

Fermanagh & Omagh District Council Community Support News – November 2025

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for November's Newsletter is Tuesday 25 November

Council News & Events

Community Physical Activity & Coach Education Programmes

Community Wellbeing at Fermanagh and Omagh District Council deliver a wide range of programmes and activities across the district area.

To view the September – December 2025 programme and to register for activities, please [click here](#). All activities are free!

If you have any questions or queries regarding Community Wellbeing programmes or activities, please [get in touch](#) or visit [Community Wellbeing at Fermanagh and Omagh District Council | Facebook](#) for the most up to date information.

Junior Paralympic Fun Day

Sunday 2 November, 10am to 3pm

Omagh Leisure Complex

Fermanagh and Omagh District Council is delighted to partner with Disability Sport NI to host this **free event** for children and young people aged 5 to 17 years.

This inclusive event is designed for young people with physical disabilities, including wheelchair users and those with ambulant disabilities (such as using crutches or rollators). It offers a chance to try a range of sports and activities in a fun and supportive environment.

Activities on the day will include archery, boccia, indoor angling skill activities, inclusive and adapted bikes, along with many others.

To register, or for more information, please contact: nirwin@dsni.co.uk

Free Seminar: Sports Clubs & Community Wellbeing

Thursday 6 November from 6.30pm

Dromore Sports Complex

Join Councillor Barry McElduff, [Chair of Fermanagh & Omagh](#) District Council as he hosts a **free** evening seminar.

Hear from top speakers including:

- Malachy O'Rourke, Tyrone GAA Manager
- Louise Thompson, IFA Women's Referee Pathway Officer

- Brian Simpson, 1Zero1

Plus local clubs, the Public Health Agency & more!

This 2-hour event is open to everyone – especially those passionate about sport, health and community. Expect inspiring stories, expert insights, and a chance to share your own reflections. For further information visit <https://www.fermanaghomagham.com/article/free-seminar-the-importance-of-sports-clubs-in-promoting-community-health-and-wellbeing/>

Free to attend – RSVP via <https://tinyurl.com/FODCSeminar> by 5pm, Tuesday 4 November
Follow <https://www.facebook.com/CommunityWellbeingFODC> for more updates.

Small World Cafe

Tuesday 4 November, 7pm - 9pm

Fermanagh House, Enniskillen

The Good Relations team are running this interactive event which provides a safe space to learn about the lived experiences of others from around the world.

Workshops overcome fear and mistrust of those seen as 'different,' addresses misunderstandings and dispels myths, fosters respect, trust, empathy, and highlights the similarities we all share.

Small groups of 5 to 6 people meet with hosts from different countries for 15 to 20 minutes each. The hosts share their life stories and reasons for coming to NI, and participants can ask questions then move on to another 'Small World' to meet the next host.

These workshops provide a very informal way for you to talk to migrants, who live outside our district, and get a real understanding of their journey as newcomers to Northern Ireland.

To book: <https://forms.office.com/e/BhmtfWMCB5>

Omagh Music Festival

Remembering and Celebrating Omagh's legendary guitarist, whose influence shaped Irish traditional music and beyond.

Strule Arts Centre, Omagh

Friday 7 November – 8pm

The Many Sides of Arty McGlynn – Side One: The Traditional Legacy

A landmark concert honouring Arty's contribution to Irish traditional music, featuring:

- Matt Molloy & John Carty
- Cathal Hayden
- Nollaig Casey & Jerome McGlynn
- Chris Newman & Máire Ní Chathasaigh
- Eamon McElholm & Shane McAleer and more

Tickets: £22 | Both Concerts: £40

Saturday 8 Nov – 8pm

The Many Sides of Arty McGlynn – Side Two: Blues, Jazz, Rock & Country

A genre-spanning tribute to Arty's musical passions, featuring:

- Brendan Quinn
- The Causeway Band
- Mark McCausland
- Nicky Scott, Liam Bradley, Rod McVey & Jerome McGlynn

Tickets: £22 | Both Concerts: £40

Saturday Events - Book Online

11am – Tickets £5 - Omagh Music Heritage Walking Tour with historian Declan Forde

2pm – **free** - Screening: Arty McGlynn – Guitar Player Omagh (1993 documentary)
4pm – **free** - Remembering Arty McGlynn – a special film tribute
All Weekend – Rooftop Museum Exhibition featuring Arty's instruments, photos & stories from Omagh's musical history.
Book now at struleartscentre.co.uk or call 028 8224 7831

Major Housing Conference to Address Housing Needs in Fermanagh and Omagh District Council Area

Friday 14 November, 8.45am-1pm

Strule Arts Centre, Omagh

The Conference will bring together key voices from government, housing, infrastructure and community sectors to address the urgent issue of housing supply and needs.

The event, titled 'Future Housing Provision: Housing Conference 2025', will examine the challenges of ensuring a ready supply of private, social and affordable homes across Fermanagh and Omagh District. The conference will highlight the need to address supply constraints and associated challenges and rising housing supply needs across both urban and rural areas. It will also provide a platform for tenant voices, young people, rural housing providers, advice agencies and private sector representatives to contribute to the debate.

The conference will feature a distinguished keynote line-up, including Paddy Gray (Professor Emeritus, Ulster University), the Department for Communities, Housing Executive, Fermanagh and Omagh District Council Planning Department, Housing Associations including Co-ownership Housing as well as estate agents, young people and tenant voices.

Paul Clark (Broadcaster) will act as MC on the day.

For further information visit <https://www.fermanaghomagh.com/article/major-housing-conference-to-address-housing-needs-in-fermanagh-and-omagh-district-council-area/> or email chair@fermanaghomagh.com

You can register to attend the event here:

[Future Housing Provision: Housing Conference 2025 Tickets, Fri 14 Nov 2025 at 08:45 | Eventbrite](#)

Fermanagh and Omagh District Council Launches Heritage Plan 2030

Heritage at the Heart of the Future

Fermanagh and Omagh District Council has formally launched its Heritage Plan 2030, a strategic framework which sets out the Council's commitment to promoting, protecting and celebrating the District's unique heritage.

This is the Council's first integrated heritage strategy. It sets out clear priorities for the next five years, aiming to keep heritage relevant, resilient, and accessible for everyone. While the Plan does not attempt to cover every aspect of heritage, it provides a strong foundation for action and direction.

Fermanagh and Omagh District is widely recognised for its rich and diverse heritage. From its natural environment of lakes, rivers and varied landscapes to its historic buildings, traditions, music, folklore, pastimes and language, heritage is embedded in the identity of the district and continues to play an important role in everyday life.

For further information visit <https://www.fermanaghomagh.com/article/fermanagh-and-omagh-district-council-launches-heritage-plan-2030/>

REAP Programme Free Courses

If you are not working or in full time education, you may be eligible. Contact the [REAP Programme](#) by any of the following methods to discuss what your options are

- Complete the enquiry form at <https://bit.ly/44O5YKI>
- Omagh - 028 8224 6535
- Enniskillen - 028 6632 6478
- Email - reap@fermanaghomagh.com

Looking for a fresh start in hospitality?

If you're unemployed, under-employed, or at risk of redundancy in Fermanagh & Omagh, the Hospitality Academy with South West College could be your next step!

Free 4-week training programme including:

- Practical skills in food service, barista training & front of house
- Recognised qualifications
- Real experience with top local employers
- One-to-one mentoring & job support
- A guaranteed job interview at the end!

Apply now: email David.Taylor@swc.ac.uk

Funded by the Department for Communities and supported by Fermanagh and Omagh Labour Market Partnership

Cuilcagh Lakelands Geopark invites Heritage Enthusiasts to join Geopark Ambassador Network

In partnership with Cavan County Council and Fermanagh & Omagh District Council, we're inviting expressions of interest for our long-standing Geopark Ambassadors Programme.

