

Fermanagh & Omagh District Council Community Support News – December 2019

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 / alison.gilmore@fermanaghomagh.com

The deadline for the next Newsletter is Thursday 12 December

Council News & Events



Seasons greetings from the Community Services Team,
Fermanagh & Omagh District Council
wishing you a prosperous and peaceful 2020

Rural Business Development Grant Pilot Scheme

Capital grants up to a maximum of 50% grant rate are available to existing micro enterprises based in a rural area to support them to sustain or grow through DAERA's Tackling Rural Poverty and Social Isolation (TRPSI) Programme.

The scheme closes for applications at 12 noon on **Wednesday 18 December**.

Grant aid of between £500 – £4,999 is available for projects costing up to £20,000.

For further information see <https://www.fermanaghomagh.com/services/business-services/rural-business-development-grant-pilot-scheme/>

Community Planning Statement of Progress

A Community Plan for our district was published in 2017 and an action plan in March 2018.

Community Planning legislation requires that councils report to the public every 2 years highlighting progress on outcomes achieved and actions taken. The full interactive Statement of Progress is available at <http://bit.ly/FO2030StatementOfProgress> where you will find everything you need to know about Community Planning and its progress since 2015. A short 'summary' has been printed which includes an update on all indicator data and progress of actions. The printed summary will be available throughout all public buildings in the district next week. For more information on Community Planning and to see how you can get involved, please contact the Community Planning Team on 0300 303 1777

or email community.planning@fermanaghomagh.com

Free Santa Suit Hire - Community Groups can hire a **Santa Suit** free of charge for Community Events. Please contact the Community Services Department on 0300 303 1777 to book. All requests dependant on availability - it will be the responsibility of each Group to collect and return it the following day. Note that we cannot provide beards with the suits for Health and Safety reasons - these can be purchased locally for very little cost.

Calling all Community Bands, Choirs, etc

Fermanagh and Omagh District Council is now taking bookings for bands, choirs, etc who would like to perform over the Christmas period **in Enniskillen and Omagh Town Centres.**

Slots are available at various times throughout the day and evening from Saturday 7 December to Monday 23 December.

Please contact Alison Gilmore, Community Services Department on 0300 303 1777 ext 21217 **by Friday 6 December** if you wish to book a date.

Free Photography Programme at Enniskillen Castle Museum

Fermanagh: Then and Now

Public Record Office Northern Ireland and The Nerve Centre are thrilled to bring our Women in the Archives community engagement programme to Fermanagh.

Join us at Enniskillen Castle Museum for a **free**, week-long programme where you will gain skills in photography and research, visit the official archive for Northern Ireland and explore local history.

No previous experience is required, and the programme is open to anyone aged 16+. All genders welcome. Availability to attend all five days, **2-6 December** (10am-3.30pm) is required.

Places are limited and you can sign up here <https://womeninthearchives-fermanagh.eventbrite.co.uk/>

If you have any questions, don't hesitate to get in touch with laura.aguiar@communities-ni.gov.uk Tel 028 9053 4829

Key Dates for your Diary

December 2019	
Wednesday 18	Rural Business Development Grant Pilot Scheme closes for applications
Tuesday 31	New outdoor recreation survey closes
January 2020	
Friday 17	Closing Date for Applications for T:BUC Camps Programme
Friday 17	Closing Date for Nominations for Fermanagh and Omagh Sports Awards
Tuesday 21	Funding Fair, Omagh
Thursday 23	Funding Fair, Enniskillen
March 2020	
Friday 6	Age Friendly Conference

Upcoming Exhibitions at Strule Gallery, Omagh

1 FT SQ

All are welcome to the Opening of the annual 1 FT SQ Exhibition on:

Thursday 5 December in Strule Arts Centre, Omagh at 7pm. It runs until Saturday 4 January and then opens on

Thursday 9 January in Waterways Ireland, Enniskillen at 7pm and runs until 1 February.

200 Words and One Picture by Towards Understanding and Healing

All are welcome to the Opening on **Friday 10 January** at 7pm, which features a diverse range of short stories and photographs from people from right across the Derry/Londonderry City and Strabane District Council area. These words and images remind us of the potential that each of us has for creating a different story, a fresh narrative, one of healing and renewal.

Free event - Tuesday 14 January 11am: A conversation with participants in the 200 words and one picture project.

For more information, email culture@fermanaghomagh.com

Little Culture Explorers Programme

Fermanagh & Omagh District Council has recently developed the “Little Culture Explorers” programme, a free educational resource designed to complement and enhance the provision of multi-cultural education for young children in the area.

This programme provides voluntary, community and statutory pre-school childcare providers with the opportunity to avail of a multi-cultural play resource box for a month, free of charge.

The Little Culture Explorers programme is designed to help young children experience other cultures and languages in a fun way through stories, music, jigsaws and play figures with a view to helping them better understand other cultures and customs and the diversity of the people of the district.

