



Fermanagh & Omagh District Council Community Support News – November 2018

The Community Support Newsletter is published on a monthly basis. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Thursday 22 November

Council News & Events

The Council's Connect Centre, 16 High Street, Omagh is now open from 8.30am-6pm, Monday-Friday, where you can access a range of Council services and information. The operating hours of the Council's phone line 0300 303 1777 have also been extended to 8.30am-6pm Monday-Friday.

Fermanagh and Omagh District Council Annual Community Conference

**Bawnacre Centre, Irvinestown
Thursday 8 November 2018
Registration 6.45pm, starting at 7pm**

An opportunity for members of community and voluntary groups from across the Council District.

The event will include speakers from the Met Office and Fermanagh and Omagh District Council Community Planning, and workshops covering fundraising, recycling for your community venue, volunteering and community loan opportunities by UCIT.

Places limited to 3 per group

**Please register with alison.gilmore@fermanaghomagh.com
Tel 0300 303 1777 ext 21217**

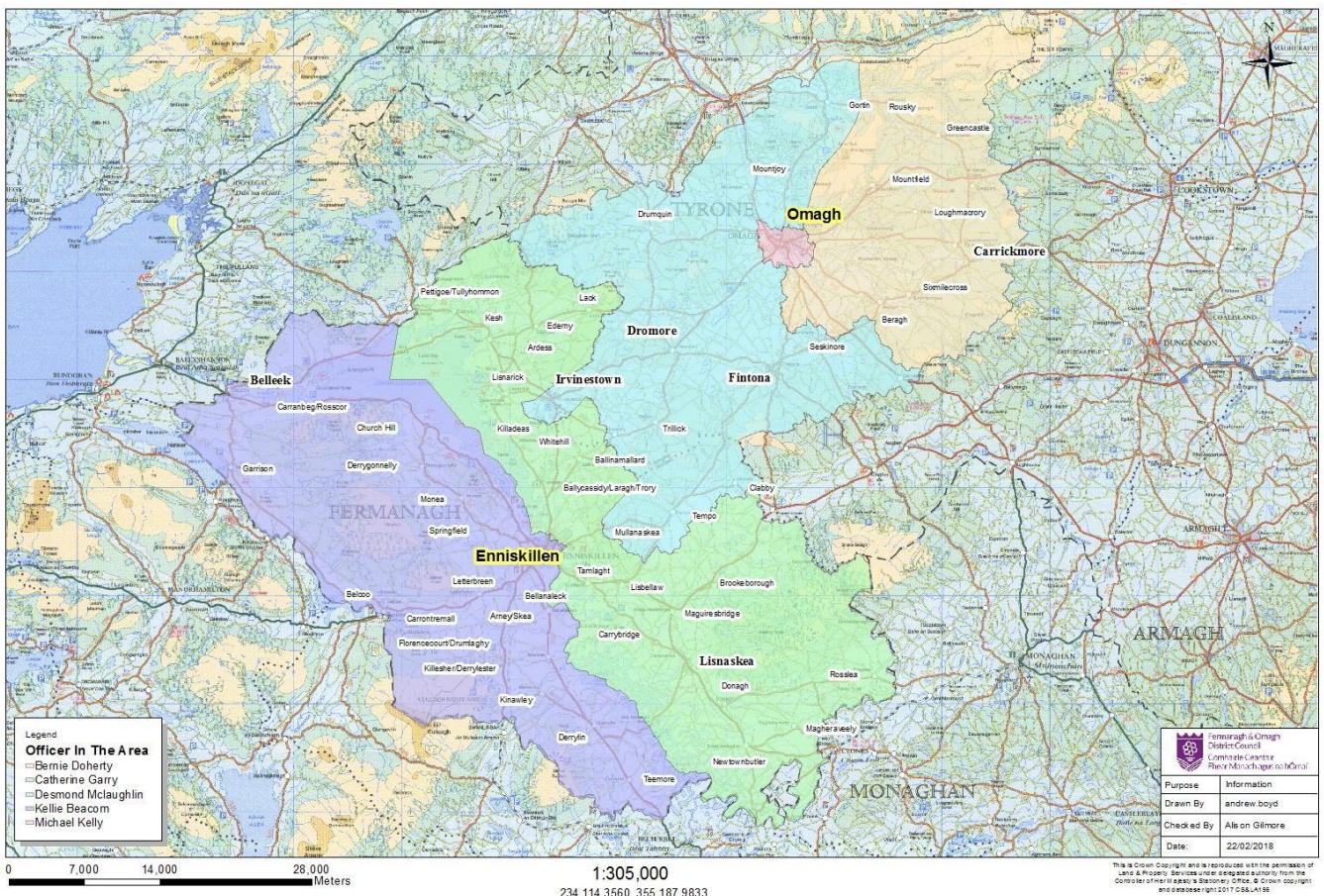
Key Dates for your Diary

Nov 2018	
Thurs 8	Community Convention, Bawnacre 7-9pm
Sat 24	Christmas Lights Switch on in Enniskillen and Omagh

Community Support Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.

