

Fermanagh & Omagh District Council Community Support News – February 2019

The Community Support Newsletter is published on a monthly basis. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Tuesday 19 February

Council News & Events

Fermanagh & Omagh District Council

Grant Aid & Bursary Programme 2019/20 – 1st Call for Applications

Applications for grant aid & bursaries will close at 5pm on Thursday 7 February 2019.

Bursaries are also open to individuals for Arts, Culture & Sport.

Grant Aid & Bursaries funding relates to projects/activities in the 2019/20 financial year.

Applications are invited in the categories listed below:-

Grant Aid:

- Arts, Culture & Heritage
- Community Services - General
- Community Services - Revenue
- Culture Night - 2019
- Festivals & Events - Large
- Festivals & Events - Small
- Good Relations
- Irish in the Community
- Remembering & Commemoration - Decade of Centenaries
- Seeding Grants
- Sport NI - Everybody Active 2020 Programme
- Sports Events
- Summer Schemes

Bursaries:

- Arts, Culture & Heritage
- Irish Language
- Sports

Council Officers will be available by appointment to provide information. Please contact the Funding & Investment Unit; see telephone number below.

Where possible applicants are asked to complete the application online; the link can be located on the Council's website www.fermanaghomagh.com/services/funding-and-grants/

Council Officers are available to assist with this process.

Grant Aid Code of Conduct and Guidance Notes are also available to download.

For further assistance contact the Funding & Investment Unit, Fermanagh and Omagh District Council: T: 0300 303 1777 E: grants@fermanaghomagh.com

Late, incomplete or retrospective applications will not be considered.

Grant Aid - for Older Peoples Groups

Applications are also open for Older Peoples Groups which must apply directly to the South West Age Partnership (SWAP) for the Council's Grant Aid, with the exception of Good Relations Grant Aid. **Closing date is 5pm on Thursday 7 February.**

For further information or to apply for Grant Aid please contact Allison Forbes Tel: 028 8225 1824 or Email: aforbes@southwestagepartnership.co.uk

Key Dates for your Diary

Feb 2019	
5 Feb	Closing date for EA Public Consultation on proposed new funding scheme
6 Feb	Closing date for PHA Walking Group Grants
7 Feb	Closing date for FODC Grant Aid & Bursary Applications
10 Feb	Closing date for Executive Office Historical Institutional Abuse Consultation
12 Feb	T:BUC Engagement Forum
March 2019	
1 March	Age Friendly Conference
19 March	Closing date for FODC Public Consultation on Draft Improvement Objectives
20 March	CVS Representatives Forum
22 March	Place-EE Show Case Event

Severe Weather Conditions etc

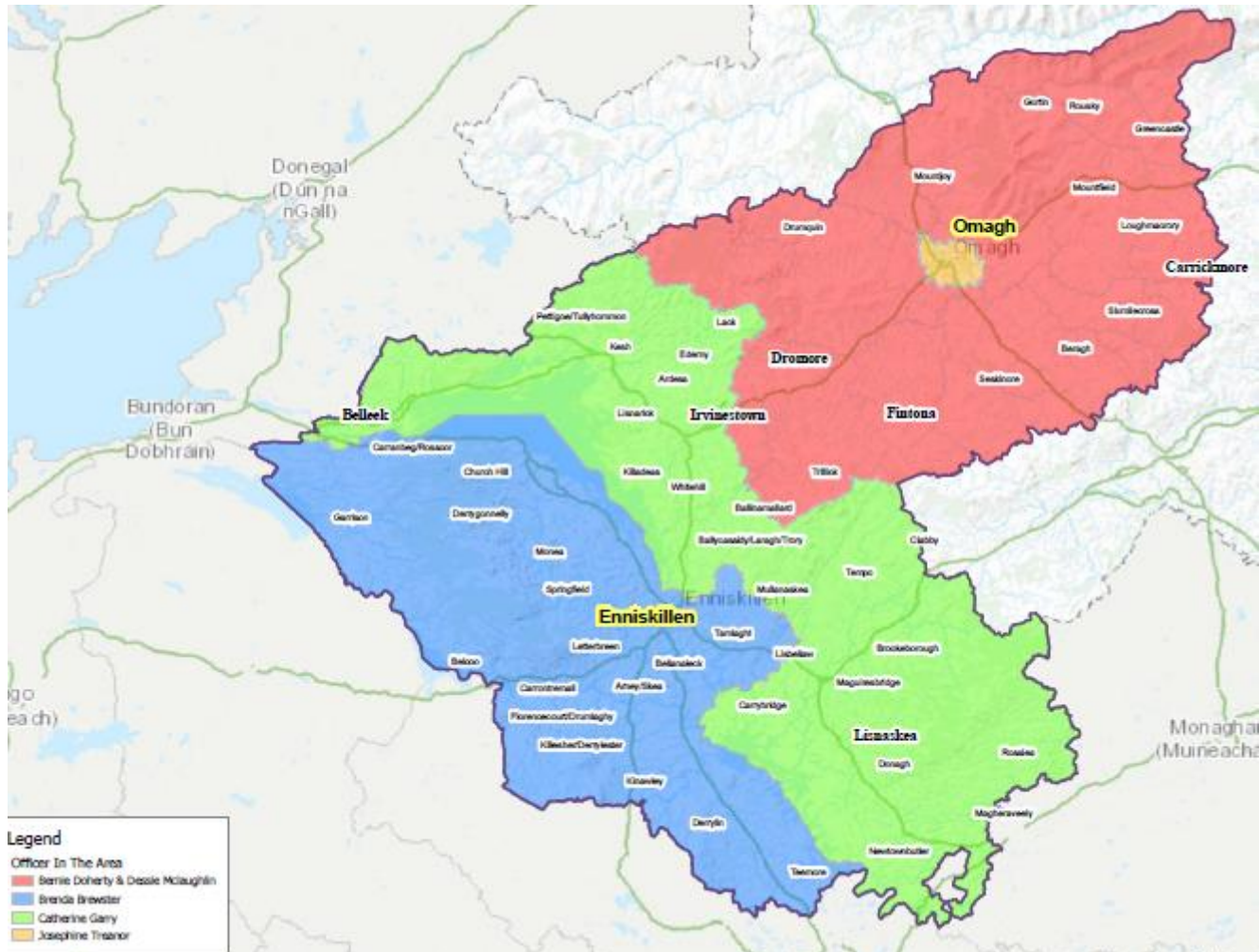
Fermanagh and Omagh District Council works with the emergency services and other agencies such as DfI Rivers and Roads, NI Water, Western Health and Social Care Trust and the Housing Executive to plan for and help respond effectively to all emergency situations.