Fermanagh and Omagh District Council, through its Good Relations programme is committed to promoting equality and good relations for everyone in the district placing equality, inclusivity and diversity at the core of all of the Council’s services and actions, as it strives to work towards achieving a shared future. The Little Culture Explorers programme, supports the aspirations of the Council in supporting its commitment to improve relations and mutual understanding between and within communities across the Council area.

The Council delivers the Good Relations Programme as part of the NI Executive Office’s wider ‘Together: Building a United Community (T:BUC)’ Strategy. It is funded jointly by the Executive Office and the Council.

For further information on the “Little Culture Explorers”, please contact Fermanagh and Omagh District Council good relations section by telephone on 0300 303 1777, textphone 028 8225 6216 or by e-mail at goodrelations@fermanaghomagh.com

New outdoor recreation survey

FODC is seeking views from users of the 46 walks which they have on their walk cards. Anyone who completes a walk is asked to let us know what they thought of it by clicking on the survey link below. A list of walks is also available via <https://www.fermanaghomagh.com/residential-services/leisure/council-launches-unique-series-walking-cards/>

Link for the online survey, which closes on **31 December**, is

<https://consultations.nidirect.gov.uk/sport-ni/survey-for-trails/>

Please Email countryside@fermanaghomagh.com for any additional information.

Coach Education 2019 – 2020

Fermanagh and Omagh District Council has developed a series of courses and workshops aimed at promoting excellence in local sports as part of its innovative Coach Education Programme for 2019 – 2020.

The Coach Education Programme, which also includes First Aid Training for Sport and Club Coach Sessions which have been organised in partnership with Sport Northern Ireland (Sport NI), provides local sports clubs, coaches and volunteers opportunities to further develop their knowledge and understanding across a range of topics and disciplines.

For further information regarding the Coach Education Programme 2019 – 2020, please contact Chris Elliott, 0300 303 1777 or chris.elliott@fermanaghomagh.com

<https://www.fermanaghomagh.com/residential-services/leisure/whats-game-club-coach-education-programme/>

Fermanagh and Omagh Sports Awards for 2019

Organised by the Sports Forum on behalf of Fermanagh and Omagh District Council, the Awards – open for nominations – highlight and celebrate the achievements of athletes and teams from the Council District during 2019. The Sports Forum is now accepting nominations for the awards from members of the public, who are being encouraged to spring into action!

All nominations must be received by 5pm, Friday 17 January.

For full details visit <https://www.fermanaghomagh.com/article/on-your-marks-get-set-go-fermanagh-and-omagh-sports-awards-for-2019-are-up-and-running-for-nominations/>

Community and Voluntary Sector Register

Has your organisation registered their details? Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require. You can download a registration form and receive further information on how we process your data on the Council website <http://www.fermanaghomagh.com/residential-services/community/community-register/>. Alternatively you can contact Community Services on 0300 303 1777 to speak to an officer who will send you a registration form and assist you with any questions you may have, or email alison.gilmore@fermanaghomagh.com for a copy of the new registration form.

Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, please email communitysupport@fermanaghomagh.com

Community Support Officer Areas

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action. Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163>

Community News

Cancer Connect NI

Magical Winter Wonderland

Supported by Enniskillen BID

Progress on this year's great WinterWonderland is ploughing on ahead!!

You will see the fabulous signs around Enniskillen that the elves have put up, and the WinterWonderland facebook page <https://www.facebook.com/CCNIwinterwonderland/>

The Polar Express is being shined and polished for the children, and the Station at Holyhill is up and being decorated by those same elves. Mrs Claus is getting her refreshments ready, and we're all hoping for snow!!

Thanks, and congratulations, to all our WinterWonderland supporters who have bought tickets! The WinterWonderland, as well as being a fantastic occasion for children and families, is one of our major funding supports for CancerConnect and its work through the year.

Please let your friends know about WinterWonderland and how they can buy tickets as well!

<https://www.facebook.com/CCNIwinterwonderland/>

<https://bit.ly/2IRsZv7>

Thank you again for all your support for CancerConnect and the fabulous WinterWonderland! We are looking forward to seeing you all again this year!!

Linking Generations NI

Sing a Song for Santa

Win a visit from Santa and hamper of presents! Get a group together of different generations, sing and record a video. These will be uploaded to Facebook and the winners will be the video with the most likes. They will receive a visit from Santa delivering a hamper and some presents! Full details available via <https://linkinggenerationsni.com/portfolio-posts/singasonforsanta/>

Public Opinion Workshops –

Department of Health's Review of Urgent and Emergency Care

There is an opportunity for the public to help shape thinking in the Department of Health's Review of Urgent and Emergency Care.

There are targeted workshops for older people, those living with mental health issues, children and young people and their carers and advocates.

