

Fermanagh & Omagh District Council Community Support News – May 2018

The Community Support Newsletter is published on a monthly basis.

Regular updates are also issued by email.

If you wish to receive these or place an article in the Newsletter

please contact Alison Gilmore on 0300 303 1777

or email alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Wednesday 23 May.

Please ensure that you send your information in on time for this deadline
as groups have indicated they prefer to receive only one email per month.

Council News & Events

Free Training for Community and Voluntary Sector representatives organised by Fermanagh and Omagh District Council

General Data Protection Regulations Training (GDPR) - facilitated by NI Fundraising

Tuesday 15 May, The Bawnacre, Irvinestown, 7.00-9.30pm.

Numbers are limited to a maximum of 2 representatives per group. Prior booking essential.

To book, contact Kellie Beacom or Josephine McMenamin from Community Services
on 0300 303 1777 or email communitysupport@fermanaghomagh.com.

For further information, see 'What is GDPR' in the section below'.

Keeping Children Safe – facilitated by Volunteer Now

Wednesday 27 June, West End Community Centre, Rossorry Church Road, Enniskillen, 6-9pm.

Numbers are limited. Prior booking essential.

To book, contact Bernie Doherty or Josephine McMenamin from Community Services
on 0300 303 1777 or email communitysupport@fermanaghomagh.com.

What is GDPR?

General Data Protection Regulations (GDPR) is a new law that will replace the current Data Protection Act and will become effective on 25 May 2018. The new legislation is likely to affect all community and voluntary groups if the group processes personal data. Some examples of processing personal data could include:

- The Secretary of the group keeps the contact details of all the members of the committee.
- A group has a contact list of those interested in attending events or courses.
- A community group has donor records for claiming Gift Aid.
- A community group has contact details of members displayed on social media or their website.

These examples are by no means an exhaustive list but it gives an indication of some of the many actions groups undertake as part of their normal day to day operations that are impacted by this new law. For further information about GDPR go to <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/>

Fermanagh and Omagh District Council Community Lives PEACE IV Programme

Community Lives is one of a number of Peace IV programmes being managed by Fermanagh and Omagh District Council's PEACE IV Partnership under the European Union's PEACE IV programme. The Community Lives programme delivered by Verbal Arts will focus on areas in Omagh town and Enniskillen across 3 interrelated strands. *Capturing the History, Mapping the Present and Imagining the Future.*

The first strand "Capturing the History" brings together adults from different religious backgrounds. Verbal Arts will undertake community based research, reminiscence work and inter-generational work with residents and former residents of Strathroy, Hospital Road and surrounding areas (Omagh) and Kilmacormick and Coleshill, to include the surrounding areas (Enniskillen) to record and represent the living history of the areas. Participants will have the opportunity to produce publications and online materials, as well as work with a professional photographer to produce an exhibition of work which will be displayed in venues in Enniskillen and Omagh.

The "Mapping the Present" strand will work with community and youth groups across the various areas and bring them together through the development of skills in film making, photography and mixed-media. The participants will have the opportunity to create short digital stories, which highlight the challenges the young people involved face in today's society.

The remaining strand "Imagining the Future" will bring together the work from Capturing the History and Mapping the Present. Participants will walk through a series of sessions which will allow them the opportunity to have their voice heard and develop their visions for the future.

If you are interested in taking part in the Community Lives programme please contact:

Omagh - Tara Taylor-Craig

tara.taylor-craig@fermanaghomagh.com or telephone 0300 303 1777 ext. 20443.

Enniskillen - Patricia McNulty

patricia.mculty@fermanaghomagh.com or telephone 0300 303 1777 ext. 21323

A project supported by the EU's PEACE IV / INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB).

Key Dates for your Diary – Further information in Newsletter or to follow at a later date

May 2018	
2 May	NISRA Training – NI Multiple Deprivation Measures & Indices
4 May	Fermanagh & Omagh Pensioners Parliament – Westville Hotel, Enniskillen
15 May	GDPR Training – The Bawnacre, Irvinestown
25 May	PEACE IV Fermanagh and Omagh Small Grants Programme applications deadline
June 2018	
9 June	Enniskillen 10K
19 June	Farm Health and Safety Workshop - Omagh
27 June	Keeping Children Safe – West End Community Centre

Fermanagh and Omagh PEACE IV Small Grants Programme

Now open for applications

Grants ranging from £5,000 up to £25,000 are available to deliver peace-focused activities aimed at addressing barriers to peace and reconciliation between communities. In line with the PEACE IV Programme's indicative actions for the Building Positive Relations Strategic Objective and in consultation with the PEACE IV Partnership, the following criteria apply:

Criterion 1: Projects targeting those most impacted by the Troubles;

Criterion 2: Projects focusing on single identity areas/estates being supported to promote cross-community interaction;

Criterion 3: Youth Community Projects (with an inter-generational focus) to include initiatives which strive to improve relations by breaking down barriers and challenging attitudes, opinions and beliefs in order to encourage and promote cross community engagement;

Criterion 4: Projects linked to the legacy/history of the Border, focusing on experiences in relation to the past and present day and include dialogue in relation to influencing and imagining the future; and

Criterion 5: Projects linked to commemorations relevant to the district that explore history and heritage in a sensitive manner and build mutual understanding.

Please note documents are available to download from www.fermanaghomagh.com. The closing date for completed applications is no later than 12 Noon on **Friday 25 May 2018**. Completed Applications received after this date and time will be deemed ineligible.

For further information please contact Fermanagh and Omagh District Council's PEACE IV Programme Co-ordinator, Deborah McCartan by telephoning 0300 303 1777 (calls charged at local rate) or email deborah.mccartan@fermanaghomagh.com

Free Gardening Training through PEACE IV

Ideal for groups who are planning to create a gardening space but may also be of interest to members of your organisation who would enjoy participating in these sessions.

Although the Growing Communities programme is closed for applications, a wide range of **free** horticulture training sessions and best practice visits will be delivered across the Council Area over the coming year, starting this May. The majority of these training sessions are open to anyone, and offer something for all ages, groups and abilities. Examples of planned workshops include:

- First allotment: Horticulture for beginners
- Themed cooking and jam/chutney making from garden produce
- Path making and raised bed construction
- Soil preparation and management
- Plant Health: Pest and disease management
- Seasonal Maintenance
- Polytunnel Growing 101
- Growing and using herbs – from teas to lip balms
- Making hanging baskets and window boxes
- Permaculture and organic growing
- Community Garden Management
- Plant propagation
- Wildlife Gardening: Gardening to encourage biodiversity
- Mother and Toddler story telling gardening sessions

Why not take a plot at your nearby allotment or community garden?

In addition to free training, many of the gardens involved in this programme have plots available for community groups and individuals to use. Community gardening is a cheap and fun way to bring your group together, with the opportunity to learn new skills, socialise and get some light exercise.

If you are interested in getting involved in one of these gardens, or would like more information on the training workshops, please contact Roisin Grimes, FODC Community Garden Project Officer roisin.grimes@fermanaghomaggh.com

Community Groups involved:

Fermanagh –

Lisnaskea Lough Head Allotments
SEFF Allotments, Lisnaskea
Community Garden at Share Discovery Village
Donagh Community Garden
Devenish Partnership Forum Allotments, Enniskillen

Omagh –

MACCA Allotments, Mullaghmore
Campsie Residents Association Community Garden
Drumduff and Drumnakilly Community Garden
Creggan Education and Research Centre Community Garden
Owenkilwee Community Development Association Community Garden, Gortin

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email louise.mclaughlin@fermanaghomaggh.com

Community Planning Update

Following the launch of “Fermanagh and Omagh 2030” in March 2017 (which is the overarching Community Plan for the district), an Action Plan has been produced which includes actions which will help to begin to jointly tackle the major issues in the district and require a high level of partnership working to achieve, with a focus on prevention and early intervention. Some of the actions can be delivered in the short to medium term, others will take longer to fully achieve.

