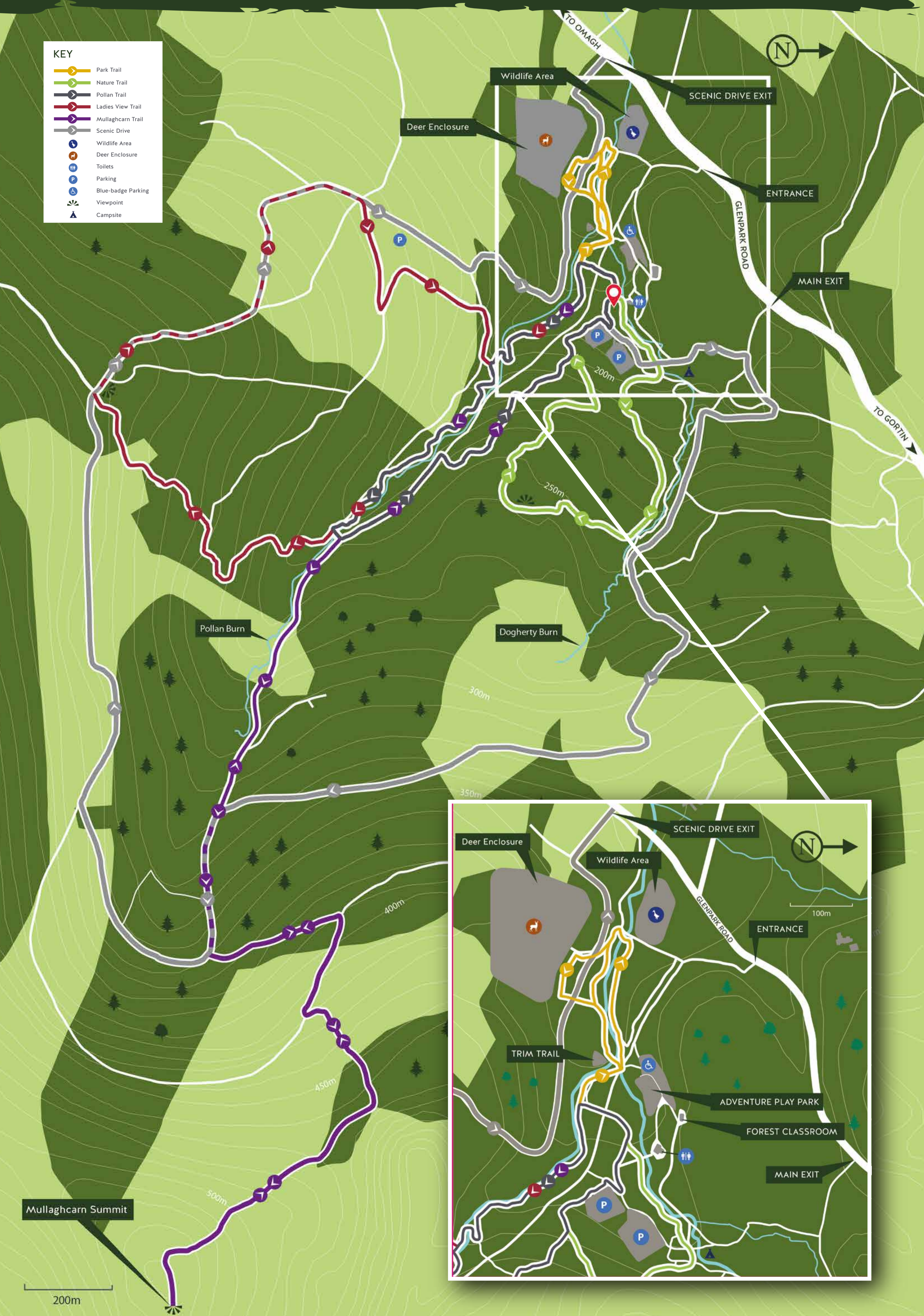


Walking Trails



KEY	
	Park Trail
	Nature Trail
	Pollan Trail
	Ladies View Trail
	Mullaghcarn Trail
	Scenic Drive
	Wildlife Area
	Deer Enclosure
	Toilets
	Parking
	Blue-badge Parking
	Viewpoint
	Campsite



Walking Trails



**GORTIN GLEN
FOREST PARK**
**PÁIRC FORAOISE
GHLEANNA
AN GHOIRTÍN**

A range of trails start from the trailhead. They provide the chance to enjoy the Park's natural habitats at their best. All the trails are colour coded and return to the trailhead.

Park Trail

Moderate
1.0 km/0.6 miles
30 minutes

A pleasant trail along the lower reaches of the Pollan Burn. This trail takes walkers past the wildlife area and deer enclosure.

Nature Trail

Strenuous
2.0 km/1.25 miles
1 hour

This educational trail provides interest for the whole family by taking in a range and variety of habitats. Information points along the way give a broad insight into the nature of Gortin Glen and the surrounding countryside.

Pollan Trail

Moderate
2.0 km/1.25 miles
1 hour

This pleasant and rewarding trail follows the course of the Pollan Burn as it tumbles down the mountainside. Stop for a few minutes at the waterfall and enjoy the beauty that centuries of water have carved out of the solid rock. Continue on through forests of Lodgepole pine and Sitka spruce before returning to the trailhead through Japanese larch planted in 1940.

Ladies View Trail

Strenuous
3.7 km/2.3 miles
2 hours

This energetic walk is for those who enjoy a challenge. The route rises to its highest point at 350 metres. Take a rest and enjoy the panoramic views of the countryside. A steady descent leads back to the trailhead along the scenic drive and through diverse conifer woodland.

Mullaghcarn Trail

Strenuous
7.0 km/4.2 miles
4 hours

This more challenging trail to the summit of Mullaghcarn follows the Pollan Trail before breaking off towards the summit of Mullaghcarn. The summit offers spectacular views over the Sperrins and into County Donegal before returning back to the trailhead.

Hazards and Restrictions

- These trails are situated in a working forest environment and may be subject to diversion and closure from time to time.
- All forest users should look out for vehicles, timber lorries and other machinery.
- Please observe all warnings, notices and signs during your visit.
- Care should be taken where trails run close to deep water.
- Exercise appropriate caution and respect other users.

Grades

Easy

SUITABLE FOR
People in good health.
Accessible for some baby buggies.

SURFACE TYPE
Sealed surface
i.e. compacted stone.

GRADIENT
Relatively flat but may include some short steep climbs and descents.

Moderate

SUITABLE FOR
A good standard of fitness can help.

SURFACE TYPE
Variable but stable surface, may be slightly uneven and include loose material.

GRADIENT
Includes some steep climbs and descents.

Strenuous

SUITABLE FOR
High level of fitness and stamina.

SURFACE TYPE
Extremely variable and uneven including large loose material including rocks and roots.

GRADIENT
Includes long steep climbs and descents.

These guidelines must always be used in conjunction with your own experience, intuition and careful judgement.

Key Contacts/ Emergency Services

Fermanagh and Omagh District Council
Gortinglensforestpark@fermanaghomagh.com | www.fermanaghomagh.com | 0300 303 1777

Emergency Services **call 999** Fire, Police, Ambulance and Coastguard