As these are targeted sessions, times and venues are profiled during the registration process depending on the workshop the individual is interested in attending (older people/mental health/children and young people).

The link for information and to register is: <https://patientclientcouncil.hscni.net/get-involved/make-change-together/> or call 028 9536 0210

Public Health Agency

Building Community Capacity to Address Health Inequalities across Northern Ireland

Building on previous engagement carried out by the PHA in 2018 to seek views on how Community Development approaches could support the transformation of our Health Service; this further engagement will help inform a consultation on how future services should be shaped to contribute to improved health outcomes.

This is a critical step in contributing to the development of a PHA commissioning plan for future community development infrastructure and is underpinned by a commitment to co-design and co-production.

If you would like to contribute to this process, please email cdconsultation@hscni.net.

An online questionnaire will be made available upon request.

Please note this period of consultation will remain open until **Friday 13 December**.

Community Family Support Programme

Networking Coffee Morning

Monday 2 December, 10.30am-12.30pm

B18 Omagh Enterprise Centre

Meet the CFSP team and find out what support we can offer to you and your clients to get into Education, Training and Employment.

RSVP maevedonaghy@customizedtraining.co.uk

Community Bike Ride

Saturday 7 December, Kesh

Click on <https://www.axacommunitybikerides.com/rides/kesh-leisure-winter-cycle-5da9cb7130f919.96831888> for more information/to register

Fermanagh CCE County Board

Youth Session

Sunday 8 December, 5-7pm, Gaels Club, Brewster Park, Enniskillen.

Special Guest is Claire McGrath. All young musicians welcome (you don't have to be a CCE member) - wear Christmas hats and jumpers.

These sessions will continue on the first Sunday of each month from February to May 2020.

Fermanagh Fleadh Fundraising Extravaganza Concert

Friday 3 January, Killyhevlin Hotel

Doors open at 7pm; concert at 8pm. This event will showcase the best of Fermanagh's finest traditional musicians and singers including this year's All Ireland Fleadh winners.

MC Martin Donohoe.

Tickets £10stg each available from the hotel reception

or ring County Board Chairperson Bernie McNulty on 028 6865 9081

Amazing Multiples

Free monthly group in Cathedral Hall, Enniskillen

Home-Start Lakeland are calling all preschool Fermanagh twins, triplets and more.

10am-12 noon **Wednesday 11 December**

For little ones - Come along for play activities and a snack.

For parents - Sit down, have a cup of coffee and link in with people who understand what it's like to parent twins and more.

Information on speech & language, potty training, benefits & other parenting issues.

Parents expecting twins or more are very welcome.

Find out about parenting services and support locally

To find out more or to register, contact Diane on 028 6634 6818, or contact the Home-Start Lakeland office email info@homestartlakeland.com

This project has been supported by Fermanagh and Omagh District Council

RNIB Northern Ireland

We're looking for volunteers who have a passion about the possibilities technology brings to people's lives.

Could you spare a few hours a month to help someone with sight loss to get online, or set up their new phone, tablet or computer and make life that bit easier?

No prior knowledge is required - all you need is a passion to use your time and tech knowhow to support someone in your community.

Here is the link for our volunteering role:

<https://www.rnib.org.uk/volunteering/find-volunteering-opportunities-near-you/roaming-tech-support-ni>

For more information or to apply, contact Joanne Wilson (RNIB Technology for Life Coordinator) on 028 9032 9373 or email joanne.wilson@rnib.org.uk

Pharmacy First Service

Ask your pharmacist first for free and confidential advice and treatment for sore throats, colds or flu-like illness. Save time and avoid waiting to see a GP!

The Pharmacy First Service is a service whereby patients are encouraged to consult with a participating community pharmacy rather than their GP for a defined list of common conditions.

The pharmacist will give advice and (if appropriate) supply medication from an agreed formulary or refer the patient to the GP if necessary.

Medicines, when deemed necessary, are supplied **free of charge**.

Northern Ireland Blood Transfusion Service

Please check out <http://www.nibts.hscni.net/donating-blood/where-to-donate/> for Scheduled Donation Sessions. Telephone 028 9032 1414

Incredible support now being offered to those living with depression in Enniskillen

AWARE – the Depression Charity for Northern Ireland - is offering a support group for those living with depression, anxiety or bi-polar in the Enniskillen/Fermanagh area. This group is also open to those family members who care for someone living with mental illness.

The group meets in The Aisling Centre, Enniskillen, fortnightly on a Tuesday evening at 7.30pm. It is coordinated by trained volunteers from AWARE and is suitable for adults and is completely free to attend.

Artist Development & Young Musicians Opportunity

Moving on Music is currently offering two exciting opportunities for young musicians and emerging artists.

