

What's YOUR Game?

Club & Coach Education Programme

The 2018-2019 'What's your Game' Coach Education programme provides opportunities for coaches, volunteers, leaders and officials to attain additional or new coach education or governing body qualifications. There are also opportunities for athletes to examine how they can improve performance from looking at the experiences of workshop facilitators.



Sport NI Clubmark scheme

Sport Northern Ireland works with a range of Councils and Governing Bodies of sport to deliver this junior sports club accreditation programme. The programme aims to identify, develop, accredit and recognise high quality junior sports clubs and the contribution that they make to the development of sport in Northern Ireland. Junior sports clubs can achieve Clubmark NI accredited status by meeting minimum operating standards in the areas of:

- Effective Management;
- Quality Coaching; and
- Competition Safety in Sport.

Courses which carrying the "Clubmark" symbol indicate those courses that clubs are required to attend in order to attain the Sport NI Clubmark award.



North West Coaching Network

The North West Coaching Network supports clubs in the North West Region (Derry/Londonderry, Strabane, Omagh and Fermanagh) to deliver quality coaching, to upskill coaches as well as helping improve club governance and good practice.

For further details please visit www.northwestcoaching.com

How to register to attend a "What's Your Game?" course

To register on any of the 'What's your Game?' courses, please go to; www.fermanaghmagh.com/residential-services/leisure/whats-game-club-coach-education-programme/

Alternatively, please complete and return an application form with the appropriate payment to:

Billie-Jo Irwin,
Fermanagh and Omagh District Council,
The Grange,
Mountjoy Road
Omagh, BT79 7BL.

Application forms are available from Omagh Leisure Complex, Fermanagh Lakeland Forum, Bawnacre Centre, Castle Park Leisure Centre, Public Services Centre, Omagh, The Townhall, Enniskillen and The Grange, Omagh.

Financial Support / Grant Aid Applications

The Council provides Every Body Active 2020 grant aid to voluntary clubs, societies, community and sporting organisations. The groups must be based in the Fermanagh and Omagh District Council area and to be eligible for coach education costs, the club and coach attending the course must deliver a programme that is additional to the training they already provide.

Applications for funding for the new financial year, 2018/19 will open in September 2018. Please contact the Funding and Investment unit of the Council: Telephone: 0300 303 1777 Email: grants@fermanaghmagh.com

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Safeguarding Children and Young People

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. This course is important for all adults involved in children's sport, but it is particularly recommended for Coaches, Leaders, Administrators and Officials.

Venue	Date	Time	Closing Date	Cost
Omagh Leisure Complex	Wednesday 12 Sept 2018	7pm - 10pm	5 Sept 2018	£10



Ultimate Frisbee Foundation Course

This course is aimed at teachers and youth group leaders and explain the fundamentals of ultimate - skills, techniques, concepts and application of self-refereeing. Fully practical session.

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 26 Sept 2018	7.30pm - 9.30pm	21 Sept 2018	£10



Welcome to Cricket Coaching course

This Cricket Ireland Course is a starting point for people to get into Coaching. The one-day course is ideal for Primary/Secondary School Teachers, volunteers, assistant coaches within junior club teams. Participants would be expected to develop their own coaching practices, principles and philosophies on coaching; Further development of small-sided games and drills specific to cricket; Offers options on the 'type of practice' that can be done e.g. fixed, variable, game-based learning; Develops understanding to the needs of the players; Raises awareness of dealing with poor behaviour; Shows coaches how to deliver 60 minute long sessions; Introduces coaches to the "Coach's Toolbox" e.g. Instruct, Explain, Demonstrate, Analyse, Evaluate, Feedback, Questions, Praise.

Venue	Date	Time	Closing Date	Cost
Castle Park Centre, Lisnaskea	Saturday 29th Sept 2018	10am - 4pm	24 Sept 2018	£25



First Aid for Sport

Course includes Epi Pen Training

This workshop is aimed primarily at coaches and leaders, who deliver training sessions, attend matches and manage teams. The core programme covers the role of a sports first aider, management of medical emergencies, management of sports injuries, basic life support and defibrillator training.

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 3 Oct 2018	6pm-10pm	28 Sept 2018	£20



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Netball Level 1

This course is the second step on the coach education pathway where candidates are assessed and certification awarded based on achievement of competencies. The target population are active coaches within schools, clubs and other settings with potential to progress up the netball pathway. Each day is a full day including both theory and practical work. (All 3 day must be attended.)

Venue	Date	Time	Closing Date	Cost
Omagh Leisure Complex	Sat 20 Oct; Sat 10 Nov & Sun 11 Nov 2018	10am - 5pm	12 Oct 2018	£25



Kevin Gallagher's Movement Masterclass

This masterclass will focus on the youth athlete, demonstrating how continued purposeful movement skill practice should optimise coordination, strength, joint stability and muscular flexibility as the athlete 'growth-spurts' their way out of childhood into adolescence. The workshop will highlight how positive functional movement will fine-tune your motor-skills and will be reflected in improved stability, balance, agility and power.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Wednesday 24 October 2018	7pm - 9pm	19 Oct 2018	£5



Nutrition Seminar - Sharon Madigan

This workshop will provide the fundamentals of sports nutrition and how to apply these in a practical matter. The session will provide the theory of nutrition, case study examples and practical demonstrations. There will be opportunity for Q&A and you can apply the information directly to your sport.

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 14 Nov 2018	7pm - 9pm	29 Nov 2018	£5



Shuttle Time - Badminton Course

The BI Shuttle time qualification is designed to be the first step on the ladder to becoming a coach. It is aimed at assistant coaches in clubs, and school teachers who wish to deliver badminton in their schools. Shuttle Time will give participants a basic knowledge of the coaching process.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Saturday 24 November 2018	10am - 4pm	19 Nov 2018	£25



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Boccia Leaders Award

This course introduces the necessary skills and knowledge required to be an effective boccia leader within your community. Through a combined approach of theory and practice the award introduces participants to the basic rules of boccia and how to structure a fun and creative activity plan for leading a session in accordance with health and safety requirements. There will be guidance on how to teach the basic skills to players whilst having an awareness of individual's needs. The award will also cover the existing competitive structures that enable individuals to progress in the sport.

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 5 Dec 2018	7pm-10pm	28 Nov 2018	£20



Safeguarding Children and Young People

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. This course is important for all adults involved in children's sport, but it is particularly recommended for Coaches, Leaders, Administrators and Officials.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Wednesday 16 Jan 2019	7pm - 10pm	11 Jan 2018	£10



Skills Development in Team Sports Workshop

This workshop, delivered by Scott McNeill, Performance Coach Developer for GB Hockey, will provide an insight into how a governing body supports coaches to create rich learning environments and in turn how coaches take this theory and put it into practice. It is hoped that the workshop will initiate discussion on how to enhance skills in their own sport looking at best practice which can be transferred across the sports. Workshop includes Representative practice design; The importance of variability; Chaos: too much or too little; Purpose of practice; Perception action coupling; Principles of the game(transferable); What GB Hockey means by Golden Thread; What GB Hockey and Danny Kerry means by Thinking Thursdays; Constraints led approach; Repetition without repetition

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 6 Feb 2019	7pm – 9pm	1 Feb 2019	£5



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Club Structures - CASC

This workshop talks about the way a club is legally structured and the significant impact on club leaders, both personally and the club itself. Get it right and the club can be run effectively and benefit financially. Get it wrong and there could be significant financial and other implications for a club and its entire membership. This workshop covers: Why getting the correct structure is important; The types of legal structure and the Pros and Cons of each; Why become incorporated; Other forms of status CASC, Charity, etc; Examples of how clubs have structured themselves and the process of changing your clubs structure.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Wednesday 26 Feb 2019	7pm – 9pm	22 Feb 2019	£5



FUNDamentals of Movement

This workshop will equip your coaches with the knowledge and confidence to incorporate key fundamental movement skills elements into every one of their sessions - irrespective of the age group they coach. It uses as its framework the latest evidence-based research that isolates which movements and competencies children should master at particular stages in their development, right through to adulthood, in order to become physically confident.

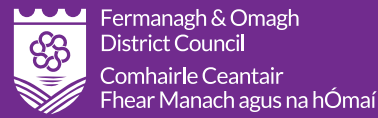
Venue	Date	Time	Closing Date	Cost
Castle Park Centre, Lisnaskea (delivered outdoor)	Wednesday 13th Mar 2019	7pm - 10pm	8 Mar 2019	£10



Designated Safeguarding Children's Officer

This workshop is aimed primarily at Designated Safeguarding Children Officers' within sports clubs. The training provides them with an understanding to assist in their role of safeguarding children in their club. The outcomes of the course include, understanding the legislation that pertains to safeguarding in sport and the implications for a junior sports club, identifying the roles and responsibilities of key personnel/agencies, responding to a range of situations that gives ground for concern, applying skills learnt to report and manage cases of poor practice and abuse, review the proposed "Getting It Right" action plan or the development and roll out for Standards for Safeguarding within your club. Attendees MUST have attended 'Safeguarding Children and Young People in Sport' prior to attending this workshop and must be over 18 years of age.

Venue	Date	Time	Closing Date	Cost
Bawnacre Centre, Irvinestown	Wednesday 20 Mar 2019	7pm - 10pm	15 March 2019	£10



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September 2018 – March 2019