

Fermanagh & Omagh District Council Community Support News – June 2025

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for July's Newsletter is Tuesday 24 June

Council News & Events

Cost of Living Help

https://www.fermanaghomagh.com/services/community/community-help-support/cost-of-living-help/

Fermanagh & Omagh District Council Seeks Local Musicians for Seasonal Outdoor Music Programmes

Fermanagh & Omagh District Council is inviting Expressions of Interest from local established musicians and new emerging talent to participate in its Seasonal Outdoor Music Programme and other opportunities to perform that may arise throughout the year. The programme presents a fantastic opportunity for both established and emerging artists to showcase their skills and entertain new audiences.

Summer Bandstand Programme:

Throughout July and August, The Round O in Enniskillen and The Grange Park in Omagh will come alive with music every Sunday. Performances will take place from 1:00 pm to 3:30 pm, creating a vibrant and welcoming atmosphere for residents and visitors to enjoy.

Live n' Local Festive Street Music Programme:

Bringing festive cheer to our town centres in the lead-up to Christmas, the Live n' Local Festive Street Music Programme will feature talented musicians performing at The Diamond in Enniskillen and Market Street in Omagh. These performances will run on Saturdays, including 29 November and 6, 13, 20 December, from 1:00 pm to 3:30 pm.

The Council welcomes Expressions of Interest from a diverse range of local performers to create a relaxed, welcoming, and enjoyable atmosphere. This includes brass bands, easy-listening bands/groups, solo artists, and emerging musicians.

The Seasonal Outdoor Music Programme aims to create a welcoming atmosphere in our green spaces and town centres, enhancing the experience for residents and visitors alike. It also provides fantastic opportunities to support and showcase local artistic talent.

How to Apply:

If you are a talented musician interested in performing, please complete the online Expression of Interest form https://form.jotform.com/251253825922356

The deadline for applications is 5pm Tuesday 3 June 2025.

For further information, email events@fermanaghomagh.com or Telephone: 0300 303 1777

New Dementia Wristband Scheme

We are pleased to share our support for the new Dementia Safeguarding Scheme delivered by the Western Health and Social Care Trust, Age Concern Causeway, Public Health Agency.

The Council has a number of wristbands available for individuals with a dementia diagnosis. Please email age.friendly@fermanaghomagh.com or telephone the Council's Age Friendly Officer on 0300 303 1777 to arrange the collection of a wristband at one of the Council's main office buildings.

For more information visit https://bit.ly/3ETf7sN

As one in three people in Northern Ireland living with dementia remain undiagnosed, the theme of Dementia Action Week 2025 was diagnosis. A timely diagnosis is essential to access appropriate care, treatment, and support. The Alzheimer's Society has developed a symptoms checklist to help individuals discuss concerns – either for themselves or a loved one – with a GP or healthcare professional. This resource is available at https://bit.ly/4kf6NTg

For more information, contact the local Alzheimer's Society office on 028 9066 4100.

Age Friendly Housing Survey

As part of the Age Friendly Network Northern Ireland, Housing has been identified as one of our strategic priorities for 2024–2026. To ensure we are creating homes that meet the needs of our ageing population, we are reaching out to gather insights directly from those most affected.

We want to get a better understanding of the housing issues facing older people in Northern Ireland. The information collected will help inform designers, developers, and housing providers, allowing us to influence the development of homes that are better suited for later life.

To support this work, we invite you to complete a short questionnaire. It should take no more than 10 minutes of your time, and your input will make a meaningful difference.

Please click on the following link https://www.surveymonkey.com/r/RNDKH87

Paper copies of the questionnaire are available from the Council's Age Friendly Officer, Pauline Clarke. Telephone 0300 303 1777 Ext 20224 or email pauline.clarke@fermanaghomagh.com

The questionnaire can be returned up until Friday 13 June.

Have Your Say on the SLNCR Greenway

Local communities, landowners, and stakeholders now have more time to share their views on the Sligo Leitrim and Northern Counties (SLNCR) Greenway proposals.

For more information and submission details please visit www.slncr-greenway.com

Following successful public events in Sligo, Dromahair, and Belcoo — with over 175 people attending — the consultation period has been extended to make sure your voice is heard.

The 75km greenway will follow the path of the historic railway line, connecting local communities and offering a safe, scenic route for walkers and cyclists to explore our beautiful region.

Don't miss your chance to contribute — share your insights online or speak with our project liaison officers on the ground.

New deadline: Tuesday 3 June 2025

Community Consultation on Strule Shared Education Campus

The Strule Shared Education Campus is a landmark project bringing together six schools on a single site, formerly the Lisanelly Army Barracks. While each school will retain its individual identity and ethos, the campus will foster collaboration, expand curriculum options, and promote inclusive education. It will also provide modern, flexible facilities and strengthen links between mainstream

and special education. The Strule Campus was identified as a key educational opportunity for Omagh during the Omagh Place Shaping process.

The consultation process will play a key role in shaping how the Department of Education engages with the public and shares information during the ongoing construction phase of the Strule Shared Education Campus. The campus is scheduled for completion in September 2025, representing major investment in both education and community development for Omagh and the surrounding areas.

Community input is vital to the success of the project, and the Department is keen to hear from as many people as possible to help ensure the delivery of a state-of-the-art educational facility that also delivers lasting benefits for the wider community. In addition to serving local schools, the campus will offer facilities for community use outside of school hours. The surrounding site will also provide improved access and recreational space for the town, with new cycleways and walkways being developed in partnership with Fermanagh & Omagh District Council.

The survey takes approximately 5 minutes to complete and is open to anyone with an interest in the development of the shared education campus. Feedback will be used to inform public engagement and information campaigns throughout the remainder of the construction phase. The Department of Education will also be hosting several in-person engagement opportunities, to ensure the widest possible participation.

To find out more about the Strule Shared Education Campus and the community consultation, please visit https://strule.org/

You can access the survey here.

Free Stewarding Training for Event Management

Monday 9 June, 7pm-10pm

Bawnacre Centre, Irvinestown

The Fermanagh and Omagh Policing and Community Safety Partnership (PCSP) is also offering a free Stewarding Training Course for groups involved in managing events. This training, facilitated by Proficiency Training, will cover vital event management topics such as crowd control, traffic management, conflict resolution, and emergency response.

Spaces are limited, with a maximum of four participants per group, and registration will be on a first-come, first-served basis.

To sign up, please email pcsp@fermanaghomagh.com or call **0300 303 1777 Ext 21233** for more information.

For more information on any of the above log on to https://www.fermanaghomagh.com/events-and-festivals/ webpage.

AED Training

Tuesday 17 June West End Community Centre, Enniskillen Wednesday 18 June Hospital Road Community Centre, Omagh

Tuesday 1 July CKS Community Centre, Omagh Wednesday 9 July Strathroy Community Centre, Omagh

Each Session runs from 7.30pm – 9.30pm.

Empower yourself to save lives! Join one of our **free** AED training sessions and learn how to use an Automated External Defibrillator effectively.

Register today at https://form.jotform.com/251262251414345

For more information, please contact dana.tajak@fermanaghomagh.com

FODC Rural Economic Accelerator Programme (REAP)

Are you considering moving into full-time, part-time or self-employment in the near or long-term future and would like some help to get there?

REAP provides **free** 1:1 support with training and development and, when you are ready to look for employment, we help you write a CV, complete job applications, and prepare for interviews.

- CV Building
- Job Seeking
- Interview Skills
- Using Email
- Promoting Self Improvement
- Level 1 ICDL in IT User Skills
- Level 1 in Computerised Payroll
- CSR Card
- Manual Handling
- Health & Safety in the Workplace
- Autism Awareness
- Child Protection Awareness
- Food Hygiene
- Paediatric First Aid
- 3 Day First Aid
- Linguistic Phonics

For further information phone Enniskillen on 028 6632 6478 or Omagh on 028 8224 6535 or email REAP@fermanaghomagh.com

Help Capture the Story of the Fermanagh Lakeland Forum

People can share their written memories and reflections by emailing the Council's Museum and Heritage team at fvic@fermanaghomagh.com.

There will be further opportunities to share stories as part of the Oral History project during the redevelopment works.

For further information visit https://www.fermanaghomagh.com/article/help-capture-the-story-of-the-fermanagh-lakeland-forum/

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour. For further information visit https://www.fermanaghomagh.com/services/community/

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council **at least 6 weeks** before the date requested, to allow sufficient time for the application to be considered.

To make an illumination request please complete https://form.jotform.com/222782646405055 or for any enquiries regarding Council support to charities, email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action.

Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit <u>Community – Fermanagh & Omagh District Council</u> (fermanaghomagh.com)

Please contact your local Community Support Officer for any assistance you or your organisation may require on 0300 303 1777

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Leza Cleary	leza.cleary@fermanaghomagh.com	Ext 21234
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Eilish Morgan	eilish.morgan@fermanaghomagh.com	Ext 20068
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Billie-Jo Irwin	billie-jo.irwin@fermanaghomagh.com	Ext 20220

FODC Coach Education

Community Wellbeing at Fermanagh and Omagh District Council organise various coach education programmes, including First Aid, Safeguarding etc.

For further information, please contact ryan.hanna@fermanaghomagh.com

FODC Physical Activity Referral Scheme (PARS)

Delivered in partnership with the Public Health Agency (PHA), PARS is a **free 12-week exercise** referral programme facilitated by fully qualified staff for individuals with specific health conditions who have no absolute contraindications to exercise.

PARS includes online delivery with sessions also facilitated at the following Council leisure centres:

- Bawnacre Centre, Irvinestown
- · Castle Park Leisure Centre, Lisnaskea
- Fermanagh Lakeland Forum, Enniskillen
- Omagh Leisure Complex

For further information visit Physical Activity Referral Scheme

FODC Move More Programme

A physical activity initiative delivered in partnership with Macmillan Cancer Support available to anyone who has had a cancer diagnosis, at any stage of their life.

Move More supports the lives of people with cancer through physical activity. Physical activity before, during and after cancer treatment can help prevent and manage the effects of treatment, such as fatigue, depression and risks to heart health.

Sessions are facilitated at the following Council leisure centres:

- Fermanagh Lakeland Forum, Enniskillen
- Omagh Leisure Complex

For further information visit Macmillan Move More.

Age Friendly at Fermanagh and Omagh District Council

Fermanagh and Omagh District Council is committed to providing an Age Friendly District and seeks to ensure that older people lead more independent, engaged and socially connected lives. For further information visit https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/

For details of how to join an older person's group, visit

https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/join-an-older-persons-group/

Community Centres

Our community centres are available to hire for children's activities/parties, community events, health and sporting activities, special occasions and corporate events.

For further details or to make a booking visit

https://www.fermanaghomagh.com/services/community/community-centres/

Irish Language Fermanagh and Omagh District Council

For up to date information and details of activities across the district visit https://www.facebook.com/FODCGaeilge

Fermanagh and Omagh Policing and Community Safety Partnership (PCSP)

A partnership between the Council, statutory providers and the community. The partnership is made up of elected and independent members and representatives from the statutory sector. Follow us on Facebook via the link below

https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en_GB

Consultations

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district. Further information is available at https://www.fermanaghomagh.com/your-council/consultations/

Events in Fermanagh and Omagh

Visit the following websites for details of what's on in the district:

https://www.fermanaghomagh.com/events-and-festivals/

https://www.fermanaghlakelands.com/whats-on

https://exploreomaghsperrins.com/whats-on/events/

Community News

Give blood - you could save 3 lives!

Book your appointment via https://nibts.hscni.net/online-booking-for-blood-donation-appointments/

Friday 6 June, 12.30-7pm St Patrick's Hall, Castlederg

Want to know if you can give blood? Check out our eligibility quiz here:

https://nibts.hscni.net/donating-blood/can-i-donate/

Introducing... Lads to Dads!

A new group dedicated to supporting young fathers under 30 years old, who are either expecting or have recently become dads.

Why should I go?

The group offers a welcoming space where young dads can access practical advice on parenting, share their experiences, and connect with others navigating similar challenges. By fostering social connections, Lads to Dads helps reduce feelings of isolation and builds a supportive network that encourages confidence and resilience during this important life stage. Those who come along to the group can gain valuable insights into early fatherhood, have a safe space to gain emotional support, and have opportunities to develop friendships with peers, ultimately empowering young dads to become confident, engaged, and caring fathers for their children.

Also:

Regular monthly meetings as a group

Find out what additional help and support there is

Activities and social gatherings

'Lingo' and 'Jargon' busting

Mental and physical health support

Workshops

Practical help and advice

How to look after ourselves as Dads

How to support mum and the wider family

And much more to come!

Our first meeting is on Tuesday 3 June, 6pm-7pm in Fermanagh House, Enniskillen

For more information, please call 028 6632 8534 or email lee@youthaction.org

Community Advice Fermanagh Formerly 'Citizen's Advice'

Free Financial Wellbeing Clinic – Belleek Hub

Friday 6 June, between 10am-2pm*

Get advice and information on:

- Your income and maximisation Benefit Check
- Benefit Entitlement (eg PIP, Attendance Allowance, ESA, Universal Credit, Pension Credit, Carer's Allowance)
- 'Move to Universal Credit'
- Housing eg Rates relief, Support with Rental Costs, Grants
- Debt
- Pensions (State & Private)
- Benefit appeals

Cross Border Enquiries

*Due to the nature of the clinic, individuals will be seen in order of arrival and there may be a waiting time.

For further information telephone 028 6632 4334

Cancer Connect NI

Vintage Coffee Morning Saturday 7 June, 10am-1pm

Franco's Garden Room, Queen Elizabeth Road, Enniskillen

Cruinniú na nÓg 2025

A National Celebration of Creativity for Children and Young People

Cruinniú na nÓg empowers children and young people across Ireland to explore their creativity through **free**, local events designed to inspire 'doing', 'making', and 'creating'.

Ireland is proud to be the first, and only, country in the world with a national day dedicated to free creative expression for those under 18.

A key part of the Creative Ireland Programme's Creative Youth Plan, Cruinniú na nÓg 2025 takes place on **Saturday 7 June**, with events happening in every corner of the country. Creative Cavan is leading in County Cavan with a vibrant programme of events, including a unique cross-border collaboration with County Fermanagh as part of the Shared Island initiative.

This inclusive, cross-border project features:

- Drumming
- · Visual Arts
- Messy Play
- Dance
- Storytelling
- · Forest school, hula hoops and much, much more!

Tailored for children and young people (and their families) with additional needs, this bespoke programme ensures that creativity is truly for everyone. Facilitated by Theatre Lab Cavan join us for an **Inclusive Family Fun Day at the Share Centre**, **Lisnaskea on Saturday 7 June**, **2-5pm** - a family friendly event with parent/carer supervision required.

This carefully designed event offers a safe, accessible, and welcoming environment, recognising that traditional fun days can present challenges for some families.

Let's make, do, and create together—because creativity belongs to everyone!

To view the full list of events happening across County Cavan,

visit https://bit.ly/CruinniúNanÓg2025

The Big Lunch - Bringing People Together

Holding a Big Lunch, whether it be a street party or a simple coffee, cake and catch-up with friends is an ideal way to unite communities – so **why not claim a £25 food voucher** to help you get started?

This year's Big Lunch, on 7 and 8 June, is all about feeding community spirit, reducing loneliness and celebrating our communities and neighbourhoods. It's a time to bring people together, share food and find out what we all have in common. If the weekend doesn't suit, simply pick a date that works for you.

Neighbours can apply and groups do not need to be constituted.

Get your voucher and take part here -

https://www.edenprojectcommunities.com/big-lunch/free-food-vouchers

We have a recipe competition with significant hampers and prizes for those hosting Big Lunches. Any member of the public can submit a recipe

The Oak Healthy Living Centre

Film Awards 2025

Saturday 14 June, Hillgrove Hotel, Co Monaghan

Join us for a night of glitz, glamour, and celebration!

This special event will showcase 7 locally produced films featuring 80+ talented local actors - a true celebration of our community's creativity and talent!

Get your ticket now!

Buy online via Eventbrite https://www.eventbrite.co.uk/.../film-awards-with-the-oak...

or in person at Oak Healthy Living Centre or McBrien's Newsagents, Lisnaskea

Let's make this a night to remember!

Belleek CCE

CCE Masterclasses

Sunday 15 June, 1pm - 4pm

The Belleek Hub, Station Road

Session afterwards with Tutors and Pupils.

Free to all Belleek CCE Branch Members

Non-members welcome for a small fee of £10 Stg.

Contact Bernie on 086 6039343 or visit Belleek CCE Facebook Page for more information

JustUs.

PJ the DJ

Friday 20 June, 7pm-10pm

Mahon's Hotel - Delany

£7 per person with 1 carer free

Those requiring assistance must be accompanied.

Visit to Waterways Ireland HQ - Enniskillen Thursday 24 July - Booking Now Open!

We're excited to announce that Waterways Ireland, the official body responsible for managing, developing, promoting, and protecting Ireland's inland waterways, has generously offered JustUs a free, accessible visit to their Enniskillen headquarters — including an optional boat tour to Devenish Island (weather dependent)!

This fantastic opportunity includes:

- Talks from Waterways Ireland teams
- A chance to learn more about the waterways and their heritage
- Refreshments on arrival and a light lunch provided
- An optional boat trip to Devenish Island (weather dependent)

Please note:

- Limited spaces available for the HQ visit
- The boat has a capacity of 12, so names will be selected at random to ensure fairness

To register your interest email justus.events@yahoo.com

Please include:

- Your name
- If you'll have a companion
- If you'd like to be considered for the boat trip to Devenish Island

Free Financial Education webinar

The Big Money Ready Lesson – Financial Scams & Digital Safety Thursday 26 June, 10am-10.45am Online (Microsoft Teams)

For: Secondary schools, youth organisations, and young people aged 11–18 MyBnk is hosting a **free** live webinar lesson to give teens the tools to stay safe in today's digital world. Join us for The Big Money Ready Lesson on Thursday 26th June!

This 45-minute interactive session will cover:

- Online scams
- Phishing
- In-game scams
- Shopping scams

By the end of the lesson, learners will know some of the different types of online scams, be able to recognise key features of online scams, and know actions that can be taken if they have been scammed or are worried they have been scammed.

Our goal is simple: help the next generation become money smart and scam safe. Whether you're a teacher, youth worker, parent, or someone who supports young people — this is an opportunity to equip them with knowledge that truly protects.

To signup and receive more information visit https://www.mybnk.org/big-money-lesson/

Free Digital Switchover Information Sessions

Do you work with a group that might need support when landlines go digital? Get in touch to arrange an in-person info session with Supporting Communities!

The digital switchover is coming - are you ready? All of our landlines are going digital - do you know what this means for you and for the people in your life? For most people, it will be straightforward, but for some older or vulnerable people not familiar with the internet, it might cause some concerns. We're working with BT to offer free, in-person information sessions to groups all over Northern Ireland so we can answer your questions and address any worries. Get in touch! Email alex@supportingcommunities.org to arrange a session now.

Calling Artists & Community Groups: Carnival School

Cavan Arts Festival (CAF) are inviting community groups and professional artists to take part in the Lifelong Learning Carnival School, supported by Cavan County Council PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

Carnival School is a bold, 30-month creative pilot project led by Cavan Arts Festival. Over the coming months, we will work with artists and adult community groups across the region through a series of collaborative workshops, culminating in live performances at CAF 2026 and CAF 2027.

We're looking for:

- * Professional artists (samba, movement making, brass, circus)
- * Community groups based along the Cavan/Fermanagh border region

How to Get Involved:

Interested artists and community groups, please email us at cavanartsfestival.producer@gmail.com with a short introduction including:

- * Who you are
- * Where you're based
- * What you're interested in (artform, learning or teaching)
- * Any supports you may need to participate

Call to promote local dance facilitators and local venues

We're looking to include local dance facilitators, artists and local venues in two public databases: one of venues available or hireable for dance activity, and one of dance facilitators and artists working and/or based in the Cavan, Monaghan and Fermanagh and Omagh District Council / local authority areas.

<u>Complete the 5mins survey</u> to be included in the Dance Facilitators and Artists Database. <u>Complete the 5mins survey</u> to include your venue in the Venues for Dance Activity Database.

What if I think my practice/genre isn't suitable for the database?

Please complete the survey anyway. The database is inclusive of various dance genres. Plus, by completing the survey, you will help us build understanding about the local dance scene, community, and industry.

What if I think my venue isn't suitable for dance?

Please complete the survey anyway. All kinds of dance activities can happen in different types of venues. Plus, by completing the survey, you will help us understand what your venue is like so we can help build understanding about our local venues.

The database is part of the Dance Connects project. Funded by Creative Ireland, Dance Connects seeks to support a network of dance activity in the rural border area of Cavan, Monaghan, and Fermanagh and Omagh.

Please complete the survey by Wednesday 25 June.

If you have any questions, you may contact Victoria Durrer, University College Dublin, at Victoria.durrer@ucd.ie or 01 716 8649.

More information on the research team involved in the project is available at the survey link.

Is there something you'd like to share about your experience with benefits?

We're looking for parents and carers of under-18s to share their experiences of how social security differs across the four nations of England, Scotland, Wales and Northern Ireland.

£50 Love2Shop vouchers for each workshop you attend

For further information visit https://safetynets.study/take-part

Register now for Northern Ireland's annual Active Travel Challenge 2025

The Active Travel Challenge is a fun, friendly competition encouraging everyone across Northern Ireland including workplaces, community groups, schools and organisations to walk, wheel, cycle, scoot or use public transport for more everyday journeys throughout the month of June. Encourage friends, family, networks and workplace colleagues to join in.

Remember it's not how far you travel, it's all about the number of active journeys you make. It's also not just about the work commute. Every journey counts; so whether it's walking the pooch, scooting to school, day out with family or a stroll to the shops or a leisure activity - log it and be in with the chance to win some fantastic prizes.

Register now at https://atc.getmeactive.org.uk/

<u>View</u> what amazing prizes on offer throughout June courtesy of Translink, MicroScooter, Raleigh and Amazon

Volunteer Now

For a list of our scheduled training courses visit https://bit.ly/VNCoursesScheduled and for our on demand courses visit https://www.volunteernow.co.uk/training/on-demand-courses/

Latest Volunteering Opportunities

Fermanagh https://www.volunteernow.co.uk/volunteering-opportunities/

Omagh https://omaghvolunteercentre.org/opportunities

Fermanagh Youth Service Info

This is an information-sharing service aimed at parents, guardians, teachers, youth organisations, community representatives, and anyone actively engaged with young people in Fermanagh. It will enable you to stay informed about the latest opportunities and updates from Youth Services. Additionally, it will provide you with information regarding any changes.

By completing the form, you will be added to the WhatsApp broadcast list. Unlike a group chat, broadcasting ensures that members cannot view each other's phone numbers or profile pictures, offering a higher level of privacy. Any correspondence shared through the broadcast will be directed solely to the broadcast host.

Please complete the form at https://forms.office.com/e/udAJmg58Ek to register.

Department for Work and Pensions (DWP) consultation on Pathways to Work: Reforming Benefits and Support to Get Britain

The DWP is consulting on a range of proposals to reform disability benefits - Personal Independence Payment and Universal Credit, as well as access to other employment allowances. If they go ahead, thousands of people across the District would be affected if implemented in Northern Ireland.

Read the proposals here - <u>Pathways to Work: Reforming Benefits and Support to Get Britain</u> Working Green Paper - GOV.UK

Have your say online here - <u>Pathways to Work: Reforming Benefits and Support to Get</u> Britain Working

Closes Monday 30 June 2025

Home-Start Omagh District

New Outreach Project

The Home-Start Omagh Outreach Project (HOOP) is a four-year initiative designed to provide weekly family groups in Beragh & Sixmilecross, Dromore & Trillick, and Coolnagard Area in Omagh town.

Home-Start Omagh District provides home-visiting volunteer support to families with young children living in the Omagh District area. Our volunteers offer practical and emotional support to families who are facing a range of challenges or finding life as a parent challenging.

The HOOP initiative is set to kick off in September 2025. Home-Start Omagh District encourages families in the three areas to stay tuned to their social media channels and website for updates on this exciting family support initiative.

For more information about HOOP and how to get involved, please contact Allison Spriggs, HOOP Coordinator, at 078 4374 9852, or visit Home-Start Omagh District's website at https://homestartomaghdistrict.org.uk

Erne Paddlers

The 2025 outdoor paddlesports spring programme is well underway now. We offer outdoor skills based progressive kayaking and paddleboarding courses as well as midweek and weekend lough and sea kayaking trips. We have a new base in Enniskillen - come and join us at the Round O. Our popular summer paddlesports camps for kids aged 7-14yrs are also open for booking with a range of discounts available for early and multiple ticket purchases.

Full details of all courses and activities are published here at www.ernepaddlers.org.uk/events We have something to suit everyone.

The club can also provide bespoke group sessions for any organisation. Just get in touch to find out more.

Erne Paddlers is a not-for-profit registered charity and an inclusive club and we want as many people as possible to experience the health and wellbeing benefits that paddlesports can bring. Find us on Facebook, Instagram and X for regular updates too.

If anyone would like to find out more, please get in touch via social media, email@ernepaddlers.org.uk or call/WhatsApp 07468 911398.

New international Toastmasters Club in Fermanagh "Island Voices"

Toastmasters is a global organisation that empowers people to become more confident communicators and leaders.

We are now welcoming expressions of interest. For more information or to express an interest,

Email: shelley@accessavenue.co.uk or islandvoicestmi@gmail.com

Phone: 07598 140 298

Facebook: Island Voices Toastmasters International

Fermanagh Film Club

For further details visit our website at https://www.fermanaghfilmclub.com/

AWARE NI

Are you a community, voluntary or sporting group in the Western Trust area and interested in bringing mental health programmes to your organisation?

AWARE NI have funding in place for the delivery of short one off mental health awareness sessions and longer life skills engagement programmes between April-June 2025.

Mood Matters Adults (18+)

2 hours Duration / Minimum 12/Maximum 25 people / Face to Face or online

This light and interactive mental health awareness training session is an opportunity for you to think about how to look after your own mental health. The workshop will explore mental health stereotypes and look more closely at how to spot the early signs of mental health illness, stress, depression, anxiety disorders and bipolar. This session will teach individuals coping skills for everyday life, how to avoid getting caught in a vicious circle and how to break unhelpful habits that we sometimes have when our mood is low, as well as where to get further help and support. This session will focus on you as an individual and will then allow you to apply these skills to supporting family, friends and others.

Living Life to the Full (18+)

6 weeks @ 2 hours per week / Minimum 12/Maximum 18 people / Face to Face or online This is a programme that can make a big difference to your life. It can help you manage your feelings when you are stressed, worried or depressed and learn simple practical skills to help you cope with life's challenges. Delivered over 6 weeks the programme looks more closely at the ways in which mental health can be impacted by life events and unhelpful thinking styles which may also then affect our physical health and overall enjoyment of life.

If interested in either the Mood Matters Adult or Living Life to the Full programme, please contact Catherine on E: catherine@aware-ni.org or training@aware-ni.org

To find your nearest support group please visit: aware-ni.org/support-groups
To learn more about the signs and symptoms of depression please click here

British Nutrition Foundation Drummond Community Award 2025

The British Nutrition Foundation Drummond community award recognises an individual (e.g. a health professional, teacher or volunteer) or a group that has undertaken a community initiative to support healthier eating in an underserved group(s) in the UK.

Individuals must be nominated (self-nominations will not be accepted) in order to be considered for this award; however the nominee is required to complete one section of the application form and to submit the application.

If you know of a worthy winner, we encourage you to nominate them. Full details including information about previous winners can be found at https://www.nutrition.org.uk/about-us/awards/community-award.

Applications must be received by midnight on Sunday 8 June 2025

Connecting Communities Event

Wednesday 23 July, 12-2pm

The Grange, Omagh

A **free** local event designed to connect volunteers, share ideas, and inspire real change in your community. Join us to discover local projects, explore funding opportunities, and meet others who share your passion for making a difference.

Whether you're looking for ways to get involved or keen to exchange handy tips and ideas, this is the perfect place to start. Meet organisations like Volunteer Now, True Harvest Seeds, Radius Housing, The Conservation Volunteers and Ulster GAA as they showcase their work and share ways you can get involved.

Enjoy fun and engaging workshops, seed swaps, and our plant station, where you can meet your local field officer and have some planting fun!

Sign up here

Oak Healthy Living Centre, Lisnaskea

New programme now available at https://www.oakhealthylivingcentre.com/

Tel: 028 6772 3843

Email: Info@oakhlc.com or admin@oakhlc.com

Tara Centre, Omagh

Summer Programme - Book your place by contacting reception

Tel: 028 8225 0024 Email: reception@taraomagh.com

Meditating Together

Mary Daly and Maura Twohig

Tuesdays, 6 May – 10 June incl. **New Time**: 11am – 12.30pm

Open to anyone who has followed the Tara Centre Meditation Course for Beginners.

Anyone else who wishes to attend please check with Reception.

"Future Human: Who are we Becoming?"

Dr Lollie Mancey

Friday 6 June, 7-8.30pm (registration 6.30-6.55pm)

A thought-provoking talk on how AI is transforming our world - for people of all ages and backgrounds. Dr. Lollie Mancey is an award-winning anthropologist, futurist and innovation advocate who is kindly donating her time to support the Tara Centre's work.

Book to secure your place. Free event, donations welcome!

"Working with the Wisdom with our Dreams"

Kathleen Duffy

Saturday 14 June, 10am - 4pm (registration 9.15-9.55am)

Place is secured by a £10 booking fee. VSS subsidises the rest of the cost for participants who meet the criteria. The cost is £40 for those who do not qualify for VSS.

NEW: Chair Yoga

With Teresa Sexton.

Mondays 6 June - 7 July, 11.30am - 12.30pm

6-week block £35

This class is suitable for everyone. One hour of gentle movement, light & laughter - and the rest will follow.

Dru Yoga & Qi Gong for Self-Healing

With Mandy Currans. For all people/ages/abilities, drop-ins welcome.

Wednesdays 11 June - 2 July (4 wk block) – drop-ins' welcome!

Times: 10am – 11.30am Dru Yoga 11.45am – 1.15pm Qi Gong

£10 for single drop-in class

6-week block £40, or £70 for both classes

4-week block £25, or £45 for both classes

Yoga for Self-Care

With Josephine Rafferty. Focus on building Strength and Stability. Suitable for all levels!

Please note this is not a drop in class!

Thursdays 29 May – 3 July, 6.30-8pm

6-week block £40

Aisling Centre

37 Darling Street, Enniskillen BT74 7DP

Groups & Programmes:

- Forget Me Not Bereaved by Suicide support group meets first Monday of every month at 7.30pm. Next meeting Monday 2 June.
- **Mindfulness Meditation** Monthly drop-in sessions, last Tuesday of every month at 7pm. Next meeting Tuesday 24 June.
- Self Care Sessions Monthly drop-in sessions, first Tuesday of every month at 10am.
 Next Meeting Tuesday 3 June.

Other Groups:

- Alcoholics Anonymous 3 meetings per week at Aisling Centre.
- **Aware** Mental Health Support Group. Meets every Tuesday at 7pm. If you would like to attend, please email sarah@aware-ni.org.
- **Escapists** Support Group for Carers. Meets Wednesdays 10.30am-1pm.
- **Fermanagh Pride** Meets fortnightly on Thursdays at 7pm. Contact 07368 503661 or email fermanaghpride@gmail.com for further information.
- **Island Artists** Open to new members. Meets Wednesdays from 1-4pm. For more information, please contact Maura on 07968 225704.

For further information on any programmes, please contact Aisling Centre on info@theaislingcentre.com or telephone 028 6632 5811 (unless stated otherwise).

Yoga Timetable (please contact individual facilitators to book):

•	Christine	Mondays at 5.30pm	07722 550040
•	Elena	Tuesdays at 7pm	07894 037450
•	Leila	Tuesdays at 7pm	07594 026531
•	Alasdair	Wednesdays at 6.30pm	07776 290903
•	Genny	Thursdays at 12pm	028 8754 1994
•	Theresa	Thursdays at 6pm (men only)	07923 694523
		7.30pm (mixed)	07923 694523

August Craft Month 2025

Now open for Applications!

Northern Ireland's unique celebration of the craft sector provides opportunities for the public to experience, participate in, buy and learn about Craft.

We welcome event applications from -

- · Councils, arts centres and cultural venues
- Galleries, retailers, museums and libraries
- · Individual craft makers
- Guilds, Associations, Networks and Societies (GANS)
- Further and Higher Education Craft institutions and educators
- Heritage organisations

The possibilities of event types are endless -

- Craft trails
- Exhibitions
- · Markets and fairs
- Workshops
- Craft talks
- Meet the Maker
- Demonstrations

The deadline for event applications is Sunday 8 June.

Register and submit your event(s) at http://www.augustcraftmonth.org/applications/.

If you'd like to discuss these opportunities and how you can get involved, please get in touch on info@augustcraftmonth.org or call the team on 028 9032 9342.

Training Opportunities

OUR Generation FREE Youth Worker Training

Digital World Training Workshop Monday 2 June, 1pm-4.30pm Omagh Community House

Delivered by expert Wayne Denner who will facilitate an interactive training workshop on awareness raising on emerging technologies and online harm.

Link to sign up via Eventbrite.

For details of future training opportunities such as working with neurodiverse young people, trauma-informed care for newcomer young people and more, please visit above link.

Attention all staff and volunteers,

Safeguarding Training for Community and Voluntary Groups!

Tuesday 24 June, 9.30am-4pm

Fermanagh House

Join us for "Keeping Children and Adults Safe" training course. This essential full-day training, delivered and certified by Volunteer Now, covers crucial topics such as categories of abuse, safe programme planning, risk assessment, confidentiality, and more.

25 places available, maximum of 2 places per Group/Organisation.

Attendance for the entire day is required to achieve your certification.

*Priority will be given to Volunteers.

Register here: https://forms.gle/XFt8omkoTc5d74bX6

The Forge Family Resource Centre CLG

ASIST (Applied Suicide Intervention Skills Training)

Monday 23 June and Tuesday 24 June

Pettigo Methodist Hall, 16 High Street, Tullyhommon BT93 8BD

Please use the following link to book:

https://bookwhen.com/suicidepreventiontrainingcho1/e/ev-s26s-20250623000000

Volunteer Now

Succession Planning for Volunteering

Tuesday 29 July, 10.30am - 12.30-pm Online

For more information/to register -

https://www.volunteernow.co.uk/course/support-supervision-of-volunteers-4/cid 0/

Recovery College Spring/Summer 2025 Prospectus

https://westerntrust.hscni.net/service/recovery-college/

We have some exciting workshops coming this term across our 5 locations. If you are interested in attending any workshops please enrol by either;

- -completing our enrolment form in the back of the prospectus
- -emailing us on recoverycollege@westerntrust.hscni.net
- -phoning us on 028 8225 2079 or
- -completing our online enrolment form which can be found in the prospectus or at the following link https://forms.office.com/e/RKy3i6khzX

Diploma in Community Development Practice 2025 - 2026

This is a one-year (part time) course accredited by the University of Galway for the year 2025 – 2026. The Diploma in Community Development Practice has been designed to enable Community Activists (volunteers and paid staff in the community / voluntary sector) to develop the knowledge, understanding and essential practical skills and experience required to provide leadership within this field.

One off cost of £150 per person. If you are unwaged then we can talk to you about how we can support you to meet this payment. Places are limited to 25 students.

Location: Strabane

Participants are particularly welcome from those in the Strabane/Omagh area.

Please apply via https://forms.gle/mZ8GEzC1yzQawuN87

or for an application form/further information please email kelly@ruralcommunitynetwork.org

Health Improvement Equality & Involvement Department

Training Brochure April - September 2025

The WHSCT Health Improvement Equality & Involvement (HIEI) Department has released their latest Training Brochure which is offering **free training courses** taking place across the Trust from 1 April to 30 September 2025.

This is the first edition of 2025 and continues with a themed layout. Our training courses are located under the headings of Children & Families, Emotional Health & Wellbeing, Nutrition and Physical Activity.

We are also delighted to introduce a new seminar to the brochure, the 'Infant Mental Health Awareness Week Seminar'.

The courses will be delivered either via Zoom or face to face in a range of locations across the WHSCT.

To view the Training Brochure, click on this link https://westerntrust.pagetiger.com/hiei-training-brochure-april-to-september-25/hiei-training-brochure-april-to-september-2025

We are introducing a new method for course registration. Each course has a 'click here to register' icon that directs you to a Microsoft form where you can register for the course and date. Please be aware that you are registering your interest by completing the Microsoft form - it does not mean you are guaranteed a place. If you need an alternative method of registering, please feel free to contact us. Accessible view is available.

For further information and any queries in relation to the Training Brochure, please email health.improvement@westerntrust.hscni.net or telephone 028 7186 5127.

Website - <u>Health and Wellbeing | Western Health & Social Care Trust</u>
Order Leaflets - Health Improvement Leaflet Catalogue | Western Health & Social Care Trust

Funding Opportunities

Arts Council NI: New Small Grants Programme

The New Small Grants Programme, funded by support from the Department for Communities, aims to encourage greater participation in the arts; and to increase equality of access to and opportunities in the arts across all Section 75 groupings. You can apply for an amount between £500 and £5,000 for a project. They welcome applications from the widest possible range of organisations. You will be required to provide proof that you have a legal constitution.

For further information visit Arts Council NI: New Small Grants Programme

Application Deadline: 12 noon, Friday 18 July 2025

SEUPB Change Maker Fund – Now Open for Applications

The Special EU Programmes Body (SEUPB) is currently inviting applications to the <u>Change Maker Fund</u>. Environment and Climate is a key theme and would facilitate more local/smaller focused projects that the Environment Fund doesn't facilitate.

The Empowering Communities Programme is structured into three distinct yet interlinked strands:

Strand 1: The Empowering Communities to Embed Peace Small Grants Programme - This strand facilitates grassroots-level peacebuilding by providing small grants to local community organisations. It enables a bottom-up approach, empowering people and organisations to directly contribute to peace and reconciliation within their communities.

Strand 2: The Institutional Capacity Development Programme - This strand focuses on enhancing the capabilities of institutions to effectively engage in and support peacebuilding efforts. By strengthening organisational capacities, it ensures the sustainability and effectiveness of peace initiatives.

Strand 3: The Community-Based Safety Interventions Programme - This strand aims to promote safety and cohesion within communities through targeted interventions. By addressing safety concerns, it fosters an environment conducive to peace and reconciliation.

Full guidance and application materials can be accessed via the SEUPB website: https://peaceplussupport.seupb.eu/changemaker-key-documents