

Fermanagh & Omagh District Council Community Support News – December 2018

The Community Support Newsletter is published on a monthly basis. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Thursday 13 December

Council News & Events



Seasons greetings from the Community Services Team, Fermanagh and Omagh District Council wishing you a prosperous and peaceful 2019 Free Santa Suit Hire - Community Groups can hire a Santa Suit free of charge for Community Events. Please contact the Community Services Department on 0300 303 1777 to book. All requests dependant on availability - it will be the responsibility of each Group to collect and return it the following day. Note that we cannot provide beards with the suits for Health and Safety reasons - these can be purchased locally for very little cost.

Hire of the Santa Train - To make a booking on a first come first served basis, contact the Technical Services Department on 028 6632 3533. Cost £80.00

Calling all Community Bands, Choirs, etc

Fermanagh and Omagh District Council is now taking bookings for bands, choirs, etc who would like to perform over the Christmas period in Enniskillen and Omagh Town Centres.

Slots are available at various times throughout the day and evening to Friday 21 December. Please contact Alison Gilmore, Community Services Department on 0300 303 1777 ext 21217 by Friday 7 December if you wish to book a date.

Community and Voluntary Sector Register

Has your organisation registered their details? **All groups or organisations should get in touch** to register or update their details. This includes groups who have previously registered and those who are not currently on the register. Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website http://www.fermanaghomagh.com/residential-services/community/community-register/. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email alison.gilmore@fermanaghomagh.com for a copy of the new registration form.

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please contact Kellie Beacom, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email kellie.beacom@fermanaghomagh.com

Key Dates for your Diary

Dec 2018	
6 Dec	Deadline – Belfast Telegraph Sports Awards
19 Dec	CVS Representatives Forum
19 Dec	Funding Deadline – Department for Communities Small Capital Grants Programme
21 Dec	Consultation closes - Local Development Plan 2030 Draft Plan Strategy
Jan 2019	
7 Jan	Deadline – Live Here, Love Here Community Awards 2019
16 Jan	Training - Safeguarding Children & Young People (What's Your Game? Programme)
31 Jan	Deadline for TBUC Camps Applications

Severe Weather Conditions etc.

Fermanagh and Omagh District Council works with the emergency services and other agencies such as Dfl Rivers and Roads, NI Water, Western Health and Social Care Trust and the Housing Executive to plan for and help respond effectively to all emergency situations.

Click on the link below for a list of useful telephone numbers and literature or to sign up to receive Met Office weather alerts, check for latest power cuts information etc www.fermanaghomagh.com/services/community/environmental-health/emergency-planning/

What's your Game, Club & Coach Education Programme

Courses available on the 'What's Your Game?' Club and Coach Education Programme are beneficial to junior sports clubs in helping them to achieve Clubmark NI status – a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The 'What's Your Game' programme also includes a range of expert master classes focussing on such areas as disability training and strength and conditioning for athletes keen to improve their personal performance. Being able to offer such expert coaching has the added bonus of attracting new members to clubs. These masterclasses will be delivered in partnership with the North West Coaching Network.

Upcoming Events:

Wednesday 5 December 2018 – Boccia Leaders Award

Wednesday 16 January 2019 – Safeguarding Children and Young People

The 'What's Your Game?' programme and application forms are available to download from www.fermanaghomagh.com/residential-services/leisure/whats-game-club-coach-education-programme/

Hardcopies are available from reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown.

Alternatively contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email billie-jo.irwin@fermanaghomagh.com

Have your say on draft Local Development Plan for the District

Fermanagh and Omagh District Council have launched the Fermanagh and Omagh Draft Plan Strategy 2030 for consultation and members of the public are being encouraged to have their say. The Local Development Plan will help to shape the District's future development and growth and will set out the planning policy framework for making day-to-day decisions on planning applications until 2030.

The draft Plan Strategy has been developed taking into account the characteristics of the Fermanagh and Omagh District and the views of residents, consultees and Council Members. Have we got it right? Be sure to have your say. A number of drop in information sessions and public information meetings have already taken place with further sessions taking place as follows:

Drop-In Sessions

Tuesday 4 December – Castle Park Leisure Centre, Lisnaskea Wednesday 5 December – Milestone Centre, Carrickmore Call in any time between 10am-12noon or 2-4pm

Public Meeting

Tuesday 4 December – Castle Park Leisure Centre, Lisnaskea 5.30-7pm

Copies of the draft Plan Strategy and a number of supporting documents are available for inspection at Fermanagh and Omagh District Council Offices at the Grange and the Connect Centre, Omagh and the Townhall, Enniskillen.

