

## Fermanagh & Omagh District Council Community Support News – April 2019

The Community Support Newsletter is published on a monthly basis. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

**The deadline for the next Newsletter is Wednesday 24 April**

### Council News & Events

#### Community and Voluntary Sector Register

Has your organisation registered their details? **All groups or organisations should get in touch** to register or update their details. This includes groups who have previously registered and those who are not currently on the register. Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website <http://www.fermanaghomagh.com/residential-services/community/community-register/>. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com) for a copy of the new registration form.

#### Charity support

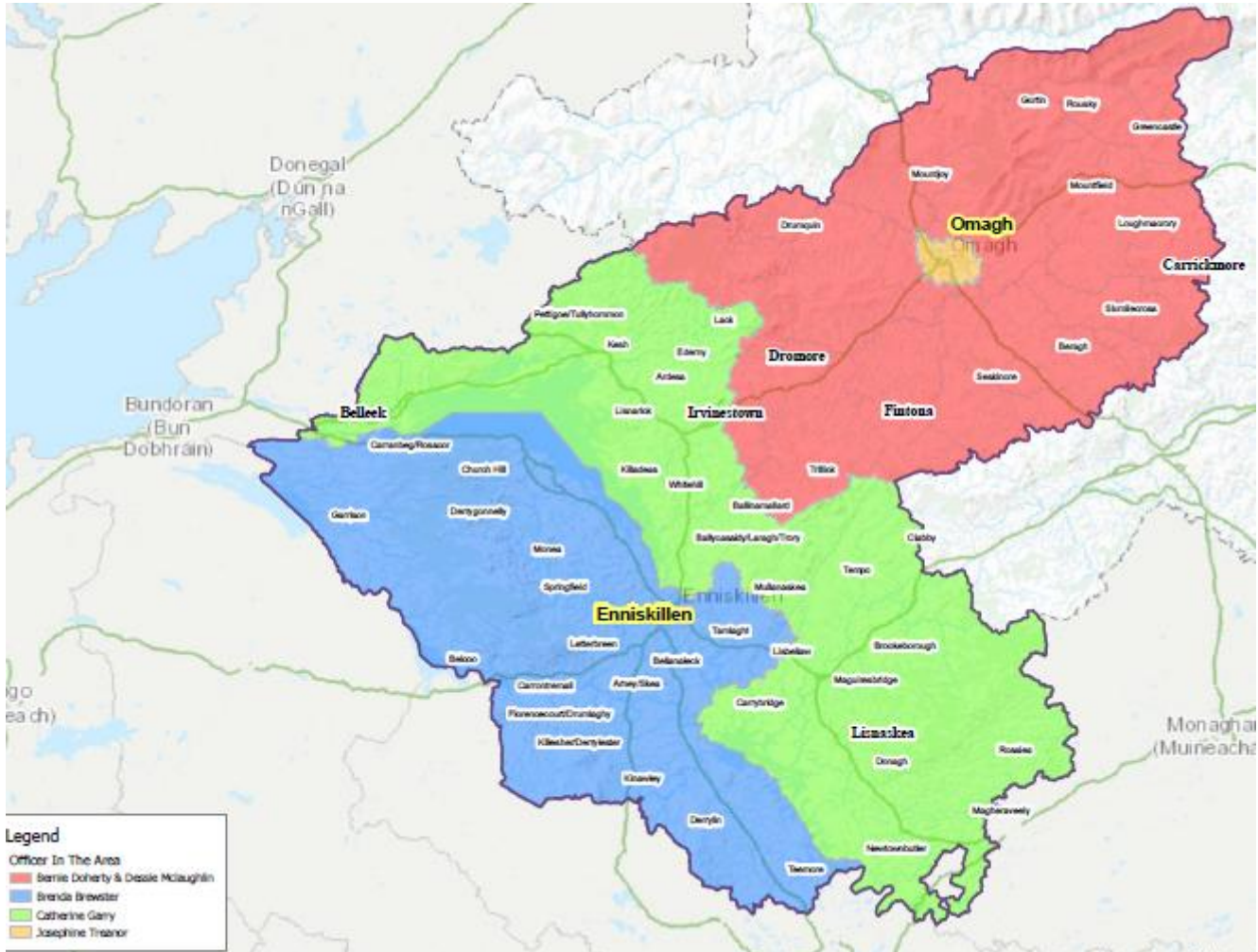
Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