Community Support Officer Area



<https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cabcbe2f5ee703c291b>

Community and Voluntary Sector Register

Has your organisation registered their details? **All groups or organisations should get in touch** to register or update their details. This includes groups who have previously registered and those who are not currently on the register. Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website <http://www.fermanaghomagh.com/residential-services/community/community-register/>. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email alison.gilmore@fermanaghomagh.com for a copy of the new registration form.

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email louise.mclaughlin@fermanaghomagh.com

Free Gardening Training through PEACE IV

Fermanagh and Omagh District Council are delivering a programme of community gardening activities, including free training and best practice visits, across 11 gardens and allotments in the council area. These sessions are open for anyone to attend and are focused on making these spaces more open and inclusive for everyone in the community to enjoy.

An exciting programme of training will be delivered throughout the Autumn/Winter months, covering jam and chutney making, pruning, composting and fertiliser teas. Everyone is welcome to attend these sessions!

Upcoming Sessions:

- **3 November, 10am - 12pm:** Composting and Fertiliser Teas – An Creagán Centre, Barony Road
- **3 November, 2pm - 4pm:** Jam/Chutney Making and Pruning – Millennium Hall, Donagh
- **13 November, 7pm - 9pm:** Creating an Open and Inclusive Community Garden - The Flaxmill Centre, Drumduff

Why not take a plot at your nearby allotment or community garden? In addition to free training, many of the gardens involved in this programme have plots available for community groups and individuals to use. Community gardening is a cheap and fun way to bring people together, with the opportunity to learn new skills, grow your own food and get some light exercise. If you are interested in getting involved in one of these gardens, or would like more information on the training workshops, please contact Roisin Grimes, FODC Community Garden Project Officer at roisin.grimes@fermanaghomagh.com

Your Local Community Garden

Fermanagh:

- Lisnaskea Lough Head Allotments
- SEFF Allotments, Lisnaskea
- Community Garden at Share Discovery Village
- Donagh Community Garden
- Devenish Partnership Forum Allotments, Enniskillen

Omagh:

- MACCA Allotments, Mullaghmore
- Campsie Residents Association Community Garden
- Drumduff and Drumnakilly Community Garden
- Creagán Education and Research Centre Community Garden
- Owenkillew Community Development Association Community Garden, Gortin

Seisiún Eolais na gCeanneagraíochtaí / Lead Organisations' Information Session

Is é seo imeacht atá á reáchtáil ag Oireachtas na Gaeilge in éineacht le Comhairle Ceantair Fhear Manach agus na hÓmaí. Beidh cur i láthair ann ó na ceanneagraíochtaí ag míniú an obair atá ar bun acu agus na deiseanna tacaíochta, comhpháirtíochta agus gréasánaíochta atá ar fáil go ghrúpaí nó eagraíochtaí áitiúla atá ag iarraidh an Ghaeilge a fhorbairt nó a chur chun cinn tríd a gcuid oibre. Beidh an imeacht ar siúl sa Bawnacre Centre i mBaile an Irbhinigh, ar an **Luan 19ú Samhain** ar 7in. Tá spás teoranta don ócáid seo, mar sin ní mór d'eagraíocht ar bith atá ag iarraidh freastal air RSVP a chur chuig: cliodhna@antoireachtas.ie

This is an information session Oireachtas na Gaeilge are hosting in conjunction with Fermanagh & Omagh District Council, which will have speakers from key Irish language organisations giving presentations on the work they do and the opportunities available for local groups and organisations who wish to expand or develop their work through Irish. It will take place in the Bawnacre Centre in Irvinestown, **Monday 19 November** at 7pm. Space is limited for this event so an RSVP for those wishing to attend should be sent to: cliodhna@antoireachtas.ie

What's your Game, Club & Coach Education Programme

Courses available on the 'What's Your Game?' Club and Coach Education Programme are beneficial to junior sports clubs in helping them to achieve Clubmark NI status – a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The 'What's Your Game' programme also includes a range of expert master classes focussing on such areas as disability training and strength and conditioning for athletes keen to improve their personal performance. Being able to offer such expert coaching has the added bonus of attracting new members to clubs. These masterclasses will be delivered in partnership with the North West Coaching Network.

Upcoming Events:

Wednesday 14 November – Nutrition Seminar

Saturday 24 November – Badminton Course

Wednesday 5 December – Boccia Leaders Award

The 'What's Your Game?' programme and application forms are available to download from www.fermanaghomagh.com/residential-services/leisure/whats-game-club-coach-education-programme/

Hardcopies are available from reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown.

Alternatively contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email billie-jo.irwin@fermanaghomagh.com

Council Re-Use Scheme

Need paint or have leftover paint?

Fermanagh and Omagh District Council is pleased to be supporting European Week for Waste Reduction (EWWR) which is taking place from 17-25 November. Play your part and reuse paint by bringing it into any of our recycling sites in Carrickmore, Drummeel, Fintona, Gortrush, Irvinestown, Kesh or Lisnaskea or by taking paint away and be entered into a draw to win a Samsung tablet.