Representation forms are available at the three Council offices and are also available to download from the Council website at www.fermanaghomagh.com.

The Local Development Plan 2030 draft Plan Strategy for the Fermanagh and Omagh District is open for public consultation until **12 noon on Friday 21 December 2018**. Comments or representations received after this time will not be considered.

An interactive Story Map of the LDP Draft Plan Strategy is available to view online at https://arcq.is/1zrDiz

This is a very accessible, easily navigated way to view the Draft Plan Strategy.

Since many of the topics covered in the Strategy have the potential to affect all aspects of living within the District, it is in everyone's interest to have a look, and comment if they wish to do so following the links on the councils website

https://www.fermanaghomagh.com/services/planning/local-development-plan-draft-plan-strategy/

For further information or enquiries please visit www.fermanaghomagh.com, telephone the Council's Planning Department on 0300 303 1777, textphone 028 8225 6216 or email developmentplan@fermanaghomagh.com.

Community News

NSPCC Northern Ireland

Annual Christmas Coffee Morning - Saturday 1 December

Ardhowen Theatre, Enniskillen – 10am to 12 noon.

Entry £5 suggested donation (children go free)

Cake and other stalls, raffle and entertainment for the kids. Have a cup of coffee with us and give a child the chance of a happy, fulfilled life.

Cancer Connect NI - Magical Winter Wonderland.

Wednesday 28 November to Sunday 2 December Wednesday 5 December to Sunday 9 December

This year the event is supported by Enniskillen BID and will be held at The Buttermarket in the heart of Enniskillen, which will include Enniskillen's Christmas market.

Families will begin their experience at the railway station located at Hollyhill (adjacent to Lidl). Once checked in at the ticket booth, you will be greeted by Mrs Claus and her elves who will treat everyone to complimentary mulled wine, hot chocolate, mince pies and cookies. Following some games and fun entertainment you will be invited to board our NEW Polar Express and travel through the beautiful town of Enniskillen, discovering the festive windows along the route and ending at Santa's Grotto at the Buttermarket. Santa will have a special gift for each child and a photographer will be on site in Santa's Grotto to capture the moment. Details, samples and prices will be available at the grotto.

The Enniskillen Christmas market will be open to the public in The Buttermarket. Following a visit with Santa you are welcome to browse through the market and have a ride on the carousel or enjoy a stroll through the town centre and enjoy the festive atmosphere. Families can avail of an "open return ticket" on the Polar Express returning to your parking area at the railway station at your leisure. Adult ticket £10: Child (2 years old+) £15: Newborn/Infant (under 2 years old) £5.

Pre-booking essential via our online booking system

<u>www.ticketsource.co.uk/ccniwinterwonderland?utm_source=CCNI+Mailing+List+2018&utm_campaign=053acd95dc-</u>

EMAIL CAMPAIGN 2018 10 03 08 53&utm medium=email&utm term=0 9fa488709a-053acd95dc-34869825

We would ask everyone not to call the Cancer Connect NI support centre number to make Winter Wonderland enquiries as this line is for clients and cancer support only. You can email any enquiries to ccniwinterwonderland@gmail.com

We welcome adult volunteers before and after the events to help with setup/cleanup. We work in partnership with The Millennium Volunteer Awards to ensure the volunteering work of our young volunteers is recognised. Click the link to get started or click the button on our facebook page: http://eepurl.com/dGStm1 For more information PM us on Facebook or email ccniwinterwonderland@gmail.com

Northern Ireland Blood Transfusion Service

St Macartin's Cathedral Hall, Enniskillen

Monday 3 & Tuesday 4 December, 1.30pm – 4pm & 5.15pm – 8pm.

St Patrick's Hall, Castlederg

Thursday 6 & Friday 7 December, 1.30pm – 4pm & 5.15pm – 8pm.

