

Fermanagh & Omagh District Council Community Support News – August 2021

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Wednesday 25 August

Council News & Events

<u>COVID-19 (Coronavirus) Information, advice & Council services – Fermanagh & Omagh District Council (fermanaghomagh.com)</u>

COVID-19 Food & Essential Supplies Transition Fund

Fermanagh and Omagh District Council invites expressions of interest from community and voluntary organisations for the 'Food and Essential Supplies Transition Fund'. This fund aims to transition from an emergency food support response to the Covid-19 pandemic towards a more strategic and sustainable approach to food poverty/food insecurity issues.

Objective and Scope

The objective of the 'Food and Essential Supplies Transition fund is

'To enable the transition from emergency food support to the implementation of more sustainable pathways/responses to address food poverty/insecurity'

This additional funding expands on the support provided under the previous food funding allocations, with a focus on transitioning from emergency food support to delivering a more strategic response to provide pathways out of food poverty/food insecurity.

The following key principles will apply:

- a transition from temporary emergency food support infrastructure; with
- a focus on strategic and sustainable approaches to food poverty/food insecurity issues e.g. developing capacity and capability in the community food infrastructure, brokering partnerships with other support/service providers, linking access to food to other practical support streams

Duration

These additional funds will be released during the financial year ending 31 March 2022.

Submission of Expressions of Interest

Expressions of Interest should take the format of a written submission that outlines what activity would be delivered, the cost associated with the delivery and what outcomes this activity would achieve within the context of this fund.

Organisations should demonstrate they have the capacity to deliver projects that would have an impact on significant areas across the district. Projects should not duplicate current services/provision and projects that demonstrate a partnership approach are particularly welcome.

Expressions of Interest should be submitted via email

to communitysupport@fermanaghomagh.com no later than 5pm Friday 20 August 2021.

Expressions of Interest sought for Culture Night

Fermanagh & Omagh District Council is seeking expressions of interest from community, arts, cultural, heritage, sports and other groups across the district who are keen to take part in this year's Culture Night by organising a local event.

As part of this year's event, Fermanagh and Omagh District Council will provide support to constituted groups across the district with up to £250 of financial support together with assistance with marketing and publicity.

Culture Night, which will take place this year on Friday 17 September, is an annual all-island public event that celebrates culture, creativity and the arts. Applications are welcome from groups across the district and across a range of arts and cultural forms including music, dance, visual art, theatre, language, literature, sports, cultural traditions, film and crafts.

To take part in Fermanagh & Omagh's Culture Night 2021, <u>please click on this link to complete an Expression of Interest form</u>. Closing date for expressions of interest: **12 noon, Friday 20 August**. For further information, please contact the Arts Service at Fermanagh & Omagh District Council by telephone on 0300 303 1777, text phone 028 8225 6216,

or by email at culture@fermanaghomagh.com

Free Bus Service to Gortin Glen Forest Park

Fermanagh and Omagh District Council, in partnership with Translink NI, will be providing a **free** shuttle bus service to Gortin Glen Forest Park running every Sunday to Sunday 8 August 2021.

Depart Bus Depot	0930	1015	1100	1425	1510	1555	1640
Depart Gortin Glens	0950	1035	1120	1445	1530	1615	1700

FODC Community Centre Summer Schemes

Are you looking for activities to break up the summer months for your children? We are pleased to announce that Community Centre Summer Schemes for Children aged 5-12 years will run to Friday 13 August. Please note spaces are limited and therefore we are asking parents to select 1 week only at a cost of £10 per child per week. This year registration has moved online.

For more information, visit: bit.ly/2JKLfR3

FODC Leisure, Recreation and Sport programme!

We have a variety of multi-sport activities, inclusive cycling sessions and paddle sports organised for children. Places are free however will be allocated on a first come, first served basis. For more information, visit: bit.ly/2Rd5lsn

Summer Activities for Children

With the summer holidays fast approaching, <u>Ardhowen Theatre</u> and <u>Strule Arts Centre</u>, <u>Omagh</u> have put together various action-packed activities to keep your children entertained.