Open Call for the “Emerging Artist Programme 2019/20”

Application deadline Friday 6 December, 4pm

<http://www.movingonmusic.com/emerging-artist-programme-2019-20/>

Open Call for Young Musicians

Application deadline Friday 13 December, 4pm

<http://www.movingonmusic.com/open-call-for-young-musicians/>

If you require any further information, please do not hesitate to email niamh@movingonmusic.com or call 028 9024 8818.

The Great British Bake Off kneads you!

We're looking for a gourmet selection of amateur bakers to enter the tent for the eleventh series of The Great British Bake Off.

If you or someone you know could rise to the occasion, then why not apply now.

Visit www.applyforbakeoff.co.uk

If you would like any more information or help in applying, please do get in touch. You can call or text us on 07544 991 683.

Action on Hearing Loss

Come to our drop-in Hearing Aid Support Sessions held in Enniskillen, Belleek, Newtownstewart, Rouskey, Castlederg and Omagh. Hearing checks, hearing loss services advice, new batteries and ear mould tubing, help with cleaning, etc.

For details please contact Mary Cruickshank (Hearing Aid Liaison Officer)

Mobile 07918 767640 Email mary.cruickshank@hearingloss.org.uk

NI Drug and Alcohol Co-ordination Teams

Rapid Bins – Remove all prescription and illegal drugs – check out www.drugsandalcoholni.info for locations of all Rapid Bins.

Dry January – This year in addition to our Dry Wit Dry Comedy Nights we will also be hosting Music Cafés across Fermanagh and Omagh. Take the opportunity to improve your health and go dry for January. Further information will be posted in due course.

Anyone who lives and/or works in the Western Trust area and who registers with Western Connections by sending an email using [this link](#) (and includes their name and address) will be sent out a participants pack. The packs will include limited edition Dry January participants badges, fridge magnets, calendar and other items to help you through Dry January into Feel Good February. It won't cost you a thing (and some organisations in the past have used it as a fundraising opportunity for themselves) and the packs will contain some very useful resources.

Drug & Alcohol Forums – If you work within the Western area and would like to contribute to the Drug and Alcohol Forums in Omagh or Fermanagh please contact Western Connections Service to express your interest. Email connections@wdact.info

Cuilcagh to Cleanish

The date for Marion Maxwell's talk on Nixon Hall which was scheduled for 12 December has been changed. It will now be held on Thursday 23 January.

Further details available via email info@c2c.org.uk or Website www.c2c.org.uk

Free Trees from the Woodland Trust

We want to make sure that everybody in the UK has the chance to plant a tree so we're giving away hundreds of thousands of trees to schools and communities.

We are currently taking applications for March 2020 delivery. If you cannot wait until then, tree packs can be purchased in [our shop](#) all year round.

For more help and advice, [Tree Tools for Schools](#) has everything you need to plan, plant and care for your tree pack, whether you are a school or community group.

Full details available via <https://www.woodlandtrust.org.uk/plant-trees/free-trees/>

Free Business Support Programme from the Irish Central Border Area Network (ICBAN)

Spot-Lit is an exciting new project aimed at helping small businesses and cultural organisations to develop new products through Literary Tourism.

This opportunity will be of interest for sole traders, micro businesses, small and medium sized enterprises and cultural groups. All sectors of the local economy are welcome to apply to join this free programme.

Tap into the business potential of Literary Tourism

The business opportunities linked to the great writers of our Region (Yeats, Beckett, Wilde, Heaney, Friel, Kavanagh and many more) are still relatively under-developed. Spot-Lit can put your business on the Literary Tourism map with the following resources:

- 3 Introductory workshops in January 2020 to help you see if your business could benefit from the project
- For participating businesses, a year long support programme offering business support and mentoring
- Innovation Vouchers to the value of €10,000 per business for those developing a new Literary Tourism product or service
- Access to international markets linked to the project including those in Finland, Scotland, Republic of Ireland
- Our new digital app for mobile phones connecting your business to customers and other cultural attractions and businesses across the Region

To find out more about how your business can benefit from Literary Tourism watch the video here:

<https://www.spot-lit.eu/>

For more information about the opportunities for your business in Spot-Lit call Andy on 028 6634 0710 Mobile 07841 781161 or email: andy@icban.com

Invitation to Omagh ROC Conversation

Tuesday 14 January, 7pm

Drumragh Integrated College, 70 Crevenagh Road, Omagh, BT9 0GW

Redeeming Our Communities (ROC) are delighted to invite you to our upcoming ROC Conversation in Omagh on Tuesday 14 January.

ROC is a national faith-based community engagement charity with 195+ partnership projects meeting a range of social needs across the UK. Our mission of 'empowering people of goodwill to work together for safer, stronger communities' underlines all that we do. ROC works in partnership with churches, statutory agencies, community groups, charities, faith-based groups and residents to transform communities in innovative and meaningful ways.

