kellie Beacom kellie.beacom@fermanaghomagh.com Mid Tyrone Neville Armstrong neville.armstrong@fermanaghomagh.com Inserbine Treapor inserbine treapor@fermanaghomagh.com Inserbine Treapor inserbine treapor@fermanaghomagh.com Ext 21232	Area	Officer	Email	Telephone
Erne NorthSteven Ormsbysteven.ormsby@fermanaghomagh.comExt 21232Erne WestKellie Beacomkellie.beacom@fermanaghomagh.comExt 21201Mid TyroneNeville Armstrongneville.armstrong@fermanaghomagh.comExt 20275	Enniskillen		steven.ormsby@fermanaghomagh.com	Ext 21232
Erne West Kellie Beacom <u>kellie.beacom@fermanaghomagh.com</u> Ext 21201 Mid Tyrone Neville Armstrong <u>neville.armstrong@fermanaghomagh.com</u> Ext 20275	Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Mid Tyrone Neville Armstrong <u>neville.armstrong@fermanaghomagh.com</u> Ext 20275	Erne North	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
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Omagn Josephine Teanor Josephine: treamor elemanagnomagn.com Ext 20222	Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone Neville Armstrong <u>neville.armstrong@fermanaghomagh.com</u> Ext 20275	West Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275

Community News

Men's Health Week

Monday 13 to Sunday 19 June.

Celebrated in countries worldwide and aims to:

- Heighten awareness of preventable health problems for males of all ages.
- Support men and boys to engage in healthier lifestyle choices / activities.
- Encourage the early detection and treatment of health difficulties in males.

This year's theme is 'Mission Is Possible – the action starts with you' and each day of the week will have a theme based on improving your health and wellbeing and a call to action – 'Your mission, should you choose to accept it is...'

- Monday 13 June: Mental fitness building a solid foundation for all-round health
- Tuesday 14 June: Prevention is better than cure heart health, cancer prevention, workplace health etc.
- Wednesday 15 June: Food for thought diet and its impact on overall health
- Thursday 16 June: Rethink your drink the impact of alcohol on men and society generally
- Friday 17 June: Trash the ash smoking as an avoidable killer of men
- Saturday 18 June: Let's get physical be more than a sports spectator the all-round benefits of physical activity
- Sunday 19 June: Fathers can make wonderful things possible for their kids focus on the positive benefits of actively engaged fathers

The Health Improvement, Equality and Involvement Department in the Western Health & Social Care Trust would love you to get involved and do something to celebrate or promote this year's campaign. We can help by:

- Getting you started! The main information hub is at: https://www.mhfi.org/mhw/mhw-2022.html and the campaign graphics can be accessed at: https://www.mhfi.org/mhw/mhw-image-pack.html
- Sharing resources and information. We have a catalogue of relevant leaflets and posters that you can <u>order here</u>
- Providing <u>Man Manuals</u> a male-friendly publication offering information about men's health and signposting to local support. Let us know how many you require and where you want them sent to.
- Raising the profile of your event, service or organisation by sharing information with others.

For help with these or for any other information about the campaign, contact sonia.montgomery@westerntrust.hscni.net
We wish you luck and look forward to supporting you.

Cancer Connect NI

Vintage Coffee Morning

Saturday 18 June, 10am – 1pm

Garden Room, Franco's Restaurant, Queen Elizabeth Road, Enniskillen

Volunteer Car Drivers Needed

Easilink Community Transport are on the lookout for Volunteer Car Drivers to help deliver services in the local community.

If you have a full clean driving licence, access to your own car and free time to help your local community, then becoming an Easilink volunteer driver could be the perfect opportunity for you!

Volunteer car drivers help us transport people who do not have access to public transport or their own private vehicle to hospital and health appointments and other essential trips across the Western Trust area.

Why Volunteer?