Find out more about the <u>Strule Arts Centre</u>, <u>Omagh</u> Summer Academy here <u>bit.ly/SummertimeatSAC</u>

Or to book a place on the Summer Academy at Strule Art Centre visit bit.ly/SummerAcademyRegister

To find out more about the summer activities available at <u>Ardhowen Theatre</u> or to book a place, please visit <u>bit.ly/SummerActivitiesArdhowen</u>

Summer events for adults with learning disabilities and their carers!

Activities include circus skills, nature crafts or sensory slime and will be in line with the public health guidance.

Places for the events are limited and will be allocated on a first-come-first-served basis. You need to register with us before the event. A parent or carer must accompany the participant at the events

For more information, please visit: bit.ly/3hgBcRZ

Ethical and Shared Remembering

'Ethical and Shared Remembering: Remembering a Decade of Change and Violence 1912 – 1922'

This four-week online programme, delivered by The Junction, will explore key historical events of the period.

• Thursday 23 September 2.00 – 3.30 pm

The Home Rule debate and the Solemn Ulster Covenant

Thursday 30 September 2.00 – 3.30 pm

The Great War (1914-1918) and its aftermath

• Thursday 7 October 2.00 – 3.30 pm

Nationalist insurrection: The Easter Rising 1916 and its aftermath

• Thursday 14 October 2.00 – 3.30 pm

Heroism and sacrifice. The Battle of the Somme (July 1916)

This year marks the centenary of the establishment of Northern Ireland and these sessions can be seen as preparation for the 6-session course which will follow from this 'Partition; What did it do for us?' The second programme will explore how it came about, its implementation, and its consequences. This course is scheduled to follow immediately after the 4-session course. If you would like to participate on the programme/s, please reserve your place as soon possible by emailing: goodrelations@fermanaghomagh.com or Tel 0300 303 1777.

Places are limited on this programme and will be provided on a first come first served basis.

In Case of Emergency (I.C.E.) Card

If an emergency strikes, you might be far from home, friends or family. Carrying emergency contact details with you means that your loved ones can be reached quickly. The card also provides your medical information including any conditions or allergies you may have, medication you are taking and your blood type.

Keeping an emergency contact number programmed under ICE in your mobile phone has been the preferred method for the past number of years but as most modern smart phones are unlocked with a passcode; first responders can be prevented from gaining access to your emergency details.

Having all the essential information accessible in one place could help save lives, provide the best help and care, and make sure your next of kin can be contacted promptly. Information about medications and allergies helps ambulance personnel make better decisions about treatments they can give you and crucially, in the case of heavy blood loss, it is important for emergency staff to know your blood type. In the case of people with conditions such as Alzheimer's it can help a person who may be confused contact their family and avoid any unnecessary distress.

Cards are now available to collect at the Connect Centres in Omagh and Enniskillen. If you need one of these cards, contact the PCSP office on 0300 303 1777 or by email at pcsp@fermanaghomagh.com or call into the Connect Centres in Omagh or Enniskillen.

Green Dog Walkers

As we enjoy the longer evenings, now is the perfect time to take our furry friends out for a dander. Why not sign up for the Green Dog Walker Scheme and take the pledge to always:

- Clean up after your dog
- Carry extra dog waste bags
- Give other dog walkers free dog poop bags

To sign the Green Dog Walker pledge, visit bit.ly/GreenDogWalkersFODC

Find out more about the scheme, visit bit.ly/GDWScheme

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163

Area	Officer	Email	Telephone
Enniskillen	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Steven Ormsby	steven.ormsby@fermanaghomagh.com	Ext 21232
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Neville Armstrong	neville.armstrong@fermanaghomagh.com	Ext 20275

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require.

You can download a registration form and receive further information on how we process your data on the Council website https://www.fermanaghomagh.com/services/community/community-register/.

Alternatively, you can complete an online form at https://form.jotform.com/202643203667048 or contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have.

Community News

New Walking Tour!

Check out the new guided walking tour of Enniskillen, which is taking place every Friday & Saturday in August! The scenic walk takes in key architectural features, as well as social and boating histories related to the Island Town.

Beginning at Enniskillen Castle, the tour progresses across the Erne Bridge, Liddy's Garden, the Round 'O' and Willoughby Place, ending at Portora gates.

