

# Fermanagh & Omagh District Council Community Support News – September 2021

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email <u>alison.gilmore@fermanaghomagh.com</u>

The deadline for the next Newsletter is Wednesday 22 September

# **Council News & Events**

<u>COVID-19 (Coronavirus) Information, advice & Council services – Fermanagh & Omagh District</u> <u>Council (fermanaghomagh.com)</u>

#### Grant Aid Support

Fermanagh and Omagh District Council invites applications from voluntary clubs, societies, community and sporting organisations. Groups must be based in the Fermanagh and Omagh District Council area.

#### Applications for the following grant calls will open on Tuesday 7 September 2021

#### 3rd Call for Applications - 2021 / 2022

The 3rd Call for funding covers the period 1 October 2021 to 31 March 2022.

- · Irish in the Community
- PCSP Policing & Community Safety
- RECOVER Fund Programme
- · Remembering & Commemoration Decade of Centenaries
- Seeding Grants
- · Verti-Draining

The closing date for applications is 5pm on Tuesday 28 September 2021.

#### Capital Grant Aid Programme - 2021 / 2023

The Capital Grant Aid Programme covers the period up to 31 March 2023. The maximum level of funding is up to 75% of eligible expenditure up to a maximum grant of £20,000. The closing date for capital grant applications is 5pm on Wednesday 20 October 2021.

#### For Guidance Notes or to apply online, please visit the Council website at:

www.fermanaghomagh.com or contact the Funding & Investment Unit on Tel: 0300 303 1777 Text phone: 028 8225 6216 Email: grants@fermanaghomagh.com

# Council Officers are available to assist with any queries you may have regarding the application process or funding criteria. Please see Guidance Notes for officer contact details.

#### Grant Aid - for Older Persons Groups

South West Age Partnership (SWAP) is responsible for the delivery of Council Grant Aid for older persons groups. Older Persons Groups must apply directly to the South West Age Partnership (SWAP) for the Council's Grant Aid; some grant stream exceptions may apply.

Please Note: Groups who received funding in call 1 are not eligible to apply.

For further information or to apply for Grant Aid please contact: - Allison Forbes Tel: 028 8225 1824 or Email: <u>aforbes@southwestagepartnership.co.uk</u>

#### Council issues call for Sponsorship for Events and Festivals

Fermanagh and Omagh District Council aims to support the safe return of events and festivals in line with government guidelines and invites online applications for Events and Festivals Sponsorship.

There are two types of Sponsorship:

- Events & Festivals Sponsorship Applications are welcomed for Sponsorship from Event and Festival organisers, societies, Arts, Heritage and Cultural groups that organise events in the Fermanagh and Omagh District Council area. Applications for sports events will not be eligible in round 2.
- **Community Events & Festivals Sponsorship (DfC)** Applications for Community Events & Festivals Sponsorship are welcome from Community and Voluntary groups and organisations only that organise events in the Fermanagh and Omagh District Council area.(Community Events & Festivals are supported through Department of Communities, Community Fund.)

This is the second call out for applications, for events and festivals being held between September 2021 and end of March 2022, subject to available funds.

The Council acknowledges the importance of events and festivals and will prioritise events and festivals that support recovery, animate local communities, project a positive image of the region, and deliver economic, social and cultural benefits.

#### Sponsorship closes at 5pm on Monday 13 September 2021.

For more information, please visit <u>Council issues call for sponsorship for Events and Festivals –</u> <u>Fermanagh & Omagh District Council (fermanaghomagh.com)</u> or contact the Council by telephone on 0300 303 1777, email at <u>sponsorship@fermanaghomagh.com</u> or textphone on 028 8225 6216.

#### The National Lottery 'Funder Cafe'

#### Thursday 23 September, 7.30-8.30pm

Charlie Thomas from The National Lottery will discuss their 3 main funding schemes ranging from £500 to large scale funding for constituted groups.

Booking essential via the link <u>https://form.jotform.com/202642794367059</u> or contact Kellie Beacom on 0300 303 1777 ext 21201 or email: <u>kellie.beacom@fermanaghomagh.com</u>

#### Festival Lough Erne

#### Sunday 12 – Sunday 19 September

Festival Lough Erne celebrates all that's great about Fermanagh, showcasing the tremendous natural resource of our lakelands and waterways and the abundance of local produce, heritage and culture in our area.

This year's festival structure has changed to reflect the impacts of the global pandemic and will see activities take place right across the Fermanagh Lakelands.

The programme includes so many events which have proved popular over the years as well as a host of new activities, both water and land-based, including wellbeing events, lough shore walks, webinar talks, heritage events and food and beverage experiences. There truly is something for everyone.

To access the Programme of Events please visit http://fodc.online/FLE\_Programme/

#### Aqua Legends Programme

Do you know someone over 60 who is interested in swimming? If so, tell them about the **free** Aqua Legends Programme, funded by the Public Health Agency, which offers a great opportunity to get out, get active and socialise. Like to know more? Visit <u>bit.ly/3yerSEG</u>

#### Good Relations Week 20 - 26 September 2021 Events Taking Place in Fermanagh and Omagh District

#### Monday 20 September 2021 - Friday 24 September 2021 Virtual 'Festival of Cultures' Programme

Fermanagh and Omagh District Council. A virtual cultural programme celebrating and sharing different cultures while promoting and encouraging cultural respect and diversity. Enjoy five videos showcasing Bulgarian, Chinese, Hungarian, Latvian and Cross-community cultures through music, dance, singing, folk games and storytelling.

#### Monday 20 September 2021 - Sunday 26 September 2021 'From Around the World; Celebrating Our Cultures' Exhibition

Fermanagh and Omagh District Council. A gallery exhibition, on display in Strule Arts Centre, presenting 13 different cultures through participants' photographs, personal stories, cultural artefacts and voices, and celebrating the rich cultural diversity within the district. Guided tours and educational workshops for school children will also be facilitated during Good Relations week.

#### Tuesday 21 September 2021, 10.00am – 11.30am

#### Lessons of Srebrenica: Acknowledgement, Justice and Peacebuilding

Fermanagh and Omagh District Council. On-line talk by Nedžad Avdić who is one of a just a small number of boys and men who survived the genocide in Srebrenica. The talk will be followed by a question-and-answer session, facilitated by Peter Osborne, Chair of Remembering Srebrenica in Northern Ireland.