Community News

Local Policing Consultation 2018

The Northern Ireland Policing Board and the PSNI have launched a joint public consultation on Local Policing. The consultation is seeking the views from the community and key stakeholders on the future priorities, structure and delivery of local policing in Northern Ireland.

The consultation will run for a 10 week period until **9 November 2018** and all the information, including an introductory animation, consultation document and the prioritisation simulator is available online at psni.prioritysimulator.com or at www.nipolicingboard.org.uk.

We have tried to make the consultation easy for people to engage with and respond to, including by:

- Completing the prioritisation simulator online;
- Answering the three consultation questions online or in hard copy; or
- Attending one of our many public events.

A stakeholder consultation meeting organised by The Board and the PSNI will take place on Monday 5 November, 10am to 12pm in Omagh Enterprise Company and we would like to invite you to attend - please register at consultation@nipolicingboard.org.uk

In addition, a number of public meetings will be held in each district and across the region during this period - these can be found at www.nipolicingboard.org.uk

If you require any further information on any aspects of the consultation you can contact Lyne Black at the Policing Board on 028 9040 8500 or consultation@nipolicingboard.org.uk.

Western Trust preparing for engaging Pathfinder initiative

The Western Health and Social Care Trust announced in July 2018 that it would be embarking on a Pathfinder initiative looking at Health and Social Care across Fermanagh and West Tyrone. In delivering a series of briefings to staff, public representatives and groups at the South West Acute Hospital on Friday 27 July, Western Trust Chief Executive, Dr Anne Kilgallen, said "We see Pathfinder as creating a whole new conversation about Health and Social Care in Fermanagh and West Tyrone. It means taking a detailed honest look at what we're doing and whether we can do it better."

Western Health and Social Care Trust Deputy Chief Executive, Kieran Downey, was also announced as the appointed lead figure for the Pathfinder initiative at the briefings. The first stage in the process centred around a series of engaging discussions with staff in South West Acute Hospital and Omagh Hospital & Primary Care Complex on Friday 17 August.

A new online hub for the Pathfinder initiative will be launched soon and further information and details of the Community engagement programme will be found there. You can view the latest Video message from Deputy Chief Executive, Kieran Downey, on the Pathfinder initiative here www.westerntrust.hscni.net/pathfinder

Table Quiz – NWMRT

Friday 2 November, 8pm – Blakes (Atrium Bar) Enniskillen

Prizes for the winning team plus raffle with lots of great prizes on the night. £5 per head.

All funds raised go to North West Mountain Rescue Team.

Northern Ireland Blood Transfusion Service

Omagh Rugby Club - Monday 5, Tuesday 6 & Wednesday 7 November.

The sessions will run from 1.45pm – 4pm & 5.30pm – 8pm.

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions. Telephone 028 9032 1414

The Armistice in Fermanagh

Poignant commemorations planned to mark the end of the First World War

Sunday 11th November 2018 marks the day the guns fell silent when the First World War ended a century ago, and Enniskillen will remember the sacrifice of millions of men and women by joining the national commemoration 'Battle's Over - A Nation's Tribute'.

Local events during the week leading up to, and on, that momentous day will recall many aspects of a war that profoundly changed history, the world, and our community. Exhibitions and illustrated talks, music and dance, poetry and drama, WWI artefacts and equipment all feature in a packed programme of evocative events organised around the centenary of the Armistice.

Armistice Day Commemorations

At 6am on Sunday morning, the eleventh day of the eleventh month, the sound of 1,000 lone pipers playing 'When the Battle's O'er', a traditional tune played after a battle, will be heard at Enniskillen Castle and numerous other places across the country and overseas.

Heralding the start of the day's commemorations, the event at the Castle organised by the Inniskillings Museum, includes readings, reflective prayers and echoes of the church bells that pealed out for peace. **Gates open to the public at 5.30am.**

The evening Service of Thanksgiving in St Michael's Church commemorating the end of war will **commence at 6pm** and feature a poignant installation of ten life-size, transparent silhouettes of military figures in the pews collectively entitled 'There But Not There' echoing our community's sacrifice.

As the congregation departs the church 100 members of the County Fermanagh Massed Pipes and Drums will play 'Abide with Me', 'Amazing Grace' and 'When the Battles O'er' and two beams of light forming a cross in the night sky will be beacons of hope and peace within our community.

At 6.55pm the Last Post will sound outside St Macartin's Cathedral on the bugle that sounded the charge of the 36th (Ulster) Division at the Battle of the Somme in 1916. Similar to the morning commemoration this will be replicated simultaneously at more than 1,000 locations across the country. **Then at 7pm**, the UK's most westerly beacon of light will be lit in the grounds of St Macartin's Cathedral by Her Majesty's Lord-Lieutenant for County Fermanagh, Viscount Brookeborough KG. This commemoration is inspired by a comment made in August 1914 by Britain's Foreign Minister, Sir Edward Grey when he said "The lamps are going out all over Europe; we shall not see them lit again in our lifetime."