This unique initiative combines in-person and online learning to foster collaboration, share expertise, and strengthen connections within the heritage, community and tourism sectors.

As a Geopark Ambassador, you'll play an active role in:

- Promoting and protecting local heritage: helping to share the stories, landscapes, and traditions that make the Cuilcagh Lakelands Geopark so special.
- Supporting education and outreach: assisting with school visits, talks, and public engagement activities that inspire others to value our shared environment.
- Be a voice for local Community Heritage helping shape community engagement initiatives that celebrate the Geopark's unique natural and cultural heritage.

Becoming a Geopark Ambassador is a rewarding opportunity to make a positive local impact, develop new skills and be part of a passionate community dedicated to sustainable heritage stewardship.

To learn more visit <https://cuilcaghlakelands.org/news-item/cuilcagh-lakelands-geopark-invites-heritage-enthusiasts-to-join-geopark-ambassador-network/>

To express your interest, email elaine@runda.ie

Christmas Lights Switch on

Saturday 22 November

in Enniskillen and Omagh Town Centres

For further details visit: <https://www.fermanaghomagh.com/event/christmas-lights-switch-on-2/>

Events in Fermanagh and Omagh

Visit the following websites for details of what's on in the district:

<https://www.fermanaghomagh.com/events-and-festivals/>

<https://www.fermanaghlakelands.com/whats-on>

<https://exploreomaghsperrins.com/whats-on/>

Cost of Living Help

<https://www.fermanaghomagh.com/services/community/community-help-support/cost-of-living-help/>

Consultations

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district. Further information is available at <https://www.fermanaghomagh.com/your-council/consultations/>

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

For further information visit <https://www.fermanaghomagh.com/services/community/>

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council **at least 6 weeks** before the date requested, to allow sufficient time for the application to be considered.

To make an illumination request please complete <https://form.jotform.com/222782646405055> or for any enquiries regarding Council support to charities, email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action.

Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](https://www.fermanaghomagh.com/community)

Please contact your local Community Support Officer for any assistance you or your organisation may require on 0300 303 1777

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Leza Cleary	leza.cleary@fermanaghomagh.com	Ext 21234
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Eilish Morgan	eilish.morgan@fermanaghomagh.com	Ext 20068
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Billie-Jo Irwin	billie-jo.irwin@fermanaghomagh.com	Ext 20220

FODC Physical Activity Referral Scheme (PARS)

Delivered in partnership with the Public Health Agency (PHA), PARS is a **free 12-week exercise** referral programme facilitated by fully qualified staff for individuals with specific health conditions who have no absolute contraindications to exercise.

PARS includes online delivery with sessions also facilitated at Council leisure centres.

For further information visit [Physical Activity Referral Scheme](#)

FODC Move More Programme

A physical activity initiative delivered in partnership with Macmillan Cancer Support available to anyone who has had a cancer diagnosis, at any stage of their life.

Move More supports the lives of people with cancer through physical activity. Physical activity before, during and after cancer treatment can help prevent and manage the effects of treatment, such as fatigue, depression and risks to heart health.

Sessions are facilitated at Council leisure centres.

For further information visit [Macmillan Move More](#).

Age Friendly at Fermanagh and Omagh District Council

Fermanagh and Omagh District Council is committed to providing an Age Friendly District and seeks to ensure that older people lead more independent, engaged and socially connected lives.

For further information visit <https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/>

For details of how to join an older person's group, visit

<https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/join-an-older-persons-group/>

For details of upcoming events for older people please visit

<https://www.facebook.com/swapnetwork/>

Community Wellbeing at Fermanagh and Omagh District Council

This site provides up-to-date information in relation to Sport and Countryside Recreation programmes, events and activities across the district.

If you have any questions or queries regarding Community Wellbeing programmes or activities, please [get in touch](#) or visit [Community Wellbeing at Fermanagh and Omagh District Council | Facebook](#) for the most up to date information.

Community Centres

Our community centres are available to hire for children's activities/parties, community events, health and sporting activities, special occasions and corporate events.

For further details or to make a booking visit

<https://www.fermanaghomagh.com/services/community/community-centres/>

Irish Language Fermanagh and Omagh District Council

For up to date information and details of activities across the district

visit <https://www.fermanaghomagh.com/services/community/irish-language/>

Fermanagh and Omagh Policing and Community Safety Partnership (PCSP)

A partnership between the Council, statutory providers and the community. The partnership is made up of elected and independent members and representatives from the statutory sector.

Follow us on Facebook via the link below

https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en_GB

Community News

Belleek CCE

Sunday 2 November - Monthly trad session in the Riverside Bar, Garrison.

5-6pm children's session with their class tutors. 6pm onwards, all musicians and singers welcome.

Sunday 21 December - Session & Christmas Party.

Comhaltas branch membership - year runs from 1 November.

Family membership is £18, Adults £11 and children £5.50 - new members most welcome to join our branch.

All adult and family members receive copies of the Treoir magazine throughout the year.

All queries to branch secretary Bernie Mc Nulty on 028 6865 9081 or via Belleek CCE Facebook page.

#GOGIRL

Monday 3 November – 15 December, 6-8pm

Carrosyl Community Centre, Lisnaskea

This is an all-female empowerment project for young women aged 12-25 that mixes sport, wellbeing and leadership. Includes a free Level 1 qualification in sports leadership, build confidence and increase skills.

For more information and to sign up contact Aimee@rioferdinandfoundation.com

PHA Safer Mobility Steering Group Service User & Carer opportunity

The Public Health Agency wish to set up a Regional Safer Mobility Steering Group which is an important step towards creating a region wide approach to falls prevention. They want to recruit Service Users and Carers to be full members of the Regional Safer Mobility Steering Group,

For further information and to complete Expression of Interest form please visit

<https://forms.microsoft.com/e/hs0xARHaaa>

Closes Wednesday 5 November 2025.

Omagh Healthy Living

FREE 4-Week Sleep Reset Programme (online)

delivered by Dr Róna Girvan (née Anderson)

Wednesday 5 November- Wednesday 26 November, 7pm - 8pm

This gentle and supportive programme blends lifestyle medicine, nervous system regulation, somatic techniques, positive psychology and realistic habit-based change to help you reset your sleep.

Across the 4 weeks, you'll discover:

- How light, daily habits and rhythms fuel healthy sleep
- Why pain and stress affect rest, and ways to calm the body
- The power of circadian rhythms, movement and mindful practices
- How small mindset shifts and self-compassion can transform your sleep

Click on <https://buytickets.at/omaghhealthyliving/1853983> to secure your place.

'Living Life to the Full' 6-week programme

in partnership with AWARE NI

Thursdays 6 November – 11 December, 10am-12pm

Omagh Lawn Tennis Club, 1 Crevenagh Rd, Omagh BT79 0EQ

This free programme is designed to help you feel better, manage stress, and develop simple, practical tools for tackling life's ups and downs. Whether you're feeling low, anxious, or just need a boost, this could make a real difference. Spaces are limited – early registration is recommended!

To find out more and secure your place, click on the following link

<https://www.tickettailor.com/events/omaghhealthyliving/1907687>

or contact 028 8225 1559 or email health@omaghforum.org

Give blood - you could save 3 lives!

Northern Ireland needs 1200 blood donations per week. That's 1 in every 8 minutes!

