

## Fermanagh & Omagh District Council Community Support News – August 2019

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

**The deadline for the next Newsletter is Wednesday 21 August**

### Council News & Events

#### Fermanagh and Omagh District Council

##### Annual multi-sports and summer activity programme

Offering children and young people from across Fermanagh and Omagh the opportunity to get active and have fun this summer thanks to a range of activities available across the district.

The summer programme which continues throughout August, includes weekly camps as well as daily specific sports and activity sessions. Activities will take place at a number of Council facilities and venues across the district including Omagh Leisure Complex; Fermanagh Lakeland Forum, Enniskillen; Castle Park Leisure Centre, Lisnaskea and the Bawnacre Centre, Irvinestown. Activity programmes will also be delivered in rural areas at a number of Multi Use Games Areas (MUGAs) across the district and at rural community centres, whilst the summer opportunity scheme bus will operate across the district area providing transport to a number of multi-sports activities and swimming.

Further details on the Council's multi-sports and summer activity programme including times, dates, cost and registration are available on the Council website at

<https://www.fermanaghomagh.com/residential-services/leisure/summer-activities-programme-2019/>.

Alternatively contact the venue directly or Billie-Jo Irwin on 0300 303 1777

Email [billie-jo.irwin@fermanaghomagh.com](mailto:billie-jo.irwin@fermanaghomagh.com)

#### Summer Bands Programme

Musical performances continue to take place on various Sunday afternoons at the Round O in Enniskillen and The Grange Park in Omagh during August.

There are still opportunities for community bands to perform as part of this programme.

For further information or to register your interest to perform, please contact [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com) Telephone 0300 303 1777.

## Community Cash

The Fermanagh and Omagh Policing and Community Safety Partnership (PCSP) and the Northern Ireland Housing Executive are running a 'Community Cash' funding opportunity in the following electoral areas:

- Enniskillen
- Erne North
- Erne West
- Omagh
- West Tyrone

You don't have to be an existing group with your own constitution to apply. You just need a minimum of three people who have an idea for a project and a constituted group to sponsor your entry. Groups with a constitution are also welcome to apply.

- You can apply for up to £500 to pay for things such as tutors, venue hire, equipment, one-off events, transport for trips.
- Your project must show how it relates to one or more of the following themes: Intergenerational, Health & Well Being, Environmental Improvement and/or Community Safety.
- Activity must be delivered between 1 October 2019 and 29 February 2020.
- **Applications due by 12 noon on Friday 16 August 2019.**
- Shortlisted entries will be invited to attend a community voting event in their area where they will have 2 minutes to pitch their ideas to the audience. The projects with the most votes will receive the funding.

For further information please contact

Carol Follis, PCSP Manager, Tel: 0300 303 1777 ext 21214 [carol.follis@fermanaghomagh.com](mailto:carol.follis@fermanaghomagh.com) or Marilyn Giboney NIHE Good Relations Officer, Tel: 07795 362769 [marilyn.giboney@nihe.gov.uk](mailto:marilyn.giboney@nihe.gov.uk)

Application form can be accessed via the link <https://bit.ly/2MNf5Xy>

## Fermanagh & Omagh District Council ASPIRE Employability Programme

**Free training** available in Classroom Support, Business Administration, Care/Support and Warehouse/Construction.

Amongst the qualifications on offer, ASPIRE deliver Foundation Food Safety, Paediatric First Aid, Payroll for Business, Computerised Book-Keeping, Health & Safety, Manual Handling, CSR Card, Forklift Refresher Licence....

Contact ASPIRE Omagh on 028 8224 6535 or ASPIRE Fermanagh on 028 6632 6478.

## Key Dates for your Diary

<b>Fri 16 August</b>	Applications for PB Community Cash Events due by noon
<b>September</b>	
Weds 11	CVS Representatives Forum
Mon 16 - Sun 22	Good Relations Week
Friday 20	Culture Night
<b>October</b>	Positive Ageing Month
<b>Weds 6 November</b>	CVS Convention

## **Fermanagh & Omagh District Council**

### **Grant Aid & Bursary Programme 2019/20 – 2<sup>nd</sup> call opening September 2019**

Fermanagh and Omagh District Council operates a Grant Aid and Bursary Programme which opens twice yearly in January & September. A call for applications for the Council's 2<sup>nd</sup> round of Grant Aid & Bursary funding for the 2019/20 financial year, will open in early September 2019.

This round of funding will offer grant assistance for projects and activities that will take place in the financial year 2019/20, for the period October 2019 to March 2020. All funding must be spent before 31 March 2020.

Applications for funding for a project or event which has already taken place will not be accepted. Applications must be received before your event takes place.

Grant Aid/Bursary Funding Information Sessions will take place during September 2019; dates/venues to be confirmed. Council Officers will be in attendance at each session to provide advice and guidance on the application process.

