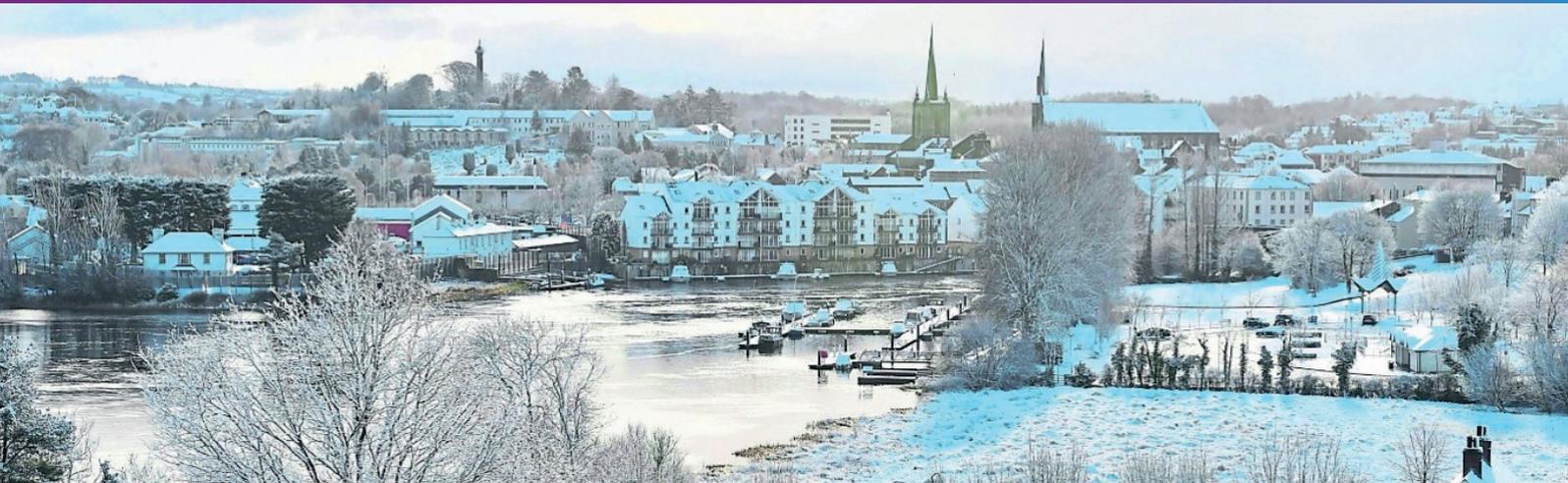


Enniskillen Neighbourhood Renewal Newsletter

Winter 2023



What is the Enniskillen Neighbourhood Renewal Partnership?

Neighbourhood Renewal brings together the work of Government Departments and Fermanagh and Omagh District Council in partnership with local people to improve the surroundings, services, well-being and access to opportunities for residents who live within the designated area. Locally, this is coordinated by the Enniskillen Neighbourhood Renewal Partnership.

The Partnership Board meet every other month to highlight new issues in the area and to identify solutions. The Partnership also has a number of Sub-Committees which meet every other month and are attended by people from a variety of services, agencies, community groups, elected representatives and local residents. It is important to remember that Neighbourhood Renewal is not just about funding. Many community improvements may require nothing more than discussion and a fresh set of ideas to help make a difference which is why attending

the Sub-Committee meetings is so important to local representatives and residents. Neighbourhood Renewal is delighted to welcome new members to join the Sub-Committees.

If you would like to come along to a meeting to find out what it is all about please get in touch by contacting the Neighbourhood Renewal Coordinator, Fermanagh and Omagh District Council on 0300 303 1777 or email neighbourhoodrenewal@fermanaghomagh.com

In this issue

Pages
2-3

Eight Neighbourhood Projects

Pages
4-8

Recent Activity in Your Neighbourhood Renewal Area

Pages
12-21

Health, education and employability Support Matrix

Pages
22-31

Useful Service Providers

Page
32

Useful Contact Numbers



Eight Neighbourhood Projects

Providing support where it's needed

These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

1. Bridging the Gap - Holy Trinity School

This programme, based in Holy Trinity School, delivers specialist services to pupils, including counselling and reading support.

For further information contact Holy Trinity Primary School on 028 6632 4959

2. Devenish Partnership Forum - Homework and Activities Club

The homework and activity club based in Kilmacormick Resource Centre provide assistance and resources for young people aged 8 to 11 (P4 to P7) to complete their homework in a safe and comfortable environment.

For further information contact Devenish Partnership Forum on 028 6632 7808



3. Enniskillen Early Days Project

This is an early intervention programme providing family support and childcare places. They also offer support to children who have experienced domestic violence.

For further information, contact the Devenish Partnership Forum on 028 6632 7808.

These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

Eight Neighbourhood Projects

Providing support where it's needed

These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

4. Enniskillen Health and Well-being Programme

Western Health and Social Care Trust in partnership with the Aisling Centre, Devenish Partnership Forum, Solace and Nexus have been delivering a number of services and activities as part of this project.



The Aisling Centre offers counselling sessions to Neighbourhood Renewal residents. For further information, contact Bridie Sweeney on 028 6632 5811.



Nexus Specialist counselling sessions for those impacted by sexual violence are run by Nexus specifically for those from the Neighbourhood Renewal area. For further information, contact Nexus on 028 6632 0046 or email enniskillen@nexusni.org



Solace ARC Healthy Living Centre provides a floating support service in Enniskillen for those who are impacted by dependency issues. For further information, contact Solace on 028 6862 8741.

Devenish Health Project Investing in Your Health Programme offers health and well-being courses and opportunities for residents of the Neighbourhood Renewal Area. To find out more about how to enrol for the programme contact 028 6632 0280 or email devenishpartnershipkaren@outlook.com

5. Going Places with South West College

The going places project has been designed to support Neighbourhood Renewal residents thrive in education, training or finding employment. "We aim to improve your employability, skills and opportunities to access accredited qualifications. Our staff mentor you through the process to ensure you have a positive experience in South West College or finding employment".

If you feel that you would like to explore training, education or career opportunities with the support of a mentor please contact a member of the Going Places Programme on 078 3112 2703 or email gavin.connolly@swc.ac.uk



6. Learning Mentor Enniskillen

This project employs an education mentor to work one to one with students across six post primary schools in Enniskillen.

For further information contact Laura Richmond on 028 6632 2265 or via email Irishmond920@c2kni.net

7. Neighbourhood Renewal Coordinator

This project provides funding for the employment of a full time Neighbourhood Renewal Coordinator who is responsible for the implementation of both the Enniskillen and Omagh Neighbourhood Renewal Acton Plans, the 'vision' document for the Neighbourhood Renewal Partnership.

For further information, contact Arlene Ennis, the Neighbourhood Renewal Coordinator on 0300 303 1777 or email neighbourhoodrenewal@fermanaghmagh.com



8. West End Communities Centre

This project provides funding for the new permanent West End Community Centre, hosting a variety of activities for all residents in the Neighbourhood Renewal area.

For further information contact Anne O'Neill



These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

Recent activity in your Neighbourhood Renewal Area

The Health Project

The Neighbourhood Renewal Investing in your Health Project supports residents to look after themselves and their communities and aims to enhance positive mental health and physical wellbeing, and to support the reduction of obesity, alcohol and drug use.

The Enniskillen Neighbourhood Renewal Health Project continues to work towards improving the health and wellbeing of those living in our communities. Specialist support and counselling sessions are offered which are provided through the Aisling Centre, Nexus NI and SOLACE. These services are essential to the lives of so many living in our Neighbourhood Renewal areas here in Enniskillen.

A collaboration event took place in Enniskillen which seen 207 people attend a Health, Education and Employment fair. This was a very well attended event and has received positive feedback from all who participated.

During this Health Fair, a number of health and wellbeing items were distributed including:

- Gym Passes / Family swim passes; and
- Health Checks



The Devenish Partnership Forum (DFP) have also been running a number of health activities including:

- Women's Health Fit (Chi-Mai)
- Crafty Men Group
- Resilience Class
- Walking Groups; and
- Christmas Crafts

DFP also facilitated a very successful senior Citizens Christmas Party which was attended by almost 70 people from both the Devenish and Westend communities.

Further activities and programmes are scheduled for each Neighbourhood Renewal area. Programmes including Mindfulness, Introduction of CBT, Dance classes, Piloxing and Drug & Alcohol Awareness programmes, Crochet/Knitting group, Boxercise, Mood Matters session, are all scheduled to take place over the coming months.



To find out more about any of the Neighbourhood Renewal health programmes currently running in your area, please contact Mairead Taggart on (028) 8283 5026 or mairiad.taggart@westerntrust.hscni.net.

Recent activity in your Neighbourhood Renewal Area

With support from Fermanagh and Omagh District Council, the Neighbourhood Renewal Health Project has continued to facilitate the Health Sub Group meetings.

For further information on the Health Project, or to find out more information about any programmes running in your area please contact Mairead Taggart on 028 8283 5278 or mairead.taggart@westerntrust.hscni.net



Devenish Partnership Forum

Homework and Activity Club

This Year there are 40 children attending the Homework and Activity Club.

Activities so far this year have been crafts, baking, cinema, clubbercise and Halloween Scavenger hunt. As always activities are geared to provide the children with opportunities to have some well deserved break from homework.

For the Christmas trip the children went to LOCK N LOAD.



Recent activity in your Neighbourhood Renewal Area

Early Days

The Early Days Junior Homework Club currently has 24 children from Neighbourhood Renewal Areas attending on a regular basis. The Homework Club gives the children a chance to avail of resources they may not have at home. There is access to iPads to complete Maths, an extensive reading library for Accelerated Reading and all our Friday activities are curriculum based.