Meet first at Enniskillen Castle at 1.50pm. The tour lasts approximately 1 hour and 30 minutes.

Pre-booking is essential via https://bit.ly/WestSideStoryWalkingTour

We ask people to socially distance safely while participating on the tour. Safety measures are in place. Appropriate clothing and footwear for an outdoor walk are a must and a certain level of fitness is required.

Northern Ireland Blood Transfusion Service

By appointment only; to book please call 08085 534 653 between 10am and 4.30pm.

Silverbirch Hotel, Omagh - Monday 9 & Tuesday 10 August, 1-4pm, and 5-8pm.

Many thanks for your continuing support - it is greatly appreciated.

Check out http://www.nibts.hscni.net/donating-blood/where-to-donate/ for further Scheduled Donation Sessions.

Erne Paddlers Summer Schemes

2nd to 6th August 9th to 13th August

Morning Sessions: 9:45 AM to 12:15 PM, 7 to 10 year olds. Afternoon Sessions: 12:45 PM to 3:15 PM, 11 to 14 year olds.

Our courses and trips are open to all and we run a lot of fun events, skills courses, trips and more. For more information and to book, please go to: https://ernepaddlers.org.uk/summerscheme2021
Participant numbers are strictly limited for quality and safety.

No previous paddling experience is required. These courses are great for water confidence and no swimming ability is required. Our coaches will always be in direct supervision of the activities and buoyancy aids will be properly fitted and checked for all participants.

Participants will have the option to complete the National Governing Body Certificated Personal Performance Awards.

Find out more about Erne Paddlers; who we are, what we do and why we do it on our <u>About Us</u> pages.

NI Open Government Network

Online Event

Tuesday 17 August, 12.30-2.00pm

NI Open Government Network are hosting a series of virtual workshops to help identify open government issues important to citizens. For further information and to register click on the following link 17 Aug - South-West NI

Parenting NI

Online Workshops via Zoom (1.5 hours)

- Resolving Conflict in the Home, Wednesday 4 August
- Raising Your Young Person's Self-Esteem, Wednesday 11 August
- Preventing Risk Taking Behaviour, Wednesday 18 August

All workshops take place from 7pm-8.30pm

To Register call 0808 8010 722. For further information email help@parentingni.org

HMRC can help towards the cost of children's summer holiday activities

HM Revenue and Customs (HMRC) is reminding working families in Northern Ireland that they can use Tax-Free Childcare to help pay for their childcare costs over the summer.

Tax-Free Childcare – a childcare top-up for working parents – can be used to help pay for accredited holiday clubs, childminders or sports activities – giving parents and carers that extra peace of mind that their child is having fun during the school summer holidays and it can save them money.

Tax-Free Childcare is available for children aged up to 11, or 17 if the child has a disability. And for every £8 deposited into an account, families will receive an additional £2 in government top-up, capped at £500 every three months, or £1,000 if the child is disabled.

Parents and carers can check their eligibility and <u>register for Tax-Free Childcare via GOV.UK</u>. They can apply for an account at any time and start using it straight away. By depositing money into their accounts, families can benefit from the 20% top-up and use the money to pay for childcare costs when they need to, for example, during the summer holidays.

A total of 6,050 working families used their account in March 2021 in Northern Ireland. And in the same month, HMRC paid out more than £33 million in top-up payments, which was shared between more than 282,000 families across the UK.

Tax-Free Childcare is also available for pre-school aged children attending nurseries, childminders or other childcare providers. Families with younger children will often have higher childcare costs than families with older children, so the tax-free savings can really make a difference.

Childcare providers can also sign up for a <u>childcare provider account via GOV.UK</u> to receive payments from parents and carers via the scheme.