When the 2<sup>nd</sup> Call opens in early September 2019 applicants, where possible, are asked to complete the application online, the link will be located on the Council's website:- <https://www.fermanaghomagh.com/services/funding-and-grants/> - Grant Aid Code of Practice and Guidance Notes will also be available to download [www.fermanaghomagh.com](http://www.fermanaghomagh.com)

#### **Grant Aid - for Older People's Groups**

When the 2<sup>nd</sup> Call opens in early September 2019, Older People's Groups should apply directly to South West Age Partnership.

T: 028 8225 1824 or E: [aforbes@southwestagepartnership.co.uk](mailto:aforbes@southwestagepartnership.co.uk)

Please note this funding will only be available to groups who have not previously received funding for activities for the period April 2019 - March 2020.

**Further details will be advertised in local papers, the Council's Social Media & website, [www.fermanaghomagh.com](http://www.fermanaghomagh.com) and in the September 2019 edition of the Community Services Newsletter**

**For further information please contact the Funding & Investment Unit,  
T: 0300 303 1777 or E: [grants@fermanaghomagh.com](mailto:grants@fermanaghomagh.com)**

### Free Storytelling through Shadow Puppets events

**Saturday 3 August**, 11am – 12.30pm An Creagan

**Mon 19 – 23 August**, 10am – 4pm Strule Arts Centre (Summercamp)

Randel McGee is an internationally recognised storyteller and puppet performer from California, USA. He will be sharing some favourite stories that the whole family will enjoy, combining lively storytelling with amazing designs cut from paper while the tales unfold. Stories will also be shared using simple shadow puppets based on the Chinese tradition. After the performance, children will have the chance to make a shadow puppet to show and take home.

Artsland International Artist in Residence programme, brings distinguished artists to the district to undertake a wide range of activities engaging with local schools, businesses, community groups and local artists.

Artsland, co-funded by Fermanagh and Omagh District Council and the Arts Council of Northern Ireland's Local Government Challenge Fund is currently being delivered under three themes; 'Arts for All' concentrating on health and well-being, active ageing and inclusion; 'Multiple Identities' focusing on musical cultural traditions and 'Loughs, Bogs & Mountains' addressing rural arts, traditional skills and the environment. The programme, which will run until October 2019, is being delivered in partnership with a number of organisations including South West Age Partnership, Royal Scottish Pipe Band Association (NI) and Dún Uladh - one of Comhaltas Ceoltóirí Éireann's seven regional centres, Sliabh Beagh Arts, an Creagán arts & Culture Centre and a number of other venues, local organisations and individual artists.

### Strule Arts Centre Community Pantomime 2020: Alice in Pantoland

#### Calling all adult actors and singers!

Fermanagh and Omagh District Council is again inviting all those interested in taking part in the fourth Strule Arts Centre Community Pantomime: 'Alice in Pantoland' to Casting Bootcamp Auditions in Strule Arts Centre.

Due to the previous success of the Strule Arts Centre Community Pantomimes and the June Auditions, spaces for the Junior Chorus are already filled!

However, there are still spaces to be filled in the auditions for the Adult Cast from 11.30 -12.30 am on **Saturday 7 September**.

There has already been a tremendous response to auditions for the 2020 production!

While the Council endeavours to ensure the application process is as accessible and inclusive as possible, we regret that unfortunately not every applicant may ultimately be successful in securing a place, as it is strictly first come, first served.

Please note that audition places are free of charge but **must** be booked in advance either online at [www.struleartscentre.co.uk](http://www.struleartscentre.co.uk) or by telephoning the box office on 028 8224 7831. Participation in the audition is essential for participation in the Panto.

The Panto will run in Strule Arts Centre from Thursday 16 – Saturday 18 and Thursday 23 – Saturday 25 January 2020.

Fermanagh & Omagh District Council would like to thank all who have contributed to making the Strule Arts Centre Pantomime so popular and look forward to an even more successful 2020 Panto.

### **Shared History Programme - Rebels, Radicals, Royalists and Loyalists**

The course 'Rebels, Radicals, Royalists and Loyalists' will cover the period in Irish history from the War of the Three Kings (Williamite War) through to the 1801 Act of Union and will be delivered by Martin Snoddon, Northern Springs. The programme will finish with a study visit which will be discussed with participants during the programme.

The programme will last six weeks and there will be one run in Enniskillen in the evening from 7pm to 9pm and one in Omagh during the day from 10am to 12pm. Participants are asked to choose which one would suit them better.

There will also be a follow-on course, 'Rebels, Radicals, Royalists and Loyalists II' which will cover the period 1820's from the challenge for Catholic emancipation and the rise of Home Rule through to the Good Friday Agreement in 1998. This programme is scheduled to take place in January 2020. It is not necessary to take part in the January 2020 programme if you do not wish to do so.

The Enniskillen programme will begin on Wednesday 18 September at 7pm (venue to be arranged) and the Omagh programme will begin on Thursday 26 September at 10am (venue to be arranged). The programme is free of charge, but places are limited and will be allocated on a first come first served basis.