# Tuesday 21 September 2021, 7.00pm – 8.30pm

#### Shedding Light on the Past: 1920 - 1922

Fermanagh and Omagh District Council in association with Rural Community Network. Opening talk of a seven-week online lecture series by eminent historians exploring key historical events of the period 1920 – 1922 on the island of Ireland.

#### Wednesday 22 September 2021, 7.00pm – 8.30pm

#### The Churches in Ireland from Plantation to Partition

Fermanagh and Omagh District Council in association with Fermanagh and Omagh Interfaith group. On-line talk by Dr Éamon Phoenix, exploring the roles of different church traditions in Ireland.

### Thursday 23 September 2021, 10.30am – 3.00pm

#### Can we build a Shared Future and what would it look like?

Irish School of Ecumenics in association with Fermanagh Churches Forum and Fermanagh and Omagh District Council. On-line talk by Dr Johnston McMaster followed by question-and-answer session and small group discussion.

#### Thursday 23 September 2021, 2.00pm – 3.30pm

**Ethical and Shared Remembering:Remembering a Decade of Change and Violence 1912-1922** Fermanagh and Omagh District Council. Six-week shared history training programme, facilitated by the Junction, exploring key historical events in Northern Ireland in the decade 1912 - 1922. Places are limited and participants will be expected to commit to all six sessions.

#### Thursday 23 September 2021, 7.00pm – 8.30pm Together in Hope

Fermanagh and Omagh District Council in partnership with Omagh Churches' Forum. Online event with a panel of speakers exploring how shared education can contribute to a society moving forward

'Together in Hope'. Winners of the art competition 'Together in Hope' will be announced at the event.

#### Friday 24 September 2021, 10.00am – 12.00pm

Women: A Century of Change in the Digital Film Archive 1921-2021

Fermanagh and Omagh District Council in partnership with Rural Community Network and NI Screen. Online event using footage from NI Screen's Digital Film Archive to explore women's changing role over the last 100 years as community leaders, decision makers and champions of peace.

Good Relations Week is a high-profile initiative aimed at celebrating all aspects of our culture and heritage, challenging sectarianism and racism and promoting understanding and respect among all sections of our community.

To find out more about these events and to register please visit the Council website at <u>www.fermanaghomagh.com</u> or T:0300 303 1777 or E: <u>goodrelations@fermanaghomagh.com</u>

#### Ethical and Shared Remembering

'Ethical and Shared Remembering:

#### Remembering a Decade of Change and Violence 1912 – 1922'

This four-week online programme, delivered by The Junction, will explore key historical events of the period.

- Thursday 23 September 2.00 3.30 pm The Home Rule debate and the Solemn Ulster Covenant
- Thursday 30 September 2.00 3.30 pm The Great War (1914-1918) and its aftermath
- Thursday 7 October 2.00 3.30 pm Nationalist insurrection: The Easter Rising 1916 and its aftermath
- Thursday 14 October 2.00 3.30 pm Heroism and sacrifice. The Battle of the Somme (July 1916)

This year marks the centenary of the establishment of Northern Ireland and these sessions can be seen as preparation for the 6-session course which will follow from this 'Partition; What did it do for us?' The second programme will explore how it came about, its implementation, and its consequences. This course is scheduled to follow immediately after the 4-session course. If you would like to participate on the programme/s, please reserve your place as soon possible by emailing: goodrelations@fermanaghomagh.com or Tel 0300 303 1777. Places are limited on this programme and will be provided on a first come first served basis.

#### **Rural Broadband Connectivity**

An additional £25 million has been made available to boost rural broadband connectivity in Northern Ireland via Project Stratum. We are encouraging residents & businesses to avail of the postcode checker to find out if their premises will benefit from the broadband improvement scheme being delivered through the Department for the Economy.

Enter your postcode to check eligibility or to find out when to expect the improvements to be delivered in your area <u>bit.ly/3iO1aMW</u>

Residents or businesses who are not included should make representations to <u>stratum@economy-ni.gov.uk</u>

#### Register to vote!

The <u>Electoral Office for Northern Ireland</u> is updating the electoral register and anyone aged 17 years or over by 30 November 2021 is being encouraged to register.

Registration kiosks are available in the Connect Centres in Enniskillen and Omagh and there are also static canvass sites with a member of EONI staff from 2pm-8pm at:

- \* <u>Fermanagh Lakeland Forum</u> Thursdays to 28 October 2021
- \* Hospital Road Community Centre Wednesdays to 27 October 2021
- \* Omagh Leisure Complex Mondays to 25 October 2021

For more information visit bit.ly/3gACdFb

#### In Case of Emergency (I.C.E.) Card

If an emergency strikes, you might be far from home, friends or family. Carrying emergency contact details with you means that your loved ones can be reached quickly. The card also provides your medical information including any conditions or allergies you may have, medication you are taking and your blood type.

Keeping an emergency contact number programmed under ICE in your mobile phone has been the preferred method for the past number of years but as most modern smart phones are unlocked with a passcode; first responders can be prevented from gaining access to your emergency details. Having all the essential information accessible in one place could help save lives, provide the best help and care, and make sure your next of kin can be contacted promptly. Information about medications and allergies helps ambulance personnel make better decisions about treatments they can give you and crucially, in the case of heavy blood loss, it is important for emergency staff to know your blood type. In the case of people with conditions such as Alzheimer's it can help a person who may be confused contact their family and avoid any unnecessary distress.

Cards are now available to collect at the Connect Centres in Omagh and Enniskillen. If you need one of these cards, contact the PCSP office on 0300 303 1777 or by email at <a href="https://www.pcsp@fermanaghomagh.com">pcsp@fermanaghomagh.com</a> or call into the Connect Centres in Omagh or Enniskillen.

#### **Community Support**

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da17 50af0321163

Area	Officer	Email	Telephone
Enniskillen	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275

#### **Charity Support**

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email <u>communitysupport@fermanaghomagh.com</u>

#### **Community and Voluntary Sector Register**

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require.

You can download a registration form and receive further information on how we process your data on the Council website <u>https://www.fermanaghomagh.com/services/community/community-register/</u>. Alternatively, you can complete an online form at <u>https://form.jotform.com/202643203667048</u> or contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have.