Friday 14 November	The Patrician, Carrickmore	12.30-7pm
Wednesday 19 November	Cathedral Hall, Enniskillen	1pm-8pm
Thursday 20 November	Cathedral Hall, Enniskillen	12.30-7.30pm
Monday 24 November	Bawnacre Centre, Irvinestown	12.30-7.30pm

Book your appointment via <https://nibts.hscni.net/online-booking-for-blood-donation-appointments/>

PS - Want to know if you can give blood? Check out our eligibility quiz here:

<https://nibts.hscni.net/donating-blood/can-i-donate/>

Consumer Council for Northern Ireland

Thursday 6 November, 7pm

Free session on how consumers can maximise their money and get some financial first aid. Open to anyone, whether an individual consumer or an employee/volunteer who supports others. We will share ways to help reduce your bills and details of schemes that may benefit you or someone you know

If you would like join the session, or require further information, please email

financialservices@consumercouncil.org

Need financial first aid? We will help get you trusted support to tackle money issues and get back in control. Explore your options today. www.consumercouncil.org.uk/fitter-finances

Get a financial check up - Just like your health, your finances need care too.

The Consumer Council has brought together tools and advice to help you strengthen your budget, maximise your income, and make your finances fitter. Explore your options today.

www.consumercouncil.org.uk/fitter-finances

Christmas Floral Demonstration

Tuesday 18 November, 7.30pm

Cashel Community Centre BT93 4BX

An evening of beautiful designs and displays for the festive season with Triona. All proceeds to Rise and Shine (formerly the Irish Pilgrimage Trust) who provide supported pilgrimage holidays for young people with additional needs at Easter.

Admission £10 which includes refreshments

For further information contact Bernie 086 603 9343 or Peggy 086 108 6828

Invitation to Men's Health regional event

Monday 10 November, Parliament Buildings, Stormont

The state of men's health in Northern Ireland is unnecessarily poor, yet much can be done to improve the situation.

Currently we have no policy framework or specific statutory targets to improve the health of local men so it remains firmly under the radar.

This half-day event will shine a light on men's health across the region and will highlight some of the main areas of concern, examine existing models of effective practice and explore how we can all make a difference.

If you have an interest in improving the health and wellbeing of men and boys in any setting, you are invited to attend but places are limited so **booking is essential**

via <https://www.eventbrite.co.uk/e/the-invisible-man-mens-health-look-at-the-state-of-it-tickets-1775762356009?aff=oddtcreator>

For more information [read more](#)

Fermanagh Youth Network Event

Wednesday 19 November, 7-9pm

Fermanagh House, Enniskillen

You are invited to this first ever networking meeting linking all statutory, voluntary, community and uniformed youth workers and volunteers.

Come learn about and link with organisations in other sectors, what we do and how we can work together for the benefit of young people in the Fermanagh area.

For registration and further information email Priscilla.magee@westerntrust.hscni.net

or telephone 07880 723076

Further meetings will follow in other areas.

Youth Support Event (for ages 16-24)

Wednesday 26 November, 11am-1pm

Omagh Jobs & Benefits Office

Various Providers will be present to offer information / support on current employment opportunities, Job Start / Work experience opportunities, Career guidance, CV, interview tips, volunteering, training opportunities and health and wellbeing support.

Fermanagh Rural Community Network

Level 2 Award in Food Safety in Catering (Basic Food Hygiene) Course

Saturday 29 November 2025, 9.30am-4pm

in Tamlaght Women's Institute Hall, 32 Killyreagh Road, Tamlaght, Co Ferm BT74 4HA

Places are limited and must be booked in advance by Friday 14 November.

Call 028 6632 7006 or email info@fermanaghrcn.org

Course Fee: £10

Tea & Coffee will be provided, but we ask that participants bring their own lunch

Financial Wellbeing Project

Are you struggling with your personal finances?

Would your staff like a Debt Awareness Session?

Would your group users benefit from a Financial Well Being Clinic?

Omagh Independent Advice Service and Community Advice Fermanagh are delighted to offer One to One Advice, Financial Well Being Clinics and Information Sessions to the general public and to all interested local voluntary and statutory groups.

Our project will provide advice and representation on the following:

- Benefit Entitlement Checks
- Better off Calculations
- Budgeting Advice
- Free, confidential Debt Advice

If you would like to avail of our services or help us arrange a Financial Well Being Clinic in your area please contact us on:

Omagh Independent Advice Services

Phone No. 028 8224 3252 or Email info@oias.co.uk

Community Advice Fermanagh

Phone No. 028 6632 4334 or Email website@communityadvicefermanagh.com

New 99p Fitness pilot launches for Northern Ireland Parkinson's community

This new project is a collaboration between Parkinson's UK and BrandInc Fitness to offer **free online resources** which are an accessible and adaptable on-demand way for people to get active with the condition. The free pilot will run until March 2026.

The link below provides more information about the new project and how to register:

https://docs.google.com/presentation/d/1dj5f7UViEpNHT1hg1P1ERPb-qWTMyAox0pdZv6fxRjE/edit?slide=id.g2a50d6fc6b0_0_715#slide=id.g2a50d6fc6b0_0_715

If you would like any other information please email plindley@parkinsons.org.uk

Volunteer Now

Calling all Volunteers!

2026 Fleadh Cheoil

Working with Belfast City Council, Volunteer Now are seeking 1,000 plus Volunteers to help with the smooth running of Fleadh Cheoil na hEireann in Belfast from the 2 - 9 August 2026.

Join the Volunteer Now Events Team where there is a range of volunteer roles together with full training provided.

Email: events@volunteernow.co.uk Phone: 028 9023 2020

Omagh Volunteer Centre

Investing in Community Volunteers

We're shaping the new 'Investing in Community Volunteers' programme and we want to hear from you - Last chance to have your say!

Whether you're an individual, part of a community group, or an active volunteer, your insights will help us build a programme that truly reflects the needs of our local communities.

Click on <https://forms.gle/R45WCXDTLMrfnCQs6> to have your say.

St Patrick's Day Parade, Omagh

Would you like to take part in the biggest parade in County Tyrone this coming St Patrick's Day in Omagh?

Calling community groups, schools, colleges, businesses, and organisations across the district to take pride in their place and help shape this year's St Patrick's Day Parade in Omagh on Tuesday 17 March 2026.

This is your chance to:

- Showcase your creativity
- Celebrate your culture
- Connect with the community
- Bring colour, fun, and energy to the streets of Omagh

Whether you want to walk, dance, perform, decorate a float, or simply represent your group with pride - get involved!

Fill out this short Expression of Interest form: <https://tinyurl.com/STPATRICKSOMAGH>

Let's come together to make St Patrick's Day 2026 a celebration to remember.

St Patrick's Day, Enniskillen

Shamrocks & Shared Stories in Enniskillen

Small Grants Available

We may not have Halloween over us but we're thrilled to reveal the County Fermanagh St Patrick's Day theme for 2026 - Shamrocks & Shared Stories!

We've themed the day to help inspire your outfits, floats, and performances in '26! Whether it's through music, movement, or costume, we want to see your shamrocks and shared stories come to life on the streets of our county town.

With the help of our small grants, we're giving clubs and voluntary groups a head start to get planning how you'll showcase your creativity at Enniskillen's biggest cross-community celebration of the year. These are limited however so please do email info@projectstpatrick.com ASAP to get involved. Our continued appreciation to Fermanagh and Omagh District Council, supported by DfC for their generous sponsorship.

Behind the scenes, we're already working hard to make the 2026 festival bigger and better than ever - but we can't do it without you! We'd love to hear your ideas or feedback.

Want to be part of the action? We're also looking for volunteer marshals to help keep the day running smoothly. It's a great way to get involved, meet new people, and be part of something special. If you're interested, please get in touch via info@projectstpatrick.com

And remember: While 17th March 2026 falls on a Tuesday, we've our Flotilla and Live Music Events on St Patrick's Eve so it's the perfect excuse to extend the celebrations and gather friends and family for all your favourite traditions - plus a few new surprises, so get planning!

Check out galleries from previous years at www.projectstpatrick.com for inspiration!