**For further information or enquiries regarding Council support to charities, please contact Kellie Beacom, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email [kellie.beacom@fermanaghomagh.com](mailto:kellie.beacom@fermanaghomagh.com)**

## Community Support Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.



<https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cacb2b2f5ee703c291b>

## Community News

### Northern Ireland Blood Transfusion Service

#### Rosslea Community Centre

Wednesday 10 April from 1600 to 2000

#### Enniskillen, St Macartin's Cathedral Hall

Thursday 11 April from 1330 to 1600 and 1715 to 2000

Friday 12 April from 1330 to 1600 and 1715 to 2000

#### Kesh Primary School

Tuesday 16 April from 1430 to 1600 and 1715 to 2000

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions. Telephone 028 9032 1414

### Free Hearing Aid Support Sessions

If you're having trouble with your hearing aid, need new batteries (they are free for NHS aids), need the ear mould tubing changed, or just need some advice about how to get the best from your hearing aid, come along and talk to an Action on Hearing Loss volunteer. They'll be glad to help with any problems you are having with your hearing aid/s. No need to make an appointment. The details are below:

#### Fermanagh House, Enniskillen

First Thursday of the month 10am-11.30am, 4 April, 2 May, 6 June

#### Rathmore Clinic, Belleek,

Fourth Monday of the month 11am-12.00pm, \*15 April, \*20 May, 24 June

#### Newtownstewart Centre 2000

Second Monday of the month 10.30am-12.00pm, 8 April, 13 May, 10 June

#### Rouskey Community Centre

Second Tuesday of the month 10am-11am, 9 April, 14 May, 11 June

#### Derg Valley Healthy Living Centre, Castlederg

Third Tuesday of the month 10.30am-12.00pm, 16 April, 21 May, 18 June

#### Community House, Omagh

Third or fourth Wednesday of the month 11am-12.30pm, 17 April, 22 May, 19 June

For enquiries please contact Mary Cruickshank (Hearing Aid Liaison Officer)

Mobile: 07918 767640 Email: [Mary.Cruickshank@hearingloss.org.uk](mailto:Mary.Cruickshank@hearingloss.org.uk)

### Lough Erne Landscape Partnership

We are seeking an independent chair. The successful applicant will be chair of a Programme Board composed of varied partner organisations and will have the responsibility for facilitating the delivery of this landscape partnership scheme.

Full details and an application form can be found at <https://lelp.org.uk/vacancy-lelp-independent-chair/>

If you require further information or clarification please do not hesitate to contact

Elmarie Swanepoel Mobile: 0770 250 8777 Email: [elmarie.swanepoel@rspb.org.uk](mailto:elmarie.swanepoel@rspb.org.uk)

**Closing Date 5 April 2019**

## **Fermanagh Community Transport**

### **Currently recruiting volunteer drivers from right across Fermanagh**

- Do you like driving?
- Do you have some spare time?
- Do you like helping others?

Volunteer expenses at 45p per mile without a passenger and 50p per mile with a passenger.

For more information and an application form, please ring Lara on 028 6632 4260 or email [lara@fermanaghcommunitytransport.com](mailto:lara@fermanaghcommunitytransport.com) or visit <https://www.fermanaghcommunitytransport.com>.

### **Dial-a-Lift Service Times**

Monday to Friday, Earliest Pick up 8am, Latest Drop-off 5.15pm

### **Group Transport Minibus Hire and Self-Drive Hire in Fermanagh**

Fermanagh Community Transport provide a Group Transport service to Community/Church/ Youth/Schools/Sports/Voluntary and Not-for-Profit groups who operate throughout the Fermanagh area. Groups can become Group Members of Fermanagh Community Transport for an annual fee of £20. Membership is assessed to ensure groups meet criteria. For Group Transport, we can provide our own FCT driver or where a Group has a MIDAS (Minibus Driver Awareness Scheme) standard trained driver, the group can hire a minibus on a self-drive basis.