Lough Erne Landscape Partnership

Invitation - Legacy of Landscape - Online Enniskillen Dig Training and Fieldwork

Our online Archaeology training module is open to those who wish to learn new skills and gain a knowledge of the work of archaeologists whilst they are on site. You will be led by an expert team from Queen's University Belfast who will guide you through each of the module lessons and share their expertise and experiences of excavation with you. This is a truly unique opportunity to learn new skills and be part of an exciting and unique excavation within the town of Enniskillen. Following completion of training you will have the opportunity to join the experts to uncover what artefacts and stories are hidden from sight, by participating in the Enniskillen Dig in the Autumn. If you have any further questions or require any information please do not hesitate to contact heather.gott@rspb.org.uk or hazel.long@rspb.org.uk.

Family Fun Day

Saturday 21 August – Aghavea Parish Church of Ireland - from 1.30pm in the Car Park

Outdoor Craft Fair, Vintage Cars, Tractor Display, Musical Entertainment, Refreshments,

Bouncy Castles, Hunter West Activities for Children + lots more for all ages!

£5 Admission with free ticket for prizes. Children free.

Proceeds to Aghavea Building Fund.

Volunteer Now

Free Online Training

Keeping Children and Adults Safe

for community and voluntary groups in the Fermanagh & Omagh District Council area

Keeping Children & Adults Safe: An Introduction

Wednesday 22 September, 10am - 1pm

This course covers the legal and policy context, categories of abuse and possible indicators, dealing with a disclosure, reporting concerns and a code of behaviour

Keeping Children Safe: Communicating Online

Wednesday 6 October, 10am - 11.30am

This course looks at the risks of online communication with children and young people and explores how staff and volunteers can communicate safely with them.

Keeping Children and Adults Safe: Training for staff and volunteers

Thursday 14 October, 10am - 3pm

This course covers the legal and policy context, categories of abuse and possible indicators, dealing with a disclosure, reporting concerns, dealing with an allegation, programme planning, risk assessment and code of behaviour.

• Keeping Children and Adults Safe: Training for Management Committee Members Tuesday 19 October, 10am - 12pm

This course covers the legal and policy context including duty of care, categories of abuse and possible indicators, leadership, values and culture, and the minimum safeguarding standards to be implemented.

Maximum 3 places per organisation per course.

To book, contact Nicole Fitzsimons, nicole.fitzsimons@volunteernow.co.uk

Stepping On - Over 65 Falls Prevention Programme.

This 9 week programme is delivered in partnership with the Public Health Agency, Physiotherapy Team, Occupational Therapy Team, Health improvement Team, Home Safety Assessment & Healthy Living Centres.

Arc Healthy Living Centre, Irvinestown

Programmes start 14 September 2021 and 18 January 2022

Contact Peggy Carty, Tel: 028 6862 8741 Email: peggy.carty@archlc.com

• St Columba's Hall, Omagh

Programmes start 30 September 2021 and 27 January 2022

Contact Michael Connolly, Tel: 028 8167 0764 Email: michael@dergvalleycare.com

Oak Healthy Living Centre, Lisnaskea

Programme starts 20 September 2021

Contact Davina Coulter, Tel: 028 677 23843 Email: davina.coultrer@oakhlc.com

What's happening in Omagh Library?

Open, Closed, Open for Book and Collect, Open for Book Browsing, Closed, Open for Book and Collect, Open for Book Browsing..... what a year it has been for everyone due to COVID-19!!! It's not surprising that books borrowed pre-COVID have been forgotten! But now that we are adjusting to "the new normal", and with all safety precautions in place to protect customers and staff, why not bring those books back in and choose some new reading?!

If there are any children (aged 4 – 11 years old) in the house then take the opportunity when you are in of registering them for the Summer Reading Challenge. They can become #WildWorldHeroes and read their way through rewards during the summer – for more information click here https://bit.ly/3wQcTRr. Don't let them miss out on the fantastic range of zoom events from Saturday Garden Club, story camps, and creative writing workshops.

If you are still hesitant about venturing in then you can drop the books off at the door and arrange for new books to be ready for you at the same time using Book and Collect t: 028 8244 0733. Many of our customers have been delighted at the books chosen by library staff for them and discovered new authors to appreciate.

For updates on our services keep an eye on our Facebook page (@omaghlibrary) and the Libraries NI website – www.librariesni.org.uk

Good Relations Week 2021

Good Relations Week is re-introducing physical events in 2021, alongside an expanded virtual offering with online and hybrid events.