- Help us deliver transport services in your local community
- Meet new people and make friends
- Expenses are reimbursed at 50p per mile
- Benefits are not affected
- Free training and gain new skills

For more information, contact your local Easilink office - Omagh 028 8224 8140 Or visit our website - https://easilink.org/volunteer/

Aghavea Parish Church

Summer Craft Fair and Fun Day

Saturday 25 June, starting at 1.30pm in the Parish Car Park

Craft Stalls, Refreshments, Children's Fancy Dress, Vintage Cars, Tractors and Motorbikes,

Bouncy Castle, Lizards and Snakes, Lisbellaw Fun Farm and much more

Special Guest - Kenny Archer

Admission: Adults £5, Children Free

For further details, contact Rev Johnny 028 8953 1210 or Yvonne on 028 8953 1304

Action Mental Health – Input for Summer Schemes

We are offering **free** 90-minute sessions for:

- children aged 4-11 years
- young people aged 11-14 years

attending summer schemes or in educational settings based around the 5 Ways to Well-being.

Activities include games, crafts, discussions and fun!

If you would like to register your group, please contact our AMH MensSana team

Email amhmenssanani@amh.org.uk Tel 028 9442 5356

Green Space Dark Skies - Call Out - Saturday 25 June 2022

Sperrins AONB (Area of Outstanding Natural Beauty)

Green Space Dark Skies organisers are looking for Lumenators in the Sperrins area for the evening of Saturday 25 June.

Lumenators (participants) will carry a low impact geolight to create patterns in the landscape that will be captured on film. Each short film will be broadcast online shortly after the event.

Come on a creative adventure and journey into the landscape. It's a chance to meet new people and be part of something truly special. You can join alone, with family and friends, or with a group or organisation. It's free to take part and everyone is welcome, but you do need to book your place in advance. To protect the landscape, the exact locations will only be revealed to people who have booked a place to take part.

Individuals or small groups can book here https://greenspacedarkskies.uk/events/ni-sperrin-aonb/ Groups can contact ann@walktheplank.co.uk

Find out more about the project here Instagram | Facebook | Twitter

https://greenspacedarkskies.uk/

Infant Mental Health Awareness Week 13th-19th June

The Theme for 2022 is 'Understanding Early Trauma'

The Best Start in Life Group from the Western Health & Social Care Trust invite you to an online seminar on Tuesday 14 June 2022, 10am-12noon.

Titled 'Promoting Infant Mental Health through the theory and Science of HOPE', this Seminar is for all individuals with an interest in Infant Mental Health from professional and practitioner backgrounds from the Statutory, Community and Voluntary Sectors, including Students.

Topics to include:

- Introduce the concept of HOPE and attachment
- Explore the evidence and linking it to early trauma
- Bring HOPE alive in your practice

Click the link below to register:

https://www.eventbrite.co.uk/e/introduction-to-signs-of-hope-infant-mh-understanding-early-trauma-tickets-327900137137

2022 Allingham Poetry & Flash Fiction Competitions

Now open for Entries!

Writers worldwide are invited to enter flash fiction pieces up to 700 words, and poems up to 40 lines.

First-place winners in each category will receive €300, and First-, Second- and Third-place winners will be invited to read their work in a webcast Awards Ceremony on 4 November during the 2022 Allingham Festival.

Novelist Mia Gallagher will judge the 2022 Flash Fiction Competition, and poet Kate Ennals will judge the Poetry Competition.

Previous winners have included entries from Canada, Australia, and Brazil.

Deadline for entries is Friday 16 September 2022. Competition rules, entry forms and winning entries from previous years are on the Allingham Festival website www.allinghamfestival.com. The 2022 Allingham Festival (2 – 6 November) will include a performance by BIRD ON THE WIRE, a musical ensemble featuring Pauline Scanlon and The Whileaways, performing fresh, haunting interpretations of the songs of Leonard Cohen in a live stage show.

For additional information contact Tom Sigafoos, PRO 087 946 0584

tomsigafoos@gmail.com

allinghamfest@gmail.com

www.allinghamfestival.com

Erne Paddlers

A paddlesports club based in Enniskillen, providing courses, trips, events, and development opportunities. We are a community organisation and a not for profit registered charity, aiming to provide access to paddlesports for all.

Summer Schemes - July dates available to book

We are planning eight separate summer schemes in July and August, spread over four weeks. Each one will run from Monday to Friday, with morning or afternoon sessions to choose from. The July schemes will be open to kids aged 7-12yrs - Click on the links to the right, for more information and to make a booking. These are filling up fast so book soon to avoid missing out.

