

Fermanagh & Omagh District Council Community Support News – June 2026

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for July's Newsletter is Tuesday 23 June

Council News & Events

Children and Young People's Summer Programme 2026

Fermanagh and Omagh District Council's highly anticipated Summer Programme for Children and Young People is now available to book.

The Summer Programme will run throughout July and August, with over 150 programmes delivered at community and Council facilities across the district.

Summer Programme 2026 booking is [available here](#).

All places are on a first come first served basis.

New to the area?

You are welcome to join the Community Connect Hub

Fermanagh House, Enniskillen 10am-12 noon

Thursdays 2 July, 3 September, 5 November

Omagh Community House 10am-12 noon

Tuesdays 4 August, 6 October, 1 December

You can:

- Have a chat
- Meet other people
- Get help and information

People will be there to help with:

- Housing
- Jobs and benefits
- Health
- Community advice

Just drop in. No booking needed.

Everyone is welcome.

Be Seen. Be Heard. Belong in the Outdoors.

Starting Monday 8 June

We are delighted to be celebrating Women and Girls in the Outdoors this year as part of the "Be Seen, Be Heard, Belong" Sport NI campaign.

Join us for a fantastic week of outdoor activities designed to inspire, connect and empower.

Activities may include:

- Angling

- Archery
- Cycling
- Sailing
- Walk & Talk
- Watersports

Click on the link below to explore what's on offer and book your place today.

<https://tinyurl.com/2b4tsbhu>

Connecting Communities Roadshow

With Live Here, Love Here

Tuesday 9 June, 2-4pm

The Grange, Omagh

Come and meet local people passionate about environmental action and discover ways to get involved in your area at this **free drop in event**.

Book at <https://www.eventbrite.co.uk/e/omagh-community-drop-in-tickets-1989816170731>

Upcoming Heritage Events at Strule Arts Centre

- **Friday 12 June, 12pm**

Peatlands Awareness. Free drop-in session with Róisín Black, Peatland Engagement Officer.

- **Tuesday 23 June, 7pm**

From Patent to Plough. A talk and discussion celebrating 100 years of Ferguson innovation with Stevan Patterson.

For further information and booking any of the events detailed, visit www.struleartscentre.co.uk or contact box office on 028 8224 7831.

FODC welcomes the Great Northern Road Run to Omagh

Friday 26 June

Working steam engines will make their way into Omagh town centre. Going on display at Hotel Rue Car Park from 12 noon to 4pm, come along and enjoy the sight and sound of working steam engines, plus live music from 1pm.

The 'Railways That Shaped Tyrone' exhibition is also currently on display at the Strule Arts Centre, Omagh with a free guided tour (booking required to reserve your place) of the exhibition on offer on Friday 26 June.

For further information please visit <https://bit.ly/3uThk28>

Fermanagh Lakeland Forum Redevelopment

The next edition of the Construction Newsletter for the Fermanagh Lakeland Forum Redevelopment Project is now available.

To read the newsletter click [here](#) and then select 'Newsletter'.

This edition includes updates on project progress, details on education and employability initiatives and useful contact information.

FODC Bumblebee Surveys around Gortin Lakes

This year, as part of our Shared Bogs, Shared Futures peatland project — funded by the Peatland Challenge Fund — we've begun carrying out Bumblebee Surveys around Gortin Lakes.

The surveys form part of the All-Ireland Bumblebee Monitoring Scheme, established by the National Biodiversity Data Centre in 2012 and one of the first initiatives of its kind in the world. The scheme helps track Ireland's common bumblebee species and provides valuable insight into the health of our pollinator populations.

Bumblebees are an important indicator species, helping us better understand how the peatland habitats around Gortin Lakes are changing, and how conservation and management work is improving these vital environments.

Interested in learning more about the scheme? Visit <https://bit.ly/4tFvWue>

If you'd like to get involved in the surveys, contact climate@fermanaghomagh.com

New Age Friendly Strategy to support older people

Fermanagh and Omagh District Council has launched its new Age Friendly Strategy 2026–2030, setting out how the district will support older people to live healthy, active and connected lives. The Strategy aims to make the district a more inclusive, accessible and supportive place for older residents. It has been shaped by the views of local people and is based on the World Health Organisation's eight Age Friendly themes.

For further information visit <https://www.fermanaghomagh.com/article/fermanagh-and-omagh-launch-new-age-friendly-strategy-to-support-older-people/>

The Council is committed to providing an Age Friendly District and seeks to ensure that older people lead more independent, engaged and socially connected lives.

For further information visit <https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/>

How to join an older person's group, visit <https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/join-an-older-persons-group/>

Upcoming events for older people, please visit <https://www.facebook.com/swapnetwork/>

Digital Switch Over

Fermanagh and Omagh District Council is sharing information from BT regarding the UK's traditional landlines, which are switching off by January 2027.

BT advises that most people can switch at no extra cost and keep the same number and phones. Some older and vulnerable people may need extra support to get ready.

BT's campaign urges everyone to act when contacted. Ignoring the switch could mean disruption to vital services.

Please check in with older friends, family, or neighbours and make sure they know what to expect and feel confident about switching.

For more information, visit <https://bit.ly/49hv4F9> or phone 0330 1234 150

Cost of Living Help

<https://www.fermanaghomagh.com/services/community/community-help-support/cost-of-living-help/>

Financial Wellbeing Project

Are you struggling with your personal finances?

Would your staff like a Debt Awareness Session?

Would your group users benefit from a Financial Well Being Clinic?

Omagh Independent Advice Service and Community Advice Fermanagh are delighted to offer One to One Advice, Financial Well Being Clinics and Information Sessions to the general public and to all interested local voluntary and statutory groups.

Our project will provide advice and representation on the following:

- Benefit Entitlement Checks
- Better off Calculations

- Budgeting Advice
- Free, confidential Debt Advice

If you would like to avail of our services or help us arrange a Financial Well Being Clinic in your area please contact us on:

Omagh Independent Advice Services

Phone No. 028 8224 3252 or Email info@oias.co.uk

Community Advice Fermanagh

Phone No. 028 6632 4334 or Email website@communityadvicefermanagh.com

Events in Fermanagh and Omagh

Visit the following websites for details of what's on in the district:

<https://www.fermanaghomagh.com/events-and-festivals/>

<https://www.fermanaghlakelands.com/whats-on>

<https://exploreomaghsperrins.com/whats-on/>

Consultations

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district. Further information is available at <https://www.fermanaghomagh.com/your-council/consultations/>

Community Centres

Our community centres are available to hire for children's activities/parties, community events, health and sporting activities, special occasions and corporate events.

For further details or to make a booking visit

<https://www.fermanaghomagh.com/services/community/community-centres/>

FODC Physical Activity Referral Scheme (PARS)

Delivered in partnership with the Public Health Agency (PHA), PARS is a **free 12-week exercise** referral programme facilitated by fully qualified staff for individuals with specific health conditions who have no absolute contraindications to exercise.

PARS includes online delivery with sessions also facilitated at Council leisure centres.

For further information visit [Physical Activity Referral Scheme](#)

FODC Move More Programme

A physical activity initiative delivered in partnership with Macmillan Cancer Support available to anyone who has had a cancer diagnosis, at any stage of their life.

Move More supports the lives of people with cancer through physical activity. Physical activity before, during and after cancer treatment can help prevent and manage the effects of treatment, such as fatigue, depression and risks to heart health.

Sessions are facilitated at Council leisure centres.

For further information visit [Macmillan Move More](#).

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

For further information visit <https://www.fermanaghomagh.com/services/community/>

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council **at least 6 weeks** before the date requested, to allow sufficient time for the application to be considered. To make an illumination request please complete <https://form.jotform.com/222782646405055> or for any enquiries regarding Council support to charities, email communitysupport@fermanaghomagh.com

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action.

Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](http://Community - Fermanagh & Omagh District Council (fermanaghomagh.com))

Please contact your local Community Support Officer for any assistance you or your organisation may require:

Area	Officer	Email	Telephone 0300 303 1777
Enniskillen	Ruthanne Fawcett	ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Leza Cleary	leza.cleary@fermanaghomagh.com	Ext 21234
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Gary Mortland	gary.mortland@fermanaghomagh.com	Ext 20225
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Billie-Jo Irwin	billie-jo.irwin@fermanaghomagh.com	Ext 20220

Irish Language Fermanagh and Omagh District Council

For up to date information and details of activities across the district

visit <https://www.fermanaghomagh.com/services/community/irish-language/>

Fermanagh and Omagh Policing and Community Safety Partnership (PCSP)

A partnership between the Council, statutory providers and the community. The partnership is made up of elected and independent members and representatives from the statutory sector.

Follow us on Facebook via the link below

https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en_GB

Community News

Department of Health and Public Health Agency's 'This is Our Health' programme

The Health Minister has officially launched the regional 'This is Our Health' programme which is a key part of the Minister's overall strategic approach to prevention. The programme is designed to not only understand what matters most to people, but to encourage practical changes in how people look after their health and use services.

You can take part in whichever way works best for you.

Take part online

This is the quickest and easiest way to get involved.

The online experience:

- asks the same core questions as the in-person sessions
- is designed to be simple and accessible
- can be completed anonymously
- takes a short amount of time

You can take part at a time that suits you, using your own device.

[Complete the online survey](#)

Meet us in person

***The Western Trust fully supports the Department of Health and Public Health Agency campaign but wishes to highlight that the Trust will be coordinating a separate engagement programme to this, focused on the [Fermanagh and West Tyrone Vision for Future Health and Care Services](#)

You can take part in 'This is our health' by joining one of our in-person events happening across the Trust.

In-person sessions are designed to be informal and accessible, using a mix of conversation and hands-on tools to make it easy to share your views. Simply drop in to take part.

June

Tuesday 2 June 2026	ASDA, Omagh 9am – 5pm
Thursday 4 June 2026	Lisnagelvin Shopping Centre 9am – 5pm
Thursday 4 June 2026	ASDA, Enniskillen 9am – 5pm
Friday 5 June 2026	ASDA, Enniskillen 9am – 5pm
Friday 5 June 2026	Richmond Centre 9am – 5pm

The 'This is Our Health' Engagement Team will also be attending large pre planned WHSCT events within communities over the next few weeks to encourage attendees to complete the survey.

For further information please visit the 'This is Our Health' section on the WHSCT website - [This is Our Health | Western Health & Social Care Trust](#)

Fermanagh County Fleadh

**Sunday 31 May – Sunday 7 June
Newtownbutler**

Celebrate a week of traditional Irish music, culture and community at the Fermanagh Fleadh 2026 in Newtownbutler. The programme has something for everyone with concerts, workshops, youth sessions, céilís, competitions and quiz nights across a variety of local venues.

Highlights include an opening concert with Tully and Darren Breslin at Crom Castle, nights with Fermanagh Fiddlers and Accordion players, Sean Nós dancing workshops, Irish language events,

album launches, Fleadh competitions, a traditional Fleadh Mass and a lively Gig Rig and marching band display on Main Street on the closing Sunday.

For full details click [here](#)

Men's Health Matters - one step at a time

Tuesday 2 June, 10am-2pm

Trillick Leisure Centre

- Free Trailer Marking
- Free Farm Families health checks bus
- Free Trims from a local barber
- Free breakfast baps & refreshments
- Free Taster sessions - indoor angling, gym inductions & basket weaving.
- Free event for local men and their families.

Booking is essential for the basket weaving session and the Farm Families health checks. Appointments via Martina on 07721 977253.

Enniskillen Jobs & Benefit's Office

June Job Clubs

Lisnaskea Library Thursday 4 June

Enniskillen Library Thursday 11 June

Fivemiletown Library Thursday 18 June

Irvinestown Library Tuesday 23 June

Come along to our Job Club for:

- Careers advice and guidance from the Department for the Economy Careers Service
- CV support and interview preparation
- Local job opportunities and job searching
- Help to apply for jobs on the day
- Support to build confidence and improve employability

No appointment required – everyone welcome.

Adult First Aid workshop

Thursday 4 June, 6.30pm-8pm

Omagh Community House

Equips you with the skills required and gives you the confidence to help someone in an emergency. Course Costs £5. Delivered by British Red Cross

To book, Telephone 028 8224 0772 or Email volunteer@omaghvolunteercentre.org

Invitation for Story Submission: 'Stepping Up'

Thursday 4 June, 7.30pm

Bogan's Bar, Omagh

Tenx9 is returning to Omagh in partnership with the Integrated Education Fund for true stories on the theme: Stepping Up.

Was there a time someone stepped up for you or you stepped up for someone else? Or perhaps you were inspired by someone who just got stuck in? Maybe, given it's Volunteers Week, you put yourself forward as a volunteer? However you interpret the theme, get in touch with your true story at www.tenx9.com/submissions. Then come and join us at the above event!

Tenx9 is a storytelling event where nine people have up to ten minutes each to tell a true story from their own life. It was created in 2011 by Paul Doran & Pádraig Ó Tuama in Belfast. It aims to strip away the barriers that prevent people from sharing their experiences.

It is always free of charge.

Don't Bin It, Mend It!

Friday 5 June, 10.30am-12.30pm

Irvinestown Library

Join us for a friendly Textile Repair Workshop and learn simple ways to give your clothes a longer life.

Bring along your textile items for basic repairs and pick up useful skills including:

- Sewing
- Mending
- Darning

Help reduce waste, save money, and enjoy a relaxed, welcoming environment while learning practical repair techniques.

For more information visit Repair Week Events – <https://bit.ly/4dHOPbf>

Cruinniú na nÓg

A day of free creativity for children and young people

Saturday 6 June with [events throughout Ireland](#).

[Explore and wonder cavan library service](#)

Explore and Wonder is a Cruinniú na nÓg event which is a gentle, sensory-friendly creative day designed especially for children with additional needs and their families.

Explore and Wonder offers a range of creative workshops including printing, bush craft, circus skills, messy play and much more. Children and young people can enjoy a welcoming, inclusive environment where they can explore, express and discover creativity at their own pace.

Working with Nature Awards 2026

Powerscourt Estate is calling on the public to get out into nature and nominate the individuals, community groups, organisations and small businesses helping to protect, restore and reconnect people with the natural world.

The Working with Nature Awards 2026, now in their second year, celebrate practical and inspiring action taking place across Ireland — from native planting, pollinator pathways and wildlife restoration to nature storytelling, outdoor learning and wellbeing initiatives.

The awards are open across three categories:

- Biodiversity & Rewilding
- Nature Media
- Nature Education & Wellbeing
-

For further information/to make a Nomination visit www.powerscourt.com/workingwithnature or email lisa.moran@powerscourt.net

Deadline for nominations: Thursday 11 June

Family Fun Day

Sunday 14 June, 12pm-6pm

Let's Go Padel, Omagh

Event for all the family aged 6+.

All proceeds raised will go to Resilio NI to fund the men's healthy minds support group at the Sandwich Co Omagh.

Single Court £20 Double Court £40 Rackets and Balls included

Email hopenmatters@resilio-ni.org to book your course

Health & Well-being Event

Tuesday 16 June, 5pm - 7pm

Belcoo GAA Clubhouse

Health Talks, Free health information stands, trims from local barber, reflexology taster sessions, blood pressure checks, etc

Healthy refreshments provided. Everyone welcome

Farm Families Health Checks will also be available 3-9pm. Contact Alison on 07587 673452 to book an appointment.

Law Society of Northern Ireland

Climate Justice Conference

Thursday 18 June 2026, 12pm-4.30pm

Ulster Museum, Belfast

The conference will focus on the environmental crisis at Lough Neagh, alongside the role of law, governance, civic engagement and strategic litigation in responding to ecological harm.

For those who may have an interest in environmental governance, sustainability, climate policy or community engagement, the event will feature contributions from a range of legal, academic, environmental and community voices.

For more information, see the following article:

Environmental expert to speak at major Lough Neagh conference - Alpha Newspaper Group

Lunch/refreshments will be provided.

[CLICK HERE TO REGISTER](#)

Please do not hesitate to contact us at policy@lawsoc-ni.org should you require any further information.

Give Blood – Save Lives

St John's B&E College, Dromore

Friday 19 June, 12.30pm-7pm

Book an appointment at <https://nibts.hscni.net/online-booking-for-blood-donation-appointments/>

Vintage Coffee Morning

Saturday 20 June, 10am-1pm

Franco's Garden Room, Queen Elizabeth Road, Enniskillen

In aid of Cancer Connect NI

Erne District Chinese Families' and Friends' Association

Dragon Boat Festival (Outdoor)

Saturday 20 June

Regular Activities - Alternative Saturdays 2pm-4pm

Home-Start Omagh District

AGM

Monday 22 June, 10am

MACCA Resource Centre, Omagh

If you wish to attend, please email info@homestartomaghdistrict.org.uk

or click this link: [Home-Start Omagh District AGM – Fill in form](#)

Fermanagh Young Leaders Forum

Applications now open

Fermanagh Trust is delighted to invite applications for our Fermanagh Young Leaders Forum, a unique opportunity for young people aged 17–25 to develop leadership skills, build confidence, and make a real difference in their local community.

This seven-month programme, commencing September 2026, offers participants the chance to take part in weekly sessions where they will work together to identify key issues affecting young people, learn about community development, and play a direct role in awarding grant funding to local projects.

Participants will:

- Develop leadership, teamwork, and communication skills
- Gain a recognised OCN qualification in Community Development
- Gain valuable experience for CVs, further education, and employment
- Contribute to meaningful change in their community

We would greatly appreciate your support in sharing this opportunity with young people you know who may have an interest. Full details and application information are available via this link: <https://www.fermanaghtrust.org/fermanagh-young-leaders-forum/>

This programme is completely free. Fermanagh Young Leaders Programme is administered by Fermanagh Trust through our Investing in Community Volunteers programme. The Investing in Community Volunteers Programme is one of 13 programmes as detailed in the Fermanagh and Omagh District Council PEACEPLUS Local Action Plan, a project supported by PEACEPLUS and managed by the Special EU Programmes Body.

If you have any questions or would like further information, please do not hesitate to get in touch - Email sonya@fermanaghtrust.org or Tel 028 6632 0210

New support programme for adults waiting on NHS waiting lists for any treatment in the Derry/L'Derry area

Action Mental Health through funding received from the Department of Health are providing support for adults (18yrs +) who are waiting for any NHS treatment/counselling etc.

We are providing 12 weeks practical, emotional and wellbeing focused support to help take back control, build resilience, improve physical & mental health, and reduce isolation.

Some of the activities we offer include relaxation techniques, movement and exercise, arts and crafts, one to one support.

For more information/to register contact 028 7137 3502 or email foyle@amh.org.uk

Pathways to Employability

Bryson Pathways is managed and operated by Bryson Energy delivered across local communities in Fermanagh and Omagh.

About the Programme

A short-term, focused programme supporting individuals to move into work, increase their hours, or take the next step in their employment journey. Delivered as part of a wider Bryson approach, combining employability support with the services people need to progress.

Who this is for

The programme works best for individuals who:

- Are considering their next step into work or progression
- Are ready to move forward with the right support in place

- May be experiencing barriers but are open to engaging

What we do

We work alongside individuals to:

- Build a clear plan towards employment
- Provide support with CVs, applications & interviews
- Identify skills, strengths & opportunities
- Connect into training where it will make a difference

Supporting people to move forward

- Entry into Employment
- Improved job readiness and confidence
- Increased hours or improved roles
- Engagement in training or further support

Contact Employment Coach Ciara on 07425 589666

or email ciara.balfour@brysonpathways.org

Erne Paddlers

We have a full outdoor paddlesports programme planned for the summer months, with something to suit everyone! Based at the Round O in Enniskillen, Erne Paddlers will be running skills based paddlesports courses and activities for adults and children from now until the end of September. Booking is open now.

There are evening sessions for beginners and more experienced paddlers, families and kids (7yrs+), inclusive paddling for anyone who needs extra support plus midweek multi-craft sessions. Tickets are also available for our Wednesday morning Lough Erne paddles, our weekend Love to Paddle Trips and our sea kayaking coastal paddles. This year, with support from Waterways Ireland, we are running a series of ECO paddles, taking in the beautiful scenery and learning about the flora and fauna around Lough Erne.

Our fun kids summer camps are open for booking too! Go to www.ernepaddlers.org.uk/events for full details and to book tickets online.

Erne Paddlers is a not-for-profit registered charity and an inclusive club and we want as many people as possible to experience the health and wellbeing benefits that paddlesports can bring. We have a flexible pricing structure with a range of discounts available including assistance rates. Check us out on Facebook, Instagram and X for regular updates. If anyone would like to find out more, please get in touch via social media, email@ernepaddlers.org.uk or call/WhatsApp 07468 911398.

Omagh Volunteer Centre

For a copy of our Spring 2026 Newsletter visit <https://omaghvolunteercentre.org/opportunities>

100 Years On: New Statistical Report reveals how Northern Ireland has changed since 1926

Published by NISRA statisticians, "Northern Ireland: A Century of Change in Statistics" marks the centenary of Northern Ireland's first census, conducted on 18 April 1926. The report presents a high-level comparison between Census 1926 and Census 2021, offering insight into how Northern Ireland's population and society have evolved over the past 100 years.

Access the report at [Northern Ireland: A Century of Change in Statistics – A Comparison of Census 1926 and Census 2021](#)

If you have any queries, please contact us at census@nisra.gov.uk

Food Vouchers for Community Get Togethers

Bring your community together this June with a £20 food voucher from Eden Project and Co-op. Open to non-constituted groups, neighbours and organisations - perfect for The Big Lunch or The Big Help Out. [Read more...](#)

Social Value

Social Value is a mandatory part of the public procurement landscape in Northern Ireland. Are you an organisation in the third sector which has the skills, expertise and drive to work with suppliers to support them deliver their Social Value requirements? These organisations are known as Brokers.

You can register for the [Broker database](#) by [completing this form](#). If you are a Social Enterprise, you can also register with Social Enterprise NI's Buy Social Directory [here](#).

Visit <https://socialvalueni.org/brokers/> to connect with suppliers delivering public contracts in Northern Ireland, where you think there may be an opportunity to work together to deliver Social Value.

Your organisation may also wish to search the Considerate Constructors Scheme (CCS) map [here](#) to identify construction projects that have Social Value targets.

Take on the Cuilcagh Camino 2026!

Saturday 8 August

Looking for your next outdoor challenge? Join the Cuilcagh Camino, a truly unforgettable hiking experience in the heart of Cavan/Fermanagh.

Choose your route:

- Long Route (30km)
- Medium Route (25km)
- Short Route (16km)

Start & Finish: Swanlinbar

This walk will take you across beautiful trails, bogland, and mountain terrain – perfect for walkers seeking a rewarding challenge.

The Cuilcagh Camino is organised by members of Cuilcagh Ramblers and other local volunteers with proceeds of the event being donated to local causes/charities.

Participants must have a good level of fitness and have previously hiked over a long distance comfortably.

For more information and to book your place, visit <https://eventmaster.ie/event/q0wzcP7SQq>

European Heritage Open Days

12–13 September 2026

This year's theme, "Heritage at Risk – Revive, Resist, Reimagine", invites organisers to open sites, share stories, and showcase local architecture and culture.

For further information click [here](#)

Aisling Centre

37 Darling Street, Enniskillen BT74 7DP

For further information on any programmes, please email Aisling Centre on info@theaislingcentre.com or telephone 028 6632 5811 (unless stated otherwise).

Groups & Programmes:

- **Aisling's Charity Shop** – Open Thursdays and Fridays 9.30am-4pm and Saturdays 10am-2pm. Please note we are currently not accepting donations of books or any items with safety requirements.
- **Charity Shop Volunteers Needed** – For information, contact Reception. At Aisling's you will be joining a great team of people and supporting mental health services.
- **Forget Me Not** – Support group for those bereaved by suicide. First Monday of the month 7.30-9pm. Next meeting Monday 1 June.
- **Self Care Drop-In** – Monthly drop-in sessions, first Tuesday of every month at 10am. Next Meeting Tuesday 2 June. Suggested donation £3 per person.
- **Mindfulness Meditation** – Monthly drop-in sessions, last Wednesday of every month at 7pm. Next meeting Wednesday 24 June. Suggested donation £3 per person.
- **Montgomery Finlay Charity Golf Day** – We are delighted to be one of five charities who will benefit from this fundraiser on Friday 26 June at Lough Erne Golf Resort. Tee times can be booked by contacting the Golf Shop on 028 6634 5766.
- **Donaghy Village and Modern Tractor Run** – in memory of Frankie McCormack. Sunday 28 June, 2.30pm. Raising funds for Aisling Centre and Kevin Bell Repatriation Trust.

Other Groups & Events:

- **Alcoholics Anonymous** – 3 meetings per week at Aisling Centre.
- **Aware** – Mental Health Support Group. Meets every Tuesday at 7pm. For further information, please contact info@aware-ni.org
- **Baby Zen Massage** – Promoting bonding and relaxation for parents and babies. To book, please contact Emma on 07407 063266. Thursdays at 10am.
- **Cherish Sure Start** – Creche facility from Monday-Friday as well as various programmes for both children and parents. For further information call 028 6862 1970.
- **Escapists** – Support Group for Carers. Meets Wednesdays 10.30am-1pm.
- **Island Artists** – Open to new members. Meets Wednesdays from 1-4pm. For more information, please contact Maura on 07968 225704.
- **Modern Country Moves Line Dancing** – Fridays 9.30am-10.30am. For further information please contact Tina on 07709 813468.

Yoga Timetable (please contact individual facilitators to book):

- | | | |
|-------------|-----------------------------|---------------|
| • Christine | Mondays at 6pm | 07722 550040 |
| • Alasdair | Wednesdays at 6.30pm | 07776 290903 |
| • Genny | Thursdays at 12pm | 028 8754 1994 |
| • Theresa | Thursdays at 6pm (men only) | 07923 694523 |
| | 7pm and 8pm (both mixed) | 07923 694523 |

Fermanagh House

Broadmeadow, Enniskillen BT74 7HR

Telephone 028 6632 0210

- **RNID** - Supporting those who are deaf, have hearing loss or tinnitus. Drop in first Thursday of every month, 10am – 11.30am. They can provide hearing aid batteries and tubing by post. Information on how to look after and clean your hearing aids, what to try if you are having a problem with your hearing aids, hearing loss and assistive devices and technology, what other local services and organisations can help.
- **Youthlife** - counselling support for children and young people aged 5-25 years who have been affected by bereavement, separation, divorce or loss of a significant person. Referrals can be made by contacting Caroline Temple on 028 7137 7227 – families can also make self-referrals. More info can be found on <https://youthlife.org/>
- **Enniskillen Breastfeeding Group** - Thursdays 10.30am-12pm. A great way to meet and socialise with other Mums. New members welcome.
- **Inspire Wellbeing Addiction Support Group** – Every Wednesday 11am – 1pm. This drop-in support service is for adults who are affected themselves or by someone else's alcohol or drugs use.
- **Narcotics Anonymous** - Every Monday and Thursday, 7pm-8pm.
- **Dunlewey Addiction Services** - Free and confidential advice, information and counselling for adults over 18 who are directly or indirectly affected by problem gambling issues. To book a session contact 028 9039 2547
- **Erne U3A** - Monthly meetings and different activity groups - Current activities include singing, walking, book club, drama, storytelling, scrabble, lunches, iPad training, heritage and trips. Members receive regular newsletters via email and post. All Erne U3a work is voluntary. For more info or to join the group, pop into Fermanagh House for an application form.
- **South West Age Partnership Chair Yoga** – Mondays 11am-12 noon.
- **Enniskillen Sands group** - Second Monday of the month at 7.30pm. A relaxed, safe and friendly place to meet other bereaved parents and share each other's stories of loss and grief.
- **Nexus** - Over 40 years' experience offering a specialised professional counselling service to people impacted by sexual abuse and abusive relationships. For further information about the services visit <https://nexusni.org/>
- **Alzheimer's Society** - Carers Information Support Programme. For further information and to book, please contact Dementia Adviser Fermanagh, Rita O'Loughlin – Mobile: 07889 148927.
- **Enniskillen Sarcoidosis Support Group** - First Monday of the month. Everyone Welcome.

Tara Centre

11 Holmview Terrace, Omagh, Co Tyrone, BT79 0AH

Tel: 028 8225 0024 Email: info@taraomagh.com Website: www.taraomagh.com

Ongoing Counselling, Psychotherapy, Art Therapy, Complementary Therapies

Booking via reception essential for all events! Please check our website for further updates!

Meditating Together - Mary Daly & Maura Twohig

Tuesdays 11am - 12.30pm

Step into a space of stillness and presence.

PATHS Meetings

2nd Tuesday of each month 8.00pm-9.30pm

Omagh Men's Support Group

Mondays, 7.30pm - 9.30pm

Grants available for some of the costs associated with the provision of counselling/psychotherapy, complementary therapies and some workshops/seminars

Training Opportunities

Halls & Venues, How to Manage your Building and Maximise its use Do you help run a community hall or venue?

Develop your knowledge of how to manage & promote your space effectively -
Increase usage and turn your building into a thriving community hub

- **Omagh, Tara Centre** **Monday 15 June, 6pm-9pm**

Particularly useful to any organisations that may be interested in finding out about free tools that are available to help them manage their Health & Safety requirements and to look at how they could generate more income from their building.

Register Here: <https://forms.gle/GuYgghwyvaodmwPQA>

Health, Safety & Wellbeing Courses including Food Hygiene are accessible through the online learning platform.

Gain useful tips and find out about free tools and practical resources that will help you in your role.

If you have any questions, feel free to get in touch with Sonya Johnston, The Fermanagh Trust
Tel 028 6632 0210 www.fermanaghtrust.org

Free First Aid Workshops

We deliver these to community groups throughout Northern Ireland. They are fully funded by the Red Cross (there is no cost to you) and take place at your location. All we need is a space to teach in and a group of people – we will bring/provide everything else.

What a Session Looks Like:

Our workshops are very relaxed, fun, and are tailored to the needs of the audience. We use a learner led approach that keeps the session quite informal, simple and interactive.

The session itself typically lasts 1.5 hours and can accommodate up to 15 people (this can be flexible)

The first aid workshop starts off by looking at what first aid means and we discuss different ways of helping (focusing heavily on keeping things as simple as possible).

We then cover a range of common first aid skills from the following list:

- * Broken bone / bad fall
- * Bleeding heavily / Bad cut
- * Burns
- * Head Injury
- * Choking
- * Heart Attack
- * Stroke
- * Seizure
- * Unresponsive and breathing
- * Unresponsive and not breathing
- * Unresponsive and not breathing (AED)

These workshops are not the equivalent of a First Aid at Work course. However, participants do get a certificate of attendance.

If you are interested in booking, please visit booking link [Community Education Northwest NI](#)

Fermanagh Trust

Expand Your Skills – 250+ free Online Courses Available Now!

We can offer access to over 250 **free** online courses through our new PEACEPLUS Funding. You can register and start learning immediately!

Our courses cover a wide range of topics to support both personal development and professional training needs. From GDPR, Cyber security, Dementia awareness, Neurodiversity awareness to Food Hygiene and manual handling, to Microsoft Excel and Setting Goals there is something to suit everyone!

- **Accredited qualifications**
- **Personal development programmes**
- **Available anytime, anywhere, on any device**
- **Offered in 40+ languages**
- **Save time and money for you and your organisation**

The ‘Investing in Community Volunteers’ Programme is one of 13 programmes as detailed in the Fermanagh and Omagh PEACEPLUS Local Action Plan, a project supported by PEACEPLUS and managed by the Special EU Programmes Body (SEUPB).

For further information/to register visit www.fermanaghtrust.org
or email sonya@fermanaghtrust.org Tel 028 6632 0210

Sign Up for Free, Fully Funded Workshops

for individuals volunteering or working in the Community/voluntary/charity sector!

Coming to a town or village near you across Omagh & Fermanagh!

Our first series of workshops, includes:

1. **Committees: Roles, Functions and Responsibilities**
2. **Fundraising: Generating Income for your group /organisation**
3. **Safeguarding - 3 Hour Certified Course**
4. **Safeguarding, Designated Officer, Full Day Course**
5. **Halls & Venues, How to Manage your Building and Maximise its use**
6. **Introduction to Social Media, AI Tools & Canva**
7. **Volunteers: How to get them & how to keep them**
8. **Inclusion: Delivering Activities and Events that are Welcoming to Everyone**

This initiative offers **free training and development opportunities** for volunteers, committee members, and staff working in the community and voluntary sector.

We're delighted to share this programme of activities for the new Investing in Community Volunteers (ICV) Programme, part of the Fermanagh and Omagh PEACEPLUS Local Action Plan, supported by PEACEPLUS and managed by the Special EU Programmes Body (SEUPB).

Each workshop will be delivered in seven locations across Fermanagh and Omagh up to June 2026, morning, evening and online sessions available too ensuring accessibility for all.

View the full programme and register here: <https://www.fermanaghtrust.org/investing-in-community-volunteers-programme/>

Please share this information with anyone who might be interested.

If you have any questions, feel free to get in touch with Sonya Johnston, The Fermanagh Trust
Tel 028 6632 0210 www.fermanaghtrust.org

The King's Trust

We have so many **free courses for young people aged 16-30** and give them the tools to build their confidence, find a job or start their own business.

We reimburse travel costs for all our courses and can also support with childcare costs.

- Download our [June Flyer](#) for an overview of upcoming programmes.
- Check out our [Quick Guide](#) for details of how we help young people.

Home Fire Safety Checks for People at Risk

People living alone or in rural areas have a higher risk of fire in their home. During a Home Fire Safety Check, firefighters can call to your home and provide fire safety advice.

If you have friends, family or neighbours living alone make them aware of these fire safety measures. Should a fire break out in the property, get out if safe to do so, stay out and dial 999 and ask for Northern Ireland Fire & Rescue Service.

For further information phone NIFRS HQ 028 9266 4221 or visit www.nifrs.org

Help us improve access to NISRA statistics and research

The Northern Ireland Statistics and Research Agency (NISRA) invite you to take part in a short user feedback survey.

We want to better understand:

- how people find and access our statistics and research, and
- what we can do to make this information easier to find, understand and use for everyone.

Your feedback will help shape improvements to how we present and share evidence that supports public understanding, decision-making and policy development across Northern Ireland.

The survey takes only a few minutes to complete and is completely confidential

Take part here: [NISRA user survey – Fill in form](#)

For further information email: census@nisra.gov.uk or telephone 028 9025 5156

WHSCT Recovery College

Free courses on mental health and emotional wellbeing that run in Derry/Londonderry, Enniskillen, Limavady, Omagh and Strabane.

[Autumn/Winter 2025/26 prospectus](#)

Our workshops are **free** and open to absolutely everyone – carers and supporters, people with or without a mental health diagnosis, staff, students – anyone who wants to improve or maintain their mental health and emotional wellbeing. We keep things informal and relaxed, and all workshops have been written and are delivered by people who have lived experience alongside mental health professionals so students get the lived and learned experience of the topics.

For further information or if you would like hard copies of the prospectus

T: 028 8225 2079 or E: recoverycollege@westerntrust.hscni.net

Western Trust Health Improvement, Equality and Involvement

A copy of our training brochure can be obtained at

<https://westerntrust.paagetiger.com/HIEITB2026/hiei-training-brochure-april-september-2026>

Any questions? email health.improvement@westerntrust.hscni.net or call 028 7186 5127

Inspire Wellbeing

FREE Building Resilient Young People interactive training workshop

The training workshop is part of the wider PEACE of Mind project but there is no obligation to take up the full programme.

Sessions are approx. 2 hours and focus on mental health & wellbeing –

PEACE of Mind is a fully funded programme for young people aged 11–25, offering practical wellbeing sessions led by trained Youth Facilitators. Our focus is simple:

- Create supportive environments
- Assist young people to make sense of what they're feeling
- Help young people develop tools they can use in everyday life.

Here's a quick overview of the main pathways we offer:

PEACE of Mind Programme

A six-week series of group sessions that help young people explore emotions, understand stress, and build resilience in a gentle, accessible way

Peer Mentor Training

For young people who want to build confidence and support others, this training helps them grow as leaders in a safe and supported environment

Building Resilient Young People

Training sessions that help you to notice when a young person you support might be struggling, understand how to respond safely, and also look after their own wellbeing at the same time

Tailored Delivery for Your Group

For groups with specific needs, we can adapt PEACE of Mind to fit your setting, timetable and the unique experiences of your young people

We'd love to offer this programme to young people in your organisation, especially if you're noticing increasing pressures on their wellbeing or if you're looking for additional wellbeing support that delivers meaningful and manageable change.

You can reply to j.groves@inspirewellbeing.org Telephone 07834 181303
or get in touch at [PEACE of Mind](#)

PEACE of Mind is a project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

Funding Opportunities

Shared Island Civic Society Fund - Call for Applications

Now open!

This is the 6th round of applications since its establishment in 2023.

All applications must be submitted through our Grant Application Portal [here](#).

Please note that our Grant Application Portal will not accept late applications and all applications must be denominated in Euro. All technical questions relating to the online Grant Application Portal can be sent to PortalAdmin@dfa.ie

For organisations interested in applying, full details of the Shared Island Civic Society Fund can be found on our website [gov - Shared Island Civic Society Fund \(www.gov.ie\)](http://www.gov.ie).

We have included a frequently asked questions document at the end of our [Who should apply and fund principles](#) section of our website which may be of assistance in drafting applications.

Any questions about the Fund that you cannot find in the FAQ may be directed to sharedislandcsfund@dfa.ie.

We will be accepting applications until Tuesday 2 June 2026 (at 11:59pm).

Maximising Community Space

A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB). The project is designed to empower community-based groups that own or manage community facilities, helping them unlock the full potential of these spaces as shared, inclusive, and welcoming venues.

For full information visit <https://ruralaction.co/what-we-do/maximising-community-space/>

Open for Expressions of Interest until Friday 19 June at 12 noon

Cash for Kids: Impact Grant and Holiday Hunger Grants

Impact Grants Scheme available to registered charities with an annual turnover less than £1 million. Schools, community organisations and other grassroots groups are eligible to apply. Funds will support children and young people (up to and including 18 years old) living in their community affected by poverty, abuse, neglect or those with additional support needs.

Holiday Hunger Grants available to organisations and service providers who support children and young people (up to and including 18 years old) that have a genuine need for support, are disadvantaged due to poverty, the increase in the cost of living and face food insecurity.

A Cash for Kids grant is typically from £1,000 to £3,000.

Visit [Cash for Kids: Impact Grants and Holiday Hunger Grants accepting applications](#)

No time period/deadline published

Safefood: Community Food Initiatives (CFI) Innovate Funding

CFI Innovate will fund organisations to deliver one-off projects where participants are supported over a period of time or other innovative initiatives using food as a vehicle to address key health and social concerns. Interested organisations can apply for funding up to a maximum of €1,500 or the sterling equivalent to deliver a project in their local area.

Visit [Safefood: Community Food Initiatives \(CFI\) Innovate Funding](#)

Applications reviewed on a rolling basis

Rural Micro Capital Grants Scheme 2026

Now Open!

Omagh Forum for Rural Associations and Fermanagh Rural Community Network are delighted to let you know that the Rural Micro Capital Grants Scheme 2026 is now open for applications, **closing at noon on Monday 22 June 2026.**

This Scheme is funded by the Department of Agriculture, Environment and Rural Affairs under the Tackling Rural Poverty and Social Isolation Programme and is being delivered in the Fermanagh and Omagh area by Omagh Forum for Rural Associations and Fermanagh Rural Community Network.

Guidance and Online Application Form Links are available here

<https://www.daera-ni.gov.uk/services/rural-micro-capital-grants-scheme-rmcgs-202627>

Key objectives

The Rural Micro Capital Grant Scheme 2026 has been designed to:

- Help rural community-led, voluntary groups to address local issues of access poverty, financial poverty, and social isolation
- Improve the lives of rural communities, and in particular the wellbeing of isolated individuals and
- In line with the draft Green Growth Strategy for Northern Ireland provide opportunity to community-led, voluntary groups to implement energy efficiency measures / environmental improvements.

The Grant Scheme

Micro Capital grants between £500 and £2,500 are available to rural community-led, voluntary organisations for projects tackling issues of local poverty and / or social isolation, and / or implementing energy efficiency measures / environmental improvements.

Projects must focus on one of the following four themes:

- Energy Efficiency* / Environment Improvement**
- Modernisation (of building(s) / assets)
- Information Communication Technology (ICT)
- Health and Wellbeing

The Rural Micro Capital Grant Scheme can offer grant aid from 50% up to 85% of the total eligible cost of your project. NB: The total project cost must not exceed £5,000. Match funding for your contribution of at least 15% must be in the form of a 'cash' contribution. Labour or 'in-kind' contributions will not be accepted.

In order to ensure that as many groups as possible get the opportunity to benefit from this Scheme, organisations can only make one application to the Scheme.

*To encourage local communities to implement energy efficiency / environmental improvements eligible costs may include, e.g., draught proofing, double glazed windows, change of lighting to LED, light sensors/timers, insulation, replace kettles with a water boiler.

**Environmental improvements eligible costs may include the purchase of 100% gardening equipment, e.g. tunnel kits, pots, spades, hoes and raised beds. A maximum 15% of the overall project costs may be used to purchase plants, trees, hedges, flowers etc. (Plants / shrubs / flowers must be perennial, i.e. plants that live multiple seasons).

Application form and guidelines are available by registering at the following link:

<https://www.daera-ni.gov.uk/services/rural-micro-capital-grants-scheme-rmcgs-202627>

Both Omagh Forum (028 8225 1559) and FRCN (028 6632 7006) are always available to answer any queries you have on the application process.

Ending Violence Against Women and Girls (EVAWG)

Randal Foundation Small Grant programme

The grants support small, grassroots initiatives working to strengthen communities across Northern Ireland.

This opportunity may be particularly relevant to organisations engaged in prevention, community support, and work aligned with the Ending Violence Against Women and Girls strategy.

Full details, including eligibility criteria and how to apply, are available here:

<https://communityfoundationni.org/grants/the-randal-foundation-small-grant/>

You can sign up to EVAWG's mailing list for updates on future events and information by emailing evawg@executiveoffice-ni.gov.uk

Ongoing – No Deadline

Eden Project

Apply for £20 food voucher to bring people together in June

Organise something small or combine with other plans – we recognise it's difficult to make ends meet but it makes a massive difference when neighbours and communities get a chance to meet.

Apply for voucher at <https://www.edenprojectcommunities.com/the-big-do/co-op-vouchers-for-your-event>

Background

The Big Lunch and The Big Help Out are teaming up on 5-8 June for a weekend of friendship, food, fun and action – and everyone's invited! It's one big do - a chance to meet, eat and lend a hand locally in the biggest celebration of community.

Big or small, what you do is up to you – a BBQ with the neighbours, a local litter pick or helping a good cause for the day - we can all do something!

It's easy, it's fun and it's for everyone - so what will you do?

You can get all the ideas and free resources at www.thebigdo.com

Voucher additional information

You do not need to be a constituted group to apply – this allows neighbours, staff etc to access a little help too. Note if you register for news updates there will also be a discount food code in Late May to also help with your food purchases.

<https://www.edenprojectcommunities.com/the-big-do/co-op-vouchers-for-your-event>

For further information visit:

[Eden Project Communities Scotland](#)

[The Big Lunch Northern Ireland](#)

Sign up to our [newsletter](#) and follow us on Facebook