During the summer, the annual Summer Scheme ran for two weeks in July. The activities included were Jonny Rockos, Cinema Trip, Core NI, Fermanagh Fun Farm, Airtastic along with some Arts and Crafts. The Summer Scheme was really successful and feedback from the children and their parents have all been really positive, with some already looking forward to next summer.

These activities and trips gave the children the opportunity to play with their friends and have some well-deserved time off homework, which is so important.



The children have the option to attend 5 days per week but they must attend a minimum of three to sustain their place in the Early Days Homework Club. Since September the children have participated in activities such as Polliwogs, Cinema Trip, Baking, Bush Craft, Jonny Rockos and much more.

The children also had their annual Halloween disco which they enjoy every year.

For the children's Christmas trip they attended the winter wonderland in Enniskillen Castle.



Kilmacormick 1 Community Association

Little Foxes Playgroup, Kilmacormick opened for their new intake of children in September and in accordance with guidelines and the approval of Social Services they have continued to offer their service Monday -Friday based on the Eager & Able To Learn Programme. All 24 places have been filled. Little Foxes also ran through the month of July, all the children had great fun doing arts and crafts, sporting activities and great enjoyment from a day on bouncing castles.

Feedback

"The past two years have been challenging for us and we have been truly fortunate to have the full support of parents, Social Services and our Community as we look forward to better times ahead."

Contact number for the Playgroup: 02866 320280

Recent activity in your Neighbourhood Renewal Area

West End Partnership

The West End Partnership, who operate the West End Communities Centre keep the community busy by organising and hosting an array of events and activities for the everyone to take part in. There are regular activities such as the bingo club, Knit and natter, Teapots and the bowls club, all of these clubs always have a great turnout and always welcome new members as this is a great way for the community to socialise with each other.

Jubilee Celebrations

During the summer, the committee held a huge Jubilee Celebration at the West End Community Centre on the 4th of June 2022 with a BBQ, bouncing castles, the day was a huge success and enjoyed by all. The hard work and planning paid off for the Committee. The past two years have been challenging for us and we have been truly fortunate to have the full support of parents, Social Services and our Community as we look forward to better times ahead.



Recent activity in your Neighbourhood Renewal Area

Action Cancer “The Big Bus”

The Committee raised funds for “The Big Bus” Action Cancer, to attend the West End Centre. The health checks included Breast Screening and a MOT Health Check. The Bus attended in December 22’ and all appointments were fully booked.

The Partnership have worked extremely hard in getting the West End Community Centre thriving again and they encourage all members of the community to make use of the centre and what it has to offer. Neighbourhood Renewal provide the centre with a programme of activities organised for Neighbourhood Renewal residents to avail of, most of which are free of charge. The range of activities is designed to suit all age groups such as yoga, sensory play sessions, card making, arts and crafts, chair yoga, line dancing, step aerobics, Pilates, mindfulness and kids dance and drama to name a few.

A four week craft event has just finished at the West End Centre and as you can see, the residents created lots of festive and very beautiful crafts. The classes are a great way to take your mind off your worries and try a fun new skill. While crafting there is also the opportunity to improve hand-eye coordination, relax and lower stress and of course have a sense of achievement. The range of activities are achievable for all users and really helps nurture creativity. Engaging in creativity can help you feel more alive and definitely creates a great opportunity for socialising and having a laugh.



Feedback from Tutor

“I always enjoy taking classes at the West End Centre because it is such a welcoming centre, has excellent facilities and the classes are always well attended”.

The partnership are always looking for new members and if anyone wishes to get involved with the community group they would be welcomed.

For further information on the West End Partnership contact Anne O’Neill.



Enniskillen Going Places Programme

This project involves the dedicated services of the three mentors in a combined programme who work together as a team to cover all four neighbourhood Renewal areas across Enniskillen, Omagh, Dungannon and Coalisland.

The Going Places project has continued to act as a stepping stone for Neighbourhood Renewal Residents to access education, training or employment. Although it is recognised that there are a number of training courses available in the area, this project is funded to target and provide support to a specific group of people who, without the additional support of one to one mentoring, throughout their training period to ensure participants remain on the programme and focus on developing transferable skills required for the world of work.

The project continues to focus on level 2 and above training provision to avoid duplication with other training courses and meets an identified gap in these Neighbourhood Renewal areas.

Prior to the introduction of the Going Places project a lot of the current opportunities available were being specifically targeted at the under 25 age bracket. The Department for Communities Jobs & Benefits Offices have confirmed that this programme compliments existing college provision by providing access to education and training, as Neighbourhood Renewal Residents are currently under represented in College enrolments in each of the four Neighbourhood Renewal areas.

The following are direct quotes from participants on the programme reflecting impact of the programme in 2022/23

"I was unsure what I wanted to do, after meeting with the mentor, we looked at jobs and opportunities and decided to apply for the access to higher education course. This was daunting being out of education for so long, but having a mentor to meet weekly for support really does make all the difference".



South West College

ARE YOU AGED 16-65? LEAVING SCHOOL THIS YEAR OR UNEMPLOYED?

DO YOU LIVE IN A NEIGHBOURHOOD RENEWAL AREA?

FULLY FUNDED SOUTH WEST COLLEGE COURSES AVAILABLE

Instagram, YouTube, Facebook, LinkedIn, Twitter icons



Department for
Communities



Supporting Communities Update

Service Delivery

Supporting Communities staff are continuing to work from home but are allowed to visit groups as normal in their community hubs.

Interagency Meetings

Face-to-face meetings have returned recently for inter-agencies. Community Development Officers are continually liaising with respective groups regarding the meetings. Going forward we would like to arrange meetings in person and have the Hybrid option for people wishing to join from home. The situation may change over winter and this will be reviewed.

Estate Inspections

Completed for South-West area and continue to update on issues at Inter-Agency meeting. Would like to see more Agencies in attendance- have reached out to tell them of Community concerns re lack of attendance.

Funding

Advice and support remains available from Ashley and Supp Comm's Funding Officer Anita.

Contact ashley@supportingcommunities.org to discuss your funding support needs.

Anita is also running 1-1 Funding Surgeries every Wednesday - via Zoom or phone call.

- Practical advice on completing successful funding applications
- Access information on a variety of potential funders
- Top tips & a range of ideas to make sure your application stands out from the crowd

To book an appointment contact anita@supportingcommunities.org

Editions of the monthly Community Funding Bulletin are available on our website. Please feel free to share with your groups: <https://supportingcommunities.org/funding>

Training Opportunities

We have moved our OCN accredited Community Development training courses online.

Please keep an eye on our website and social media for further information.

Contact ashley@supportingcommunities.org for more information/to sign up.

Training team happy to programme in further training courses (OCN 1-3) if there is enough interest.

Writing Successful Funding Applications (Online Session)

We have moved our OCN accredited Community Development training courses online.

- Tuesday, February 7, 2023
- 10:00 AM - 11:00 AM
- [Google Calendar](#) [ICS](#)

Join us for this short session looking at planning and completing a successful funding application.

Learners will gain:

- an understanding of the key processes of a successful funding application
- increased confidence when approaching funders
- enhanced fundraising skills and knowledge

Register your place

To register for this course, [please fill in this form](#)

Members Stories

Share Your Success Stories Groups can submit a story on a newly created section of the website dedicated to Member's Stories. Supporting Communities will help groups craft their stories and feature it on Ezine.



WRITING
SUCCESSFUL
FUNDING
APPLICATIONS

Free
online course

Register online!
www.supportingcommunities.org

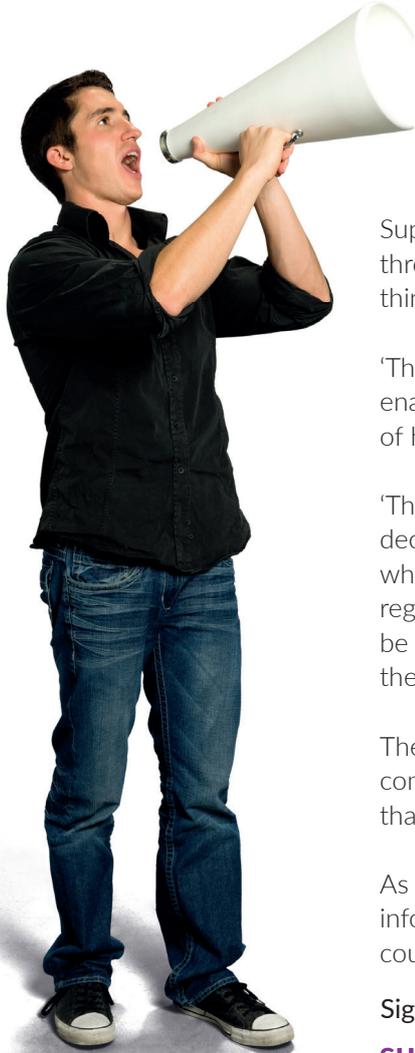
Supporting
Communities
Empowering Society

For further information please contact Darragh or Anita on 028 6632 9677 or darragh@supportingcommunities.org and anita@supportingcommunities.org



**Supporting
Communities**
Empowering Society

the amp
AMPLIFYING THE VOICE OF TENANTS



Join 'The Amp'! Amplify Your Voice

Supporting Communities is preparing questions about 'Intermediate Rent' through The Amp, our community survey series. We want to find out what you think about bringing in this new tenancy option for Northern Ireland.

'The Amp' is a new engagement tool from Supporting Communities which will enable residents all over Northern Ireland to contribute their thoughts on a range of housing and community-related topics.

'The Amp' aims to amplify the voice of residents in order to influence the decision-makers who can effect real change. We will use 'The Amp' to find out what matters to tenants and residents of all tenures and convey the results to regional governmental departments, local councils, and social landlords who will be able to use the data to better frame future community and housing policy and the delivery of improved services.