## **Community News**

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

St Ninnidh's Hall, Derrylin on Thursday 9 September from 1pm – 4pm & 5pm – 8pm.

Many thanks for your continuing support - it is greatly appreciated. Check out <u>http://www.nibts.hscni.net/donating-blood/where-to-donate/</u> for further Scheduled Donation Sessions.

#### Advice NI

#### • Do you check your bank balance every day?

#### • Do you know exactly how much your monthly outgoings are?

Why not book a free, private and confidential session with one of Advice NI's money and debt advisers to ensure that you are making the most out of your money and receiving all that you are entitled to.

We'll also provide some positive steps you can take to help improve your situation. For more information or to book an appointment contact Kerry at Advice NI on 028 9064 5919 or email <u>comms@adviceni.net</u>

#### Do you live with chronic pain?

Better Days Pain Support Programme A social, physical and mental health support programme for people living with pain delivered via

Zoom. Begins on Wednesday 22 September at 11am for 8 weeks

To register, please contact Omagh Forum

Email health@omaghforum.org or telephone 028 8225 1559

#### **Stepping On - Over 65 Falls Prevention Programme.**

This 9 week programme is delivered in partnership with the Public Health Agency, Physiotherapy Team, Occupational Therapy Team, Health Improvement Team, Home Safety Assessment & Healthy Living Centres.

#### • Arc Healthy Living Centre, Irvinestown

Programmes start 14 September 2021 and 18 January 2022 Contact Peggy Carty, Tel: 028 6862 8741 Email: peggy.carty@archlc.com

#### • St Columba's Hall, Omagh

Programmes start 30 September 2021 and 27 January 2022 Contact Michael Connolly, Tel: 028 8167 0764 Email: <u>michael@dergvalleycare.com</u>

#### Oak Healthy Living Centre, Lisnaskea

Programme starts 20 September 2021 Contact Davina Coulter, Tel: 028 677 23843 Email: <u>davina.coultrer@oakhlc.com</u> Would you, or your local community group, like to develop and deliver heritage activities around Cuilcagh Mountain?

Building on the success of the Cuilcagh to Cleenish: A Great Place Project (C2C) which will come to an end in September 2021, there is now an opportunity to build on the legacy of C2C on a larger scale.

Insight Solutions has been appointed to lead on engagement with local communities in Fermanagh and Cavan, specifically those within approximately a 10-mile radius from the summit of Cuilcagh Mountain. The main focus of this engagement is to:

Empower local communities to identify what is unique in regard to landscape, heritage and culture;
Explore and establish the appetite within local communities to collaborate in delivering on shared heritage projects; and

- Develop a 3-5 year programme delivery plan which will help local communities promote and conserve heritage and potentially lead to heritage projects in their areas.

This is a great opportunity to get involved in meaningful work which will help promote and celebrate the value of heritage and culture; enhance community development by connecting local people with the area's built, natural, cultural and archaeological heritage; and lead to sustainable development for the area as a cultural destination where people are attracted to visit and explore.

Local communities will have the opportunity to play a leading role in shaping and delivering the out workings of this engagement.

Consultation and engagement will run to 15 September 2021 and there are a number of ways you can take part as outlined below.

Engagement	Date	Information
Community engagement meetings	Thursday 9 September 2021 7:00pm – 8.30pm (No registration required, please find meeting link in table below) Monday 13 September 2021	other communities from the footprint area. You will have
	2:00pm – 3:30pm (No registration required, please find meeting link in	an opportunity to learn more about the Project and contribute ideas which may be implemented into a future Delivery Plan.
	Wednesday 15 September 2021 7:00pm – 8.30pm (No registration required, please find meeting link in table below)	Please note, all meetings will follow the same format and agenda.

Online Survey	https://www.surveymonkey.co.uk/r/CuilcaghHeritage Plan (Survey closes 15 September 2021 @ 12pm)	You can complete the online survey to give your views and ideas on projects for your area which may be included in the future Delivery Plan.	
Written Responses	Email: fergal@insight-solutions.org	We welcome you to form written responses outlining important heritage features of your area and ideas on heritage projects for your community, which can be submitted via email.	
Should you have any special requirements, or wish to contribute to this engagement in a way in			

Should you have any special requirements, or wish to contribute to this engagement in a way in which is accessible to you, please email <u>fergal@insight-solutions.org</u> or telephone 0771 362 3264.

Meeting	Details for Online Meetings
Thursday	https://us02web.zoom.us/j/89388079172?pwd=K2ltNkgwa3NNVXJWTEYxQUInZ
9 September	EQzUT09
7.00pm – 8.30pm	Meeting ID: 893 8807 9172 Passcode: 908306
Monday	https://us02web.zoom.us/j/81727886743?pwd=S0NFMmxZZklpS0tlUlkzNjhhbWg
13 September	5dz09
2.00pm – 3.30pm	Meeting ID: 817 2788 6743 Passcode: 216121
Wednesday	https://us02web.zoom.us/j/82412673561?pwd=Z1U3TWFDQUZoT043VDJLYnJ2
15 September	elhWZz09
7.00pm – 8.30pm	Meeting ID: 824 1267 3561 Passcode: 989997
	process is being led by the Cuilcagh Lakelands UNESCO Global Geopark and 2C Management Committee.

#### C2C update

Cuilcagh to Cleenish will end in September. It has been a great experience working with our partners and communities across our landscape area. Despite the difficulties in delivering some of the planned projects due to Covid 19 we focused on producing digital outputs such as the C2C Memory Map and short film, and concentrated on trail development to link local communities to our fabulous built, archaeological and natural heritage. With the generous support of local landowners and funders we are delighted to announce that the six kilometre-long Nixon Hall and Arney Community Battlefield Trails will be completed at the end of August. The 43 kilometre-long Arney River Canoe Trail is also well developed; funding and local landowner permissions have been secured for two of the four planned facilities at Arney Bridge and Bohevny. Local history publications about Nixon Hall and Killesher Primary Schools are also nearing completion and will soon be posted on our website.

We hope that you will participate in the consultation process. As C2C comes to an end we will communicate further about our final evaluation, closing events, and final update. Barney Devine, Local Co-ordinator Mobile: 07734 847470 Email: <u>barney@c2c.org.uk</u>

#### **CYPSP Youth Wellness Web**

The Children and Young People's Strategic Partnership <u>Youth Wellness Web</u> was designed in coproduction with young people and is an invaluable resource, not only to children and young people but also parents, teachers and professionals. The web page contains advice and resources relating to Emotional Mental Health and Wellbeing - for example, bullying, bereavement, body image and wellbeing to name but a few.