ROC's considerable experience hosting over 180 ROC Conversation community engagement events across the UK, is both simple and effective. We bring together those who live, work and serve in the local community to celebrate the good work that is already taking place. Between us, we then determine where any gaps in provision may be and, critically, see what each person

present can offer to bridge the gap. The conversation always leads to action and positive change in the local community.

To book your free place, please RSVP at www.roc.uk.com/omagh. The event is open to all living, working or volunteering in the wider Omagh area.

For further information on the ROC Conversation, please do not hesitate to contact Keeva at northernireland@roc.uk.com or on 028 9035 1020.

Make a positive contribution to the Hate Crime Legislation Review

Hate Crime violates equality between people: you can help to stop it!

What is Hate Crime? - a criminal offence with prejudice, hostile, or hateful motivation towards a victim; or an incitement offence where certain actions are intended, or likely, to stir-up hatred or arouse fear.

Contact us now to share your thoughts, experiences and aspirations on how Hate Crime is currently dealt with, and how we could improve the way we deal with it in the future. All in the strictest confidence.

Our draft findings will be open for public consultation from 8 January to the end of March 2020.

As part of the consultation process, a local Public outreach event is planned for Enniskillen on **Thursday 16 January**. To attend, simply email registration@hatecrimereviewni.org.uk with your name or alternatively contact the Review Team Office.

Registrations are treated in confidence and the process is for event planning purposes only.

Telephone: 028 9026 1395 Email: enquiries@hatecrimereviewni.org.uk

Find out more at www.hatecrimereviewni.org.uk

Tara Centre, 11 Holmview Terrace, Omagh BT79 0AH

Tel: 028 8225 0024 email: info@taraomagh.com www.taraomagh.com

Christmas Meditation – Connect with the true meaning of Christmas

Maura Twohig and Mary Daly

Saturday 14 December, 3.30pm – 8pm (Registration from 3pm – 3.30pm)

Meditating Together

Self-Facilitated Group

Dates: Tuesdays (10.30am - 12pm)

(Open to anyone who has followed the Tara Centre Meditation/Mindfulness Course for Beginners)

The Executive Office Disability Action Plan

The Department has published its draft Disability Action Plan 2020 – 2025 and would like to invite stakeholders to comment on it. We would welcome comments by 14 February.

The Draft Disability Action Plan and the comments form have been placed on the Departmental website at

www.executiveoffice-ni.gov.uk/consultations/executiveoffice-disability-action-plan

If you have any queries please contact Peter Neill on 028 9052 8370.

Omagh Volunteer Centre

Please note our new address: Anderson House, 41C Market Street, Omagh BT78 1EH

Telephone 028 8224 0772

For a copy of our **latest newsletter** please visit <https://omaghvolunteercentre.org/newsletter>

Aisling Centre, 37 Darling Street, Enniskillen, BT74 7DP
Tel 028 6632 5811 Email info@theaislingcentre.com www.theaislingcentre.com

Mindfulness Monthly Drop in / Taster Sessions

Next MBSR 8 week course starting February 2020.

AA

3 meetings per week. For information contact the Aisling Centre – 028 6632 5811

ADHD

Adult support group. 1st Thursday of the Month 7pm – 9pm

For information contact Niall Greene or Emma Weaver

t: 07729618563 | 07724916770 | e: niaadhd@gmail.com

AWARE

Self-help support group for people affected by depression or bipolar disorder (manic depression).

Alternative Tuesdays 7.30 - 9pm. For information contact 0845 120 2961 e: help@aware-ni.org

Escapists

Support group for carers - Every Wednesday morning 10.30am – 1pm

For information contact Catriona Allen 07851 341466

Forget Me Not

Support group for people bereaved by suicide - 1st Monday of the Month 7.30pm – 9pm

For information contact Collette Cullen 07826 535199

Ethnic Communities Support Group

Free advice & advocacy service - Available by appointment, every second Tuesday 10am – 4pm

For information contact Karolina at OECSG on 028 8224 9750 Email: oe CSG2@yahoo.co.uk

Island Artists

Wednesdays 2pm – 4pm. Contact Maura Newman 07968 225704

Yoga

Mondays 6.30pm – 7.30pm. Contact Alasdair McKay 07776 290903

Thursdays 11.30am – 1pm. Contact Jenni Brown 028 8954 1994

Thursdays 6.30pm-7.30pm. Contact Christina Cornyn 07722 550040

Sport Relief is Back – and we need you

Whether you prefer trainers or hiking boots, netball or football, indoor court or outdoor pitch. It's game on for Sport Relief 2020.

Pick a challenge that gets your heart racing and raise wads of cash for some of our fantastic causes. Order your free fundraising pack – full of fun ideas, helpful tips and all the materials you need.