To register for either programme please contact Pauline Clarke, Fermanagh and Omagh District Council on 0300 303 1777 or email [pauline.clarke@fermanaghomagh.com](mailto:pauline.clarke@fermanaghomagh.com)

### **Social Economy Programme**

The Social Economy Programme is a mentoring support programme available to businesses within the Fermanagh and Omagh District Council area with primarily social objectives. The programme aims to provide support and advice to start up as well as established social enterprise businesses and entrepreneurs in the area of:

- Sales
- Leadership
- Quality Management
- Assessing Finance
- ICT
- Export
- Recruitment
- Financial Planning
- Project Management

If you are interested in applying to this programme please contact a member of Fermanagh and Omagh District Council's Economic Development team on 0300 303 1777 (calls charged at local rate) or email [businesssupport@fermanaghomagh.com](mailto:businesssupport@fermanaghomagh.com).

### **Festival Lough Erne**

**Saturday 21 and Sunday 22 September, Enniskillen Castle Museums**

Celebrating Food and the Waterways

For further information or to trade at Festival Lough Erne contact

[Tourismdevelopment@fermanaghomagh.com](mailto:Tourismdevelopment@fermanaghomagh.com)

### **Community and Voluntary Sector Register**

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website <http://www.fermanaghomagh.com/residential-services/community/community-register/>. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com) for a copy of the new registration form.

### **Charity Support**

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

**For further information or enquiries regarding Council support to charities, please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email [louise.mclaughlin@fermanaghomagh.com](mailto:louise.mclaughlin@fermanaghomagh.com)**

### **Community Support Officer Areas**

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=7167e65bb40842c98a2a99a3ecbf3b8f>

## Community News

### Slide into Summer Reading with Libraries NI

The annual reading initiative is a **free programme** which encourages children and teens to continue reading throughout the summer months.

Libraries NI is inviting **children aged 15 and under** to sign up to the Big Summer Read by calling into any of the public or mobile libraries across Northern Ireland.

Educational, fun activities is an important feature of the initiative with events and workshops including Storytime and Crafts, Lego, Teddy Bears Picnic and Everyday First Aid running in libraries across Northern Ireland throughout the summer months!

A reading chart and record card will be given to every child on their first visit to the library.

Throughout the summer children are invited to challenge themselves to read as many books as possible recording each book on their reading chart. At the end of the summer, participants will receive a special certificate in recognition of their reading achievement.

For more information on the Big Summer Read, details of free activities and how you can sign up, call into a local library or find out more on the Libraries NI website at [www.librariesni.org.uk/Big-Summer-Read-2019](http://www.librariesni.org.uk/Big-Summer-Read-2019)

### Lough Erne Yacht Club

As a first step in 'L.E.Y.C. Sailability', we are holding weekly sessions on a Monday, (not Bank holidays) hopefully continuing until the end of September. (Evening/Weekend sessions may be held in the future).

This provides an opportunity for people with disabilities to enjoy water sports.

We can accept up to eight people per session, aiming to offer a minimum of half an hour on the water sailing (weather permitting).

If you have any specific queries, please phone John at 07792 390394.

### Looking for a new challenge this summer in Erne East?

**Climbing Wall Instructor Course** - Following completion, participants will supervise our climbing wall on at least 10 community events in the Erne East area.

Whilst no previous experience is necessary, this course suits those with a good fitness level and a desire to put something back into the local community in Erne East.

**Archery Instructor Course** - The course is designed for learners with little or no prior experience of archery.

Training courses are free, have limited places and a selection process may be used to shortlist candidates, subject to demand.

To register your interest please email Stephen Mulligan at [stephen.ohl@btconnect.com](mailto:stephen.ohl@btconnect.com)

**Closing date Friday 2 August 2019**

### On Your Bike!

Interested in free, social bike rides? Would you like to meet new people and get active in a small group? Cycling Ireland has partnered with AXA Insurance to develop a nationwide initiative providing **free**, social, leisure bike rides for people of all cycling experience. Cycling Ireland will recruit and train all volunteer leaders and provide insurance cover for all registered participants.

AXA Community Bike Rides has now been activated in Fermanagh! Bike Rides are already confirmed for **Kesh (7<sup>th</sup> & 14<sup>th</sup> August @ 6.30pm)** with more to be added. You just need a roadworthy bike and helmet.

For more information and to join/register for free, check out [www.axacommunitybikerides.com](http://www.axacommunitybikerides.com).

**Belcoo & Parish Sports Festival**  
**Saturday 10 to Friday 16 August**

**Saturday** - Children`s Fishing Competition.

**Sunday** - Bingo 3pm, Car Treasure Hunt 6pm from carpark.

**Monday** - Corralea Waterpark Adventure - Day booking essential; Tel 028 6638 6123  
Kids Movie Night 7pm, Skittles Qualifiers 7pm, Table Quiz in Marquee 9pm

**Tuesday** - Children`s Treasure Hunt 4pm, Skittles Qualifiers 7pm,  
Family Fun Colour Run 7pm. All entries for Photography Competition to be in by 9pm.

**Wednesday** - Children`s Tractor Run Cottage Meadow 7pm. Bring your own wheels. Children`s  
Disco Boogie in Marquee 7pm, Skittles Qualifiers 7pm

**Thursday** - Annual Sports Day - See posters and Facebook for details.  
Tommy Owens and Eugene Dolan in Marquee 8.30pm.