#### English Classes

Omagh Ethnic Support Group is pleased to announce that English Classes for Beginners will be starting in Omagh Community House on Monday 20 September. Classes will be held every Monday and Wednesday in the Conference Room on the 3rd Floor of Omagh Community House from 7:00 – 9:00pm.

We invite people who wish to take part in the classes to get in touch with us to secure a place. You can contact us to book you place at Tel. 028 8224 9750 or by calling into our office in Community House.

You can also contact us through Messenger on our Facebook page at Omagh Ethnic. We urge people to register early as places may be limited.

Courses are free of charge and are funded by the Department for Communities. Please observe Covid guidelines when inside the building.

Information about IMA (EU citizens' rights organisation) Independent Monitoring Authority

If you are an EU or EEA EFTA citizen living in the UK and want to know where you can find out more about your rights, then visit our useful links page. It provides details of location-specific supporting organisations who can help you with your rights issues. https://orlo.uk/useful\_organisations\_OOb6M

#### **Good Relations Week 2021**

Good Relations Week is re-introducing physical events in 2021, alongside an expanded virtual offering with online and hybrid events.

Good Relations Week 2021 will run from Monday 20 to Sunday 26 September 2021 – and we'd really love you to get involved!

The theme is 'Brighter Days Ahead' which celebrates and spotlights the range of projects young people are involved in to break down barriers, unite communities and act as a catalyst for meaningful change in our society. It will explore many of the issues affecting the youth of today and how society can better meet their needs.

We'd really love you to get involved by hosting a face-to-face event, an online event or creative piece of digital content. This could be a workshop, lecture, discussion panel, music or theatre performance, exhibition, archive video or new short film and lots more.

An event can cover any aspect of your good relations work and doesn't have to focus specifically on work with young people.

Your involvement and participation will help make Good Relations Week 2021 a success, so please get involved and make this year's experience one to remember! Visit www.goodrelationsweek.com to register

#### **Consultation:** Rural Policy Framework for Northern Ireland

The Department for Agriculture, Environment and Rural Affairs (DAERA) have published a consultation on the Rural Policy Framework for Northern Ireland (NI) and look forward to hearing your views. We are interested in your feedback on whether or not the proposed Rural Policy Framework for NI is a relevant and appropriate means of creating a sustainable rural community where people want to live, work and be active. This exercise will inform the Rural Policy

Framework for Northern Ireland and the subsequent interventions and Programme of Support stemming from it.

For full details click on <u>Respond by Monday 6 September</u>

#### **CAP WestNI Debt Centre**

The WestNI Debt Centre in Enniskillen has been providing free debt advice in conjunction with the national charity Christians Against Poverty (CAP) for over five years. This award winning service had to adapt during lockdown by altering from a home visit service to being entirely phone-based. Following the announcement that the Executive has relaxed the Covid regulations, we are delighted to announce that we can now resume seeing clients in the privacy of their own home as well as helping clients over the phone - clients can choose whichever option they prefer. The ending of the furlough scheme and the financial situation generally means that an increase in client numbers over the next few months is expected. Clients are encouraged to ask for help sooner rather than later because often the problems only get worse. To phone for a free, no obligation chat or an appointment, clients should ring 0800 328 0006.

#### What's happening in Omagh Library?

Well the good news is that some of our activities will be starting again in the library from 1 September (and soft seating will be reintroduced as time restrictions are removed)! Plus, from week beginning 6 September we will be open on Tuesday and Wednesday until 8pm.

1 Sept - we will have our newspapers back in the branch.

2 Sept - Tea and Newspapers begins, it will be held every Thursday, 10:00am - 11:00am. Meet new people, talk about the papers (or just chat!), and enjoy a cup of tea / coffee.

3 Sept – Knit and Natter begins, it will be held every Friday, 10:30am – 12:30pm, and every Tuesday, 6:30pm – 8:00pm. If you like to knit or crochet, and love to chat, come and join the fun! Booking Essential.

7 Sept – Rhythm and Rhyme begins. Because numbers attending will be restricted we are adding<br/>two more weekly sessions! Booking Essential (from Saturday for the following week)Tuesday 9:30am – 10:00am<br/>Friday 2:15pm – 2:45pmWednesday and Thursday 11:00am – 11:30am<br/>2nd and last Saturday of the month 2:15pm – 2:45pm

Book groups will once more be able to meet in the library -

For Adults: The Afternoon Book Group meet on the 3rd Tuesday of the month (except July and August) from 4:00pm – 5:00pm starting 21 September 2021.

For Students in Years 8 – 10: The Teenage Reading Group meet on the last Thursday of the month (except July and August) from 4:00pm – 5:00pm starting 30 September 2021. For Pupils in Years 4 – 7: Chatterbooks meet every Wednesday fortnight from 4:00pm – 4:45pm starting 15 September 2021 (excluding school holiday).

Book of the Month (with a zoom discussion on 30 Sept at 1:00pm) continues with Claire Allan's Forget Me Not. Copies available for borrowing now.

To keep everyone safe, customers will be required to wear a mask (unless medically exempt) (can be removed for library-provided refreshments whilst seated) and to use hand sanitiser when they enter the library (plus before and after handling the newspapers). Social distancing will still be required as per government advice so numbers may be limited for certain activities – please check with staff in case booking is required.

Staff will also wear masks and there are both screens and signage throughout each library to encourage social distancing.

Booking Essential for activities due to social distancing and limited space Tel: 028 8244 0733 Email: <u>omagh.library@librariesni.org.uk</u>

#### **Support for Organisations**

As charities, social enterprises and community groups have adjusted to working and supporting communities on a more remote basis, many organisations are still struggling to manage their time using inefficient admin processes such as Microsoft documents and manual data input. It's time for a change! Change that will reduce admin time and expenses during a period of financial strain for so many VCSE organisations.

<u>Community Calling</u> fully understands both the requirement to respond quickly to the changing needs of beneficiaries whilst, at the same time, trying hard to cover core costs and survive an economic recession.

Our solution has been designed to help organisations become more efficient in measuring and improving admin processes – from support requests and matches to marketing and social impact. You can even get a company to sponsor you to get up and running!