Parish Centre, Lisbellaw

Thursday 13 December, 2.45pm – 4pm & 5.15pm – 8pm.

Please check out http://www.nibts.hscni.net/donating-blood/where-to-donate/ for further Scheduled

Donation Sessions. Telephone 028 9032 1414

An evening of Floral Art Demonstration

Wednesday 5 December, 7.30pm

Cathedral Hall, Enniskillen

The Magic of Christmas by Anne Johnston (Area Demonstrator)

Supper served and beautiful flower arrangements to be raffled on the night.

Proceeds in Support of Cancer Focus Northern Ireland

Tickets £10 available from Barbara Tel 07788 192858 or 07436 039755 or

www.cancerfocusni.org/fundraising/events

Belfast Telegraph Sports Awards

Deadline 5pm, Thursday 6 December 2018

On Monday 14 January 2019, the Belfast Telegraph Sports Awards will celebrate individuals, teams and organisations who have made an outstanding contribution to sport in Northern Ireland. Whether you are a local organisation, a governing body of sport, a regional council, a local sports council, or simply a sports fan, we want you to help us reward our country's finest amateur and professional sporting talent by nominating them for an award. Full details

via www.belfasttelegraph.co.uk/sportsawards2018/nominate

Christmas Fair

Saturday 8 December, 2-5pm

West End Community Centre, Enniskillen

Free Admission - Craft Stalls, Refreshments, Raffle, Fashion, Christmas Gifts, Tombola, Books, Children's Activities. All proceeds to Diabetes UK.

Christmas Craft Fair

Saturday 8 December, 1-5pm

Omagh Golf Club

20 Local Crafters and a Variety of Stalls, Raffles, Prizes, Santa arriving at 3pm.

Tea/Coffee/Biscuits/Juice. Adults £3, Children Free. All proceeds to Diabetes UK/NI

Rudolph Run 10k and 5k Road Race

Saturday 8 December at 12 noon, Eskra Community Centre

Organised by Knockmany Running Club and Eskra Community Association. Everyone is encouraged to take up the challenge including walkers, children and families.

Online registration and more information available at http://athleticsni.org/Fixtures/The-Rudolph-Run-Eskra-10K-2018. There will be a pre-reg night on **Friday 7 December** in Eskra Community Centre from 7-9pm. Race day registration is from 9.30-11.30am.

The entry form can be downloaded from our home page (eskra.org) as well as directions to Eskra Community Centre. For more information email eskra.org.

All participants are very welcome with soup, mulled wine and refreshments served after the race.

Volunteer Now

The latest brochure highlighting the most recent volunteer opportunities in the Fermanagh area is now available. If you have any opportunities that you would like added to the Spring brochure or you would like any other information in relation to volunteering in the Fermanagh area please get in touch with Lynn Johnston, Community Project Outreach Officer on

Tel 07467 486638 Email Lynn.johnston@volunteernow.co.uk www.volunteernow.co.uk

Live Here Love Here Community Awards 2019

The 2019 Awards are now open for nominations! Deadline 7 January 2019

These awards celebrate the tremendous efforts of groups and individuals across the province who are making Northern Ireland a cleaner, greener and safer place to live.

If you know a group or an individual who deserves an award for their volunteer work carried out on a positive environmental project then we want to hear from you. This work could be anything from improving the quality of their local environment, an innovative way of reducing litter, or encouraging others to have pride within their local community through practical environmental action.

Taking place on 12 February 2019, the awards will be hosted once again by Lesser Spotted Journeys' presenter, Joe Mahon and will encourage all generations to come together with like minded people and celebrate their pride in their communities.

With **16 categories to apply for**, there is something for everyone. Entry is free and easy, simply click on https://liveherelovehere.etinu.net/cgi-bin/generic?instanceID=29 to download a nomination form and an application pack.

Bannah Community Art Course

An Art Course will take place in Bannah Hall on Monday 7 January for 10 weeks. The course is designed to allow participants to explore and learn new techniques by using inks, pastels, paints and collage. These processes will be supported by referencing art history and internet research, and will culminate in an end of unit exhibition. Limited places. For further details and to book a place contact 07597 969412.