<https://shop.comicrelief.com/products/fundraising-pack?>

Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR

Telephone 028 6632 0210 www.fermanaghhouse.org

Ulster Wildlife presentation and discussion on 'Environmental Farming Scheme (Higher) grazing management and record keeping' on Monday 2 December, 11am-1pm. Aimed at Farmers in EFS and those hoping to join the Higher scheme (please bring your business numbers!)

Subjects to be covered: Stock type and farm habitat management, EFS stocking periods, dates and densities, DAERA 'ready reckoner' workshop, Grazing and other record keeping for EFS, Discussion, new members and Q&A's

Also: On Monday 16 December, 11am-1.30pm - A presentation and interactive workshop 'Christmas Wildlife Showcase' - Fermanagh's habitats and species'. This is aimed at Farmers in EFS and those hoping to join the Higher scheme (please bring your business numbers!)

The subjects being covered are: What wildlife do you value? Priority species that rely on Fermanagh farmland, National and international, populations - some context' Know your habitats-recognising wildlife rich countryside, Species identification and threatened wildlife, Discussion, new members and Q&A's

Early booking essential (refreshments provided)

Contact: Giles Knight on 07703 673 220 or giles.knight@ulsterwildlife.org or

Stephen Duggan on 07739 700 793 or Stephen.duggan@ulsterwildlife.org

Headway/Epilepsy Action Counselling Service - Epilepsy Action Northern Ireland and Headway, the brain injury association, are working in partnership to deliver community based counselling. The counselling service is for people affected by epilepsy and/or brain injury who are over the age of 18. This could include those affected, parents or those caring for someone affected. The service is free of charge, usually delivered for 50 mins a week over six to eight weeks. For further information contact Carla Smyth, Epilepsy Action Northern Ireland csmyth@epilepsy.org.uk or phone 07885 778585 or Johnny Turnbull, Headway Brain Injury Association johnny.turnbull@headway.org.uk or phone 07826 909110

New Epilepsy Support Group – 3rd Wednesday of every month starting 22 January, 11am-12.30pm. No booking needed, just turn up on the day. For adults affected by epilepsy and/or brain injury, carers, parents.

Free Stress Control Classes – open to everyone. 6 week programme every Tuesday from 4 February to 10 March 6.30-8pm. Contact Roisin.Laverty@westerntrust.hscni.net
Come along and bring a friend.

St John's Ambulance – 1 Day First Aid course on 22 January, 9am-4pm. Further details/to book <http://www.sja.org.uk/sja/training-courses/first-aid-courses/search-for-training-courses.aspx>

Recovery College –

Wednesday 4 December - Coping with Christmas 10.30am-12.30pm

For further details and booking tel 028 7129 6183

or Email recoverycollegewest@westerntrust.hscni.net Website link bit.ly/Prosp2019

'Tiny Life' Support Group – 10.30am-12.30pm every 4th Thursday of the month. Tiny Life is Northern Ireland's only premature and vulnerable baby charity; they are dedicated to reducing illness, disability and death in babies born here and providing support for families who have been affected by such circumstances.

For further information please contact Bernie Carlton on 028 9081 5050 or 07702 684873, Email info@tinylife.co.uk or go to <https://www.tinylife.org.uk/>

Dunlewey Gambling Support Service – Mondays 10am-4pm. Free and confidential advice, information and counselling for adults over 18 who are directly or indirectly affected by problem gambling issues. For further information please contact 028 9039 2547, Free gambling helpline 0800 0886725 Website: www.dunlewey.net

Meghan's Yoga Classes – Mondays 6.30-8.30pm, Tuesdays 5.30–6.30pm, Thursdays 11am-12 noon. For further details/booking tel 07837 562516 or email nutt_meggs@hotmail.com

U3A Choir - 1st & 3rd Tuesday of each month 11am-12.30pm;
U3A General meeting - 2nd Monday of the month 11am-12.00pm;
U3A Poetry group - 1st & 3rd Monday of the month 2–3.30pm;
For further information see <https://u3asites.org.uk/erne/page/71430>

Family Mediation – assist families experiencing the trauma of separation. Appointments available Monday and Thursday mornings. Call 028 9024 3265 or email enquiry@familymediationni.org.uk

Sarcoidosis Support Group – meet regularly. For further information contact WendyWatson27@yahoo.com

St Michael's Bridge Club – meet Monday evenings. Play starts promptly at 7.45pm. Visitors welcome. For further details contact Susan Henshall at 028 6634 1676

Fermanagh Genealogy Centre - Volunteers meet for training on the second Tuesday of the month, 7-9pm. If you are interested in volunteering at the Fermanagh Genealogy Centre you can call into Enniskillen Castle Museum when we are open Mon, Wed, Thurs 2-4pm and we will show you around. If you wish to join as a member to attend our talks & trip program, email us at fqc2012@hotmail.com

Drinkwise Age Well run a support group on Wednesdays from 1.30-3.30pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

Autism NI Support Group meet from 8-10pm on the 4th Tuesday of the month. For further information contact Michelle Higgins 07834 484229

The Macular Support Group meet 3rd Wednesday of the month from 11am-1pm. For further information contact Doris Cutler on 028 6634 1404

The Downs Syndrome Support group meet 1st Wednesday of the month from 8-10pm. For further details contact Catherine Dunne on 028 6638 8409.