Click on the link below for a list of useful telephone numbers and literature or to sign up to receive Met Office weather alerts, check for latest power cuts information etc

www.fermanaghomagh.com/services/community/environmental-health/emergency-planning/

Community Support Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.



<https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cacb2b2f5ee703c291b>

Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form from the Council web site <http://www.fermanaghomagh.com/residential-services/community/community-register/>

Contact us on 0300 303 1777 Ext 21217 Email: alison.gilmore@fermanaghomagh.com

Enniskillen Electricity Network Upgrade

Northern Ireland Electricity Networks (NIE Networks) is the owner of the electricity transmission and distribution networks in Northern Ireland, transporting electricity to over 860,000 customers including homes and businesses.

Starting in early February, NIE Networks will be undertaking a £1 million programme of upgrade works to their infrastructure and systems in Enniskillen ahead of the Council starting the Enniskillen Public Realm Scheme later this year.

The work, which will replace the existing low voltage cable network within the Public Realm Scheme area, will start on Anne Street and work towards Forthill Road. Approximately 7km of mains cable will be laid with most of the underground cables located in the public footway and, where required, existing older services to individual premises will be replaced.

Gary Morton, Project Manager for NIE Networks, said:

“Our upcoming work in Enniskillen is a very important project in our plans to upgrade the electricity infrastructure throughout Northern Ireland. Reliability issues can occur with older electricity cables and parts of the network in the area are approximately 80 years old. Our £1 million investment will modernise the network and ensure we are delivering the highest level of service to our customers in Enniskillen.

“Our work will be carried out in six phases with work completed at each phase before moving to the next to help minimise disruption to businesses, traffic flow and members of the public.”

Further information about NIE Networks and the Enniskillen project can be found at

www.nienetworks.co.uk

Public Consultation on Draft Improvement Objectives

Fermanagh and Omagh District Council is seeking your views on its draft Corporate Improvement Plan 2019/20. This is currently out for consultation with a closing date of **Tuesday 19 March**.

The Council recognises the importance of consultation in all aspects of the implementation of its statutory duties and invites you to take part in this public consultation exercise.

The document is available in different formats upon request. You can obtain copies of our Improvement Plan by:

1. Downloading the document from the Council's website at <https://www.fermanaghomagh.com/your-council/consultations/closed-consultations-2/>
2. Telephoning the Council on 0300 303 1777
3. Emailing the Council at ryan.tracey@fermanaghomagh.com

The Council is happy to receive feedback by:

Letter: The Grange, Mountjoy Road, Omagh, Co Tyrone BT79 7BL

Email: ryan.tracey@fermanaghomagh.com

Telephone: 0300 303 1777

Textphone: 028 8225 6216

Or you can complete the questionnaire online

at https://www.surveymonkey.co.uk/r/ImprovementObjectives2019_20

Fermanagh & Omagh District Council Heritage Service

Townhall Memories

Do you have any memories or artefacts of Omagh Town Hall? Fermanagh and Omagh District Council has organised a reminiscence session which will take place in Strule Arts Centre, Omagh, from 11am - 1pm on **Monday 4 February**.

