

The ONSIDE project aims to improve the health and wellbeing of disabled people* through increasing their social and digital involvement in the community.

Over a six-month period, we will deliver person-centred support to:

 increase your community connections both digitally and socially.

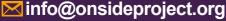
 attend a digital skills programme which will train, equip and support you to become connected online.

The ONSIDE project offers participants independence, choice and control.

*over 16 years old

For further information:





www.disabilityaction.org/onside







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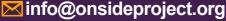
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