The Amp will publish surveys several times a year on topics of interest to communities and relay the findings to the people, organisations, and agencies that can benefit from this kind of grassroots polling.

As our database of Amp registrants grows, we will be able to offer more detailed information about the opinions and concerns of people sorted by type of tenure, council area, age, and other demographics.

Sign up here:

supportingcommunities.org/the-amp-registration

Every time you complete a survey you will be in with a chance of **winning a prize!**

Cohesion Funding

Open for applications.

Groups must ensure they comply with government guidelines when delivering their project. Application forms will be scrutinised regarding this and if this is not evident within the application, it may be rejected.

If your group is interested in applying, contact Christopher Spence first to discuss your idea and consider whether this meets funding criteria. An application form will then be released to your group, with support offered as required to draft the application.

Groups are encouraged to send a draft application form to Christopher to review before submission for feedback, possible tweaks (particularly in relation to COVID guidance).

Free SIM cards

Get Everyone Connected! Free SIM cards from Vodafone UK Supporting Communities is delighted to provide free connectivity to those who need it through a Vodafone initiative to tackle digital exclusion. We will distribute 1500 free SIM cards to those who have difficulty paying for internet access or are digitally excluded.

Vodafone's charities.connected initiative is part of its commitment to tackle digital exclusion and connect one million people by the end of 2022. The programme provides people with a free SIM with 20GB of data a month for six months – plus unlimited calls and texts – through a network of charity partners.

Health Support

Organisation	Project Name	Support Offered
Action Mental Health	MENSANA	Mental Health Awareness Resilience Programmes including Mindset Provoking Thought Bullying, confidence and self esteem, exam stress, stress awarness, suicide and self-harm and Healthy Me.
Action on Hearing Loss	Hearing Aid User Support	At our Hearing Aid User Support Service drop-in sessions. At Hearing aid User Support Service, we can provide: New batteries and ear mould tubing or filter tips for NHS hearings, Information on how to use and clean your hearing aids, Information on hearing loss/tinnitus and all the services that can help you, having your hearing checked.
Addiction NI	Recovery Together	Drug and alcohol support, treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings.
Aisling Centre	Counselling Psychotherapy & Well-being Service	Professional Counselling, Psychotherapy & Child Play Therapy Service - service for victims and survivors of sexual abuse & victims and survivors of the NI Troubles as well as issues such as trauma, anxiety, mild to moderate depression, loss, and other difficult times in people's lives
ASCERT	Steps to Change	Provides a programme of support to individuals to help them reduce the harm caused by alcohol or drug use. It is also available to family members affected by another persons substance use, even if the person using substances does not want help.
ASCERT	DAISY	The DAISY service provides confidential support for young people aged 11 - 25 years and their families to reduce the harm caused by substance misuse.
Alzheimer's Society	Dementia Support Fermanagh	Our dementia support workers offer information and practical guidance to help you understand dementia, cope with day-to-day challenges and prepare for the future. They offer information to people who are worried about their memory and ongoing support to people affected by dementia face to face, over the phone or in writing.
Aware	Aware Defeat Depression	Support groups welcome people with depression and bipolar disorder as well as carers for people with the illness. We also deliver Information Outreach sessions and attend community events to give more information about AWARE and our services. AWARE deliver mental health and well being programmes into communities, schools, colleges, universities and workplaces. These programmes include our suite of Mood Matters programmes, Living Life to the Full, Mental Health First Aid and Mindfulness. Offering limited services at the moment due to Covid check website for updates
Cancer Connect NI	Helpline telephone service	The Cancer Connect Centre provides information, guidance and practical support within a safe and confidential environment to individuals and their families who have been touched by cancer.
Cherish Sure Start	Devenish 2 Year Old programme	The Sure Start Developmental Programme for 2-3 Year Olds is a government funded programme for children in their pre-preschool year.
21 Training	Community Family Support Programme	Your family will receive help to access a range of opportunities to address health, social and economic issues that impact on your daily lives
Cruse Bereavement Care	Cruse Bereavement Care	Our mission is to offer support, advice and information to children, young people and adults when someone dies and to enhance society's care of bereaved people. Due to Covid no face to face support available at present but telephone support available.
Devenish Partnership Forum	Investing in Your Health	Increase the length of peoples lives, increasing the number of years they spend free from disease, illness and disability
Epilepsy Action / Headway Brain Injury Association	Epilepsy and/or brain injury counselling service	Epilepsy Action Northern Ireland and Headway, the brain injury association, work together to provide community-based counselling throughout Northern Ireland. The service is for adults affected by epilepsy and/or brain injury. That could include: Adults affected by epilepsy and/or brain injury, Adults caring for someone affected by epilepsy and/or brain injury, Parents of someone affected by epilepsy and/or brain injury.

Health Support

Contact	Target Group	Referral Process	Address
028 6632 3630 078 8980 4516 https://www.amh.org.uk/services/menssana/tfymenssana@amh.org.uk	Contact at beginning of March for new contact name	self referral	7 Cherrymount Road Drumcoo Enniskillen BT74 6GN
Sheena Kelly (028) 822 51446 075 5335 3980 www.actionhearingloss.org.uk sheena.kelly@hearingloss.org.uk	Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR	self referral	
028 8283 9240 enquiries@addictionni.com https://www.addictionni.com		self referral	
Bridie Sweeney (028) 6632 8511	37 Darling Street Enniskillen BT74 7DP	self referral	
0800 2545 123 info@ascert.biz	All adults	Self referral	ASCERT 7a Dublin Rd Omagh BT78 1ES
Christine McLean 0800 2545 123 www.ascert.biz	Young people aged 11 - 25 years and their families		ASCERT 7a Dublin Rd Omagh BT78 1ES
028 6634 4073 fermanagh@alzheimers.org.uk	Any affected by dementia	Self referral or through healthcare professional	Community Services Building Coleshill House, 2 Coleshill Road Enniskillen BT74 7HG
028 7126 0602 (028) 6632 8511 https://aware-ni.org/ info@aware-ni.org	People with depression / bipolar and their carers	self referral	Aisling Centre Darling Street Enniskillen
07562191796 info@cancerconnectni.org	anyone affected by cancer	self referral	3 Forthill Road, Enniskillen, Co Fermanagh, BT74 6AW
Becky Miller 028 6632 3153 www.archlc.com/activity/cherish-sure-start	Children aged under 4	Self referral or through healthcare professional	Aisling Centre, Darling Street, Enniskillen
Ciara Balfour 07739651585 cbalfour@21.training	Families	self referral	
02882 244414 Omagh@cruse.org.uk	anyone affected by bereavement	self referral	Tyrone & Fermanagh Hospital, 1 Donaghanie Road, Omagh, Co. Tyrone, BT79 ONS
Jamie Campbell (028) 6632 7808 devenishpartnershipjamie@outlook.com Facebook: Devenish Partnership Forum	Anyone	self referral	
Epilepsy Action: Carla Smith 07885 778 585 csmyth@epilepsy.org.uk Headway: Johnny Turnbull 07826 909110 johnnyturnbull@headway.org.uk	Adults affected by epilepsy or brain injury, including families and friends	self referral	Fermanagh House, Broadmeadow Place, Enniskillen, BT74 7HR, United Kingdom

Health Support

Organisation	Project Name	Support Offered
Fermanagh and Omagh District Council	Home Safety	We offer free home safety checks for all residents who are over 65, families with children under 5, and vulnerable adults, living within our council area. The checks offer tips on all aspects of home safety, as well as specialist advice on topics like heating and energy saving. Identify potential risk areas in your home, for example slips and trips hazards, blind cords or poisoning risks, issue home safety equipment (subject to the eligibility criteria detailed below, and stock availability) provide tailored advice on how to make your home safer refer you for a free smoke alarm installation.
Leonard Cheshire Disability	Access for Success	Personal Development Programme and Self-employment Programme.improving confidence, encouraging positive coping techniques, engaging in the local community and instilling independence to help build resilience. By developing these skills, young people will have a platform to make positive changes whilst improving their health and well being
Men's Shed Action Mental Health	AMH New Horizons	A project for men aged 60+ to share skills, socialise and connect with the wider community.
Managing the Challenge Action Mental Health	AMH Managing the Challenge	Self-management programmes that teach skills to manage all aspects of living with a long term health condition and pain. Online service due to covid 19
Fermanagh Brightstarz	Fermanagh Brightstarz	Fermanagh BrightStarz is a Fermanagh based community group which aims to improve the lives of people with a learning / physical disability, through drama.
National Autistic Society	Local Support Groups	A dedicated parental support group offering advice and support to parent carers or autistic adults. The family club helps with the social development of Club members through a range of activities.
Nexus NI	Specialist counselling	Specialist counselling to survivors of sexual violence, abuse and rape - for men and women.
Sands	Enniskillen Support Group	A relaxed, safe and friendly place to meet other bereaved parents and share each others stories of loss and grief.
SOLACE	Drug and alcohol support	Supportive Opportunities for Living with Addiction in a Community Environment – befriending/advocacy support service aiming to reduce harm, caused by chronic addiction, to individuals, families, and communities.
The FIND Centre	Support and advice for 11-25 year olds	Youth engagement service Providing information, advice, signposting and supported referrals to young people between 11 - 25 years on a variety of emotional health and well-being issues. One-to-one support information and resources Advice, Signposting, Supported Referrals
Western Health and Social Care Trust	Contraception and Sexual Health (CASH)	Contraception and sexual health clinics are a free and confidential service offering sexual health information and advice, all methods of contraception, emergency contraception, education, counselling, STI screening, smears and pregnancy testing
Western Health and Social Care Trust	"Omagh and Enniskillen Neighbourhood Renewal Health Project"	Co-ordination of the Neighbourhood Renewal Health projects both in Omagh and Enniskillen. Signposting to relevant services within the Western Trust area.
Western Health and Social Care Trust	Macmillan Information and support service	The Macmillan Information and Support Service provides information and support for anyone affected by cancer, those who have questions or queries about cancer to include their families, carers and friends. We can also signpost to local services that will meet health and well-being needs that includes: finances, physical, practical, emotional and social support
Women's Aid	Fermanagh Women's Aid	Fermanagh Women's Aid provides information and confidential support to Women & Children who are currently, or have previously been, affected by Domestic Violence or Sexual Abuse. Fermanagh Women's Aid also works with other support groups for Men and Youth. We can help you find the right support for you or someone you care about.
Zest	Self Harm Intervention programme	SHIP is suitable for people who have self-harmed and have personal or social problems that are causing distress, but who do not need ongoing care by the mental health services in their local Health and Social Care Trust. Before you are referred to SHIP, your needs will be assessed to make sure this is the right service for you. SHIP also offers a short period of education and support to people who care for someone who self-harms (eg a parent, partner or friend).