- 4th-8th July, AM 9:45am-12:15pm https://bit.ly/Summer4-8JulyAM
- 4th-8th July, PM 12:45-3:15pm https://bit.ly/Summer4-8JulyPM
- 11th-15th July, AM 9:45am-12:15pm https://bit.ly/Summer11-15JulyAM
- 11th-15th July. PM 12:45-3:15pm https://bit.ly/Summer11-15JulyPM

The August schemes will accommodate a wider age range and will include activities for older teens. In addition, most of our evening courses are open to paddlers aged 13yrs+.

These will be fun group sessions, coached and supervised by qualified staff and volunteers who have a genuine passion for canoeing and outdoor education. We focus on learning through fun "games with aims". Kids will enjoy a range of activities in a safe and supportive environment and have the opportunity to paddle kayaks, open canoes and standup paddleboards.

No previous paddling experience is required. These courses are great for water confidence and kids do not need to be able to swim to attend. Our coaches will always be in direct supervision of the activities and buoyancy aids will be properly fitted and checked for all participants.

June Programme

We have a rolling programme of outdoor paddlesports activities which will continue throughout the summer. Four or five week courses usually start at the beginning of each month; our next block begins the first week of June. Based in the Broadmeadow in Enniskillen we have a wide range of courses and other activities lined up for every evening during the week, designed for every ability and level of experience from beginners up.

Kayaks, Standup Paddleboards (SUPs), Open Canoes, Sit-on-tops, Canoe Polo, Inclusive Paddle-Ability sessions, and Friday Family Fun sessions. As well as single trips and one day courses. We have also included more <u>'Try for Free'</u> options for beginners attending the first session.

Full details of all current courses and events are here www.ernepaddlers.org.uk/events

We are particularly keen to encourage anyone with additional needs, people who might need extra support and those who may just feel a little nervous on the water, to consider coming along to one of our inclusive paddle-ability sessions on Thursday evenings. Please get in touch with us if you need additional help or advice.

Further information and link to book our next Paddle-Ability course https://bit.ly/InclusiveJune Any queries please contact us at email@ernepaddlers.org.uk or via social media or call 07468 911398.

StoryTrails is coming to Omagh

Friday 1 – Saturday 2 July 2022

Omagh – StoryTrails (story-trails.com)

The StoryTrails app and local performers will guide you through an immersive tour of Omagh as you travel through time and space to experience the place where you live in new and magical ways.

For further information please contact: Hayley.Butler@readingagency.org.uk

Nutrition Webinars – June

Sign up for these **free** nutrition webinars with Registered Dietitians throughout June! Open to everyone.

If the dates/times don't suit or for other nutrition topics, pre-recorded sessions are available to watch at: https://vimeo.com/showcase/8198914

Nutrition for your Teenager - Wednesday 22 June @ 2pm,

available at: https://tinyurl.com/teens-june or https://southerntrust-

hscni.zoom.us/webinar/register/WN_p7hbWNbLSDKLkwFOBAyJfw?%20As%20part%20of%20he althy%20eating%20week%2013-17th%20June%202022

Nutrition for Sport – Wednesday 29 June @ 12pm,

available at: https://southerntrust-hscni.zoom.us/webinar/register/WN n9alO0XiRQexoaSdyGp2vA

Census 2021: First results published

The first results from Census 2021 were published on 24 May 2022. The results are available on the <u>NISRA website</u>. This first release consists of headline population statistics by age and sex, number of households with usual residents, and communal establishment population.

Other main Census 2021 statistics will be released in stages up to summer 2023. The Census 2021 <u>Outputs Prospectus</u> provides more information on the release schedule for Census 2021 outputs.

Further information on the Census will also be published online on the NISRA website at www.nisra.gov.uk/Census2021. If you have any queries please do not hesitate to email us at census@nisra.gov.uk.

Omagh Volunteer Centre

For details of our Summer Volunteering Newsletter please visit https://omaghvolunteercentre.org/opportunities

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

Dromore Sports Complex – Monday 13 June, 12.30-4pm and 5-7.30pm

Many thanks for your continuing support - it is greatly appreciated.