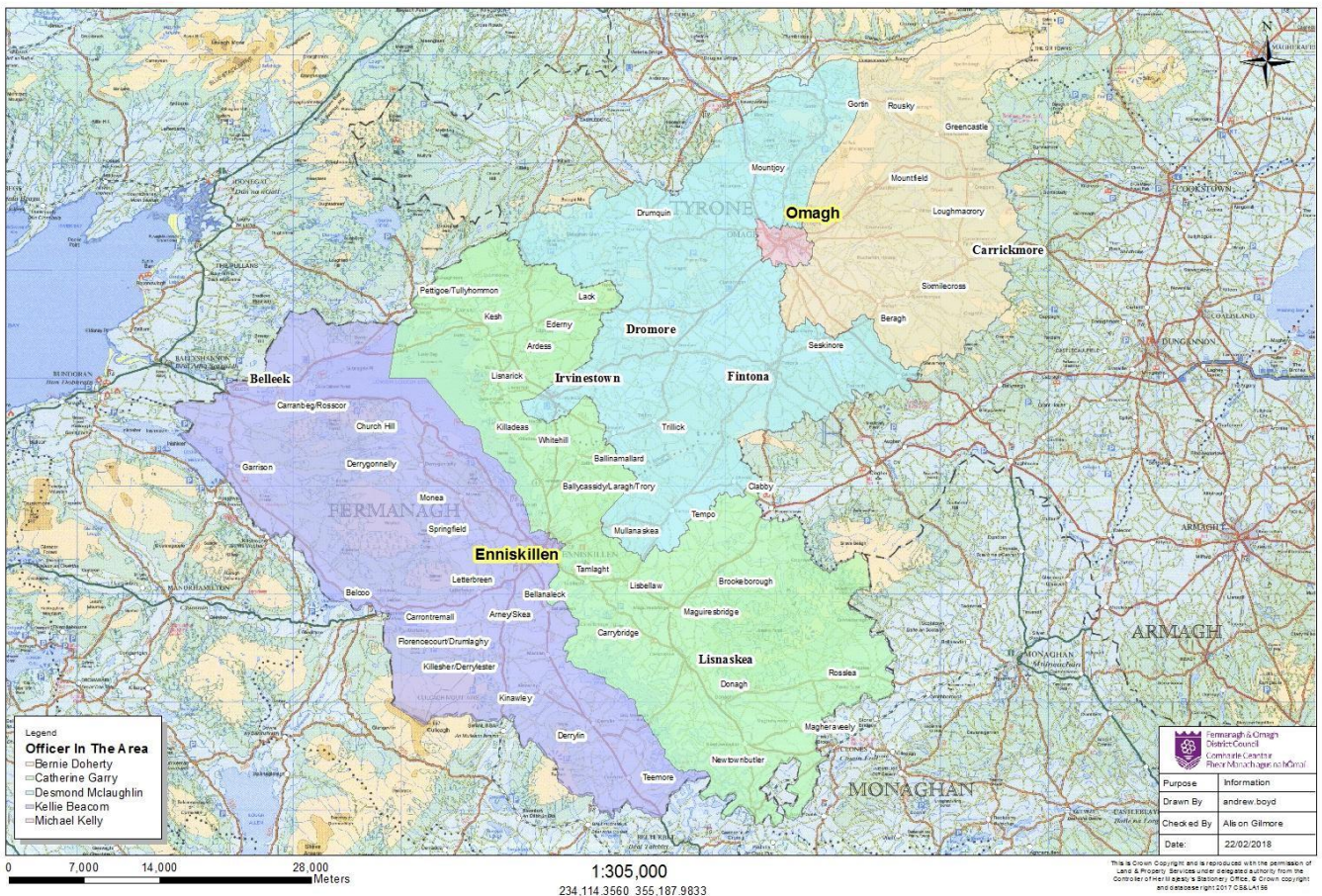
The 8 week public consultation on the Action Plan has now finished. All comments and opinions expressed during the public consultation will be considered by the Strategic Partnership Board in March with the aim of finalising the first Action Plan in April. It is expected that an Action Plan will be published soon and partners will begin implementation as soon as possible.

If you would like more information about the Community Plan Action Plan, you can get in touch with Oonagh Donnelly, Community Planning officer by telephoning 0300 303 1777, ext 20213, textphone 028 8225 6216 or email communityplanning@fermanaghomaggh.com.

Community Support Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777.

Community Support Officer Area



<https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cacb2b2f5ee703c291b>

Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form from the Council web site

<http://www.fermanaghomagh.com/residential-services/community/community-register/>

Contact us on 0300 303 1777 Ext 21217 Email: alison.gilmore@fermanaghomagh.com

Ulster Scots Education Pack

Fermanagh and Omagh District Council is launching a new Education DVD based on the Ulster Scots traditions, language and culture. It will serve as a tool to aid teachers in exploring the Ulster Scots tradition with their pupils and combines History, Language, Dancing and Arts and Crafts. The Education pack has step by step guides to each project, including templates and links to the curriculum.

The DVD has been produced as part of the Good Relations Programme, and was jointly funded by The Executive Office and Fermanagh and Omagh District Council under the “Our Cultural Expression” theme of the Together: Building a United Community Strategy. The theme aims to promote mutual respect and understanding amongst the community, where the community’s diversity is strengthened and where cultural expression is celebrated and embraced.

The DVD is available free of charge to all primary schools within the Fermanagh and Omagh District Council area.

Relaunch of advisory groups to improve access to Council services and facilities

Fermanagh and Omagh District Council has relaunched a number of Advisory Groups to provide support, guidance and direction to Elected Members and Council Officers on matters related to disability, with a particular focus on how Council services are designed and delivered.

The three Groups – the Disability Advisory Group; the Enniskillen Access Advisory Group (previously known as Ardhowen Arts and Disability Advisory Group); and the Omagh Access Advisory Group (previously known as Strule Arts and Disability Advisory Group) – were initially established to provide support to the Council’s Arts and Heritage service. However, following a period of consultation the Groups have now been relaunched with a wider remit to include all Council facilities and services.

Membership of the Disability Advisory Group consists of both Elected Members and Volunteer Members, whilst both Access Advisory Groups consist solely of Volunteer Members who either have a disability or represent people with disabilities.

The Disability Advisory Group will also work to ensure that the Council is delivering upon its promises outlined within its Disability Action Plan 2017-2019.

The Groups will meet on a regular basis throughout the year. If you have an issue or concern regarding access to Council services or facilities and would like to bring this to the Groups’ attention for consideration, please contact a member of the relevant Group – contact details are available on the Council’s website.

For further information on the Disability Advisory Group, or any of the Access Advisory Groups or to raise an issue or concern, please email disability@fermanaghomagh.com or telephone Matthew Nevin or Finbar Maguire, Fermanagh and Omagh District Council on 0300 303 1777 or Text Phone 028 8225 6216.

'What's Your Game?' Club and Coach Education Programme promoting excellence in local sport

The 'What's Your Game?' Club and Coach Education Programme, delivered and funded by Fermanagh and Omagh District Council, provides opportunities for those involved in sport in the district to gain coach education.