Health Support

Contact	Target Group	Referral Process	Address
0300 303 1777 home.safety@fermanaghomagham.com	Over 65's and families with children under 5	self referral	
Jackie Kelly jackie.kelly@leonardcheshire.org 07860 916326	Young people aged 18-25 with a disability	self referral	
David Lowe (028) 6632 3630 dlowe@amh.org.uk	Men 60+	self referral	
Brenda Burns 02866720673 mtc@amh.org.uk	For those 18 years and older with a health condition	Self referral	7 Cherrymount Road, Drumcoo, Enniskillen, BT74 6GN
07966697422 fermanaghbrightstarz@gmail.com	Adults with a learning / physical disability	self referral	
Olive 07500 037784 northernirelandwest@nas.org.uk	Anyone affected by autism	self referral	Tyrone & Fermanagh Hospital, 1 Donaghane Road, Omagh, Co. Tyrone, BT79 0NS
Nichola Greene info@nexusni.org (028) 6632 0046 0808 802 141	All survivors and victims aged 16+	Self referral or via health professional	
Tel: 08081643332 helpline@sands.org.uk	Bereaved parents and carers	self referral	Killyhevin Hotel, Dublin Road, Enniskillen
Aidan Ormsby (028) 6862 8741 aidan.ormsby@archlc.com	Open to all adults	GP, Self referral, addictions services, Family, alcohol liaison nurse, any community organisation	Arc Healthy Living Centre 116 - 122 Sallyswood Ivinestown BT94 1HQ
Bernadette O'Shea or Stacey Lynch Tel: 02866 325559	Young people 11 - 25 years	Self referral or via health professional	2 Quay Lane Enniskillen BT74 6AG
028 6638 2693	Open to all	Self referral	Omagh Hospital & Primary Care Complex, 7 Donaghane Road, BT79 0JJ
Kathryn McDonagh 028 828 35026	"Open to all those living within the Neighbourhood Renewal areas in Omagh and Enniskillen"	Open referral	Health Improvement Department Main Building T & F Hospital Omagh BT79 0NS
Martha Magee / Julie Martin 0287132 0105 or 07342075636 Macmillan.information@westerntrust.hscni.ne	Anyone affected by cancer	Self referral or through medical professional	SWAH, 124 Ivinestown Road, Enniskillen, BT74 4RT
028 6632 8898 0808 802 1414 https://www.fermanaghwomensaid.com/	Anyone experiencing domestic abuse		Safe Hands Centre, 19 Darling St, Enniskillen BT74 7DP
Conor McCafferty 028 7126 6999 Zest@zestni.co.uk www.zestni.org	All those suffering from mental health, suicide, depression or thoughts of self harm	self referral by appointment	15a Queen Street L'Derry BT48 7EQ

Education Support

Organisation	Support	Support Activity
Action for Children	Floating Support Service	Works across Fermanagh offering support to young people aged 16/17 where there is a risk of family breakdown, risk of homelessness. Or aged 18-21 leaving care. In Fermanagh we have extended our upper age limit to 25 year olds where there are complex needs and they are at risk of homelessness.
Action for Children	Supporting Families, Supporting Communities	The Supporting Families, Supporting Communities programme is an early intervention service which deals with the impact of alcohol abuse. Its aim is to be a preventative, educative and awareness raising service for children, young people and their parents/ carers through providing a short-term and focused service to individuals in their homes and to schools and community groups throughout the whole of Fermanagh. Individuals and families can access the service by self-referral or through a professional.
Action for Children	Early Intervention Family Support Service	We aim to help children and their families work together at an early stage to explore solutions and prevent more long term problems from arising. Works across Fermanagh offering support to families.
Action for Children	Parent Talk	Action for Children's under-fives team bring you advice and one-on-one chat support. We'll also signpost you to local services, and the best parenting apps and websites we can find.
Child and Adolescent Mental Health Services (CAMHS)	Primary Mental Health Service	Early identification of the development of mental health problems in children and young people.
21 Training	Community Family Support Programme	The Community Family Support Programme is aimed at people aged 16 to 64 who are not in education, training, or working more than 16 hours per week with personal barriers impacting on their ability to find or sustain employment, education or training. The project supports participants to address health, social and economic needs, which are preventing them from finding or succeeding in education, training or employment.
Department of Education	Toybox	To significantly reduce the social and educational inequalities experienced by young Traveller children through out-reach playbased early intervention.
Devenish Partnership Forum	Early Days, Homework and Activity Club, Positive Peers	Academic and Pastoral support for young people in the Neighbourhood Renewal Areas
Education Authority	Educational Psychology Service	Aims to provide an effective, efficient, high quality service to children and young people in the age range of 0-19 in the context of learning, emotional and behavioural difficulties and where possible prevent these difficulties arising.
Education Authority	Education Welfare Service	The Education Welfare Service is a specialist education support service which seeks to work in partnership with parents and schools to maximise every pupils educational opportunities.
Education Authority	The Youth Service	The EA Youth Service manages and operates a range of funding programmes to support the delivery of Youth Work Practice, the Youth Work Curriculum and to improve outcomes for all our children and young people.

Education Support

Local Contact	Age	Self-referral or through a professional?
14 Darling Street, Enniskillen, Co. Fermanagh, BT74 7EW 028 6632 4181 www.actionforchildren.org.uk	16-25	Both
14 Darling Street, Enniskillen, Co. Fermanagh BT74 7EW 028 66 324 181 www.actionforchildren.org.uk	0-18	Both
14A Darling Street Enniskillen County Fermanagh 028 66 324 181 www.actionforchildren.org.uk Telephone: 028 6632 4181	0-18	Both
https://parents.actionforchildren.org.uk/	0-5	Both
Erne Health Centre, Enniskillen 028 66 560701	0-18	Professional
The FIND Centre, 27C East Bridge Street Enniskillen, Co. Fermanagh, BT74 6AG T: 028 6633 0515 enquiries@21.training	Whole family with one member 16-74 years	Both
Telephone (028) 8775 1706	0-4 years	Self
028 6632 7808 028 6632 8866 devenishpartnership@hotmail.com	4-16 years	self
Child Guidance Centre 45 Derrychara Road Derrychara Enniskillen BT74 6JF 028 6634 3900 Psychology.Enniskillen@eani.org.uk	0-19 years	Pre-school Children - Community Paediatrician Nursery and School aged - Principal
Education Authority 1 Hospital Road Omagh BT79 OAW Telephone (028) 8241 1289		Both
Lakeland Youth Centre, Wellington Road, Enniskillen 028 66 326932	6-25 years	

Education Support

Organisation	Support	Support Activity
Education Authority	Pupil Support Services	Pupil Support Services provide support across the Authority to schools, parents, children and young people for a range of special educational and medical needs. Services Autism Advisory & Intervention Service (AAIS) Literacy Service Sensory Service SEN Early Years Inclusion Service (SEN EYIS) Language & Communication SEN Inclusion Service Transition
Education Authority	Special Education Statutory Services, Transition Service and Advice and Information Service	This service considers the statutory assessment of children and young people's special educational needs and are responsible for the school placement of statemented children, providing advice on special educational needs to families and schools.
Education Authority	Traveller Education Support Service	To help improve pupil outcomes and ultimately their life chances through supporting schools, children, young people & their families
Education Authority	School Age Mothers (SAM) Programme	EA's School Age Mothers Programme (SAM) provides schools, families and other interested parties with guidance and support to ensure young women who wish to continue their education at school, whilst pregnant or having had a baby can do so.
Home-Start	Home Start Lakeland & Irvinestown district	Home visiting support for parents with children under five years old.
Mencap	Mencap	Valuing and supporting people with a learning disability and support people to live a life they choose.
Learning Mentor Enniskillen	Learning Mentor Programme	Provides one to one mentoring to Neighbourhood Renewal students
SureStart	Sure Start Fermanagh	Surestart is an outreach programme available to all families with children under four years old to help them reach their full potential in Health, Education, Social and Play Skills.
Western Health and Social Care Trust	Autism Spectrum Disorder Service	A multidisciplinary service that has been developed to offer assessment, diagnosis, support and early intervention for children and young people who are presenting with characteristics commonly associated with the autistic spectrum
Western Health and Social Care Trust	Children's Disability Service	We provide a range of services for disabled children and young people with a learning disability, physical disability and/or with physical health needs or sensory needs. These services aim to help disabled children and young people live lives that are as full as possible.
Western Health and Social Care Trust	Sensory Support Team	To support children who have sensory disabilities, be that deafness, hearing loss or visual impairment. This support service is to maximise opportunities for each child to ensure they reach their full potential