Good Relations work with WRDA

The Women's Resource & Development Agency does Good Relations work with a focus on women and promoting women's voices. It hopes to begin a Good Relations programme in the Spring that would involve working with groups regularly across the space of a year and bringing them to interact with other groups to produce a toolkit women can use to bring about change in their communities.

Elaine Crory, WRDA Good Relations Officer, is interested in making preliminary contact with some women's groups, especially hard-to-reach demographics, rural women, and those West of the Bann where there is limited reach. Please contact her on 028 9023 0212 or email elaine.crory@wrda.net if interested. www.wrda.net

Proposed new funding scheme for Regional and Local Voluntary Youth Organisations Public Consultation

The Education Authority (EA) is holding a 12 week public consultation programme and invites people of all ages from across Northern Ireland to share their views on a proposed new funding scheme for Regional and Local Voluntary Youth Organisations.

The consultation has been developed by EA following extensive engagement with a wide range of stakeholders and will review historic funding arrangements to regional and local voluntary youth organisations.

The consultation process will close at 4pm on Tuesday 5 February 2019.

To have your say, please view the proposal and complete an online questionnaire atwww.eani.org.uk/consultations. It is also possible to respond in writing to: Education Authority, Regional Youth Support Services, Block 1, Grahamsbridge Road, Dundonald BT16 2HS or via email to youthconsultation@eani.org.uk

Further information and resources are available online including a consultation information booklet, easy read versions and a video outlining the proposals. EA will also be hosting a series of workshops across NI, visit www.eani.org.uk/consultations

NISRA – Public Consultation on the 2021 Census: Outputs Strategy

NISRA will be holding an event in Enniskillen Castle Museum on **Monday 10 December**, 10.30am – 12.30pm to discuss how the outputs of the 2021 Census will be published, including output geography, comparability and indicative timeframes. The Census is an important source of information to support community applications for funding applications and village plans. This consultation is an opportunity for you to have a say in how this information is made available. More information can be found at: https://www.nisra.gov.uk/statistics/2021-census/news-and-events. Closing date 9 January 2019. www.nisra.gov.uk

The Executive Office -

Historical Institutional Abuse consultation

The Executive Office is seeking your views on the draft legislation required to implement a number of the recommendations in the Historical Institutional Abuse (HIA) Inquiry Report (the Hart Report). The consultation paper and the draft legislation can be found via

https://www.executiveoffice-ni.gov.uk/consultations/historical-institutional-abuse-consultation

Closing date 10 February 2019

Project St Patrick

Ask not what your county can do for you—ask what you can do for your county! Want to be a part of the **Award Winning**, Project St Patrick? We are looking for new volunteers to join the team in any aspect of event management, all you need is enthusiasm.

Also, in order to make 2019 - Go Green In 19 – our biggest year ever, we need clubs, schools, organisations, community groups and businesses to take part and showcase your environmental credentials.

Email info@projectstpatrick.com or visit us on facebook to find out how to take part/avail of limited financial bursaries

Western Trust preparing for engaging Pathfinder initiative

The Western Health and Social Care Trust announced in July 2018 that it would be embarking on a Pathfinder initiative looking at Health and Social Care across Fermanagh and West Tyrone. In delivering a series of briefings to staff, public representatives and groups at the South West Acute Hospital on Friday 27 July, Western Trust Chief Executive, Dr Anne Kilgallen, said "We see Pathfinder as creating a whole new conversation about Health and Social Care in Fermanagh and West Tyrone. It means taking a detailed honest look at what we're doing and whether we can do it better."

Western Health and Social Care Trust Deputy Chief Executive, Kieran Downey, was also announced as the appointed lead figure for the Pathfinder initiative at the briefings. The first stage in the process centred around a series of engaging discussions with staff in South West Acute Hospital and Omagh Hospital & Primary Care Complex on Friday 17 August.

A new online hub for the Pathfinder initiative will be launched soon and further information and details of the Community engagement programme will be found there. You can view the latest Video message from Deputy Chief Executive, Kieran Downey, on the Pathfinder initiative here www.westerntrust.hscni.net/pathfinder

The FIND Centre - What's on?

We are very excited to have moved into our new building. Our groups are running as usual and staff are always on hand to help out with any enquiries! Why not drop in to see our new building for yourself?