**Friday** - Skittles Finals 7pm, Duck Race from the Bridge 7pm,  
Rockhill Ramblers in Marquee 10pm, Folk Rock Trad and Country Music.

**The Elephant in the Room – Time to talk about our Emotions:  
creating the link between World Suicide Prevention Day and World Mental Health Day 2019**

**Tuesday 10 September 2019 from 10am until 1pm**  
**Bawnacre Centre, Castle Street, Irvinestown, BT94 1EE**

The Health Improvement, Equality and Involvement Department of the Western Trust is linking World Suicide Prevention Day on 10 September and World Mental Health Day on 10 October to encourage people to talk about the ‘elephant in the room’; in other words, the things that we often choose to ignore – our emotions and how we feel.

You are cordially invited to a half day launch event to showcase the ‘Elephant’ interactive campaign pack and a range of resources that you can use in your community, school or workplace to start the conversation. There will be presentations from Conor McCafferty, Director of Zest and the North Star Health and Wellbeing Centre.

Refreshments and a light lunch will be provided. Places are limited so early booking is advised. We look forward to meeting you there! [Click here to register via Eventbrite](#)

**Omagh Photography Club**

**First meeting of the new season in Omagh Library at 7.30pm on Tuesday 17 September.**  
**New members always welcome.**

The Club aims to promote the use of photography as both a form of leisure and as an art form. Through our meetings which are held twice monthly, we try to encourage, educate, enjoy and share with fellow photographers the joy of photography.

We organise, promote and provide an annual programme of photographic activities and events, and liaise with other local, regional and national photographic organisations and related societies. Membership is open to any person interested in learning more about photography.

Reduced subscriptions for under 18's.

(Under 16's must be accompanied by a parent/guardian/carer on all club occasions).

**Northern Ireland Blood Transfusion Service**

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions. Telephone 028 9032 1414



### **Community Development and Health Network** **Working together to build healthier communities**

**Elevate** is a new Programme of support for the community, voluntary and public sectors. It will provide opportunities for the development of skills, knowledge and expertise in community development as a way to tackle health inequalities. The funding for Elevate is provided by the Public Health Agency through the Transformation work stream.

Whether you are an interested individual, a volunteer, paid worker or policy maker, Elevate will provide you with evidence informed information, practical skills development, training and networking opportunities. Click on [www.elevateni.org](http://www.elevateni.org) for further information.

### **Action on Hearing Loss**

**“Hear to Inform and Connect”** NI project is to ensure older people feel better informed about how to manage their hearing loss or Tinnitus, and where to access further support in their local area.

Our team are delivering presentations to community groups/senior citizen’s groups/businesses on the following:

- Introduction to Action on Hearing Loss
- **Free** hearing checks
- Services and support we provide locally
- How to improve communication
- Equipment to help with everyday living

Geraldine Keys, Regional Information Officer based in Omagh Community House, would be delighted to visit and make a presentation on this project and services to organisations/groups/businesses on any or all of the above. Please contact her if you require any further information or wish to make a booking on 07393 232833.

### **New opportunity with Alzheimer’s Society**

Do you enjoy good company and a bit of craic? Are you a people person? Do you enjoy helping others?

The Alzheimer’s Society in Northern Ireland are currently recruiting new Side by Side volunteers in Fermanagh and Omagh to support people in the early stages of dementia to carry on with hobbies and activities that they enjoy.

Could you support someone on a regular basis to get out of the house? Our volunteers support people to enjoy a range of activities from going for walks, baking, attending groups, going to the cinema, going for a run, or just popping to the local shops for a cuppa and a bun. If you would like to learn more about this rewarding and exciting volunteer opportunity, please call Conall on 07803 116460 or email [Conall.Smyth@alzheimers.org.uk](mailto:Conall.Smyth@alzheimers.org.uk)

### **The B-Friend Hub Project**

The B-Friend Hub Project offers Free Telephone & Home Befriending to older people living in Omagh, Strabane & Fermanagh.

If you or an older person that you know would like to register for the service in Fermanagh please contact Rita on 028 6698 0027 or 07591 386189 or Email [rita@thebefriendhub.org](mailto:rita@thebefriendhub.org).

Please also contact Rita if you are interested in volunteering in Fermanagh with the B-Friend Hub Project

### **Volunteer Social Car Scheme Drivers Urgently Required in the areas of Roslea, Garrison and Belleek**

to assist with delivery of essential door-to-door service for people who need transport assistance.

This volunteering role involves helping our most vulnerable and isolated individuals to get out and about, to attend a GP appointment, go shopping, visit a friend or attend a social group, etc. This role is life changing for the individuals who receive assistance through our pool of incredible volunteers. The people we serve do not have access to public transport or private transport – our social car scheme is a ‘lifeline’ service.

Availability can be flexible as the role has no set time/date commitment. We’re looking for volunteers who could give us a couple of hours each week, as and when needed. Passenger trips are largely between 8.00am and 5.15pm Monday to Friday.