Get in touch to find out more <u>hello@communitycalling.ltd</u>

#### Lakeland Special Olympics Club - Volunteers

Assistant Athletics Coach and Football Coaches required in Lakeland Forum, Enniskillen with Leading or Assistant Coaching Qualification

Key tasks include:

- Assist in planning weekly training sessions
- Assisting with equipment set up and tear down
- Providing sport specific instructions to athletes
- Preparing athletes for competitions.

In return you'll have opportunities:

- Develop your coaching knowledge and techniques
- Gain safeguarding, first aid and higher level coaching qualifications
- Attend national and international level competitions
- Work with a special group of people

For further information, please contact Jennifer Bell on 028 9089 2994 or email <u>jennifer.bell@specialolympics.ie</u>

#### **Nutrition Information Sessions**

Sign up for these **free** online nutrition sessions taken by Registered Dietitians. Anyone can attend - click on the links below to register.

If the dates/times don't suit or you would like to find out more about other nutrition topics, prerecorded sessions are available to watch at <u>https://vimeo.com/showcase/8198914</u>

Healthy Lunchbox and Snack Ideas: Wednesday 1 September @ 10.30am https://tinyurl.com/lunchsnackssept or https://setrust-hscni-net.zoom.us/webinar/register/WN\_ShnXrt-WRLyWVSA27An1LQ

#### Introduction to solids: Thursday 9 September @ 10am <u>https://tinyurl.com/solidssept</u> or https://northerntrust-hscni.zoom.us/webinar/register/WN izzLiZUaR iB2nlaQWnIzA

#### How to save money on your food shop: Tuesday 21 September @ 1pm

(This webinar is run on Microsoft Teams and does not require registration) https://tinyurl.com/saveonshop\_or\_https://teams.microsoft.com/l/meetupjoin/19%3ameeting\_Yjg4NjU3ZGYtYzcyZC00OGE3LWE0NmYtN2Y3ODM1MzMxNDRI%40thread .v2/0?context=%7b%22Tid%22%3a%229c9a30de-d8d7-4aa4-9600-4be7625ff6c5%22%2c%22Oid%22%3a%226ea72058-af00-491c-944fd1a44465606b%22%2c%22IsBroadcastMeeting%22%3atrue%7d&btype=a&role=a%20%20Join% 20conversation%20teams.microsoft.com

#### Healthy Diet, Healthier You: Wednesday 29 September @ 3.30pm

https://northerntrust-hscni.zoom.us/webinar/register/WN\_aiJIKmvRQAWtt\_IG2dRJMA or https://tinyurl.com/HYDYsept

Should you have any queries, please don't hesitate to email <u>health.improvement@westerntrust.hscni.net</u>

PIPS Charity (Public Initiative for the Prevention of Suicide and Self-Harm) New and Free Counselling Service <u>www.pipscharity.com</u>

- Do you need support with your mental health?
- Would you like help to ease anxiety, stress or worries?

Based in Asda Community Rooms, Derrychara Road, Enniskillen, BT74 6JG we offer free, confidential counselling services which deal with the following:

- Depression, Trauma, Drugs, Alcohol, Anxiety, Self-Harm
- Unlimited number of sessions, led by you
- The service is open to everyone aged 4 and above.

If you feel you need help or want to find out more, please contact a member of the team on - 028 6633 9004 - Freephone 0800 088 6042 - Email <u>info@pipscharity.com</u>

#### Irish School of Ecumenics

#### Is There A Common Good?

#### Shaping the Present: Building Community

Following a series of civic conversations from January to May 2021, we hope to engage in a second phase of regional conversations to explore key common good concerns.

What kind of world would we like to live in by 2030? What kind of world would we like for our children and grandchildren? What things matter to you in shaping a common good shared by all? We would like to invite people from the Border Counties to a series of 3 civic conversations which will explore 4 strands of relationships that are important for shaping a common good.

The first strand is our relationship with the Earth and how we humans and the Earth can have a shared future.

The other 3 strands are as follows: the relationships between people within Northern Ireland, the relationship between Northern Ireland and the Republic of Ireland, and the relationship between Ireland and Great Britain.

We hope that up to 40 people will join the civic conversations taking place in 7 regions of Northern Ireland and the Border Counties. It is imperative that anyone registering can come to all 3 civic conversations. Every voice is important as together we try to shape a vision of a common good and a shared future.

Dates: Monday 27 September, Monday 4 October & Monday 11 October 2021 Time: 7:30 – 9pm Venue: First two meetings will be on Zoom, third meeting will take place at the Broadmeadow Suite, Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR To register, please email Kirstie Wright at kirstie479@hotmail.com

#### **Training Opportunities**

#### Volunteer Now Free Online Training Keeping Children and Adults Safe for community and voluntary groups in the Fermanagh & Omagh District Council area

#### • Keeping Children & Adults Safe: An Introduction

Wednesday 22 September, 10am - 1pm

This course covers the legal and policy context, categories of abuse and possible indicators, dealing with a disclosure, reporting concerns and a code of behaviour

#### Keeping Children Safe: Communicating Online

Wednesday 6 October, 10am - 11.30am

This course looks at the risks of online communication with children and young people and explores how staff and volunteers can communicate safely with them.

#### • Keeping Children and Adults Safe: Training for staff and volunteers

Thursday 14 October, 10am - 3pm

This course covers the legal and policy context, categories of abuse and possible indicators, dealing with a disclosure, reporting concerns, dealing with an allegation, programme planning, risk assessment and code of behaviour.

#### Keeping Children and Adults Safe: Training for Management Committee Members

Tuesday 19 October, 10am - 12pm

This course covers the legal and policy context including duty of care, categories of abuse and possible indicators, leadership, values and culture, and the minimum safeguarding standards to be implemented.

#### Maximum 3 places per organisation per course.

To book, contact Nicole Fitzsimons, <u>nicole.fitzsimons@volunteernow.co.uk</u>

#### SUSE+ - New courses starting September 2021

Unemployed? Made redundant? Recently left school? If so, SUSE+ can help you. We offer help and support to get into Further Education and Training and Employment.

We complete Job Searches, CV Building, Interview Preparation.

Mentors work 1:1 with participants to help secure opportunities in the local area.