For more information and an application form, please ring Eileen on 028 6632 4260 or email [eileen@fermanaghcommunitytransport.com](mailto:eileen@fermanaghcommunitytransport.com) or visit <https://www.fermanaghcommunitytransport.com>

### **Disability Action Transport Service (DATS) in Enniskillen Town Area**

The Disability Transport Scheme provides a transport solution for people living in the urban area of Enniskillen. Fermanagh Community Transport provides this service on behalf of Disability Action. This is a membership service and the following criteria is applied in determining eligibility:

- A) Registered Blind
- B) 80 Years old +
- C) Disability Living Allowance (Mobility)
- D) Disability Living Allowance (Care)
- E) Attendance Allowance (Care)
- F) Doctor or Health Care Professional

If you meet any of these criteria you should call Disability Action in Belfast on 0845 6085555 for an application pack.

## **Fermanagh Gardening Society**

### **Annual Daffodil and Spring Show**

**Saturday 6 April, Cathedral Hall, Enniskillen.**

Entries to be staged for 11.30am sharp.

Show opens to public at 1.30pm precisely, with a monster plant sale.

Schedules available and can be emailed if requested to [fermanaghgarden@outlook.com](mailto:fermanaghgarden@outlook.com)

or find us on Facebook @fermanagh garden

### **European Heritage Open Days 14 & 15 September 2019 – Invitation to Register**

Once again, the European Heritage Open Days (EHOD) weekend in September – when hundreds of buildings open their doors for free – is back with the aim of enthusing the public about our built environment and shared heritage.

Visitors thoroughly enjoy getting inside buildings that are usually closed, and appreciate the intimate knowledge that only you can pass on about your building or event.

This year's EHOD sub-theme is: "Arts and Entertainment".

We would be delighted if you could participate in EHOD 2019 and ask you to Register Online, by visiting <https://www.surveymonkey.co.uk/r/EHOD2019>

The closing date for Registration is **Friday 12 April**.

If you are looking for ideas to attract more visitors, or if you need extra help on the day, please contact Amanda Milligan whose role is to support owners, participants and custodians from the registration process right through to the event itself, and to offer help and advice on any aspect of EHOD you may need.

Contact [EHOD@communities-ni.gov.uk](mailto:EHOD@communities-ni.gov.uk) Telephone 028 9082 3207

### **Dementia NI – 'Real Lives' Event**

**Thursday 18 April, West End Community Centre, Enniskillen 10am-12.30pm**

Hosted in collaboration with Fermanagh & Omagh District Council, the aim of this event is to raise awareness of dementia, increase understanding of knowledge as well as reducing the stigma of a diagnosis.

Come and hear from local members of Dementia NI who will share with you their real life experiences of living with dementia. Dementia NI members will explain the help and support they need in their local community.

For tickets, search 'Real Lives' on [www.eventbrite.co.uk](http://www.eventbrite.co.uk) or register via our Facebook page [www.facebook.com/Dementiani](http://www.facebook.com/Dementiani)

For more information please contact Paula on 07966 881422 or email [paula@dementiani.org](mailto:paula@dementiani.org)

### **The Big Dig Day**

**Saturday 27 April**

The Big Dig is an online platform to support food growing in the UK, run by Sustain. It's all about getting people involved in their local community garden. If you grow food at a school, home, allotment or community garden, you can join us for free. Everyone running an edible garden can now register their garden to promote their garden locally to volunteers and other organisations.