Good Relations Week 2021 will run from Monday 20 to Sunday 26 September 2021 – and we'd really love you to get involved!

The theme is 'Brighter Days Ahead' which celebrates and spotlights the range of projects young people are involved in to break down barriers, unite communities and act as a catalyst for meaningful change in our society. It will explore many of the issues affecting the youth of today and how society can better meet their needs.

We'd really love you to get involved by hosting a face-to-face event, an online event or creative piece of digital content. This could be a workshop, lecture, discussion panel, music or theatre performance, exhibition, archive video or new short film and lots more.

An event can cover any aspect of your good relations work and doesn't have to focus specifically on work with young people.

Your involvement and participation will help make Good Relations Week 2021 a success, so please get involved and make this year's experience one to remember!

Visit <u>www.goodrelationsweek.com</u> to register

Consultation: Rural Policy Framework for Northern Ireland

The Department for Agriculture, Environment and Rural Affairs (DAERA) have published a consultation on the Rural Policy Framework for Northern Ireland (NI) and look forward to hearing your views. We are interested in your feedback on whether or not the proposed Rural Policy Framework for NI is a relevant and appropriate means of creating a sustainable rural community where people want to live, work and be active. This exercise will inform the Rural Policy Framework for Northern Ireland and the subsequent interventions and Programme of Support stemming from it.

For full details click on Respond by Monday 6 September

Support for Organisations

As charities, social enterprises and community groups have adjusted to working and supporting communities on a more remote basis, many organisations are still struggling to manage their time using inefficient admin processes such as Microsoft documents and manual data input. It's time for a change! Change that will reduce admin time and expenses during a period of financial strain for so many VCSE organisations.

<u>Community Calling</u> fully understands both the requirement to respond quickly to the changing needs of beneficiaries whilst, at the same time, trying hard to cover core costs and survive an economic recession.

Our solution has been designed to help organisations become more efficient in measuring and improving admin processes – from support requests and matches to marketing and social impact. You can even get a company to sponsor you to get up and running!

Get in touch to find out more hello@communitycalling.ltd

Queen's University Belfast - Befriending Survey

QUB are conducting this <u>short survey</u> to identify changes that have been made to the delivery of befriending services because of restrictions imposed by COVID-19, and to understand the challenges associated with these adapted ways of working.

Please complete by Thursday 5 August.

For further information contact the researcher (Dr Olujoke Fakoya) o.fakoya01@qub.ac.uk

Training Opportunities

Elevate Programme

CDHN's Elevate programme is offering free online training around using community development approaches as ways to reduce health inequalities. The training is open to anyone with an interest in this area. For further information and to book, click on Book your place here

Community Family Support Programme

Are you not in Education, Training or FT Employment? T&C's Apply Exciting new class coming for August from CFSP!

Level One Award in Community Development.

- Are you interested in working in the voluntary and community sector?
- Do you believe all of us should have access to wellbeing, and opportunity?
- Do you want to learn how to engage with your community?
- Do you want to develop the skills to work together in a group to generate social change and create stronger communities?

We will have a guest speaker including community leaders, volunteers, and employers in this sector throughout the programme to motivate and inspire you.

Classes run on Tuesdays (AM and PM classes).

Get in touch today! PM or call 07739 651536. Email – mdonaghy@21.training

Fb Fermanagh and Omagh Community Family Support Programme.

Places are limited.

Wellbeing in Sport

A range of sports organisations have joined to develop Mental Health Awareness e-learning. The course, funded by DfC, is available to all members of sports clubs across Northern Ireland. Read more

Suicide Prevention Awareness online training "Connections Link Life"

We are delighted to be able to offer Suicide Prevention Awareness training to all adults (over 18) living or working in Northern Ireland in 2021.

This is suitable for those seeking:

- a greater understanding of mental health and suicide
- the confidence to intervene with people experiencing emotional distress suicide
- to cultivate resilience through emotional health practices and self-care.

<u>Visit our web site here for more information on the course</u> and book your free place by clicking on the links

Community/Voluntary Sector Free Training Courses

- Do you work or volunteer in the Community or Voluntary Sector?
- Would you like to improve your knowledge and skills, build your confidence and learn from others in the sector?