Education Support

Local Contact	Age	Self-referral or through a professional?
28 Dublin Rd, Enniskillen BT74 6HN 028 66 343900 https://www.eani.org.uk/search?search_api_fulltext=pupil+support+services		School
1 Hospital Road Omagh BT79 OAW Telephone (0)28 8241 1411		Both
Concepta Gilheaney. Child Guidance Centre, 45 Derrychara Road, Enniskillen, Co Fermanagh BT74 6JF. Mobile: 07826866476. Email: Concepta.Gilheaney@eani.org	0-18 years and parents	Self
028 7127 2321 0782 6866 481 Janice.stewart@eani.org.uk	Under 18 years	Both
2c New Street Belmore Mews Enniskillen BT74 6AH Telephone (028) 66346 818 Email info@homestartlakeland.com	0-5 years and parents	Both
Helpline 0808 808 1111 Email mencapni@mencap.org.uk		Self
Laura Richmond (028) 6632 2265 lrichmond920@c2kni.net	11-18 years	Self or Staff
Cherish Sure Start The Arc Healthy Living Centre 60 Castle Street Irvinestown BT94 1EE 028 6862 1970 Email: maeve.linton@archlc.com	0-4 years and parents	Self
The Childrens Centre South West Acute Hospital Enniskillen Tel: 028 6638 2000		Both
Community Services, Enniskillen 2 Coleshill Road Enniskillen Co Fermanagh BT74 7HG 02866344000	0-18 years	
Drumcoo Centre Drumcoo Enniskillen BT74 6AY Telephone (028) 6632 4400 martina.dempster@westerntrust.hscni.net		Both

Employability Support

Organisation	Programme Name	Programme Summary	Eligibility Criteria
Action Mental Health	BOOST	BOOST is a young people's programme for 18-25 year olds experiencing mental health challenges. BOOST aims to help re-build confidence and self-esteem to enable participants to re-engage in main stream education and/or employment. The programme runs a range of personal development, vocational & employability programmes along with a range of fun activities"	Aged 18-25. experiencing mental health challenges
Action Mental Health	NEW HORIZONS EMPLOYABILITY PROGRAMME	The AMH Employment Programme aims to prepare, place and support you to increase your skills and, if you wish to, access employment. Options are: Accredited employment courses to improve job search and interview techniques, Training placements, Paid Work, Voluntary work, Further Education/Training	Aged 18+ Mental Health Challenges
Fermanagh & Omagh District Council	ASPIRE	A tailored employability programme to support people into paid employment.	
Invest NI	GO FOR IT	Go For It is a free programme for budding entrepreneurs in Northern Ireland which provides professional business start-up mentoring and support tailored to your business idea. It is part funded by local councils in Northern Ireland and delivered by experienced business advisors across Northern Ireland's wide network of participating Enterprise Agencies.	Aged 18+
Jobs and Benefits Office	Careers service	The Careers Service provides an impartial, all-age careers information, advice and guidance service, to help young people and adults make informed choices about their future career paths	Aged 16+ Client of the Jobs and Benefits Office
Leonard Cheshire Disability	Access for Success	Personal Development Programme and Self-employment Programme.	Aged 16 to 19 Disabled people who are not in employment or education, disengaged or at risk of becoming disengaged.
NIHE	SOCIAL HOUSING ENTERPRISE INVESTMENT SCHEME	Education, Training & Business Start-up Grants. Grants of up to £1000 are available.	resident in a defined Housing Executive estate or involved in a social economy initiative in a NIHE neighbourhood
Rutledge Recruitment and Training	Training for Success	The programme guarantees training up to 104 weeks (156 weeks for those with a disability) to help you gain the recognised skills and qualifications to help you progress in your chosen career. Training for Success is delivered across four strands: Skills for your life, Skills for Work Level 1, Skills for Work Level 2, Skills for Work Level 3	young people aged 16 - 17, with extended age eligibility for young people with a disability up to age 22 and up to age 24 for those from an in-care background.
Rutledge Recruitment and Training	STEPS 2 SUCCESS	Employment programme to help to build the skills and experience to get and keep a job. Mandatory if receiving Job Seekers Allowance for specified time period.	If you're receiving a work-related benefit, you can take part in Steps 2 Success either:
South West College	GOING PLACES	This programme exclusively for Neighbourhood Renewal residents, helps to develop confidence and self esteem to take the next step into employment.	Aged 16+ Neighbourhood Renewal Resident
South West College	SUSE+	Employability programme for 16-65 years not in education, employment or training.	Aged 16 to 65 Unemployed or economically inactive
Supported Employment Solutions	WORKABLE	SES aims to offer a Supported Employment approach in the delivery of programmes to assist people with disabilities and health conditions to enter and stay in employment	Aged 18+
South West College	Youthscape	A cross community and cross border programme which is young person centred. The programme will focus on 3 key areas; Personal Development, Good Relations and Citizenship.	Age 14 - 24 years old Anyone not in full-time education, employment, training or Steps to Work
The Princes Trust	Various	Working with young people aged 11- 30 to build confidence and start a career	Age 11-30
Volunteer Now	VOLUNTEER NOW	Voluntary placements and support.	Anyone

Employability Support

Effect on Benefits	Level of Commitment	Mentor Led	Qualifications	Placement	Contact
None		Yes	A range of accredited and non accredited courses	Yes	Caroline Ferguson or Kathryn Hughes (028) 6632 3630 New Horizons
None, however JBO must be informed.	Support provided for up to 18 months	Yes	A range of accredited and non accredited courses	Yes	Caroline Ferguson or Kathryn Hughes (028) 6632 3630 New Horizons
None, however JBO must be informed.	Minimum of 16 hrs per week.	Yes	A range of accredited and non accredited courses	Yes	aspire@fermanaghomagh.com 0300 303 1777 028 6632 6478
None	N/A	Yes	Offering mentor support for business plan creation	No	www.goforitni.com
None	N/A	Yes	Not applicable.	Not applicable	0300 200 7820
None	Flexible around young person – support for up to 2 years.	Yes	Not applicable.	Yes	Unit C7 Omagh Enterprise Centre, Omagh 028 8224 8118
TBC	Not applicable.	Not applicable	Not applicable.	Not applicable	socialinvestments@nihe.gov.uk 0344 892 0900
None	104 weeks	yes	Depends on individual's needs. Level 1-3	Yes	028 6632 9858 028 703 52434 https://rutledgegroup.co.uk/training/contact/
None	5 hours minimum per month for 12 months.	Yes	Depends on individual's needs.	Yes	kmcnulty@rutledgegroup.co.uk 02870352434
None, however JBO must be informed.	Minimum of 3 days per week, 12-14 weeks commitment.	Yes	Level 1 and Level 2	Yes	0845 603 1881 077 3428 1030 Gavin Connolly
None, however JBO must be informed.	Part time for approx. 3 months (daytime)	Yes	Level 1 and up. A range of accredited and non accredited courses	Yes	Michelle - 07442531667 Laura - 07831122687
None	1 year - can be extended	Yes	Depends on the individuals needs	No	Patricia kelly 02894425354 07976640226 workable@sensi.org.uk
None, however JBO must be informed.		Yes	Gain OCN Level 1 qualifications in Personal Development, Good Relations and Citizenship	n/a	7557178162
Training allowance for under 18 years.	various	Yes	Various	Yes	0800 842 842
Check with JBO.	Variety of support opportunities.	Yes	Not applicable.	Not applicable.	028 6605 0000

Useful Service Providers

Floating Support Service



Safe as houses



Supporting young people living in Omagh and Fermanagh aged 16 – 25 that are homeless, at risk of homelessness or leaving care.

We listen to you
Meet when and where it suits you
Make Plans with you
Work with people that are important to you

Floating Support Service
2A Holmview Terrace
Omagh
County Tyrone
BT79 0AH

Telephone: 028 8225 9495
Instagram: sperrinandlakelandfss
Twitter: @actnforchildren

Charity nos. 1097940/SC038092 Company no. 4764232. © Action for Children 2020.

Action For Children

Our team at Action for Children, Floating Support Service are continuing to deliver a service to all young people during this unprecedented time.

We understand that everyone has different circumstances and may require additional support during this time.

We work with young people aged 16-25 years old in Fermanagh area and young people 16-18 years old in Omagh area, who are homeless or at risk of homelessness. We wanted to let you know that the service is still open for new referrals and all staff are continuing to provide an effective service to ensure all our young people have a safe place to call home.

All staff are working remotely and continue to deliver an effective service.

All new enquiries/requests can be made
Phone: 028 822 59495



Giveaway!

CALLING ALL COMMUNITY, VOLUNTARY, CHARITABLE, SOCIAL AND NOT-FOR-PROFIT GROUPS IN COUNTY FERMANAGH

January to March 2023



FREE FCT ONE YEAR GROUP MEMBERSHIP

FREE GROUP VOLUNTEER MINIBUS (MiDAS) TRAINING

FREE TWO DAYS WORTH OF SELF-DRIVE/ SELF-HIRE FOR YOUR GROUP

Fermanagh Community Transport is delighted to announce that from January to March 2023, we will be in a position to offer FREE MiDAS training, FCT membership and 2 days worth of group transport to community, voluntary, social, sporting, senior citizens, persons with a disability and church groups etc. This has been made possible through the generous support of Fermanagh and Omagh District Council through its Cost of Living Support Initiative. This initiative is all about giving those within our communities from right across Fermanagh the chance to get out and about, meet with friends, have some fun, enjoy themselves and experience some relief from their everyday pressures.

Never has it been more important to reach out to those who are most vulnerable within our communities and offer them something to look forward to, something which will bring them together with their wider community, reduce feelings of isolation and loneliness and promote positive physical and emotional wellbeing.