Check out http://www.nibts.hscni.net/donating-blood/where-to-donate/ for further Scheduled Donation Sessions.

Drug and Alcohol Awareness Sessions

The Western Drug and Alcohol Coordination Team can deliver **free** 1-2 hour awareness sessions on various drugs and alcohol related topics. If you then want to move to more in-depth information, we can sign post you. All of our sessions include details of local support services and how to access them.

Sessions are currently being delivered online via Zoom or Teams.

We can also provide in person delivery in line with safety guidelines.

Email Connections@wdact.info or telephone Peter 07545 928225 or Jennie 07761 282849.

Aisling Centre

37 Darling Street, Enniskillen BT74 7DP

ReAttach Therapy

An introduction to WARA for self-care and relaxation

Join us for a cuppa and a chat to learn about this simple and effective tool that you can use to help yourself and others manage stress and anxiety

Wednesday 15 June 10-11am

Numbers Limited – booking essential. Free workshop – Donation optional

Mindfulness Meditation

Monthly Drop in / Taster Sessions by Zoom

One Tuesday Every month at 7pm - Tuesday 28 June

For sign in details and further information please contact us on Tel 028 6632 5811

or Email: info@theaislingcentre.com

AA

Meetings every week. For information contact the Aisling Centre on 028 6632 5811

Escapists

Support group for carers. Every Wednesday morning 10.30am – 1.00pm For information contact the Aisling Centre on 028 6632 5811

Forget Me Not

Support group for people bereaved by suicide 1st Monday of the Month 7.30pm – 9.00pm For information contact Fedilis Simpson on 07841 569000

Island Artists

Wednesdays 2.00pm – 4.00pm

For information contact Maura Newman on 07968 225704

Yoga

Thursdays 12 noon – 1.30pm

For information contact Jenni Brown on 028 8954 1994

Wednesdays 6.30pm – 7.30pm

For information contact Shauna McMorrow on 07526 465004

For further information on these and other programmes visit our website <u>www.theaislingcentre.com</u> Register to receive e-updates

Contact the Centre:- Email info@theaislingcentre.com / Tel 028 6632 5811

Follow us on Facebook or Twitter

Training Opportunities

Gambling Harm Prevention Training

YWA (Youth Work Alliance) has been working with YGAM (Young Gamers and Gamblers Education Trust) Homepage - YGAM and GamCare Young People's Support Service - GamCare in delivering an education and support programme to Northern Ireland to practitioners from various fields, with the mission of safeguarding future generations from gambling and gaming related harms.

Gambling-related harms have been presented as a hidden issue in Northern Ireland for many years, which makes it even more vital for us to ensure children and vulnerable people are informed, educated and safeguarded against the potential harms associated with gambling and increasingly, gaming too.

We offer free online workshops to equip you with the knowledge and tools to inform, educate and safeguard the young people you work with in relation to gaming and gambling and the associated risks. Our City and Guilds assured training runs in 2 parts or as 1 bespoke session at the request of your school/organisation.

The aims are to:

- Increase your knowledge and understanding of gaming and gambling-related harm in the UK
- Provide you with resources to deliver sessions directly to children and young people to prevent future harm
- Support you with information on how to spot signs of harm and how to sign post young people for support

You will receive:

A City & Guilds certificate and digital credential Access to over 450 free resources.

The training is delivered free and currently online, offered in 2 options:

- 1) Full session taking up to 3 hours
- 2) Delivered in 2 parts Introduction taking 2 hours and Follow-up taking 1 hour Upon completion of the training, you will be given log in details to YGAMS resource section.

For further information please contact helen@youthworkalliance.com Mobile: 07950 471553

Free Keeping Adults Safe Online Training

For community, voluntary, faith and independent sector organisations in the Western Trust Area

Keeping Adults Safe: Training for Staff and Volunteers

Suitable for staff/volunteers who have regular and/or direct contact with adults at risk (e.g. leader, coach, carer or support worker), this certificated training programme covers: key definitions; legal context of adult safeguarding; awareness of abuse issues; procedures for reporting concerns; procedures for planning activities and assessing and managing risk; confidentiality issues; and code of behaviour for staff/volunteers.