Victim Support – a charity supporting people affected by crime - not part of the police, courts or any other criminal justice agency. Appointments available via 028 9024 3133 or email info@victimsupportni.org.ni

Addiction NI – A registered charity providing treatment and support for people who are dependent on alcohol or drugs. Also give confidential support for people affected by someone else's drinking or drug use. Tel 028 9066 4434 or email enquiries@addictionni.com

Devenish Partnership Forum

Now Recruiting young people aged 14-17 for The Heroes Project starting January/February

Take part in residentials, Field trips, learn to cook/bake, gardening, CV Building, Mentoring, Arts and crafts, Informative workshops and many more.

Everything is free of charge.

The content of the programme focuses on three main topics - Personal Development, Good Relations and Citizenship

The Heroes Project is funded by Peace IV / SEUPB and in partnership with the Devenish Partnership and MENCAP NI.

Interested? Call Jamie on 07394 239943 / 028 6632 7808

devenishpartnershipjamie@outlook.com

PEACE PLUS Programme Stakeholder Events

This is a new EU cross-border programme that will contribute to a more prosperous and stable society in Northern Ireland and the Border Region of Ireland.

The programme will achieve this by funding activities that promote peace and reconciliation and contribute to the cross-border economic and territorial development of the region. It will build upon previous PEACE and INTERREG Programmes. We are seeking your input to help shape the content of this programme.

A series of information events are taking place between December 2019 and February 2020, running from 6pm-8pm, with registration from 5.30pm. Visit <https://seupb.eu/peaceplus>

The stakeholder engagement process will start on 10 December and end on 25 February.

If you would like additional information, please email PEACEPLUS@seupb.eu

Training Opportunities

Digital Citizen Project

Free Events in Omagh Library

Monday 2 December

Scam Awareness – Handy tips on how to avoid scams and stay safe online
Digital eClinics – Learn about library eServices and general advice in a 1-1 setting

Booking Essential. Tel 028 8244 0733; email digitalcitizen@librariesni.org.uk

Free Farm Family First Aid Session

Thursday 12 December, 7pm - Omagh Enterprise Centre

Each session lasts for 3 hours and we have a few open dates scheduled already but we can also provide training for private groups, i.e. young farmers, community groups, wholesalers etc at locations and times that suit them.

Also, every individual who attends the training will receive a free first aid kit to take away with them.

This is a brilliant training opportunity which has improved safety levels on Farms and provides vital information which can be life-saving should the situation or emergency arise.

For further information and to book contact yasmin@ghskills.com or niamh@ghskills.com
Telephone 028 8225 6772

Level 1 Award in the Fundamentals of Health Care

The qualification is targeted at potential learners who are either working in, or who want to work in, a health care assistant role.

Learn to:

- Understand the role of the health care assistant.
- Be able to support good hydration and nutrition.
- Be aware of learning disabilities, mental ill health and dementia.
- Be able to work in a person-centred way.

Bonuses Include:

- Mental health first aid awareness.
- Manual Handling.
- First aid (Free first aid kit on completion)
- Safeguarding.
- Meet potential employers.
- Support getting a job.

Develop your skills and confidence by undertaking this Qualification with the Community Family Support Programme. Call 07739 651536 or email maevedonaghy@customizedtraining.co.uk for more information. T & C applies.

Community Development and Health Network
Working together to build healthier communities

Free Elevate training in the Fermanagh and Omagh area

Focusing on community development as a way to reduce health inequalities, this training is for anyone with an interest in community development and health inequalities including staff and volunteers in voluntary organisations, community groups, councils, health and social care and government agencies. Please note there are limited places. Click [here](#) for dates and to book.

Free Community Leader Training (Health Literacy)

The Self-Care Pharmacy project is offering this training to Community Leaders and Groups with an aim to improve the knowledge and understanding of self-care for minor ailments through a health literacy approach. To book a place or find out more click [here](#).

Training Opportunities - Health Improvement, Equality and Involvement Department of the Western Health and Social Care Trust

Inclusive Skills & Games - Altnagelvin Area Hospital, L'Derry on Wednesday 15 January.
Contact health.improvement@westerntrust.hscni.net or Tel 028 7186 5127.

Traveller Cultural Awareness

Strabane County Buildings on Friday 17 January
Tyrone & Fermanagh Hospital, Omagh on Friday 14 February
Action Mental Health, Enniskillen on Friday 6 March
Contact Marie McLaughlin, Travellers Development Officer
mariemclaughlin@westerntrust.hscni.net Mobile 07584 207237

Volunteer Now Enterprises Ltd
Safeguarding Training

Keeping Adults Safe: Recruitment, Selection & Management
Monday 20 January 2020, Strabane
Click on [Strabane](#) to book.