The clock face on St Macartin's Cathedral will be backlit for the first time and will continue as a beacon of hope for future generations, while skyrockets will illuminate the night just as they did exactly 100 years ago when news of the Armistice was first received. The Cathedral bells that proclaimed the Armistice at 7am on the 11th November 1918 will once again peal to celebrate the end of the Great War. And as the sun sets on the Armistice, Enniskillen Castle will be illuminated red by Fermanagh & Omagh District Council to commemorate the 100th anniversary of the end of the First World War.

For further details on the events programme for the Armistice please contact the Inniskillings Museum at Enniskillen Castle on 028 6632 3142 or visit

www.inniskillingsmuseum.com

1:1 Fund Raising Clinic

Thursday 15 November, 9.30am–4.30pm,

Omagh Community House, 2 Drumragh Avenue, Omagh

Omagh Forum for Rural Associations, in conjunction with NICVA, are organising a free one to one fundraising clinic to offer advice and assistance to community and voluntary organisations.

One hour slots are available but are going fast. For more information and to book please follow the link www.nicva.org/article/free-fundraising-advice-clinics-across-ni

Fermanagh Garden Society

Tuesday 20 November in Enniskillen Library (upstairs) 8pm

June Blake from "June Blake's Garden" in Blessington, Co Wicklow

This will be an excellent night. Non-members very welcome. £3. Tea, bickies and chat afterwards.

Enniskillen hub networking forum

Wednesday 21 November, Technology and Skills Centre, Enniskillen 11am-12.30pm

The hub is for those services or organisations working with individuals 16 and over (in the case of SUSE+ up to retirement age). Come along to build new links or re-establish old ones.

We will also have 3 guest speakers to help address topics discussed previously -

Translink – smart pass, reduced costs to specific groups

Rural Community transport – how to access the service, increase awareness of the service

Job and benefits – Universal credit overview, benefits system and how to access online services

If you didn't attend the last meeting there will be an opportunity to promote your service on the day.

Please contact david.taylor@swc.ac.uk if you wish to attend this forum and feel free to forward this onto any organisation or service that you feel may benefit from attending this meeting.

Further Meeting, Wednesday 28 November, 11am-12.30pm Omagh Campus South West College

Have your say – on the Charity Commission for Northern Ireland's proposed action for those who fail basic compliance checks

The Commission is seeking views on action we propose to take when the accounts and reports of registered charities fail basic compliance testing.

We would encourage you to get involved, and have a say on the Commission's proposed compliance action. There are a variety of ways you can provide your feedback on the draft proposals:

1. Read the Commission's proposed compliance action document and complete an online questionnaire which is available [here](#).

2. Complete the questions in the consultation document and either:

Email it to consult@charitycommissionni.org.uk or

Post it to Charity Commission for Northern Ireland, 257 Lough Road, Lurgan, BT66 6NQ

Comments should be submitted as early as possible before 5 pm on **Wednesday 21 November**.

Fermanagh Genealogy

Saturday 24 November, Enniskillen Library 1.30 - 3.30pm

Talk on the research for the 'Making it Home' Cleenish Island WW1 project. The speaker will be Marion Maxwell.

Members are free, visitors are very welcome - there is a charge of £5.00 which includes tea/coffee

Cancer Connect NI - Magical Winter Wonderland.

Wednesday 28 November to Sunday 2 December

Wednesday 5 December to Sunday 9 December

This year the event is supported by Enniskillen BID and will be held at The Buttermarket in the heart of Enniskillen, which will include Enniskillen's Christmas market.

Families will begin their experience at the railway station located at Hollyhill (adjacent to Lidl). Once checked in at the ticket booth, you will be greeted by Mrs Claus and her elves who will treat everyone to complimentary mulled wine, hot chocolate, mince pies and cookies. Following some games and fun entertainment you will be invited to board our NEW Polar Express and travel through the beautiful town of Enniskillen, discovering the festive windows along the route and ending at Santa's Grotto at the Buttermarket. Santa will have a special gift for each child and a photographer will be on site in Santa's Grotto to capture the moment. Details, samples and prices will be available at the grotto.

The Enniskillen Christmas market will be open to the public in The Buttermarket. Following a visit with Santa you are welcome to browse through the market and have a ride on the carousel or enjoy a stroll through the town centre and enjoy the festive atmosphere. Families can avail of an "open return ticket" on the Polar Express returning to your parking area at the railway station at your leisure. Adult ticket £10; Child (2 years old+) £15; Newborn/Infant (under 2 years old) £5.