14 June 2022, 10.00am - 3.30pm

Keeping Adults Safe: Training for Staff and Volunteers (Western Trust area) - Volunteer Now 6 October 2022, 10.00am - 3.30pm

Keeping Adults Safe: Training for Staff and Volunteers (Western Trust area) - Volunteer Now

12 January 2023, 10.00am - 3.30pm

Keeping Adults Safe: Training for Staff and Volunteers (Western Trust area) - Volunteer Now

Keeping Adults Safe: Recruitment, Selection and Management

A half-day session designed to support those recruiting and managing staff and volunteers within organisations with the wider policy and practice framework around adult safeguarding, as per our publication, Keeping Adults Safe: A Shared Responsibility.

28 June 2022, 10.00am - 1.00pm

Keeping Adults Safe: Training for Staff and Volunteers (Northern Trust area) - Volunteer Now

Keeping Adults Safe: Implementing Standards for Good Practice

A half-day session designed to help organisations implement the required standards of practice for adult safeguarding, as outlined in Keeping Adults Safe: A Shared Responsibility. This training looks at each of the 8 standards individually and considers the procedures and guidelines that need developed within your organisation in order to implement the standards, allowing organisations to identify areas for improvement and action required.

22 September 2022, 10.00am - 1.00pm

<u>Keeping Adults Safe: Implementing Standards for Good Practice (Western Trust area) - Volunteer Now</u>

All Keeping Adults Safe training is supported by the Health and Social Care Board.

All training is delivered by accredited trainers.

Western Health and Social Care Trust

Training Brochure

The WHSCT Health Improvement Equality & Involvement Department is delighted to announce the launch of its training brochure for **March – September 2022**.

Free courses are available via online zoom delivery on many topics including nutrition, physical activity, mental health & gender identity awareness.

The brochure is available for download <u>HERE</u> and includes links to Application Forms which should be submitted to <u>health.improvement@westerntrust.hscni.net</u> or via post to

Health Improvement, Equality and Involvement (HIEI), Maple Villa B, Gransha Park, BT47 6WJ unless otherwise stated in the brochure.

Telephone Number for queries: 028 7186 5127

Chair Based Activity

The Health Improvement. Equality and Involvement Department (WHSCT) still have spaces remaining on the Chair Based Activity (Basic Introductory Level) course.

The course takes place on **Tuesday 14 June** from 10am to 12pm online via Zoom.

If you wish to attend please contact health.improvement@westerntrust.hscni.net

Community Food and Nutrition Team

Starting Solids - Weaning Information Session

Wednesday 29 June, 10.30am

Sessions are free and open to everyone via Zoom

Registration with an email address is required for each session at the link below: https://westerntrust-hscni-net.zoom.us/j/91982520892

We provide evidence-based information on all aspects of weaning, including signs of readiness, suitable foods & those to avoid, textures and stages, suitable drinks and cups and vitamin recommendations. There's also the opportunity to ask a Registered Nutritionist questions throughout.

AWARE NI

Free online wellbeing workshops/courses for adults 18+

Living Life to the Full – Online Life Skills Programmes (via zoom)

We're delighted to be able to offer a range of Living Life to the Full programmes online! The Living Life to the Full programme will be delivered via zoom over 6 sessions lasting approx. 2hrs each.

This is a programme that can make a big difference to your life. It can help you manage your feelings when you are stressed, worried or depressed and learn simple practical skills to help you cope with life's challenges. It looks more closely at how mental health can be impacted by life events and unhelpful thinking styles which may also then affect our physical health and overall enjoyment of life. To register visit https://www.aware-ni.org/booking-living-life-to-the-full/

Mood Matters for Adults – Online Mental Health Awareness Sessions (via zoom)

The Mood Matters for Adults is a short two hour long workshop and is suitable for anyone (over 18) who would like to learn more about how to look after your mental health and help manage feelings of stress & anxiety.