This will be an opportunity to explore memories of the Town Hall from 1915 to 1997 and you are invited to bring along old photographs, programmes, quotes, audio and video clips that you may have. It is hoped that any items donated will assist in the development of an exhibition on the Town Hall that will be displayed both in the Rooftop Museum within Strule Arts Centre and online.

The Great Northern Railway Project

Insight Solutions, working in partnership with Beam Creative Network, have been appointed by Fermanagh & Omagh District Council to deliver an exciting programme focused on the former Great Northern Railway. Known locally as the 'Derry Road', this once important gateway passed through Carrickmore, Beragh, Sixmilecross and Omagh on its way from Portadown to Derry/Londonderry, before closing in 1965.

'The Derry Road Remembered'

Wednesday 6 February, 7.00pm @ Strule Arts Centre

An insightful and informative talk by Charles Friel, regarded as the most authoritative voice on the railways in Northern Ireland.

'The Sugar Train'

Thursday 21 March, 7:30pm @ Strule Arts Centre

A fantastic short drama production telling the story of the last train journey to Bundoran. Directed by renowned local dramatist Bean McCaugherty.

To register your interest and be kept up to date on this and similar future programmes, please contact Fergal O'Donnell (Director, Insight Solutions) by email to fergal@insight-solutions.org or telephone 07713 623 264. Places are limited so please get in touch as soon as possible!

A project supported by the European Union's Peace IV Programme and managed by the Special EU Programmes Body (SEUPB). This Programme is being delivered by Insight Solutions and BEAM Creative Network on behalf of Fermanagh and Omagh District Council.

Blazing a Trail

Friday 8 March, 10am–1pm, Fermanagh House, Enniskillen

Fermanagh and Omagh District Council's Good Relations section in partnership with Rural Community Network and Northern Ireland Rural Women's Network invite you to join them for International Women's Day

A half day conference exploring key influential women in history as well as highlighting what everyday life was like for ordinary women during 1912–1922. Keynote speakers will be joined by local actors and a local poetry reader.

Guest speakers: Dr Alex Tierney, Trinity College, Dublin and Maureen Hetherington, The Junction, Derry~Londonderry

Transport may be available from Omagh to Fermanagh for the event upon request. Lunch will be provided.

Participants are also invited to attend a fringe event at Enniskillen Castle to view the exhibition 'Suffragettes, Scholars, Sisters and Spies, the women of Fermanagh 100 years ago.' This exhibition highlights Fermanagh's forgotten and famous daughters from the early 20th century.

To register please contact Pauline Clarke, Fermanagh and Omagh District Council on 0300 303 1777 or email pauline.clarke@fermanaghomagh.com

Inclusion Calendar – 2019

A 2019 Inclusion Calendar is available to download from Fermanagh and Omagh District Council's website. www.fermanaghomagh.com/services/community/diversity-calendar/

The calendar provides information on the dates of the main religious and secular days of significance and the various awareness months throughout the year and can be used as a tool when planning events.

The production of the calendar has been part funded by the Council's Good Relations Programme.

Community and Voluntary Sector Register

Has your organisation registered their details? **All groups or organisations should get in touch** to register or update their details. This includes groups who have previously registered and those who are not currently on the register. Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website <http://www.fermanaghomagh.com/residential-services/community/community-register/>. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email alison.gilmore@fermanaghomagh.com for a copy of the new registration form.

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please contact Kellie Beacom, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email kellie.beacom@fermanaghomagh.com

Community News

Pathfinder

Have your Say: Your Voice can influence the future of Health and Social Care in Fermanagh and West Tyrone

The Western Trust are asking the public to join them on an engagement journey as they strive to create better, sustainable and affordable Health and Social Care services across Fermanagh and West Tyrone.

With over 30 events delivered and over 500 people from the region having already provided their views, issues and ideas in the open and honest Engagement discussions at those events so far, the Western Trust are continuing with a highly comprehensive series of events in February 2019. The full programme, which will see events coming to most areas in the region, can be found at www.westeritrust.hscni.net/pathfinder

If your Group would like to arrange an Engagement Session as part of the complete Pathfinder Engagement Programme then please contact Chris Curran, Communications Manager, by email to pathfinder@westeritrust.hscni.net

South West Age Partnership

Pathfinder Engagement Session for Older People

Monday 4 February, Hospital Road Community Centre, 11am-1.30pm

Light Refreshments will be available. Have your say!

The Western Trust are embarking on a Pathfinder initiative taking an honest and detailed look at Health and Social Care across Fermanagh and West Tyrone. This will involve significant engagement across all the communities of Fermanagh and West Tyrone in 2019.

www.westeritrust.hscni.net/pathfinder

Please book your place with Allison or Pat on 028 8225 1824

Spaces are limited so booking is essential

Northern Ireland Blood Transfusion Service

Friday 1 February - St Mary's College, Irvinestown.