Pre-booking essential via our online booking system

www.ticketsource.co.uk/ccniwinterwonderland?utm_source=CCNI+Mailing+List+2018&utm_campaign=053acd95dc-

[EMAIL_CAMPAIGN_2018_10_03_08_53&utm_medium=email&utm_term=0_9fa488709a-053acd95dc-34869825](http://www.ticketsource.co.uk/ccniwinterwonderland?utm_source=CCNI+Mailing+List+2018&utm_campaign=053acd95dc-EMAIL_CAMPAIGN_2018_10_03_08_53&utm_medium=email&utm_term=0_9fa488709a-053acd95dc-34869825)

We would ask everyone not to call the Cancer Connect NI support centre number to make Winter Wonderland enquiries as this line is for clients and cancer support only. You can email any enquiries to ccniwinterwonderland@gmail.com

We welcome adult volunteers before and after the events to help with setup/cleanup. We work in partnership with The Millennium Volunteer Awards to ensure the volunteering work of our young volunteers is recognised. Click the link to get started or click the button on our facebook page: <http://eepurl.com/dGStm1> For more information PM us on Facebook or email ccniwinterwonderland@gmail.com

Project St Patrick

Ask not what your county can do for you—ask what you can do for your county!
Want to be a part of the **Award Winning**, Project St Patrick? We are looking for new volunteers to join the team in any aspect of event management, all you need is enthusiasm.

Also, in order to make 2019 - Go Green In 19 – our biggest year ever, we need clubs, schools, organisations, community groups and businesses to take part and showcase your environmental credentials.

Email info@projectstpatrick.com or visit us on facebook to find out how to take part/avail of limited financial bursaries

The FIND Centre - What's on?

We are very excited to have moved into our new building. Our groups are running as usual and staff are always on hand to help out with any enquiries! Why not drop in to see our new building for yourself?

Over the coming months we are very busy and will have loads of opportunities for young people to join us in various projects - to include trips away, workshops and our other groups:

JAVA - 12-2pm, Tuesday-Friday, 16-25 year olds

Youth Club - Tuesdays 5-7pm, 11-15 year olds

Saturday Social Group with Autism NI - Saturdays 11am-1pm, 11-15 year olds

Drop in - Tuesday-Friday 3.30-6pm; Saturday 2-5pm

STIG with Autism NI - Thursday monthly 6-8pm, 16-25 year olds

If you would like any more information please drop in to see us at The FIND Centre, 27 East Bridge Street, Enniskillen BT74 7BW Telephone 028 6632 5559

Alzheimer's Society – United Against Dementia

Volunteer Required: Awareness Raising, Omagh Area

Help to raise awareness of dementia and provide information, promote our services and highlight our presence in local communities by:

- Promoting the services of Alzheimer's Society locally in a wide range of ways, from the distribution of leaflets, booklets and posters and by attending local groups, gatherings and community events hosting an information stand.
- Depending on your experience and preference, this may include public speaking, presentations and networking at events
- Agreeing awareness raising activities with your local manager in advance

Interested?

If you would like to find out more about this or any of our volunteering opportunities please contact Rosario Mc Hugh, Volunteering Officer (rosario.mchugh@alzheimers.org.uk /028 7138 4570) or visit our website at www.alzheimers.org.uk

QRadio – Around the County

If your organisation would be interested in featuring community events free of charge, please send details to aroundthecounty@gogradio.com and we will try to feature it on air

Women's Resource & Development Agency (WRDA)

Free Workshops for women and women's groups across Northern Ireland.
Contact Elaine on 028 9023 0212 Email elaine.croy@wrda.net

WRDA is a women's resource organisation that works across Northern Ireland. We work for women's equality and participation in society. We believe women of all ages and backgrounds have experience, insight and understanding of the world around them - but little opportunity to share their voice. Women play a vital role in their communities, but are often denied opportunities to influence changes and decisions because of rigid stereotypes. Our workshops are tailored specifically for our particular people and area and we use them to explore themes such as discussing womanhood; finding our identity; family roles; sharing stories; women's perspectives; finding your voice; knowing your community; taking part; women's leadership; what shapes us; women's influence on healing and peace.

mPower Healthy & Connected Communities

mPower is a 5-year EU-funded project operating in the border counties of the Republic of Ireland, Northern Ireland and Scotland. The project will champion a preventative approach to care, supporting societal change by empowering more people to self-manage their health and care in the community.

The service will commence initially in the South East Fermanagh area and will be offered to older people (aged 65 +) living with long-term conditions. Community Navigators will offer personalised wellbeing plans that will focus on supporting self-management and will include:

- **Social Prescribing** – connecting people to local activities and services
- **Digital Health Interventions** – connecting people to technology to enhance support for health & well-being.

Among this group social isolation and loneliness is a major health issue and community engagement has proven to be one of the most effective ways of tackling this issue.

mPower is seeking to link with clubs/associations or societies who feel they have a social engagement opportunity for an older person within their programmes either as a member or a volunteer. For more information visit **mPower** website www.mpowerhealth.eu/

If you have a social engagement opportunity to offer, **please contact Elaine Aughey, mPower Implementation Lead @ elaine.aughey@westerntrust.hscni.net** or 07879 113279.

Hearing loss charity seeks new members to join research panel

People with deafness and hearing loss are invited to join Action on Hearing Loss' research panel to share their experiences and inform the charity's campaigning work.

Panel members are asked to complete up to four online surveys a year and from time to time may be contacted about opportunities to take part in focus groups or one-to-one interviews.

Feedback from the panel has been used to inform the charity's 'Working for Change' campaign, which aims to change attitudes to hearing loss in the workplace, as well as the charity's work on subtitles. Thanks to 6000 people who got involved in the 'Subtitle it' campaign, a law was passed in April 2017 giving **Ofcom new powers to legally enforce subtitles on video-on-demand services.**

To join the panel or find out more, visit www.actiononhearingloss.org.uk/researchpanel where you will be asked to fill in a short questionnaire.

Tara Centre, 11 Holmview Terrace, Omagh BT79 0AH

Tel: 028 8225 0024 email: info@taraomagh.com www.taraomagh.com

Pathways from a Troubled Past – From Welfarism to Civil Rights and the ‘Troubles’

Dr Eamon Phoenix

This series of 5 interactive seminars continues to examine the nature of politics, the economy and society in Northern Ireland in the critical decades after the Second World War. A warm Tara welcome is extended to people of all traditions (and/or no tradition at all) who wish to explore this vital background to modern Ireland. No previous knowledge of Irish history is assumed or required. Final seminar Wednesday 7th November 2018, 7.30-9.30pm (Registration from 7pm)

An Introduction to Ayurveda – Stay vibrant and healthy - realising your full potential.

Dr Aileen O’Kane MD

Dates: Saturday 27th October and Saturday 3rd November 2018

Times: 10.00am - 4.00pm each day (registration 9.30am - 10.00am)

The Enneagram – a powerful gateway to self-awareness and understanding others.

Declan Coyle (2-day workshop)

Dates: Saturday 17th and Sunday 18th November 2018

Times: 10.00am - 4.00pm each day (registration 9.30am - 10.00am)

Yoga for Beginners & Intermediates

Heather Kemps

Beginners – weekly sessions continue until Wednesday 28th November 2018 (10.30am - 12.00pm) and Thursday 29th November 2018 (7.00pm - 8.30pm)

Intermediates – weekly sessions continue until Wednesday 28th November 2018 (12.00pm - 1.30pm) and Thursday 29th November 2018 (8.30pm - 10.00pm)

Soul of Healing Seminars

Maura Twohig and Mary Daly

Dates: Saturday 10th November 2018

Times: 11.30am – 5.30pm (registration 11.00am – 11:30am)

Christmas Meditation – Connect with the true meaning of Christmas

Maura Twohig and Mary Daly

Date: Saturday 15th December 2018

Times: 3.30pm – 8.00pm (registration from 3.00 – 3.30pm)

Meditating Together

Self-Facilitated Group

Dates: Tuesdays 10.30am - 12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

PATHS – an inter-denominational voluntary group formed to support families and individuals bereaved by suicide

Meetings are normally held on the first Tuesday of each month, 8.00-9.30pm.

For further information, contact Jimmy on 07879 414385.

Omagh Men’s Support Group

Meetings are normally held on Monday nights, 7.30-9.30pm.

For further information, contact Gerry on 07799 472968.

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP
Tel 028 6632 5811 www.theaislingcentre.com

Mindfulness Meditation with Mary Conway

8 week autumn course plus Monthly Drop in/Taster Sessions - please contact Centre on 028 6632 5811 if you would like more information.

AA

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm

For information contact Niall Greene or Emma Weaver

t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression).

Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm

For information contact Clare McGovern 07830 117766

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm

For information contact Collette Cullen 07826 535199

SWEDES (South West Enabling Deaf Encouraging Sign)

Deaf, hard of hearing, hearing and signing social network - 2nd Tuesday of the month 7 - 9pm

For information contact Joan Thompson 028 6632 5811

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm

For information contact Karolina at OECSG on 028 8224 9750 Email: oe CSG2@yahoo.co.uk

Island Artists

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903

Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994

Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR

Telephone 028 6632 0210 www.fermanaghhouse.org

Charity Commission Training for Trustees - 'Reporting a Serious Incident to CCNI'.

Wednesday 7 November 7.30-9pm

The Charity Commission for Northern Ireland has statutory objectives to ensure trustees comply with their legal obligations in managing charities, and to increase public trust and confidence in charities. They have recently concluded their consultation on the reporting of a serious incident and will provide guidance to Trustees on when and where they should report serious incidents. For booking please go to <https://www.co3.bz/event/reporting-serious-incident-ccni-0>

Big Lottery Funding – Helen Hill will be available on 9 November and 14 December from 10.30am – 4.00pm to talk to you about your project ideas. For further information contact Helen on 028 9055 1436 or email helen.hill@biglotteryfund.org.uk

St John's Ambulance - 3 day First Aid course on Tuesdays 6, 13 and 20 November and a 2 day Course on Tuesdays 27 November and 4 December. All days run from 9am-4pm. Book via www.sja.org.uk/sja/training-courses/first-aid-courses/search-for-training-courses.aspx

Western Trust Recovery College

Wednesday 7 November - Living with and Managing Anxiety, 10am -1pm

Wednesday 14 November - Living Well with Bipolar, 10am - 1pm

Thursday's 15 & 22 November - Introducing and Exploring Mindfulness, 10.30am – 12.30pm

Wednesday's 21 & 28 November - WRAP, 10.30am – 4pm

Wednesday 5 December - Exploring Your Options, 10am – 1pm

Contact Olive Young on 028 8225 2202 Ext 237337

or Register online at www.westerntrust.hscni.net

Meghan's Yoga Classes – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details contact Meghan on 07837 562516 or email nutt_meggs@hotmail.com

U3A Choir meet on the 1st & 3rd Monday of each month

Family Mediation – assist families experiencing the trauma of separation. Appointments available in Fermanagh House on Monday and Thursday mornings. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

Sarcoidosis Support Group – meet first Monday of the month from 7-9pm

For further information contact WendyWatson27@yahoo.com

St Michael's Bridge Club meet Monday evenings September – May 7.30-10pm

Mum's Wellness Drop in Group - Every Tuesday 10–11.30am.