Apply Today

If your group wishes to apply and take advantage of this amazing offer and opportunity, please visit our website at www.fermanaghcommunitytransport.com and download a Group Membership Form, complete it and return it to us as soon as possible. Alternatively, please ring us on 028 66324260 or email us at info@fermanaghcommunitytransport.com and request a Group Membership Form.

(Terms and Conditions will Apply)



We would like to invite you to our Drop-In Coffee Morning for clients with a diagnosis of dementia along with their family and carers.

The events will be held in Fermanagh House, Enniskillen on:

Friday 24th February

Friday 31st March

Friday 28th April

Friday 26th May

Friday 30th June

11 – 1pm

Complimentary refreshments served
Parking available in the adjacent carpark
Accessible toilet facilities available

If you would like to attend please register your interest by contacting Dementia Navigator Cliona Connolly on 075 85 99 88 90.



We would like to invite you to our Coffee Morning and Information Session for family members and carers for a loved one with dementia.

The event will be held in Fermanagh House, Enniskillen on:

Friday 27th January 2023

11 – 1pm

Guest Speakers:

Cathy Magowan – WHSCT Carers Support Team
Compassionate Communities – Advanced Care Planning

Complimentary refreshments served
Parking available in the adjacent carpark
Accessible toilet facilities available

If you would like to attend please register your interest by contacting Dementia Navigator Cliona Connolly on 075 85 99 88 90.



OCN (Level 1) Community Development

8 x 3 hour sessions commencing February 2023

The OCN NI Level 1 Award in Community Development (QCF) qualification is appropriate for new practitioners, or for those with years of experience in the sector but would like professionalise their practice.

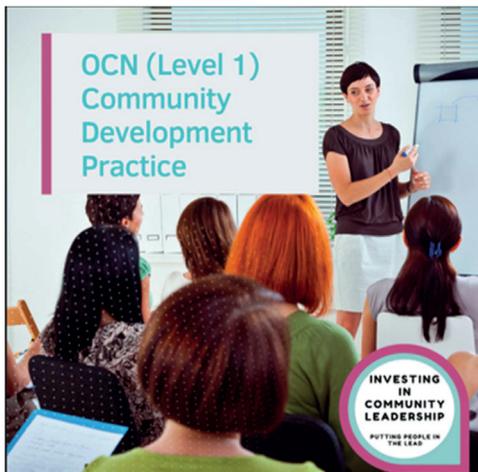
This course will provide learners with knowledge in community development values, purpose, collective working, individual roles, community strengths and diversity and inequality issues.

This qualification is mapped to the new Community Development National Occupational Standards (NOS)

For full information and Expression of Interest Form please follow the link below:

<https://forms.gle/GmJo51QFkSJWD3f8>

If you have any questions please get in touch.



We would like to invite you to our Drop-In Coffee Morning for clients with a diagnosis of dementia along with their family and carers.

The events will be held in Fermanagh House, Enniskillen on:

Friday 16th of December

11 – 1pm

Complimentary refreshments served
Parking available in the adjacent carpark
Accessible toilet facilities available
Lift available to the 1st floor

If you would like to attend please register your interest by contacting Dementia Navigator Cliona Connolly on 075 85 99 88 90.





Fermanagh & Omagh
District Council
Comhairle Ceantair
Fhear Manach agus na hÓmaí



Access to Success, Progression, Inclusion, Recognition, **Employment**

Are you over 16, unemployed, underemployed and not currently in full-time education?

Hoping to get back to work or find a new career path?

JOIN ASPIRE TODAY!



SUPPORTING PEOPLE INTO PAID EMPLOYMENT

FREE Training Includes:

- Classroom Support Programme
- Industry Specific Training
- Administration
- Finance & Accounts
- Social Media Training
- Employability Skills
- CV Building

**IMMEDIATE
PLACEMENT
OPPORTUNITIES**
 **GAIN EXPERIENCE
WHILE YOU LEARN**



“I am very grateful for all the assistance that I received while on ASPIRE and I honestly believe that I would not have gained my current position without the help of the ASPIRE team.”

028 8224 6535 (Omagh) or 028 6632 6478 (Enniskillen) @AspireEmployabilityProgramme

aspire@fermanaghomagham.com www.fermanaghomaghamaspire.com



This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy



Fermanagh & Omagh
District Council
Comhairle Ceantair
Fhear Manach agus na hÓmaí



With a range of **FREE** courses on offer and packages tailored to each individual participants needs **ASPIRE** can help you reach your full potential and kickstart your career today.

JOIN ASPIRE NOW!



SUPPORTING PEOPLE INTO PAID EMPLOYMENT

Classroom Support Package

- Child Protection Training
- Paediatric First Aid
- Foundation Food Safety
- Sounds Write Linguistic Phonics
- ICT for the Classroom

Industry Specific Training

- CSR Card
- Refresher Forklift Licence
- Manual Handling
- Level 1 Health & Safety in the Workplace

Administration Training

- Level 1 IT User Skills
- OCN Level 1 Social Media
- Arrange Meetings
- Communication Skills

Finance & Accounts Package

- IAB Level 1 Payroll for Business
- IAB Level 1 Computerised Bookkeeping
- Level 1 IT User Skills

 028 8224 6535 (Omagh) or 028 6632 6478 (Enniskillen)  @AspireEmployabilityProgramme

 aspire@fermanaghmagh.com  www.fermanaghmaghaspire.com



This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy

WHAT'S ON DIARY

IRVINESTOWN AND SURROUNDING AREA

Monday	Venue	Starting	Time	No. of Weeks	Childcare
Breastfeeding Support Group	Irvinestown, ARC Healthy Living Centre	9th Jan	10.30am - 12noon	Weekly	Children in session
Baby Yoga	Enniskillen, Aisling Centre	9th Jan	10.00am - 11.00am	4	Children in session
Rhyme Time	Enniskillen, TBC	16th Jan	10.00am - 11.00am	4	Children in session
Tiny Me	Enniskillen, St Macartin's Cathedral Hall	16th Jan	10.00am - 11.00am	6	Children in session
Dads Kayaking with Erne Paddlers	Enniskillen, Lakeland Forum	16th Jan	8.30pm - 10.15pm	6	None
Tooth Fairy Fun	Enniskillen, TBC	13th Feb	10.00am - 11.00am	1	Children in session
Helping Your Child to Talk	Irvinestown, ARC Healthy Living Centre	20th Feb	9.30am - 11.30am	1	Parent Only Session
Granny & Me	Irvinestown, ARC Healthy Living Centre	27th Feb	10.00am - 11.00am	4	Children in session
Tiny Tots	Enniskillen, St Macartin's Cathedral Hall	27th Feb	10.00am - 11.00am	6	Children in session
Infant Massage	Irvinestown, ARC Healthy Living Centre	6th Mar	2.00pm - 3.00pm	4	Children in session
Tuesday	Venue	Starting	Time	No. of Weeks	Childcare
Infant Massage	Irvinestown, ARC Healthy Living Centre	10th Jan	10.00am - 11.00am	4	Children in session
Play & Learn	Trillick, Leisure Centre	17th Jan	10.00am - 11.00am	6	Children in session
Mindful Moments	Irvinestown, ARC Healthy Living Centre	17th Jan	9.30am - 11.30am	2	Crèche available
Sneak a Peek	Enniskillen, St Macartin's Cathedral Hall	17th Jan	10.00am - 11.00am	2	Children in session
Sneak a Peek	Irvinestown, ARC Healthy Living Centre	31st Jan	10.00am - 11.00am	2	Children in session
Baby Reflexology	Irvinestown, ARC Healthy Living Centre	14th Feb	10.00am - 11.00am	4	Children in session
Tickle Tummy Time	Enniskillen, St Macartin's Cathedral Hall	14th Feb	10.00am - 11.00am	4	Children in session
Ready, Steady, Sing & Play Baby	Irvinestown, ARC Healthy Living Centre	21st Feb	10.00am - 11.00am	4	Children in session
Boogie Beats	Irvinestown, ARC Healthy Living Centre	28th Feb	10.00am - 11.00am	4	Children in session
Incredible Babies Reunion	Irvinestown, ARC Healthy Living Centre	28th Mar	10.00am - 11.30am	1	Children in session
Wednesday	Venue	Starting	Time	No. of Weeks	Childcare
Play & Learn	Irvinestown, ARC Healthy Living Centre	11th Jan	10.00am - 11.30am	6	Children in session
Nurturing Programme	Irvinestown, ARC Healthy Living Centre	11th Jan	9.30am - 11.30am	11	Crèche available
OCN Level 1 in Childcare	Irvinestown, ARC Healthy Living Centre	11th Jan	6.00pm - 9.00pm	3	None
Little Explorers	Irvinestown, Necarne	18th Jan	10.00am - 11.00am	4	Children in session
Welcome to the World	Irvinestown, ARC Healthy Living Centre	1st Feb	6.30pm - 8.30pm	8	None
Play & Learn	Kesh, Community Centre	22nd Feb	10.00am - 11.30am	6	Children in session
World Book Day Celebrations	Enniskillen, St Macartin's Cathedral Hall	1st Mar	10.00am - 11.00am	1	Children in session
Early Days Breastfeeding Workshop	Online, via Microsoft Teams	8th Mar	10.00am - 11.00am	3	None
Thursday	Venue	Starting	Time	No. of Weeks	Childcare
Cook it	Irvinestown, ARC Healthy Living Centre	12th Jan	9.30am - 11.30am	6	Crèche available
Henry Programme	Enniskillen, Aisling Centre	19th Jan	9.45am - 11.45am	9	Crèche available
Infant Massage	Enniskillen, Aisling Centre	19th Jan	10.00am - 11.00am	4	Children in session
Slow Cooking on a Budget Workshops	Irvinestown, ARC Healthy Living Centre	23rd Feb	9.30am - 11.30am	2	Crèche available
Baby Yoga	Irvinestown, ARC Healthy Living Centre	23rd Feb	10.00am - 11.00am	4	Children in session
Ready, Steady, Sing & Play Toddler	Enniskillen, Fermanagh House	23rd Feb	10.00am - 11.00am	4	Children in session
World Book Day Celebrations	Irvinestown, ARC Healthy Living Centre	2nd Mar	10.00am - 11.00am	1	Children in session
Solid Start	Irvinestown, ARC Healthy Living Centre	9th Mar	9.45am - 11.45am	4	Crèche available
Mindful Moments	Enniskillen, Aisling Centre	23rd Mar	9.45am - 11.45am	2	Crèche available
Friday	Venue	Starting	Time	No. of Weeks	Childcare
Toddler Yoga	Irvinestown, ARC Healthy Living Centre	13th Jan	10.00am - 11.00am	4	Children in session
Nurturing Programme	Enniskillen, Aisling Centre	13th Jan	10.00am - 12.00noon	8	Crèche available
Play and Learn	Ederney Leisure Centre	20th Jan	10.00am - 11.30am	6	Children in session
Tooth Fairy	Irvinestown, ARC Healthy Living Centre	3rd Mar	10.00am - 11.00am	1	Children in session
Saturday	Venue	Starting	Time	No. of Weeks	Childcare
Parenting Puzzle for Dads	Enniskillen, Aisling Centre	4th Feb	10.00am - 12.00noon	4	None
Dads Boogie Beats	Irvinestown, Market Yard	11th Mar	10.00am - 11.00am	1	Children in session
Dads Outdoor Play	Irvinestown, Market Yard	25th Mar	10.00am - 11.00am	1	Children in session