The session will run from 2.15pm – 4pm & 5.15pm – 8pm

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions. Telephone 028 9032 1414

The Mummings Foundation

Friday 1 February, 7.45pm, Bawnacre Centre, Irvinestown

Folk Traditions and Customs around birth

Brigid – Goddess of Fertility by Jim Ledwith

Photographic display of Brigid artefacts

Admission Free; Refreshments Served

AOIFE (Association of Festival and Events) Pop Up Advice Clinics

Saturday 2 February

Silverbirch Hotel, Omagh - 12.15pm-1.45pm

Enniskillen Hotel, Enniskillen - 3.30pm-5pm

The Clinics will deal with:

- Funding and Grant Applications
- Setting up a new Festival / Event
- Revenue and Sponsorship Opportunities
- Cluster support & Collaboration
- Risk/ Health and Safety and Insurance issues
- Social Media Mentoring
- Programming Ideas for different Audiences
- European Networking Opportunities
- Press and Marketing

Participants **must** register with the AOIFE Secretariat in advance to book a 30 minute consultation. The Advice Clinic Service is free to AOIFE members and non-members must pay a small fee of €50 which can go towards purchasing a full AOIFE membership.

Priority will be given to member Festivals of AOIFE but it's hoped the programme will give a chance for newer Festivals and Event organisers in the non-profit sector (sporting, charitable cause organisations) to meet first hand with much sought-after consultants to the sector.

To register for your 30 minute Advice Consultation and your 30 minute Social Media Mentoring please contact Membership Officer Hilary on (090) 964 5831, email info@aoifeonline.com or see www.aoifeonline.com/popupclinic for more information.

Proposed new funding scheme for Regional and Local Voluntary Youth Organisations

Public Consultation

The Education Authority (EA) is holding a 12 week public consultation programme and invites people of all ages from across Northern Ireland to share their views on a proposed new funding scheme for Regional and Local Voluntary Youth Organisations.

The consultation has been developed by EA following extensive engagement with a wide range of stakeholders and will review historic funding arrangements to regional and local voluntary youth organisations.

The consultation process will close at 4pm on **Tuesday 5 February**.

To have your say, please view the proposal and complete an online questionnaire at www.eani.org.uk/consultations. It is also possible to respond in writing to: Education Authority, Regional Youth Support Services, Block 1, Grahamsbridge Road, Dundonald BT16 2HS or via email to youthconsultation@eani.org.uk

Further information and resources are available online including a consultation information booklet, easy read versions and a video outlining the proposals. EA will also be hosting a series of workshops across NI, visit www.eani.org.uk/consultations

South West Age Partnership

Circus Skills Workshop for Older People 60+

The experienced tutors from Streetwise Community CIC will teach the group a range of activities from juggling skills with scarves, balls and hats, plate spinning techniques and loads more tricks and skills! Social Circus has so many benefits for the wellbeing of older people, it can improve physical health, social health, emotional health and cognitive function. Most importantly it is fun.

Taking place fortnightly on Fridays:

Bawnacre Leisure Centre, Irvinestown 10.30-12.30

Castle Park Leisure Centre, Lisnaskea 10.30-12.30

St Patrick's Hall, Fintona 2.00pm-3.30pm

For more information and to book a place contact Allison Forbes, South West Age Partnership on 028 8225 1824 Email aforbes@southwestagepartnership.co.uk

Chinese New Year 2019

Tuesday 5 February, Omagh Community House, 3-5pm

Join us for an afternoon celebration of Chinese Culture, Traditions, Arts & Crafts, and Delicious Chinese Food. Entrance Free – Everyone Welcome.

Programme includes Chinese Cultural Exhibition, Video Presentation, Martial Arts, Chinese Singers, Lion Dance, Chinese Arts & Crafts, Range of Chinese Food Dishes, Prizes

Free Hearing Aid Support Sessions

If you're having trouble with your hearing aid, need new batteries (they are free for NHS aids), need the ear mould tubing changed, or just need some advice about how to get the best from your hearing aid, come along and talk to an Action on Hearing Loss volunteer. They'll be glad to help with any problems you are having with your hearing aid/s. No need to make an appointment. The details are below:

Fermanagh House, Enniskillen

First Thursday of the month 10am-11.30am 3 Jan, 7 Feb, 7 March, 4 April, 2 May, 6 June

Rathmore Clinic, Belleek,

Fourth Monday of the month 11am-12.00pm 25 Feb, 25 March, *15 April, *20 May, 24 June

Newtownstewart Centre 2000

Second Monday of the month 10.30am-12.00pm 11 Feb, 11 March, 8 April, 13 May, 10 June

Rouskey Community Centre

Second Tuesday of the month 10am-11am 12 Feb, 12 March, 9 April, 14 May, 11 June

Derg Valley Healthy Living Centre, Castlederg

Third Tuesday of the month 10.30am-12.00pm 19 Feb, 19 March, 16 April, 21 May, 18 June

Community House, Omagh

Third or fourth Wednesday of the month 11am-12.30pm 20 Feb, 20 March, 17 April, 22 May, 19 June

For enquiries please contact Mary Cruickshank (Hearing Aid Liaison Officer)

Mobile: 07918 767640 Email: Mary.Cruickshank@hearingloss.org.uk

Fermanagh Genealogy

Meet upstairs in Enniskillen Library, 1.30-3.30pm.

Everyone is welcome – Visitors £5.

Further information available on www.fermanaghgenealogy.org

Email fgc2012@hotmail.com

Saturday 9 February – Fermanagh Records – ‘Using 1919-1922 Irish Army Records’

Speakers – Malachi McRoe and Mervyn Hall 2-3pm

Saturday 2 March – Fermanagh Open Event (1-4pm)

Are you looking for a new hobby? Would you like to know how to start a family tree?

Pop in to chat to some of our members and find out if we can help you.

You can become a member of our group and hear about the benefits of volunteering with us.

Saturday 9 March – Research Talk - Using DNA Websites to trace your family

Speaker – Martin McDowell 2-3pm

The Executive Office -

Historical Institutional Abuse consultation

The Executive Office is seeking your views on the draft legislation required to implement a number of the recommendations in the Historical Institutional Abuse (HIA) Inquiry Report (the Hart Report).

The consultation paper and the draft legislation can be found via

<https://www.executiveoffice-ni.gov.uk/consultations/historical-institutional-abuse-consultation>

Closing date 10 February

Together Building a United Community Engagement Forum

"T:BUC, Understanding the rural impacts"

Tuesday 12 February, 9.30am – 1pm, Killyhevlin Hotel, Enniskillen

The Executive Office will use the event to update participants on progress regarding the implementation of T:BUC within rural communities, as well as outlining the wider context of T:BUC and how we each contribute to its delivery at local level.

This is an important opportunity to contribute to and explore the funding and interventions across rural areas delivering on the T:BUC strategy.

Should you have any queries about the event please contact Paul Killen at the Community Relations Council pkillen@nicrc.org.uk / 028 9022 7500. We look forward to welcoming you.

Register via <https://www.eventbrite.co.uk/e/tbuc-community-engagement-forum-understanding-the-rural-impact-registration-53686038386>

Fermanagh Gardening

Tuesday 19 February, 8pm in Enniskillen Library.

Guest Speaker Assumpta Broomfield, a noted rosarian along with a well-known documented Snowdrop grower. Assumpta has spoken at many events throughout Ireland, including the Snowdrop Gala at Altamont, Co Carlow. This promises to be an excellent night.

Members and non-members welcome. Visitors £3. Cuppa and chat after.

Find us on Facebook @Fermanagh Garden Society

Email fermanaghgarden@outlook.com

Action on Elder Abuse NI

**Conference: Are We Listening? Working together to hear the voice of older people
Thursday 28 February, 10am-4pm, Mossley Mill, Newtownabbey**

For more information on Speakers etc visit: <https://www.elderabuse.org.uk/conferences-and-events-in-northern-ireland>

Places can be booked online or via aeaniconference@elderabuse.org.uk

Telephone 020 8835 9280

Public Health Agency

Delivering Together & HSC Transformation Programme

Expansion of Community Development Approaches Symposium

Wednesday 20 March, 10am-12.30pm in Craigavon Civic Centre BT64 1AL

- Bi-annual conference for all Community Development stakeholders
- Update on Community Development Framework
- Engagement on Next Steps

Numbers are limited so early registration is advised. Please email Frances.Dowds@hscni.net **before Wednesday 27 February** indicating any dietary or support needs.

Omagh Volunteer Centre

Latest Newsletter now available

Please contact Jo-Anne Finlay, Recruitment & Placement Coordinator

Telephone 028 8224 0772

Action on Hearing Loss

"Hear to Inform and Connect" NI project

The aim of this project is to ensure older people feel better informed about how to manage their hearing loss or Tinnitus, and where to access further support in their local area.

Our team are delivering presentations to community groups/senior citizens groups on the following:

- Introduction to Action on Hearing Loss
- **FREE** hearing checks
- Services and support we provide locally
- How to improve communication
- About hearing aids
- Equipment to help with everyday living

Geraldine Keys, Regional Information Officer, would be delighted to make a presentation to organisations/groups on any or all of the above. Please contact her on 07393 232833 if you require any further information or wish to make a booking.

Project St Patrick

We would like to remind all groups that there is support available for those wishing to take part in the 2019 parade in Enniskillen, embracing the theme of 'Go Green In 19'.

Growing participation and subsequent media coverage has meant that there has been no better time to showcase your project and to showcase your environmental credentials to the community.

Visit us on facebook for more info or email info@projectstpatrick.com

Sexual Health Week 11-15 February 2019

Every year in February around Valentine's Day, N Ireland celebrates its Sexual Health Week. This is a great opportunity to raise awareness about Sexual Health Issues.

This year, the Health Improvement Equality and Involvement Department WHSCT would like to support colleagues across the province to raise awareness about the issue of Consent and Sexual Assault. Consent workshops have been running across the Trust area this year. This work echoes messages from a recent campaign called NOGREYZONE. This initiative helps to educate people about what consent is all about and what constitutes sexual assault and what help is available to people. For more information log on to www.nogreyzone.com

The campaign also aims to let people know about sexual health services, in particular the young people's sexual health clinic available at South West College's Enniskillen Campus available Wednesday afternoons 12.30-3.30pm Room M109. You don't have to be a student to attend the service. This service helps students to make healthier choices and provides a confidential listening ear if students need someone to talk to about sexual health issues. If you would like more information about the clinic contact College Student Services or ask at reception. If anyone would like further information about how to access resources to support the campaign please contact Ann Linstrom Health Improvement Officer WHSCT
Ann.linstrom@westerntrust.hscni.net

Volunteer Now

Each month we are running a different theme to highlight our volunteers and opportunities that our groups might like to have mentioned in our online calendar on our Volunteer now website www.volunteernow.co.uk

Our February Theme is – **Love to Volunteer**

We can highlight various local case studies on volunteers who Love to Volunteer and highlight organisations who 'Love' their volunteers and why! There's also the possibility of a media story of volunteers who met through their volunteering (so be on the look-out!)

This is a great opportunity for our local groups and our incredible Volunteers to get into the spotlight and have their article put up on our website for free. A great advertising opportunity also!

For further information please contact Lynn Johnston, Community Project Outreach Officer who is also starting to gather up opportunities in the Fermanagh area to put into the **Spring time Brochure**. This is also free so please take advantage of it as it is a great way to get opportunities shared across a wider audience within the community.

Telephone 07467 486638 Lynn.johnston@volunteernow.co.uk

Tara Centre, 11 Holmview Terrace, Omagh BT9 0AH

Tel: 028 8225 0024 email: info@taraomagh.com www.taraomagh.com

Pathways from a Troubled Past

Dr Éamon Phoenix returns to Tara to continue the Wednesday evening series of interactive seminars on the historical context in which we live our lives on this part of the island of Ireland. The aim of the workshops is to promote a reconciled society through an informed understanding of our shared history. We are developing this series and the theme continues to ask the central question - Can we shape a better and more reconciled society from our difficult past?

Dates: Wednesdays 13, 20, 27 February and 6, 13 March

Times: 7.30pm – 9.30pm (Registration from 7.00pm–7.30pm)

Meditation / Mindfulness for Beginners

Maura Twohig & Mary Daly

Dates: Mondays 18, 25 February, 4, 11, 25 March and 1, 8, 15 April

Times: 7.30pm – 9.30pm (Registration from 7.00pm–7.30pm)

Transforming Stress & Anxiety into Vitality – Bio-Energy Healing

Michael O'Doherty

Dates: Saturday 23 & Sunday 24 February

Times: 10.00am - 4.00pm each day (Registration 9.30am - 10.00am)

Emotional Freedom Techniques (EFT) - *An Empowering Tool for Emotional Freedom*

Bridin McKenna

Dates: Saturday 30 March

Times: 10.00am - 4.00pm

Yoga for Beginners & Intermediates

Heather Kemps

Beginners – Wednesdays to 27 March (10.30am - 12pm); Thursdays to 28 March (7pm - 8.30pm)

Intermediates – Wednesdays to 27 March (12 - 1.30pm); Thursdays to 28 March (8.30 – 10pm)

Soul of Healing Seminars

Maura Twohig and Mary Daly

Dates: Saturdays 2 February, 2 March and 6 April

Times: 11.30am – 5.30pm (Registration 11.00am – 11:30am)

Meditating Together

Self-Facilitated Group

Dates: Tuesdays 10.30am - 12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP
Tel 028 6632 5811 Email info@theaislingcentre.com www.theaislingcentre.com

Mindfulness Meditation 8 Week Course

Programme starts Wednesday 27 February 6.30pm

Full day workshop Saturday 6 April 10.30am – 3.00pm

Registration is essential. Please contact the Aisling Centre for registration forms

AA

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm

For information contact Niall Greene or Emma Weaver

t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression).

Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm

For information contact Clare McGovern 07830 117766

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm

For information contact Collette Cullen 07826 535199

SWEDES (South West Enabling Deaf Encouraging Sign)

Deaf, hard of hearing, hearing and signing social network - 2nd Tuesday of the month 7 - 9pm

For information contact Joan Thompson 028 6632 5811

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm

For information contact Karolina at OECSG on 028 8224 9750 Email: oeosg2@yahoo.co.uk

Island Artists

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903

Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994

Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR

Telephone 028 6632 0210 www.fermanaghhouse.org

Big Lottery Fund – Make an appointment with Helen Hill on 028 9055 1436 or email helen.hill@biglotteryfund.org.uk to discuss project ideas.