Courses include: Foundation Skills in Working with Children, Personal Success &

Wellbeing, Digital Skills, Customer Service, Money Management and Business Administration.

For more information contact Tracy - tracy.sharkey@swc.ac.uk - 07436 533475

#### Breast, Cervical and Bowel Screening **Awareness Programme**

The Women's Resource and Development Agency is currently providing training to individuals and organisations working with groups.

The sessions cover:

- Breast Awareness and Breast Screening, including a practical demonstration on how to ٠ check your breasts and the signs and symptoms to look for
- **Cervical Screening**, including what happens at a smear test, the types of results and what ٠ they mean
- **Bowel Cancer Screening** raises awareness of bowel cancer screening, signs and symptoms • to look out for, ways to reduce your risk of developing bowel cancer and how to take the screening test. This session is often of interest to men's groups eq Men's Sheds as well as women.

The training is available online using Zoom, or face to face with a risk assessment and following guidance from the Executive.

For further details, please contact Katherine Robertson on 07783 611744 or email Katherine.robertson@wrda.net

#### **ASPIRE: Support for School and University Leavers**

Whether you have just left School or University or are thinking about returning to work after a period of unemployment, ASPIRE can help direct you to a path that is right for you We can help with;

- Seeking Work Experience Placements ٠
- **Gaining New Qualifications** •
- Job Searching, CV Building & Interview Skills .
- And more •

The ASPIRE Programme provides assistance to anyone aged sixteen or over and currently unemployed, underemployed or not in full-time education through a range of free tailored support packages. These packages of support can include enrolment onto training courses that lead to professional qualifications, gaining valuable work experience, assistance in completing application forms, helping with interview preparation and the creation or updating of a CV all done with the guidance of an allocated mentor.

The ASPIRE Employability Programme operates in partnership with the Western Health & Social Care Trust, the Education Authority for the Western Region and delivery partner Fermanagh Rural Community Initiative. Email aspire@fermanaghomagh.com for more information

#### **New Elevate Training Dates Available**

The Elevate programme is offering free online training around using community development approaches as ways to reduce health inequalities. August and September dates booked out really quickly so we are letting you know about the just released October dates.

COVID-19 has increased the visibility of inequalities across different communities and these interactive training workshops will explore community development values and actions and how your role can help to build capacity in the communities where you work, volunteer or live. What will the training cover?

- Understanding the values and principles of community development •
- Understanding what health inequalities are, why they exist and how they look in your ٠ community
- Recognising the challenges and opportunities that have happened through COVID-19 •
- Exploring how your role can make a difference locally

#### Who is the training for?

Anyone with an interest in community development and health inequalities including staff and volunteers in voluntary organisations, community groups, councils, health and social care and government agencies.

You can book a place here <u>https://elevateni.org/training/training-dates/</u>

#### Wellbeing in Sport

A range of sports organisations have joined to develop Mental Health Awareness e-learning. The course, funded by DfC, is available to all members of sports clubs across Northern Ireland. Read more

Suicide Prevention Awareness online training "Connections Link Life"

We are delighted to be able to offer Suicide Prevention Awareness training to all adults (over 18) living or working in Northern Ireland in 2021.

This is suitable for those seeking:

- a greater understanding of mental health and suicide
- the confidence to intervene with people experiencing emotional distress suicide
- to cultivate resilience through emotional health practices and self-care.

<u>Visit our web site here for more information on the course</u> and book your free place by clicking on the links

#### **Community/Voluntary Sector Free Training Courses**

- Do you work or volunteer in the Community or Voluntary Sector?
- Would you like to improve your knowledge and skills, build your confidence and learn from others in the sector?

If yes, I am excited to share with you that Fermanagh Trust in partnership with Holywell Trust in Derry/Londonderry and the Rural Community Network have been funded by The National Lottery Community Fund to facilitate a five-year project, investing in the skills and knowledge development of current and new leaders in the Community/Voluntary sector.

We have a rolling programme of training events and qualifications that support leaders, to build their capacity to respond and react confidently to the challenges they face and give them the skills they need to make sure community voices are heard when working with statutory organisations. Examples of some of the courses planned for the next few months:

- Fundraising & Income Generation
- Avoiding Blunders With Funders
- Facilitating Effective Meetings
- Introduction to Handling Conflict in Groups
- Social Media
- Succession Planning
- Diploma in Community Development Practice

Please have a look at all that is on offer and please feel free to share as widely as possible amongst your contacts to raise awareness of these free courses!!

To view our training programme and book a place on any of our courses please follow this link: <u>Training Programme - Fermanagh Trust</u>

If you would like more information or have any questions, please contact us via email leadership@fermanaghtrust.org or telephone 028 66 320 210

#### Health Improvement, Equality & Involvement Department Training Brochure September 2021 – March 2022

The Western Trust Health Improvement, Equality & Involvement Department is delighted to launch its training brochure for September 2021 – March 2022.

COVID-19 has presented challenges to how training is delivered. A range of courses are now offered via Zoom. While they are aware that delivery of training online may present difficulty for some, they appreciate your understanding as they work to develop their programmes safely within the current challenging situation.

The Health Improvement, Equality & Involvement Department training brochure and course application form is embedded in the brochure available <u>HERE</u>

Completed application forms should be returned to <u>health.improvement@westerntrust.hscni.net</u> or posted to: Health Improvement, Equality & Involvement Department, Maple Villa, Gransha Park, Clooney Road, L'Derry BT47 6WJ

If you have any queries re the brochure or any of the content, please contact <u>health.improvement@westerntrust.hscni.net</u> or phone 028 7186 5127.

#### Libraries NI

#### Need some IT help?

Sign up for a free Zoom session on any of the following topics:

- iPads
- Emails
- Messenger
- Androids
- Scams
- WhatsApp
- Kindle
- eBooks
- eMagazines
- Skype

For details of the Libraries NI Zoom Programme, click on Events (librariesni.org.uk)

Note that public demand for these sessions is currently very high so please book as soon as possible. Booking is essential. Please note that we cannot guarantee places that are not booked at least 24 hours in advance. 1-2-1 sessions are available by arrangement.

#### **Supporting Communities**

#### **Digital Inclusion Sessions**

Check out our list of digital skills sessions and discover something new! https://supportingcommunities.org/digital-skills

Sessions are free of charge. Each course lasts around an hour and will be delivered over Zoom. If you need some help setting up Zoom in advance of any course, please get in touch with Stef <u>stef@supportingcommunities.org</u> who can walk you through the steps.