Courses available on the 'What's Your Game?' Club and Coach Education Programme are beneficial to junior sports clubs in helping them to achieve Clubmark NI status – a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The 'What's Your Game' programme also includes a range of expert master classes focusing on such areas as disability training and strength and conditioning for athletes keen to improve their personal performance. Being able to offer such expert coaching has the added bonus of attracting new members to clubs. These masterclasses will be delivered in partnership with the North West Coaching Network.

The 'What's Your Game?' programme and application forms are available from www.fermanaghomagh.com and reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown. Alternatively contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email billie-jo.irwin@fermanaghomagh.com

Disability Sailing on Lough Erne

Fermanagh and Omagh District Council is working in partnership with the Public Health Agency, Disability Sport NI, Sport NI and Lough Erne Yacht Club to provide sailing opportunities on Lough Erne for people with disabilities through the Sailability Project.

Four specialised and adapted sailing boats have been purchased through the Sailability project and are available for use at Lough Erne Yacht Club. The boats are also ideal for use by older people.

The project is led by Disability Sport NI and is part of a wider 'Active Living: No Limits 2021 Action Plan'. The aim of this initiative is to improve the health and well-being of people with disabilities in Northern Ireland through participation in sport and active recreation.

For more information on how you can get involved in the sailing programmes please contact the Lough Erne Yacht Club by telephone on 028 6638 8432, email info@leyc.net or look on the club website www.leyc.net.

To enquire about sailing opportunities generally within the Fermanagh and Omagh District Council area please contact Imelda McCarron by calling 0300 303 1777 or email Imelda.mccarron@fermanaghomagh.com

Elite Athlete Gold Card Scheme

The Elite Athlete Gold Card Scheme supports sports men and women from the Fermanagh and Omagh District Council area who have attained International or National success in their chosen sport. Fermanagh & Omagh Sports Forum has responsibility for assessing and administering the scheme.

Athletes will, subject to a successful application, be included in the “Elite Athlete Gold Card” Scheme and will be permitted to use identified recreation facilities owned and managed by Fermanagh and Omagh District Council. These include:

- **Bawnacre Centre, Irvinestown** – fitness suite.
- **Castle Park Leisure Centre, Lisnaskea** –fitness suite.
- **Fermanagh Lakeland Forum, Enniskillen** – fitness suite, swimming pool and athletics track.
- **Omagh Leisure Complex, Omagh** – fitness suite, swimming pool and athletics track.

The “Elite Athlete Gold Card” will be issued to athletes for a maximum period of 12 months, subject to terms and conditions of use.

Further information, including eligibility criteria, conditions and an application form can be obtained via <http://www.fermanaghomagh.com/residential-services/leisure/elite-athlete-gold-card-scheme/>

Waste and Recycling

It is vital that we understand what happens to our waste – this helps us to think about how we can reduce and recycle our rubbish. By learning more about waste and recycling we can all do our bit for the environment.

Fermanagh & Omagh District Council believe in working with this and future generations to help improve our recycling and recovery rates. The recycling education officers are available to educate people about our facilities; the role everyone plays in recycling; and the benefits for the community.

If you are interested in an activity for your youth group or community group, please send a brief email outlining the dates you are interested in and details of your group to claire.mcdermott@fermanaghomagh.com or anthea.owens@fermanaghomagh.com and we will get in touch to discuss organising a bespoke session for you.

Please donate unwanted furniture and paint

Residents are encouraged to bring unwanted bulky items including wardrobes, tables and chairs etc to recycling centres located at Gortrush, Omagh, Fintona, Carrickmore, Drummee, Enniskillen, Irvinestown, Kesh and Lisnaskea. These items are collected by third sector organisations, refurbished and reused for social enterprise in your community.

Residents can also donate unwanted, usable paint that is then made available free of charge to residents and community groups throughout Fermanagh and Omagh District to use in the home, garden or on community projects.

For further information please contact Anthea Owens, Recycling, Education and Grants Officer, Fermanagh & Omagh District Council on 0300 303 1777.

Community News

Fermanagh & Omagh Pensioners Parliament

Over 60? Want to make your voice heard on issues like health and social care, community safety and the cost of living?

Come along to the Fermanagh & Omagh Pensioners Parliament on **Friday 4 May** (10.30am - 3.30pm) in the Westville Hotel, Enniskillen.

Register to attend by phoning Age Sector Platform on 028 9031 2089 or register online via www.pensionersparliament.org.

Lough Erne Heritage

Public lectures begin at 2.15pm in Enniskillen Library, ending at 3.30pm -

Saturday 5 May – Joan Nelson on the Johnston Family and the Mooring Yard

Saturday 9 June – Eugene Brazil on Commercial Fishing on Lough Erne

Saturday 7 July – George Morrissey on Saint Mogue's Cot

We warmly welcome new members. Benefits of membership includes free entry to all our lectures plus a regular newsletter. Our events have been organised both to inform and to encourage more interest in the history and heritage of the traditional wooden boats and the people who built and used them on Lough Erne. For further information contact info@lougherneheritage.com

Northern Ireland Blood Transfusion Service

Derrylin, Main Hall, St Aidan's High School, Derrylin BT92 9LD

8 May, 2.30-4pm and 5.15-8pm

Carrickmore, Dean Maguirc College, 26 Termon Road, Carrickmore BT79 9JR

10 May, 2.30-4pm and 5.15-8pm

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for further Scheduled Donation Sessions. Telephone 028 9032 1414

Pieta House - Darkness into Light

Event takes place on **Saturday 12 May** at 4.15am - Castle Park Centre, Lisnaskea

This year registration is online at www.dil.pieta.ie and T shirts will be posted out to the participants.

For more information telephone the Oak Healthy Living Centre on 028 6772 3843

Fermanagh Genealogy Centre

Frank Rooft will be giving the second and third part of his popular 'Personalities of the Back Streets' talk in Fermanagh House on **Monday 14 May 7-10pm** and **Tuesday 22 May 7-10pm**.

Fermanagh Genealogy Centre members are free, visitors are £4 per person. All are welcome to come and enjoy a very entertaining evening hearing about the old days in Enniskillen's back streets. A DVD of Part 1 will be available for sale on the night and DVD's of Parts 2 & 3 will be available shortly after the event.

Our volunteers meet in Fermanagh House for training on the second Tuesday of the month September - June 7-9pm. If you would be interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mondays, Wednesdays, Thursdays 2-4pm and we will show you around. For further information regarding volunteering, membership or attending our talks and trips, email us at fgc2012@hotmail.com

Women Empowering Women - 5 Week Programme

Omagh Community House, 2 Drumragh Avenue, Omagh BT78 1DP

Would you like to feel more confident, meet new friends and develop new skills? Then this is the programme for you

Selfie – self-esteem, leadership, friendship, influence and empowerment

Rural Community Network in partnership with NIRWN through the St Stephen's Green Trust are offering you the opportunity to engage in a 5-week programme with an additional best practice visit and overnight residential. We can offer you fun, social activities, health and wellbeing workshop, inspirational guest speakers, exploring good relations etc

Programme commences **Wednesday 16 May** and runs every Wednesday morning until 13 June, 10.00am - 12.30pm. Site visit and residential dates TBC.

If you are interested please contact Charmain Jones at Rural Community Network on 028 8676 6670 or email charmain@ruralcommunitynetwork.org to complete an expression of interest form

*Preference will be given to those living in rural areas

*An expression of interest form does not guarantee you will secure a place on the programme as spaces are limited

Teemore Regeneration Group (TRG)

The newly founded community forum "Teemore Regeneration Group" was formed as a voluntary cross community organisation.

The Group was initiated by the local people of the area to access funding to improve the facilities and benefit the inhabitants of Teemore and its environs.

The group is chaired and supported by local residents, who are keen to develop the community. We are a non-profit group with the main aim to develop our action plan which will help promote and improve:

1. Village regeneration and development
2. Provide/establish assistance to key groups within the community
3. Provide/improve facilities of interest and social welfare for recreation
4. Promote and improve community relations
5. Promote culture and heritage within Teemore
6. Develop community events

We will be encouraging local MLAs and policy makers to consider and understand that rural communities can often be overlooked; the Teemore Regeneration Group believes that it is vital that we work in conjunction with local government bodies to tackle issues which affect our surrounding area in a rurally sensitive way.

We have a number of activities planned to commence in the coming months, Road Safety Awareness Day, Improved Road Signage and a Cultural Event. We continue to welcome ideas from new members and the local community regarding future activities and event ideas.

Our official launch night will take place on **Thursday 17 May** at 7.30pm in Teemore Enterprise Centre. We would be more than delighted to extend an open invitation which would give us the opportunity to provide any further information on what our project entails and how we see it benefiting the community as a whole.

If you have any queries please feel free to contact the committee through our email

TeemoreRegenerationGroup@hotmail.com

You can also follow us on our Facebook page Teemore Regeneration Group.

Diabetes UK – Omagh Area Diabetes Support Group

More and more people in Northern Ireland are affected by diabetes, whether being diagnosed themselves or caring for someone else with the condition. There are over 100,000 people living with diabetes in Northern Ireland including an estimated 12,000 people living with undiagnosed Type 2 diabetes.

A good way of finding support is by joining a Diabetes UK Support group which offers people living with diabetes a chance to meet and share experiences with others, in a relaxed and informal environment. Guest speakers will attend meetings and will talk about diabetes and offer advice, help and practical tips to live well with diabetes. The **Omagh Area Diabetes Support Group** is holding its next monthly meeting on **Wednesday 23 May** in Omagh Fire Station at 7.30pm – there will be a talk by a local dietician on “Understanding food and Diabetes”.

Members have found that belonging to a local group like Omagh Area Diabetes Support Group makes a really positive impact on how they approach managing diabetes and the difference that support, whatever form that may take, can make.

For more information about the group, please contact Lorraine on 07780 731227 or join the Omagh Area Diabetes Support Group on Facebook.

Charity Vintage Show and Tractor Run

Saturday 26 May, 11am-4pm at Omagh Showgrounds
(Tractor Run Leaving at 2pm)

Vintage and modern vehicles, craft stall, cake stall, sideshows, entertainment, bouncy castle, raffle, pony and trap rides, auction, barbecue and refreshments served throughout the day
Entry: £5, children free

Tractor/Car Registration: £10 to include plaque and free lunch. Craft stalls: £10 (ring to register)

Please contact: Rev Andy Heber, Clogherny, Seskinore and Drumnakilly Churches
028 8075 8570 andy.heber@googlemail.com

All Proceeds from the day to the Rectory Fund and the Alzheimer's Society

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP

Mindfulness Meditation with Mary Conway

Monthly Drop in / Taster Sessions

Tuesdays 7.30-9.00pm, 22 May, 19 June 2018

Journeying Together with Mary Daly

Monthly support group for people who live with or have lived with a loved one's addiction

Wednesdays 7.30-9.00pm, 9 May, 13 June 2018

For further information on these and other programmes contact the Aisling Centre 028 6632 5811

Visit our website – www.theaislingcentre.com

Register to receive e-updates. email info@theaislingcentre.com / Follow us on Facebook or Twitter

Support Groups and Networks/Workshops

AA

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm

For information contact Niall Greene or Emma Weaver

t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression).

Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm

For information contact Clare McGovern 07830 117766

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm

For information contact Collette Cullen 07826 535199

SWEDES (South West Enabling Deaf Encouraging Sign)

Deaf, hard of hearing, hearing and signing social network - 2nd Tuesday of the month 7 - 9pm

For information contact Joan Thompson 028 6632 5811

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm

For information contact Karolina at OECSG on 028 8224 9750 Email: oeqsq2@yahoo.co.uk

Island Artists

Mondays 7.30pm – 9.30pm & Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays & Thursdays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903

Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994

Enniskillen Tennis Club

Junior Fun Nights take place on Fridays up to the end of June at former Collegiate site. Available to all girls and boys from 4-17 years of age. Non-members particularly welcome.

£3.50 per night – rackets and balls provided. Games organised by experienced coaches under floodlights. Telephone 028 6632 8960 for further information. www.tenniskillen.com

Cancer Connect ni

Saturday 2 June 10am-1pm

Vintage Coffee Morning

Garden Room, Franco's Restaurant, Enniskillen

Tara Centre, 11 Holmview Terrace, Omagh BT79 0AH

Tel: 028 8225 0024

email: info@taraomagh.com

www.taraomagh.com

Workshops and Seminars on offer this term:

Loss: Transgenerational Personal & Ancestral Healing - Father Jim Cogley

Friday 11 & Saturday 12 May, 10am-4pm (Friday) (registration 9.30am-10am)

10am–1pm (Saturday)

Pathways from a Troubled Past (workshop rescheduled from 10 March)

- Dr Éamon Phoenix. Saturday 19 May 10am-4pm (registration 9.30am-10am)

“All Illness Begins in the Gut “– Chronic Inflammatory Disease, Autoimmunity and the Gut Connection – Dr Aileen O’Kane MD

Saturday 23 June, 10am-4pm (registration 9.30am-10am)

A Guided Tour of Historical Inishowen Peninsula – A Deeper Understanding of Shared History - Dr Éamon Phoenix

Friday 29 June, Depart Omagh 9.30am – Return (approximately) 7pm

Transforming Stress & Anxiety into Vitality – Michael O’Doherty

At the time of going to press, the dates are being agreed for the next 2-day event

Also on offer this term:

Soul of Healing Seminars - Maura Twohig and Mary Daly

Saturday 26 May & Saturday 30 June

11.30am – 5.30pm (registration 11.00am – 11.30am)

Yoga for Beginners & Intermediates - Heather Kemps

Beginners – Every Wednesday to Wednesday 20 June (10.30am-12.00pm) and Thursdays to Thursday 21 June (7.00pm-8.30pm)

Intermediates – Every Wednesday to Wednesday 20 June (12.00pm-1.30pm) and Thursdays to Thursday 21 June (8.30pm- 10.00pm)

Meditating Together - *Self-Facilitated Groups*

Mondays 8.00pm-9.30pm and Tuesdays 10.30am-12.00pm

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

Advance Notice:

Meditation/Mindfulness Course (Autumn 2018)

Lisnaskea Historical Society

The next talk is at 8pm on **Monday 21 May** at the Castle Park Centre, Lisnaskea and also incorporates our AGM

Frankie Roofe, a well-known historian and genealogist, will be speaking on his latest research and focusing on local families and stories.

The meeting will finish with refreshments and everyone is welcome.

Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR
Telephone 028 6632 0210

Training Opportunity for 18-25 year olds – Youth Action Northern Ireland are organising some training. Are you interested in Youth Work? An NIOCN Level 2 'Introduction to Youth Work' would be good for you to do. Contact Roisin Kelly on 028 6632 8534 or email roisin@youthaction.org
Website www.youthaction.org

Mum's Wellness Drop in Group – Next meeting is on Tuesday 1 May 10-11.30am. For further details contact Ursula at Mindwise 028 6632 4334 or 07760 627428

Action on Hearing Loss – Free help and support drop in session on Thursdays 3 May & 7 June from 10–11.30am. Hearing checks, hearing loss services advice, new batteries & ear mould tubing, help with cleaning etc. Please contact Sheena Kelly, Outreach Development Officer on 028 8225 1446/07553 353980 Email: sheena.kelly@hearingloss.org.uk

WHSCCT Recovery College Courses - A range of educational courses and workshops designed to promote wellbeing and recovery. They are open to all and are free of charge. You can register online at www.westerntrust.hscni.net and follow the links to Recovery College or contact Olive Young on 028 8225 2202 ext 237337.

9 & 16 May 10.30am-4pm WRAP – Wellness Recovery Action Plan

30 May 10am-1pm – Getting involved in co-production

St John's Ambulance First Aid Courses - Do you or any staff member need First Aid Training? St John's Ambulance run 1, 2 & 3 day certified courses regularly in Fermanagh House on Tuesday's from 9.30am - 4.30pm. All courses now include defibrillator training.
2018 Programme - 1 day Emergency First Aid Course on 15 May.
For further information & booking please phone 028 9079 9393

Paediatric First Aid Full Course (Western Area Child Care Partnership Training)

16, 17, 23, 24 May, 7-10pm

Contact Nicola at the Western Office 028 9536 1042/028 9536 1033 or email

childcare.info@hscni.net Book at www.childcarepartnerships-ni.org/training-quality/

Our Regular Groups:

Macular Degeneration Support Group - monthly support meeting third Wednesday of each month from 11am -1.00pm. For further information contact Doris Cutler on 028 66 341404. Next meetings 20 June and 15 August.

Drink Wise Age Well - support group for the over 50's wishing to talk about drinking on Wednesdays from 1.30 - 3.30pm. Further details at www.drinkwiseagewell-training.org.uk/

Sarcoidosis Support Group - meet first Monday of the month from 7-9pm.

St Michael's Bridge Club - every Monday at 7.30pm September - May.

Family Mediation - assisting families experiencing the trauma of separation. Appointments available. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

U3A – leisure and learning co-operative of older people. Choir, drama and poetry. Meet regularly in Fermanagh House. Call 028 66 320 210

Down's Syndrome Support Group – Meet 1st Weds of month Oct-May at 8.00pm.
Contact Catherine Dunne on 028 6638 8409

Autism NI Support Group - 8-10pm 4th Wednesday of the month (not July or Aug).
Contact Michelle Higgins 07834 484229

Victim Support - A charity supporting people affected by crime. They offer a free and confidential service, whether or not a crime has been reported and regardless of how long ago the event took place. We are an independent organisation - not part of the police, courts or any other criminal justice agency. Contact 028 9024 3133 or email info@victimsupport.org.uk

Addiction NI - A community addiction service/registered charity providing treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings. We also give confidential support for people affected by someone else's drinking or drug use.
Contact 028 9066 4434 or email enquiries@addictionni.com

Enniskillen 10k

Fermanagh and Omagh District Council has announced details of the 2018 Enniskillen 10k Road Race and Leisure Walk which will take place this year on **Saturday 9 June** commencing at 2.00pm. The event, organised by the Council and supported by the National Trust, carries a prize fund of £1,500.

As part of the event, a Kiddies Fun Run will also take place outside the Fermanagh Lakeland Forum, Enniskillen at 12 noon on the day.

This year, the Enniskillen 10k Road Race and Leisure Walk has been, once again, included within the Novosco Grand Prix which is a multi-race competition involving seventeen 10k races in Northern Ireland running from March to November 2018 with a range of prizes. Further information on the Novosco 10k Grand Prix is available from www.novosco10kgrandprix.com

The weekly parkruns in Enniskillen and Omagh can help participants make preparations for the Enniskillen 10k. The parkruns, which comprise a 5k run, jog or walk, take place at the Fermanagh Lakeland Forum, Enniskillen and Omagh Leisure Complex at 9.30am on Saturday mornings to help improve fitness levels. Further information regarding both parkrun events is available at www.parkrun.org.uk

For further information/to register please visit www.enniskillen10k.com Alternatively, please contact Chris Elliott, Fermanagh and Omagh District Council on 0300 303 1777 (calls charged at local rates), telephone 028 8225 6216 or email chris.elliott@fermanaghomagh.com

Western Adult Autism Advice Service

This service is aimed at young people aged 16+ and adults with ASD and those who care for them (parents/carers/professionals). It will be facilitated 4 times per year from 1.30pm – 4.30pm in the local libraries on the following dates:

1 st Thursday in March	Strabane Library
1st Wednesday in June	Enniskillen Library
1 st Thursday in October	Derry Central Library
1st Thursday in December	Omagh Library

You do not need to make an appointment. Just call in and someone will be available to speak with you.

For further information or enquiries please contact Right 4 U Project Officer, The Cedar Foundation, Dromore, Co Tyrone. Telephone 028 8289 7772

Blue Grass Meets Green Grass

We are pleased to announce that the world class dance company Starmaker's will be visiting Ireland from the Southern American State of South Carolina in the Summer. The passion of Starmaker's is to inspire, motivate and enrich every student in the art of dance and this will be their first visit to Ireland. The group will be in Ireland's shores from 4-9 June.

The desire of the Starmaker's students is to share their talent of dance in the clogging genre and sharpen their skills in both Highland and Irish dance techniques while in Ireland. Starmaker's dance company is founded by world Clogging champion Christi Stanton who will be leading a group of 40 people, including 20 students between the age of 8 and 18 years old. The Clogging dance style celebrates the fusion of both Irish and Highland dance adapted in the New World in the same way that Bluegrass and Country music morphed from traditional Irish and Scottish music. In many ways it's an untold story of how dance was fused through immigration and in it's time for Starmaker's to bring the steps back to Ireland.

The dance company's locations and dates in June are as follows:

- 4 June Belfast
- 5 June Belfast
- **6 June Enniskillen**
- **7 June Enniskillen**
- 8 June Newcastle
- 9 June Dublin

We would like to partner with other Highland Dance and Irish Dance schools and eager to find connections for the students to form relationships for education, dance, and hospitality!

Contact Judith McLoughlin Judith@shamrockandpeach.com

Join us to celebrate 100 years of women's suffrage!

You are invited to join PROCESSIONS, one of the UK's largest ever mass participation artworks, produced by Artichoke and commissioned by 14-18 NOW.

On **Sunday 10 June**, women and girls – including those who identify as women and non-binary individuals – will walk together in their tens of thousands through Belfast, Cardiff, Edinburgh and London. Participants will be given green, white or violet to wear to represent the colours of the suffrage movement.

Register at www.processions.co.uk to take part in this once-in-a-lifetime living artwork, celebrating a historic moment for gender equality and creating a dramatic portrait of women in the 21st century.

Farm Health & Safety Workshop

Delivered as part of the Northern Ireland Rural Development Programme (RDP) 2014-2020 - Farm Family Key Skills.

Tuesday 19 June, 7pm – Omagh

For farmers, farm family members and farm employees. The free workshops offer practical awareness raising which covers the everyday hazards faced by the farming industry. All those who attend will be entered into a free monthly draw to receive a free bundle of goods – a hi vis, bodywarmer, head torch and pair of wellingtons.

Anyone interested in attending must register in advance Tel RDC on 028 8676 6980 or www.cafre.ac.uk/industry-support/farm-family-key-skills/.

Training can also be set up locally for a group of farmers, family members and employees in your area.

Cycle for AWARE **Overcoming Depression. Changing Lives**

Hosted by Omagh Wheelers and Omagh AWARE Fundraising Committee, a 30 mile and 50 mile cycle will take place on **Sunday 17 June** starting at Youth Sport, Killyclogher Road, Omagh at 10am.

Register at www.aware-ni.org/challenge-events/cycle-for-aware.html

Registration is £10 and we ask that you fundraise as much as you can. Registration is available on the day of the event 8.30-9.30am but it is recommended you register in advance.

Join us for a BBQ after the cycle on your return to Youth Sport.

AWARE Mood Walks **Overcoming Depression. Changing Lives**

Omagh - Sunday 16 September

For more information and to register go to www.aware-ni.org

Email fundraising@aware-ni.org Tel 028 9035 7820

Rural Support

The charity which supports farmers and farming families right across Northern Ireland has undergone a Spring clean of its own – launching a brand new helpline number for those who need guidance or a helping hand.

The Rural Support helpline provides a listening and signposting service for farmers and rural families. A dedicated team of staff and volunteers deal with a range of issues including farm financial pressures, physical and mental health concerns, farming paperwork and bureaucracy.

The freephone helpline number is **0800 138 1678**.

Helpline Operating Hours 9am–9pm, Monday to Friday.

Email info@ruralsupport.org.uk Website www.ruralsupport.org.uk

Introducing The Next Chapter ...

... a new project targeting women to develop their ideas, build communities and support the transition out of conflict. The Next Chapter aims to improve the representation of women in public and political life and contribute to a more gender-sensitive society in Northern Ireland and the border regions of the Republic of Ireland.

How can you get involved? The Next Chapter is a two-year project. It will include the creation of a network of people working together to support peace and reconciliation, mobilising social change in their own communities and nurturing aspirations on a shared future. 10 Chapters will be set up engaging 300 people, with 200 participants completing a Capacity Development training programme. Each Chapter will be demographically representative and inclusive of participants from all communities.

To register your interest visit www.thenextchapter.eu

For further information please contact Project Co-ordinator Sarah Malone at Sarah@irishrurallink.ie

Family Wellness Project/Cause Parent/Carer support group meetings

Tuesday 1 May, 11am-12.30pm The Station Centre, Omagh.

Wednesday 30 May, 7-9pm Fermanagh House, Enniskillen.

Parents/Carers should contact charmaine@cause.org.uk directly to fill in a referral form before attending to ensure the criteria is met. Positive parenting strategies are covered at each meeting. 1-1 meetings are also available. Should you have any further queries, please contact Charmaine on 07740 410169

www.cause.org.uk

<http://www.parentingni.org/family-wellness-project/about-family-wellness-project>

Erne East Community First Responder Scheme

Volunteers Wanted

We are in the process of organising training to assist with the expansion of this very successful scheme.

The Oak Healthy Living Centre in association with the Northern Ireland Ambulance Service, established the Community First Responder Scheme in the Erne East area. This unique rural service is run in partnership with Northern Ireland Ambulance Service, where volunteers are contacted by NIAS and respond in the event of a heart attack/cardiac arrest situation in their local community.

Whilst considerable progress has been made in Donagh, Newtownbutler, Aghadrumsee and Roslea areas, it is hoped to expand the scheme, especially in the Lisnaskea, Maguiresbridge and Brookeborough areas. Training will be provided through Northern Ireland Ambulance Service for those wishing to consider becoming a volunteer with this scheme.

Anyone who wishes to register for the free training in Basic Life Support and consider being a volunteer for the Erne East First Responder Scheme should contact

Stephen Mulligan, Erne East Community Partnership

Tel 028 6772 3843 Email stephen.ohl@btconnect.com

School Governor Campaign Launched

The Department of Education and the Education Authority (EA) have recently launched a recruitment campaign to promote and encourage applications to the role of school governors. As the four year term for existing governors is coming to an end, we now need people with a range of skills and experience to help manage schools across Northern Ireland.

The Boards of Governors of schools have an important role to play in the management of a school alongside the Principal. A key function of the school governor role is to make sure that the school provides its pupils with a good education and meets all their educational needs

There are many personal benefits that come from being a school governor. It provides the opportunity to meet new people, learn new skills and to contribute significantly to the success of local schools and education in Northern Ireland more generally.

Further information is available on the EA website www.eani.org.uk/schools/school-governors/. This includes the 'Becoming a School Governor' booklet. Download a copy of the application form at <http://www.eani.org.uk/schools/school-governors/do-you-want-to-be-a-governor/application-process/>

If you have any further queries please contact governor support services govsupport@eani.org.uk.

Don't get your heart - and bank balance - broken by romance scammers, warn TSS

With Valentine's Day and thoughts of romance still fresh in people's minds, the Trading Standards Service in Northern Ireland is warning people to be careful about who they accept as a 'friend' online, as they are aware that people can be preyed upon by dating and romance scammers, on social media sites.

Sharon Muldoon of the Trading Standards Service said: "Social media has overtaken online dating sites as the most common way for dating and romance scammers to contact potential victims. If you're going on social media, a dating site or app to find a potential Mr or Ms Right, it's important to keep your guard up to a scammer's advances."

Trading Standards has provided the following tips to enable you to help to protect yourself from an online dating/romance scammer:

- Scammers create believable profiles to present themselves as an almost too good to be true 'catch' - use a Google Image search to check if their profile picture is genuine;
- If the person you are interested in says they are overseas, or can't meet you right now for any reason, be suspicious - their excuse may sound reasonable, but it is usually a lie;
- Be careful when people profess strong feelings early on - scammers want you to fall in love with them, so they can abuse your trust and feelings to get money out of you;
- Scammers spin sympathetic tales about why they need money, but please don't fall for it - you should never ever give, or send money to someone you have only met online; and
- Don't share intimate photos or use webcams in an intimate setting - scammers will use these photos or webcam recordings at a later date to blackmail you.

If you think that you may be involved in a romance scam please contact Action Fraud immediately on 0300 123 20 40, or log onto their website <https://www.actionfraud.police.uk/> to use their online reporting tool. Alternatively, if you would like to speak with an Officer within the Trading Standards Service in Northern Ireland, please phone 0300 123 62 62.

Alzheimer's Society – United Against Dementia

Have fun, meet people and support people affected by dementia

Omagh Volunteer Fundraising Group - Join a group of like-minded people in your area to plan and organise events and activities. Working with the local Community Fundraiser, you will attend meetings with other core members, research, contribute ideas, promote and attend events. You may also take on an area of further responsibility such as Group Leader or Treasurer. This could be a couple of hours per month for planning meetings plus attending events.

Become a Fundraising Representative in Enniskillen - The Fundraising Representative role will provide support to the Community Fundraiser, attending cheque presentations, giving talks about the work of Alzheimer's Society and attending events as a representative of Alzheimer's Society. This is an ideal role for someone who has excellent communication skills and is confident in giving talks, is approachable and is willing to learn about dementia and Alzheimer's Society.

If you would like to find out more about this or any of our volunteering opportunities, please contact Rosario Mc Hugh, Volunteering Officer (rosario.mchugh@alzheimers.org.uk /028 71384570) or visit our website at www.alzheimers.org.uk.

Keep Northern Ireland Beautiful

The Adopt a Spot programme is a scheme that will formally enable groups across Northern Ireland to adopt a locality and look after it. With street cleansing costing nearly £40 million a year, why not take pride in your area and adopt a spot? The area that you adopt can be any area of your choosing, subject to council or landowner approval. It can be anywhere: a section of roadway, beach or green space, a forest park, river or urban area. If there is an area that you think could do with a clean-up and needs a bit of TLC, why not adopt it and instil a sense of “pride in my place.”

Adopters can be families, community or youth groups, church groups, schools, businesses or sporting associations. There are a limited number of spaces, so get your application in early! Successful groups will be provided with clean up kits which are to be collected from the Keep Northern Ireland Beautiful office and they will include:

- Litter pickers
- Gloves
- Branded rubbish bags
- Branded high viz vests
- Branded Adoption Certificate and adopter pledge
- A hints and tips booklet on how to run a successful clean up

Keep Northern Ireland Beautiful asks that you agree to the terms and conditions set out in the contact. This includes agreeing to carry out 4 clean ups over the course of a year, and reporting your results and pictures through the Live Here Love Here website.

To be part of the Adopt a Spot scheme, please contact Karina Magee on 028 9073 6920
karina.magee@keepnorthernirelandbeautiful.org <http://www.livehereandlovehere.org>

Active Female Competition

The Female Sports Forum in partnership with O’Neills Sports have a new **monthly** ‘Active Female Competition’ to highlight the contribution of women and girls in sport and physical activity across Northern Ireland.

Nominate a participant, coach, volunteer or administrator who has had recent individual and/or team success and/or made an exceptional contribution to their sport in the previous month. After all the nominations are in, the Female Sports Forum will shortlist three of the nominees and post online their reason for nomination on their social media platforms for the public to then vote for the most deserving female who will win a £50 voucher from O’Neills Sports.

For more information and to nominate, please visit
[training opp](#)

Telephone: 028 9038 3825

Facebook: Female Sports Forum **Twitter:** @FemSportsForum

Instagram: @femalesportsforum

Drink Wise Age Well

Do you want to talk to someone about your drinking? Come along to our weekly support group which is free and confidential for anyone over 50. Local sessions on:

Wednesdays 1.30pm-3.30pm, Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR
Thursdays 11.00am-1.00pm, Omagh Community House, Drumragh Avenue, Omagh BT78 1DP

For further information contact Drink Wise Age Well on 028 8283 9240.

Best of NI at Garden Show Ireland

Garden Show Ireland will once again celebrate our unique local landscape in the garden displays created by Councils at the 2018 Show taking place from **4–6 May at Antrim Castle Gardens**.

The theme for the 2018 Best of Northern Ireland gardens will be "**Northern Ireland's Eco Landscape**" depicting each area's special ecology and providing Show visitors with ideas on how to create gardens that are rich in biodiversity and local wildlife.

For more details please see www.gardenshowireland.com or contact claire@gardenshowireland.com Tel: +44 7703 534623 or +353 86 8580602

Action on Elder Abuse Northern Ireland

Violence and abuse do not respect age and no one should suffer. The sad reality is that thousands of older people in Northern Ireland are suffering harm and abuse, most often perpetrated by people they know and trust.

At Action on Elder Abuse Northern Ireland we work to change that. We seek a society that values and protects older people, keeping them safe from neglect, physical and sexual abuse, emotional and financial abuse. We provide help and support to anyone who is concerned about the abuse or harm of an older person. We deliver the only dedicated elder abuse Helpline which is free to call and offers impartial and confidential advice and support to help with your concerns. If you need to talk to us or you are worried about an older person, call us in confidence to get the support every older person deserves. Help is just a phone call away.

AEA Freephone Helpline: 080 8808 8141 www.elderabuse.org.uk/northernireland

Organ Donation Northern Ireland

Speak up and save a life

Approximately 7000 people require an organ transplant annually in the United Kingdom. There is a real shortage of organ donations and unfortunately every year around 14 people in Northern Ireland die waiting for an organ transplant.

Fermanagh and Omagh District Council are working with the Western Health and Social Care Trust (Western Trust) to raise awareness of the need for families and friends to have a conversation around their wishes in relation to organ donation.

This is because after your death, your next of kin will be consulted on whether your organs can be donated, even if you carry a donor card. Any decision they make will be respected. When families or friends know the wishes of their loved ones it can give them the confidence to fulfil your wish to be an organ donor.

There are many ways to register as a potential donor:

- Register online at www.organdonation.nhs.uk or www.organdonationni.info
- Register when applying for or renewing a driving licence
- Register when registering with a GP Practice
- Telephone the NHS Donor Line 0300 123 23 23. Lines are open 24 hours a day all year round
- Download a form from www.organdonation.nhs.uk print it and return it by Freepost
- Register when applying for a Boot's Advantage Card.

Action on Hearing Loss Northern Ireland is part of the new UK Hear to Inform and Connect (2017-19) project, funded by the Big Lottery Fund. This project will help to grow our information service to reach even more older people with hearing loss.

The aim of the project is to ensure older people with hearing loss feel better informed about how to manage their hearing loss, and where to access further support in their local area. Our information teams will also work with care homes, community groups and local organisations who provide services or support for older people with hearing loss, to help them make their services more accessible and inclusive.

Our information Officers and volunteers will help in a number of ways:

- By delivering information stands in a range of community and health settings such as libraries, leisure centres, GP surgeries and hospitals.
- By giving talks to care homes, local community groups and organisations on deaf awareness, equipment, communication and Action on Hearing Loss services and campaigns.
- By carrying out basic hearing screenings using a hand held screener to identify whether further assessment by a hearing professional is required.
- By providing demonstrations of equipment such as vibrating alarms and amplified telephones, to support older people to better manage their hearing loss.
- By signposting to other local services for older people who are deaf or hard of hearing

For further information or to arrange a talk to your group or get a hearing check contact Geraldine Keys on 07393 232833 or email geraldine.keys@hearingloss.org.uk

Training Opportunities

Free NISRA Training – How to access the online results of the Updated Northern Ireland Multiple Deprivation Measures & Indices (NIMDM 2017).

NISRA will be running a free training session on **Wednesday 2 May** from 12–3pm for any interested neighbourhood groups. This will demonstrate how to access the online results of the Updated Northern Ireland Multiple Deprivation Measures & Indices (NIMDM 2017). For booking contact Hazel McFarland on 028 6632 0210 or email hazel@fermanaghtrust.org

An Introduction to Ulster Scots

Rural Communities Network, in partnership with the Ulster Scots Agency, is running an Introduction to Ulster Scots course at RCN, 38a Oldtown Street, Cookstown BT80 8EF every Tuesday for 4 weeks **from 8 May until 29 May** 7-9pm

This course is designed to provide a basic and very interactive view of Ulster-Scots history and culture. There is also an option to achieve an OCN Level 1.

Topics covered include: 'What it means to be an Ulster-Scot'; 'An Overview of the Plantation'. The other two sessions may include language and/or genealogy.

To register, please contact Charmain at RCN, Charmain@ruralcommunitynetwork.org Tel 028 8676 6670. Cost £8 per person (to be paid on the first night)

Prince's Trust Team Programme

New Team Programme starts Monday 14 May
South West College, Enniskillen

This is a personal development programme for 16-24 year olds and it runs for 12 weeks. It helps participants with confidence, communication and many other interpersonal skills.

Each student will attain a Level 1 Certificate in Employment, Teamwork and Community Skills, a Level 2 First Aid in the workplace certificate and gain valuable experience completing mental health awareness and drugs and alcohol awareness training.

The course offers the opportunity to participate in outdoor adventure activities, to fundraise and complete a community project, to gain experience and skills in a work placement of their choice and to support other groups of people in the community.

It also assists in building/enhancing the participants' CVs, support in completing application forms and to practise interview techniques. Overall this programme supports the participant back into education or employment.

The course is free for people who are not currently in full time education or employment. We reimburse travel costs, it doesn't affect the person's benefits and we pay a childcare allowance for young parents; we also pay a training allowance for 16/17 year olds.

For further details contact Shireen Greene on 07523 273865 Shireen.greene@swc.ac.uk

The ASPIRE Employability Programme is a local employability initiative which has been supporting those who are unemployed or economically inactive in Fermanagh and Omagh since April 2015 and will continue to do so over the next four years.

The Programme is delivered in partnership with the Western Health and Social Care Trust and the Education Authority Western Region.

ASPIRE supports people who are unemployed or working less than 16 hours a week to get back into employment or retrain for a job in a new industry. The Programme provides assistance in facilitating work placements, short courses, qualifications, mentoring, coaching, health and well-being, support with CV's, application forms and interviews; and much more – a programme that's focused on the individual, all delivered in a supportive and friendly environment.

For further information you can contact ASPIRE Omagh on 028 8224 6535 or the team in Enniskillen on 028 6632 6478. Or alternatively, you can like us on Facebook.

Community Family Support Programme

Interested in a career in Health and Social Care or Childcare?

Then start your journey with us by signing up to this exciting course which will result in a recognised qualification - Introduction to Health and Social Care, Early Years and Childcare. This qualification is suitable for school-leavers or people returning to work after a career break. Call 07739 651536 to book your place today.

Terms and Conditions: Open to those who are not in education, training or working less than 16 hours per week. Places are limited -starting in May pending numbers.

Funding Opportunities

Community Foundation for Northern Ireland

The Older People's Fund offers funding for locally based community projects that are planned and run by and for older people. (Previously Turkington Fund)

The fund has recently been reviewed and is now divided into three different funds, with three priorities; Policy, Advocacy and Campaigning Fund, Independent Living Fund, and the Training Fund.

Grants of up to £3000 for the Independent and Training Funds, and up to £10000 for the Policy, Advocacy and Campaigning Fund.

For full details refer to <http://www.communityfoundationni.org/older-people-s-fund>

Closing date **Monday 14 May**.

Multi-Facility Fund – Sport NI

This is a new **capital grants programme** managed and administered by Sport Northern Ireland. The programme is financed by National Lottery funds.

Grants range from £100,000 to £1,000,000. The indicative programme budget will be c£6.75m. The closing date for Stage 1 Applications has been extended to **18 May** at 4pm.

Please refer to <http://www.sportni.net/funding/our-funding-programmes/facility-fund/multi-facility-fund/> for further information and clarifications.

Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).

The link below provides additional information and a link to the application forms:

http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm

Live Here Love Here Small Grants Scheme

The Scheme provides support to volunteer projects that:

- Use innovative ways to reduce littering and dog fouling where you live
- Improve the way your local environment is looked after, whether urban, rural or coastal
- Contribute to the development of civic pride within a community with a focus on environmental improvement.
- Enhance or attract tourism to your community through environmental improvements.

Grants are available from **£500 to £5000** and are open to volunteer and community groups, all school and third level education organisations, youth groups and sports clubs undertaking environmental civic pride projects in all Council areas.

The Small Grants Scheme online application form will be available until Monday 28 May on <http://www.liveherelovehere.org>

Garfield Weston Foundation

For 60 years the Trustees of the Garfield Weston Foundation have supported local charities across the UK. These small to medium organisations are often un-sung champions doing important work to keep our communities connected.

To celebrate the Foundation's anniversary and the vital role of volunteers and community charities, we are excited to launch an additional grants scheme that is **open for applications to 30 June 2018 exclusively** – the Weston Anniversary Fund.

<https://anniversary.garfieldweston.org/weston-anniversary-fund/>

This is a **Capital grants scheme** and applying is a simple one-step process.

If this fund doesn't fit your particular charity or project, then you may want to consider applying to our ongoing, regular grants scheme.

Grow Wild Community Project Funding 2018

Sign up to the Grow Wild newsletter for the many free offers, competitions, blogs and lots of amazing information at growwilduk.com. In spring 2018, groups can register for **free Grow Wild seed and fungi kits** to share. Get Creative Youth awards of £500 will be open in 2018 for young people to showcase their creative talents

Pledge your support by planting a virtual seed [here](#) s.baine@kew.org 07920 477 553
www.growwilduk.com @Grow WildNI Tel: 020 8332 3849

Building Better Futures Loan Fund

The Ulster Community Investment Trust (UCIT) is a Charity which was set up to provide loans to charities, community organisations, sports clubs and social enterprises.

Loans are available for many purposes including property – purchase, construction or renovation, equipment, renewable energy projects, bridging funding gaps, restructuring existing debt, working capital and funding shortfalls in larger grant assisted projects.

UCIT's core loan fund provides loans from £25,000 to £500,000+ to third sector organisations including community associations, rural development initiatives, churches and faith-based organisations, energy and environmental initiatives, childcare schemes and housing associations.

As a registered charity, all profits generated by the Trust are recycled for reinvestment into the community sector. For further information contact **UCIT on 028 90315003** or info@ucitltd.com

The Architectural Heritage Fund

Rita Harkin has been appointed as the Northern Ireland Support Officer to develop Growing Community Enterprise Through Heritage - a two year project, funded by the Department for Communities' Historic Environment Division and The Pilgrim Trust.

If any community groups in the area are involved in trying to find a sustainable use for an historic building at risk, please contact Rita at: rita.harkin@ahfund.org.uk or call 0300 121 0342. See www.ahfund.org.uk for information on the work of the Fund, regarding grants, loans and advice.

The Challenge Fund; Arts and Culture Programme Launched

A new arts and culture initiative which will help to develop skills within the sector, promote positive health and well-being and raise awareness of traditions from a bygone era through arts, crafts and performance has been launched.

The Challenge Fund, co-funded by Fermanagh and Omagh District Council and the Arts Council of Northern Ireland will be delivered under three themes; 'Arts for All' concentrating on health and well-being, active ageing and inclusion; 'Multiple Identities' focusing on musical cultural traditions and 'Loughs, Bogs & Mountains' addressing rural arts, traditional skills and the environment. The programme, which will run until October 2019, will be delivered in partnership with a number of organisations including South West Age Partnership, Royal Scottish Pipe Band Association (NI) and Dún Uladh – one of Comhaltas Ceoltóirí Éireann's seven regional centres, Sliabh Beagh Arts, An Creagán and a number of other venues, local organisations and individual artists.

The Challenge Fund will make a total investment of £250,000 across the district. Each of the programme themes will provide a series of arts, crafts, performance and training workshops and activities for various groups in local communities. The activities will result in the creation of new artworks, development of new skills and expertise, exhibition and performance opportunities and increased capacity across the arts and cultural sector in Fermanagh and Omagh. The Challenge Fund will also deliver an Artist in Residence initiative, bringing distinguished artists into the district to undertake a wide range of activities engaging with local schools, businesses, community groups and artists. There will also be support for local artists including an unprecedented opportunity for an artist to undertake a residency at the Centre Culturel Irlandais in Paris, with prospects of making European and International connections. Finally, a programme of technical and theatre training will take place across the district for local voluntary, community and amateur drama groups and young people.

For further information on the Challenge Fund [please click here](#) or email culture@fermanaghomagh.com or telephone 0300 303 1777