Right Support Right Time

Free Mental Health & Wellbeing Workshops

Right Support Right Time is a new cross-border mental and wellbeing service designed to help people find the support that works for them, at the right time, in the right way.

We know that life can be overwhelming at times. Things like money worries, housing problems, health issues, grief, loneliness, or family stress can all affect our wellbeing.

That's where Right Support Right Time comes in.

We focus on the everyday issues that can lead to poor mental health and help people take positive steps forward. We know that everyone's experience is different, and so is the type of support that works best. That's why Right Support Right Time offers a range of support programmes, so you can find the approach that feels right for you.

Some people benefit most from a listening ear and some space to talk things through. Others may want help to take practical steps, learn new skills, or understand their rights. Whatever the need, we'll work together to figure out what support will make the most difference.

We are offering **free** 2 hour, in-person workshops aim to promote wellbeing, help build resilience and raise awareness of support through the RSRT programme. Here are some options below:

- Mental Health Awareness
- Food & Mood
- The Importance of Sleep
- Alcohol and Other Drugs
- An Introduction to Self-Care
- Managing Stress & Anxiety
- Mental Health in Older Age
- Peer Support
- Mental Health & Menopause

Who is Right Support Right Time for?

The service is open to anyone aged 16 years and over, living in Northern Ireland and the border counties of Ireland, as well as families.

We're especially focused on supporting people who are most likely to experience poor mental health and least likely to access support, including:

- People living in areas of deprivation
- People with intellectual and/or physical disabilities affecting their mental health
- People experiencing homelessness
- Newcomer families and people seeking international protection

If you are interested in booking a workshop, please do get in touch.

Email j.groves@inspirewellbeing.org Phone 07834 181303

Involvement Matters: Shaping the Future of Personal and Public Involvement (PPI) in Health and Social Care research

We are keen to hear from PPI contributors, researchers, health and social care professionals, the community and voluntary sector, and people who are interested in being involved in research.

- Survey link (should take around 10 mins to complete): <https://forms.office.com/e/ddVA9qL9fG>
- Website link (PPI priorities): <https://research.hscni.net/ppi-priorities>
- PPI animation (explaining Involvement and why it matters): <https://vimeo.com/1105399072/7ffc637f81>

Please reach out to Dr Alan Michael (PPI Lead for HSC R&D) if you would like any hard copies of the materials or if you have any questions, email: Alan.McMichael@hscni.net.

The survey closes on Tuesday 25 November.

Assembly Workshops

The Northern Ireland Assembly will be hosting Assembly Explained workshops in constituencies throughout Northern Ireland over the coming months.

Assembly Explained workshops are available **free to community groups and organisations** and explain how the Assembly works, how to get involved and raise issues and the workshops can offer interactive sessions on how to navigate the website and, where possible, MLAs are encouraged to drop in during the workshops.

Assembly Explained workshops usually last between one to two hours and can be delivered online or in person to organisations in your constituency.

If you are interested in hosting an Assembly Explained workshop, please get in touch with the Engagement team info@engagement.niassembly.gov.uk

Northern Ireland Resources Network (NIRN)

This is a network organisation that connects community led organisations, charities, local authorities and social enterprises who promote the circular economy through their work in reuse and repair. Through education, collaboration, and communication, NIRN empowers individuals and communities to rethink and reframe how we value and use our finite resources. At present, NIRN's growing network includes Repair Cafes, Men's Sheds, Toy Libraries, Charity Shops, and Community Fridges.

If you would like learn more about NIRN, please feel free to reach out to Katie on katie@nirn.org or check out the NIRN website <https://www.ni-rn.com/>

Age NI

Pension Credit information

Are you entitled to more? Many older people in the Fermanagh & Omagh area are not claiming pension credits and other benefits they may be entitled to.

Make sure you're not one of those missing out!

Contact Age NI today to check you are receiving all the financial support available to you.

Call freephone 0808 808 7575. Monday - Friday 9am – 5pm.

Or use our online benefits calculator www.ageni.org/benefits/

Erne Paddlers

Our final pool kayaking sessions of 2025 start this month. We have something to suit everyone with sessions for teens and adults of all levels in Fivemiletown Community Youth Annex pool and in Omagh Leisure Centre.

We have also expanded the very popular Kids Fun, Games and Skills early Friday evening sessions in Fivemiletown to accommodate more children aged 7-12yrs. Book early for extra discounts and look out for our special offer 'TRY FOR £5' tickets which are available on some beginners courses.

Erne Paddlers can also provide bespoke group kayaking sessions and courses in the pool. If you would like to book a paddle session or series of sessions, for example for your community or charity group or staff members/volunteers, just get in touch to find out more.

Erne Paddlers is a not-for-profit registered charity and an inclusive club and we want as many people as possible to experience the health and wellbeing benefits that paddlesports can bring. We have a flexible pricing structure with a range of discounts available including assistance rates.

Full details of all courses and activities are published here: www.ernepaddlers.org.uk/events

Check us out on Facebook, Instagram and X for regular updates too. If anyone would like to find out more, please get in touch via social media, email@ernepaddlers.org.uk or call/WhatsApp 07468 911398.

Irvinestown Community Choir

A mixed voice cross community choir open to all

We have resumed for our 26th year, meeting in the Bawnacre Centre in Irvinestown at 8pm every Thursday. Ability to read music not necessary. Why not come along and give it a try? Singing is good for you.

New choir leader required

If you have the knowledge and experience to lead a 30 member approx choir and can commit to one hour practice per week in Irvinestown, please get in touch through the Bawnacre, the choir's Facebook page, email lcchoir25@gmail.com or any known choir member.

We'd love to hear from you.

Northern Ireland Rural Women's Network (NIRWN)

If you are interested in joining as a Trustee or if you have experience/background in Accountancy/Finance and would consider taking on the role of Treasurer, please complete the form <https://tinyurl.com/3e9e4c7p> and we will arrange an informal chat.

Find out more at <https://www.nirwn.org/>

For any queries email info@nirwn.org

FarminMind

Stress is part of farming life but it is something that needs to be managed. When your stress level rises, so too does your risk of having an accident.

It's important that you learn to recognise the signs. When you look after yourself, you're also looking after your farm, your family and your livelihood.

So, if right now you're feeling things are getting on top of you, you may be suffering from stress and you should get some help.

For more information including a test to initially establish your levels of stress visit

<https://www.farminmind.co.uk/>

The Erne District Chinese Families' and Friends' Association Autumn Programme 2025

Join us for our Autumn Term of Cultural Activities - a series of events celebrating Chinese culture, language and traditions.

All activities will be held at St Michael's' Community Hall, 12 Belmore Street, Enniskillen BT74 6AA
Open to families, friends and all community members.

- **Term Dates** Every alternate Saturday, 2pm-4pm to 20 December.
Come along and explore Chinese culture through training sessions that will prepare participants to take part in our Chinese New Year Event in 2026.
- **Cultural Learning & Rehearsal Dates**, Saturday 8 November, Saturday 22 November
- **Christmas Workshop** Saturday 6 December, 2pm-4pm
Creative Christmas themed activities and crafts.
- **Christmas & Winter Solstice Celebration** Saturday 20 December, 3.30pm-5.30pm
Celebrate the season with food, music and cultural events.

Calling Volunteers

We are looking for enthusiastic people to help us promote Chinese language, culture and traditions in our community. Whether you're fluent in Mandarin, love teaching or just want to be part of something meaningful — we would like to hear from you.

For more information or to volunteer contact us via email ernechinese@hotmail.com
Facebook messenger, WhatsApp/weechat, telephone 028 6632 4343 or mobile 07485 711652.

Volunteer Now

For a list of our scheduled training courses visit <https://bit.ly/VNCoursesScheduled> and for our on demand courses visit <https://www.volunteernow.co.uk/training/on-demand-courses/>

Latest Volunteering Opportunities

Fermanagh <https://www.volunteernow.co.uk/volunteering-opportunities/>
Omagh <https://omaghvolunteercentre.org/opportunities>

Oak Healthy Living Centre

Lisnaskea

For a copy of our Autumn / Winter 2025 programme of activities visit <https://www.facebook.com/photo?fbid=1177544864415897&set=pcb.1177546877749029>

Tel: 028 6772 3843

Email: Info@oakhlc.com or admin@oakhlc.com

Alzheimer's Society

Dementia Café Fermanagh

A warm and welcoming space for people living with dementia, their carers, family and friends. The session blocks are held on the following **Mondays**, 2–4pm:

- 3, 10, 17, 24 November, 1, 8 December 2025
- 2, 9, 16, 23 February, 2, 9 March 2026

Carers Peer Support Fermanagh

A warm and welcoming group for carers of people with dementia to meet and chat. The session blocks are held on the following **Tuesdays**, 2-3.30pm.

- 4, 11, 18, 25 November, 2, 9 December 2025
- 3, 10, 17, 24 February, 3, 10 March 2026

Carers Information Support Programme (CrISP)

for carers, family, and friends of people with dementia

Please note you only need to attend one of the below blocks. The session blocks will be held on the following dates:

- 4 and 5 November 2025, 6-8pm
- 19 and 20 January 2026, 2-4pm

All sessions are held in Fermanagh House, 6 Broadmeadow Place, Enniskillen, BT74 7HR. Light refreshments are provided.

For more information and to book your place, contact:

Martin Bradley, Dementia Adviser: 07725 475715

Rita O'Loughlin, Dementia Adviser: 07889 148927

Alzheimer's Society

Dementia Café Omagh

A warm and welcoming space for people living with dementia, their carers, family and friends. The session blocks are held on the following **Mondays**, 11am-1pm:

- 3, 10, 17, 25 November, 1, 8 December 2025
- 2, 9, 16, 23 February, 9 March 2026

Carers Peer Support Omagh

A warm and welcoming group for carers of people with dementia to meet and chat. The session blocks are held on the following **Tuesdays**, 11am-12.30pm:

- 4, 11, 18, 25 November, 2, 9 December 2025
- 3, 10, 17, 24 February, 3, 10 March 2026

All sessions are held in Courtyard Bar, Silver Birch Hotel, Omagh BT79 7DH

Light refreshments are provided.

For more information and to book your place, contact Julie-Anne Casson, Dementia Adviser on 07889 604702

Public Health Agency

Health and Social Care (HSC) organisations have launched this year's HSC mental health and emotional wellbeing campaign urging people to look after their mental health to help deal with life's daily challenges.

Find out more at www.pha.site/HSC2025

Skills for Life and Work

NOW Group is now delivering the Skills for Life and Work programme. This is a fantastic opportunity for young people who have left school and want to gain skills, qualifications, work-based experience, and training to help them move into work, further training, or an apprenticeship.

What the programme offers:

- Up to 30 hours a week of training and workplace experience
- A weekly Education Maintenance Allowance of £40
- On Program Bonus payments as young people progress through their training
- Support with travel and childcare costs (depending on circumstances)

A framework of qualifications is delivered under SfLW, which are follows:

- Essential Skills in Numeracy, Literacy and ICT
- Vocational Qualification in chosen area
- Personal Development and Employability qualifications

Vocational subjects to choose from:

- Catering & Hospitality
- Retail & Customer Care
- Creative Media
- ICT

Who can join?

Young people aged 16–21* *Eligibility criteria applies*

This programme helps young people build confidence, gain recognised qualifications, and get regular workplace experience – all designed to prepare them for their next step.

Drop into the NOW Group Office, any day between 10am to 4pm at 27c East Bridge Street, Enniskillen BT74 7BW or contact Marie Maguire on 07818 749712 or fill in an inquiry on our website [Discover New Skills Training Programs with NOW Group | Explore Job Paths](#)

Tara Centre

11 Holmview Terrace, Omagh BT79 0AH

For enquiries or to book a place, please contact reception on 028 8225 0024

Workshops, Seminars and Events this Term:

Please check taraomagh.com for our complete programme, including fundraising events and more.

Christmas Meditation - Maura Twohig and Mary Daly

Open to all who have ever been part of the Tara Centre meditation community.

Saturday 13 December, 3.00 – 8.00pm

Chair Yoga - Teresa Sexton - Drop-ins welcome!

Mondays 11.30am - 12.30pm, Blocks: 13th Oct – 17th Nov

Meditating Together - Mary Daly & Maura Twohig

Open to anyone who has followed the Tara Centre Meditation Course for Beginners.

Anyone else who wishes to attend please check with Reception.

Tuesdays 11am - 12.30pm, Dates: 16th Sept – 9th Dec

Dru Yoga | Qi Gong for Self-Healing - Mandy Currans Drop-ins welcome!

Wednesdays

Dru Yoga 10am – 11.30am

Qi Gong 11.45am – 1.15pm

Blocks 15th Oct - 19th Nov

Hatha Raja Yoga | Stretch & Relax - Josephine Rafferty

Thursdays

Hatha Raja Yoga 6.15pm -7:45pm

Stretch & Relax 8.00pm – 9.15pm

Blocks: 16th Oct – 20th Nov, 27th Nov – 18th Dec

Ongoing Services Available:

Counselling/psychotherapy, art therapy, complementary therapies

Support Groups:

PATHS Meetings 2nd Tuesday of each month 8.00pm-9.30pm

Omagh Men's Support Group meets Mondays, 7.30pm - 9.30pm

Grants available for some of the costs associated with the provision of counselling/psychotherapy, complementary therapies and some workshops/seminars

Aisling Centre

37 Darling Street, Enniskillen BT74 7DP

For further information on any programmes, please contact Aisling Centre on info@theaislingcentre.com or telephone 028 6632 5811 (unless stated otherwise).

Groups & Programmes:

- **Forget Me Not** – Bereaved by Suicide support group meets first Monday of every month at 7.30pm. Next meeting Monday 3 November.
- **Mindfulness Meditation** – Monthly drop-in sessions, last Wednesday of every month at 7pm. Next meeting Wednesday 26 November. Suggested donation £3 per person.
- **Self Care Drop-in** – Monthly drop-in sessions, first Tuesday of every month at 10am. Please note there is no drop-in session this month. Next Meeting Tuesday 2 December. Suggested donation £3 per person.

Other Groups:

- **Alcoholics Anonymous** – 3 meetings per week at Aisling Centre.
- **Aware** – Mental Health Support Group. Meets every Tuesday at 7pm. For further information, please contact info@aware-ni.org
- **Baby Zen Massage** – Promoting bonding and relaxation for parents and babies. To book, please contact Emma on 07407 063266. Thursdays at 10am.
- **Cherish Sure Start** – Creche facility from Monday-Friday as well as various programmes for both children and parents. For further information call 028 6862 1970.
- **Eclipse Fitness** – Styku 3D body scanning, last Friday of the month 4.30-6pm. For further information please contact Niall on 028 6634 0475.
- **Escapists** – Support Group for Carers. Meets Wednesdays 10.30am-1pm.
- **Fermanagh Pride** – Meets fortnightly on Thursdays at 7pm. Contact 07368 503661 or email fermanaghpride@gmail.com for further information.
- **Island Artists** – Open to new members. Meets Wednesdays from 1-4pm. For more information, please contact Maura on 07968 225704.
- **Little Mess** – Let your little ones explore their curiosity and learn through messy play. To book contact Colette at fermanagh@thelittlesensory.co Fridays at 10.30am.
- **ZEST: Healing the Hurt** – Counselling and support for people who self-harm. For further information contact your GP or ZEST on 028 7126 6999.

Yoga Timetable (please contact individual facilitators to book):

- | | | |
|-------------|-----------------------------|---------------|
| • Christine | Mondays at 6pm | 07722 550040 |
| • Leila | Mondays at 7.30pm | 07594 026531 |
| • Elena | Tuesdays at 6pm | 07894 037450 |
| • Leila | Tuesdays at 7.15pm | 07594 026531 |
| • Alasdair | Wednesdays at 6.30pm | 07776 290903 |
| • Genny | Thursdays at 12pm | 028 8754 1994 |
| • Theresa | Thursdays at 6pm (men only) | 07923 694523 |
| | 7pm and 8pm (both mixed) | 07923 694523 |

Ballyconnell Community Centre

We have recently launched a new Social Club designed to bring people together, strengthen connections, and create opportunities for friendship, creativity, and community development. The Social Club is open to everyone in the wider region, and we would be delighted to welcome participants from across the border in Fermanagh. Our vision is to create a space where people of all ages and backgrounds can meet, share ideas, and get involved in activities ranging from sports and arts to social events and volunteering.

By working together, we can build stronger cross-border connections and offer more opportunities for people to come together in positive, inclusive spaces.

For further information email laura@ballyconnellcommunitycentre.ie

Health Literacy Baseline Survey

The survey aims to gather responses from 1,000 people across the Western Trust area to understand patient, service user & carer confidence in accessing, understanding, and using health information. Findings will help inform service improvements, reduce barriers to care, and promote more effective health communication.

We would appreciate your support in completing the survey, visit

<https://forms.office.com/Pages/ResponsePage.aspx?id=8DtzjS5ESUS3R6dl6jWf-FHVC-qYL4pEvTiZ1MGwmNVUN1EyUjY4WkZPVFdJM0VOOFVZWjIXSkvZVS4u>

For more information or if you would like us to forward you a paper version of the survey please contact patti.thornton@westerntrust.hscni.net or The HIEI Department on 028 7186 5127 or email health.improvement@westerntrust.hscni.net

Public Consultation

The Department of Education is currently running a public consultation on plans to improve GCSE, AS, and A level qualifications offered by CCEA.

For more information, visit: <https://www.education-ni.gov.uk/.../consultation-future...>

The consultation closes on **Thursday 13 November 2025**.

Department of Health

Public consultation on the learning disability service model

For consultation documents, visit: <https://www.health-ni.gov.uk/.../learning-disability...>

Consultation closes Tuesday 25 November 2025

Northern Ireland Census User Needs Consultation

Online Consultation Event

Wednesday 12 November, 11am on Microsoft Teams

NISRA is seeking your views to help shape the content of Census 2031. This [consultation](#) is your opportunity to tell us what information you need from the census and how it can best support planning, policy, research, and services across Northern Ireland.

Your feedback will help ensure the census remains relevant, efficient, and valuable to users.

[Read the full consultation document](#)

Ways to respond

- Respond online at <https://consultations2.nidirect.gov.uk/dof/nisra-census-user-needs-consultation/>
- [download and return the questionnaire](#) (PDF or Word version) by email or post.
Email: census2031.consultations@nisra.gov.uk
Post: Census Office, NISRA, Colby House, Stranmillis Court, Belfast, BT9 5RR

We are hosting a 1 hour virtual event on Wednesday 12 November at 11am to explain the consultation, answer questions, and support your participation.

Register at <https://www.eventbrite.com/e/census-user-needs-consultation-stakeholder-engagement-event-tickets-1747856468749>, enter your name and email address and you will receive a confirmation email with joining instructions

The consultation closes on 4 February 2026.

If you have any queries, please contact us at census2031.consultations@nisra.gov.uk

Customer Care Registers

If you rely on electricity for healthcare needs or require additional support with your water supply, you can register for the Customer Care Registers offered by Northern Ireland Electricity Networks (NIE) and Northern Ireland Water (NIW).

NIE Customer Care Register

Customers who use medical equipment at home — such as specialised mattresses, feeding systems, or lifting equipment — can receive updates by phone during power cuts or planned supply interruptions.

Call 03457 643 643 or visit: <https://bit.ly/3ITSyWT>

NIW Customer Care Register

If you're an older consumer, have a serious medical condition, or need extra help for any reason, NI Water offers tailored support through its Customer Care Register.

Call 03457 440088 or visit: <https://bit.ly/48E65MH>

Erne Flower Arrangement Society

Wednesday 3 December, 7.30pm

Main Cathedral Hall, Enniskillen

Christmas Flower Demonstration - 'Christmas Celebrations' by Mr Alan Beatty

Admission £10 with Festive Supper.

Charity Donation to Air Ambulance NI and Fermanagh Women's Aid.

Everyone Welcome.

Training Opportunities

Community Climate Leadership Training

The launch of the Community Climate Leadership Training was really inspiring - full of thoughtful discussions, fresh ideas, and diverse perspectives. It's clear that this programme will continue to grow and adapt to meet the needs and interests of everyone taking part.

Registration is now officially open!

The first session takes place on **Saturday 8 November at Fermanagh House, Enniskillen.**

If you're interested in building your confidence, skills, and connections in local climate action, this is a great opportunity to get involved.

Click here to find out more and register: [Climate Leadership Training Programme](#)

Omagh Forum Autumn Training Opportunities

Omagh Community House, 2 Drumragh Avenue, Omagh BT78 1DP

Parking at bus depot or on Market Street

Governance Training

Tuesday 4 November, 7.30-9pm

This is a hybrid course so you can attend zoom or room

Aim of Session: to build capacity of individual members of community groups to recognise and implement good governance measures in how they manage their committees. As well as the training there is the opportunity to discuss governance issues.

Click the link to register - <https://forms.office.com/e/izy7QMgur6>

Charity Commission Annual Reporting Workshop

Wednesday 12 November, 7.30-9pm

Room or Zoom

A detailed look at what's required to complete a successful Trustees Annual Report and financial return to the Charity Commission for NI. Many groups have their financial year end as 31 March so the deadline for registered charities to report to CCNI is the end of January. This session will help you make the return successfully so that you aren't in default and sitting with a red overdue notice on CCNI website which is viewed by funders and open to public scrutiny.

Sure to be a popular course, register early clicking on the link below

<https://forms.office.com/e/E82jzS9Wd3?origin=lprLink>

For further information on either of the above email info@omaghforum.org/phone 028 8225 1559

Omagh Volunteer Centre

The following is taking place in Omagh Community House:

Safeguarding Training

Tuesday 18 November 2025, 6.30pm - 9.30pm

Course Cost: £5

Food Hygiene Training

Duration: 6 hours (over 2 evenings)

Tuesday 2 & 9 December 2025, 6.30 pm - 9.30pm

Course Cost: £5

Certification/Accreditation: This course is a regulated qualification and awarding body is Safecert: Accreditation lasts for 3 years

Please email info@omaghvolunteercentre.org to book any of the above training sessions

Free Suicide Prevention Training Opportunity with PAPYRUS for rural communities

Friday 28 November, 10am-1.30pm (online via zoom)

Do you work or live rurally? Do you support those living in a rural or farming community? Want to know how to support someone with thoughts of suicide?

SPEAK: Suicide Prevention, Explore, Ask, Keep Safe-

3.5hr CPD Accredited training funded by NFU Mutual.

To register, click on <https://www.papyrus-uk.org/training/ni-speak-northern-ireland-nfu-mutual-funded/>

For more information contact Michelle.weir@papyrus-uk.org or call 07570 788 444 |

Energy Awareness (Level 3 Award)

This 3 day course is aimed at workers who deliver energy advice to households, either face to face or over the phone. It covers energy-saving methods and other knowledge and skills required to deliver useful advice and it is our most popular course, running for over 30 years with more than 26,000 learners to date.

Previous candidates who have successfully achieved this qualification have come from the voluntary/community sector, industry, health and housing, government departments, local council and consumer bodies. Candidates will go on to sit the exam with an NEA registered examiner.

For further information and course fees, please contact: Nichola MacDougall, Training Officer (NI), National Energy Action NI Tel: 028 9023 9909 | E-mail: Nichola.MacDougall@nea.org.uk

Action Mental Health SAFETALK Training

SafeTALK is a practical workshop that equips participants to:

- Talk about suicide safely
- Recognise signs of suicidal thoughts
- Practice supportive conversations
- Connect individuals with life-saving intervention resources

This training is open to anyone aged 18+ who works or volunteers with children, young people or young adults in community or school settings.

Please note: This training is not recommended for individuals who have lost someone to suicide in the past 18 months, or for those who are currently experiencing active suicidal thoughts.

By the end of the session, participants will feel more confident in supporting others and playing an active role in suicide prevention.

Contact the Action Mental Health OUR Generation team at ogteam@amh.org.uk for more information.

PEACE of Mind

Empowering young minds, building resilience

This is a regional personal development programme delivered across a 6 week period and is designed to enhance the emotional resilience and wellbeing of young people.

Inspire's delivery of the programme will be open to 14-25 year olds considered marginalised or at risk.

The programme is delivered over 6 sessions, each focusing on a key area of personal development:

- Getting to know you
- Building Relationships
- Coping Skills
- Social Media
- Building Resilience
- Moving Forward

For more information, please contact peaceofmind@inspirewellbeing.org

Free Digital Switchover Training Sessions

The digital switchover is coming - are you ready?

All of our landlines are going digital - do you know what this means for you and for the people in your life? For most people, it will be straightforward, but for some older or vulnerable people not familiar with the internet, it might cause some concerns.

We're working with BT to offer free, in-person information sessions to groups all over Northern Ireland so we can answer your questions and address any worries. Get in touch!

Contact Carla to arrange a session now. Email: carla@supportingcommunities.org

WHST Recovery College

Free courses on mental health and emotional wellbeing that run in Derry/Londonderry, Enniskillen, Limavady, Omagh and Strabane.

[Autumn/Winter 2025/26 prospectus](#)

Our workshops are **free** and open to absolutely everyone – carers and supporters, people with or without a mental health diagnosis, staff, students – anyone who wants to improve or maintain their mental health and emotional wellbeing. We keep things informal and relaxed, and all workshops have been written and are delivered by people who have lived experience alongside mental health professionals so students get the lived and learned experience of the topics.

For further information or if you would like hard copies of the prospectus

T: 028 8225 2079 or E: recoverycollege@westerntrust.hscni.net

WHST Health Improvement Equality & Involvement (HIEI) Department

Second Edition Training Brochure

Free training courses taking place across the Trust from 1 September to 31 March

Open to everyone.

Courses include mental health, physical activity, nutrition and many more

In this second edition, the training courses are found under the headings of Children & Families, Emotional Health & Wellbeing, Nutrition, Physical Activity, Sexual Health, Smoking Cessation and the Traveller Health and Wellbeing Programme.

The Department is delighted to introduce two brand new courses; 'Stay Strong, Stay Steady: A Movement Course' and 'LGBTQIA+ Awareness Training'.

The courses will be delivered either via Zoom or face to face in a range of locations across the WHST.

To view the Training Brochure click on <https://westerntrust.pagetiger.com/hiei-training-brochure-september-2025-april-2026/training-brochure-sept-2025-march-2026> .

For course details, including times and course content and to book a place, please click the 'Click to Register' icon beside each course which takes you to the Eventbrite registration page.

For further information and any queries in relation to the Training Brochure or if you would like to be added to the HIEI mailing list, please contact the department on 028 7186 5127/Ext 217126

Order Leaflets via [Health Improvement Leaflet Catalogue | Western Health & Social Care Trust](#)

Funding Opportunities

Community Relations Council's Core Funding Scheme

This provides support for organisations that are considered of strategic importance in promoting community relations work across the region. The scheme contributes towards salary and organisational running costs. The amount awarded per organisation normally ranges between £20,000 and £80,000 per annum.

For more information visit <https://www.community-relations.org.uk/funding-scheme/core-funding-scheme>

Deadline Wednesday 12 November 2025 at 4 PM

USA-NI 250 Funding Programme

Applications are now open for funding to support organisations and individuals across Northern Ireland to celebrate the 250th anniversary of the US Declaration of Independence in 1776 next year.

For further information visit <https://www.ulsterscotsagency.com/news/article/546/usa-ni-250-funding-programme-opens-for-applications/>

Deadline for applications: Monday 17 November at 12 noon.

Department of Health

Core Grant Funding Scheme 2026-27

The Health Minister has opened applications for the 2026/27 Core Grant funding scheme, supporting community and voluntary groups with core costs. A new £50,000 cap per organisation will allow at least 64 groups to benefit from the £1.8m fund.

Visit <https://www.health-ni.gov.uk/articles/core-grant-funding-scheme-2026-27>

Apply by Friday 28 November at 12pm

Airbnb Best of British Fund

Supports initiatives that promote the visitor experience, support local economies and the UK a destination of choice for visitors. The £1 million Fund welcomes applications from recognised groups or organisations, including small businesses, social enterprises, community groups and cultural and heritage groups with eligible UK-based projects falling into one of these categories: Nature & Outdoors, Food & Dining, Music & Arts, and Culture & Heritage. Successful applicants can receive grants ranging from up to £25,000 to £100,000 to help their community attract visitors and create memorable experiences.

For more information visit [Airbnb's new hospitality fund](#)

Deadline 23:59 on Sunday 23 November 2025.

Rural Action Awards

The Awards offer rural community-based organisations in Northern Ireland or the border region of Ireland the opportunity to apply for and secure £1000 or €1000 towards their volunteer led community action project. Eligible groups include constituted organisations, charities, not for profit community groups, sporting and cultural organisations, heritage groups, Parent Teacher Associations, youth groups/clubs and social enterprises. The scheme seeks to support practical, tangible and timebound projects where the project must complete within 12 weeks.

For further information visit [Rural Action Awards](#)

Open for applications until Thursday 20 November 2025

BBC Children in Need launch Communities for Children

BBC Children in Need have announced the launch of Communities for Children – a £15 million funding programme dedicated to tackling child poverty in the UK

For further information visit <https://www.bbcchildreninneed.co.uk/grants/communities-for-children/>

Toy Trust Grants

The Toy Trust exists to raise money predominantly from the toy industry, its suppliers and friends. They welcome applications from small, registered children's charities with an income of less than £1 million working for the benefit of disadvantaged children under 13 across the UK.

Applications are accepted from organisations based in the UK and Ireland for grants of up to £5000.

Applications received by mid-November will be forwarded to their December Trustees meeting.

For further information visit <https://www.toytrust.co.uk/apply/>

Ulster Garden Villages

Expressions of Interest open Saturday 1 November

Based on the current critical issues facing our communities, for the next 18-24 months UGV will focus its support on the areas of Poverty and Homelessness.

Please note that we expect projects to start within 6 months of the grant being offered.

Key dates:

01/11/25 - Expression of Interest (EOI) opens

30/11/25 - EOI closes

12/12/25 - UGV will notify all EOI applicants of decision and invite applications where successful

13/12/25 - Applications open

31/01/26 - Applications close

27/03/26 - All applicants notified of decision

We are currently finalising a new UGV website from which you will then be able to access our online application. In the meantime, if you have any queries, please email

grants@ulstergardenvillages.co.uk

The Naturesave Trust

We are pleased to announce that the theme of the October - November funding window is biodiversity.

We are looking for grant applications from charities, community groups, and organisations who are working to connect communities to nature through:

- Pollinator plans
- Habitat restoration
- Hedgerow management
- Wildlife gardens
- Pesticide alternatives
- Conservation volunteering
- Education
- Influencing local councils
- Citizen science
- Community wildlife surveys

or perhaps you have a biodiversity initiative that we haven't even considered!

If you have a completely new approach to encouraging nature connection, then we are all ears.

For more information visit <https://www.naturesave.co.uk/naturesave-trust/apply-to-the-naturesave-trust/>

The deadline for this funding window is 12 noon on Thursday 27 November 2025.

Eden Project Community Action Programme

This will launch again in November and we are currently inviting applications for the Introduction to Community Action

This free programme is jam-packed with workshops, inspirational talks, networking opportunities and lots of fun and is for anyone interested in making a difference in their community.

Priority is given to those who are not in paid employment for the activity they are applying for.

For more information visit [Introduction to Community Action course information - Eden Project communities](#)

The Olympic Legacy Fund

This is a £1million pound investment programme, delivered by Sport NI in partnership with Crowdfunder UK. The fund aims to improve the quality of offering at club/community sports facilities, encouraging people to engage in sport and physical activity. Supported projects will leave a lasting community legacy from the success of Northern Ireland athletes at the Paris 2024 Olympic/Paralympic Games.

For further information visit <https://www.sportni.net/olympic-legacy-fund/>

The final date for applications will be Friday 20 February 2026.

Building the Community-Pharmacy Partnership Programme

Funding Now Open

Level 2 BCPP Full Project **closes Thursday 6 November**

For more information Tel 028 3026 4606 or email bcpp@cdhn.org

BCPP's aim is to reduce [health inequalities](#) by focusing on the [social determinants of health](#), in particular social support, community connections and access to healthcare through community pharmacy, and by enabling project participants and the community and pharmacy partners to consider the social factors that impact health (e.g. poverty, housing, and social isolation). The most deprived communities and those who are most affected by health inequalities are specifically targeted for the programme to ensure those most in need are included.

For further information visit <https://www.cdhn.org/bcpp>

Cash4Clubs Grants - £2,000 grants available!

Community sport organisations across UK & Ireland could get a grant to support adults to get active thanks to Cash4Clubs.

Sported is teaming up with Flutter UKI to deliver another round of Cash4Clubs, a small grants programme specifically aimed at supporting community organisations who deliver sport and physical activity **for over 18s only**.*

Through the programme, grants of £2,000 are available to help adults stay or get active.

The funding is unrestricted, so the clubs decide how best to spend it. Whether that's for facilities, equipment, coaching qualifications, activity programmes or something else, how they use the grant to make an impact on the lives in their community is up to them.

For further information visit <https://sported.org.uk/cash4clubs/>

*Cash4Clubs is funded by Flutter UK & Ireland, part of Flutter Entertainment, the global sports betting, gaming and entertainment provider. For this reason, groups must only support adult members (18+) to be eligible for funding. Organisations cannot apply if they have junior members or run any junior activities.

Deadline for applications: Monday 8 December 2025

Henry Smith Foundation

Holiday Grants Programme prioritising children with disabilities

One-off grants for schools, youth groups and non-profit organisations to take children aged 13 and under on recreational day trips or short residential trips.

Funding guidelines

- Grant amount: £500 – £2,750 per trip
- Trip length: A day trip or residential trips of up to 7 days
- For trips from September to December, **apply up until Wednesday 19 November.**
- Age range: Children must be aged 13 or under
- Eligible organisations: Schools, youth groups and UK-based non-profits
- Trip type: Recreational only — no educational or religious aims
- Location: Trips must take place within the UK, Isle of Man or Channel Islands
- Deadline: Apply at least 5 weeks before the trip

More information available at [Holiday grants - Henry Smith](#)

The National Lottery – Climate Action Fund

The Climate Action Fund is our commitment to help communities tackle climate change. We're supporting communities to be environmentally sustainable. With Climate Action Fund – Our Shared Future we want to involve more people in climate action. And we want to inspire bold and exciting change.

We'll only fund projects developed in a formal partnership with other organisations.

We're looking for partnership projects that reach more people by either:

- linking climate action to the everyday lives and interests of local communities. And inspiring them to take action.
- influencing communities at a regional or national level. Like linking up groups across locations. Or a campaign that inspires change across one country, or the whole UK.

You do not have to be a climate or environment focused organisation to apply

For full information visit [Climate Action Fund - Our Shared Future | The National Lottery Community Fund](#)

Application deadline: Wednesday 17 December 2025.

PEACEPLUS Change Maker Funding Programme

The call for applications valued between €40,001 and €60,000 is now open.

For further information visit [Change Maker Funding Programme | SEUPB](#)

Closes Wednesday 10 December 2025 at 5pm.

Free Laptops, Computers, Software & Grants for UK Charities

including IT support and equipment, as well as technology grant funding.

There are 4 sections - free laptops, computers and IT support, free software for charities, IT technology grant funding, and sources of digital tools & online learning.

A range of IT technology support for UK charities and providers of free and discounted laptops, computers and support to use these for UK charities and non-profits.

For further information visit <https://www.charityexcellence.co.uk/free-laptops-for-charities/>

Sport NI Creating Opportunities with Crowdfunder UK

Eligible Organisations

To be eligible to apply you must be one of the following organisations:

- A **constituted sports club** affiliated to a governing body of sport which is recognised by Sport NI or Sport Ireland. Sport NI recognised NGBs. Sport Ireland recognised NGBs
- A **community/voluntary sector organisation** that delivers or enables sport and/or physical activity as your primary activity.
- A **charitable trust** that delivers or enables sport and/or physical activity as your primary activity.
- A **constituted Parent Teacher Association (PTA)** that delivers or enables new/additional extracurricular sport

Overview

Delivered in partnership with Crowdfunder UK - Creating Opportunities is a programme designed to enable investment in new and additional projects to connect communities, enabling more people to take part in sport and physical activity throughout Northern Ireland.

A focus of the project is to create opportunities to 'level the playing field', so that accessibility and inclusion is felt and experienced by those who have been traditionally excluded from not only participating in sport but playing an active role in coaching, officiating, and leading as part of a board. The programme offers up to 50% match-funding support to a maximum of £5,000 from Sport NI through the Crowdfunder platform.

Applicants will be required to set up a Crowdfunding campaign page to apply for funding and if the participation project matches the 'Creating Opportunities' outcomes, they can apply for "Extra funding" (through their Crowdfunder dashboard) for Sport NI to match-fund their campaign up to 50% to a maximum of £5,000.

More information on this can be found through guidance notes, as well as other important documents found on <https://www.sportni.net/funding/creating-opportunities/>

Dormant Assets NI

This funding is for voluntary, community and social enterprise (VSCE) organisations in Northern Ireland. We want to help these organisations to be stronger and able to deal with future challenges.

The work we fund must make your organisation more resilient and prepared for the future. You should do this by increasing the skills and capacity in your organisation.

You should focus on what will strengthen your organisation the most. For example, you could improve:

- confidence and skills in using digital technology
- how you track and measure your impact
- financial skills and management
- governance and leadership skills
- volunteer recruitment and management.

[See what we're hoping to fund](#) for details.

We'll only fund projects that will make your organisation stronger. We will not fund the delivery of an activity in your community. For example, to expand the activity into new areas.

We offer funding from £300 to £20,000. And can support your project for up to 2 years.

We distribute this money as part of the Dormant Assets Scheme.

The money does not come from The National Lottery. It comes from financial accounts that people have not used in over 15 years.

Application deadline: We expect to take applications until 2027.

For more information visit <https://www.tnlcommunityfund.org.uk/funding/programmes/dormant-assets-for-all>