#### AWARE NI

#### Free online wellbeing workshops/courses for adults 18+ between September-December

#### Living Life to the Full – Online Life Skills Programmes (via zoom)

We're delighted to be able to offer a range of Living Life to the Full programmes online! The Living Life to the Full programme will be delivered via zoom over 6 sessions lasting approx. 2hrs each.

This is a programme that can make a big difference to your life. It can help you manage your feelings when you are stressed, worried or depressed and learn simple practical skills to help you cope with life's challenges. It looks more closely at how mental health can be impacted by life events and unhelpful thinking styles which may also then affect our physical health and overall enjoyment of life. To register visit <u>https://www.aware-ni.org/booking-living-life-to-the-full/</u>

#### Mood Matters for Adults – Online Mental Health Awareness Sessions (via zoom)

We have some free online Mood Matters courses available during September-December. The Mood Matters for Adults course is 2 hours long and is suitable for anyone (over 18) who would like to learn more about minding their mood. It can also help to manage feelings of stress & anxiety. For more info & to register, visit: <u>www.aware-ni.org/booking-mood-matters-adults/</u>

#### Queen's Platinum Jubilee Beacons

#### **Opportunity for Communities**

The weekend of 2<sup>nd</sup> – 5<sup>th</sup> June 2022 marks the Platinum Jubilee of Queen Elizabeth II. On 2<sup>nd</sup> June 2022, more than 1,500 beacons will be lit at events across the country. If your town, village or community would like to get involved please visit <u>www.queensjubileebeacons.com</u> for further information, or contact Bruno Peek LVO OBE OPR, <u>brunopeek@mac.com</u> Tel 07737 262913 to help plan your event.

#### Resumption of hearing aid support service

RNID is resuming its free drop-in support session for hearing aid users in Fermanagh House, Enniskillen on Thursday 2 September from 10am - 11.30am

The socially distanced drop off and pick up service provides new batteries, cleaning and retubing of ear moulds for NHS hearing aids.

Hearing aids must be placed in a labelled envelope with name and contact details. They will be collected at the entrance by a volunteer and brought inside for maintenance. Users can wait in their car or return later to collect them.

Hearing aids can also be dropped off by friends or family members.

The sessions are run by trained volunteers and funded by the Health & Social Care Board. For more information visit <u>www.rnid.org.uk</u> or contact Mary Cruickshank; email mary.cruickshank@rnid.org.uk or call 07918 767640.

#### **Post Office Card Account Customers**

The Department for Communities is encouraging customers who receive their benefits and/or pensions into a Post Office card account (POca) to take action as the end of the POca contract approaches.

The new future method of payment aims to pay pension and benefits to customers through new innovative, secure and efficient methods of payment.

Customers are encouraged to open a mainstream account such as a bank, building society or similar account as soon as possible. Payment to a mainstream account is the preferred method of payment as it is considered to be the most efficient, secure and reliable method of payment. Customers who cannot open or manage a mainstream account can be paid into the bank account of a trusted friend or family member or will be offered to migrate to the new Payment Exception

Service, which will primarily use the Paypoint and Post Office network to cash vouchers. This will allow customers to access funds across a wider spectrum of locations and venues going forward. **A dedicated free telephone service 0800 085 7133** has been set up within DWP and offers POca users the opportunity to ask questions and seek support in choosing an account that meets their needs.

Customers can also contact Advice NI 0800 915 4604 or Money Advice Service 0800 138 7777 for free independent advice.

#### Northern Ireland Housing Executive

#### 2021 Rural Community Awards competition

Last year, we amended the competition slightly to reflect the practical challenges facing those involved in community work but also the huge impact that many volunteers made for people over the lockdown period.

We were so encouraged by the response to the 'Community Champion' award that we have decided to include it again this year.

We have also included two new awards which are aimed specifically at young people in order to recognise the importance of engaging children and young people in community activities and the vital contribution they can make.

In total, we have 5 different awards up for grabs this year for both our North and South regions. The application form is straightforward and the prize money and individual prizes would go a long way towards extending and developing community activities.

Guidance notes and application available on our website:

https://www.nihe.gov.uk/Documents/Community/Rural-Community-Awards-application.aspx All applications must be returned by Friday 17 September at 4pm.

#### **Funding Opportunities**

Northern Ireland Housing Executive Community Involvement Grants 2021/22 The purpose of the Community Involvement grants is to provide an opportunity for residents and community groups to apply for funding for projects that will benefit Housing Executive Communities. The projects must fit in with one or more of the below themes;

- Health & Wellbeing
- The Environment
- Intergenerational Practice
- Digital Inclusion

Applications are welcome from community groups, tenants, residents and leaseholder groups who are active within Housing Executive areas across Northern Ireland and are involved in the Housing Community Network (HCN). Where budget allocation is not fully utilised, consideration can be given to organisations within Housing Executive areas who are not involved in the Housing Community Network. Access the Application via <a href="https://nihe.tfaforms.net/10">https://nihe.tfaforms.net/10</a> Applications will close on Monday 13 September 2021

# Matthew Good Foundation

#### Grants for Good Fund

Every three months, five shortlisted projects will be voted for by John Good Group employees. These five charities will all receive a share of  $\pounds 10,000$  – the more votes a cause receives, the bigger the donation. Following the vote, the project that receives the most votes will receive a grant of  $\pounds 3,500$ , second place  $\pounds 2,500$ , third place  $\pounds 2,000$  and fourth and fifth place will both receive  $\pounds 1,000$ .

Your application must be on behalf of a local community group, charity, voluntary group or social enterprise that has a positive impact on communities, people or the environment and has an average income of less than £50,000 in the last 12 months.

They want to make it easy for very small charities or new community interest companies to apply, so organisations/groups do not need to be a registered charity, however, you will need to have a bank account in your organisation's/project's name such as a community bank account. They are not able to provide funding to personal bank accounts.

#### Next deadline: Wednesday 15 September 2021

You can apply here

#### Live Here Love Here - Marine Litter Capital Grants

Supports organisations and groups to purchase items to:

- Prevent litter and plastic pollution from entering the marine environment
- Enhance the environmental management of a local area to reduce marine litter

• Improve the health and wellbeing of communities and marine biodiversity recovery by helping to improve and/or maintain the quality of public open spaces

• Improve the quality of the local environment by changing behaviour through creative concepts to reduce the incidence of littering.