Please contact our Sure start Health Visitor Marie McGuirk if you would like to arrange a 1:1 consultation.

Check out our brochure for more info...



Join our Cherish Sure Start facebook page to get up to date information on our services.

CHERISH
SureStart



January 2023

WHAT'S ON DIARY

NEWTOWNBUTLER, ROSLEA AND LISNASKEA AREA

Monday	Venue	Starting	Time	No. of Weeks	Childcare
Infant Massage	Newtownbutler, The Old Courthouse	9th Jan	10.00am - 11.00am	4	Children in session
Play & Learn	Lisnaskea, Castle Park	16th Jan	10.00am - 11.30am	6	Children in session
Toddler Yoga	Lisnaskea, Castle Park	27th Feb	10.00am - 11.00am	4	Children in session
Helping Your Child to Talk	Online, Microsoft Teams	27th Feb	10.00am - 12.00noon	4	Parent Only Session
Sneak a Peek	Newtownbutler, The Old Courthouse	27th Feb	10.00am - 11.00am	4	Children in session
Tuesday	Venue	Starting	Time	No. of Weeks	Childcare
Breastfeeding Support Group	Newtownbutler, The Old Courthouse	10th Jan	10.30am - 12.00noon	Ongoing	Children in session
Play & Learn	Roslea, Community Centre	17th Jan	10.00am - 11.30am	6	Children in session
Mini Picasso	Roslea, Community Centre	28th Feb	10.00am - 11.00am	4	Children in session
Wednesday	Venue	Starting	Time	No. of Weeks	Childcare
Ready Steady Sing & Play Baby	Newtownbutler, The Old Courthouse	11th Jan	10.00am - 11.00am	4	Children in session
One Stop Baby Shop	Lisnaskea, Castle Park	11th Jan	10.00am - 11.00am	Weekly	Children in session
Ready Steady Sing & Play Toddler	Lisnaskea, Castle Park	1st Feb	10.00am - 11.00am	4	Children in session
World Book Day	Lisnaskea, Castle Park	1st Mar	10.00am - 11.30am	1	Children in session
Early Days Breastfeeding Workshop	Online, Microsoft Teams	8th Mar	10.00am - 11.00am	3	None
Thursday	Venue	Starting	Time	No. of Weeks	Childcare
Tiny Me	Lisnaskea, Castle Park	12th Jan	10.00am - 11.00am	6	Children in session
Hypnobirthing	Lisnaskea, Castle Park	26th Jan	6.30pm - 9.30pm	4	None
Tiny Tots	Lisnaskea, Castle Park	23rd Feb	10.00am - 11.00am	6	Children in session
Real Birth	Lisnaskea, Castle Park	9th Mar	10.00am - 12.00noon	4	
Slow Cooking on a Budget Workshops	Newtownbutler, The Old Courthouse	23rd Mar	9.45am - 11.45am	2	Crèche available
Friday	Venue	Starting	Time	No. of Weeks	Childcare
Infant Massage	Lisnaskea, Castle Park	13th Jan	10.00am - 11.00am	4	Children in session
Solid Start	Newtownbutler, The Old Courthouse	27th Jan	9.45am - 11.45am	4	Crèche available
Boogie Beats	Lisnaskea, Castle Park	17th Feb	10.00am - 11.00am	4	Children in session
Parenting Puzzle	Newtownbutler, The Old Courthouse	24th Feb	9.45am - 11.45am	4	Crèche available
Tooth Fairy	Lisnaskea, Castle Park	31st Mar	10.00am - 11.00am	1	Children in session
Saturday	Venue	Starting	Time	No. of Weeks	Childcare
Dads Big Cook Little Cook	Lisnaskea, Castle Park	28th Jan	10.00am - 11.30pm	2	Children in session
Dads Mini Movers	Lisnaskea, Castle Park	18th Feb	10.00am - 11.00am	2	Children in session

Please contact our Sure start Health Visitor Marie McGuirk if you would like to arrange a 1:1 consultation.

Are you currently unemployed and looking to upskill?
Are you interested in doing a level 1 Childcare Qualification?

Face-to-face course starting in Sure Start Irydregstown on 9th January 2023

Eligibility criteria applies

suse+

For more information contact Bernie
Call 07799348295 or e-mail
bernie.johnston@swc.ac.uk



Check out our brochure for more info...



Join our Cherish Sure Start facebook page to get up to date information on our services.



HSC Western Health
and Social Care Trust

WH&SCT Dementia Navigator Service



**'Supporting people with
dementia to live well'**

Supporting people living with
dementia and their families and
engaging them with services in
their community.



Providing education and training.

Working in partnership with all
agencies to promote dementia
friendly communities.

For more information contact:

- **Cliona Connolly**
- **075 8599 8890**
- **Omagh • Fermanagh**



- **Stephanie Coyle**
- **079 2008 7601**
- **L/Derry • Strabane • Limavady**

DfC Supports and Advice Services

With the current cost of living increases impacting many individuals and households at this time, the Department for Communities has a range of financial supports and advice available which may help.



Department for
Communities

An Roinn
Pobal

Deapartment fur
Commonities

www.communities-ni.gov.uk

make the call
0800 232 1271

Benefits and Pensions:

www.communities-ni.gov.uk/topics/benefits-and-pensions

DfC Support and Advice Services Full document:

<https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-supports-advice-services.pdf>

disability
blue badge

Are you getting all you're entitled to?

make the call

benefits

healthcare costs

0800 232 1271*
text 'CHECK' to 67300 *
nidirect.gov.uk/makethecall

*network charges may apply

Department for
Communities
www.communities-ni.gov.uk



DRY JANUARY FEEL GOOD FEBRUARY

Alternatives to Alcohol Schedule of Events

DELICIOUS HOMEMADE FOOD

DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

VARIETY OF COOKING CLASSES
ONLINE SESSIONS
MONDAY 20TH FEBRUARY AT 6PM
WEDNESDAY 22ND FEBRUARY AT 6PM
THURSDAY 23RD FEBRUARY AT 6PM
MONDAY 27TH FEBRUARY AT 6PM

Bronagh Duffin from BakehouseNI will be delivering a variety of online cooking demos. The sessions aim to help prepare healthy family meals on a budget.

Register for online access by emailing: connections@sdact.info

Project supported by the PHA

www.drugsandalcoholni.info

DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

MUSIC CAFE EVENT
COFFEE TIME

SCRAFFES ENTRY OMAGH

MUSIC BY
BRIAN PRITCHARD
THURSDAY 26TH JANUARY 2023 FROM 6-8PM

MUSIC AND COFFEE THE PERFECT COMBINATION TO CHILL TO.

Project supported by the PHA

www.drugsandalcoholni.info

Project supported by the PHA

www.drugsandalcoholni.info

DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

BREATHE LAUGH & RELAX ONLINE SESSION
MONDAY 6TH FEBRUARY AT 11AM

Breathe, Laugh & Relax™ offers a unique wellbeing experience where participants explore the power of the body and mind connection delivered by Michelle from the Sunshine Project. BLR™ is an integration between nervous system education and experiential practice. Participants will gain a solid understanding of how the nervous system operates in the real-world.

Project supported by the PHA

www.drugsandalcoholni.info

DRY JANUARY FEEL GOOD FEBRUARY

NETWORKING IS NOT NOT WORKING EVENT
TUESDAY 28TH FEBRUARY 10AM-1PM
BALLYMENA HUB WELLINGTON STREET

An opportunity for organisations to come together, showcase their service and learn more about other support services operating in the Ballymena and surrounding areas.

A morning of networking followed by a wellness session. Tea and treats will be provided.