Volunteer out of pocket expenses are paid at 45p per empty (without passenger) mile and 50p per mile (with passenger). Other genuine and agreed out of pocket expenses will be covered.

All training and support is provided by Fermanagh Community Transport.

If you enjoy meeting people, being part of a great team, making a difference, driving and have time to spare, please get in touch! We’d love to hear from you!

If you are interested, please ring 028 66 326240 or email [lara@fermanaghcommunitytransport.com](mailto:lara@fermanaghcommunitytransport.com) to arrange an informal chat.

For more information please visit [www.fermanaghcommunitytransport.com/volunteering](http://www.fermanaghcommunitytransport.com/volunteering) or check-out our facebook page ‘FermanaghCommunityTransportService’.

### **Action For Children Floating Support Service**

This provides support to young people across Fermanagh and Omagh who are experiencing homelessness, are at risk of homelessness and/or are leaving the Care System. We aim to tackle underlying issues that can lead to homelessness. We provide a 1:1 service, taking a holistic approach, meeting young people when and wherever it suits them. We provide support enabling young people to feel safe and secure wherever they live. We operate 24 hours a day, 365 days per year.

In Fermanagh we support young people aged 16-25

In Omagh we support young people aged 16-18

As an organisation we are keen to challenge the stigma of homelessness, raise awareness of the issue of youth homelessness and promote the services available locally that provide housing support to young people aged 16-25. We can offer a 10-15 minute presentation on the service at team meetings or training days. We also offer short workshops around homelessness, which engage the audience to explore their own views around youth homelessness and become more informed on local services and support networks.

To get more information or to book a workshop, please contact Sonya Johnston on 028 8225 9495 or email [sonya.johnston@actionforchildren.org.uk](mailto:sonya.johnston@actionforchildren.org.uk)

**The NSPCC Child Protection in Sport Unit (CPSU)** has launched the Sports Parents Promise as part of their annual awareness raising campaign - Parents in Sport Week (7-13 October).

The Promise outlines all the ways in which parents can be the best sports parents they can be by ensuring their child has safe and enjoyable experiences of sport.

From today, parents can make the Promise online and in return, they'll get a certificate they can show off to the world and on social media to help promote positive parenting in sport.

Show your child you support them taking part in sport by making the promise at <https://thecpsu.org.uk/parentspromise> and spread the word using #SportsParents

If you're a sports club, talk to parents in your sport and encourage them to make the Promise today.

### **Volunteer Now**

New updated training leaflet available [www.volunteernow.co.uk/training/courses-scheduled/4/](http://www.volunteernow.co.uk/training/courses-scheduled/4/)  
Some courses are taking place in Enniskillen and Omagh.

### **Enniskillen Athletic ABC**

We are a cross community based boxing club based on Corporation Street, Enniskillen that are affiliated to the IABA and Ulster Boxing Association. We have kids, ladies, beginner adults and Amateur boxing classes 3 days a week.

We specialise in training and developing boxing to members of the community no matter what their background or beliefs may be. Whether it be to compete in the future or whether it be solely for fitness and confidence building.

We are very approachable and dedicate our time to ensure a safe and enjoyable workout. For those wishing to compete in the future we already have teams travelling to England and all over Northern Ireland competing for various Ulster titles.

Feel free to contact Mark Gaffney for more details. Email [markgaffney@live.co.uk](mailto:markgaffney@live.co.uk)

### **Free Trees from the Woodland Trust**

We want to make sure that everybody in the UK has the chance to plant a tree so we're giving away hundreds of thousands of trees to schools and communities.

Our online application form for March 2020 delivery **will reopen on 27 August 2019**. If you cannot wait until then, tree packs can be purchased in [our shop](#) all year round.

For more help and advice, [Tree Tools for Schools](#) has everything you need to plan, plant and care for your tree pack, whether you are a school or community group.

Full details available via <https://www.woodlandtrust.org.uk/plant-trees/free-trees/>

### **Lisnaskea Historical Society**

**Sunday 15 September, 2-6 pm**

As part of the European Heritage Open Day events, Lisnaskea Historical Society will be providing musical entertainment, with history tours/talks, and children's activities at Balfour Castle, Lisnaskea. The castle will also be open. Entry to this event is free.

**Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP**  
Tel 028 6632 5811 Email [info@theaislingcentre.com](mailto:info@theaislingcentre.com) [www.theaislingcentre.com](http://www.theaislingcentre.com)

### **Mindfulness Meditation**

**Monthly Drop in / Taster Sessions** 7.30pm – 9.00pm; Suggested donation £5  
Tuesdays 24 September, 29 October, 26 November

### **AA**

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

### **ADHD**

Adult support group. 1<sup>st</sup> Thursday of the Month 7pm – 9pm  
For information contact Niall Greene or Emma Weaver  
t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

### **AWARE**

Self-help support group for people affected by depression or bipolar disorder (manic depression).  
Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: [help@aware-ni.org](mailto:help@aware-ni.org)

### **Escapists**

Support group for carers - Every Wednesday morning 10.30am – 1pm  
For information contact Catriona Allen 07851 341466

### **Forget Me Not**

Support group for people bereaved by suicide - 1<sup>st</sup> Monday of the Month 7.30pm – 9pm  
For information contact Collette Cullen 07826 535199

### **SWEDES (South West Enabling Deaf Encouraging Sign)**

Deaf, hard of hearing, hearing and signing social network - 2<sup>nd</sup> Tuesday of the month 7 - 9pm  
For information contact Joan Thompson 028 6632 5811

### **Ethnic Communities Support Group**

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm  
For information contact Karolina at OECSG on 028 8224 9750 Email: [oe CSG2@yahoo.co.uk](mailto:oe CSG2@yahoo.co.uk)

### **Island Artists**

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

### **Yoga**

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903  
Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994  
Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

**Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR**

**Telephone 028 6632 0210** [www.fermanaghhouse.org](http://www.fermanaghhouse.org)

**New 'Tiny Life' Support Group** – starts on Thursday 22 August, 10.30am-12.30pm and continues on every 4<sup>th</sup> Thursday of the month. Tiny Life is Northern Ireland's only premature and vulnerable baby charity; they are dedicated to reducing illness, disability and death in babies born here and providing support for families who have been affected by such circumstances.

For further information please contact Bernie Carlton on 028 9081 5050 or 07702 684873, Email [info@tinylife.co.uk](mailto:info@tinylife.co.uk) or go to <https://www.tinylife.org.uk/>

**Action on Hearing Loss** – Free Help & Support drop in session on Thursdays 1 August and 5 September, 10am-11.30am. Hearing checks, hearing loss services advice, new batteries & ear mould tubing, help with cleaning etc. Please contact Mary Cruickshank on 07918 767640 or Email [mary.cruickshank@hearingloss.org.uk](mailto:mary.cruickshank@hearingloss.org.uk)

**Fermanagh Film Club** - 26 August, Bank Holiday Monday, showing '**Float like a butterfly**' from 8pm to 10pm as part of Film NI week. This is a free event. [www.fermanaghfilmclub.com](http://www.fermanaghfilmclub.com)  
"From the producers of Once and Sing Street, Float Like a Butterfly is a powerful and timely story of a girl's fight for freedom and belonging. In a gender-reversal of classic film Billy Elliot, 15-year-old Frances has to fight for the right to fight back. Raised in roadside camps in rural Ireland, Frances wants to champion her people inside the boxing ring and out, like her idol Muhammad Ali. But society is determined to break her spirit and destroy her way of life. And her father, once her greatest ally, is too defeated himself to imagine any better for his daughter. But Frances was not born to be broken. In the mother of all fights, she must dig deep to find in herself the Champion her father once knew her to be — West End Films"

**St John's Ambulance** - 3 day course on 3, 10, 17 September, 9am-4pm.

Go to <http://www.sja.org.uk/sja/training-courses/first-aid-courses/search-for-training-courses.aspx>

**Western Area Childcare Partnership –**

**Fire Safety Training Course**, Thursday 12 September 7-10pm. This course is for Practitioners designated as a Responsible Person, who are accountable at a managerial and operational level for fire safety within the childcare environment. Upon completion, the practitioner will be knowledgeable in the new fire regulations within Northern Ireland and their impact on the Early Years/Childcare Sector. The course will meet current (at time of delivery) legislative requirements.

**Paediatric First Aid Refresher Course**, Monday 7 & Tuesday 8 October, 7-10pm.

**Paediatric First Aid Full Course**, Tuesdays & Wednesdays 5 & 6, 12 & 13 November 7–10pm.

**Designated Child Protection Officer Training Course** on Thursdays 17 & 24 October 7–10pm.

For further details and booking go to <http://childcarepartnerships.hscni.net/training-quality/>

Tel 028 9536 1042/028 9536 1033 Western Office or Email [Childcare.Info@hscni.net](mailto:Childcare.Info@hscni.net)

**WHST Stress Management Course** - 6 week course Tuesdays 17 September to 22 October, 6.30–8pm. Further details and booking go to <http://www.westerntrust.hscni.net/about/3772.htm> or visit the Stress Control NI Facebook page, the Western Trust Website

[www.westerntrust.hscni.net](http://www.westerntrust.hscni.net) or contact [roisin.laverty@westerntrust.hscni.net](mailto:roisin.laverty@westerntrust.hscni.net)

The spring course will run from Tuesday 4 February 2020 to Tuesday 10 March 2020

**Volunteer Now Training Events –**

Developing a Volunteer Strategy – Tuesday 10 September

Attracting and Selecting Volunteers – Wednesday 2 October, Thursday 3 October

Managing and Motivating Volunteers – Wednesday 23 October, Thursday 24 October

Train the Trainers Day 1 – Wednesday 6 November

Train the Trainers Day 2 – Thursday 7 November

Train the Trainers Day 3 – Thursday 21 November

Developing a Volunteer Programme – Wednesday 4 December

For further details and booking go to <https://www.volunteernow.co.uk/training/courses-scheduled/>  
or contact [Nicole.gorman@volunteernow.co.uk](mailto:Nicole.gorman@volunteernow.co.uk) Tel 028 9023 2020

**Gambling Support Service** – Mondays 10am-4pm. Dunlewey provide free and confidential advice, information and counselling for adults over 18 who are directly or indirectly affected by problem gambling issues. For further information please contact 028 9039 2547, Free gambling helpline 0800 0886725 Website: [www.dunlewey.net](http://www.dunlewey.net)

**Adele Paton Mother & Baby Group** 1<sup>st</sup> Monday of each month from 10am-12noon.  
For further information please contact Adele on 07816 758780

**Meghan's Yoga Classes** – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details/booking tel 07837 562516 or email [nutt\\_meggs@hotmail.com](mailto:nutt_meggs@hotmail.com)

**U3A – Choir** meet on the 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month; **General meeting** on the 2nd Monday of the month; **Poetry group** 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month 2–3.30pm; **Classic film showing** once a month. For further information see <https://u3asites.org.uk/erne/page/71430>

**Family Mediation** – assist families experiencing the trauma of separation. Appointments available Monday and Thursday mornings. Call 028 9024 3265 or email [enquiry@familymediationni.org.uk](mailto:enquiry@familymediationni.org.uk)

**Sarcoidosis Support Group** – meet first Monday of the month from 7-9pm  
For further information contact [WendyWatson27@yahoo.com](mailto:WendyWatson27@yahoo.com)

**St Michael's Bridge Club** – meet Monday evenings September – May 7.30-10pm

**Mum's Wellness Drop in Group** - Every Tuesday 10–11.30am.  
For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428

**Fermanagh Genealogy Centre** - Volunteers meet for training on the second Tuesday of the month September–June, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at [fgc2012@hotmail.com](mailto:fgc2012@hotmail.com)

**Headway** – The Northern Ireland Brain Injury Association - outreach group each Wednesday from 10.30am–12.30pm. Further information at <https://www.headway.org.uk> or email Joanne Aiken on [joanne.aiken@headway.org.uk](mailto:joanne.aiken@headway.org.uk)

**Drinkwise Age Well** run a support group on Wednesdays from 1.30-3.30pm.  
For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

**Autism NI Support Group** meet from 8-10pm on the 4th Tuesday of the month (*not July or Aug*).  
For further information contact Michelle Higgins 07834 484229

**The Macular Support Group** meet 3<sup>rd</sup> Wednesday of the month from 11am-1pm.  
For further information contact Doris Cutler on 028 6634 1404

**The Downs Syndrome Support group** meet 1<sup>st</sup> Wednesday of the month from 8-10pm.  
For further details contact Catherine Dunne on 028 6638 8409.

**Fermanagh Board Game Group** meet alternate Wednesday evenings. They will be back in September. Contact Chris Fawcett at [paddyfawcett@hotmail.com](mailto:paddyfawcett@hotmail.com)

**Fermanagh Military Models** meet Thursdays 6pm - 8pm from September to May. They specialise in different Military genres from WW1 through to the Afghanistan conflict in various models from Aviation, Military vehicles, Ships, Dioramas. Classes are being offered for novice or hobbyists. Lessons in building, painting, weather, and presenting for shows and competitions. Contact Michael White on 00 353 8303 21216 or email [michawlwhitecleo@gmail.com](mailto:michawlwhitecleo@gmail.com)

**Victim Support** - an independent organisation - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email [info@victimsupportni.org.ni](mailto:info@victimsupportni.org.ni)

**Addiction NI** – A community addiction service providing treatment and support for people who are dependent on alcohol or drugs. Also give confidential support for people affected by someone else's drinking or drug use. Tel 028 9066 4434 or email [enquiries@addictionni.com](mailto:enquiries@addictionni.com)

**Tara Centre, 11 Holmview Terrace, Omagh BT9 0AH**

**Tel: 028 8225 0024**      **email: [info@taraomagh.com](mailto:info@taraomagh.com)**      [www.taraomagh.com](http://www.taraomagh.com)

### **Meditating Together**

*Self-Facilitated Group*

Dates:            Tuesdays 10.30am - 12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

**PATHS** - an inter-denominational voluntary group formed to support families and individuals bereaved by suicide. Meetings are normally held on the first Tuesday of each month 8-9.30pm. For further information, contact Jimmy on 07879 414385.

### **Omagh Men's Support Group**

Meetings are normally held on Monday nights, 7.30 - 9.30pm.