Financial support of between £500 and £40,000 will be available to constituted groups, businesses, and statutory bodies meeting the eligibility criteria.

Financial support of between £500 and £5,000 will be available to non-constituted groups.

The Online application form and guidance notes are available from

https://www.liveherelovehere.org/cgi-bin/generic?instanceID=66

The deadline for applications is Monday 27 September 2021, 11am

#### **Mental Health Support Fund**

This fund will be rolled out over the next three years.

Applications for medium (30k – 100k) and small (5k – 30K) grants will open in September. For full information visit Mental Health Support Fund - Community Foundation Northern Ireland (communityfoundationni.org)

### The Leathersellers' Company

#### **Small Grants Programme**

Applications up to a maximum of £3,000 - Our criterion from last year remains: Applications must be from UK registered charities (this includes Charitable Incorporated Organisations (CIO) but not Community Interest Companies (CIC)) that are:

- currently supporting vulnerable people
- working in geographical areas of high deprivation within the UK
- with an annual income under £200,000

We will be holding 14 'rounds' or opportunities for applications to be submitted, from August 2021 to May 2022, with a decision returned within a month. The number of applications will be capped with submissions accepted on a first-come, first-served basis (though you will be able to save a draft until next time). You will be able to find all the details, including a timeline of application dates, a word version of the updated application form and more on our website shortly -

https://www.leathersellers.co.uk/small-grants-programme/

#### **Dormant Accounts Fund**

The Dormant Accounts Fund NI, delivered by The National Lottery Community Fund in conjunction with the Department of Finance, is supporting the Voluntary Community and Social Enterprise (VCSE) sector to be more resilient and prepared for the future.

Dormant accounts are UK bank and building society accounts that have been untouched for 15 or more years, where customers who own the accounts cannot be traced. As part of this first phase

of Dormant Accounts Fund NI support, organisations can apply for up to £100,000 as part of a flexible and responsive grant programme.

There is no closing date for Dormant Accounts Fund NI. For more information visit: www.tnlcommunityfund.org.uk/funding/programmes/dormant-accounts-ni.

#### **Community Foundation NI**

CFNI Chat to the Funder events

The Community Foundation for Northern Ireland (CFNI) are continuing their monthly online 'Chat to the Funder' events; which will take place on the second Tuesday of the month from 2-4pm by zoom. New applicants and existing grantees are welcome to book a 20 minute time slot to meet with a member of the grants team. <u>Book your place here</u>

#### The Community Foundation Northern Ireland

The Micro-Investment Fund is a rolling call process and at present there is no set closing date for the receipt of applications. The Foundation reserves the right to announce a closure date subject to the number of awards made and the remaining funds available for distribution. In such circumstances the Foundation will give two weeks' notice of any closing date that is then to be set, which will be published online and through our social media.

Full details available at <u>Applying for a Grant from a fund - Community Foundation Northern Ireland</u> (communityfoundationni.org)

#### **Community Ownership Fund**

The prospectus and supporting guidance is available here.

The Community Ownership Fund is a £150 million fund over 4 years to support community groups to take ownership of assets which are at risk of being lost to the community.

The £150 million Community Ownership Fund is for communities across the United Kingdom. It has been set up to help communities take ownership of assets and amenities at risk of closure. It will run for 4 years.

Voluntary and community organisations can bid for match funding.

Funding may support the purchase and/or renovation costs of community assets and amenities, subject to the full eligibility criteria outlined in the prospectus.

The fund will support a range of community ownership proposals. For example, projects may include:

- sporting and leisure facilities
- cinemas and theatres
- music venues
- museums
- galleries
- parks
- pubs
- post office buildings
- shops

December 2021 – round 2 will open May 2022 – round 3 will open

#### **Building the Community-Pharmacy Partnership Programme**

Closing dates for next funding round: Level 1 – 28 October 2021 Level 2 – 18 November 2021 Full details available at <u>https://www.cdhn.org/bcpp</u>

#### Community Relations Council Small Grants Scheme

#### Now open for applications

This funding can help community and voluntary groups throughout Northern Ireland engage in Community Relations work.

Deadline: Monday 1 November 2021

https://www.community-relations.org.uk/community-relations-culturaldiversity?mc\_cid=8c5bd6f941&mc\_eid=ff06082e7b

#### **Tesco Community Grants**

Tesco Community Grants fund thousands of local community projects across the UK, helping to fight holiday hunger, tackle mental health, support young people, host community events and much more.

Tesco Community Grants support local good causes that focus on helping children and families and tackling food poverty.

Grants will be awarded to voluntary or community organisations (including registered charities/companies), schools, health bodies, local authorities and social housing providers. This list is not exhaustive and there will be many other types of organisations that will be funded. Tesco Community Grants is administered by Groundwork and projects can apply online at <a href="https://tescocommunitygrants.org.uk/apply-for-a-grant/">https://tescocommunitygrants.org.uk/apply-for-a-grant/</a>

If you are a Tesco customer or colleague, you can nominate a cause that you'd like to see supported and we'll contact them to encourage them to apply, you can also do this online. Awards are available up to £1,500. There is no deadline for applications.

#### Versus Arthritis - Grant Opportunity

#### Let's Move Together Fund: Now open!

Versus Arthritis are distributing grants of up to £5,000 to support people with musculoskeletal conditions including arthritis to get active. Organisations should be working to increase the availability of exercise opportunities for people with musculoskeletal conditions in local communities, to reduce the negative impact of coronavirus and the widening of the inequalities in sport and physical activity. Applications are particularly welcome from groups who also support people from lower socio-economic groups, Black, Asian and/or Minority Ethnic communities and disabled people.

26.9% of adults in Northern Ireland have musculoskeletal conditions so we anticipate that a number of groups will be eligible. For more information about these conditions please visit <u>About</u> <u>arthritis | Conditions, symptoms, treatments, support (versusarthritis.org)</u>.

For more information about the Let's Move Together fund, including how organisations can apply, please visit <u>Inspiring active communities (versusarthritis.org</u>). If you have any questions please email <u>physicalactivityva@versusarthritis.org</u>. We expect all funds to be awarded by 30 September 2021.