Over the coming months we are very busy and will have loads of opportunities for young people to join us in various projects - to include trips away, workshops and our other groups:

- JAVA 12-2pm, Tuesday-Friday, 16-25 year olds
- Youth Club Tuesdays 5-7pm, 11-15 year olds
- Saturday Social Group with Autism NI Saturdays 11am-1pm, 11-15 year olds
- Drop in Tuesday-Friday 3.30-6pm; Saturday 2-5pm
- STIG with Autism NI Thursday monthly 6-8pm, 16-25 year olds

If you would like any more information please drop in to see us at The FIND Centre, 27 East Bridge Street, Enniskillen BT74 7BW Telephone 028 6632 5559

Omagh Men's Shed Needs Your Help!

Omagh Men's Shed provides an invaluable resource for local men to come together for a chat, to relax, share skills, help each other and contribute to the community by carrying out small repairs or painting. The group have premises in Old Market Place in Omagh with over thirty men availing of the service. Gardening is an important part of the activities centring around a Polytunnel where members learn new skills, share ideas and tips, enjoy a bit of banter and get great satisfaction from growing plants and vegetables.

However due to circumstances beyond their control they will soon have to relocate their Polytunnel and that is where they need help. They are looking for a site of approximately half an acre where they can erect the tunnel and, ideally, have access to water and electricity. The group would really like to continue with their gardening project so any help in locating a suitable site would be much appreciated. They are passionate about the service that the Omagh Men's Shed provides and the Polytunnel is an integral part of that service so please help them by looking and asking around. If you can help Omagh Men's Shed locate a suitable site please contact James Doody: Tel 07545 295931 or email jamesdoody1950@gmail.com

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP Tel 028 6632 5811 www.theaislingcentre.com

Mindfulness Meditation with Mary Conway

Please contact Centre on 028 6632 5811 if you would like more information.

AA

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm For information contact Niall Greene or Emma Weaver t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression). Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm For information contact Clare McGovern 07830 117766

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm For information contact Collette Cullen 07826 535199

SWEDES (South West Enabling Deaf Encouraging Sign)

Deaf, hard of hearing, hearing and signing social network - 2nd Tuesday of the month 7 - 9pm For information contact Joan Thompson 028 6632 5811

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm For information contact Karolina at OECSG on 028 8224 9750 Email: oecsg2@yahoo.co.uk

Island Artists

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903 Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994 Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040 Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR Telephone 028 6632 0210 www.fermanaghhouse.org

St John's Ambulance – One day 1St Aid Courses 9am-4pm on Tuesday 4 December and Tuesday 22 January. For further details and booking go to http://www.sja.org.uk/sja/training-courses/search-for-training-courses.aspx

Big Lottery Fund – Helen Hill will be discussing project ideas on Friday 14 December 10.30am-4pm. Make an appointment on 028 9055 1436 or email helen.hill@biglotteryfund.org.uk

Western Area Childcare Partnership -

Paediatric First Aid Full Training – Wednesdays & Thursdays 9&10, 16&17 January 2019 7–10pm Safeguarding Refresher Training - Tuesday 22 January 2019 7-10pm For details and booking go to http://childcarepartnerships.hscni.net/training or contact Nicola 028 9536 1042/028 9536 1033 – Western Office Email: Childcare.Info@hscni.net

Meghan's Yoga Classes – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details contact Meghan on 07837 562516 or email nutt_meggs@hotmail.com

U3A Choir meet on the 1st & 3rd Monday of each month
The **U3A General meeting** is held on the 2nd Monday of the month
The **U3A Poetry group** is held on the 2nd Monday of the month 2–3.30pm

Family Mediation – assist families experiencing the trauma of separation. Appointments available Monday and Thursday mornings. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

Sarcoidosis Support Group – meet first Monday of the month from 7-9pm For further information contact WendyWatson27@yahoo.com

St Michael's Bridge Club meet Monday evenings September – May 7.30-10pm

Mum's Wellness Drop in Group - Every Tuesday 10–11.30am. For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428

Fermanagh Genealogy Centre - Volunteers meet for training on the second Tuesday of the month September – June, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at fqc2012@hotmail.com

Victim Support - an independent organisation - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email info@victimsupportni.org.ni

Headway – The Northern Ireland Brain Injury Association - support group each Wednesday from 10.30am–12.30pm. At Headway, people use insight and care to help survivors regain some quality of life through a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. Further information at https://www.headway.org.uk or email Joanne Aiken on joanne.aiken@headway.org.uk.