If yes, I am excited to share with you that Fermanagh Trust in partnership with Holywell Trust in Derry/Londonderry and the Rural Community Network have been funded by The National Lottery Community Fund to facilitate a five-year project, investing in the skills and knowledge development of current and new leaders in the Community/Voluntary sector.

We have a rolling programme of training events and qualifications that support leaders, to build their capacity to respond and react confidently to the challenges they face and give them the skills they need to make sure community voices are heard when working with statutory organisations. Examples of some of the courses planned for the next few months:

- Fundraising & Income Generation
- Avoiding Blunders With Funders
- Facilitating Effective Meetings
- Introduction to Handling Conflict in Groups
- Social Media
- Succession Planning
- Diploma in Community Development Practice

Please have a look at all that is on offer and please feel free to share as widely as possible amongst your contacts to raise awareness of these free courses!!

To view our training programme and book a place on any of our courses please follow this link: <u>Training Programme - Fermanagh Trust</u>

If you would like more information or have any questions, please contact us via email leadership@fermanaghtrust.org or telephone 028 66 320 210

Health Improvement, Equality & Involvement Department

Training Brochure April-September 2021

The Western Trust Health Improvement, Equality & Involvement Department is delighted to launch its training brochure for April 2021 – September 2021.

HITrainingApri-Sept2021 | Western Health & Social Care Trust (hscni.net)

COVID-19 has presented challenges to how training is delivered. They are pleased to be able to offer a range of courses via Zoom. While they are aware that delivery of training online may present difficulty for some, they appreciate your understanding as they work to develop their programmes safely within the current challenging situation.

The Health Improvement, Equality & Involvement Department course application form is embedded in the brochure and is also available HERE

Completed application forms should be returned to health.improvement@westerntrust.hscni.net or posted to: Health Improvement, Equality & Involvement Department, Maple Villa, Gransha Park, Clooney Road, L'Derry BT47 6WJ

If you have any queries re the brochure or any of the content, please contact health.improvement@westerntrust.hscni.net (link sends e-mail) or phone 028 7186 5127.

Libraries NI

Need some IT help?

Sign up for a free Zoom session on any of the following topics:

- iPads
- Emails
- Messenger
- Androids
- Scams
- WhatsApp

- Kindle
- eBooks
- eMagazines
- Skype

For details of the Libraries NI Zoom Programme, click on <u>Events (librariesni.org.uk)</u>
Note that public demand for these sessions is currently very high so please book as soon as possible. Booking is essential. Please note that we cannot guarantee places that are not booked at least 24 hours in advance. 1-2-1 sessions are available by arrangement.

Supporting Communities

Digital Inclusion Sessions

Check out our list of digital skills sessions and discover something new! https://supportingcommunities.org/digital-skills

Sessions are free of charge. Each course lasts around an hour and will be delivered over Zoom. If you need some help setting up Zoom in advance of any course, please get in touch with Stef stef@supportingcommunities.org who can walk you through the steps.

AWARE NI

Free online workshops/courses for adults 18+ in the Western Trust areas.

Mood Matters Adult Workshop (2hrs)

This light and interactive mental health awareness training session is an opportunity for you to think about how to look after your own mental health. The workshop will explore mental health stereotypes and look more closely at how to spot the early signs of mental health Illness, stress, depression, anxiety disorders and bipolar. This session will teach individuals coping skills for everyday life, how to avoid getting caught in a vicious circle and how to break unhelpful habits that we sometimes have when our mood is low, as well as where to get further help and support. This session will focus on you as an individual and will then allow you to apply these skills to supporting family, friends and others.

To register for a place visit Mood Matters Adult https://www.aware-ni.org/booking-mood-matters-adults/

Living Life to the Full (6 weeks @ 2hrs per week)

This is a programme that can make a big difference to your life. It can help you manage your feelings when you are stressed, worried or depressed and learn simple practical skills to help you cope with life's challenges. Delivered over 6 weeks the programme looks more closely at the ways in which mental health can be impacted by life events and unhelpful thinking styles which may also then affect our physical health and overall enjoyment of life.