Project supported by the PHA

www.drugsandalcoholni.info

Project supported by the PHA

www.drugsandalcoholni.info

DRY WIT COMEDY
THURSDAY 5TH JANUARY 2023
THE BASEMENT, OMAGH COMMUNITY HOUSE | FREE ADMISSION
SHOW STARTS AT 8.00PM (DOORS OPEN 7.30PM)
NO ALCOHOL EVENT
LAUGHING THE JANUARY BOOZE AWAY WITH DRY WIT

DRY WIT COMEDY
THURSDAY 12TH JANUARY 2023
THE OAK HEALTHY LIVING CENTRE,
179 CROSS STREET, LISNASKEA | FREE ADMISSION
SHOW STARTS AT 8.30PM (DOORS OPEN 8.00PM)
NO ALCOHOL EVENT
LAUGHING THE JANUARY BOOZE AWAY WITH DRY WIT

DRY WIT COMEDY
THURSDAY 19TH JANUARY 2023
UPSTAIRS CHARLIE'S STRABANE | FREE ADMISSION
SHOW STARTS AT 8.30PM (DOORS OPEN 8.00PM)
NO ALCOHOL EVENT
LAUGHING THE JANUARY BOOZE AWAY WITH DRY WIT

ALCOHOL FREE COMEDY EVENTS



DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

YOGA ONLINE SESSIONS

MONDAY 30TH JANUARY SEATED YOGA SESSION AT 12PM
 TUESDAY 31ST JANUARY FAMILY YOGA SESSION AT 6.30PM
 WEDNESDAY 1ST FEBRUARY MORNING YOGA SESSION AT 9.45AM
 THURSDAY 2ND FEBRUARY EVENING BETTER SLEEP YOGA SESSION AT 9PM
 SUNDAY 5TH FEBRUARY MORNING YOGA SESSION AT 9AM

All sessions delivered by Zoe Kohner from Oakland Meadow Yoga. The sessions offer a group of physical, mental, and spiritual practices or disciplines that aim to control and still the mind.





www.drugsandalcoholni.info

the FITfactory *Be part of something...*
 Group fitness & personal training studio

DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

VARIETY OF FITNESS CLASSES ONLINE SESSIONS ALL WEEK BEGINNING MONDAY 13TH FEBRUARY

The FITfactory is a group fitness and personal training studio and is offering a FREE pass to their weekly online timetable to promote healthy alternatives to alcohol. Classes are streamed online and include Les Mills BODYCOMBAT, BODYBALANCE, GRIT and BODYATTACK and their home grown favourites such as pumpFIT, coreFIT and stepFIT.

Register for online access by emailing: connections@ndact.info





www.drugsandalcoholni.info

DRY JANUARY FEEL GOOD FEBRUARY ALTERNATIVES TO ALCOHOL

MINDFULNESS ONLINE SESSION THURSDAY 26TH JANUARY 6PM-7PM

Take part in a mindfulness session delivered by Veronica Ellis. Often used as a therapeutic technique that allows participants to focus on awareness of the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations.





www.drugsandalcoholni.info



ALCOHOL AND I

Inspiration, Influence and Impact Event



ALCOHOL AND I

Inspiration, Influence and Impact Event



18TH JANUARY BELMONT HOUSE HOTEL BANBRIDGE

EXPLORING ALCOHOL MISUSE, THE IMPACT OF HIDDEN HARM, WHAT WE CAN DO TO SUPPORT OTHERS AND LOOK AFTER OURSELVES.



25TH JANUARY THE ROYAL HOTEL COOKSTOWN

EXPLORING ALCOHOL MISUSE, THE IMPACT OF HIDDEN HARM, WHAT WE CAN DO TO SUPPORT OTHERS AND LOOK AFTER OURSELVES.



AGENDA

09.15 Registration
 10.00 Welcome and Introductions
 10.10 Speaker Dr Billy Gregg
 10.25 Speaker Womens Aid
 10.40 Speaker MAP
 10.55 Steps to Cope
 11.10 Break
 11.30 Question and Answer Panel
 12.30 Lunch
 13.30 Closing comments
 13.45 Networking and Wellbeing
 15.30 Close

CONTACT US

www.drugsandalcoholni.info

connections@bdact.info
connections@ndact.info
connections@sdact.info
connections@wdact.info
connections@sedact.info

Belmont House Hotel
 Rathfriland Road
 Banbridge
 BT32 3LH



Project supported by the PHA *"Addressing drugs and alcohol together"*

AGENDA

09:15 Registration
 10:00 Welcome and introductions
 10:10 Dr Billy Gregg
 10:25 Womens Aid
 10:40 Start360 Kathleen Grego
 10:55 MAN
 11:10 Steps 2 Cope
 11:25 Break
 11:40 Question and Answer Panel
 12:30 Lunch
 13:30 Closing comments
 13.45 Networking and Wellness
 3:30 Close

CONTACT US

www.drugsandalcoholni.info

connections@bdact.info
connections@ndact.info
connections@sdact.info
connections@wdact.info
connections@sedact.info

The Royal Hotel
 64-72 Coagh Street
 Cookstown
 BT80 8NG



Project supported by the PHA *"Addressing drugs and alcohol together"*

Useful Contact Numbers

Please note that numbers beginning 0800 or 0808 are free to phone from landlines and mobiles

Emergency Services

Fire, Police and Ambulance in an emergency	999 or 112
Crime Stoppers	0800 555 111
PSNI Neighbourhood Police	101

Emergency, Statutory and Key Services

BT Northern Ireland	0800 800 151
Department for Regional Development (problems with street lighting)	0300 200 7893
Fermanagh & Omagh District Council	0300 303 1777
Flooding Incident Line	0300 200 0100
Child Social Services	(028) 6638 2043
GP Out of Hours Service	(028) 7186 5195
Jobs and Benefits Office, Benefit Enquiries	0800 022 4250
Jobs and Benefits Office, Careers service	0300 200 7822
Northern Ireland Electricity	0845 764 3643
Northern Ireland Gas Emergency Service	0800 002 001
Northern Ireland Housing Executive	0344 892 0900
Northern Ireland Housing Executive out of hours	0344 892 0901
Northern Ireland Water	0845 744 0088
Northern Ireland Water Leak line	0800 028 0088
Rivers Agency	(028) 66 388529
South West Acute Hospital (SWAH)	(028) 6638 2000
Transport NI	(028) 9054 0540

Help Lines and Advice

Citizen's Advice Bureau	(028) 6632 4334
Drugs Helpline (National)	0300 123 6600
Lifeline	0808 808 8000
NSPCC Helpline	0808 800 5000
Smokers Helpline	0800 917 9388
Samaritans Helpline	116 123
CRUSE Bereavement centre	0808 808 1677
Eating Disorder Helpline	(028) 9023 5959
SWC Sexual Health Clinic	(028) 8283 5536
Inspire	(028) 6632 6930
Childline	0800 1111
Alcoholics Anonymous	(028) 9035 1222
Al Anon	(028) 9068 2368
Gamblers Anonymous	0330 094 0322
MIND	0300 123 3393

Business Support

Fermanagh Enterprise	(028) 6632 7348
Fermanagh & Omagh District Council	0300 303 1777
Go For It	(028) 6632 7348
Invest NI	0800 181 4422

Children's Service Providers

Acton for Children	(028) 6632 4181
Employers for Childcare	0800 028 3008
Devenish Partnership Forum	(028) 6632 7808
EA Youth Service	(028) 6632 6932
Homestart	(028) 6634 6818
Hangout and Find Centre Enniskillen	(028) 6632 5559
Kilmacormick Community Playgroup	(028) 6622 8635
Neighbourhood Renewal Learning Mentor	(028) 6632 2935
Cherish SureStart	(028) 6862 1970
CAMHS	(028) 6634 4115

Community and Voluntary Organisations

Cancer Connect NI	(028) 6634 0102
Devenish Partnership Forum	(028) 6632 7808
Enniskillen Food Bank	07412 133847
Enniskillen Town Residents Association	(028) 6632 7173
Fermanagh House and Fermanagh Trust	(028) 6632 0210
Fermanagh Community Transport	(028) 6632 4260
Hangout/Find Centre Enniskillen	(028) 6632 5559
Homestart	(028) 6634 6818
Kilmacormick Resource Centre and Playgroup	(028) 6622 8635
Solace	(028) 6862 8741
Supportng Communities NI	(028) 6632 9677
Volunteer Now	07467 486638

Health and Well-being Providers and Services

Fermanagh Women's Aid	(028) 6632 8898
Acton Mental Health	(028) 6632 3630
Aisling Centre	(028) 6632 5811
Family Planning at South West Acute Hospital	(028) 6638 2693
NEXUS	0800 802 1414

Schools and Further Education Providers

Devenish College	(028) 6632 2923
Enniskillen Royal Grammar School	
Cooper Crescent site	(028) 6632 2165
Lough Shore site	(028) 6632 2658
Erne Integrated College	(028) 6632 5996
Erne Integrated Primary School	(028) 6632 6799
Holy Trinity Primary School	(028) 6632 3313
Jones Memorial Primary School	(028) 6632 3420
Model Primary School	(028) 6632 4865
Mount Lourde's Grammar	(028) 6632 2265
Neighbourhood Renewal Learning Mentor	(028) 6632 2935
South West College	028 8225 0109
St Michael's College	(028) 6632 2935
St Fanchea's College	(028) 6632 2919
St Joseph's College	(028) 6632 2918

Training and Skills Providers

AMH Employment Service	(028) 6632 3630
ASPIRE	(028) 6632 6478
Fermanagh Rural Community Initiative	(028) 6632 6478
Going Places	07831 122703
Neighbourhood Renewal Learning Mentor	(028) 6632 2265
Rutledge Recruitment (Steps 2 Success Programme)	(028) 6632 9858
South West College	(028) 8225 0109
SUSE+	07442 531667/07831 122687
Customized Training Services	(028) 7138 2260



Fermanagh & Omagh
District Council
Comhairle Ceantair
Fhear Manach agus na hÓmaí



Department for
Communities
www.communities-ni.gov.uk