For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428

Fermanagh Genealogy Centre - volunteers meet for training on the second Tuesday of the month September – June, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at fgc2012@hotmail.com

Victim Support - an independent organisation - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email info@victimsupportni.org.ni

Addiction NI - a community addiction service – Tel 028 9066 4434 or email enquiries@additionni.com

Drinkwise Age Well run a support group on Wednesdays from 1.30-3.30pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

Autism NI Support Group – meet from 8-10pm on the 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834 484229

The Downs Syndrome Support group will meet in Fermanagh House on Wednesday 7 November from 8-10pm. For further details contact Catherine Dunne on 028 6638 8409.

Fermanagh Film Club – showing 'The Ciambra' on Wednesday 14 November and 'Summer 1993' on 12 December from 8-10pm
For further information please go to www.fermanaghfilmclub.com/programme/

Fermanagh Board Game Group meet Wednesday evenings.
Contact Chris Fawcett at paddyfawcett@hotmail.com

Action on Hearing Loss – Free Help and Support drop in session on Thursdays 1 November and 6 December from 10am-11.30am for hearing checks, hearing loss services advice, new batteries & ear mould tubing, help with cleaning etc. Contact Sheena Kelly, Outreach Development Officer on 028 8225 1446/07553 353980 Email: sheena.kelly@hearingloss.org.uk

Training Opportunities

Northern Ireland Piping and Drumming School

Adults/Boys & Girls

Learn to play the bagpipes; snare drum; bass and tenor drum
Learn the discipline of drum majoring and highland dance
Learn the theory of music

Classes run on a Saturday morning 10am-12.30pm in Enniskillen Royal Grammar School, 1 Lough Shore Road, Enniskillen

Please contact Gloria on 07752 217418

Health Improvement Training

The Health Improvement, Equality & Involvement Department of the Western Trust is running SafeTALK - a 3 hour seminar which raises general awareness on how to prevent suicide in our community. This short course is suitable for anyone over the age of 16 and equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with a person or organisation to help keep them safe.

Tuesday 4 December - South West Acute Hospital, Enniskillen, 9.30am-12.30pm

Please note this seminar is not suitable for anyone recently bereaved by suicide

For further information and to book tel 028 7186 5127 health.improvement@westerntrust.hscni.net

**Parenting NI - Walking on Eggshells
Non Violent Resistance Programme
Mondays to 26 November, 10am-12 noon, Enniskillen**

Child to parent violence is an abuse of power through which the child or adolescent attempts to coerce, control or dominate others in the family.

The programme will support parents* and carers to achieve a calmer and violent free home -

- Overcome sense of helplessness
- Develop a support network
- Stop destructive behaviours
- Improve family relationships

*Due to funding stipulations this programme is only available to mothers at this time. All parents/carers will complete an initial telephone assessment to ensure the programme is suitable for their family circumstances. **Call 0808 8010 722 to register.**

Sport NI - Free AED Awareness Sessions

For holders of AEDs within Sports Clubs or Community and Voluntary organisations

This session will cover the basic maintenance, and usage information that is essential to ensuring the maximum effectiveness of an AED in the event of an out of hospital cardiac arrest, and maximise the chances of survival within the first vital minutes afterwards. Please note that this awareness session is not subject to examination or any qualification upon successful completion.

Friday 7 December - CKS Community Centre, Omagh 7-9pm

www.eventbrite.co.uk/e/aed-awareness-session-7th-december-2018-tickets-50899009307

Saturday 8 December – Castle Park Leisure Centre, Lisnaskea 10am-12pm

www.eventbrite.co.uk/e/aed-awareness-session-8th-december-2018-tickets-50899041403

Please book a slot via the above links and should you have any queries please do not hesitate to get in touch on 028 9038 3206.

WAVE Trauma Centre

Psychological Trauma and the Family System

Four-day Workshop facilitated by Ben Harper

Commences Thursday 24 January 2019, 10am-4pm

This course has been designed to explore the maintenance of psychological trauma within the context of the Northern Ireland Troubles. Students will be provided with an overview of theories of trauma within the Family, the influence of trauma on attachment styles and explore the evidence base for systemic work and Post Traumatic Stress Disorder (PTSD). Participants will be required to complete a 2,500 word assignment for course accreditation. Successful participants will receive 10 CAT Points (Level 1) through Open Learning, School of Social Sciences, Education and Social Work, Queen's University, Belfast. This course will run 4 consecutive Thursdays. Cost £125.

You can enrol on this course by visiting www.qub.ac.uk/ol or contact 028 9097 3323/3539 or for further information about the course please contact Trauma Education at Wave Trauma Centre on 028 9077 9922 or email Traum.education@wavetrauma.org

**Please contact the WAVE Trauma Centre, Omagh for any other information on:
028 8225 2522 or admin@waveomagh.co.uk**

DARE to Lead Change

Dialogues About Race and Ethnicity (DARE)

We aim to build, improve and sustain positive relationships through training and dialogue with local people and their neighbours from different cultures and countries.

The DARE to Lead Change Project (DARE) is led by Bryson Intercultural, in partnership with TIDES Training and Consultancy (TIDES), funded by the European Union's PEACE IV Programme and managed by the Special EU Programmes Body (SEUPB). The project is available in Northern Ireland and the Border Counties.

Build relationships through integrated training, this training element has three areas:

1. Stepping into Diversity
2. Good Relations & Civic Leadership - Open College Network qualification (OCN Level 2)
3. Contentious Cultural Issues (OCN Level 2)

The free training is designed for local community groups based in Northern Ireland and/or the Border Counties. For the first part of the training – “Stepping into Diversity” the training is open to all groups. Once your group has completed Stepping into Diversity, we will invite you to work alongside another group who reflect a different part of the community, to complete either or both of the Good Relations & Civic Leadership and Contentious Cultural Issues courses. The set of courses on offer are tailored to the needs of your group and other options and courses are available.

To participate or for more information please contact...

Iulia Picu-Iwaisi Email: iuliapicu-iwaisi@tidestraining.org Tel: 028 9075 1686 / 07397 554102

Carole Kane Email: carolekane@tidestraining.org Tel: 028 9075 1686 / 07397 555905

Funding Opportunities

Register your interest in £500 Youth funding opportunity with Grow Wild

Are you 14-25 and want to flex your creative skills? Then we're offering you the chance to apply for **£500** to lead a project that celebrates UK native wildflowers and fungi in exciting and engaging ways. Our challenge is to make everyone else as passionate as us - and that's where you come in!

We want your project to reach and inspire lots of people in your school, youth group or community. You can use visual art, music, poetry, dance, or theatre... whatever it is that you and your friends are good at. Use your imagination; the more creative the better!

Why should you apply?

- Improve your C.V. or personal statement.
- Make a stronger connection with your community.
- Gain independence and develop new skills.
- Raise awareness about wildflowers and fungi.

Click on <https://r1.dotmailer-surveys.com/864ve8e6-843buqc7> and fill in the details to get more information or telephone 07920 477553 www.growwilduk.com

Community Foundation for NI - Micro Grant Programme

Established in recognition and celebration of the contribution of voluntary groups and people to our society and the need for a simple application process for small amounts of funding.

Grant Size: Up to £1,000

Priorities: Low capacity groups who have limited access to funding

The fund is open for applications on a rolling call basis, subject to fund availability.

You do not have to have a constitution to apply to this fund.

Full details available at <http://www.communityfoundationni.org/micro-grant-programme>

Energy for Generations Fund

ESB Group Next quarterly deadline 13 November. ESB has been a supporter of the arts in Ireland through partnerships with ESB Feis Ceoil, ESB Centre for Study of Irish Art in The National Gallery and ESB Live at the National Concert Hall. Full details available from <https://www.esb.ie/acting-responsibly/community-stem-and-the-arts/esb-corporateresponsibility>

Community Relations Council

Community Relations/Cultural Diversity Scheme has now re-opened

Deadline date: 14 November 2018

Grants are up to £10,000 but the average one is around £5,000 to £6,000.

www.community-relations.org.uk/community-relations-cultural-diversity

If you have any questions or would like to discuss a proposal prior to submitting an application, please contact a member of the Funding & Development Programme on 028 9022 7500 or email info@nicrc.org.uk

Techies in Residence (TiR) Programme now open for applications

The Programme brings together social challenges from charities and social enterprises with digital technology professionals to produce innovative digital products and services that have potential for deep social impact.

Any VCSE organisation can apply through simply submitting a challenge they want to work on where they feel digital technology and innovation support could help enhance their social impact.

The application deadline is 5pm on Friday 7 December 2018. For further information click on <http://www.techinres.com/2018/10/24/techies-in-residence-open-for-applications/>

Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).

The link below provides additional information and a link to the application forms:

http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm

Trees on the Land - Applications now open

We're delighted to announce that applications for trees are now open for what will be the 7th annual planting day. The planting day will be Saturday 9 February 2019.

Open to community groups etc, tree packs are available for the establishment of small woodland areas, coppice, hedgerows, shelter belts, reforestation and agroforestry work. We also have a number of heritage and traditional apple tree packs available.

Applications for trees will close at Midnight on Wednesday 5 December 2018. Please do apply promptly as tree packs are allocated on a first come first served basis.

All of the information about the project and details for making an application are on the website: www.treesontheland.com

Pre-application enquiries are welcome - please email to info@treesontheland.com with any queries.