For further information visit [www.bigdig.org.uk](http://www.bigdig.org.uk)



**Tara Centre, 11 Holmview Terrace, Omagh BT9 0AH**

**Tel: 028 8225 0024** email: [info@taraomagh.com](mailto:info@taraomagh.com) [www.taraomagh.com](http://www.taraomagh.com)

**Yoga for Beginners & Intermediates** (classes begin again on 1 May for 9 weeks)

Heather Kemps

**Beginners** – Wednesdays (10.30am - 12.00pm) and Thursdays (7.00pm - 8.30pm)

**Intermediates** – Wednesdays (12.00pm - 1.30pm) and Thursdays (8.30pm - 10.00pm)

### **Soul of Healing Seminars**

Maura Twohig and Mary Daly

Dates: Saturday 6 April

Times: 11.30am – 5.30pm (Registration 11.00am – 11:30am)

### **Meditating Together**

*Self-Facilitated Group*

Dates: Tuesdays 10.30am - 12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

**PATHS** - an inter-denominational voluntary group formed to support families and individuals bereaved by suicide. Meetings are normally held on the first Tuesday of each month 8-9.30pm. For further information, contact Jimmy on 07879 414385.

### **Omagh Men's Support Group**

Meetings are normally held on Monday nights, 7.30 - 9.30pm.

For further information, contact Gerry on 07799 472968

### **Travellers Additional Support Advice 4 Health Project**

This new service provides advice, information and advocacy for Travellers in Fermanagh. The project will provide support with social security benefits, housing, debt & budgeting, employment, cross border issues and all other social welfare matters.

Contact Community Advice Fermanagh to book an appointment on 028 6632 4334

Statutory, Community and Voluntary groups can refer directly by completing a referral form which can be obtained from the following:

Hannah Magee, Traveller Health Support Worker, South West Acute Hospital

[hannah.magee@westerntrust.hscni.net](mailto:hannah.magee@westerntrust.hscni.net) Tel: 028 6638 2000 ext. 254471

Siobhan: [speoples@communityadvicefermanagh.com](mailto:speoples@communityadvicefermanagh.com)

Marie: [marie.mclaughlin@westerntrust.hscni.net](mailto:marie.mclaughlin@westerntrust.hscni.net)

### **Free Trees from the Woodland Trust**

We want to make sure that everybody in the UK has the chance to plant a tree. So we're giving away hundreds of thousands of trees to schools and communities.

We have two delivery periods per year, one in March and the other in November. We are currently taking applications for trees to be delivered in November 2019.

For more help and advice, [Tree Tools for Schools](http://www.tree-tools-for-schools.org.uk) has everything you need to plan, plant and care for your tree pack, whether you are a school or community group.

Full details available via <https://www.woodlandtrust.org.uk/plant-trees/free-trees/>

**Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP**  
Tel 028 6632 5811 Email [info@theaislingcentre.com](mailto:info@theaislingcentre.com) [www.theaislingcentre.com](http://www.theaislingcentre.com)

### **Steps to Health, Good Nutrition**

**Facilitated by Nuala Lilley (Nature's Choice)**

**Tuesday 2 April 10.00am – 1.00pm** Refreshments Provided

Improving your diet doesn't have to be difficult. Simple and practical changes can lead to improved energy, health and vitality.

### **'Spring is in the Air'**

**Facilitated by Marie Evans** (The Medicine Bowl [www.themedicinebowl.net](http://www.themedicinebowl.net))

**Tuesday 9 April 10.00am – 3.00pm or Tuesday 16 April 10.00am – 3.00pm**

Lunch & Refreshments Provided

There is a time for everything. This time is spring.

Everything is moving from the earth that held it all winter, to rise and shine.

It can be difficult to get going again after the hibernation of winter. Have you time for your own well-being? Come; take a little time to listen to what this season invites you to

Learn ways to keep yourself in balance

The day will be filled with some input on the energy of spring & quiet moments of Meditation & Healing

### **Yoga**

**Facilitated by Shauna McMorrow** (Aurora Yoga Studio NI)

**Monday 8 April – Monday 10 June 10.00am – 11.15am**

**8 week programme** (No classes Bank Holidays 22 April & 6 May)

**Beginners & Drop-ins Welcome**

Yoga has many proven physical and mental health benefits.