Addiction NI - Community addiction service. Tel 028 9066 4434 or email enquiries@addictionni.com

Drinkwise Age Well run a support group on Wednesdays from 1.30-3.30pm.

For further details please go to https://www.drinkwiseagewell-training.org.uk/

Autism NI Support Group meet from 8-10pm on the 4th Wednesday of the month *(not July or Aug)*. For further information contact Michelle Higgins 07834 484229

The Macular Support Group meet once a month on Wednesdays from 11am-1pm.

For further information contact Doris Cutler on 028 6634 1404

The Downs Syndrome Support group meet once a month from 8-10pm.

For further details contact Catherine Dunne on 028 6638 8409.

Fermanagh Film Club – showing 'Summer 1993' on Wednesday 12 December from 8-10pm For further information please go to www.fermanaghfilmclub.com/programme/

Fermanagh Board Game Group meet Wednesday evenings.

Contact Chris Fawcett at paddyfawcett@hotmail.com

Action on Hearing Loss – Free Help and Support drop in session on Thursdays 6 December and 3 January from 10am-11.30am for hearing checks, hearing loss services advice, new batteries & ear mould tubing, help with cleaning etc. Contact Sheena Kelly, Outreach Development Officer on 028 8225 1446/07553 353980 Email: sheena.kelly@hearingloss.org.uk

Tara Centre, 11 Holmview Terrace, Omagh BT79 0AH

Tel: 028 8225 0024 email: info@taraomagh.com www.taraomagh.com

Christmas Meditation – Connect with the true meaning of Christmas

Maura Twohig and Mary Daly

Date: Saturday 15th December 2018

Times: 3.30pm - 8.00pm (registration from 3.00 - 3.30pm)

Meditating Together

Self-Facilitated Group

Dates: Tuesdays 10.30am - 12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

PATHS – an inter-denominational voluntary group formed to support families and individuals bereaved by suicide

Meetings are normally held on the first Tuesday of each month, 8.00-9.30pm.

For further information, contact Jimmy on 07879 414385.

Omagh Men's Support Group

Meetings are normally held on Monday nights, 7.30-9.30pm.

For further information, contact Gerry on 07799 472968.

QRadio – Around the County

If your organisation would be interested in featuring community events free of charge, please send details to aroundthecounty@gogradio.com and we will try to feature it on air

Training Opportunities

Health Improvement Training

The Health Improvement, Equality & Involvement Department of the Western Trust is running SafeTALK - a 3 hour seminar which raises general awareness on how to prevent suicide in our community. This short course is suitable for anyone over the age of 16 and equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with a person or organisation to help keep them safe.

Tuesday 4 December - South West Acute Hospital, Enniskillen, 9.30am-12.30pm Please note this seminar is not suitable for anyone recently bereaved by suicide For further information and to book tel 028 7186 5127 health.improvement@westerntrust.hscni.net

Free LGBT Awareness Training: Educating the Educators

Thursday 6 December, 5.30pm-8.30pm in the Silverbirch Hotel

Open to all who work directly with young people. Aims to improve awareness around issues affecting LGBT youth and will help you be more responsive to meet the unique needs that may present. Book a place via https://cara-friend.org.uk/educating-the-educators/ and complete a short registration form.

Sport NI - Free AED Awareness Sessions

For holders of AEDs within Sports Clubs or Community and Voluntary organisations

This session will cover the basic maintenance, and usage information that is essential to ensuring the maximum effectiveness of an AED in the event of an out of hospital cardiac arrest, and maximise the chances of survival within the first vital minutes afterwards. Please note that this awareness session is not subject to examination or any qualification upon successful completion.

Friday 7 December - CKS Community Centre, Omagh 7-9pm

www.eventbrite.co.uk/e/aed-awareness-session-7th-december-2018-tickets-50899009307

Saturday 8 December – Castle Park Leisure Centre, Lisnaskea 10am-12pm

www.eventbrite.co.uk/e/aed-awareness-session-8th-december-2018-tickets-50899041403

Please book a slot via the above links and should you have any queries please do not hesitate to get in touch on 028 9038 3206.