Keeping Adults Safe: Implementing Standards for Good Practice
Tuesday 18 February 2020, Enniskillen
Click on [Enniskillen](#) to book.

OCN Level 3 Certificate in Tackling Substance Misuse

12 weeks
Starts 10 January - 3 April (break on 14 February), 9.30am-4.30pm
Pettigo Methodist Hall
This is an ASCERT training course.
Please contact The Forge Family Resource Centre for the registration form on 00 353 7198 61924

Funding Opportunities

Launch of TBUC Camps Programme 2020-21

The Executive Office, in partnership with the Education Authority, are inviting applications from groups who want to deliver a Camp under the T:BUC Camps Programme 2020/21. Completed applications must be returned to the Education Authority no later than **4pm on Friday 17 January**.

The T:BUC Camps Programme is a headline action described in the Together: Building a United Community (T:BUC) strategy which was announced by the Northern Ireland Executive during 2013. The relevant strategic aim relating to young people is:

'To continue to improve attitudes amongst our young people and to build a community where they can play a full and active role in building good relations.'

The Programme is about building positive relations and long-lasting friendships among young people across all parts of the Northern Ireland community. Camps must therefore bring diverse groups together to get to know each other, try new experiences and help build longer term relationships between young people.

Good Relations learning must be at the heart of every Camp.

All Camps must:

- have a significant good relations element at every phase of the Camp which must be clearly demonstrated in funding applications;
- be run on a cross community basis and include participants from Catholic/Nationalist/Republican (CNR) and Protestant/Unionist/Loyalist (PUL) communities: Proposals are also encouraged from other communities including ethnic minority communities and those of different racial backgrounds;
- target young people aged 11 to 19 years; and
- be fun.

Each camp must be run on a cross community basis and consist of three phases.

- Pre camp engagement
- Camp
- Post camp engagement

Applications are invited from:

- EANI registered youth organisations;
- bona fide voluntary and community organisations (including churches/faith-based organisations, sports groups, arts groups etc.);
- schools;
- regional organisations that have experience in working with young people; OR
- Councils.

How to apply

Further information can be found in the Guidance Notes and Application Form which are available at www.eani.org.uk/tbuc

Hard copies can be requested by e-mailing tbuc@eani.org.uk or by telephone on 028 9056 6952 or 028 9056 6429

T: BUC Camps Programme 2020/21 – Funding Forums and Applications Workshops

A number of Funding Forums have been arranged by TEO to provide advice and guidance to organisations who are considering applying for funding under the T:BUC Camps Programme 2020/21. Details of the workshops and how to register can be found within the Guidance Notes or via the following link www.tbucevents.eventbrite.com

The Education Authority will be running workshops to support groups to develop their programmes and assist with applications. Details of the workshops and how to register can be found within the Guidance Notes or via the following link www.eafunding.eventbrite.co.uk

Celebrate National Lottery 25

We're marking The National Lottery's 25th birthday by bringing people together.

We're offering people and communities with great ideas the chance to receive a grant between £100 and £1,000.

If you have an idea for an event or community activity or even if you want to buy something that will bring your community together – we'd love to hear from you.

Any group of two or more people with a great idea can apply. We're particularly keen to hear from people we haven't worked with before.

Join our celebration and apply today.

Everyone who submits an application will be entered into the lottery draw, which will take place after the deadline closes at 2pm on Friday 6 December.

For further information visit <https://www.celebratenationallottery25.com/>

Creative Paths..... bringing art to your group!

Play Resource arts outreach programme 'Creative Paths' offers children and young people high quality visual art experiences that enhance their learning and development.

We give member groups in Northern Ireland access to high quality and affordable Arts projects delivered by experienced Artists in their local areas. Bursaries are available to groups in rural areas and areas of social need of 60% towards Artist fees.

Full details available via <http://playresource.org/arts-outreach/>

Community Connections Fund

This fund should be of particular interest to groups and organisations in the West Fermanagh area, especially those that are collaborating with Cavan/Leitrim groups on cross-border projects.

Full details available via <https://www.leitrimppn.ie/wp-content/uploads/2019/10/Community-Connections-Fund-Information-Doc-1.pdf>

Requests for the information pack must be made by email to community.connections.fund@gmail.com

The closing date for applications is Monday 16 December

The Big Lottery Fund

now The National Lottery Community Fund

www.tnlcommunityfund.org.uk/funding/programmes/awards-for-all-northern-ireland

Got a funding idea?

Contact Helen Hill from our funding team with your project ideas.

Email helen.hill@tnlcommunityfund.org.uk Telephone 028 9055 1436