To register for a place visit Living Life to the Full https://www.aware-ni.org/booking-living-life-to-the-full/

Funding Opportunities

Mental Health Support Fund

This fund will be rolled out over the next three years with the first round of funding closing for applications on 6 August (Large Grants 100k – 500k)

Applications for medium (30k – 100k) and small (5k – 30K) grants will open in September.

For full information visit Mental Health Support Fund - Community Foundation Northern Ireland

(communityfoundationni.org)

Free School Meals and Uniform Grant Info

For full details please visit:

Free School Meals / Uniform Grants | Education Authority Northern Ireland (eani.org.uk)

If additional information is required or any difficulty is experienced, parents can contact the Meals and Uniform Service, Monday – Friday 9am – 4.30pm by:

Telephone: 028 9041 8044

Email: mealsanduniform@eani.org.uk

The Leathersellers' Company

Adverse Childhood Experiences (ACE) Main Grants Programme

We are pleased to now have opened a new main grants funding round to support charities that are working to prevent the occurrence of and/or support recovery from Adverse Childhood Experiences (ACEs).

We are prioritising charities that use a trauma-informed approach and evidence-based interventions, can demonstrate the effectiveness of their approach through evaluation or external research, and are either lived-experience led or can show significant input from those with lived experience. They must have annual income between £200,000 and £2million.

Charities that meet the criteria can apply for either:

- An unrestricted grant (core costs) of between £20,000 - £25,000 per year for up to four years or

- A capital or other project funding grant for a single year of between £10,000 - £25,000

Applications must be received by 6pm on 6 September 2021.

You can find all the details, including a timeline of application dates, a word version of the application form for reference and more on our website - https://leathersellers.co.uk/main-grants/

Re-opening soon! Small Grants Programme

Our small grants programme for applications up to a maximum of £3,000 will re-open on 2nd August. Our criterion from last year remains:

Applications must be from UK registered charities (this includes Charitable Incorporated Organisations (CIO) but not Community Interest Companies (CIC)) that are:

- currently supporting vulnerable people
- working in geographical areas of high deprivation within the UK
- with an annual income under £200.000

We will be holding 14 'rounds' or opportunities for applications to be submitted, from August 2021 to May 2022, with a decision returned within a month. The first of these will open at 10am on 2nd August 2021. The number of applications will be capped with submissions accepted on a first-

come, first-served basis (though you will be able to save a draft until next time). You will be able to find all the details, including a timeline of application dates, a word version of the updated application form and more on our website shortly - https://www.leathersellers.co.uk/small-grants-programme/

Asda Foundation: Bringing Communities Back Together

The Asda Foundation has launched a new grant to reunite communities, celebrate togetherness, and support groups as Coronavirus restrictions begin to ease across the UK during July, August and September.

Through the Bringing Communities Back Together fund, grants of between £250 and £1,000 are available to either get activities back on track such as gardening clubs, lunch clubs and recreational activities; hold a get-together event such as a welcome back party or community celebration; or a combination of the two. Groups who cannot physically be back together, but whose activities are still open and available to the community, may also be included in this award. There are three options within this grant. Groups must be clear from the outset which option they intend to apply for:

- Celebration Event,
- Getting Activities Back on Track,
- or a Combination of both.

Groups may apply for one grant only.

The application forms are only available from your local Asda store - ask for your local Community Champion, and ensure you fully complete the correct form. They cannot accept applications made on the wrong forms.

Please read the step-by-step guide available at https://www.asdafoundation.org/ which takes you through the application questions one by one. Applications can be submitted to the Asda Foundation until **Friday 20 August 2021**, however early applications are recommended as after the allocated budget is reached, the grant will close.

Dormant Accounts Fund

The Dormant Accounts Fund NI, delivered by The National Lottery Community Fund in conjunction with the Department of Finance, is supporting the Voluntary Community and Social Enterprise (VCSE) sector to be more resilient and prepared for the future.

Dormant accounts are UK bank and building society accounts that have been untouched for 15 or more years, where customers who own the accounts cannot be traced. As part of this first phase of Dormant Accounts Fund NI support, organisations can apply for up to £100,000 as part of a flexible and responsive grant programme.

There is no closing date for Dormant Accounts Fund NI. For more information visit: www.tnlcommunityfund.org.uk/funding/programmes/dormant-accounts-ni.

Elevate Community Mentoring & Grants Programme

We invite all community and voluntary sector groups to apply for the programme which incorporates:

- Group networking sessions
- 1:1 support from a mentor organisation
- A grant of up to £5,000 to implement a community based project following identification of local needs and solutions

Mentors will each support local organisations through a structured Mentorship Programme which offers a range of training, networking and support opportunities as well as a grant so the successful groups can bring their ideas to life, focusing on using community development approaches to reduce health inequalities at a local level.

The deadline for applications is Monday 2 August. You can get more information and apply at the following link https://elevateni.org/mentoring/

Community Foundation NI

CFNI Chat to the Funder events

The Community Foundation for Northern Ireland (CFNI) are continuing their monthly online 'Chat to the Funder' events; which will take place on the second Tuesday of the month from 2-4pm by zoom. New applicants and existing grantees are welcome to book a 20 minute time slot to meet with a member of the grants team. Book your place here

Community Ownership Fund

The first bidding round is open and the prospectus and supporting guidance is available <u>here</u>. The Community Ownership Fund is a £150 million fund over 4 years to support community groups to take ownership of assets which are at risk of being lost to the community.

The £150 million Community Ownership Fund is for communities across the United Kingdom. It has been set up to help communities take ownership of assets and amenities at risk of closure. It will run for 4 years.

Voluntary and community organisations can bid for match funding.

Funding may support the purchase and/or renovation costs of community assets and amenities, subject to the full eligibility criteria outlined in the prospectus.

The fund will support a range of community ownership proposals. For example, projects may include:

- sporting and leisure facilities
- cinemas and theatres
- music venues
- museums
- galleries
- parks
- pubs
- post office buildings
- shops

Deadline for submitting applications to the first bidding round: 13 August

December 2021 - round 2 will open

May 2022 - round 3 will open

Building the Community-Pharmacy Partnership Programme

Closing dates for next funding round:

Level 1 - 28 October 2021

Level 2 – 18 November 2021

Full details available at https://www.cdhn.org/bcpp

Community Relations Council

The Community Relations and Cultural Diversity (CRCD) Grant Scheme is open for applications until November 2021 for projects taking place within the financial year to 31 March 2022.

For further information, including criteria and eligibility, please visit the CRC website or click on the direct link https://www.community-relations.org.uk/community-relations-cultural-diversity Applicants can apply to the CRCD Grant Scheme through the Application Portal on our website - All applications must be completed and submitted online.

Versus Arthritis - Grant Opportunity

Let's Move Together Fund: Now open!

Versus Arthritis are distributing grants of up to £5,000 to support people with musculoskeletal conditions including arthritis to get active. Organisations should be working to increase the availability of exercise opportunities for people with musculoskeletal conditions in local communities, to reduce the negative impact of coronavirus and the widening of the inequalities in sport and physical activity. Applications are particularly welcome from groups who also support people from lower socio-economic groups, Black, Asian and/or Minority Ethnic communities and disabled people.

26.9% of adults in Northern Ireland have musculoskeletal conditions so we anticipate that a number of groups will be eligible. For more information about these conditions please visit <u>About arthritis</u> | Conditions, symptoms, treatments, support (versusarthritis.org).

For more information about the Let's Move Together fund, including how organisations can apply, please visit <u>Inspiring active communities (versusarthritis.org)</u>. If you have any questions please email physicalactivityva@versusarthritis.org.

We expect all funds to be awarded by 30 September 2021.

The Community Foundation Northern Ireland

The Micro-Investment Fund is a rolling call process and at present there is no set closing date for the receipt of applications. The Foundation reserves the right to announce a closure date subject to the number of awards made and the remaining funds available for distribution. In such circumstances the Foundation will give two weeks' notice of any closing date that is then to be set, which will be published online and through our social media.

Full details available at <u>Applying for a Grant from a fund - Community Foundation Northern Ireland</u> (communityfoundationni.org)