Law Centre NI

Universal Credit Information & Awareness Training (Free) (half day)

The introduction of Universal Credit (UC) represents a fundamental change to the benefits system and has brought many changes and challenges for claimants and advisers alike. With the ongoing rollout in NI being followed by the migration of clients from legacy benefits to Universal Credit advisers need to be capable of guiding clients through the benefits maze and its impact on the 'legacy benefits' system.

The course will cover:

- Aims and principles of universal credit
- Who can claim:
- How UC is calculated and paid;
- conditionality & possible sanctions associated with UC

This course is suitable for individuals and organisations working with people impacted by Welfare Reform and who need to know the basics of Universal Credit.

If you would like to facilitate a training session for your organisation please contact Louise Togneri, Training Manager on 028 9024 4401 or email louise.togneri@lawcentreni.org

WAVE Trauma Centre

Psychological Trauma and the Family System

Four-day Workshop facilitated by Ben Harper Commences Thursday 24 January 2019, 10am-4pm

This course has been designed to explore the maintenance of psychological trauma within the context of the Northern Ireland Troubles. Students will be provided with an overview of theories of trauma within the Family, the influence of trauma on attachment styles and explore the evidence base for systemic work and Post Traumatic Stress Disorder (PTSD). Participants will be required to complete a 2,500 word assignment for course accreditation. Successful participants will receive 10 CAT Points (Level 1) through Open Learning, School of Social Sciences, Education and Social Work, Queen's University, Belfast. This course will run 4 consecutive Thursdays. Cost £125. You can enrol on this course by visiting www.qub.ac.uk/ol or contact 028 9097 3323/3539 or for further information about the course please contact Trauma Education at Wave Trauma Centre on 028 9077 9922 or email Traum.education@wavetrauma.org

Please contact the WAVE Trauma Centre, Omagh for any other information on: 028 8225 2522 or admin@waveomagh.co.uk

Free Training Opportunities - Omagh Volunteer Centre

Wednesday 6 February, 6.30-9.30pm

Basic First Aid (Certified)

Thursday 7 February, 7-10pm

Integrated Safeguarding (Certified) - Safeguarding Adults and Children

Free training is for Volunteers in Community/Voluntary organisations. A £10 refundable deposit is required to secure a place on the training.

To book, please contact 028 8224 0772, email omaghvc2@yahoo.co.uk or call into the office on the 3rd floor, Omagh Community House for a booking form.

DARE to Lead Change

Dialogues About Race and Ethnicity (DARE)

We aim to build, improve and sustain positive relationships through training and dialogue with local people and their neighbours from different cultures and countries.

The DARE to Lead Change Project (DARE) is led by Bryson Intercultural, in partnership with TIDES Training and Consultancy (TIDES), funded by the European Union's PEACE IV Programme and managed by the Special EU Programmes Body (SEUPB). The project is available in Northern Ireland and the Border Counties.

Build relationships through integrated training, this training element has three areas:

- 1. Stepping into Diversity
- 2. Good Relations & Civic Leadership Open College Network qualification (OCN Level 2)
- 3. Contentious Cultural Issues (OCN Level 2)

The free training is designed for local community groups based in Northern Ireland and/or the Border Counties. For the first part of the training – "Stepping into Diversity" the training is open to all groups. Once your group has completed Stepping into Diversity, we will invite you to work alongside another group who reflect a different part of the community, to complete either or both of the Good Relations & Civic Leadership and Contentious Cultural Issues courses. The set of courses on offer are tailored to the needs of your group and other options and courses are available.

To participate or for more information please contact...

Iulia Picu-Iwaisi Email: iuliapicu-iwaisi@tidestraining.org Tel: 028 9075 1686 / 07397 554102 Carole Kane Email: carolekane@tidestraining.org Tel: 028 9075 1686 / 07397 555905

Funding Opportunities

Department for Communities Small Capital Grants Programme

Deadline 12 noon, Wednesday 19 December 2018

Co-operation Ireland has been appointed by the Department for Communities (DfC) as the Intermediary Funding Body for the 2018/19 Small Capital Grants Programme for Northern Ireland. The purpose of this Programme is to promote Partnership and Collaboration among Voluntary and Community organisations. As such, the amount of grant available to apply for will be dependent on the amount of partners within the application.