To apply for a place on a workshop visit: www.aware-ni.org/booking-mood-matters-adults/ Available Programmes:

Website Ref	Date	Time	Notes
1125	02-Jun	10am-12pm	Open to all
821	08-Jun	10am-12pm	
1211	14-Jun	10.30am-12.30pm	Men only as part of Men's Health Week
1212	16-Jun	6.30pm-8.30pm	
823	16-Jun	7pm-9pm	Open to all
1126	23-Jun	10am-12pm	

Funding Opportunities

Village Catalyst Grant Scheme

Applications are invited once again from charities, social enterprise and other not for profit groups in rural villages of less than 5,000 people who want to tackle rural poverty and social isolation in their area by developing a sustainable use for disused historic buildings in their village. To be eligible, the building must be listed or within a conservation area.

The 3 available funding routes and details on how to apply are listed below;

- Viability Grant To carry out viability work and support is offered up to £10,000. For enquiries
 and application, please complete the enquiry form via https://ahfund.org.uk/enquiry/. This is a
 rolling scheme.
- **Development Grant** To develop your plans and support is offered up to £20,000. For enquiries and applications for this scheme, please contact <u>Villagecatalystsupport@communities-ni.gov.uk</u>. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.
- Delivery Grant To deliver your project and support is offered up to £200,000. For enquiries and applications for this scheme, please contact <u>Villagecatalystsupport@communities-ni.gov.uk</u>. Please note, this scheme will close once our available budget has been expended. Therefore, early application is recommended.

For a copy of the guidance notes please click on the link below https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-village-catalyst-guidance-for-applicants.pdf

Community Foundation for NI: The Fibrus Community Fund

The fund is aimed at addressing digital poverty by awarding grants of up to £2,000 to enable local groups and organisations in particular areas, to provide access to digital technology for the most vulnerable in that community, with a particular focus on older people and young people aged 18 and under. **Closing date Monday 20 June 2022**

Community Foundation for NI: Social Justice Small Grants Programme

The Programme supports locally based community groups and locally based 'communities of interest' with an interest in promoting or embedding human rights and social justice in their day-to-day work for and with their chosen communities.

The Big Give: Christmas Challenge

The Big Give runs the UK's biggest match funding campaign, The Christmas Challenge. For 7 days, it offers supporters of participating charities the opportunity to have their donation doubled. The Christmas Challenge 2022 will take place from Tuesday 29 November (midday) – Tuesday 6 December (midday) when donations to participating charities are doubled. **Apply by 1 July 2022.**

Community Relations Council: Small Grants Scheme

The Community Relations Council, with the support of Government, has established a fund to spend each year on community relations projects. This funding is intended to help community/voluntary groups throughout Northern Ireland develop their capacity to engage in community relations work and to enhance the community relations potential of projects they undertake. Grants are up to £10K maximum and for project costs only. Average grant is £2K – £5K For further information visit https://www.community-relations.org.uk/community-relations-cultural-diversity Closing date: Friday 16 December 2022

Charities Solar PV Programme

Action Renewables is a leading provider of renewable energy expertise. We provide support for renewable energy development, and we are a registered charity in Northern Ireland.

As part of our charitable objectives, Action Renewables previously funded the service and repair of 36 solar PV systems in schools across NI in 2019.

In 2020/2021 we further developed our charitable programme to provide funding for the installation of PV systems in charitable organisations and social enterprises.

Full details on the programme and application form are available on our website at: https://actionrenewables.co.uk/charitable-activities

National Lottery Community Fund Grants

Details of funding opportunities via The National Lottery Community Fund can be found here https://www.tnlcommunityfund.org.uk/funding/northern-ireland

If anyone would like further information or to discuss any of grant programmes, please do not hesitate to contact Charlie Thomas, Funding Officer on 07929 872482 or 028 9055 1424

The National Lottery Heritage Fund UK

Grants for projects that connect people and communities to the national, regional and local heritage of the UK.

Grants from £3,000 - £5million; Rolling Deadlines

For further information visit https://www.heritagefund.org.uk/funding

Community Finance Ireland: Sports Fund

Community Finance Ireland (previously UCIT), one of the UK's largest providers of social finance, has already provided £7M to 70 clubs across Ireland, helping deliver new training facilities, clubhouses and state-of-the-art pitches. The new fund will commit a further £4m to the local sporting sector over the next five years. Click on the above link for further information.