

Fermanagh & Omagh District Council Community Support News – July 2018

The Community Support Newsletter is published on a monthly basis. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Wednesday 18 July.

Council News & Events

Council's customer Connect Centre opens in Omagh town centre

Fermanagh and Omagh District Council's first Connect Centre – a customer focused hub designed to improve access to Council services and information for its service users – is now open at 16 High Street, Omagh (formerly the Public Services Centre).

The Connect Centre is open Monday to Friday from 8.30am to 6pm. The operating hours of the Council's telephone number - 0300 303 1777 - have been extended to 8.30am-6pm as part of the opening of the Connect Centre.

Residents can access a range of information about Council services and carry out transactions with the Council at the new modern town centre premises.

Free compostable liners for food waste caddies and application forms for Council grants, bursaries, job opportunities and other Council programmes are available at the Connect Centre. There is also a self-service area where members of the public can view the Council website, complete Council transactions online and view planning applications.

A number of Council staff are also located within the High Street building to ensure that the Council's public facing services are easily accessible to all its service users. These include Planning; Building Control; Licensing (including dog licensing) and Economic and Regeneration and funded programmes such as Local Economic Development; Urban Regeneration; Rural Regeneration; Neighbourhood Renewal; Fermanagh and Omagh Local Action Group (LAG); Peace IV and the ASPIRE employability programme.

Customer Service Advisors are also on hand to assist service users to directly contact Council service areas that are not located within the building.

Registration of births, deaths, marriages and civil partnerships continues to take place at the Council offices at the Grange, Omagh.

Services at all other Council facilities and offices including the Townhall, County Buildings and Killyvilly depot, Enniskillen and Lisnamallard House and Gortrush depot, Omagh continue to operate as normal.

A second Connect Centre is planned to open in Enniskillen in spring 2019.

Festival Lough Erne

Saturday 22 and Sunday 23 September

www.festivallougherne.com

Celebrate Fermanagh's finest food and the waterways at Enniskillen Castle. Come and enjoy:

- Tented village filled with local artisan food producers and Irish Crafts
- Cookery demonstrations with celebrity chefs
- Entertainment for all the family
- Water based activities for children

Update of the Community and Voluntary Sector Register

Fermanagh and Omagh District Council is updating its register of community and voluntary organisations operating in the Fermanagh and Omagh District Council area. **All groups or organisations** should get in touch to register or update their details. This includes groups who have previously registered and those who are not currently on the register.

Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require.

You can download a registration form and receive further information on how we process your data on the Council website www.fermanaghomagh.com. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email alison.gilmore@fermanaghomagh.com for a copy of the new registration form.

Exciting new PEACE IV programme to encourage kids' creativity launched

'Creative Cafes', an exciting new programme for children and young people featuring fun and innovative classes, workshops and activities involving creativity and self-expression, was launched recently in the Fermanagh and Omagh district.

'Creative Cafés' is one of 16 projects funded through the Fermanagh and Omagh PEACE IV Local Action Plan from a total funding package of £2.8m. The Local Action Plan delivers projects across three key strands; Shared Spaces and Services, Children and Young People and Building Positive Relations at a local level.

The programme is designed to cater for five different age groups, from infants to teenagers. It has something for everyone, with photography classes, balloon modelling, dance sessions, make-up masterclasses, baby raves and teen blogging courses, all guaranteed to get the creative juices flowing. All workshops and classes will be delivered by qualified local tutors who will enhance the creative process and boost the creative flow of the participants. The programme will be facilitated by FOCUS and will run from July 2018-March 2019 in both Enniskillen Castle and Strule Arts Centre, Omagh.

The Programme is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body (SEUPB). Match-funding for the project has been provided by the Executive Office in Northern Ireland and the Department of Rural and Community Development in Ireland.

Admission to 'Creative Cafés' sessions, workshops and activities is free however pre-registration for the programme is advisable. To register for the programme or to get involved, please contact FOCUS on 028 8224 0991 or email: conor.keys@focuscommunity.co.uk

Free Gardening Training through PEACE IV

Ideal for groups who are planning to create a gardening space but may also be of interest to members of your organisation who would enjoy participating in these sessions.

Although the Growing Communities programme is closed for applications, a wide range of **free** horticulture training sessions and best practice visits will be delivered across the Council Area over the coming year, starting this May. The majority of these training sessions are open to anyone, and offer something for all ages, groups and abilities. Examples of planned workshops include:

- First allotment: Horticulture for beginners
- Themed cooking and jam/chutney making from garden produce
- Path making and raised bed construction
- Soil preparation and management
- Plant Health: Pest and disease management
- Seasonal Maintenance
- Polytunnel Growing 101
- Growing and using herbs from teas to lip balms
- Making hanging baskets and window boxes
- Permaculture and organic growing
- Community Garden Management
- Plant propagation
- Wildlife Gardening: Gardening to encourage biodiversity
- Mother and Toddler story telling gardening sessions

Why not take a plot at your nearby allotment or community garden?

In addition to free training, many of the gardens involved in this programme have plots available for community groups and individuals to use. Community gardening is a cheap and fun way to bring your group together, with the opportunity to learn new skills, socialise and get some light exercise.

If you are interested in getting involved in one of these gardens, or would like more information on the training workshops, please contact Roisin Grimes, FODC Community Garden Project Officer roisin.grimes@fermanaghomagh.com

Community Groups involved:

Fermanagh -

Lisnaskea Lough Head Allotments

SEFF Allotments, Lisnaskea

Community Garden at Share Discovery Village

Donagh Community Garden

Devenish Partnership Forum Allotments, Enniskillen

Omagh -

MACCA Allotments, Mullaghmore

Campsie Residents Association Community Garden

Drumduff and Drumnakilly Community Garden

Creggan Education and Research Centre Community Garden

Owenkillew Community Development Association Community Garden, Gortin

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email louise.mclaughlin@fermanaghomagh.com

Community Planning Update

Following the launch of "Fermanagh and Omagh 2030" in March 2017 (which is the overarching Community Plan for the district), an Action Plan has been produced which includes actions which will help to begin to jointly tackle the major issues in the district and require a high level of partnership working to achieve, with a focus on prevention and early intervention. Some of the actions can be delivered in the short to medium term, others will take longer to fully achieve.

If you would like more information about the Community Plan Action Plan, you can get in touch with Oonagh Donnelly, Community Planning officer by telephoning 0300 303 1777, ext 20213, textphone 028 8225 6216 or email communityplanning@fermanaghomagh.com.

Community Support Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.

Droiner Tribe Are Congress Gardy Con

Community Support Officer Area

https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cacbeb2f5ee703c291b

Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form from the Council web site http://www.fermanaghomagh.com/residential-services/community/community-register/

Contact us on 0300 303 1777 Ext 21217 Email: alison.gilmore@fermanaghomagh.com

Relaunch of advisory groups to improve access to Council services and facilities

Fermanagh and Omagh District Council has relaunched a number of Advisory Groups to provide support, guidance and direction to Elected Members and Council Officers on matters related to disability, with a particular focus on how Council services are designed and delivered.

The three Groups – the Disability Advisory Group; the Enniskillen Access Advisory Group (previously known as Ardhowen Arts and Disability Advisory Group); and the Omagh Access Advisory Group (previously known as Strule Arts and Disability Advisory Group) – were initially established to provide support to the Council's Arts and Heritage service. However, following a period of consultation the Groups have now been relaunched with a wider remit to include all Council facilities and services.

Membership of the Disability Advisory Group consists of both Elected Members and Volunteer Members, whilst both Access Advisory Groups consist solely of Volunteer Members who either have a disability or represent people with disabilities.

The Disability Advisory Group will also work to ensure that the Council is delivering upon its promises outlined within its Disability Action Plan 2017-2019.

The Groups will meet on a regular basis throughout the year. If you have an issue or concern regarding access to Council services or facilities and would like to bring this to the Groups' attention for consideration, please contact a member of the relevant Group – contact details are available on the Council's website.

For further information on the Disability Advisory Group, or any of the Access Advisory Groups or to raise an issue or concern, please email disability@fermanaghomagh.com or telephone Matthew Nevin or Finbar Maguire, Fermanagh and Omagh District Council on 0300 303 1777 or Text Phone 028 8225 6216.

Disability Sailing on Lough Erne

Fermanagh and Omagh District Council is working in partnership with the Public Health Agency, Disability Sport NI, Sport NI and Lough Erne Yacht Club to provide sailing opportunities on Lough Erne for people with disabilities through the Sailability Project.

Four specialised and adapted sailing boats have been purchased through the Sailability project and are available for use at Lough Erne Yacht Club. The boats are also ideal for use by older people.

The project is led by Disability Sport NI and is part of a wider 'Active Living: No Limits 2021 Action Plan'. The aim of this initiative is to improve the health and well-being of people with disabilities in Northern Ireland through participation in sport and active recreation.

For more information on how you can get involved in the sailing programmes please contact the Lough Erne Yacht Club by telephone on 028 6638 8432, email info@leyc.net or look on the club website www.leyc.net.

To enquire about sailing opportunities generally within the Fermanagh and Omagh District Council area please contact Imelda McCarron by calling 0300 303 1777 or email lmelda.mccarron@fermanaghomagh.com

Elite Athlete Gold Card Scheme

The Elite Athlete Gold Card Scheme supports sports men and women from the Fermanagh and Omagh District Council area who have attained International or National success in their chosen sport. Fermanagh & Omagh Sports Forum has responsibility for assessing and administering the scheme.

Athletes will, subject to a successful application, be included in the "Elite Athlete Gold Card" Scheme and will be permitted to use identified recreation facilities owned and managed by Fermanagh and Omagh District Council. These include:

- Bawnacre Centre, Irvinestown fitness suite.
- Castle Park Leisure Centre, Lisnaskea –fitness suite.
- Fermanagh Lakeland Forum, Enniskillen fitness suite, swimming pool and athletics track.
- Omagh Leisure Complex, Omagh fitness suite, swimming pool and athletics track.

The "Elite Athlete Gold Card" will be issued to athletes for a maximum period of 12 months, subject to terms and conditions of use.

Further information, including eligibility criteria, conditions and an application form can be obtained via http://www.fermanaghomagh.com/residential-services/leisure/elite-athlete-gold-card-scheme/

Waste and Recycling

It is vital that we understand what happens to our waste – this helps us to think about how we can reduce and recycle our rubbish. By learning more about waste and recycling we can all do our bit for the environment.

Fermanagh & Omagh District Council believe in working with this and future generations to help improve our recycling and recovery rates. The recycling education officers are available to educate people about our facilities; the role everyone plays in recycling; and the benefits for the community.

If you are interested in an activity for your youth group or community group, please send a brief email outlining the dates you are interested in and details of your group to claire.mcdermott@fermanaghomagh.com or anthea.owens@fermanaghomagh.com and we will get in touch to discuss organising a bespoke session for you.

Please donate unwanted furniture and paint

Residents are encouraged to bring unwanted bulky items including wardrobes, tables and chairs etc to recycling centres located at Gortrush, Omagh, Fintona, Carrickmore, Drummee, Enniskillen, Irvinestown, Kesh and Lisnaskea. These items are collected by third sector organisations, refurbished and reused for social enterprise in your community.

Residents can also donate unwanted, usable paint that is then made available free of charge to residents and community groups throughout Fermanagh and Omagh District to use in the home, garden or on community projects.

For further information please contact Anthea Owens, Recycling, Education and Grants Officer, Fermanagh & Omagh District Council on 0300 303 1777.

Community News

North Leitrim Women's Centre

Peg Loom Weaving Workshop in Belcoo Healthy Living Centre on **Tuesday 3 July** at 10am.

This is part of the Women Along the Border Project, supported by the EU's Peace IV Programme. For further information or to book your place contact Isobel at 00 353 71 9856220 or email womenalongtheborder@gmail.com

Celebrating the Local Sporting Workforce

Sport Northern Ireland is giving the sporting community an opportunity to say "thank you" to local coaches, officials and volunteers as it opens nominations for the 2018 SportMaker Awards.

The Awards acknowledge the work of Northern Ireland's sporting workforce and highlight the outstanding people and projects that have made a big impact over the last year.

Nominations can be made by anyone via the Sport NI website, with 12 award categories recognising achievement at all levels of sports participation, from grassroots through to high performance.

Members of the public can make their nominations via the Sport NI website www.sportni.net/SportMaker

Nominations close on Friday 6 July 2018 for all categories.

Lough Erne Heritage

Public lecture on **Saturday 7 July** – 2.15pm in Enniskillen Library, ending at 3.30pm – George Morrissey on Saint Mogue's Cot

We warmly welcome new members. Benefits of membership includes free entry to all our lectures plus a regular newsletter. Our events have been organised both to inform and to encourage more interest in the history and heritage of the traditional wooden boats and the people who built and used them on Lough Erne. For further information contact info@lougherneheritage.com

Northern Ireland Blood Transfusion Service

Dromore – St John's Business & Enterprise College – Friday 6 July 4-8pm

Omagh Rugby Club – Monday 9 July and Tuesday 10 July, 1.45pm–4pm & 5.30pm–8pm Wednesday 11 July, 9.30am–2.30pm.

Please check out http://www.nibts.hscni.net/donating-blood/where-to-donate/ for further Scheduled Donation Sessions. Telephone 028 9032 1414

"Have a Go" in the Kitchen Garden at Florence Court

Make a Busy Bee Hotel **Tuesday 10 July** Drop-in between 11am-3pm. Join us on 'National Don't Step on a Bee' Day and create your very own 'bee hotel' - a space for solitary bees to nest in.

Summer Fruits Jam-making Workshop **Sunday 15 July** 2pm-4pm. Pick your own strawberries and raspberries fresh from our Kitchen Garden and pick up some handy tips as we demonstrate the art of homemade jam-making!

Fun Flower Arranging for Kids **Sunday 26 August & Sunday 2, 9, 16 September** 2pm-4pm. Let the little ones grab a basket and collect flowers from our garden to create a jam-jar flower arrangement to take home or give to someone special!

For more information visit www.nationaltrust.org.uk/florence-court facebook.com/NationalTrustFermanagh

Family Wellness Project/Cause Parent/Carer Support Groups

Monday 23 July, Enniskillen 7-9pm

Thursday 26 July, Omagh 7-9pm

Positive parenting strategies are covered at each meeting. 1-1 meetings are also available. Parents/Carers should contact Charmaine McCorry before attending to ensure criteria is met.

Tel: 07740 410169 www.cause.org.uk

http://www.parentingni.org/family-wellness-project/about-family-wellness-project

Department of Health - Reform of Adult Social Care Important opportunity for individual involvement for local family carers

The Department of Health is asking for family or informal carers across the five Trust areas to complete an expression of interest in being involved in the upcoming Reform of Adult Social Care. An Independent Expert Panel (IECO) is being established made up of carers across the five Trusts who have experience within one of the adult Programmes of Care (POCS), older persons' services, adult mental health, adult learning disability and adult physical disability. You can apply online or ask for an application to be mailed to you. For further information click on https://www.health-ni.gov.uk/publications/independent-expert-carers-panel-member-recruitment-documents

DOH Contact Tel is 028 90 765630. Reimbursement of out of pocket expenses including cost of alternative care arrangements will be provided in accordance with current guidelines.

Closing date 10 August 2018

This is an opportunity for families and carers to have their individual voices heard in the shaping of future services. Caroline Kelly will meet with any group of carers to explain more details of the project and the expert report Power to People. Tel 07768 000165

AWARE Mood Walks

Overcoming Depression. Changing Lives

Omagh - Sunday 16 September

For more information and to register go to www.aware-ni.org

Email fundraising@aware-ni.org Tel 028 9035 7820

Alzheimer's Society - United Against Dementia

Will you join the thousands of volunteers already taking on dementia?

Volunteer: Dementia Friendly Community Champion NI

The Dementia Friendly Community Champion role is essential in creating dementia friendly communities across Northern Ireland.

What's involved?

- Delivering interactive dementia awareness workshops
- Delivering targeted dementia information sessions within your local community, networking at relevant events, gatherings and groups
- Raising the profile of Dementia Friendly Community Programme through posters, leaflet distribution, social and mass media
- Supporting local campaigning activity which champions the rights of people affected by dementia

Interested?

If you would like to find out more about this or any of our volunteering opportunities please contact Rosario Mc Hugh, Volunteering Officer (rosario.mchugh@alzheimers.org.uk /028 71 384570) or visit our website at www.alzheimers.org.uk.

Community Accountancy Services Northern Ireland (CASNI)

CASNI is the charity that helps other charities! Our service enables Charities, CIC's, Groups and all other types of Voluntary Organisations, to bypass commercial Accountants (and their high fees) thereby keeping a hold on more of their income and funding, for the good of their work.

From our charity office in Cityside, Derry, we now offer many other services, over and above accounts preparation and independent examination. For the annual membership fee of £100, all groups and registered charities within Northern Ireland can have 12 months help and advice with governance, book-keeping, funding and bid writing, plus financial health checks. Small additional fees will get groups and registered charities a payroll service if required and accounts prepared in line with the Charity Commission's and Companies House guidelines up to a maximum annual income of £250,000. These fees are agreed prior to any work taking place and will be outlined within our membership engagement letter. When turnover is £5,000 or less, the accounts preparation is free, the only cost incurred being our £100 membership fee.

*An annual subscription fee of £100 applies to all.

Tara Centre, 11 Holmview Terrace, Omagh BT79 0AH

Tel: 028 8225 0024 email: info@taraomagh.com www.taraomagh.com

Transforming Stress & Anxiety into Vitality – Michael O'Doherty

Saturday 8 and Sunday 9 September, 10am - 4pm (registration 9.30am - 10am)

Advance Notice

Meditation / Mindfulness Course (Autumn 2018)

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP

For further information on these and other programmes contact the Aisling Centre 028 6632 5811 Visit our website – www.theaislingcentre.com

Register to receive e-updates. email info@theaislingcentre.com / Follow us on Facebook or Twitter

Support Groups and Networks

AA

3 meetings per week. For information contact the Aisling Centre - 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm For information contact Niall Greene or Emma Weaver t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression). Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm For information contact Clare McGovern 07830 117766

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm For information contact Collette Cullen 07826 535199

SWEDES (South West Enabling Deaf Encouraging Sign)

Deaf, hard of hearing, hearing and signing social network - 2nd Tuesday of the month 7 - 9pm For information contact Joan Thompson 028 6632 5811

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm For information contact Karolina at OECSG on 028 8224 9750 Email: oecsg2@yahoo.co.uk

Island Artists

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903 Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994 Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR Telephone 028 6632 0210

Action on Hearing Loss – Free Help and Support drop in session on Thursday 5 July, 10-11.30am - Hearing checks, hearing loss services advice, new batteries & ear mould tubing, help with cleaning etc. Please contact Sheena Kelly, Outreach Development Officer on 028 8225 1446/07553 353980 Email: sheena.kelly@hearingloss.org.uk

St John's Ambulance - 2 day First Aid Course 24 and 31 July.

For further details and booking go to: http://www.sja.org.uk/sja/training-courses/first-aid-courses/search-for-training-courses.aspx

Macular Degeneration Support Group - monthly support meeting third Wednesday of each month from 11am -1.00pm. For further information contact Doris Cutler on 028 66 341404. Next meeting 15 August.

Mum's Wellness – Drop in Group Tuesdays 10-11.30am. Contact Ursula at Mindwise on 028 6632 4334 or 07760 627428

Drink Wise Age Well - support group for the over 50's wishing to talk about drinking on Wednesdays from 1.30 - 3.30pm. Further details at www.drinkwiseagewell-training.org.uk/

Sarcoidosis Support Group - meet first Monday of the month from 7-9pm.

Family Mediation - assisting families experiencing the trauma of separation. Appointments available. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

U3A – leisure and learning co-operative of older people. Choir, drama and poetry. Meet regularly in Fermanagh House. Call 028 66 320 210

Victim Support - A charity supporting people affected by crime. They offer a free and confidential service, whether or not a crime has been reported and regardless of how long ago the event took place. We are an independent organisation - not part of the police, courts or any other criminal justice agency. Contact 028 9024 3133 or email info@victimsuport.org.ni

Addiction NI - A community addiction service/registered charity providing treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings. We also give confidential support for people affected by someone else's drinking or drug use. Contact 028 9066 4434 or email enquiries@addictionni.com

Fermanagh Genealogy Centre - Our volunteers meet in Fermanagh House for training on the second Tuesday of the month Sept - June 7-9pm. If you would be interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you are interested in becoming a volunteer in the Fermanagh Genealogy Centre or wish to join as a member to attend our talks and trip program, email us at fgc2012@hotmail.com

Lough Erne Landscape Partnership Awarded £2.6m from Heritage Lottery

A major new initiative to protect and conserve the Lough and its surroundings is underway thanks to a £2.6million investment from the National Lottery over five years.

The Heritage Lottery Fund (HLF) confirmed the award for the new Landscape Partnership project at Lough Erne led by the Royal Society for the Protection of Birds NI (RSPB NI).

The beautiful Fermanagh Lakeland landscape consists of numerous islands, long shorelines, rivers, wet meadows, blanket bog, grasslands and woodlands. It is home to an array of internationally important species and habitats, and contains a wealth of natural, built, archaeological, cultural and industrial heritage spanning 9,000 years.

The Lough Erne Landscape Partnership (LELP) plans to deliver 23 individual projects to improve access, protect habitats and species, and engage communities with the heritage in 500km2 of landscape. It will support an innovative partnership approach to the ongoing, integrated management of the natural environment, led by the RSPB NI in partnership with Fermanagh and Omagh District Council, Waterways Ireland, Fermanagh Rural Community Network, Upper Lough Erne Tourism Development Association, and the National Trust.

Funding for LELP was awarded through HLF's Landscape Partnership programme which helps to protect and manage some of the UK's most spectacular landscapes.

Activities will include the creation of trails and walkways to improve access. Invasive species will be better managed to allow native plants to thrive and conservation works will support the breeding populations of waders such as curlew, snipe, and lapwing, which have seen a catastrophic decline of more than 80% over the last 30 years.

Local people will be encouraged to get involved in the project, with a dedicated training and volunteering programme providing opportunities to become a heritage champion for the landscape, lead guided tours or develop traditional skills such as stone carving, thatching, and heritage crafts. Engaging with people and communities is at the core of the Partnership Scheme. For further information click on http://lelp.org.uk/

Rural Support

The charity which supports farmers and farming families right across Northern Ireland has undergone a Spring clean of its own – launching a brand new helpline number for those who need guidance or a helping hand.

The Rural Support helpline provides a listening and signposting service for farmers and rural families. A dedicated team of staff and volunteers deal with a range of issues including farm financial pressures, physical and mental health concerns, farming paperwork and bureaucracy.

The freephone helpline number is **0800 138 1678**.

Helpline Operating Hours 9am-9pm, Monday to Friday.

Email info@ruralsupport.org.uk Website www.ruralsupport.org.uk

One Friend Loneliness Group

For individuals who have been bereaved, separated, divorced or just singles who are experiencing loneliness or social isolation. We currently have 32 members ranging in age from 27-80 years. We arrange events in the Enniskillen area such as going to the cinema/theatre, lunch and coffee. Regular walks on Tuesday evenings at 7pm, coffee every Thursday at 12 noon. Anyone interested in participating can contact Pauline McManus on 07972 375795.

Homeshare & Older People Research – Department of Communities NI – Community & Voluntary Groups, Age Sector, Referral Organisations

Shared Lives Plus is carrying out research as part of a small feasibility study into the potential of the Homeshare model to support older people in Northern Ireland. We are keen to hear the views of community and voluntary organisations, age sector groups and referral organisations etc. The survey should only take 3-4 minutes https://www.surveymonkey.co.uk/r/NIHomeshare

What is Homeshare?

- Homeshare schemes can be set up and run by community, voluntary and other non-profit organisations
- They bring together older people (Householders) living on their own (in their own home) with young professionals or students (Homesharer)
- After matching and agreement the Homesharer moves in for an agreed period of time and pays
 a fee to the Homeshare scheme. They also make a monthly contribution to household bills (the
 combination of these payments will be lower than the current market rent for the area)
- In return for cheaper rent, the Homesharer provides an agreed weekly number of hours of low level support to the older person
- This includes tasks like shopping, cleaning, handyperson and gardening jobs and companionship
- · Homesharers do not provide personal care e.g. washing, dressing or other regulated activity
- Schemes can be funded in a number of ways including a mix of grants and fees paid by Householders and/or Homesharers etc for the vetting, approval, matching and ongoing monitoring and support provided
- Schemes can become sustainable and self-financing between 3-5 years depending on the model adopted

For further information contact Frank Johnston, Shared Lives Plus (Northern Ireland)
Telephone 07392 313502 frank@sharedlivesplus.org.uk @SharedLivesPlus

Keep Northern Ireland Beautiful

The Adopt a Spot programme is a scheme that will formally enable groups across Northern Ireland to adopt a locality and look after it. With street cleansing costing nearly £40 million a year, why not take pride in your area and adopt a spot? The area that you adopt can be any area of your choosing, subject to council or landowner approval. It can be anywhere: a section of roadway, beach or green space, a forest park, river or urban area. If there is an area that you think could do with a clean-up and needs a bit of TLC, why not adopt it and instil a sense of "pride in my place."

Adopters can be families, community or youth groups, church groups, schools, businesses or sporting associations. There are a limited number of spaces, so get your application in early! Successful groups will be provided with clean up kits which are to be collected from the Keep Northern Ireland Beautiful office and they will include Litter pickers, Gloves, Branded rubbish bags, Branded high viz vests, Branded Adoption Certificate and adopter pledge, A hints and tips booklet on how to run a successful clean up

Keep Northern Ireland Beautiful asks that you agree to the terms and conditions set out in the contact. This includes agreeing to carry out 4 clean ups over the course of a year, and reporting your results and pictures through the Live Here Love Here website.

To be part of the Adopt a Spot scheme, please contact Karina Magee on 028 9073 6920 karina.magee@keepnorthernirelandbeautiful.org http://www.liveherelovehere.org

Active Female Competition

The Female Sports Forum in partnership with O'Neills Sports have a new **monthly** 'Active Female Competition' to highlight the contribution of women and girls in sport and physical activity across Northern Ireland.

Nominate a participant, coach, volunteer or administrator who has had recent individual and/or team success and/or made an exceptional contribution to their sport in the previous month. After all the nominations are in, the Female Sports Forum will shortlist three of the nominees and post online their reason for nomination on their social media platforms for the public to then vote for the most deserving female who will win a £50 voucher from O'Neills Sports.

For more information and to nominate, please visit training opp

Telephone: 028 9038 3825 Facebook: Female Sports Forum Twitter: @FemSportsForum

Instagram: @femalesportsforum

Action on Elder Abuse Northern Ireland

Violence and abuse do not respect age and no one should suffer. The sad reality is that thousands of older people in Northern Ireland are suffering harm and abuse, most often perpetrated by people they know and trust.

At Action on Elder Abuse Northern Ireland we work to change that. We seek a society that values and protects older people, keeping them safe from neglect, physical and sexual abuse, emotional and financial abuse. We provide help and support to anyone who is concerned about the abuse or harm of an older person. We deliver the only dedicated elder abuse Helpline which is free to call and offers impartial and confidential advice and support to help with your concerns. If you need to talk to us or you are worried about an older person, call us in confidence to get the support every older person deserves. Help is just a phone call away.

AEA Freephone Helpline: 080 8808 8141 www.elderabuse.org.uk/northernireland

Organ Donation Northern Ireland

Speak up and save a life

Approximately 7000 people require an organ transplant annually in the United Kingdom. There is a real shortage of organ donations and unfortunately every year around 14 people in Northern Ireland die waiting for an organ transplant.

Fermanagh and Omagh District Council are working with the Western Health and Social Care Trust (Western Trust) to raise awareness of the need for families and friends to have a conversation around their wishes in relation to organ donation.

This is because after your death, your next of kin will be consulted on whether your organs can be donated, even if you carry a donor card. Any decision they make will be respected. When families or friends know the wishes of their loved ones it can give them the confidence to fulfil your wish to be an organ donor.

There are many ways to register as a potential donor:

- Register online at www.organdonation.nhs.uk or www.organdonationni.info
- Register when applying for or renewing a driving licence
- Register when registering with a GP Practice
- Telephone the NHS Donor Line 0300 123 23 23. Lines are open 24 hours a day all year round
- Download a form from <u>www.organdonation.nhs.uk</u> print it and return it by Freepost

Action on Hearing Loss Northern Ireland is part of the new UK Hear to Inform and Connect (2017-19) project, funded by the Big Lottery Fund. This project will help to grow our information service to reach even more older people with hearing loss.

The aim of the project is to ensure older people with hearing loss feel better informed about how to manage their hearing loss, and where to access further support in their local area. Our information teams will also work with care homes, community groups and local organisations who provide services or support for older people with hearing loss, to help them make their services more accessible and inclusive.

Our information Officers and volunteers will help in a number of ways:

- By delivering information stands in a range of community and health settings such as libraries, leisure centres, GP surgeries and hospitals.
- By giving talks to care homes, local community groups and organisations on deaf awareness, equipment, communication and Action on Hearing Loss services and campaigns.
- By carrying out basic hearing screenings using a hand held screener to identify whether further assessment by a hearing professional is required.
- By providing demonstrations of equipment such as vibrating alarms and amplified telephones, to support older people to better manage their hearing loss.
- By signposting to other local services for older people who are deaf or hard of hearing

For further information or to arrange a talk to your group or get a hearing check contact Geraldine Keys on 07393 232833 or email geraldine.keys@hearingloss.org.uk

Training Opportunities

Verbal Arts Centre Border Compass Project - Youthful Voice's Programme

An exciting opportunity has arisen for 6 lucky young people to take part in a 8 week FREE project that runs from July to August 2018.

We at the Verbal Arts Centre in Derry/Londonderry and Irish Central Border Area Network are looking for children to participate in this new and inspiring cross border project focusing on young people's views and opinions around sectarianism, prejudice, racism, equal opportunities and more importantly Brexit. These discussions will be facilitated and beneficial for the future of our young people.

This project will hopefully start 1st week of July for 1 hour a week for 8 weeks including a two night residential that will take place in Gartan Outdoor Education Centre from 31 July – 2 August. We provide the transport. The residential will include watersports, night line, and team building games for a fun element of it but also they will meet three politicians (North and South) to talk about their views and opinions. THIS IS ALL FREE.

One young person will be asked to become a champion where they will get accreditation in OCN Level 2 in Facilitation skills for Shared Reading where they will then be mentored to run their own reading rooms for the rest of the weeks. This is equivalent to a GCSE and A-level.

Contact Louise Moore, Project Manager on 028 7126 6946

E: listensharechangecoordinator@theverbal.co W: Visit Verbal

Free Summer Camp - Peace IV Programme 2018

Aged between 13-17 years? Are you interested in new skills? Sign up for our Peace Camp on 16-20 July, Gortatole Outdoor Education Centre.

Participants will be offered the opportunity to join OCN Accredited Training Courses.

For further information contact Clodagh or Meadhbh at Omagh Youth Centre on 028 8224 9349.

Email clodagh.fleming@eani.org.uk or Meadhbh.O'Goan@eani.org.uk

Level 2 Award in Food Safety & Hygiene

South West College, Enniskillen Campus

Two day course on Tuesday 28 and Wednesday 29 August 9am-3pm. £16 per person.

Telephone 0845 603 1881. Prior booking essential – Course Code HEP1A.

Free ASIST Training for Community & Voluntary Sector Organisations

ASIST is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognise risk and learn how to intervene to prevent the immediate risk of suicide. A waiting list will be maintained and you will be contacted as and when a place becomes available on future workshops scheduled.

Tuesday 24 & Wednesday 25 July

Strabane Enterprise Centre, Orchard Road Industrial Estate, Strabane, BT82 9FR

Tuesday 9 & Wednesday 10 October

Omagh – venue to be confirmed

Further information available at www.dhcni.com/clear or contact Brenda Morris CLEAR Project Manager on 028 7138 3386

SUSE+ Omagh are now offering

- Essential Skills Numeracy
- Essential Skills Literacy
- Customer Service
- Horticulture

The Literacy and Numeracy Course is running now/through the summer which is important for participants who need Literacy/Numeracy by September 2018.

SUSE+ offers 1:1 mentor support, careers guidance and support when seeking education, training and employment opportunities. Courses are subject to demand and eligibility criteria applies. Please contact Tracy Sharkey, SUSE+ Mentor, South West College, Omagh Campus 0845 603 1881 ext 5417 Mobile 07436 533475 <u>Tracy.Sharkey@swc.ac.uk</u> www.swc.ac.uk

The ASPIRE Programme is Fermanagh and Omagh District Council's Employability Programme; working in partnership with the Western Health and Social Care Trust and the Education Authority Western Region. Are you:

Aged 16 and over?

Unemployed or working less than 16 hours per week?

Seeking employment?

ASPIRE can support you in providing work placements, short courses, qualifications, mentoring, coaching, health and well-being, support with CV's, application forms and interviews; and much more – a programme that's focused on you, the individual, that moves at the right pace for you, all delivered in a supportive and friendly environment.

We currently offer opportunities in Social Media; Computerised Payroll, Computerised Bookkeeping, IT User Skills, Work Experience Placements, Graduate Programme, CSR Cards, Refresher Forklift Licence Training, First Aid Certificates, Classroom Support Package, Essential Skills in Numeracy and Literacy.

For further information call our Omagh office on 028 8224 6535 or the Enniskillen office on 028 6632 6478.

AWARE- FREE 6 week Living Life to the Full Programme

25 September, 2 October, 9 October, 16 October, 23 October, 30 October 11am-12.30pm, Omagh Library

This is a programme which can make a big difference to your life. It can help you manage your feelings when you are stressed, worried or depressed and learn simple practical skills to help you cope with life's challenges.

This is a six-session programme using Cognitive Behavioural Therapy (CBT) concepts – the most evidenced-based talking therapy for people affected by low mood, anxiety or depression. The programme focuses on how we can challenge and change our thinking and behaviour.

Course content

Week one Why do I feel so bad?

Week two I can't be bothered doing anything

Week three Why does everything always go wrong?

Week four I'm not good enough

Week five How to fix almost everything/The things you do that mess you up

Week six Are you strong enough to keep your temper? 10 things you can do to feel happier

straight away

To register please visit the AWARE website https://www.aware-

ni.org/index.php?option=com_rsform&view=rsform&formId=4&Itemid=222&form[Description]=Omagh%20Library%20(Morning)&form[Date]=Tuesday,%2025%20September%202018%2011:00

Funding Opportunities

The €100,000 Thank You Fund seeks to fund projects that inspire and support young people in Ireland and Northern Ireland. Deadline 13 July

https://www.coca-cola.ie/stories/coca-cola-launches-thank-you-fund-2018

Hope for Youth provides grants for organisations offering opportunities for young people aged 11-18 to come together from different cultural, ethnic or religious communities to work together on a creative, practical or outdoors project. **Deadline 31 July**. http://hopeforyouthni.com/

Arts and Older People Grants Programme

Deadline Thursday 5 July

The Arts & Older People Programme aims to strengthen the voice of older people and promote positive mental health and emotional wellbeing through the arts. For further information click on http://artscouncil-ni.org/funding/scheme/arts-and-older-people-grants-programme

Young People & Wellbeing Arts Programme 2016-2019

Deadline for receipt of Expression of Interest Form Tuesday 10 July

The programme aims to improve the mental health and wellbeing of young people by engagement in high quality arts. This grants scheme is open to all constituted C&V organisations and there is no requirement this year to be funded by PHA but there is a requirement to adhere to PHA standards (detail and link provided within below documents). For further information click on http://artscouncil-ni.org/

Community Foundation for NI - Micro Grant Programme

Established in recognition and celebration of the contribution of voluntary groups and people to our society and the need for a simple application process for small amounts of funding.

Grant Size: Up to £1,000

Priorities: Low capacity groups who have limited access to funding

The fund is open for applications on a rolling call basis, subject to fund availability.

You do not have to have a constitution to apply to this fund.

Full details available at http://www.communityfoundationni.org/micro-grant-programme

Community Relations Council

Community Relations/Cultural Diversity Scheme has now re-opened

Deadline date: 14 November 2018

Grants are up to £10,000 but the average one is around £5,000 to £6,000.

www.community-relations.org.uk/community-relations-cultural-diversity

If you have any questions or would like to discuss a proposal prior to submitting an application, please contact a member of the Funding & Development Programme on 028 9022 7500 or email info@nicrc.org.uk

Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).

The link below provides additional information and a link to the application forms:

http://www.nihe.gov.uk/index/community/community social housing investment scheme.htm

Grow Wild Community Project Funding 2018

Sign up to the Grow Wild newsletter for the many free offers, competitions, blogs and lots of amazing information at growwilduk.com. In spring 20018, groups can register for **free Grow Wild seed and fungi kits** to share. Get Creative Youth awards of £500 will be open in 2018 for young people to showcase their creative talents

Pledge your support by planting a virtual seed <u>s.baine@kew.org</u> 07920 477 553 www.growwilduk.com @Grow WildNI Tel: 020 8332 3849

The Architectural Heritage Fund

Rita Harkin has been appointed as the Northern Ireland Support Officer to develop Growing Community Enterprise Through Heritage - a two year project, funded by the Department for Communities' Historic Environment Division and The Pilgrim Trust.

If any community groups in the area are involved in trying to find a sustainable use for an historic building at risk, please contact Rita at: rita.harkin@ahfund.org.uk or call 0300 121 0342. See www.ahfund.org.uk for information on the work of the Fund, regarding grants, loans and advice.

Building Better Futures Loan Fund

The Ulster Community Investment Trust (UCIT) is a Charity which was set up to provide loans to charities, community organisations, sports clubs and social enterprises.

Loans are available for many purposes including property – purchase, construction or renovation, equipment, renewable energy projects, bridging funding gaps, restructuring existing debt, working capital and funding shortfalls in larger grant assisted projects.

UCIT's core loan fund provides loans from £25,000 to £500,000+ to third sector organisations including community associations, rural development initiatives, churches and faith-based organisations, energy and environmental initiatives, childcare schemes and housing associations. As a registered charity, all profits generated by the Trust are recycled for reinvestment into the community sector. For further information contact **UCIT on 028 90315003 or info@ucitltd.com**

The Challenge Fund; Arts and Culture Programme

The Challenge Fund, co-funded by Fermanagh and Omagh District Council and the Arts Council of Northern Ireland will be delivered under three themes; 'Arts for All' concentrating on health and well-being, active ageing and inclusion; 'Multiple Identities' focusing on musical cultural traditions and 'Loughs, Bogs & Mountains' addressing rural arts, traditional skills and the environment. The programme, which will run until October 2019, will be delivered in partnership with a number of organisations including South West Age Partnership, Royal Scottish Pipe Band Association (NI) and Dún Uladh – one of Comhaltas Ceoltóirí Éireann's seven regional centres, Sliabh Beagh Arts, An Creagán and a number of other venues, local organisations and individual artists.

The Challenge Fund will make a total investment of £250,000 across the district. Each of the programme themes will provide a series of arts, crafts, performance and training workshops and activities for various groups in local communities. The Challenge Fund will also deliver an Artist in Residence initiative, bringing distinguished artists into the district to undertake a wide range of activities engaging with local schools, businesses, community groups and artists. There will also be support for local artists including an unprecedented opportunity for an artist to undertake a residency at the Centre Culturel Irlandais in Paris, with prospects of making European and International connections. Finally, a programme of technical and theatre training will take place across the district for local voluntary, community and amateur drama groups and young people.

For further information on the Challenge Fund please see www.fermanaghomagh.com or email culture@fermanaghomagh.com or telephone 0300 303 1777