To be eligible for grant assistance organisations must

- be constituted voluntary/community sector organisations
- have an annual income of less than £100,000 per year.

This grant is only eligible for expenditure on capital items and must be incurred from the date of award until 31 March 2019.

Application forms and guidance notes can be accessed via www.cooperationireland.org/programmes/community-programmes/small-capital-grants-programme

TBUC Camps Programme 2019/20

The Executive Office, in partnership with the Education Authority, are inviting applications from groups who want to deliver a Camp under the T:BUC Camps Programme 2019/20.

Completed applications must be returned to the Education Authority no later than 4pm on 31 January 2019.

The T:BUC Camps Programme is a headline action described in the Together: Building a United Community (T:BUC) strategy which was announced by the Northern Ireland Executive during 2013. The relevant strategic aim relating to young people is:

'To continue to improve attitudes amongst our young people and to build a community where they can play a full and active role in building good relations.'

The Programme is about building positive relations and long lasting friendships among young people across all parts of the Northern Ireland community. Camps must therefore bring diverse groups together to get to know each other, try new experiences and help build longer term relationships between young people.

Good Relations learning must be at the heart of every Camp.

Further information can be found in the Guidance Notes and Application Form which are available at www.eani.org.uk/tbuc. Hard copies can be requested by e-mailing tbuc@eani.org.uk or by telephone on 028 9056 6429 or 028 9056 6952

A number of Funding Fairs have been arranged to provide advice and guidance to organisations who are considering applying for funding under the T:BUC Camps Programme 2019/20. The Education Authority will be running workshops to support groups to develop their programmes and assist with applications. Details of the Fairs and workshops and how to register can be found within the application form.

TEO Funding Forum Registration - <u>www.tbucevents.eventbrite.com</u> EA Applications Workshop Registration - <u>www.eatbuc.eventbrite.co.uk</u>

Trees on the Land - Applications now open

We're delighted to announce that applications for trees are now open for what will be the 7th annual planting day. The planting day will be Saturday 9 February 2019.

Open to community groups etc, tree packs are available for the establishment of small woodland areas, coppice, hedgerows, shelter belts, reforestation and agroforestry work. We also have a number of heritage and traditional apple tree packs available.

Applications for trees will close at Midnight on Wednesday 5 December 2018. Please do apply promptly as tree packs are allocated on a first come first served basis.

All of the information about the project and details for making an application are on the website: www.treesontheland.com

Pre-application enquiries are welcome - please email to info@treesontheland.com with any queries.

Comic Relief - Power Up: Resourcing women's and girls' movements for change

We are excited to launch this funding opportunity focussed on strengthening women's and girls' movements. Grants of between £150,000 - £300,000 for single organisations are available. The deadline for first stage applications is **Friday 7 December 2018** https://www.comicrelief.com/funding/current-opportunities/power-up

Techies in Residence (TiR) Programme now open for applications

The Programme brings together social challenges from charities and social enterprises with digital technology professionals to produce innovative digital products and services that have potential for deep social impact.

Any VCSE organisation can apply through simply submitting a challenge they want to work on where they feel digital technology and innovation support could help enhance their social impact. **The application deadline is 5pm on Friday 7 December 2018.** For further information click on http://www.techinres.com/2018/10/24/techies-in-residence-open-for-applications/

National Churches Trust encourages applications from Northern Ireland

The National Churches Trust is revising its grant programmes for 2019-23 and is encouraging applications from Northern Ireland.

Full details available from https://www.nationalchurchestrust.org/grant-programmes-2019-2023
Deadline for new programmes January 2019

Community Foundation for NI - Micro Grant Programme

Established in recognition and celebration of the contribution of voluntary groups and people to our society and the need for a simple application process for small amounts of funding.

Grant Size: Up to £1,000

Priorities: Low capacity groups who have limited access to funding

The fund is open for applications on a rolling call basis, subject to fund availability.

You do not have to have a constitution to apply to this fund.

Full details available at http://www.communityfoundationni.org/micro-grant-programme

Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).

The link below provides additional information and a link to the application forms: http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm