



Fermanagh & Omagh  
District Council  
Comhairle Ceantair  
Fhear Manach agus na hÓmaí

## Fermanagh & Omagh District Council Community Support News – August 2017

The Community Support Newsletter is published on a monthly basis.

Regular updates are also issued by email.

If you wish to receive these or place an article in the Newsletter

please contact Alison Gilmore on 0300 303 1777

or email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

**The deadline for the next Newsletter is Thursday 24 August.**

Please ensure that you send your information in on time for this deadline  
as groups have indicated they prefer to receive only one email per month.

### Council News & Events

#### Outdoor jiving festival 'Jive Live' on the OASIS Plaza, Omagh

Get your dancing shoes on for Fermanagh and Omagh District Council's outdoor jiving festival 'Jive Live' which takes place on the OASIS Plaza on **Saturday 5 August** from 12 noon until 5pm.

On the day, compere Pio McCann will host a great line-up of live music and jiving competitions for junior jivers and adults; £1,000 worth of prizes will be on offer along with food and great entertainment. "Jivetastic", winners of the 2016 Monaghan Jiving Festival will adjudicate the jiving competition and also take to the dance floor to give you the opportunity to practice your jiving skills with Jiving Jim and Fiona.

Artists performing at 'Jive Live' include Dominic Kirwan, Patricia Maguire, Pascal McAnenly, Lisa McCrory, Ed Fox, Gareth Prichard and more, and with Omagh Festival and the Dominic Kirwan Weekend taking place in the town on the same weekend, Omagh will be a hive of music, dancing and entertainment.

Jiving competition categories include:

Junior Jive 7-17 years old

Adult Jive 18 years +

Entry to the competition is free, however, it is essential to register for the event as numbers are limited. **To enter, please register** online at [www.struleartscentre.co.uk](http://www.struleartscentre.co.uk) or on the morning of the event from 11 am at the OASIS Plaza. So dust down your dancing shoes and cowboy hats and come along to 'Jive Live' and dance the day away at this family friendly, open air jiving festival.

For further information visit [www.struleartscentre.co.uk](http://www.struleartscentre.co.uk) or telephone Strule Arts Centre on 028 8224 7831.

### Summer Bands Programme

The following Bands will play at the Round O, Enniskillen on Sundays from 2.30 - 4pm:

06 Aug Brookeborough Flute Band  
13 Aug Church Hill Silver Band  
20 Aug Fermanagh Concert Band  
27 Aug Ballyreagh Silver Band

### Culture Night – Fermanagh and Omagh District

Friday 22 September

Culture Night is a free UK and Ireland annual public event that celebrates culture, creativity and the arts. Thousands of free events will be happening across the UK and Ireland - this is your chance to get involved in the Fermanagh and Omagh district!

We are now taking Expressions of Interest for participation in Culture Night 2017 from:

- Venues
- Groups
- Individuals

**Local artists** are invited to propose ideas for short workshops, demonstrations, performances, installations showcasing your work, ideally to take place in Strule Arts Centre, Omagh; Enniskillen Castle or the Buttermarket, Enniskillen on the evening of Friday 22 September.

Galleries, churches, historic buildings, artists' studios, cultural centres, sports clubs and more in the area are encouraged to open their doors to people for free to sample our local cultural heritage.

For a copy of the registration form click on <https://www.fermanaghomagh.com/residential-services/arts-and-culture/culture-night/>

**Expressions of Interest (to include cost) must be submitted by 5pm, Friday 4 August**

Please contact the Arts Office by phone 0300 303 1777 or email: [culture@fermanaghomagh.com](mailto:culture@fermanaghomagh.com)

### Council launches summer activity programme for children and young people

Children and young people from across the district will have the opportunity to get active and have fun this summer thanks to a range of activities available through Fermanagh and Omagh District Council's multi-sports and summer activity programme.

The summer programme which will take place throughout July and August includes weekly camps, as well as daily specific sports and activity sessions. Activities will take place in a number of the Council's facilities and venues across the district including Omagh Leisure Complex, Fermanagh Lakeland Forum, Enniskillen, Castle Park Leisure Centre, Lisnaskea and the Bawnacre Centre, Irvinestown as well as the Community Centres at Strathroy, CKS and Hospital Road, Omagh.

Activity sessions will be also delivered in rural areas at a number of Multi Use Games Areas (MUGAs) across the district and community centres in the Omagh area whilst the summer opportunity scheme bus will operate across the district area which includes swimming, multi-sports activities and canoeing. A disability swimming programme will also be available at the Fermanagh Lakeland Forum, providing one to one swimming lessons designed specifically for children and young people with a disability.

Click on [www.fermanaghomagh.com/residential-services/leisure/summer-scheme-programme-2016/](http://www.fermanaghomagh.com/residential-services/leisure/summer-scheme-programme-2016/) for full details or alternatively contact the venue directly or telephone Fermanagh and Omagh District Council on 0300 303 1777.

## Northern Ireland Rural Development Programme (NIRDP) 2014-2020

### Interested in applying for funding?

The Fermanagh and Omagh Local Action Group (LAG) Ltd will administer the Rural Business Investment Scheme by delivering funding under the following themes:

- **Theme 1 – Rural Business: Growth – Support for Traditional Industries including Manufacturing, Engineering, Construction and related Services**
- Theme 2 – Rural Business: Innovation – Support for IT, Creative Industries, Specialist Health and Wellbeing and Service Provision; and
- Theme 3 – Rural Business: Tourism – Support for Activity Based Tourism, Tourism and Craft Production, Accommodation enhancements and supporting infrastructure

The LAG will be hosting 5 **mandatory** Funding Workshops across the District Council area for **Theme 1 Only** as follows:

**Belcoo Community Centre, Belcoo at 7.00pm on Tuesday 8 August 2017**

**Ecclesville Centre, Fintona at 7.00pm on Wednesday 9 August 2017**

**Milestone Centre, Carrickmore at 7.00pm Monday 14 August 2017**

**Castle Park Leisure Centre, Lisnaskea at 7.00pm on Wednesday 16 August 2017**

**Bawnacre Centre, Irvinestown at 7.00pm on Thursday 17 August 2017**

Tea/Coffee will be available from 7.00pm with events commencing at 7.30pm sharp

If you are interested in applying for funding under **Theme 1** then attendance at one of the workshops is the only entry point. Please note that attendance also includes the requirement to complete an Expression of Interest form on the night (outlining brief details of the proposed project that you are seeking funding for including anticipated costs). Failure of the business owner/Director to attend a workshop will result in you being **ineligible** to apply under this call for applications.

**Should you wish to speak to a member of staff for further details about the Funding Workshops or the Programme you can do so by contacting Fermanagh and Omagh Local Action Group (LAG) Ltd, 1 Market Street, Omagh, Co Tyrone, BT78 1EE Tel: 028 8225 0202.**

PLEASE NOTE: This is a competitive programme. Attendance at a Mandatory Funding Workshop or receipt of an invitation to submit an application for financial assistance having attended a Funding Workshop DOES NOT indicate that your application/the project will be awarded financial assistance.

## Council secures £2.6m to deliver PEACE IV Local Action Plan for district

Following the recent launch of the Fermanagh and Omagh PEACE IV Local Action Plan, the PEACE IV Partnership will host a series of information events in September 2017 to publicise and promote the range of programmes that will be delivered through the Plan.

Further details on the events will be included in September's Community Support Newsletter as well as being advertised in the local newspapers, through the Council's website and social media sites.

For further information on the PEACE IV Local Action Plan please contact Deborah McCartan, PEACE IV Coordinator, Fermanagh and Omagh District Council on 0300 303 1777 (calls charged at local rate) or by emailing [deborah.mccartan@fermanaghomagh.com](mailto:deborah.mccartan@fermanaghomagh.com)

This initiative is supported by the EU PEACE IV Programme managed by the Special EU Programmes Body. For further information on the PEACE IV Programme please visit [www.seupb.ie](http://www.seupb.ie)

### **Council launches new grant aid pilot scheme for Older Persons groups**

Fermanagh and Omagh District Council has launched a new pilot scheme aimed at improving the grant aid application process for older persons groups within the district.

The Council is working in partnership with South West Age Partnership (SWAP), an umbrella organisation representing approximately 70 local age sector groups across the Fermanagh and Omagh area, who will deliver the pilot scheme on its behalf.

Commenting on the new pilot scheme, the Chairman of Fermanagh and Omagh District Council, Councillor Stephen McCann said "This scheme demonstrates Fermanagh and Omagh District Council's continuing commitment to improving the service it provides to the people of the district. The Council has listened to feedback from older peoples groups with regard to the grant aid process for this sector and the aim of the new pilot scheme is to improve the grant aid process and result in a wide range of activities and programmes becoming more accessible to older persons groups".

The call for applications will open in early **September** with a closing date of 28 September 2017 at 5pm. Please note late applications will not be considered.

**Further information on how groups can apply for grant-aid is available by contacting Alison Forbes, South West Age Partnership on 028 8225 1824 or by email at [afortbes@southwestagepartnership.co.uk](mailto:afortbes@southwestagepartnership.co.uk). SWAP will provide support to successful applicants to assist with the delivery of their projects.**

### **Sport Northern Ireland's Every Body Active 2020 Small Grants programme**

Fermanagh and Omagh District Council has secured over £30,000 of funding from Sport Northern Ireland to deliver the Every Body Active 2020 small grants programme.

The Every Body Active 2020 small grants programme is aimed at encouraging participants to be more active as well as increasing community participation in sport and physical recreation. There is a particular emphasis on under-represented groups i.e. women and girls, people with a life long illness or disability, and people living in areas of social need.

Groups can avail of up to £1,000 funding towards the expenditure to provide physical activities and programmes.

In September 2017, Fermanagh and Omagh District Council will put out a call seeking applications from voluntary clubs, governing bodies of sport and sporting and community organisations to avail of small grants.

Sport Northern Ireland Chair George Lucas commented:

"Sport Northern Ireland is pleased to continue our work with local councils to help communities get more active more often through the Every Body Active 2020 Programme.

This £593k investment through the Small Grants strand of the EBA2020 Programme will support councils in delivering their local community plans, helping people enjoy the physical, mental and social benefits of participation in sport and physical activity.

We look forward to seeing the impact of this work in encouraging everyone, and particularly women and girls, people with a disability and those in areas of greatest social need, to enjoy, engage and excel in sport"

**For more information, please contact Ryan Hanna, Leisure Recreation and Sport Officer or Keith Collen, Recreation & Projects Manager ; Telephone: 0300 303 1777 or email: [ryan.hanna@fermanaghomagh.com](mailto:ryan.hanna@fermanaghomagh.com) or [keith.collen@fermanaghomagh.com](mailto:keith.collen@fermanaghomagh.com)**

## **2<sup>nd</sup> call for Grant Aid 2017/18**

**A call for the Council's 2<sup>nd</sup> round of grant aid funding will open from Monday 4 September until Thursday 28 September 2017 at 5:00pm.**

Applications are invited from voluntary clubs, societies, community and sporting organisations; bursaries are also open to individuals for Art & Sport. The group/individual must be based in the Fermanagh and Omagh District Council area. The grant aid funding relates to projects/activities in the 2017-2018 financial year.

Applications are invited in the categories listed below:-

- **Capital Grants** - The maximum level of funding is up to 75% of eligible expenditure up to a maximum grant of £20,000 (To extend over 2 years)
- **Arts, Culture & Heritage**
- **Community Services - General**
- **Festivals & Events - Large**
- **Festivals & Events - Small**
- **Good Relations**
- **Policing & Community Safety - PCSP**
- **Seeding Grants**
- **Sport NI Every Body Active 2020 Programme \*NEW\***
- **Ulster Scots in the Community**
- **Bursaries - Arts, Culture and Heritage**  
**Sports**

### **\*Grant Aid changes for Older Persons Groups**

South West Age Partnership (SWAP) is now responsible for the delivery of Council Grant Aid for older persons groups, with the exception of Good Relations Grant Aid. Older Persons Groups must apply directly to the South West Age Partnership (SWAP) for Grant Aid which will open in September. For further information or to apply for Grant Aid please contact:-

Allison Forbes Tel: 028 828225 1824 or Email: [aforbes@southwestagepartnership.co.uk](mailto:aforbes@southwestagepartnership.co.uk)

Further information is available in the community newsletter on both the Older Persons Groups and Sport NI Everybody Active 2020 Programme.

Applications from all other groups must be made on the Council's official application form.

**Application forms and guidelines will be available to download from**

**[www.fermanaghomagh.com](http://www.fermanaghomagh.com) between Monday 4 September 2017 - Thursday 28 September 2017 or by contacting the Funding & Investment Unit, Fermanagh and Omagh District Council (Tel: 0300 303 1777, Email: [grants@fermanaghomagh.com](mailto:grants@fermanaghomagh.com))**

Please note retrospective applications will not be considered. **Late or incomplete applications will not be considered.**

Information sessions for grant aid are outlined below.

**Enniskillen Museum** - Tuesday 12 September 2017, 1pm - 3pm

**Bawnacre Centre, Irvinestown** - Tuesday 12 September 2017, 7.30pm - 9pm

**Castlepark Centre, Lisnaskea** - Wednesday 13 September 2017, 7.30pm - 9pm

**Strule Arts Centre, Omagh** - Thursday 14 September 2017, 1pm - 3pm

### **Disability Sailing on Lough Erne**

Fermanagh and Omagh District Council is working in partnership with the Public Health Agency, Disability Sport NI, Sport NI and Lough Erne Yacht Club to provide sailing opportunities on Lough Erne for people with disabilities through the Sailability Project.

Four specialised and adapted sailing boats have been purchased through the Sailability project and are available for use at Lough Erne Yacht Club. The boats are also ideal for use by older people.

The project is led by Disability Sport NI and is part of a wider 'Active Living: No Limits 2021 Action Plan'. The aim of this initiative is to improve the health and well-being of people with disabilities in Northern Ireland through participation in sport and active recreation.

**For more information** on how you can get involved in the sailing programmes please contact Tom Bailey at Lough Erne Yacht Club by telephone on 028 6638 8432, email [info@leyc.net](mailto:info@leyc.net) or look on the club website [www.leyc.net](http://www.leyc.net).

To enquire about sailing opportunities generally within the Fermanagh and Omagh District Council area please contact Imelda McCarron by calling 0300 303 1777 or email [Imelda.mccarron@fermanaghomagh.com](mailto:Imelda.mccarron@fermanaghomagh.com)

### **Roll out of food waste collection service across district in September**

Households across the Fermanagh and Omagh district will be able to recycle their food waste from September with the extension of Fermanagh and Omagh District Council's food waste collection and recycling service.

Under new legislation – the Food Waste Regulations (Northern Ireland) – all food waste must be placed in your brown wheelie bin or food waste caddy.

Food waste is currently collected by Fermanagh and Omagh District Council from approximately 22,000 households across the district which are on the brown wheelie bin or the brown food waste caddy collection service.

This September, the food waste collection and recycling service will be rolled out to an additional 24,000 households.

A small 5-litre kitchen caddy, a roll of compostable caddy liners and a larger 23-litre caddy - which is to be presented by householders at the kerbside once their food waste collection service starts – are currently being delivered to these households so they can recycle their food waste from September.

It is anticipated that all caddies will be delivered to these households by 25 August 2017.

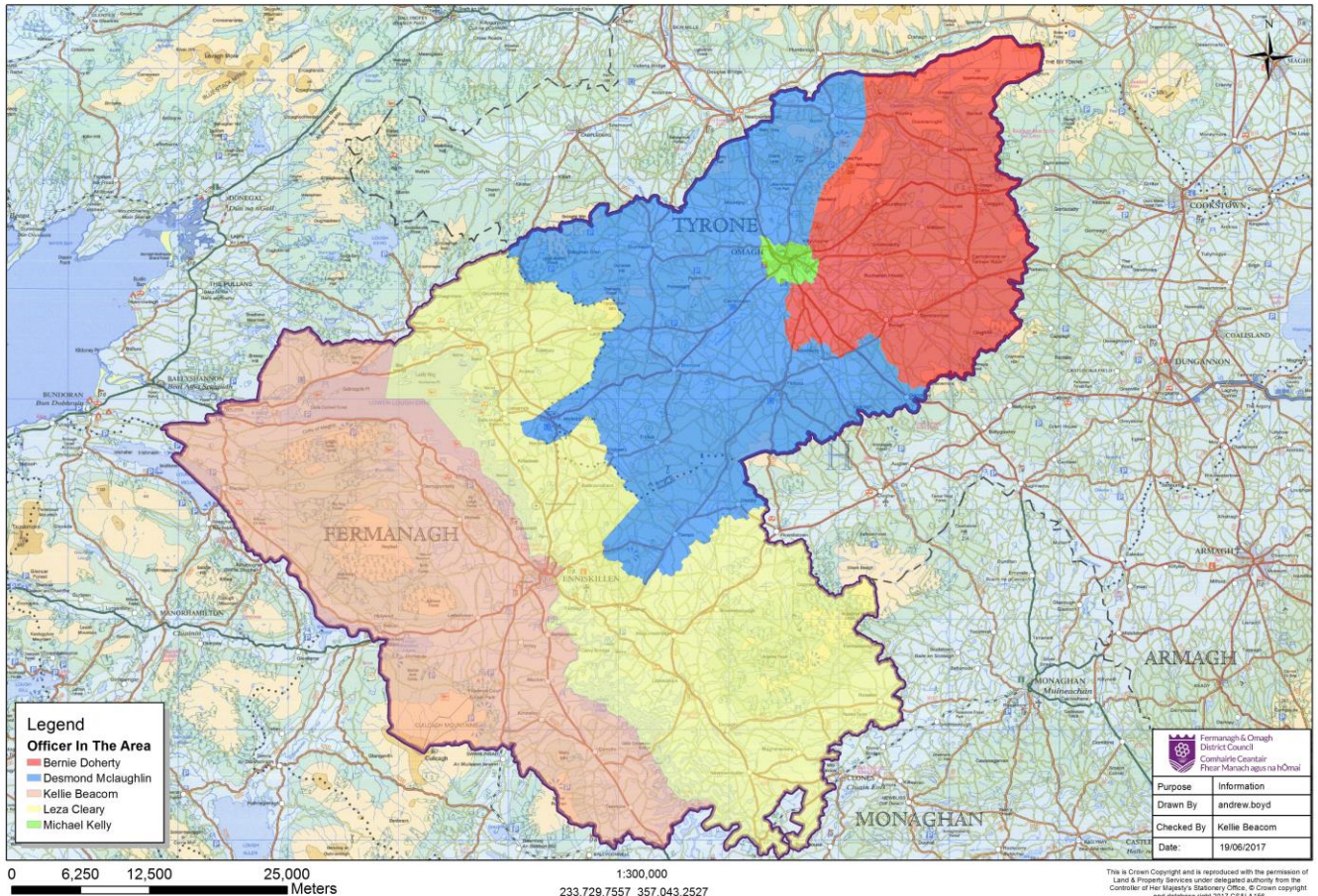
Fermanagh and Omagh District Council will write to householders new to the scheme from mid-August to inform them when their food waste collection service will start in September.

For further information or enquiries regarding the food waste collection scheme please visit Fermanagh and Omagh District Council's website at [www.fermanaghomagh.com](http://www.fermanaghomagh.com) or telephone the Council's Waste and Recycling service on 0300 303 1777 (calls charged at local rate) or Textphone 028 8225 6216.

## Community Services Officer Areas

The Community Services Department offer support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues. The link or map below can help you find your local Community Services Officer, please contact us for any assistance you or your organisation may require on 0300 303 1777.

Community Services Officer Areas



<https://fermanagh.maps.arcgis.com/apps/InformationLookup/index.html?appid=298ff71ef2fc4cacbeb2f5ee703c291b>

## Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form on the Council web site

<http://www.fermanaghomagh.com/residential-services/community/community-register/>

Contact us on 0300 303 1777 Ext 21217 Email: [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

### **Improvement Objectives 2017-18**

The Council's consultation on its proposed Improvement Objectives and associated improvement projects for 2017/18 closed on 17 April 2017. A total of 15 responses were received. Taking account of the comments received, the **Improvement Objectives** and associated **Improvement Projects** for **2017/18** are:

#### **Improvement Objectives**

- 1: We will seek to contribute positively to environmental wellbeing
- 2: We will seek to improve local services for people and communities through a more efficient and innovative approach to service delivery
- 3: We will seek to further develop and grow our local economy

#### **Improvement Projects**

1. Extension and roll-out of Food Waste Collection Service across the district, incorporating associated optimisation of all waste collection routes to incorporate additional service
2. Review of Corporate Funding Policy and processes to improve grant processing – pilot project with umbrella older people's group
3. Improving online capability – Phase 1: Online Leisure Booking System
4. Improve processing times for Major Planning Applications
5. Improve levels of representation of women and young people in business start-up activity and levels of social enterprise
6. Improve performance in creditor payments.

### **Waste and Recycling**

It is vital that we understand what happens to our waste – this helps us to think about how we can reduce and recycle our rubbish. By learning more about waste and recycling we can all do our bit for the environment.

Fermanagh & Omagh District Council believe in working with this and future generations to help improve our recycling and recovery rates. The recycling education officers are available to educate people about our facilities; the role everyone plays in recycling; and the benefits for the community.

If you are interested in an activity for your youth group or community group, please send a brief email outlining the dates you are interested in and details of your group to **claire.mcdermott@fermanaghomagh.com** or **anthea.owens@fermanaghomagh.com** and we will get in touch to discuss organising a bespoke session for you.

### **Please donate unwanted furniture and paint**

Residents are encouraged to bring unwanted bulky items including wardrobes, tables and chairs etc to recycling centres located at Gortrush, Omagh, Fintona, Carrickmore, Drumme, Enniskillen, Irvinestown, Kesh and Lisnaskea. These items are collected by third sector organisations, refurbished and reused for social enterprise in your community.

Residents can also donate unwanted, usable paint that is then made available free of charge to residents and community groups throughout Fermanagh and Omagh District to use in the home, garden or on community projects.

**For further information please contact Anthea Owens, Recycling, Education and Grants Officer, Fermanagh & Omagh District Council on 0300 303 1777.**



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## Fermanagh and Omagh District Council Improvement Plan 2017-18

### Vision for Fermanagh and Omagh

"Our Vision is of a welcoming, shared and inclusive Fermanagh and Omagh district, where people and places are healthy, safe, connected and prosperous, and where our outstanding natural, built and cultural heritage is cherished and sustainably managed".

This Vision is shared with our key partners through the Community Plan for the area 'Fermanagh and Omagh 2030'.

### Looking to the Future: Tell us what you think

New legislation (set out in Part 12 of the Local Government Act (NI) 2014) requires the Council to secure continuous improvement in delivering its functions, including activity that enhances the sustainable quality of life and environment for ratepayers and communities. Each year the Council is required to identify, consult on and publish its improvement objectives and we want to develop ongoing communication with our citizens about your improvement priorities.

### Improvement Objectives

We have identified the following three improvement objectives for 2017-18, aligned to the three Community Planning themes:



**1. We will seek to contribute positively to environmental wellbeing**

We will extend and roll out a Food Waste Collection Service across the district, incorporating associated optimisation of all waste collection routes to incorporate additional service



**2. We will seek to improve local services for people and communities through a more efficient and innovative approach**

We will (i) review our corporate funding policy and processes to improve grant processing through a pilot project with an umbrella older people's group; and (ii) improve online capability through an online leisure booking system.



**3. We will seek to further develop and grow our local economy**

We will (i) improve processing times for Major Planning Applications; (ii) improve levels of representation of women and young people in business start-up activity and levels of social enterprise; and (iii) improve performance in creditor payments.

You can discuss improvement priorities with us by making contact as follows:

@fermanaghmagh



performanceimprovement@fermanaghmagh.com



fermanaghmagh



0300 303 1777  
Ext 20229



Download the full document at: [www.fermanaghmagh.com](http://www.fermanaghmagh.com)

### **Elite Athlete Gold Card Scheme**

The Elite Athlete Gold Card Scheme supports sports men and women from the Fermanagh and Omagh District Council area who have attained International or National success in their chosen sport. Fermanagh & Omagh Sports Forum has responsibility for assessing and administering the scheme.

Athletes will, subject to a successful application, be included in the “Elite Athlete Gold Card” Scheme and will be permitted to use identified recreation facilities owned and managed by Fermanagh and Omagh District Council. These include:

- **Bawnacre Centre, Irvinestown** – fitness suite.
- **Castle Park Leisure Centre, Lisnaskea** –fitness suite.
- **Fermanagh Lakeland Forum, Enniskillen** – fitness suite, swimming pool and athletics track.
- **Omagh Leisure Complex, Omagh** – fitness suite, swimming pool and athletics track.

The “Elite Athlete Gold Card” will be issued to athletes for a maximum period of 12 months, subject to terms and conditions of use.

Further information, including eligibility criteria, conditions and an application form can be obtained via <http://www.fermanaghomagh.com/residential-services/leisure/elite-athlete-gold-card-scheme/>

### **Charity support**

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

**For further information or enquiries regarding Council support to charities, please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email [louise.mclaughlin@fermanaghomagh.com](mailto:louise.mclaughlin@fermanaghomagh.com)**

### **‘The Legend Ted Keenan – Triple Channel Swimmer (1934 – 2013)’ exhibition**

An exhibition documenting the achievements of Enniskillen born long distance swimmer, Ted Keenan, will be on display at Fermanagh County Museum until Sunday 24 September. Museum opening times are Monday to Friday 10am-5pm, Saturday and Sunday 11am-5pm. Normal admission rates apply.

For further information please contact Fermanagh County Museum at Enniskillen Castle by telephoning 028 6632 5000 or visiting [www.enniskillencastle.co.uk](http://www.enniskillencastle.co.uk)

### **Festival Lough Erne – Saturday 23 and Sunday 24 September 2017**

This will be the third year of the Festival celebrating local food and craft producers in the magnificent surroundings of the Enniskillen Castle Museums.

Applications from quality food producers, street vendors and Irish craft producers (terms and conditions apply) are now available by contacting the Tourism Development Team:

Tel: 0300 303 1777 ext 20402

Email: [tourismdevelopment@fermanaghomagh.com](mailto:tourismdevelopment@fermanaghomagh.com)

## Community News

### Intergenerational Genealogy - Build your family tree!

Fermanagh Armagh Connected Together (FACT) is delighted to announce the introduction of an innovative new project which seeks to bring the generations together for mutual benefit and learning. The project will work with young and old to facilitate them to come together to research their family history, create family trees as well as nurture the passion for genealogy within the county. The younger generation involved in the project will not only benefit from historical learning but also provide or assist with the technology skills required for online research.

Ideally participants for the project will be related though this is not essential. The younger generation should be aged 10 upwards and this will be limited to 16 participants (8 older and 8 younger). Trips to Enniskillen Library and PRONI will be included to allow background research by the adult participants.

The course will be held in Unit 2 Manderwood Park, Lisnaskea (beside The FACT Office) and will run from 10.30 am to 12.30 pm on the following dates:

Tuesday 1 August	-	Introduction
Thursday 3 August	-	Birth, marriage and death records
Tuesday 8 August	-	Local Newspapers – meet at Enniskillen Library
Thursday 10 August	-	Trip to PRONI in Belfast – Adults
Tuesday 15 August	-	Military and Migration Records
Thursday 17 August	-	Making a Family Tree
Tuesday 22 August	-	Complete making a Family Tree

If you have your own laptop or tablet please bring it for research.

Consent forms must be completed by the young person's parent or legal guardian.

The classes in this course are funded through Fermanagh and Omagh District Council.

**To register a place please contact Sharon Howe at FACT on 028 6772 2615 or email [sharonhowefact@gmail.com](mailto:sharonhowefact@gmail.com)**

### Free Hearing Aid Support Sessions in Enniskillen

If you're having trouble with your hearing aid, need new batteries (they are free for NHS aids), need the ear mould tubing changed, or just need some advice about how to get the best from your hearing aid, come along and talk to an Action on Hearing Loss volunteer. They'll be glad to help with any problems you are having with your hearing aid/s. No need to make an appointment.

Sessions are held in Fermanagh House, Enniskillen on the first Thursday of the month.

The next session will be on **Thursday 3 August** 10am–11.30am

**For further information contact Mary on 028 7132 0167/07918 767640**

### Bluegrass Festival Choir

Sign up for the Bluegrass Festival choir and get **free singing workshops**

This is the sixth year that this exciting festival choir project has taken place under the guidance of popular singing tutor Valerie Whitworth. We rehearse for six weeks over the summer and showcase our songs in the Ship Gallery at the Festival. This is a challenge, but each year we have risen to the occasion and built on the success of the previous year.

We are always keen to welcome new singers to join in the fun and sing with us. You don't have to be able to read music, as all the songs are taught by ear, and singers are given practise CD's to help learn their parts.

The great thing about singing in a choir is that everyone supports each other by sharing their voice and creating the gorgeous gospel and bluegrass harmonies together. We give a warm welcome to people who are new to singing and would like to give it a go and see if it's for them.

**Rehearsals** (started on Tuesday 18 July) **run through to Sunday 3 September in the Resource Centre at the Ulster American Folk Park 7.30- 9.30pm**

Get in touch with Valerie and sign up [valwhitworth@btinternet.com](mailto:valwhitworth@btinternet.com) Mobile 07526 534183

### Maguiresbridge Who Dares Wins Fundraising Event!

What is it? We are inviting up to 16 people (or groups) to 'Pledge a Dare or a Challenge' and raise much needed funds for Fermanagh Women's Aid. You can either do your 'Dare' or 'Challenge' live at the event on **Saturday 16 September** in the Enniskillen Hotel or you can video capture some of the action and we will show it on the night! We have spaces for 8-10 challengers on the night and 8-10 to be shown on video on the night.

The 'Abbey Road Crew' in Maguiresbridge want to do something positive in honour of our dear friend and neighbour Connie Leonard and raise funds for Fermanagh Women's Aid. If this event helps one woman find inner strength to reach out for help then that's an amazing achievement!

There are plenty of things you (or a group of friends) could try such as Shave off your beard, Sing a song on stage, Eat a really really hot curry, Run a half-mile, Get your chest waxed, Cut off your hair, Get your feet tickled with a feather duster, Run your fingernails down a blackboard etc.

The person or group who raises the most money for their challenge/dare will win:

First Prize: An overnight stay for two including dinner and breakfast at the Enniskillen Hotel!

Second prize: your choice of 4 x 1 hour circuit classes or spin classes or 4 one to one personal classes from Pulse Fitness Gym!

Third prize: a delicious Sunday Lunch for Two at the Enniskillen Hotel!

How do I register my challenge and raise money? Email us at [maguiresbridgewdw@yahoo.co.uk](mailto:maguiresbridgewdw@yahoo.co.uk) and once we have approved your challenge/dare we will issue you with a sponsorship form.

## Lough Erne Heritage

**Monday 31 July** - The Launch of information on Saint Ninnidh, His travels on Lough Erne and the surrounding area and Lough Erne Heritage – Tour of Enniskillen and its Islands Shores at 11.30am in The Foyer, Enniskillen Library.

**Monday 31 July - Saturday 5 August** 9am-4pm in Enniskillen Library. Display and information on the rich and unique story of Lough Erne in the entrance hall.

**Friday 4 August - Saturday 5 August** 9am-4pm in Enniskillen Library. A series of talks will be given about the rich heritage of Lough Erne. The talks will be given by members of Lough Erne Heritage on their specialist subject, in the main hall upstairs. Several boat artefacts will be on display. Wooden boats from other parts of Ireland will be on display outside the Library. Lough Erne Heritage Boat Tour of Enniskillen and its Islands Shores - Booking via Erne Boat Hire Ltd Telephone 07523 423232.

### Friday 4 August

1:00pm – Joan Carson - The Irvine's.  
1:30pm – Brian Osborne - The Countess of Erne.  
2:30pm – Joan Nelson - The Sailing Johnston's.  
3:00pm – George Morrissey - Saint Mogue's Cot.  
3:30pm – John Taylor - Enniskillen rowing races.

### Saturday 5 August

12:30pm – Joan Carson - The Irvine's.  
1:00pm – Brian Osborne - The Countess of Erne.  
2:30pm – Joan Nelson - The Sailing Johnston's.  
3:00pm – George Morrissey - Saint Mogue's Cot.  
3:30pm – John Taylor - Enniskillen rowing races.

**Saturday 19 August - Sunday 20 August** Noon-5pm. Crom Regatta at National Trust property Crom Estate, Newtownbutler.

**If you would like more information**, please get in touch by telephone: 028 6862 1666 or email: [info@lougherneheritage.com](mailto:info@lougherneheritage.com) or facebook [www.facebook.com/lougherneheritage](http://www.facebook.com/lougherneheritage).

## The Goodwill Gifts Support Group Charity

Provides support to combat isolation experienced by majority members of Black and Minority Ethnic (BME) groups

New and old members meet and greet at our community services office **every Saturday** at Goodwill Gifts Charity Shop, 6 Georges Street Omagh or telephone Rose for a one to one appointment on 07881 347716.

We invite people who are very interested in singing and dancing to join our Multicultural Choir and Dance Troupe, regardless of age and cultural background.

### **Family Wellness Project**

Parent & Carer Support Group monthly meetings -

**Monday 7 August** 11am-12.30pm, Strule Arts Centre, Omagh

**Monday 21 August** 7-9pm, Fermanagh House, Enniskillen.

The Family Wellness Project is an early intervention project for children aged 5-12 who are experiencing emotional health & wellbeing difficulties, and their families. The project is funded by the Big Lottery Fund Reaching Out: Supporting Families fund and is delivered by MindWise in partnership with Action Mental Health, AWARE, Parenting NI, CAUSE and the Child & Adolescent Mental Health Service (CAMHS) teams within the Western (Fermanagh & Omagh only) & Southern Trusts.

**If you are interested in attending one of our groups in your area, please contact Charmaine McCorry (Family Wellness Project Support Group Facilitator) on 07740 410169 or [charmaine@cause.org.uk](mailto:charmaine@cause.org.uk) to complete a referral form.**

Action Mental Health/Family Wellness Partnership - programmes in the West End Community Centre on **17 and 24 August** – contact 07527 609884 to book.

Visit our website for more information on the Family Wellness Project and to access resources on children's emotional health & wellbeing <http://www.parentingni.org/family-wellness-project>

Several programmes are available through Action Mental Health and AWARE Defeat Depression partnerships with the Family Wellness Project for community groups to avail of including Mood Matters x 2 hours, Living Life to the Full x 6 weeks, Supporting Children with Anxiety, Healthy Me and Mindfulness. To book the programmes contact Carmel Rooney, Acting FWP Co-ordinator Tel 07773 221 967.

### **Sports Clubs Get Online as Clubmark NI Scheme is Relaunched**

Sport Northern Ireland is inviting local sports clubs to register online for its Clubmark NI accreditation scheme.

The Clubmark NI scheme provides accreditation to clubs which demonstrate minimum operating standards in the areas of coaching, management, safety, community engagement and safeguarding. Over ninety local sports clubs currently hold Clubmark NI status, helping them to be recognised as a safe, rewarding and fulfilling place for participants of all ages to enjoy sport and stay involved throughout their lives.

Sport Northern Ireland has now launched a new online portal for the scheme, streamlining the process for clubs who wish to gain accreditation.

Clubmark NI is delivered in partnership with the eleven local authorities and twenty-two governing bodies of sport, who will guide and support registered clubs through the process towards accreditation.

Sports clubs can gain more information on the Clubmark NI, and register for the scheme, via the Sport NI website [www.sportni.net/clubmarkni](http://www.sportni.net/clubmarkni)

**For further information, contact Francis Casey, Sport Northern Ireland 028 9038 3217**

## Alzheimer's Society

### - Will you join the thousands of volunteers already taking on dementia?

Regional fundraising is at the very centre of how we raise vital funds at a local level. The money we raise funds the delivery of universal services as well as the services we provide locally such as dementia cafes. It also helps to fund research into care for today, a cure for tomorrow, as well as for our campaigning work.

**We have opportunities for volunteers to be involved as part of an existing group, or to provide individual support for organised events in Omagh and Enniskillen.**

Join a regional Fundraising Group - Working with the local Community Fundraiser, you will attend meetings with other core members, research, contribute ideas, promote and attend events. This could be a couple of hours per months for planning meetings plus attending events.

Become an Events Fundraiser - The role will be based at fundraising events - the times, dates and locations of which will vary. Example of fundraising events include: collections, Memory Walks, community events, corporate events and special events. Example tasks could include route marshal, manning the information stall, bucket collection, setting up and packing down at events, or assisting at corporate events.

### Interested?

**If you would like to find out more about this or any of our volunteering opportunities please contact Rosario Mc Hugh, Volunteering Officer ([rosario.mchugh@alzheimers.org.uk](mailto:rosario.mchugh@alzheimers.org.uk) /028 7138 4570) or visit our website at [www.alzheimers.org.uk](http://www.alzheimers.org.uk).**

## Ulster University Evaluation of Community Development Degree

WRDA (Women's Resource and Development Agency) are currently undertaking a piece of evaluation work for the University of Ulster on their Community Development Degree. This is a good opportunity to evaluate the degree in terms of whether it is still fit for purpose with a view to overhauling it if that is what is required after feedback from this activity.

Questions will focus on:

- Are people aware of the degree? If they are – who in their organisation did it?
- Did the course provide the underpinning skills and knowledge to do the job they are doing?
- Is there particular skills/knowledge that would be more useful?
- What are the core skills/knowledge competencies needed for community development?
- In terms of the structure of the course, it is 1 day per week over 2 semesters which equates to 24 full days. This can be a big ask especially for smaller organisations.
- Is there other structures that might suit e.g. residentials, twilight hours, e-learning?

The evaluation will be completed by the end of September. **If you are interested in taking part please contact Kellie O'Dowd Tel: 028 9023 0212 Mob: 07740362060**

**Email: [kellie.odowd@wrda.net](mailto:kellie.odowd@wrda.net) Website: [www.wrda.net](http://www.wrda.net)**

## The Fermanagh Genealogy Centre

Volunteer run advice centre open Monday, Wednesday and Thursday afternoons 1.30-4.30pm in Enniskillen Castle Museum, booking essential via <http://www.enniskillencastle.co.uk/explore-more/fermanagh-genealogy-centre/>

Member talks on third Saturday of month September to April in Enniskillen Library 1.30-3.30pm. Programme details from centre notice board or face book page.

**Reconnect** is a registered charity which offers support to adults with acquired brain injury (ABI) through specialist training and rehabilitation programmes. As part of its unique service, Reconnect is currently delivering bespoke gardening workshops which serve to promote psychological, physical and emotional well-being.

The workshops are delivered by Caroline Lennon, a qualified Horticulture Therapist and trainer who is also responsible for the development and expansion of Reconnect's Horticultural Outreach services across Northern Ireland.

Workshop placements are now available to adults with ABI who wish to experience gardening for the first time or are seasoned gardeners who would like to learn new skills -

- Seed sowing of flowers, vegetables & herbs
- Care and maintenance of plants
- Designing and planting up hanging baskets containers
- Propagation of plants by cuttings & root division
- Crafts e.g. container art, hazel basket making, flower arranging

All workshops are designed to meet the needs and abilities of the individual and will be delivered in a style and format such as 'table-top & chair', which can accommodate those who have issues around mobility.

Training for recognised qualifications - Access to accredited OCN courses in Horticulture is on offer to those who are interested in undertaking a recognised qualification. The course work will be led by the trainer who will support learning by compiling a portfolio of evidence, knowledge and understanding.

For more information please contact Caroline Lennon, Reconnect Horticulture, Outreach Co-ordinator on 07789 740725

### **Lisbellaw South Fermanagh WW1 Society**

The society is open to all sections of the community and we will be looking at the involvement of all in various battles. Contact [lisbellawsouthfermwwarsociety@gmail.com](mailto:lisbellawsouthfermwwarsociety@gmail.com)

### **Omagh's Hard of Hearing Club - Monthly Meeting**

Running for over 20 years the Omagh Hard of Hearing club has been supporting members of our local community.

Hearing loss and deafness can create difficulties in communicating with friends and family, and can lead to isolation. People with hearing loss often report that they no longer go out socially, attend events, or even go shopping as often, because they struggle to hear and conversation can be difficult. The aim of the Omagh Hear to Meet Group is to meet other people who understand what it is like to live with hearing loss, take part in fun filled activities and meet others over a cuppa.

The club is for people who have a hearing loss or wear a hearing aid. The group is **free** of charge and meets in Omagh Library. For more information please contact Mariette Mulvenna at 028 9023 9619 or by email: [mariette.mulvenna@hearingloss.org.uk](mailto:mariette.mulvenna@hearingloss.org.uk)

### **Citizens Advice Fermanagh currently seeking volunteers**

The work of Citizens Advice Fermanagh would not be possible without volunteers. There are many ways to get involved. You can support our front-line service by training to be an advisor, help streamline the office administration systems, use your IT skills, language skills or knowledge of local communities, or you can fulfil strategic roles and sit on the management committee and help with fundraising, publicity or our social policy work.

Voluntary work for Citizens Advice provides excellent opportunity to gain invaluable experience for paid employment. You will receive 100% support, full training and your expenses paid. We are committed to equal opportunities for our workers and clients, and welcome volunteers regardless of race, gender, sexuality or disabilities.

**For further information please contact Siobhan Peoples, Manager, Citizens Advice Fermanagh, Fermanagh House, Broadmeadow Place, Enniskillen, BT74 7HR, e-mail [fermanaghcab@citizensadvice.co.uk](mailto:fermanaghcab@citizensadvice.co.uk)**

### **Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR**

**Telephone 028 6632 0210**

**Drink Wise Age Well** support group on Wednesdays from 1.30pm - 3.30pm. Training, awareness and support for the over 50's on reducing the impact of alcohol. For further information please contact 028 8283 9240 <http://drinkwiseagewell.org.uk/>

**Recovery College** – WHSCT will be running their Recovery College Courses again in Fermanagh House in September. The courses are free and are open to anyone interested. For further details contact Olive Young on 028 8283 5367 [Olive.Young@westerntrust.hscni.net](mailto:Olive.Young@westerntrust.hscni.net) or go online at [www.westerntrust.hscni.net](http://www.westerntrust.hscni.net)

**Fermanagh Film Club** - New season starts 13 September. For further details contact Ann McDermot on 07874 005861

**Fermanagh Writers** 9 September. For further details contact Diane Trimble 028 6634 3900

**U3A** – The University of the Third Age will be back in Fermanagh House on 11 September - contact Anna Cochrane on 07715 343872.

**Sarcoidosis Support Group** 4 September from 7-9pm. For further details contact Wendy Watson on 07811 537563.

**Downs Syndrome Support Group** 6 September from 8-10pm. For further details contact Susan Doyle [susandoyle207@gmail.com](mailto:susandoyle207@gmail.com)

**R.N.I.B** – The Royal National Institute for the blind are running a confidence building course on 7 September from 9.30am–3.30pm. For further details and bookings please contact Richard Craig at [Richard.craig@rnib.org.uk](mailto:Richard.craig@rnib.org.uk) or phone 028 9033 4144.

**Macmillan Cancer Support** training day 14 September 1pm – 4pm. For further details please contact Daisy Lennon on 028 9070 8610 or email [dlennon@macmill.org.uk](mailto:dlennon@macmill.org.uk)

**Omagh Ethnic Community Support Group** are providing a free advice and advocacy service to members of ethnic communities in the area. This service is being provided by specially trained advisors and also includes interpreting for major languages, especially Polish, Hungarian and Chinese. Available on Wednesdays by appointment only.

**For further information contact Omagh Ethnic Community Support Group on 028 8224 9750**

**Women of the World** are looking for new members!

To volunteer with Women of the World, call secretary Eileen Drumm on 07599 813482 or Rosa on 07881 347716.

### **Music in Fermanagh**

We are now a properly constituted Charitable Trust, so if any of our friends and neighbours feel like helping us financially, there will be tax benefits!!! We have already established excellent relationships with The Arts Council and with Fermanagh & Omagh District Council and are in contact with musical societies all over Ireland, both North and South, to exchange ideas and opportunities. We are anxious to share the management of our organisation with younger people, from teenagers through to middle age, so get in touch with us if you feel like joining in! And, of course, we're keen to expand our contact list, so send your email address to Richard Pierce at [richard.folly@icloud.com](mailto:richard.folly@icloud.com)

**Choice housing** currently have 3 x 1 bedroom bungalows for people on the Housing Executive waiting list aged 50+ in Carn Court, Rosslea, Co Fermanagh.

Sheltered housing enables older people to live independently and privately in their own dwelling within a safe, friendly and supportive environment. All of our sheltered dwellings are linked to a 24 hour emergency call centre and tenants can have a pendant alarm if required. A scheme co-ordinator support service is available on site five days a week. Our aim is to ensure tenants feel safe, enjoy their privacy and independence, and have the opportunity to participate in social events and activities.

**For further information contact Charlie Temple on 0300 111 2211 or email [Charlie.Temple@choice-housing.org](mailto:Charlie.Temple@choice-housing.org)**

### **Shopmobility Omagh Does Event Mobility**

Shopmobility Omagh is now in a position to attend rural events at **no cost** to the organisers or potential users. This project is to ensure people who would otherwise be isolated in their own home have the opportunity to enjoy the festivities just like everyone else.

We are now booking dates to attend any events within Omagh and surrounding areas, on a first come, first served basis. So make sure you don't miss out on this **free** service and ensure your event is accessible to everyone. All we ask of the organisers is that you advertise in flyers/posters that we will be in attendance at your event. (Please confirm booking beforehand).

Shopmobility Omagh also offers a **free** daily "Meet & Greet" service whereby you ring us from any of the town car parks and we will bring the equipment to you....and collect it again when you're finished with it.

**Tel 028 8224 0991/07517 953536 or email [shopmobilityomagh@outlook.com](mailto:shopmobilityomagh@outlook.com) to book your event or find out more.**

### **Shopmobility Enniskillen**

We require a volunteer manager to support our recruitment of volunteers. The role will consist of Managing and recruiting volunteers, attending volunteer events, developing appropriate volunteer roles, promoting volunteering externally, organising rotas and providing inductions.

This opportunity will give the suitable volunteer great experience in management and full training will be provided. **Call 028 6632 9965 Email [eniskillensm@live.co.uk](mailto:eniskillensm@live.co.uk)**

### **Active Female Competition**

The Female Sports Forum in partnership with O'Neills Sports have a new **monthly** 'Active Female Competition' to highlight the contribution of women and girls in sport and physical activity across Northern Ireland.

Nominate a participant, coach, volunteer or administrator who has had recent individual and/or team success and/or made an exceptional contribution to their sport in the previous month. After all the nominations are in, the Female Sports Forum will shortlist three of the nominees and post online their reason for nomination on their social media platforms for the public to then vote for the most deserving female who will win a £50 voucher from O'Neills Sports.

**For more information and to nominate, please visit**

**<https://femalesportsforum.com/2017/02/active-female-competition-association-oneills-sports/>**

**Telephone:** 028 9038 3825

**Facebook:** Female Sports Forum **Twitter:** @FemSportsForum

**Instagram:** @femalesportsforum

### **Omagh Gardening Society –**

**For further details email [info@omaghgardeningsociety.org](mailto:info@omaghgardeningsociety.org) [www.omaghgardeningsociety.org](http://www.omaghgardeningsociety.org)**

**Set Dancing Omagh - Omagh Traditional Dancing Club Set Dancing Classes held every **Monday from 8.30pm – 10.30pm in Dun Uladh Heritage Centre**, Ballinamullan, Omagh.**

**Tel Marie 07786 982988 for more information**

### **Families Together Group**

meets at **Westville Family Resource Centre, 6 Nugents Entry, Enniskillen**  
Bringing Families Together through Structured play activities.

Group based weekly programme providing parents and children with opportunities to socialise, learn through structured play activities, get a chance to speak with professionals who can inform and equip parents with the necessary resources and skills to raise healthy, happy children from birth – 5 years. All sessions 10am - 11.30am

### **Families Together Group**

meets at the **Westend Communities Centre, Sligo Road, Enniskillen**

Friday 10am – 12 noon. Open to parents/carers with children birth - 5 years

Telephone **028 6634 2542 for further information**

### **Take the Next Step to a healthier you!**

The Western Trust is working in partnership with The Public Health Agency to encourage staff to quite literally take some simple steps to better health.

'Take the Next Step' aims to highlight that by sitting less and moving more we can increase our daily steps and help reduce the risk of developing long-term health conditions such as heart disease, some cancers and type 2 diabetes. Increasing activity levels also helps maintain a healthy weight and promotes positive mental health.

You can download one of the many free apps available or buy a pedometer to measure how many steps you take, then set personal goals to increase this number. Ideally this should be done as a group challenge so why not get your friends, family, your local community group or workplace to form a team to support and encourage each other to increase your daily steps and feel the health benefits.

If you would like to 'Take the Next Step' to better health, a range of resources including a Leader's Guide and Step Log are available to download at:

[www.publichealth.hscni.net/publications/step-challenge-toolkit-leaders-guide-poster-certificate-etc](http://www.publichealth.hscni.net/publications/step-challenge-toolkit-leaders-guide-poster-certificate-etc)

Please register your team on the form provided at the back of the Leader's Guide.

**Hard copies of Step Challenge information leaflets for participants are also available on request by emailing: [Lesley.Finlay@westerntrust.hscni.net](mailto:Lesley.Finlay@westerntrust.hscni.net) Telephone 028 7186 5127 ext 217127.**

**Go on...'Take the Next Step' to a healthier you!**

### **Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP**

**Telephone 028 6632 5811**

**Mindfulness Meditation** with Mary Conway

**Monthly Drop in / Taster Sessions**

One Tuesday per month 7.30-9.00pm on 26 September, 24 October, 21 November, 12 December

**MBSR information evening** for 8 week autumn course 6 September at 7.30pm

For further information on the above and all other support groups and workshops i.e. AA, ADHD, AWARE, Escapists (support group for carers), Fermanagh Bereaved Support Group (for bereaved parents), Forget Me Not (for people bereaved by suicide), SWEDES (South West Enabling Deaf Encouraging Sign), Island Artists and Yoga **contact the Aisling Centre on 028 6632 5811**

### **Omagh Hospital and Primary Care Complex**

**Can you spare a few hours each week?** If you are enthusiastic and enjoy helping others, we may have the role for you! Training and Support is offered. Roles will include:

- Meet and Greet/Signposting
- Ward support
- Macmillan Information Point

If you are interested in becoming a volunteer, **please contact the Omagh Volunteer Centre as soon as possible on 028 8224 0772 or email [omaghvc2@yahoo.co.uk](mailto:omaghvc2@yahoo.co.uk)**

**Free Debt Advice Centre** covering Fermanagh and South Tyrone. Christians Against Poverty are delighted to offer their service to those of all faiths or none and clients are seen in the privacy of their own home without the need or cost of travelling to a Centre.

Please call the **FREE national appointment booking number on 0800 328 0006** (01274 760839 may be cheaper from a mobile).

#### **Dementia NI:**

##### **New Empowerment Group launched in Irvinestown for people living with dementia.**

Dementia NI is a new charitable organisation which has been set up and is led by people living with a diagnosis of dementia. The aim of the organisation and Empowerment Groups is to empower and enable people living with dementia to have their voices heard on issues that are important to them. The new Empowerment Group in Irvinestown will aim to Raise awareness about dementia, Challenge the stigma of dementia, engage with service providers to influence policy and practice throughout Northern Ireland. **Group members meet every fortnight and support each other through friendship and understanding, particularly after a recent diagnosis.**

For more information or if you wish to join please get in touch with your local Empowerment Officer, Paula Canney on 07966881422

**The Federation of City Farms and Community Gardens** supports, represents and promotes community-managed farms, gardens, allotments and other green spaces, creating opportunities for local communities to grow.

Our work in Northern Ireland is relatively young, but growing fast - as is the community growing movement here. There's also plenty of information available to help Northern Ireland's community growers, available from our website [www.farmgarden.org.uk](http://www.farmgarden.org.uk)

We work with community groups to help empower local people of all ages, backgrounds and abilities to build better communities, often in under resourced areas, and to make a positive impact on their surrounding environment. Our work contributes to creating better communities across the UK in both urban and isolated rural areas.

Download the useful publication **Sustaining Your Community Garden**, a good practice factsheet to ensure the long term sustainability of a community garden, based on research into 12 projects in Northern Ireland. It highlights how encouraging self-organisation in community growing projects can contribute to a good long term management plan.

**To find out more about how we can help you visit our website**

[www.growingtogether.community](http://www.growingtogether.community) or contact Sinead Bailie, Northern Ireland Advisor – **Growing Together** (Normally available on Tuesday) Mob: 07725 973980  
[sinead@farmgarden.org.uk](mailto:sinead@farmgarden.org.uk)

**Home-Start Lakeland/Home-Start Omagh urgently require volunteers** – Can you spare 2-3 hours a week to support a family with young children?

If interested, please contact:

**Fermanagh** - 028 6634 6818, find us on Facebook or e-mail us on [info@homestartlakeland.com](mailto:info@homestartlakeland.com)

**Omagh** - 028 8224 0902 e-mail: [homestartomagh@btconnect.com](mailto:homestartomagh@btconnect.com)

### **Tamlaght Women's Institute**

Meet on the 2nd Thursday of each month at 8pm in Women's Institute Hall, Tamlaght. New members always welcome to share in the Friendship, learn new skills and enjoy a nice cuppa. **For further information contact [irismahon@btinternet.com](mailto:irismahon@btinternet.com)**

**Autism Initiatives Western Housing Floating Support** - Do you have an Autistic Spectrum Condition (ASC) or are you awaiting assessment? Are you living independently or in the process of moving into independent living? Are you currently managing the running of your home? Perhaps you are moving to live near your college or university for the first time? If so, Autism Initiatives currently provide a one-to-one floating support service in counties Fermanagh, Tyrone & Derry/Londonderry to help empower you with the skills you need in living independently. Housing Floating Support is a person centered support for up to a period of two years depending on your needs and can support you in the areas of:

- Advice and support around home security and safety.
- Advice and encouragement in the maintenance of your home.
- Support with all daily living skills.
- Assistance and advice with budgeting and benefits.
- Support to become involved in local community and local facilities.
- Maintaining a healthy lifestyle.
- Support to access information on other services.

We accept referrals from all statutory/voluntary/community services and also accept self referrals. For more information about our service or if you wish to receive a referral form please **contact 028 7131 8172 or email [dale@ai-ni.co.uk](mailto:dale@ai-ni.co.uk)**. Alternatively you can visit the website **[www.onestopshopai.org](http://www.onestopshopai.org)**.

**The Conservation Volunteers** are currently running their Green Gym project across the Western Health Trust area.

The project aims to promote the health benefits of getting involved in practical environmental activities such as gardening, allotments or community development work.

The Conservation Volunteers can provide practical support, supervision and guidance as well as some funding towards materials, plants, seeds, etc.

If your group feels that they could take advantage of this or would like more information **please contact Jack Chestnutt on 07882 401455 or email [jack.chestnutt@tcv.org.uk](mailto:jack.chestnutt@tcv.org.uk)**

This Green Gym is funded by the Public Health Authority.

**Breastfriends Enniskillen** is run by Ann McCrea (Lactation Consultant) and supported by Adele Paton (Volunteer Breastfeeding Peer Supporter).

**Every Thursday from 10:30-12:30** mums and babies meet for tea and a chat in the **Barnabas Centre on Wesley Street** where there are comfortable surroundings with blankets and toys for the babies to play.

Mums who have difficulties such as nipple pain, low weight gain, fussiness can come and see Ann for specialist advice. All the mums and babies benefit from peer support and sharing tips about what works for them, how to get through the night feeds or the need for babies to be close. It is a lovely welcoming and nurturing group and all pregnant and nursing mums will be most welcome.

**For further information contact Adele Paton, Breastfeeding Community Link Worker on 07816 758780**

### Stop Smoking Clinics

Did you know that more people succeed with our Specialist Stop Smoking Service than any other way? We offer a free and flexible service to anyone keen to stop smoking provided by Specialist Stop Smoking Practitioners. They are easy to access and have a lot to offer including individual/group support, a location that suits you, specific advice and guidance, prescriptions for stop smoking products if required. Weekly Drop-in Clinics are available in your area as follows:

Strabane Health Centre	Wednesdays 5.00 – 6.30pm
Omagh, Post Grad Centre	Tuesdays 6.30 – 8.00pm
Enniskillen SWAH	Mondays 6.00 – 7.30pm

**Anyone who wants to know more about stopping smoking can call the local helpline on 0800 9179388 where they can speak to a member of the Smoking Cessation Team.**

### The JAM Card allows people with learning difficulties to ask for 'Just a Minute' of patience

Social enterprise NOW Group have created an app for mobile phones called the **JAM Card** (an abbreviation of 'Just a Minute') that people with learning disabilities/difficulties can use to alert staff in retail outlets, public/private transport providers and other areas of public life they need Just A Minute of patience and time when interacting with them.

NOW Group support people with learning difficulties into training and employment and the **JAM Card** was the idea of their service users who said they often felt under pressure when they were out and about in every-day life and would like a discreet way of letting people know that they needed a little extra time.

Feedback shows that people feel more confident in public when they use the **JAM Card**. Some people who would have previously relied on their parents or taxis to travel now feel able to take public transport by themselves as they can show the bus driver the **JAM Card** and get the extra time they need to buy their ticket.

The **JAM Card** began as a plastic credit card sized card which says 'Just a Minute' on one side and 'Please be patient, I have a learning difficulty' on the other. Hundreds of people are already using the plastic card throughout Northern Ireland but NOW Group wanted a way to reach more people and felt that developing the card into a digital app would allow more people to access it and could also provide additional functionality as well as data feedback. Funding from both the Big Lottery and Nominet Trust have allowed the organisation to invest in developing the app and getting feedback from users.

**The card and the app are both free. The card is available now by getting in touch with NOW Group on 028 9043 6400 or [admin@nowgroup.org](mailto:admin@nowgroup.org) and the app will be available to download from your app provider from the first week in November.**

**Moving on**, through Leonard Cheshire Disability, support young disabled beneficiaries to realise their ambitions and achieve their potential in life. The project is funded through the Big Lottery fund's Empowering Young People and is aimed at:

- Young people from 16-19 years old with a physical disability, sensory impairment and/or acquired brain injury.
- Young disabled people living in the Western Trust area of Northern Ireland. That is, Tyrone, Fermanagh and Derry.
- Young people who are in NEED of education, employment or training and are currently disengaged from these and classified as being NEET's.

Find out more on the **Moving on website** – [Movingon.leonardcheshire.org](http://Movingon.leonardcheshire.org) or like us on Facebook @Moving on – Leonard Cheshire Disability Northern Ireland.  
or contact **Michael Mullin**, Project Co-ordinator - Moving on, Omagh Support Services  
**Telephone: 02882 250539, Mobile: 07718422483,**  
**Email: michael.mullin@leonardcheshire.org**

### **Collage Collective - Local Art and Craft Gallery and Shop**

Would you like to exhibit and sell your work in a gallery/shop in the heart of Enniskillen's creative centre situated in **The Buttermarket, Enniskillen?**

Be part of the **Collage Collective** and connect with local artists, crafters and writers. Get feedback on your work and inspiration from other artists and visitors. There is no commission on work sold – only a small monthly rent contribution and the opportunity to meet the public through manning the shop for a day.

The restful ambience of the Collage Collective's retail outlet hides a real Aladdin's cave of **art and craft**, filled with an eclectic mix of beautifully handmade items, home décor and gifts and is a must for people seeking out unique, handcrafted work.

If you would also like to demonstrate and teach your skills, the Collective is organising **workshops** throughout the year on a multitude of techniques for all communities: from children's workshops to advanced classes for fellow artists.

**If you are interested in becoming a member, please send an email to [collage.ekn@gmail.com](mailto:collage.ekn@gmail.com) or contact Genevieve Murphy on 028 6634 1399 for more information.**

**Mencap** are the voice of learning disability in Northern Ireland. Help support Mencap by volunteering at a local bag pack/collection. Volunteer time is invaluable and much needed to continue their fantastic work throughout Northern Ireland.

If you would like to give up a few hours of your time or find out more about volunteering for Mencap please email [fundraising.ni@mencap.org.uk](mailto:fundraising.ni@mencap.org.uk) or call 028 9069 1351.

**To find out more about Mencap NI please visit <http://mencapbigstepforward.org/>**

### Action for Children

The **Supported Lodgings Service** provides planned and emergency placements for homeless young people in the Western Health & Social Care Trust area.

The Supported Lodgings Service recruits Hosts who in turn provide a placement and support in their home to a vulnerable young person requiring accommodation. In return we offer –

- a generous weekly allowance
- ongoing support and training
- a chance to help a young person reach their full potential.

Youth homeless remains an issue in our society – yet there is a lack of suitable placements for young people faced with homelessness. The Supported Lodgings Service is a new service which aims to meet the need of youth homelessness whilst providing young people with support and to experience being part of a family through having a sense of belonging. This is imperative in breaking down barriers of isolation and promoting positive emotional health for young people whose family relations have broken down. Our service builds upon supporting families to reunite through adding the stability of a placement and support in the community setting at the stage of crisis.

Within the Supported Lodgings service we have a number of very caring hosts who have opened up their homes to young people and the outcomes for these young people have been very positive.

If you would like to know more, a co-ordinator is available to visit and speak at one of your groups or an information event, for example

**Please contact 028 9446 7345**

**Email [openingdoorssupportedlodgings@actionforchildren.org.uk](mailto:openingdoorssupportedlodgings@actionforchildren.org.uk)**

**AMH's New Horizons Employment Programme** - Briana McAteer, Employment Officer with AMH Fermanagh New Horizons supports those with mental health issues as they seek to find employment, volunteer posts or further training. If you are unemployed, experiencing mental ill health and are interested in taking that next step towards recovery, you can take part in AMH's New Horizons Employment Programme. The project, which is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for Employment and Learning, is open to anyone in the Fermanagh and Omagh areas.

Referrals are accepted from the Community Mental Health teams, the Condition Management teams and the Jobs and Benefits advisers. It is individually tailored to meet the needs of each client and can provide practical support such as job searching, completing application forms or creating CVs. Support is also provided to find volunteer placements and to enter other training programmes or further education.

If you need any more information, please don't hesitate to **contact Briana on Tel 028 6632 3630** Fax 07734 860337, email [bmcateer@amh.org.uk](mailto:bmcateer@amh.org.uk), web [www.amh.org.uk](http://www.amh.org.uk)

**The Community Family Support Programme (CFSP)** is running in Enniskillen, Omagh, Strabane and Derry/Londonderry. CFSP is funded by the European Social Fund (ESF) and the Department For Employment and Learning (DEL).

CFSP support families (with at least one person aged 16 - 65 years Not in education, training or full time employment) to develop their capacity to reach their full potential by addressing the health, social, economic, educational, employment and training issues that impact on their daily lives.

One to One Support provided on the programme is directly matched to each family's needs and may include:

**Family and Education Support:** – Advice and Guidance, confidence building, motivation and social skills. - Parenting skills. - Encouraging better family relationships. - Improving health and emotional wellbeing. - Money management and benefits advice.

**Employment and Training Support (Employment Engagement Officer)** - Developing skills to find work. - Creating CVs. - Preparation for interviews. - Employment opportunities. - Training opportunities. Family and Education Support Employment and Training Support.

**The Family Liaison Officer (FLO)**, in partnership with specialist support organisations, will help families get any specialist support they need, such as help for drug/alcohol misuse, debt management and counselling.

**The Employment Engagement Officer (EEO)**, in partnership with employers and training organisations, will help families engage with employment and training. We are always running Free courses for families to increase skills.

Entry to the CFSP is voluntary and recruitment of families to the programme is sought from a range of sources including the local network of Family Support Hubs, the relevant Health and Social Care Trusts and other family support agencies/organisations in the voluntary and community sectors. Families can also self-refer from within their local community.

**For further information contact:**

**Enniskillen office (situated in the Find Centre, 2 Quay Lane, Enniskillen) Ciara 07739 651585**  
**Omagh Office, Omagh Enterprise Centre, 07921 833832 Ann McBrien**

**Al-Anon Family Groups** provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. Al-Anon does not offer advice or counselling, but members give each other understanding, strength and hope. **Meetings take place the last Friday of the month @ 1pm** in the ARC Healthy Living Centre, Sallyswood, Irvinestown. Everyone welcome.

**The Enniskillen Foodbank** is situated in The Lakes Vineyard Church, 6-8 Cross Street, opposite the Buttermarket, next to Hanna Electricals.

If you require assistance please come in. We are open Mondays 6pm - 8pm; Wednesdays 10am - 12pm; Fridays 2pm - 4pm

We also have collection points for those wishing to donate food in Asda, Tesco and Rooney's Spar. If you want to donate financially please call in, or **for more information call Paul on 07706 499724.**

### **New support services from MAN for Men**

#### **Call for male and female volunteer counsellors to help deliver and expand a range of new services for men in your area**

For over 21 years Men's Action Network (MAN) has offered safe, supportive spaces to hear, support and enable men and boys to find a way forward with the life issues they experience associated with:

Addictions, Abuse, Anger, Crisis, Depression, Isolation, Suicidal Feelings, Self Esteem, Self-Development, Domestic Abuse/Violence, Sexual Abuse/Violence, Relationship Breakup, Family Breakup, Child Contact Issues, Emotional Well Being, Sexuality, Fathering Issues, Lifestyle Difficulties.

MAN are looking for local committed, passionate and professional counsellors to help us deliver professional support/counselling to the, often most hard to reach group, men in your area. We are committed to providing service users with a quality service in which every man is treated with respect and courtesy, receives fair, reasonable treatment, receives the highest quality of support to meet their needs and receives clear, accurate, timely and relevant information or help towards this end.

If you are a qualified counsellor with a minimum of a recognised Diploma in counselling and with 100 hours' post-graduation practice, we would like you to join our team to support men in your local area.

**To find out more about MAN, our services, the counsellor/job requirements, or to download an application form, please go to our website [www.man-ni.org](http://www.man-ni.org) or call us on 028 7137 7777.**

### **Players Wanted**

**Fermanagh Concert Band** is a local band based in Enniskillen. We play all types of music ranging from marches/classical through to contemporary pop/jazz and have a diverse number of members from all backgrounds and ages. Practices are weekly on Thursdays in Enniskillen Royal Grammar School Lough Shore site from 7-9pm and we are always on the lookout for new members to join. If you are interested, or know someone who is interested, **please contact Shane on 07811 489834** or look up our Facebook page.

**Action for Children Foster Care NI** is currently recruiting Foster Carers in your area to provide a safe and caring home to vulnerable children.

If you feel you can give a vulnerable child the support and care they need; have experience in working with young people and have a spare room you could transform the life of a child in your community.

Please contact Action for Children Foster Care NI for more information.

**Tel: 028 6632 4181 Email: [fostercareni@actionforchildren.org.uk](mailto:fostercareni@actionforchildren.org.uk)**

### **Leonard Cheshire Disability**

In the west of the province, we offer a number of community-based services to people aged 18+ with a physical disability, sensory impairment and/or acquired brain injury. These services are person centred and outcome based, with the aim of improving people's quality of life and supporting them to achieve their own individual goals. The key support services we provide are:

#### **1. Housing Floating Support** (*Omagh, Enniskillen & Surrounding Areas*)

The main objective of our floating support service is to enable people to move towards independent living. Support offered includes:

- Access to local health services, GP/Dentist etc.
- Develop skills to deal with repairs, maintenance and safety within your home
- Developing essential daily life skills e.g. budgeting, shopping, etc.
- Increased access to the local community
- Support through a move

#### **2. Day Opportunities** (*Omagh & Surrounding Areas Only*)

Our Day Opportunities service aims to increase social opportunities for people with disabilities through establishing links with other services within the local community. Support offered includes:

##### **One-to-One/Individual to access**

- Employment and volunteering opportunities
- Education and training
- Transport
- New groups, activities and/or interests

##### **Group**

6-8 week workshops to develop knowledge and skills in accessing the local community such as:

- Resilience
- Self-Determination
- Assistive Technology

For further information regarding our services, **please contact 028 8224 8118.**

### **Fermanagh Women's Aid**

#### **Volunteers needed**

Fermanagh Women's Aid are seeking compassionate and committed female volunteers to become part of an on-call rota for admissions to services and other duties. For an application form please **contact Denise Crudden on 028 6632 8898 or email [denisec@fermanaghwomensaid.com](mailto:denisec@fermanaghwomensaid.com)**

Fermanagh Women's Aid is a women only organisation in which being female is a genuine requirement within the exemption stated in Article 10 (2B and 2E) of sex discrimination (NI) order 1976

### **Shelter NI - The SLATE Project**

A temporary accommodation and Housing Floating Support provider in Omagh have opened their Supported Living, Advice and Tenancy Engagement 'SLATE' Resource Centre in Campsie, situated in the heart of Omagh town centre. The Resource Centre is a free space for young people, a safe haven to come and relax and talk to experienced staff. We provide services and support for young people aged 16-25 in partnership with other key agencies. We are managed by Shelter NI, a well-established local charity committed to addressing homelessness, social and economic disadvantages across Northern Ireland.

The Resource Centre is also somewhere where young people and their families can access information, guidance or support too. Our experienced team are always on hand to listen to any problem you may have and look at your options and help point you in the right direction. You might have a housing or benefits problem; you may want some support with an issue at home or you might be worried that you have a drugs or alcohol issue. We will keep what you tell us in the strictest of confidence unless you or someone else is at serious risk of harm.

Currently we accept referrals for our Housing Floating Support Service for young people aged 18-25 providing support in the community for young people with housing needs, mental health issues, learning difficulties, addiction etc. and we can provide temporary, furnished accommodation for young people aged between 16-25, for a maximum period of 2 years.

If you are interested or may be worried about a young person then please either drop in at our Resource Centre at 76A Market Street (beside AXA) or **contact us on 028 8226 7010** or email [nigel@shelterni.org](mailto:nigel@shelterni.org).

**Breakthru DICE (Drug Intervention and Community Education) Project:** We offer individual and group work support to young people (10-21) suffering from the effects of hidden harm. Hidden harm is the impact of other people's substance misuse on young people. We provide information, education, mentoring and fun activities. This project is open to young people in the Omagh and Fermanagh council area.

We are also raising awareness of hidden harm throughout the community and can provide training to professionals involved within community life so they can recognise the signs and symptoms of hidden harm and know what to do if they suspect it.

**If you would like to know more**, please get in touch...

Michaela – 07769 261533 or [Michaela@breakthru.co.uk](mailto:Michaela@breakthru.co.uk)  
Breigeen – 07769 2694334 or [Breigeen@breakthru.co.uk](mailto:Breigeen@breakthru.co.uk)  
Breakthru HQ – 028 8775 3228

**NAS (National Autistic Society) Parent Support Group** – Meetings take place on the 2<sup>nd</sup> Wednesday of every month in **Fermanagh House 10.30am-1pm**. Any parents/carers affected by ASD welcome to come along for support and friendship. For further information please contact **Fermanagh House on 028 6632 0210** or email **Gemma at [gemma@fermanaghhouse.org](mailto:gemma@fermanaghhouse.org)**.

**Erne Speakers** – Meet in **Fermanagh House, Enniskillen** on the second and fourth Wednesday of the month to support and encourage self confidence in speaking skills and leadership skills for all ages. For further information, please contact **Christine Rusk on 07570 803516**.

### **Western Adult Autism Advice Service**

This service is aimed at young people aged 16+ and adults with ASD and those who care for them (parents/carers/professionals). It will be facilitated 4 times per year from 1.30pm – 4.30pm in the local libraries on the following dates:

1 <sup>st</sup> Thursday in March	Strabane Library
<b>1<sup>st</sup> Wednesday in June</b>	<b>Enniskillen Library</b>
1 <sup>st</sup> Thursday in October	Derry Central Library
<b>1<sup>st</sup> Thursday in December</b>	<b>Omagh Library</b>

You do not need to make an appointment. Just call in and someone will be available to speak with you.

**For further information or enquiries please contact Right 4 U Project Officer, The Cedar Foundation, Dromore, Co Tyrone. Telephone 028 8289 7772**

### **Do you have Asperger's or high-functioning autism (HFA)?**

Are you interested in meeting other young adults who are similar to you?

A monthly social group is being set up to provide independent young adults (16yrs-25yrs) with Asperger's or High-Functioning Autism the opportunity to meet other like-minded individuals, share experiences and build-up a social network.

The group will offer:

- a social focus
- opportunities to meet other young adults with similar experiences
- a supportive environment to form new friendships and to participate in a wide-range of leisure activities

**For further information** and application form please contact:

Caroline Bogue 07917 266487 or Janice Ferguson 07762 447789

### **Volunteer With Samaritans** - Could you touch another person's life when it really matters?

Omagh Samaritans have opportunities for volunteers. Our volunteers are changing lives every day and developing valuable skills and friendships along the way. We're behind you all the way with the training and support you need for the volunteer role you take on. Your training will show you how to give your whole attention to each person you're supporting and empathise with their feelings, without being overwhelmed yourself. Benefits of becoming a Samaritans volunteer are:

- Change peoples' lives.
- Contribute and share existing skills.
- Develop new listening and communication skills you can use in all aspects of your life.
- Meet new people from all different kinds of backgrounds and cultures.
- Improve your CV.
- Give something back to your local community.

You'll be surrounded by people with the same motivation as you. Whether you want to become a listening volunteer, or use your other skills to support us in a different role, Omagh Samaritans welcomes your support. There are many other skills required to run Omagh branch of Samaritans. Support volunteers help with the many other branch activities including fundraising, outreach, publicity, IT Support and finance. We are not a religious organisation and we positively welcome enquiries from all sections of the community. You don't need to have previous experience or qualifications, but you do need to be interested in other people and be open-minded. You also need to be over 18 years old. For further information please contact

**07437 980466 or visit [www.samaritans.org/volunteer](http://www.samaritans.org/volunteer).**

**The Hangout/FIND Centre** – Activities/Clubs for young people aged 11-25 at the Hangout/FIND Centre, 2 Quay Lane, Enniskillen include:

**Drop in** – Aimed at young people (**11-25**) who in their spare time, mainly after school and weekends, can use the hangout area under supervision to meet friends and have full use of all facilities such as pool tables, ps4, air hockey, table football or perhaps just to use as an area to chill out or have a bite to eat. **Thursdays/Fridays 3 - 6pm and Saturday 3 - 5pm**

**JAVA** – Just a Virtual Area is aimed mainly at students (**16-25**) of nearby colleges and provides an area where they can use facilities while on lunch breaks or on days they finish early. Full use of facilities is available under supervision. **Tuesdays/Thursdays/Fridays 12 – 2pm**

**Youth Club** – This is a chance for young people (**1<sup>st</sup> and 2<sup>nd</sup> years**) to meet new friends and build relationships through planned activities such as team building, challenge nights, trips, interactive workshops and free time where young people can have full use of facilities within the hangout. **Wednesdays 6 - 8pm**

**Underground Music Movement** – This group provides an environment for young people (**13-18**) with an interest in music to come along and play the instrument of their choice or perhaps just listen with their friends. This group welcomes young people from all backgrounds and ability levels to come along for a jamming session. **Saturdays 3 – 5pm**

**STIG** – Social Teen Inclusion Group is a group where young people on the autistic spectrum can come together and take part in planned activities, workshops, trips and programmes under supervision. **Every 2<sup>nd</sup> Thursday 7 – 9pm**

**Information, advice and support** – All staff are fully trained so if you have ANY issues that you feel you need help with please drop in or give us a call. **Telephone 028 6632 5559**

**Aware Support Groups** are for people affected by depression including relatives, carers and friends who want to know more about depression and how they can help someone recover.

An AWARE Support group will bring you together

- with other people experiencing similar problems
- so you can support each other and help one another
- to learn more about your own illness and the treatments available
- to share experiences and develop self-help strategies and coping skills that will help you manage depression

The groups are very informal where individuals may talk about their experiences, share information and ask questions. No member is obliged to speak and short periods of silence are normal. There is no charge for attending.

We have support groups near you in:

- **Enniskillen** – Aisling Centre, at 7.30pm on Tuesdays (fortnightly)
- **Omagh** – Omagh Library, at 6.45pm (weekly)

No need to book just turn up.

Information on Aware's support groups can also be found at [www.aware-ni.org](http://www.aware-ni.org)

**If you want more information contact Caroline on 028 7126 0602 or [caroline@aware-ni.org](mailto:caroline@aware-ni.org)**  
Details of the fundraising calendar can be found at [www.aware-ni.org/events](http://www.aware-ni.org/events)

### **Omagh Volunteer Centre (OVC)**

**Community House, 2 Drumragh Avenue, Omagh**

**Tel: 028 8224 0772**

**Email: omaghvc2@yahoo.co.uk**

Our Services include:

#### **For VOLUNTEERS**

- Volunteer recruitment/registration
- Source volunteering opportunities
- Referral of volunteers to match opportunities
- Volunteer support
- Volunteer recognition activities

#### **For ORGANISATIONS**

- Promotion of volunteering opportunities
- Volunteer recruitment/referrals
- Help in identifying roles/writing role descriptions
- Help to set up a volunteer programme/improve an existing one
- Help/guidance with good practice in volunteer management e.g. with developing policies and procedures
- A free volunteering “health check”

#### **TRAINING**

- Safeguarding of Vulnerable Adults (SOVA)
- Child Protection
- Befriending & Mentoring
- Help to source training e.g. Disability awareness & First Aid

#### **SMALL GRANTS FOR VOLUNTEERING PROGRAMME (DfC)**

- We are the local delivery partner for this programme which includes promotion, training, support and guidance.

#### **ACCESS NI CHECKS**

- We are the local umbrella body for the Access NI vetting service
- Access NI guidance/support and process applications

#### **GOOD MORNING OMAGH**

- Telephone befriending service – 5 days per week

## Training Opportunities

### Scaip an scéal! Spread the word!

Trillick Arts and Cultural Society, supported by Fermanagh and Omagh District Council are hosting their first ever Free Irish Language One-Day Course. One and all are welcome to come along, all levels will be catered for on the day. As it falls during the Summer holidays, it is a Family friendly event - why not come along and learn a cúpla focal and then have a go practicing the phrases at home with the family?

**Saturday 5 August** Fr Matt Hall, Trillick 10am-4pm

Light refreshments provided, please bring a packed lunch.

**To register email [tacs14@outlook.com](mailto:tacs14@outlook.com) or Private Message us on Trillick Arts and Culture Society's Facebook page**

### MIDAS course

Fermanagh Community Transport, Lackaboy Industrial Estate, 9am **Saturday 26 August**

Tel: 028 6632 4260

### The ASPIRE Employability Programme are now registering for the Classroom Support Package.

Training, combined with a placement in a school, will help you develop the skills needed for today's classroom. Training will include: Child Protection Awareness, Paediatric First Aid, IT for the Classroom, Basic Food Hygiene, Introduction to Phonics, Literacy and Numeracy Skills. Support will also be available to develop your own CV and prepare for job interviews.

All courses provided under the ASPIRE Project are free of charge.

If you are unemployed or working less than 16 hours per week and want to get back into employment or retrain for a job in a new area of work then contact ASPIRE.

**Omagh** Tel: 028 822 46535. The Sperrin Centre, 1 Market Street, Omagh, BT78 1EE.

**Enniskillen** Tel: 028 6632 6478. FRCl, 56 Tempo Road, Enniskillen, BT74 6HR.

The ASPIRE Project is part-funded by the European Social Fund and Department for the Economy.

### Free workshops on using Digital Tech to bring generations together

The Digital Age Project is an initiative that focuses on the promotion of digital and social inclusion for older people, using an intergenerational approach involving young people.

Come along to our informal workshop and find out more about how your organisation/group can use technology to link generations in your local area using our free downloadable resource, the Digital Age Project Toolkit.

**Tuesday 22 August 2.30-5pm, Enniskillen Library**

Please confirm your attendance by email [info@bif.org.uk](mailto:info@bif.org.uk) Telephone 028 9181 3022

Check out our website for further information on the Digital Age Project

[www.linkinggenerationsni.com](http://www.linkinggenerationsni.com) [www.digital-age.org.uk](http://www.digital-age.org.uk)

### **Breast, Cervical and Bowel screening Awareness Programme**

The Women's Resource and Development Agency in association with the Public Health Agency is currently providing training across Northern Ireland. **The Breast, Cervical and Bowel Screening Awareness Training Programme** takes place over 3 two hour sessions and is available to individuals and organisations working with hard to reach groups **across Northern Ireland**. These programmes are provided at no cost to groups.

The sessions cover:

**Breast awareness and Breast Screening**, including a practical demonstration on how to check your breasts and the signs and symptoms to look for

**Cervical Screening**, including what happens at a smear test the types of results and what they mean

**Bowel Cancer Screening**, including the signs and symptoms to look out for and how to take the screening test

WRDA Programmes are delivered by experienced trainers qualified to Level 3 in Training and Development through WRDA's Community Facilitators Training Programme and provide employment for local women whilst building Community Capacity.

If you are in contact or associated with a local community or women's group that would benefit from this training feel free to get in touch with **Katherine Robertson** by calling **028 9023 0212** or by emailing [Katherine.robertson@wrda.net](mailto:Katherine.robertson@wrda.net) for further details.

**Rutledge Recruitment & Training** are one of the largest training and recruitment agencies in Northern Ireland with over 25 years' experience in the field.

We are now enrolling on the exciting new Training for Success programme for September courses. All school leavers will be entitled to £40 per week on top of their travel expenses.

As well as providing qualifications in their chosen occupational area, English and Maths, the young person will gain the work experience necessary to better equip them for the next stage in their career.

In addition we provide further support to meet their wider needs including preparation support and expenses for Driving Theory Test, Bonus Payments for attendance, Trips, Breakfast club and Hairdressing Kits.

Please call or drop into your local branch Monday – Friday between 9am-5pm:

**Enniskillen Office: Michelle      028 6632 9858      [mbaker@rutledgegroup.co.uk](mailto:mbaker@rutledgegroup.co.uk)**

**Omagh Office: Patricia      028 8224 0333      [pkelly@rutledgegroup.co.uk](mailto:pkelly@rutledgegroup.co.uk)**

**Jobmatch** is open to those aged 18 and upwards who live within the Omagh area. It is targeted at those who are unemployed, economically inactive or working less than 16 hours per week. Within the programme we can offer training such as CSR, Forklift, Manual Handling, SAGE, IT and various others, as well as career guidance and counselling, cv developing, interview skills and so on.

**For further information contact Claire Yakub on 028 8283 9311 or Mobile 07855 108608**

**Email: [claire.yakub@networkpersonnel.org.uk](mailto:claire.yakub@networkpersonnel.org.uk)      web: [www.networkpersonnel.org.uk](http://www.networkpersonnel.org.uk)**

### **Step Up To Sustainable Employment+ (SUSE+)**

SUSE+ is an employment solutions programme that helps participants to become more job ready by up skilling or reskilling. Based at the Southwest College the programme covers the Fermanagh-Omagh district council and Mid Ulster council areas. It is aimed at those aged 16-65 who are unemployed - including those working under 16 hours or who are economically inactive. SUSE+ offers a variety of accredited Level 1 qualifications all gained within a maximum of 12 weeks - these can include Health and Social Care, Horticulture, Welding, Multiskills Construction, Retail, Customer Service, Employability, Essential Skills ICT, English, Maths. Participants can also avail of 1 day training courses that can including First aid at work, Manual Handling and Food hygiene. Each participant has a dedicated mentor who will provide guidance and support in completing a CV, Work placement, Job applications, Interview skills, Budget management, Careers guidance and Computer skills. Mentors have built up strong links with local employers which further develops the participant's journey into employment.

If you would like to meet with the team in your local area to discuss or sign up to the programme please contact:

**Omagh** : Tracy Sharkey 074 3653 3475 or Darrell Law 077 3995 1970

**Enniskillen** : David Taylor 074 4253 1667 or Dermott Feely 077 3428 1029

### **Going Places Programme**

The Going Places Team support the Neighbourhood Renewal Areas (NRA) within Fermanagh & Tyrone with the aim of signposting, referring and providing a wraparound support for NRA residents aged 16+ who want to gain entry into Education, Training or Employment.

The Going Places Team provide NRA residents access to any Level 2 and above provision offered within South West College; alongside the vocational area of their choice residents will also get the support of a mentor to assist them on their journey to the World of Work.

If you feel that you would like to explore your career journey opportunities with the support of a mentor please contact a member of the Going Places Team on: 077 3428 1030 or 077 0815 2879 or 078 5638 1535

Some of the **Free Courses** available now for residents in a Neighbourhood Renewal Area are:

Hotel & Tourism / Hospitality

Food Safety in Catering

Emergency First Aid in the workplace

CSR

CV Building & Interview Skills

For more information or to book a place on any of these courses contact a member of the Going Places Team on the above numbers.

**Mental Health Resilience Workshops** - Action Mental Health has recently been commissioned by PHA to deliver fifteen Mental Health Resilience workshops for 14-17 year olds and fifteen Mental Health Resilience workshops Lot 2 (adult) in the Western Trust area. These workshops entitled Mindset will run continuously throughout the year. The programmes will be delivered in youth and community settings for groups of eight to twenty people. Duration 3 ½ hours. The aims of the workshops are:

- To raise awareness and increase knowledge and understanding of Mental and Emotional Health and Wellbeing.
- To raise awareness of the signs and symptoms of mental ill health.
- To promote self-help/resilience techniques and how to maintain a safe level of positive mental and emotional health and wellbeing.
- To promote self-care.
- To provide information and/or resources on mental health support organisations available both locally and regionally.

To book a programme contact **Action Mental Health MensSana Project Worker Brenda Burns** on 07885 407092 or 028 6632 3630 or email [mindset@amh.org.uk](mailto:mindset@amh.org.uk).

### **The Alzheimer's Society - Training for Informal Caregivers**

Do you provide unpaid care and support for a family member, neighbour or friend living with a dementia?

- Do you care for a loved one in an informal basis?
- Would you like to meet with other informal carers?
- Would you benefit from finding out more about dementia, coping mechanisms, legal/financial issues, basic communication skills?
- Are you aware of all the dementia services available in your area?

Well this **free training** is for you! We are flexible and can run evening or weekend courses. We can also offer the training to family groups within their own homes if necessary. **Please call:**

**Carla Mulholland 07718 322726 or e-mail [carla.mulholland@alzheimers.org.uk](mailto:carla.mulholland@alzheimers.org.uk)**

**Roisin Flynn 07484 507178 or e-mail [roisin.flynn@alzheimers.org.uk](mailto:roisin.flynn@alzheimers.org.uk)**

**CRAFT Training** offer a number of training opportunities for young people to learn new skills and gain qualifications so that they can get ahead in their career.

Through the Training for Success programme or the Apprenticeships NI Programme, young people can gain the skills they need to get employed and start their career.

For more information **telephone 028 8225 9377**

**[www.craftrecruitment.com](http://www.craftrecruitment.com)**

**Exploring Enterprise3 Programme** - This is a free programme that helps participants take the first steps to gain employment or explore a business idea. All participants gain a free accredited qualification within the programme. This adds to a CV and helps to break down barriers to employment or self-employment. Fermanagh Enterprise Ltd will be delivering this programme in Fermanagh, they have friendly and experienced advisors who will offer advice and assistance and offer access to main stream support options. The Exploring Enterprise3 Programme will help participants:

- Gain a QCF Understanding Business Enterprise Qualification.
- Improve skills for business and employment.
- Meet new people.
- Get back on track.

For eligibility details and more information please contact **Fionna Martin on 028 6632 3117 or email [fionna.martin@fermanaghenterprise.com](mailto:fionna.martin@fermanaghenterprise.com)**.

**The Way2Go Project** is a new, province wide initiative supported by the Big Lottery Fund planning to improve knowledge and understanding of the impact of alcohol on individuals, families and communities, as well as identifying risks associated with excessive alcohol consumption.

The content of the workshop raises awareness of statistical information on the impacts of alcohol in Northern Ireland; will increase knowledge about risks associated with drinking alcohol and getting home safe; also looks at alcohol and offending, alcohol and health, alcohol and the media, and raises knowledge about impacts of alcohol and the risks of homelessness. Within the workshop we will also provide information regarding getting help for someone who is misusing alcohol.

Our workshops will be offered free of charge to schools and youth settings throughout the province. The quality assured workshops are tailored according to the age group and needs of each group. Sessions are fully interactive using PowerPoint presentation, booklets, group work, activities and discussion to fully engage young people.

Way2Go directly link with the core of the 'Model for effective Practice', aims to compliment education and service provisions to aid the personal and social development of young people ensuring they have opportunities to participate effectively in society.

If you would like to book a free workshop for your School or Youth club, or to discuss any aspect of the project, please contact First Housing Aid and Support Services, 7 Queen Street, Enniskillen, BT74 7JR Tel 07715 629658 Email [shirleydonaldson@first-housing.com](mailto:shirleydonaldson@first-housing.com)

**Free Driving Theory Support Course** - Are you or someone you know struggling with their Driving Theory? The Community Family Support Programme are offering a free Driving Theory Support course to participants. All information is provided and classes are held on a Wednesday morning. **Please contact Ciara on 07739 651585 for further information.**

## Funding Opportunities

### UnLtd Grow It Award (£15000 Cash Award & Support)

#### Expression of Interest deadline 3 August

You're a social entrepreneur creating compelling impact and you want to scale.

The Grow It Award is for social entrepreneurs looking to scale their venture providing tailored support, access to workshops and networks, and up to £15000 cash.

To apply for a Grow It Award please go to <https://unltd.org.uk/grow-it-award> and complete an Expression of Interest.

### UnLtd Do It Award (up to £5000 Cash Award & Support)

#### Expression of Interest deadline 3 August

Do you have an idea to address a social or environmental issue?

We may be able to help with an UnLtd Do It Award.

To apply for a Do It Award please go to <https://unltd.org.uk/doiit> and complete an Expression of Interest (EOI). EOIs can be submitted all year round.

### UnLtd Spaces for Change

#### Expression of interest deadline 30 October

For 16-24 year olds up to £5000 Cash Award & Support

Spaces for Change (S4C) is a UK wide programme that will find, fund, support and connect young people aged 16-24 to start and run social ventures that unlock the potential of unused or under-utilised spaces for the benefit of the local community, especially other young people.

Awards will be available for young leaders consisting of up to £5000 project funding, a dedicated award manager providing tailored support, cohort support, and peer to peer networking opportunities for sharing knowledge and learning.

Young people aged 18–24 will also have the opportunity to crowd fund alongside their award with support from Spacehive. This will enable the young person to demonstrate tangible support from the local community for their idea, learn valuable skills, as well as increasing the chances of sustainability of the social venture.

To apply for a Spaces 4 Change please go to <http://youngunltd.org.uk/looking-for-support/spaces-4-change/> and complete an Expression of Interest.

**For further information please contact Nuala Smyth, Award Manager UnLtd**

**Tel 028 9094 1619 / 07545 933 816 Email [nualasmyth@unltd.org.uk](mailto:nualasmyth@unltd.org.uk)**

### ESB – Energy for Generations Fund

The ESB has a fund for projects that focus on Suicide Prevention, Homelessness and Education Access and Support. For information and an application form, please click on the link below. The **deadline for applications is Monday 4 September**

<https://www.esb.ie/acting-responsibly/community-stem-and-the-arts/esb-corporate-responsibility>

## **GrantNet Funding Conference: Thursday 14 September at NICVA's Offices, Belfast**

### **Free event for all RCN Members**

With funding becoming ever more competitive we all need to increase our sustainability through more effective fundraising especially if we want to continue making a real difference to the lives of those we serve. This is a free event for NICVA and RCN members to help you to get a key funding skill under your belt, i.e. making successful grant applications.

### **What will be happening?**

The day will start with refreshments at 9.45am followed by 2 very short presentations on the new system of Fundraising Regulation in NI/The Code of Fundraising Practice and Developing a Fundraising Plan.

Participants can then attend one morning and one afternoon workshop where individual funders will take them through what makes a "good" application for them.

The five funding workshops available will be:

1. [Halifax Foundation for NI](#) (Charities only)
2. [Big Lottery Fund \(Awards for All\)](#)
3. [Big Lottery Fund \(People in Communities\)](#)
4. [Trusthouse Charitable Foundation](#) (Charities only)
5. [Heritage Lottery Fund \(Sharing Heritage\)](#)

There will also be extended coffee and lunch breaks so that participants can meet other key NI funders including [Community Foundation for NI](#), [BBC Children in Need](#), [Enkalon](#), [Big Lottery Fund](#), [Heritage Lottery Fund](#) and others...

**Places are limited to 2 people per organisation (subject to availability) and are made available specifically for NI voluntary and community sector organisations.**

**To register, please click on this link <http://www.nicva.org/event/grantnet-funding-conference> or ring Conor on 028 8676 6670**

**The Great Place Scheme** will fund cultural and heritage projects in places that aim to make a lasting difference to the many varied things from the past that we value and want to pass onto the future. By working together, projects will strengthen the link between the communities aiming to make a lasting difference to heritage and people, leading to the environmental and social benefits that heritage projects can accomplish.

This is a pilot scheme. It will fund activities which can be built on in the future, and whose learning can be shared with other places.

### **Aims**

The Great Place Scheme will enable heritage and cultural organisations to change how they work together, and with organisations in other places, to allow heritage and culture to contribute more to meeting local environmental, economic and social aspirations.

Full information available on <https://www.greatplacescheme.org.uk/northern-ireland>

**Deadline for preliminary application form midday 25 August**

### **Building Better Futures Loan Fund**

The Ulster Community Investment Trust (UCIT) is a Charity which was set up to provide loans to charities, community organisations, sports clubs and social enterprises. Since this time the organisation has approved loans totalling in excess of £50 Million to over 400 third sector organisations.

UCIT has recently partnered with Belfast Charitable Society and Building Change Trust in the provision of a new fund for the third sector which provides smaller, tailored, unsecured loans ranging from £1,000 to £25,000.

Loans are available for many purposes including property – purchase, construction or renovation, equipment, renewable energy projects, bridging funding gaps, restructuring existing debt, working capital and funding shortfalls in larger grant assisted projects.

UCIT's core loan fund provides loans from £25,000 to £500,000+ to third sector organisations including community associations, rural development initiatives, churches and faith-based organisations, energy and environmental initiatives, childcare schemes and housing associations.

As a registered charity, all profits generated by the Trust are recycled for reinvestment into the community sector.

If you have any further questions or would like to discuss your requirements informally please don't hesitate to **contact UCIT on 028 90315003 or [info@ucitltd.com](mailto:info@ucitltd.com)**

### **Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).**

The link below provides additional information and a link to the application forms:

[http://www.nihe.gov.uk/index/community/community\\_social\\_housing\\_investment\\_scheme.htm](http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm)

**Do It For Real** – Apply for up to £2,000 to start your social enterprise. Omagh Enterprise Company in partnership with UnLtd, Comic Relief and Spirit of 2012 is delivering Do It For Real, an exciting new youth programme to help people across Northern Ireland become social entrepreneurs. The programme will give young people (aged 16 – 30) the skills to develop their social ideas while having fun and helping to improve their community. We currently offer two support packages:

- Test It Award – Apply for £500 cash and receive mentoring from one of our dedicated Award Managers to explore, plan and try out your social idea.
- Do It Award – Turn your idea into a real venture by applying for up to £2,000 cash funding and receive one-to-one support and expert advice to help create a positive social impact.

You can find more information about the Do It For Real programme, including how you can apply, eligibility criteria and FAQ on our website [www.omaghenterprise.co.uk/social-enterprise/](http://www.omaghenterprise.co.uk/social-enterprise/)