Meghan's Yoga Classes – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details contact Meghan on 07837 562516 or email nutt_meggs@hotmail.com

U3A Choir meet on the 1st & 3rd Monday of each month

The **U3A General meeting** is held on the 2nd Monday of the month

The **U3A Poetry group** is held on the 2nd Monday of the month 2–3.30pm

Family Mediation – assist families experiencing the trauma of separation. Appointments available Monday and Thursday mornings. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

Sarcoidosis Support Group – meet first Monday of the month from 7-9pm

For further information contact WendyWatson27@yahoo.com

St Michael's Bridge Club meet Monday evenings September – May 7.30-10pm

Mum's Wellness Drop in Group - Every Tuesday 10–11.30am.

For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428

Fermanagh Genealogy Centre - Volunteers meet for training on the second Tuesday of the month September–June, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at fgc2012@hotmail.com

Victim Support - an independent organisation - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email info@victimsupportni.org.ni

Headway – The Northern Ireland Brain Injury Association - support group each Wednesday from 10.30am–12.30pm. At Headway, people use insight and care to help survivors regain some quality of life through a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. Further information at <https://www.headway.org.uk> or email Joanne Aiken on joanne.aiken@headway.org.uk.

Addiction NI - Community addiction service.

Tel 028 9066 4434 or email enquiries@addictionni.com

Drinkwise Age Well run a support group on Wednesdays from 1.30-3.30pm.

For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

Autism NI Support Group meet from 8-10pm on the 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834 484229

The Macular Support Group meet once a month on Wednesdays from 11am-1pm.

For further information contact Doris Cutler on 028 6634 1404

The Downs Syndrome Support group meet once a month from 8-10pm.

For further details contact Catherine Dunne on 028 6638 8409.

Fermanagh Film Club –

For further information please go to www.fermanaghfilmclub.com/programme/

Fermanagh Board Game Group meet Wednesday evenings.

Contact Chris Fawcett at paddyfawcett@hotmail.com

Good Relations work with WRDA

The Women's Resource & Development Agency does Good Relations work with a focus on women and promoting women's voices. It hopes to begin a Good Relations programme in the Spring that would involve working with groups regularly across the space of a year and bringing them to interact with other groups to produce a toolkit women can use to bring about change in their communities.

Elaine Crory, WRDA Good Relations Officer, is interested in making preliminary contact with some women's groups, especially hard-to-reach demographics, rural women, and those West of the Bann where there is limited reach. Please contact her on 028 9023 0212 or email

elaine.croly@wrda.net if interested. www.wrda.net

Training Opportunities

Governance & Funding Support Workshops

Omagh Forum for Rural Associations in conjunction with South West Rural Development Service are inviting attendance at "One to One" workshops being held in **various locations** across the Fermanagh & Omagh District Council area during February and March 2019.

Issues to be discussed:

Governance issues
Development planning
Application form filling
Funding opportunities
Any issue relevant to your group!!!

Spaces are limited so early registration is advised.

Please contact Tiernach Mahon, Rural Development Officer
on 028 8225 1559 Mobile 07968 741745 for further information.

Community and Voluntary Sector Training Courses

Fermanagh House, February and March

At the Fermanagh Trust one of our key aims is to support volunteers who make a critical contribution to the work of Community and Voluntary Organisations. We are particularly interested in building the capacity and skills in community development practice.

We are honoured this training programme has been supported by Jack McKinney's family. Jack sadly passed away in April 2016. Jack dedicated himself to making a positive contribution; developing and supporting opportunities for people of all ages in this community. His leadership in Kilmacormick II and the Devenish Partnership Forum, as well as working on housing related issues across Northern Ireland over many years, was hugely important.

In October 2015, the Fermanagh Trust, in collaboration with the Impartial Reporter, presented Mr McKinney with a Community Hero award, recognising his role in forming the Devenish Partnership Forum. This training programme will help inform and skill up many of the volunteers who make such a positive contribution to life in Enniskillen and help build on Jack's wonderful legacy.

All workshops are free, but places are limited. To reserve a place please contact Hazel at the Fermanagh Trust E: hazel@fermanaghtrust.org Tel: 028 66 320 210

Free Training Opportunities - Omagh Volunteer Centre

Wednesday 6 February, 6.30-9.30pm

Basic First Aid (Certified)

Thursday 7 February, 7-10pm

Integrated Safeguarding (Certified) - Safeguarding Adults and Children

Free training is for Volunteers in Community/Voluntary organisations.
A £10 refundable deposit is required to secure a place on the training.

To book, please contact 028 8224 0772, email omaghvc2@yahoo.co.uk or call into the office on the 3rd floor, Omagh Community House for a booking form.