For further information, contact Gerry on 07799 472968

### **Advanced Notice of Seminars and Workshops**

#### **For Autumn/Winter 2019 and Spring 2020**

The Green Platform – Simply Life Changing – Declan Coyle

An introduction to Ayurveda in two Parts - Dr Aileen O'Kane, MD

Transforming Stress and Anxiety into Vitality - Michael O'Doherty

A Bio-Energy Healing Clinic – Michael O'Doherty

Understanding Grief – Loss & Recovery - Fr. Jim Cogley

Twin Loss – CPD Training Event for Counsellors & Psychotherapists - Fr. Jim Cogley

Emotional Freedom Technique (EFT) - Bridin McKenna

Pathways from a Troubled Past - Dr Éamon Phoenix

## Training Opportunities

### Adverse Childhood Experiences Training

#### Level 1 course for the Community and Voluntary Sector

Learn more about the impact of adverse childhood experiences throughout the life course. These free courses are being offered to people working in the voluntary and community sector to raise their awareness of Adverse Childhood Experiences and Trauma Informed Practice (TIP). Register for courses through <https://www.ascert.biz/training-consultancy/community-training> where information on each event can be viewed.

This training has been commissioned by the Safeguarding Board for Northern Ireland as part of the Early Intervention Transformation Programme.

### Western Drug & Alcohol Connections Service - Drug & Alcohol Responder Training

For members of the local community drawn from a range of backgrounds, perhaps working in job centres, taxi firms, community organisations or anywhere else that has a front-facing role, or those involved in community or church groups, sports clubs, or foodbanks etc.

Responders will undergo a comprehensive two-day accredited training programme where they will receive training in basic alcohol and drug awareness, how to have effective conversations etc.

If you would like to take part in the next cohort of training please contact the Western Connections Service [connections@wdact.info](mailto:connections@wdact.info) Tel 0800 2545 123

## Funding Opportunities

### Funding Opportunity

#### Community Relations Council

Community Relations/Cultural Diversity Scheme is now open with a new online application system.

- All projects in receipt of CRCD funding must be completed within this financial year
- Grants up to £10K maximum for project costs only. (Average grant is £2-£5K)

The Community Relations Council, with the support of Government, has established a fund of approximately £400,000 to spend each year on community relations projects. This funding is intended to help community/voluntary groups throughout Northern Ireland develop their capacity to engage in community relations work and to enhance the community relations potential of projects they undertake. Full details available via [www.community-relations.org.uk/community-relations-cultural-diversity](http://www.community-relations.org.uk/community-relations-cultural-diversity). **Deadline date: 13 December 2019**

If you have any questions or would like to discuss a proposal prior to submitting an application please contact a member of the Funding & Development Programme. Phone 028 9022 7500 or email [funding@nicrc.org.uk](mailto:funding@nicrc.org.uk)

### The Big Lottery Fund

#### now The National Lottery Community Fund

[www.tnlcommunityfund.org.uk/funding/programmes/awards-for-all-northern-ireland](http://www.tnlcommunityfund.org.uk/funding/programmes/awards-for-all-northern-ireland)

#### Got a funding idea?

Come and chat about your project ideas with Helen Hill from our funding team.

**Fermanagh House, Enniskillen:** Friday 9 August

**Omagh Community House:** Friday 16 August

**Please contact Helen to arrange a 30 minute appointment.**

**Email [helen.hill@tnlcommunityfund.org.uk](mailto:helen.hill@tnlcommunityfund.org.uk) Telephone 028 9055 1436**



### **2020 GSK IMPACT Awards - Core funding and free training for health charities**

GSK's IMPACT Awards reward charities that are doing excellent work to improve people's health. Organisations must be at least three years old, working in a health-related field in the UK, with income between £80,000 and £2.5 million. Up to 20 awards will be made ranging from £3,000 to £40,000 plus free training valued at up to £9,500. Organisations will also have a film made, receive help with press and publicity and be given a set of promotional materials.

To apply or to view winners' films go to: [www.kingsfund.org.uk/gskimpactawards](http://www.kingsfund.org.uk/gskimpactawards)

Closing date: **Monday 23 September 2019**

View film of 2019 Northern Ireland winner – [Positive Life](#): Belfast based Positive Life is Northern Ireland's only charity solely dedicated to working for people living with or affected by HIV. It provides one-to-one peer and family support, advocacy, advice and information services, a confidential helpline and rapid HIV testing. It works to influence policy and raise awareness to eradicate the stigma surrounding HIV in Northern Ireland.

### **Building Community-Pharmacy Partnership (BCPP) funding**

BCPP is a partnership between Community Development and Health Network (CDHN) and the Health and Social Care Board. The programme aims to promote and support local communities to work in partnership with community pharmacists to address local health and social wellbeing needs using a community development approach.

BCPP projects are very diverse and engage with many different communities on a variety of issues such as poverty, bereavement, mental and physical health. The programme brings people, communities and pharmacy together to achieve positive change using their own knowledge, skills and lived experience around issues they face in their own lives.

BCPP funding is open to constituted community/voluntary organisations and community pharmacies based in Northern Ireland. Projects must be a partnership between a community/voluntary organisation and a community pharmacy. Either can be the lead applicant but both partners must be named in the application form.

The next Level 2 funding round is due to close on **7 November 2019**. For full information, including project examples, please see <https://www.cdhn.org/bcpp>

If you have an idea for a project and would like some support, please contact a member of our BCPP team on 028 3026 4606 or email [bcpp@cdhn.org](mailto:bcpp@cdhn.org)