



Fermanagh & Omagh  
District Council  
Comhairle Ceantair  
Fhear Manach agus na hÓmaí



## Coach Education 2019 – 2020



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In order to register for any of the coach education sessions outlined, please visit, [www.fermanaghomagh.com](http://www.fermanaghomagh.com) (search Coach Education 2019 - 2020) or alternatively please complete and return this application form with the appropriate payment to:

**Chris Elliott, Fermanagh and Omagh District Council,  
Townhall, 2 Townhall Street,  
Enniskillen, Co. Fermanagh, BT74 7BA**

**Application forms are available from:**

- Bawnacre Centre, Irvinestown
- Castle Park Leisure Centre, Lisnaskea
- Fermanagh Lakeland Forum, Enniskillen
- Omagh Leisure Complex
- Townhall, Enniskillen
- The Connect Centre and The Grange, Omagh

## Safeguarding Children and Young People



This workshop aims to increase awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. The workshop which is a requirement as part of the Sport NI Clubmark award is important for all adults involved in children's sport, but it is particularly recommended for coaches, leaders, administrators and officials. Attendees must be aged 18 years and over to attend this workshop. For further information regarding the Sport NI Clubmark award and requirements please visit [www.sportni.net/clubs-coaching/clubmark-ni/](http://www.sportni.net/clubs-coaching/clubmark-ni/)

## Designated Safeguarding Children's Officer Training



This workshop aims to support those undertaking the role of Designated Safeguarding Children's Officer including creating an awareness of key legislation and good practice; how to respond in a range of situations of concern; and how to develop the standards of safeguarding within a club environment. This workshop is a requirement as part of the Sport NI Clubmark award. Attendees must be aged 18 years and over to attend this workshop and have previously attended the Safeguarding Children and Young People workshop. For further information regarding the Sport NI Clubmark award and requirements please visit: [www.sportni.net/clubs-coaching/clubmark-ni/](http://www.sportni.net/clubs-coaching/clubmark-ni/)

## First Aid for Sport

This workshop is aimed primarily at coaches and leaders, who deliver training sessions, attend matches and manage teams. The workshop will cover general First Aid including Defibrillator (AED) and Anaphylaxis (Auto-Injector) Training. All attendees will receive a certificate upon successful completion of the course.



## Coaches Club Sessions

The **Coaches Club Sessions** is a series of 3 separate sessions, of bespoke learning opportunities which will be facilitated by expert facilitators who will share their knowledge and expertise on a specific topic, these are outlined below. The **Coaches Club Sessions** is a new initiative developed by Sport Northern Ireland and Fermanagh and Omagh District Council to support the development of coaches across the region.

**Attendees are encouraged to attend all three sessions.**

### Session 1

#### Dr Ed Coughlan, Lecturer of Sport Science and Coaching Science at Cork Institute of Technology

Dr Coughlan, a skill acquisition specialist has worked as a consultant with various National Governing Bodies, including Cricket Ireland, Tennis Ireland, Irish Rugby and others. Dr Coughlan focuses on the creation of task specific training environments that maximise the likelihood of their effort transferring to the performance space. This specific session will focus on how coaches can implement effective skill development practice into their coaching sessions.

### Session 2

#### Dr Sharon Madigan, Performance Nutritionist at Irish Institute of Sport

Dr Madigan, a performance nutritionist at the Irish Institute of Sport has the responsibility of co-ordinating nutrition services for elite Irish athletes across a range of sports and has facilitated nutrition education for the Ulster Rugby Academy, Senior Ulster Rugby Team and various County and club GAA teams including, Down, Donegal and the Dublin Hurling team. Dr Madigan has also worked with the Irish High-Performance Boxing Team. This specific session will focus on holistic health and well-being for athletes and participants involved sports.

### Session 3

#### Olly Logan, Analyst at British Swimming

Olly, who has a background within Sports Biomechanics, Performance Analysis and Skill Acquisition has been involved with Olympic and Paralympic Athletes since 2006. Having previously been employed with the English Institute for Sport, Olly has worked with various teams including, British Athletics, Archery GB, British Wheelchair Basketball and British Bob Skeleton. Olly is currently employed with British Swimming as Analysis Lead with responsibility for improving swimming performance through movement analysis and technical innovation. Olly also consults for Cycling Ireland and USA Field Hockey. This specific session will focus upon developing athletes through movement science and skill acquisition principles.