Law Centre NI

Universal Credit Information & Awareness Training (Free) (half day)

The introduction of Universal Credit (UC) represents a fundamental change to the benefits system and has brought many changes and challenges for claimants and advisers alike. With the ongoing rollout in NI being followed by the migration of clients from legacy benefits to Universal Credit advisers need to be capable of guiding clients through the benefits maze and its impact on the 'legacy benefits' system.

The course will cover:

- Aims and principles of universal credit
- Who can claim;
- How UC is calculated and paid;
- conditionality & possible sanctions associated with UC

This course is suitable for individuals and organisations working with people impacted by Welfare Reform and who need to know the basics of Universal Credit.

If you would like to facilitate a training session for your organisation please contact Louise Togneri, Training Manager on 028 9024 4401 or email louise.togneri@lawcentreni.org

Traveller Cultural Awareness Training

Tuesday 12 February, 10am-1pm, Last Surestart, Omagh

Facilitator: Kat Healy

The course aims to increase understanding of Traveller culture and enable participants to gain greater knowledge of the issues which affect the health and wellbeing of travellers.

Course Content:

- Attitudes and Values: What is culture? What do we know about Traveller culture? How it compares differs to other cultures.
- The Experience of Inequality: Experiential learning around barriers and social exclusion.
- The facts you need to know: Facts, figures and questions around Traveller health and wellbeing and Traveller culture
- Questions and Answers

For further information and to book a place contact Marie McLaughlin, Travellers Development Officer marie.mclaughlin@westerntrust.hscni.net Tel 07584 207237

NICVA

Training sessions on being a committee member

For full details visit: http://www.nicva.org/article/charity-trustee-training-series?utm_source=eNews+weekly+bulletin&utm_campaign=9afc2797a3-EMAIL_CAMPAIGN_2019_01_25_02_05&utm_medium=email&utm_term=0_3f6979e667-9afc2797a3-323238133

We also have a series of basic finance training for treasurers and personnel of small charities. Please see here for more detail www.nicva.org/article/basic-finance-training-for-small-charities

Tourism NI

Back to Basics: Tourism Digital Worksop Thursday 7 February, Silverbirch Hotel Omagh

Tourism Northern Ireland is delighted to be running a new series of half-day beginner digital workshops, designed especially for small NI tourism and accommodation providers. These workshops are pitched at a beginner level and aim to help you develop the basic skills you need to confidently promote your business online.

Book via <https://backtobasics-omagh.ya-yaonline.co.uk/>

For further information contact Morrow Communications events team on 028 9039 3837 or email tourismni@morrowcommunications.com

Funding Opportunities

Walking Group Grants

The Public Health Agency has provided funding to support Walking for Health Groups delivering walking programmes in the Western Trust area.

Funding will be allocated by the Western Health and Social Care Trust Health Improvement Department, Equality and Involvement Department as small grants of approximately £100 per group, depending on the number of successful applicants.

The purpose of the grant is to support new or existing walking groups through the provision of transport, access to facilities, promotional materials or items which will enhance and promote walking groups.

Criteria:

- Only Walk Leaders trained through the Walking for Health scheme are eligible to submit a grant application;
- Only one grant will be allocated per Walking Group/Walk Leader;
- Groups applying for grants must have at least one trained walk leader facilitating all walks;
- Your walking group or host organisation must have a bank account in place in order to access funds as personal cheques cannot be issued;
- Your group must deliver a walking programme of at least 12 walks during 2019, including at least one walk as part of Walking Month in May;
- The Walking for Health logo should be used on all promotional materials and is available on request;
- Funding cannot be used to support one off or fundraising events;
- Funding cannot be used to pay individuals to lead walks, as it is expected that trained walk leaders lead walks in a voluntary capacity or as part of their core work role in line with the Walking for Health Programme ethos.

Contact Lesley.Finlay@westerntrust.hscni.net for a small grants application form which should be returned no later than **Wednesday 6 February**.

You will be required to complete a brief evaluation form to confirm how funding has been used. Please keep all receipts. Should you have any further queries, please do not hesitate to contact Lesley on 028 7186 5127 ext 217127

Changes to Heritage Lottery Fund

In early 2019 the Heritage Lottery Fund will begin a new, five-year Strategic Funding Framework that sets out how we will distribute National Lottery good causes money for heritage. For further information visit <https://www.hlf.org.uk/about-us/our-strategy/changes-our-grant-making>

Community Foundation for NI - Micro Grant Programme

Established in recognition and celebration of the contribution of voluntary groups and people to our society and the need for a simple application process for small amounts of funding.

Grant Size: Up to £1,000

Priorities: Low capacity groups who have limited access to funding

The fund is open for applications on a rolling call basis, subject to fund availability.

You do not have to have a constitution to apply to this fund.

Full details available at <http://www.communityfoundationni.org/micro-grant-programme>

Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).

The link below provides additional information and a link to the application forms:

http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm