

# ONside

creating community connections

The ONside project aims to improve the health and wellbeing of disabled people\* through increasing their social and digital involvement in the community.

Over a six-month period, we will deliver person-centred support to:

- increase your community connections both digitally and socially.
- attend a digital skills programme which will train, equip and support you to become connected online.

The ONside project offers participants independence, choice and control.

\*over 16 years old



**For further information:**

 **028 9029 7880**

 **info@onsideproject.org**

 **www.disabilityaction.org/onside**

 **@ONsideccc**

 **@onside\_project**

 **@onside-project**



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