# Coach Education Application Form 2019 - 2020

Please select courses to attend, complete the application form overleaf and return with the required fee.

| Course / Workshop                                    | Venue                                 | Date(s)               | Time             | Closing Date      | Cost   | ✓ |
|--|---------------------------------------|-----------------------|------------------|-------------------|--------|---|
| Safeguarding Children and Young People               | Fermanagh Lakeland Forum, Enniskillen | 10 October 2019       | 6.30pm - 9.30pm  | 2 October 2019    | £10.00 |   |
| Designated Safeguarding Children's Officer Training  | Fermanagh Lakeland Forum, Enniskillen | 24 October 2019       | 6.30pm - 9.30pm  | 16 October 2019   | £10.00 |   |
| Club Coach Session 1<br>Dr Ed Coughlan               | Bawnacre Centre, Irvinestown          | 6 November 2019       | 7.00pm - 9.00pm  | 29 October 2019   | £5.00  |   |
| First Aid for Sport<br>**Must attend both sessions** | Fermanagh Lakeland Forum, Enniskillen | 21 & 28 November 2019 | 6.30pm - 10.00pm | 13 November 2019  | £20.00 |   |
| Club Coach Session 2<br>Dr Sharon Madigan            | Bawnacre Centre, Irvinestown          | 16 January 2020       | 7.00pm - 9.00pm  | 8 January 2020    | £5.00  |   |
| Safeguarding Children and Young People               | Omagh Leisure Complex                 | 23 January 2020       | 6.30pm - 9.30pm  | 15 January 2020   | £10.00 |   |
| Designated Safeguarding Children's Officer Training  | Omagh Leisure Complex                 | 20 February 2020      | 6.30pm - 9.30pm  | 12 February 2020  | £10.00 |   |
| Club Coach Session 3<br>Olly Logan                   | Bawnacre Centre, Irvinestown          | 12 March 2020         | 7.00pm - 9.00pm  | 4 March 2020      | £5.00  |   |
| First Aid for Sport<br>**Must attend both sessions** | Omagh Leisure Complex                 | 19 & 26 March 2020    | 6.30pm - 10.00pm | 11 March 2020     | £20.00 |   |
| Safeguarding Children and Young People               | Fermanagh Lakeland Forum, Enniskillen | 23 April 2020         | 6.30pm - 9.30pm  | 15 April 2020     | £10.00 |   |
| Designated Safeguarding Children's Officer Training  | Fermanagh Lakeland Forum, Enniskillen | 28 May 2020           | 6.30pm - 9.30pm  | 20 May 2020       | £10.00 |   |
| First Aid for Sport<br>**Must attend both sessions** | Fermanagh Lakeland Forum, Enniskillen | 18 & 25 June 2020     | 6.30pm - 10.00pm | 10 June 2020      | £20.00 |   |
| Safeguarding Children and Young People               | Omagh Leisure Complex                 | 24 September 2020     | 6.30pm - 9.30pm  | 16 September 2020 | £10.00 |   |
| Designated Safeguarding Children's Officer Training  | Omagh Leisure Complex                 | 22 October 2020       | 6.30pm - 9.30pm  | 14 October 2020   | £10.00 |   |
| First Aid for Sport<br>**Must attend both sessions** | Omagh Leisure Complex                 | 19 & 26 November 2020 | 6.30pm - 10.00pm | 11 November 2020  | £20.00 |   |

Attendees must be aged 18 years and over to attend courses / workshops outlined.

Please make cheques payable to Fermanagh and Omagh District Council.



# Coach Education Application Form 2019 – 2020

|   |               |               |
|---|---------------|---------------|
| Name  |               | Date of Birth |
| Address   |               |               |
|   |               |               |
| County  | Post Code     |               |
| Telephone Number  | Mobile Number |               |
| Email   |               |               |
| Do you consider yourself to have a disability?      Yes                      No   |               |               |
| If yes, please specify the nature of the disability   |               |               |
| Application forms with the appropriate payment should be returned to;<br>Chris Elliott, Fermanagh and Omagh District Council, Townhall, 2 Townhall Street,<br>Enniskillen, Co. Fermanagh, BT74 7BA.   |               |               |
| Payment Total<br>Please make cheques payable to Fermanagh and Omagh District Council.   |               | £             |
| <b>Terms and Conditions</b> <ul style="list-style-type: none"><li>• A course will only proceed if the minimum number of paid applications are received before the closing date.</li><li>• Course applicants are responsible for keeping copies of their own applications and course dates selected to attend.</li><li>• No refunds can be made if a candidate cancels their course application on or after the closing date or a candidate fails to attend a course(s).</li><li>• Fermanagh and Omagh District Council reserves the right to cancel any course, seminar or workshop at short notice. In this case, a refund or alternative course date will be offered.</li></ul> |               |               |
| <b>Declaration</b> <p>I hereby agree to the above terms and conditions;</p> <p>Signed</p> <p>Date</p>   |               |               |
| <b>Data Protection</b> <p>In accordance with the Data Protection Act 2018, Fermanagh and Omagh District Council has a duty to protect any data we hold on you. The personal information you provide on this form will only be used for the purpose of communicating further details regarding the course(s) selected.</p> <p>For further guidance please visit <a href="http://www.fermanaghomagh.com/your-council/privacy-statement">www.fermanaghomagh.com/your-council/privacy-statement</a></p>   |               |               |