Practiced regularly, it can help improve Flexibility; Muscle Strength; Bone Health; Posture; Balance; Sleep and Relaxation; leading to feelings of Well-Being and Happiness

### **For further information on all of the above and to register**

contact the Aisling Centre on 028 6632 5811 or E-mail [info@theaislingcentre.com](mailto:info@theaislingcentre.com)

Limited number of places available - Places will be allocated on a first come first served basis

### **Mindfulness Meditation 8 Week Course**

**Full day workshop** Saturday 6 April 10.30am – 3.00pm

Registration is essential. Please contact the Aisling Centre for registration forms

**Monthly Drop in / Taster Sessions** 7.30pm – 9.00pm; Suggested donation £5

Tuesdays 30 April, 28 May, 25 June, 24 September, 29 October, 26 November

### **AA**

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

### **ADHD**

Adult support group. 1<sup>st</sup> Thursday of the Month 7pm – 9pm

For information contact Niall Greene or Emma Weaver

t: 07729618563 | 07724916770 | e: [niadhd@gmail.com](mailto:niadhd@gmail.com)

### **AWARE**

Self-help support group for people affected by depression or bipolar disorder (manic depression).

Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: [help@aware-ni.org](mailto:help@aware-ni.org)

**Escapists**

Support group for carers - Every Wednesday morning 10.30am – 1pm  
For information contact Catriona Allen 07851 341466

**Forget Me Not**

Support group for people bereaved by suicide - 1<sup>st</sup> Monday of the Month 7.30pm – 9pm  
For information contact Collette Cullen 07826 535199

**SWEDES (South West Enabling Deaf Encouraging Sign)**

Deaf, hard of hearing, hearing and signing social network - 2<sup>nd</sup> Tuesday of the month 7 - 9pm  
For information contact Joan Thompson 028 6632 5811

**Ethnic Communities Support Group**

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm  
For information contact Karolina at OECSG on 028 8224 9750 Email: [oeqsq2@yahoo.co.uk](mailto:oeqsq2@yahoo.co.uk)

**Island Artists**

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

**Yoga**

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903  
Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994  
Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

**Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR**

Telephone 028 6632 0210 [www.fermanaghhouse.org](http://www.fermanaghhouse.org)

**St John's Ambulance 2 day First Aid Course** 9 and 12 April, 9am-4pm. For further details and booking go to <http://www.sja.org.uk/sja/training-courses/first-aid-courses/search-for-training-courses.aspx>

**Adele Paton Mother & Baby Group** 1<sup>st</sup> Monday of each month from 10am-12noon.  
For further information please contact Adele on 07816 758780

**Meghan's Yoga Classes** – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details contact Meghan on 07837 562516 or email [nutt\\_meggs@hotmail.com](mailto:nutt_meggs@hotmail.com)

**U3A Choir** meet on the 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month

The **U3A General meeting** is held on the 2nd Monday of the month

The **U3A Poetry group** is held on the 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month 2–3.30pm

**Family Mediation** – assist families experiencing the trauma of separation. Appointments available Monday and Thursday mornings. Call 028 9024 3265 or email [enquiry@familymediationni.org.uk](mailto:enquiry@familymediationni.org.uk)

**Sarcoidosis Support Group** – meet first Monday of the month from 7-9pm  
For further information contact [WendyWatson27@yahoo.com](mailto:WendyWatson27@yahoo.com)

**St Michael's Bridge Club** meet Monday evenings September – May 7.30-10pm

**Mum's Wellness Drop in Group** - Every Tuesday 10–11.30am.  
For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428



**Fermanagh Genealogy Centre** - Volunteers meet for training on the second Tuesday of the month September–June, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at [fgc2012@hotmail.com](mailto:fgc2012@hotmail.com)

**Victim Support** - an independent organisation - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email [info@victimsupportni.org](mailto:info@victimsupportni.org)

**Headway** – The Northern Ireland Brain Injury Association - support group each Wednesday from 10.30am–12.30pm. Further information at <https://www.headway.org.uk> or email Joanne Aiken on [joanne.aiken@headway.org.uk](mailto:joanne.aiken@headway.org.uk).

**Addiction NI** – A community addiction service providing treatment and support for people who are dependent on alcohol or drugs. Also give confidential support for people affected by someone else's drinking or drug use. Tel 028 9066 4434 or email [enquiries@addictionni.com](mailto:enquiries@addictionni.com)

**Drinkwise Age Well** run a support group on Wednesdays from 1.30-3.30pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

**Autism NI Support Group** meet from 8-10pm on the 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834 484229

**The Macular Support Group** meet 3<sup>rd</sup> Wednesday of the month from 11am-1pm. For further information contact Doris Cutler on 028 6634 1404

**The Downs Syndrome Support group** meet 1<sup>st</sup> Wednesday of the month from 8-10pm. For further details contact Catherine Dunne on 028 6638 8409.

**Fermanagh Film Club** will be showing 'Wildlife' on 10 April. For further information please go to [www.fermanaghfilmclub.com/programme/](http://www.fermanaghfilmclub.com/programme/)

**Fermanagh Board Game Group** meet alternate Wednesday evenings. Contact Chris Fawcett at [paddyfawcett@hotmail.com](mailto:paddyfawcett@hotmail.com)

## Training Opportunities

### South West Rural Community Development Service Training/Learning Opportunities

#### Basic Finance

#### Tuesday 2 April - Eskra Community Centre 7-9.30pm

A practical workshop for treasurers or personnel of small community groups to help them establish appropriate financial systems to keep their organisation safe. The focus of this workshop is basic record keeping and financial management including setting up and maintaining the books (income & expenditure ledger, petty cash), cash handling, understanding charity funds (restricted and unrestricted) and accounts and the role of the treasurer.

To secure your place and for catering requirements please contact Claudine on 028 8225 1559 or email [info@omaghforum.org](mailto:info@omaghforum.org) **Transport can be arranged.**

## Funding Opportunities

### Special EU Programmes Body - SEUPB

**Two new funding calls** have opened under the PEACE IV Programme's 'Building Positive Relations' objective and are open until 24 May at 5pm.

Building Community Cohesion through Social Enterprise (Pilot project): This call will develop capacity building to support increased cohesion within communities through the development of social entrepreneurship, enterprise and innovation.

Building PEACE through Emotional Resilience for Today and the Future: This call will promote positive relations within communities through the development and delivery of emotional resilience activity.

A workshop will take place for both calls on **Wednesday 10 April** at the Tullylagan Country House Hotel, Cookstown. To register for this workshop, please email [events@seupb.eu](mailto:events@seupb.eu)

For further information, including the agreed outputs and selection criteria for both calls, please visit <https://www.seupb.eu/iva-%26-piv-how-do-i-apply-for-funding>

### Launch of Youth Intervention Programme 2019-2020

The Executive Office, in partnership with the Education Authority (EA), are inviting applications from groups who are registered with the EA to deliver a youth programme as part of the Youth Intervention Programme in 2019. **The application process closes on Thursday 11 April, 4pm.**

The programme aims to target young people living in interface areas and areas where there is potential for heightened social unrest during the summer period of June, July and August. A particular focus of the programme is in engaging young people on weekends, evenings and during times of high community tensions.

Full details are available via the Executive Office's website:

[www.executiveoffice-ni.gov.uk/articles/planned-interventions-programme](http://www.executiveoffice-ni.gov.uk/articles/planned-interventions-programme)

**For further information contact Verity Morrison on 028 9056 4167**

**Email:** [verity.morrison@eani.org.uk](mailto:verity.morrison@eani.org.uk) **Web:** [www.eani.org.uk](http://www.eani.org.uk)

### The Big Lottery Fund

#### now The National Lottery Community Fund

[www.tnlcommunityfund.org.uk/funding/programmes/awards-for-all-northern-ireland](http://www.tnlcommunityfund.org.uk/funding/programmes/awards-for-all-northern-ireland)

#### Got a funding idea?

Come and chat about your project ideas with Helen Hill from our funding team.

#### Fermanagh House, Enniskillen:

Fridays 12 April, 10 May, 14 June, 5 July, 9 August

#### Omagh Community House:

Fridays 26 April, 17 May, 21 June, 19 July, 16 August

**Please contact Helen to arrange a 30 minute appointment.**

**Email** [helen.hill@tnlcommunityfund.org.uk](mailto:helen.hill@tnlcommunityfund.org.uk) **Telephone** 028 9055 1436